

OCTOBER 2024

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TOWN
RESIDENTIAL

The De Winton Community
Association

Is asking you to please
keep your dogs on a
leash on our grounds
and
PLEASE clean up after
your pet!



Mmm, Coffee!



October 1 signifies not only the start of a new month, but an occasion that has sparked events all around the world in celebration of one of our favourite hot (or cold depending on how you like it!) beverages. It is International Coffee Day! So, especially on this day, make sure to enjoy your coffee, however you take it!

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Watch our interview
with Bryan Baeumler

47 YEARS
SERVING
CALGARY



12 YEARS
ON TOP





You're Invited to Our

How to Navigate the Many Approaches to Medical Aesthetics

Event with Plastic Surgeon, Dr. Jeffrey C. Dawes, MD, FRCSC

Join us on November 2nd for a day of Free, Personalized, Medical Aesthetics Consultations from Dr. Jeffrey C. Dawes & Aesthetic Nurses.

Get a surgical vs. nonsurgical perspective on medical aesthetics. Discover what works, what doesn't, and which options are truly effective in a market full of false promises.

Learn about all things injectables, laser skin resurfacing, microneedling, skin tightening, fat reduction, medical skincare, & more.

One day by appointment only.

403.571.3141
info@jeffreycdawesmd.com
beautifulnaturalyou.ca

De Winton Community Association

(Founded 1918 - Alberta Association Member 1962)

Box 111, DeWinton, AB, T0L 0X0

Phone: 403-938-2525 | Fax: 403-995-4105 | Email: dwca@platinum.ca |

Web: www.dewintonca.com

2024 DeWinton Board of Directors

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About the De Winton Community Association

We were founded in 1918 and have been an Alberta Association Member since 1962.

Are you new to De Winton? On behalf of our amazing community, please allow us to welcome you and your family. We have a welcoming gift for you, along with some information about our local happenings, activities, and fabulous preschool. Please contact us directly at the Hall by phone or email. Also visit our website and sign up for our newsletter. Once again, welcome!



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL
DE WINTON CONTENT

News, Events,
& More



Real Estate
Statistics



Scary, Spooky, Skeletons

Of the total body weight of an average human, about 14% is made up of bone mass. Typically, our bones reach their maximum mass between 25 and 30 years old. When we are born, we have around 270 bones, but as we grow into adulthood these fuse together, leaving us with about 206.



BEST PLACE FOR COMMUNITY SPIRIT

DE WINTON COMMUNITY 2024 - 2025 MEMBERSHIP DRIVE

PLEASE REMEMBER TO RENEW YOUR
MEMBERSHIP FOR THE
SEPTEMBER 1, 2024 / 2025 MEMBERSHIP YEAR

COST FOR MEMBERSHIP REMAINS AT \$21 PER
YEAR PER FAMILY

BENEFITS TO JOINING OUR WONDERFUL HALL:

DISCOUNTED RENTAL RATES

ACCESS TO PLAYGROUND AND OUTDOOR
EQUIPMENT

BEING PART OF A GREAT COMMUNITY

GO ONLINE - DEWINTONCA.COM TO JOIN
OR CONTACT AMANDA AT DWCA@PLATINUM.CA



Save the Dates for Fall 2024

Hey! DeWinton Community
Members and others!

Mark your calendars for the upcoming events at your
favourite Hall:

Fun Social Dance - October 4, 6:30 pm to 11:00pm

Ghoulfest - October 19, 6 pm

Fun Social Night - November 1, 6:30 - 11:00pm

Christmas Craft Fair - November 16

Fun Social Night - December 6 - 6:30 pm - 11pm

Contact us at dwca@platinum.ca or 403-938-2525
for more details

HAPPY WEDDING DAY

The De Winton Hall is a beautiful place
for a wedding but we only have a couple
of days still open for 2025.

Call Amanda at 403-938-2525
for more information

A Halloween-themed poster with a black background. It features illustrations of pumpkins, a black cat, a candy cane, a witch's hat, and a ghost. The text is in a playful, hand-drawn font.

