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Word of the Month

Lugubrious: Adjective
(loo-GOO-bree-us)



Looking or sounding
very gloomy and sad.

He droned on in his
lugubrious tone.

**SCAN HERE TO VIEW ADDITIONAL
WEST HILLHURST CONTENT**

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



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WHCA Board of Directors

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| President | Dylan R. president@westhillhurst.com |
| Vice President | Casey K. vice-president@westhillhurst.com |
| Past President | James H. pastpresident@westhillhurst.com |
| Treasurer | Will O. treasurer@westhillhurst.com |
| Secretary | Deborah K. secretary@westhillhurst.com |

Directors

Lawrence B., Elizabeth L., Gord C., Maggie L., Margot D., Angela P., Julie I.

General Contacts

| | |
|---------------------------------|------------------------|
| Community Events and Volunteers | info@westhillhurst.com |
|---------------------------------|------------------------|

| | |
|---|-------------------------|
| Community Garden, Newsletter and Pickleball | admin@westhillhurst.com |
|---|-------------------------|

West Hillhurst Advocacy Groups

| | |
|-------------|---------------------------------|
| WH Planning | whcaplanningcommittee@gmail.com |
|-------------|---------------------------------|

| | |
|--------------------------------|-------------------------------|
| WH Transportation and Mobility | whca.transportation@gmail.com |
|--------------------------------|-------------------------------|

| | |
|--------------------|-------------------------------|
| WH Green Community | whca.transportation@gmail.com |
|--------------------|-------------------------------|

WHCA Facility Rentals

We have our WHCA arena, gymnasium, and studio spaces available for rent! Please check our online calendar for available times at www.westhillhurst.com/facility-rentals. Questions? Email rentals@westhillhurst.com.



FOLLOW WHCA

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SCAN ME

GENERAL MANAGER'S MESSAGE

Dear West Hillhurst Community,

Thank You for a Fantastic Kick-Off to Summer!

A big thank you to the WHCA team and all the amazing volunteers—especially our friends at Youth Central—for making our annual Kick-off to Summer event such a wonderful celebration. It was a fantastic opportunity for the community to come together and enjoy everything that makes our neighbourhood special.

Greening West Hillhurst—One Tree at a Time

Shout out to the West Hillhurst Green Committee and their dedicated volunteers for planting a beautiful tree garden at Helicopter Park! Their efforts are helping to grow Calgary's tree canopy and create a greener, healthier future. They're currently looking for a Tree Ambassador to join their advocacy group. If you love trees and want to make a difference, reach out to westhillhurstgreencommittee@gmail.com.

New WHCA Hockey Prep Camp: Get Ready for Evaluations!

Sharpen your skills before tryouts at this high-energy, three-day camp with five ice times focused on evaluation-style drills, skating, puck control, and game play. U11/U13/U15 and goalies are free! Perfect for shaking off the rust and getting ready to shine! August 22 to 24. www.westhillhurst.com/youth-programs.

WHCA Summer

As summer arrives, the WHCA team will be taking a short break from programming and events to rest, recharge, and tackle some important maintenance projects. Don't worry—we'll be back this fall with an exciting lineup of programs and activities for all ages! We have lots of summer camps offered through Summit Kids, Pedalhead, and Northwest Warriors Hockey.

West Hillhurst Community Preschool – Register for 2025–26

Looking for a nurturing place where your child can play, grow, and learn? A few spots remain for the 2025–26 school year at West Hillhurst Community Preschool!

Don't miss out—secure your spot now for affordable, high-quality early childhood education in a warm and welcoming environment.

Stay Connected!

Follow us on social media to stay up to date with the latest community news, events, and more.

Susan Lenio

General Manager, West Hillhurst Community Association

generalmanager@westhillhurst.com

P.S. Don't forget to check out our website and social media pages for upcoming events, volunteer opportunities, and more!





