

JUNE 2023

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# hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER

**ACA LOGO CONTEST**

**PAGE 6**

**PARADE OF GARAGE SALES**

**PAGE 8**



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## What's Up at the ARC June 2023



HOME  
OF THE

Acadia Community Association  
Bow View Ringette Association  
Wolverines Hockey Club  
Isha Yama Judo Club  
Acadia Curling Rink - 10 Sheets

### Acadia Community Association

#### ACA Memberships

Memberships are available online at [acadia.community/](http://acadia.community/) membership or in-person at the ARC.  
Family: \$25 | Individual: \$15  
Non-Acadia Residents: \$25

#### Uke Night

Thursday, June 8 | 6:00 to 8:00 pm  
Come learn to play the ukulele during this fun-filled community night in the ARC Social Lounge. \$40 per person. All ukes and supplies provided.  
Register at [www.acadia.community/community-programs](http://www.acadia.community/community-programs).

#### Yoga

##### Noon Hour Refresh

Tuesdays from 12:05 to 12:55 pm

##### Slow Flow Yoga

Mondays from 5:00 to 6:00 pm  
Register at [acadiarec.com/yoga](http://acadiarec.com/yoga).

### Facility Rentals

#### Rose Hall Banquet Room, Meeting Rooms, Curling Arena, and Lounge

ACA members receive 15% off room bookings. For rental inquiries and more information, contact Tannis at [tannis@acadiarec.com](mailto:tannis@acadiarec.com) or 403-255-1252 ext. 222.

### Courts

#### Pickleball

Come out and try pickleball! No experience necessary. You just need a minimum of 2 people to play and a maximum of 12 people. 2 courts, paddles and balls supplied. To book a court, please visit [acadiarec.com](http://acadiarec.com).

**Rental Rates:** \$15 per hour for ACA members | \$20 per hour for non-members

**Morning Drop-In: Monday to Thursday** | 9:00 am to 12:00 pm

#### Evening Drop-In:

Monday and Tuesday, Beginner and Intermediate | 6:00 to 8:00 pm  
Thursday and Friday, Intermediate and Advanced | 6:00 to 8:00 pm  
\$5 per person per session.

### Squash/Racquetball Courts

**Drop-In Prices:** \$15 per hour for a court for ACA members | \$20 per hour for a court for non-members  
Purchase punch cards (buy 4 hours, get an extra hour free) at our front desk during regular office hours.

**Rental Rates:** \$60 for ACA members | \$80 for non-members  
All prices include GST. Call us at 403-255-1252 or book courts online at [acadiarec.com](http://acadiarec.com).

### Curling

Closed for the season.

### Arena and Skate

Closed for the season.

### Other Happenings

#### Keepin' It Country Line Dance Club

Wednesdays - Dance Program | 5:45 to 9:00 pm  
Contact Geraldine for more information at 403-256-4150

#### Sports Card Show

Saturday, June 17 | 10:00 am to 4:00 pm  
Contact Julie for more information at 403-990-6312 after 6:00 pm, please.

#### Blood Services

Saturday, June 10 | 9:00 am to 2:00 pm  
Saturday, June 24 | 9:00 am to 2:00 pm  
Book now at [blood.ca](http://blood.ca) or phone 1-888-2-Donate.

#### Ukrainian Festival

Saturday, June 3 from 10:00 am to 12:00 pm  
Sunday, June 4 from 10:00 am to 6:00 pm  
Email [info@calgaryukrainianfestival.com](mailto:info@calgaryukrainianfestival.com).

#### Calgary's Largest Garage Sale

Saturday, June 10 | 10:00 am to 4:00 pm  
Admission: \$2  
25,000 ft full of previously loved treasures  
Send inquires to [gsaleyc@gmail.com](mailto:gsaleyc@gmail.com).

#### Calgary Roller Derby

Saturday, June 17 - Time TBA

#### The Red & White Comic & Toy Expo

Sunday, June 25 | 10:30 am to 5:00 pm  
Admission: \$5 at the door.

