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Watch our interview with Bryan Baeumler



Interested in joining us?

WE NEED HELP WITH:

- Board positions
- Canada Day
- Ghoulfest
- Christmas Craft Fair
- Gardening and work projects around the Hall

Call us at 403-938-2525 or email dwcac@platinum.ca to find out how you can help out our community

Ghoul Fest Was a Success!

Thank you to the many families that came out for our Annual Halloween Party!! With just over 200 in attendance, it was a Spooktacular time! Big thank you to Lisa King for once again lending her props to make our Haunted House the best one yet, and to the many volunteers that helped assist games and visitors to our Haunted House! This couldn't be the success it was without the direction and hard work of our own Hall Manager Amanda Gotmy.



De Winton Community Association

(Founded 1918 - Alberta Association Member 1962)

Box 111, DeWinton, AB, T0L 0X0

Phone: 403-938-2525 | Fax: 403-995-4105 | Email: dwca@platinum.ca |

Web: www.dewintonca.com

2023 DeWinton Board of Directors

Name	
Alan Alger	President/ Foothills Council Representative
Vacant	Vice President
Mike Kosinec	Secretary
Shirle Ternan	Treasurer
Jessica Ceraldi	Preschool Director
Cindy Poole	Facility Director (Casino)
Edith Rabinovitch	Membership Director
Michele Waldner	Communication Director
Mia Staysko	Communication Director

About the De Winton Community Association


We were founded in 1918 and have been an Alberta Association Member since 1962.

Are you new to De Winton? On behalf of our amazing community, please allow us to welcome you and your family. We have a welcoming gift for you, along with some information about our local happenings, activities, and fabulous preschool. Please contact us directly at the Hall by phone or email. Also visit our website and sign up for our newsletter. Once again, welcome!



Also find us on Facebook and Instagram






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News, Events,
& More



Real Estate
Statistics



Thank You to Our Gardening Crew!

Every year we receive numerous compliments about our Hall and its' gardens and grounds. This is all because of the hard work done by John Thorpe and his crew of green thumb specialists. Thank you for another year where our Hall's grounds looked absolutely amazing.

Can't wait to see next year!



De Winton Community Association Gets a Thank You from the Okotoks Food Bank

A big thank goes out to our Hall Manager Amanda Gotmy who spearheaded our Food Drive in October to help our local Okotoks Food Bank. Her efforts were well rewarded as she raised 203 pounds of donations for the Food Bank. This surpasses last year's donation of 98 pounds!

We also need to thank all of you who donated. Times are tough and supporting our local food bank is one important way we can help our whole community.

Well done, Amanda!



De Winton Community Association

Annual General Meeting

Meet your Board of Directors in person!

January 2024
Date TBA
De Winton Community Hall
(restricted to Members only)

What's on your mind?

Come and support your Community Hall

More information:
403-938-2525 or email
Amanda at
dwca@platinum.ca

Don't miss out!
De Winton Community Preschool Registration
will be held on
Tuesday, January 23, 2024
from 6 - 7 pm at the
De Winton Community Hall.
for all the details please visit
Dewintoncommunitypreschool.com

Spaces fill up fast so don't miss this opportunity!

The De Winton Community Association
would like you to

Join Our Team

on our

BOARD OF DIRECTORS



If you are passionate about your community and want to have an impact, get involved!

Some of our Board members need to move on this year. Please help us out!

Please contact Amanda Gotmy at 403-938-2525 for further details.



mybabysitterlist

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

LITTLE TOES

Because humans typically have five fingers on each hand and five toes on each foot, it might lead one to believe that cats follow that same format. However, this is actually incorrect! Most cats only have 18 toes, rather than 20. A typical cat will have five toes on each of its front paws, but only four on its back ones!



Fun Two Stepping Times at The De Winton Hall!

On Friday November 3, 2023, over 50 two steppin', fun lovin', and adventurous people got together for an evening of music and dancing thanks to Steve and Laurie from The Ranchman's. We sashayed our way around the floor to great western tunes with only the occasional bump into someone else or the odd two stepping on your partner's toes.