Bethany Calgary Redevelopment News

Get project updates at
developmentbethany.com




SPOTS STILL AVAILABLE

2025-2026

PLAY BASED CURRICULUM - AGES 3-5

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LIMITED SPOTS AVAILABLE - REGISTER AT WWW.WESTHILLHURSTPRESCHOOL.COM TODAY TO SECURE YOURS!

Questions? info@westhillhurst.com | 403 283 0464 x3

Guess the Canadian Legend!

1. This famous hockey player holds or shares 61 NHL records.
2. This inventor's mom and wife were both deaf.
3. This inspirational man ran for 143 days, beginning in St. John's, Newfoundland.
4. The first band this incredible musician was ever in was called "The Jades".
5. This popular scientist and media personality is best known for hosting *The Nature of Things*.
6. This *Matrix* star is an avid motorcyclist and even co-founded a motorcycle manufacturing company.



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Molly, Elbow Scene



Roscoe,
McKenzie Towne



Stella, Elbow Scene



Tigger, Elbow Scene



Willow,
McKenzie Towne

To have your pet featured, email news@mycalgary.com

THE NEST

Friends of West Hillhurst! Come support local at The Nest and enjoy a delicious burger, hot wings, gluten-free options, and an affordable kids' menu. Takeout available.

For takeout, reservations, and group bookings email thenest@westhillhurst.com or call 403-389-2039.



WHCA EVENTS

WEST HILLHURST COMMUNITY ASSOCIATION

PRESCHOOL • RESTAURANT • STUDIO / GYM RENTALS
ARENA • YOUTH PROGRAMS • HEALTH & RACQUET CLUB

WWW.WESTHILLHURST.COM

1940 6TH AVE NW



THENESTWHCA
WESTHILLHURSTCA

We Need You! We Are Better Together!

We are looking for people interested in helping with West Hillhurst Community Association events. If you have any ideas or are interested in helping, please contact info@westhillhurst.com.



THE NEST SPRING/SUMMER HOURS

TUESDAY

4:30PM-11PM

WEDNESDAY

4:30PM-11PM

THURSDAY

4:30PM-11PM

FRIDAY

3:00PM-10:00PM

HOURS ARE SUBJECT TO CHANGE

THENEST@WESTHILLHURST.COM

(403) 389-2039

UPSTAIRS AT THE ICE RINK

Planning Committee

by Karen Dahl

The West Hillhurst Planning Committee (WHPC) is a small but dedicated group of volunteers that meets on the third Monday of every month to review development applications received from the city. Should the meeting fall on a holiday, it will be held on Tuesday night.

All residents and guests are welcome to attend!

For more information, please access the following resources:

- WHPC upcoming meetings, past meeting minutes, and the WHPC Terms of Reference are posted on www.westhillhurst.com/planning.
- Go to developmentmap.calgary.ca to find details and timelines on specific development projects.
- Email the WHPC directly at whcaplanningcommittee@gmail.com.



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WHCA EXTERNAL/INTERNAL PROGRAMS

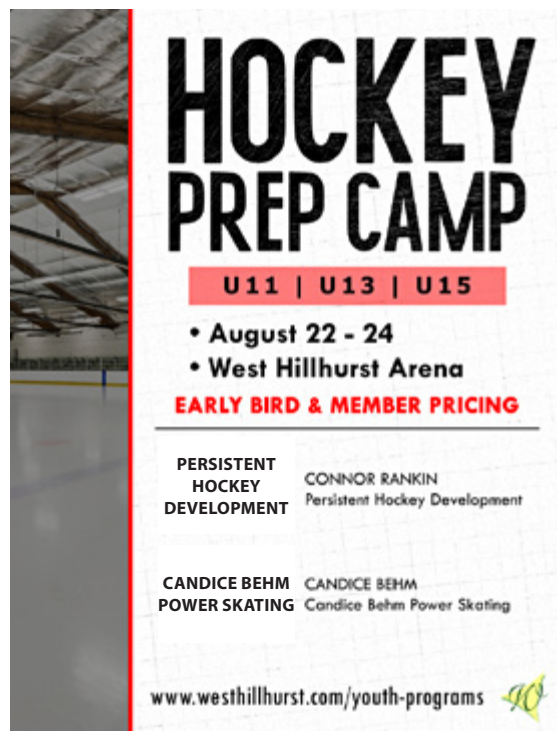
The West Hillhurst Community Association and its external renters offer a wide variety of programming with activities for all ages, schedules, and fitness levels. Please contact the organizer/organization directly for information.