#### Summer Camps

##### Fitset Ninja

July 3 to August 25, 2023  
Monday to Friday | 8:30 am to 4:00 pm  
For more information, please visit [Fitsetninja.com](http://Fitsetninja.com).

##### Juvenescene Kids' Day Camp

June 28 to September 1, 2023  
Monday to Friday | 7:00 am to 6:00 pm  
Contact [camps@juvenescene.ca](mailto:camps@juvenescene.ca).

*Check out our new website at [acadiarec.com](http://acadiarec.com).  
Online bookings and requests now available.*



# Acadia Community Association Contacts

☎ 403-255-1252  
 ✉ info@acadiaca.com  
 🌐 @acacalgary  
 🌐 www.acadia.community  
 📍 240 - 90 Avenue SE Calgary, AB T2J 6P6

| Executives      |                  |                          |
|-----------------|------------------|--------------------------|
| Vacant          | President        | president@acadiaca.com   |
| Keith Simmons   | Vice President   | vp@acadiaca.com          |
| Ashley Chapman  | Secretary        | secretary@acadiaca.com   |
| Adam Klimczak   | Treasurer        | treasurer@acadiaca.com   |
| Directors       |                  |                          |
| Brent Harding   | Board Director   | brent@acadiaca.com       |
| Greg MacQuarrie | Board Director   | greg@acadiaca.com        |
| Minh Badau      | Board Director   | minh@acadiaca.com        |
| Shanon Crews    | Board Director   | shanon@acadiaca.com      |
| Coordinators    |                  |                          |
| Good Food Box   | Helen Tubrett    | goodfoodbox@acadiaca.com |
| Newsletter      | Benny Keys       | helloacadia@acadiaca.com |
| Social Media    | Brayden Darichuk |                          |

| Committees         |                |                             |
|--------------------|----------------|-----------------------------|
| Membership         | Ashley Chapman | membership@acadiaca.com     |
| Volunteers         | Erica Lyn      | volunteer@acadiaca.com      |
| Communications     | Vacant         | communications@acadiaca.com |
| Events             | Minh Badau     | events@acadiaca.com         |
| Playgrounds        | Dana McCarty   | playgrounds@acadiaca.com    |
| Roadways           | Keith Simmons  | roadways@acadiaca.com       |
| Projects           | Vacant         | info@acadiaca.com           |
| Governance         | Vacant         | governance@acadiaca.com     |
| Grants/Fundraising | Shanon Crews   | grants@acadiaca.com         |

| Acadia Recreation Complex Management and Staff |                   |  |
|--|-------------------|--|
| General Manager                                | Jorge Da Silva    | 403-255-1252 ext. 224   gm@acadiarec.com     |
| Curling Coordinator/Special Events             | Tannis Brown      | 403-255-1252 ext. 222   tannis@acadiarec.com |
| Curling Operations                             | Craig Recksiedler | 403-255-1252 ext. 226   craig@acadiarec.com  |
| Arena Coordinator                              | Madeline Vatcher  | 403-255-1252 ext. 223   maddy@acadiarec.com  |
| Building Operations                            | Ross Scott        | 403-255-1252 ext. 233   ross@acadiarec.com   |

| Acadia Community Contacts   |                  |  |
|---|------------------|--|
| MLA Calgary-Acadia  | Tyler Shandro    | 403-640-1363   calgary.acadia@assembly.ab.ca     |
| MP, Calgary Midnapore   | Stephanie Kusie  | 403-225-3480   stephanie.kusie@parl.gc.ca        |
| Councillor Ward 11  | Kourtney Penner  | ward11@calgary.ca                                |
| School Board Trustee (Calgary Public School Board) Ward 11 and 13   | Nancy Close      | 403-817-7918   neclose@cbe.ab.ca                 |
| School Board Trustee (Calgary Catholic School Board) Ward 11 and 12 | Cathie Williams  | cathie.williams@cssd.ab.ca                       |
| CPS Community Resource Officer                                      | Pavel Adaikin    | padaikin@calgarypolice.ca                        |
| Acadia Community Garden   | Melissa Paquette | 587-777-0527   info@growingacadia.ca             |
| Acadia Community Social Worker                                      | Viviana Reinberg | 403-476-7280   viviana.reinberg@calgary.ca       |
| Girl Guides of Canada – Calgary Area                                |                  | 403-283-8348   gginfo@calgarygirlguides.com      |
| Scouts Canada – Chinook Council                                     |                  | 403-283-4993   253rdsouthheritagegroup@gmail.com |