JOIN US IF YOU DARE FOR
OUR ANNUAL
DEWINTON COMMUNITY
ASSOCIATION
**Halloween
PARTY**
SATURDAY OCT 19th AT 6:00 PM
DeWinton Community Hall
114 Macleod Trail, DeWinton
SPOOKY TREATS, DRINKS & GAMES
HAUNTED HOUSE DOWNSTAIRS \$5 Per Person
COSTUMES ENCOURAGED
Please bring a non perishable food
item for our annual food drive!

Tips for a Healthier Relationship with Social Media and News

by Alberta Health Services



Social media and news can help you stay connected. But all that information can also be overwhelming. It can disrupt your day, and it's easy to form habits you didn't mean to.

Be sure to stay safe while using social media. Be careful with the information you share and who you share it with when you're online. If someone is harassing or threatening you, unfriend or remove them from your friends list, block them, and report them to the site administrator. Learn about how to use the privacy settings on social media and keep your security software up to date.

Tips to Consume Social Media and News in a Healthy Way

- Know your goal. If you want to use social media to stay up to date on community events, log off after you have the information you need. If you're trying to stay caught up on the day's events, do you need to keep an eye on the headlines all day? Maybe a check-in once a day is enough.
- Notice how it makes you feel. Does seeing what friends are sharing make you happy? Or does it make you feel down? Does the daily news stress you out? When you know how news and social media affect you, you can decide if you need to make some changes to how you use them.
- Don't compare your everyday life to someone else's online life. People usually post about the shiny parts of their lives instead of daily struggles or disappointments. So even if what you're seeing is a true story, remember that it won't be the whole story. Add to your life and learning with real-world experience.
- Change notification settings. That way you can find information you want when you're ready for it, instead of letting it find you.
- Unfollow and hide feeds as needed. If accounts you follow or friends you have post things that stress you out, get rid of them. If you don't want to "unfriend" someone, just change your settings so that you don't see what they post anymore. They'll never know.
- Follow the feel-good stuff. The news can be heavy. Try to find balance by focusing on things that make you feel happy. Try following social media accounts that are focused on your interests or on things that make you laugh. And sign up for "good news" mailers. Most major news outlets offer them, or something like it. To help you find balance try tracking how much time you spend on social media or reading news.
- Set a time to step away. Make time to disconnect from news and social media. Close your apps and turn off the TV. Read a book, get outside, work on a puzzle, or call a friend. It doesn't matter what you choose to do. Just make sure it's something that feels supportive and worth your time.



Never underestimate the power of coffee with a **FRIEND.**
De Winton Ladies Coffee Chat

Get together with old or new friends at the DeWinton Hall every second Monday between 1 and 4pm. See you on October 7, October 21 or November 4.

Have coffee or tea while we visit and chat. .
Can't wait to see you! .

Cats, Canines, & Critters of Calgary



Buck, Montgomery



Dry Bones, McKenzie Lake



Harper Lee, Beddington



Hemi, Shawnessy



Jasper, Mahogany



Josie, Springbank Hill



Leo, Panorama Hills



Percy, Evanston

To have your pet featured, email news@mycalgary.com

Are you looking for
a place to cook up
something special?

The De Winton Hall
has a AHS approved
kitchen for rent
that could suit your
needs.

Contact Amanda at
dwca@platinum.ca or
403-938-2525
for further information



MARK YOUR CALENDARS
OUR SOCIAL NIGHTS ARE BACK

Steve and Laurie will be our returning instructors and have lined up:

October 4 - Line Dance and Two Step
November 1 - Line Dance and Waltz
December 6 - Line Dance and Double Shuffle

Doors open at 6:30 pm and lessons start promptly at 7:00 pm, and go for one hour. Open dance floor to follow, where you can continue to receive guidance from the instructors, or grab a neighbour and hit the floor! Advance tickets available, call Amanda at 403-938-2525 or email dwca@platinum.ca. Light snacks and cash bar are also provided.