Youth Programming

www.westhillhurst.com/youth-programs

WHCA Hockey Prep Camp - August 22 to 24

U11 | U13 | U15



**HOCKEY
PREP CAMP**

U11 | U13 | U15

- August 22 - 24
- West Hillhurst Arena

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www.westhillhurst.com/youth-programs

WHCA Preschool 2025-2026

Spots still available. www.westhillhurstpreschool.com

WHCA Youth Summer Tennis Lessons

WOW Occupational Therapy for Kids with ADHD

wowot.ca

Jugando: Spanish Centre for Kids!

www.jugando.ca

Sportball

www.sportball.ca/calgary

Triple Meg Soccer

www.triplemeg.com

Calgary Roller Derby Jr.

www.calgaryrollerderby.com

juniors@calgaryrollerderby.com

Karate Jkaiwayama

www.jkaiwayama.ca

Breakaway Hockey and Ringette Development

www.breakawaypowerskating.com

Summit Kids Before/After School Care

Monday to Friday. www.summitkids.ca

Yoga Classes - Wild Hearts/Strong Roots Free Youth Yoga

karmayogawithjami@gmail.com



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PEDALHEADS

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AGES 2-12

Explore camps at West Hillhurst Community Association

1940 6 Ave NW, Calgary, AB T2N 0W3

WHAT WE DO

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SKILL BASED PROGRAMS

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Whether your child is on a balance bike, a tricycle, or has already mastered riding, we have classes designed to grow their confidence even further.

REGISTER NOW

PEDALHEADS.COM

Adult Sports and Fitness Programming

www.westhillhurst.com/adult-programs

Boogie Nights

Dance fitness class. melissa.fellows@outlook.com

NCHL (Adult Non-Contact Hockey League)

Monday to Sunday. www.nchl.com

Jazzercise with Judy

Mondays and Wednesdays. 6:00 to 7:00 pm.
jazzed@telus.net

Yogamaya

Yin, gentle, and flow yoga classes. www.yogamaya.ca

Lisa Scott Bootcamp

Indoor and outdoor boot camp. scottlj@telus.net

JKA Karate (Jkaiwayama)

Adult and youth karate. www.jkaiwayama.ca

Fight 34 Krav Maga

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info@fight34.com

Yarn Ball

Drop-in adult floor hockey. robvh2@gmail.com

Calgary Sport and Social Club

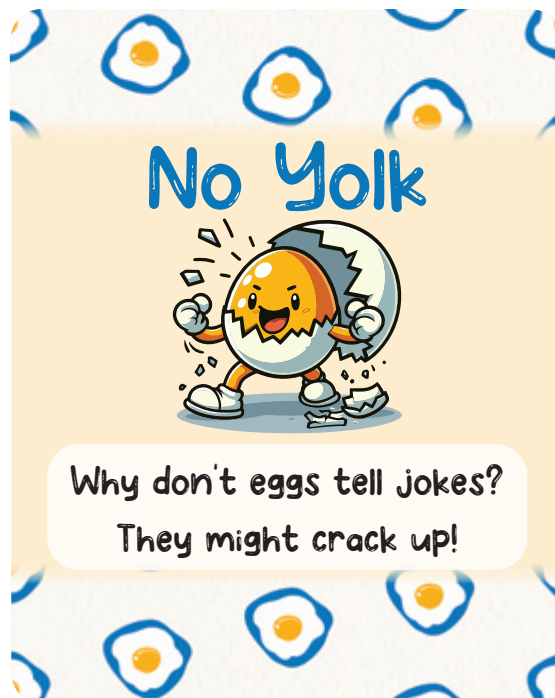
Volleyball, pickleball, floor hockey.
www.calgarysportsclub.com

Calgary Roller Derby

Adult roller derby. www.calgaryrollerderby.com/juniors
and calgaryjuniorrollerderby@gmail.com

Chinook City Roller Derby

Adult roller derby. michael.p.willie@gmail.com



Learn to Skate

If you forgot your WHCA account password, please do not create a new account. Call our admin staff at 403-283-0464, ext. 6 to reset your password.