## MESSAGE FROM THE BOARD

Hello fellow Acadians. We're looking forward to the latter half of 2023 as more community events and initiatives are in store!

### **ACA Rebrand - Logo Design Contest**

Phase 2 of the ACA's rebranding campaign is well underway with the launch of our logo design contest last month. Based on the survey results we received, Acadians want to see a logo and brand that gives a feeling of Acadia being a very welcoming community that is safe, vibrant, and inclusive. Acadians would like to see a logo that incorporates trees along with the signature bungalows that you see in this community. It was also important that the logo features the concept of an inclusive and representative family. In terms of colours, Acadians like the blue tones used in our existing logo, but would like to see the addition of green somewhere and preferably a brighter yellow tone than what our existing logo has.

Do you want to try your hand at designing a new logo for the ACA? Visit [www.acadia.community/rebrand](http://www.acadia.community/rebrand) for full details and information on how to submit your entry. The contest will be open until July 15.

### **Acadia Community Parade of Garage Sales**

It's back! The Acadia Community Parade of Garage Sales is on Saturday, June 24 and Sunday, June 25. This year, the event is sponsored by Don Wong of 2% Realty! Register your sale at [www.acadia.community/pogs](http://www.acadia.community/pogs) by Tuesday, June 20 to be included in the printed and online maps as well as to receive your signs. An ACA membership is required to register.

### **Volunteers Needed! Stampede Breakfast on Sunday, July 9**

We're so excited to bring back an ACA-hosted celebration for Stampede this year. Our Stampede Breakfast will be on Sunday, July 9 and we are currently seeking event planning committee members to pull it all together. If you are interested, please email [events@acadiaca.com](mailto:events@acadiaca.com).

### **Thank You for Another Successful Community Cleanup Event**

For the fourteenth year, we held the Community Cleanup at the ARC in May. Special thanks to our amazing volunteers who were integral to making this event a great success! Thanks also to our sponsors and partners - The City of Calgary, Little Caesars Acadia, and Calgary Co-op MacLeod Trail. It really takes a community to run this event, and as always, Acadians showed up in a big way! Thank you!

### **Another Fun Social Night!**

Did you make it out to our May Social Night? We were excited to introduce the new addition to the ARC Social

Lounge - a foosball table for everyone to enjoy! Our next one will be in September. In the meantime, watch our social media for fun opportunities and events to hang out in the Lounge over the summer holiday season.

### **Introducing Uke Night**

Uke Night is on Thursday, June 8 in the ARC Social Lounge. Uke Night is a group music lesson that teaches people with no musical experience how to play about a dozen popular songs on the ukulele in one two-hour event. We will provide everything you need, including a ukulele to use during the event, and an e-book download after the event so you can continue to practice what you learned.

The cost to attend this music lesson is \$40 per person and registrations can be made at [www.acadia.community/community-programs](http://www.acadia.community/community-programs). Uke Night is currently an adults (16+) program and a kids' version is in development.

### **Sincere Thanks to Malcolm and Sharla**

Our deepest gratitude to Malcolm Jubinville and Sharla Stoffman for their huge contributions to the ACA board over the past year. Malcolm was integral to bringing our systems into the new century and setting up our digital presence, and Sharla was key in modernizing our policies and procedures. Malcolm and Sharla will be greatly missed as they embark on new adventures and are leaving big shoes to fill on the board. Thank you for everything, Malcolm and Sharla!

### **New ACA Member Benefits**

Did you know that your ACA membership provides you discounts to local Acadia retailers and amenities?