DCA Members: \$20 Advance or \$25 at the door
Non-members: \$22 Advance or \$27 at the door

Don't care for lessons but want to come dance the night away?
Join us at 8:00 pm after the lesson for only \$15 and come dance!

For business classified ad rates contact
Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in DeWinton area. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

LANDSCAPING & SNOW REMOVAL: AS/F Contracting specializes in landscaping & lawn care services, residential, commercial, spring clean ups, tree pruning and more. Call Shawn for a free estimate at 403-651-0424 | www.asfcontracting.com | asfcontracting1@gmail.com.

BUSINESS CLASSIFIEDS

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

FENCES AND SHEDS: Homestead Fencing, established in 1999, builds all types of residential, acreage/farm, and commercial fences. We can custom-build sheds and shelters to your specific requirements. If you're looking for great quality at a great price, give us a call for your free quote! Tyler: 403-852-5394, tyler@homesteadfencing.ca, or visit us at www.homesteadfencing.ca.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

ELECTRICIAN FOR HIRE: Locally owned and operated Network Electric Ltd. offers full electrical services in the DeWinton and surrounding area. Call us for all your electrical needs. Service. Integrity. Quality. Visit our website at www.networkelectricltd.ca, email us at ty@networkelectricltd.ca or call Tyler Leaney at 403-862-3370. "Great rates; Great service."

ZANELLA AUTO REPAIR: Dominic and sons Vincent and Charlie - in business since 1986. 200-258082 16 St. West Foothills. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC. Do business where you live. Call 403-938-7937 for an appointment. www.ZanellaAutoRepair.com.

PAINTER SERVICING DEWINTON: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.





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gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

BRAIN GAMES SUDOKU

1			8					
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							6	4
		3			5			
			1	6	4			
8	1						7	
5				7			4	2
6		8			2			3
	4					8		

SCAN THE QR CODE FOR THE SOLUTION


HELLO FALL

**WHAT'S HAPPENING AT THE
DE WINTON HALL
(AND IT IS FREE TO ALL MEMBERS!)**

Enjoy Playing Bridge? Want to learn to play Bridge?
Join us Wednesdays from 10 am to Noon

Looking to reduce your stress level or improve your fitness level?
Join our classes based on Hatha Yoga
Monday and/or Thursday
9:15 am to 11:15am

Are you a quilter? Join us on
Wednesday 9:00 am - 1:00 pm

**FOR MORE INFORMATION CALL AMANDA AT
403-938-2525**

GAMES & PUZZLES

Guess the Colour!

1. This is the first primary colour a newborn can see.
2. Based on a worldwide study, this colour is the most popular favourite.
3. This colour and royalty have been linked since ancient times because of how expensive and exclusive the dye was.
4. This colour and red are thought to increase appetite.
5. The colour of night vision goggles.
6. Contrary to popular belief, this is the actual colour of the sun.



**SCAN THE QR
CODE FOR THE
ANSWERS!**

DeWinton Community Association is excited to announce

BIRCHWOOD Early Learning Program

Rooted in nature

**FOR AGES
3 TO 6**

Reggio-inspired

Holistic education

play-based & child-led

Hands-on learning

HOURS
Extended: 8:00 - 4:30
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ENROLLMENT
2, 3, and 5 day options

TO REGISTER, VISIT:
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*Guarantee is being offered by Greater Property Group.
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		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	24	0	1	\$1,150,000	\$1,050,000
July	24	0	0	\$0	\$0
June	24	1	0	\$0	\$0
May	24	0	0	\$0	\$0
April	24	2	0	\$0	\$0
March	24	1	0	\$0	\$0
February	24	1	1	\$989,000	\$1,040,000
January	24	0	0	\$0	\$0
December	23	0	0	\$0	\$0
November	23	0	0	\$0	\$0
October	23	0	0	\$0	\$0
September	23	0	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit dewn.mycalgary.com

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anita@anitamortgage.ca

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Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

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