For questions about the WHCA Skate Club program contact skate@westhillhurst.com.

West Hillhurst Skating Club

West Hillhurst Skating Club (WHSC) is a not-for-profit Skate Canada sanctioned club that hosts skating programs in the northwest Calgary communities of West Hillhurst, Brentwood, and Mount Pleasant. Providing instruction to skaters aged three to adult, it is the mission of WHSC to provide programs that allow skaters to develop fundamental skating skills while supporting goal-achievement and creativity in a positive, safe, and fun skating environment. West Hillhurst Skating Club has proudly operated within the West Hillhurst Community Association for more than 35 years. As a pillar of the community, WHSC will continue to serve WHCA members and Calgarians for decades to come.

Over the past few years, WHSC has seen significant growth. In an effort to better serve members, the WHSC has moved to a new website and email address! To explore the programs they offer and register for summer skating, visit the new website. Stay tuned for fall programming as well. All inquiries can be sent to director@westhillhurstskating.com.

Jaclyn Holmes and Amy Cardinal

Co-Directors of Skating

West Hillhurst Skating Club

director@westhillhurstskating.com

info@westhillhurstskating.com

www.westhillhurstskating.com





WEST HILLHURST GO-GETTERS ASSOCIATION

Think you know how to have fun on a Wednesday afternoon?

You called it: Bingo!

Every Wednesday starting at 11:30 am the Go-Getters host Bingo at our centre. Just like the big halls, we feature a professional caller, progressive jackpots, Nevada pull-tickets, and a canteen with food and beverages available for purchase. Open to the public. Must be 18+ to play.

If you enjoy playing Euchre, we invite you to join us Tuesday nights for Euchre after Dark.

Play starts at 6:30 pm and goes until about 9:00 pm. Access is from the entrance on the West side of the building.

Become a Go-Getter!

We are an energetic and diverse group of individuals 50+ who thrive on staying active, making new friends, and trying new things. The Go-Getters offer a variety of fitness classes, daily card games, and monthly special events.

Memberships for 2025 are only \$35 and are available now.

To purchase a membership or to learn more about the Go-Getters, please call 403-283-3720, or send an email to programs@telus.net. If you are in the neighbourhood, feel free to drop by and visit us Monday to Friday between 8:30 am and 3:30 pm.

The Go-Getters are located at 1940 6 Avenue NW. You will find us at the SW corner of the WHCA facility building.

BEFORE THE BEATLES

John Lennon, Paul McCartney, and George Harrison are well-known for their incredible roles in the English rock band *The Beatles*. But did you know that it wasn't the first band these three talented musicians were in together? First, they were in a band called *The Quarrymen*!



News from the Friends of Nose Hill

by Anne Burke

Connect: Calgary's Parks Plan replaced the Open Space Plan and the Natural Areas Management Plan. Calgarians have historically and consistently had a strong desire for the inclusion of natural areas as Open Space. As early as 1914, The Mawson Plan recommended protection for the riverbanks. In the 1940s, the public wanted natural park environments to be preserved. Little or no management was considered. In the early 1970s, The Calgary Bird Club assessed several natural areas, including East and West Nose Hill, before specific natural areas management policies were identified. By 1980, City Council adopted the first Nose Hill Park Master Plan, to ensure that natural habitat would remain for wildlife species that use it. The Nose Hill Biophysical and Land Use Inventory was a major project, but any unexpected problem or difficulty was beyond its scope. Instead, The Nose Hill Park Management Advisory Committee was followed by the Nose Hill Park Trail and Pathway Plan.