Mark your calendars, our next two events are on Friday, December 8 and Friday, January 5. Look forward to seeing you there!

Everyone is in great form!

A big thank you to Kathy and Randy Evans for hosting our monthly social evenings!



BEST PLACE FOR COMMUNITY SPIRIT

DE WINTON COMMUNITY 2023/24 MEMBERSHIP DRIVE

**PLEASE REMEMBER TO RENEW YOUR MEMBERSHIP FOR
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		Listed	Sold	Listed	Sold
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August	23	1	1	\$730,000	\$715,000
July	23	0	0	\$0	\$0
June	23	0	1	\$1,195,000	\$1,100,000
May	23	0	0	\$0	\$0
April	23	0	0	\$0	\$0
March	23	1	0	\$0	\$0
February	23	0	1	\$949,900	\$928,000
January	23	1	0	\$0	\$0
December	22	0	0	\$0	\$0
November	22	0	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit dewn.mycalgary.com

8 Tips for Beating Holiday Stress

Nancy Bergeron, R.Psych. | info@nancybergeron.ca



Whether your holidays are celebrated in a secular way or are steeped in traditional religious meaning, they are meant to be filled with love, laughter, fun, and family closeness. However, for many of us, this can be a time of extreme stress. What we envision in our minds, see on social media, and depicted in holiday movies, can be truly unattainable. Trying to get everything just perfect to match our expectations evokes visions of the movie classic Christmas vacation. So much is well intended, however, the execution falls short at each turn. Making lists for gifts and groceries, cooking/baking, house guests, planning for celebrations, and family obligations can add up to stress for most people at holiday-time. Help prevent holiday stress with the following tips.

1. Plan ahead. You know how it goes with procrastination – Christmas Eve spent scrambling through shopping malls and madly wrapping gifts. Plan your shopping list a month ahead and schedule time to shop early. Prepare any meals or holiday treats a few weeks before the holidays.

2. Make time to relax. Take time for activities you enjoy and find relaxing. For example, enjoy reading in front of a fire, or go skating with a friend or the family. Don't compromise a relaxing winter evening for another night in the shopping mall. Stay home with the family having a hot chocolate creation day, holiday movies, and popcorn night or a family and friend potluck.

3. Put expectations in check. If you're hoping for perfection (from yourself or your holiday experience), you might be setting yourself up for disappointment. Be realistic in your holiday preparations and the holiday experience itself.

4. Look for help. Do not try to take it all on yourself. Connect with your spouse, family, and friends and share the responsibilities for holiday shopping, preparing, and

cooking. Perhaps a cookie exchange or a potluck style traditional dinner where you are only responsible for the turkey and the guests all bring another part of the feast.

5. Set limits. Commit yourself to a budget to alleviate post-holiday financial stress. Stick to a certain number of gifts purchased and/or money to be spent. Say “no” to extra holiday work and be honest with yourself about the amount of energy and time you can devote to holiday events and guests. If your social calendar is over-booked, say “no” to an extra pre-Christmas party.

6. Eat and drink but be healthy. Holidays are usually full of all your favorite things – including sweets, treats, and cocktails. Practice moderation while enjoying parties and holiday meals. This is the time of year, we need to get sufficient rest, healthy foods, and hydration to ward off colds and flus.

7. Let things go. If family and relative interactions this time of year tend to turn into blow-ups and unmet expectations, the holidays are not the time to resolve old issues. We've had 11 months to confront these challenges with others in a more controlled, respectful, and healthy way. Write your grievances down to address in the early new year to allow time to work through or resolve some of these ongoing issues.

8. Don't forget the fun! Remember the reason for all your holiday planning, a season for celebration and time spent enjoying your family and friends. Take the time to remember what this holiday season means to you and enjoy it! This is where mindfulness comes in, be present and take in all the wonder of the season with all your senses.

Wishing you and yours, good mental health and all the joys of the season.



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