The Natural Areas Management Plan called for long-term conservation methods to support appropriate public uses. Some activities were dog walking, hiking trails, and weed control. For Nose Hill, as a Major Natural Environment Area, there were guidelines about grazing, wildlife, signage, fallen trees, and brush. As in all Natural Environment Parks, the approach was based on habitat types, with the general principles being fire management, life cycling, planting, restoration, and reclamation. To communicate the aims of protection, management, and permitted uses in a natural environment park, staff training and public education were planned, so as to share information regarding natural areas and natural history in Calgary. The plan was to evolve, with more research and new techniques for managing urban natural areas, as the public perception of Open Space changed, not only in Alberta but across North America.

WHCA Member Card Discounts

Members of the West Hillhurst Community Association have access to a variety of activities, sports, events, seminars, and more. A WHCA membership also comes with some exclusive benefits and discounts at local businesses. We are always adding new partners to our benefits program, so keep an eye out each month for new sponsors.

Exclusive Member Card Discounts: Our members receive promotional discounts with local businesses when presenting a WHCA Membership Card.

- Amato Gelato: 10% off
- Calgary Health Collective: 10 to 20% discounts
- Canary Goods: 10% off
- Dignity Memorial: 10% savings
- Eco Equitable: Use promo code 'WHCA' for a 15% discount
- Framed on Fifth: 10% off picture framing services
- Holiday Inn Express & Suites University Calgary: 10% discount on room bookings
- Kensington Wine Market: 10% off wine, 5% off beer and spirits
- Little Rock Painting: 20% discount, use promo code WHCA20
- Shae Spa: \$50 off initial treatment
- Showhome Furniture: 20% off regular priced items, 10% off custom furniture
- Shuswap Ski & Board: 10% discount on regular priced paddles and court shoes.
- Sunny Cider: 10% off any cider purchased at the tap room
- Superior Vacuums: 5% off any purchase or service
- Trinity Wellness Centre: 15% off your initial acupuncture assessment and treatment
- Villages Calgary: 10% off purchases excluding rugs, food, and sale items
- Vine Styles: 10% discount, excluding already discounted products

Contact generalmanager@westhillhurst.com or call 403-283-0464 for sponsorship and advertising opportunities including spaces in the arena, gymnasium, squash courts, and more.

No membership card? No problem! Come see us at the administration office to get yours. To register for WHCA free member programs visit westhillhurst.com. Membership cards must be shown. Online administration fees go back to WHCA.

Adult Pickleball

Check out our WHCA website. The new outdoor (Tennis Courts) and indoor (Gym) schedules are posted. Please contact Carla at West Hillhurst, 403-283-0464, ext. 6 or email admin@westhillhurst.com.



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Ian Coburn: ian.t.coburn@gmail.com, 403-714-3578

www.westhillhurst.com/meet-the-instructors

Squash Lessons

Sasha Thomson: sasha@thomsonfamily.ca

Ozzie Vallejos: ozzievallejos@aol.com

Membership information can be found at

www.westhillhurst.com/membership-pricing.

Questions? Contact whfitness@westhillhurst.com or 403-283-0464, ext. 1.

90 WEST HILLHURST RACQUET CLUB

PRIVATE
SQUASH
LESSONS

EMAIL FOR MORE INFO

Sasha Thomson
sasha@thomsonfamily.ca

Ozzie Vallejos
ozzievallejos@aol.com

SQUASH ALBERTA

WEST HILLHURST RACQUET CLUB

ALLISON GENOVESE
CERTIFIED PICKLEBALL COACH

Allison Genovese is an IPTPA and NCCP certified pickleball coach with a passion for teaching players of all ages and skill levels. She has medaled in singles, women's, and mixed doubles across 4.0-5.0 tournaments and is currently competing at the 4.5 level.

Allison's coaching style emphasizes smart shot selection and effective strategies that align with today's fast-paced and evolving game. While Allison is a competitive player, her top priority is to make the game fun and ensure everyone around her enjoys their time on the court.

AVAILABLE FOR PRIVATE & SEMI PRIVATE LESSONS

MORE INFO | allison.pickleball@gmail.com

WEST HILLHURST RACQUET CLUB

TENNIS

THURSDAYS

Tennis Social | 7:30pm - 9:00pm

Come join us for an evening of tennis with a mixed doubles game format. Partner selection and opponents will be at random. Come with friends or alone, you are sure to new make tennis friends here - anna.nguyen3@gmail.com

SATURDAYS

Doubles Drop-In | 10:00am - 12:00pm

Saturday Mornings are for doubles Tennis at West Hillhurst! Come down as an individual or a pair and join some of our members in a morning of fun and social doubles tennis. Levels 2.5- 4.0 suggested - dbowman@show.ca

Best Thing Since Wrapped Bread!

Ever wonder where the phrase "best thing since sliced bread" comes from? Well, it all started on July 7, 1928, when the Chillicothe Baking Company became the first to sell pre-sliced bread thanks to a machine invented by Otto Frederick Rohwedder. Back then, sliced bread was the best thing since wrapped bread!

WEST HILLHURST COMMUNITY MEMBERSHIP

ANNUAL WHCA FAMILY MEMBERSHIP \$35

MEMBER PROGRAMS | SKATE / STICKS N PUCKS / TAI CHI
WHCA PROGRAM ACCESS / DISCOUNT ICE TIMES
DISCOUNTS AT LOCAL BUSINESSES




WEST HILLHURST
COMMUNITY ASSOCIATION

www.westhillhurst.com/whca-membership

West Hillhurst Transportation and Mobility Committee

The WHCA transportation and mobility committee works with the planning committee to advocate for vehicle, pedestrian, cycling, and transit safety and access in our neighbourhood.

Our goals:

1. To work with the City of Calgary on transportation plans and issues related to our community.
2. To work with community members by letting them know how they can resolve transportation issues.
3. To advocate for infrastructure spending in our community.



Skip the Depot

What is SkipTheDepot? A door-to-door bottle collection, electronic recycling, and clothing donation service that makes recycling and clothing donations even more manageable as they will come to you! For a full refund use promo code DONATEWESTHILLHURST. Download the app and book a pick-up!

<https://app.skipthedepot.com/westhillhurst>.

Typewriter

What is the longest word you can think of? Now how many rows of keys would you need to type it? Interestingly enough, the word 'typewriter' is the longest English word that can be typed out using only one row on a computer keyboard.



SKIP THE DEPOT

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WEST HILLHURST MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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GARDEN DESIGN & LANDSCAPING FOR YOUR INNER-CITY SITE: Book a consultation with a local garden designer specializing in inner-city landscapes, pocket gardens & hardscape solutions. Make the most of your yard with Calgary-proven trees, shrubs & flowers. Design with plant list only or installation & hardscaping included. Contact 403-585-1125 or design@everhaus.ca.

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Musical Houseflies

We've all had the annoying experience of being chased around by a housefly, but you probably didn't realize that they were actually playing music! Well...not really, but the noise they make when flying is always in they key of F! Isn't that neat? Maybe next time, see if you can harmonize!

A cartoon illustration of a housefly wearing a small hat and playing a musical instrument, possibly a xylophone or a similar keyboard instrument. The fly is surrounded by musical notes and leaves.

CARDINAL

BY TREVOR RAMAGE



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3



1312



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2



1217



707 Madison Avenue SW

List Price: \$1,299,999

Congratulations to my newest client on securing his new home.



2.5



1581



351 Signature Court SW

List Price: \$787,500

A new home to fill with happy memories—congratulations to my dear clients and friends.



2



730



411, 383 Smith Street NW

List Price: \$489,900

Sincere thanks to my clients, and congratulations on the successful sale of their condo.

Not intended to solicit buyers or sellers currently under contract with a broker.

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