Ami Tea Heritage location (8330 Macleod Trail SE Unit D1) offers ACA members buy one get one 30% off! Better yet, this offer is available at all Ami Tea locations in Calgary!

The Alberta Tennis Center (295 90 Ave SE) offers ACA members the opportunity to play for free on the courts under the bubble from June 1 to August 31!

Grab an ACA membership at [www.acadia.community/membership](http://www.acadia.community/membership).

### **Are You Following Us on Social Media?**

Please make sure you are following the ACA on our Facebook, Instagram, and Twitter for the latest updates on all things happening with the ACA. Our social media handle is @acacalgary.

*Your Acadia Community Association*

# PLUMBER



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## SCAN HERE TO VIEW ADDITIONAL ACADIA CONTENT

### News, Events, & More



### Crime Statistics



### Real Estate Statistics



The Acadia Community Association is rebranding and wants your input!

## SCAN ME



Do you have an idea for what the ACA logo should look like?

Submit your design to us!

Contest closes June 30th and winners will be announced at the September AGM.

[www.acadia.community/rebrand](http://www.acadia.community/rebrand)

## REASONS TO BECOME A MEMBER OF



# Acadia Community Association



### VOTE

Have a say and influence on issues that are most important to you. Have a passion project you want to see executed in Acadia? A new playground, public art, or more programming? Joining the ACA is how you get involved in shaping the community where you live!

### COMMUNITY HAPPENINGS

Keep up to date with all the happenings in the community, including new infrastructure developments, planning, traffic, events, programs, townhall meetings, ward news, and City news.



### MEMBERS ONLY PERKS

ACA members get discounts on various local area food and retail outlets. In addition, members get access to the ARC Social Lounge and 15% off room and ice bookings at the ARC for private events!

### FREE EVENTS

Most of our events are free or at a very reduced rate for members. The ACA hosts some great events each year, such as the Winter Carnival, Stampede Breakfast, Neighbour Day, and more!



### BE PART OF A COMMUNITY

Research shows that being part of a community and its association is vital to making sure your community is a great place to live, work, and play.

**ANNUAL MEMBERSHIPS ARE \$15-\$25**

FIND OUT MORE AND PURCHASE AT

[HTTPS://ACADIA.COMMUNITY/MEMBERSHIP](https://acadia.community/membership)  
OR EMAIL [MEMBERSHIP@ACADIACA.COM](mailto:MEMBERSHIP@ACADIACA.COM)



**Acadia  
Community  
Association**



# ACADIA PARADE OF GARAGE SALES

**June 24 & 25**

**Open daily 9am to 3pm**

**Register your sale by June 20 at  
[www.acadia.community/pogs](http://www.acadia.community/pogs)**

**\*ACA Membership  
required to register**





**Acadia  
Community  
Association**

WE ARE LOOKING FOR A  
**COMMUNICATIONS  
COMMITTEE CHAIR**



**KEY RESPONSIBILITIES:**

- Strategically plan marketing efforts and oversee creation of materials for the ACA's website, newsletter, and social media channels
- Motivate, support and assist committee members with their roles as needed
- Oversee logistics of the committee's operations and work
- Report to the Board on committee's work and recommendations

**HELPFUL SKILLS:**

- Exemplary written and interpersonal skills
- Excellent organizational abilities and attention to detail
- Knowledge of social media best practices
- Branding, copywriting, creative, graphic design, marketing and/or social media experience

EMAIL [VOLUNTEER@ACADIACA.COM](mailto:VOLUNTEER@ACADIACA.COM) FOR MORE INFO AND TO APPLY!

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## ACA STAMPEDE PANCAKE BREAKFAST

Please join us for a boot scootin' time!

**SUNDAY | JULY 9 | 9AM - 12PM**

At the Acadia Rec Complex  
240 90 Ave SE

FREE for ACA members  
\$5 per non-member

*featuring:*

Keepin' it Country Line Dancers,  
Stardale Women's Group, live music,  
Western games, petting zoo



## ACA Volunteer Callout: We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. We need your help to keep our organization and programs running smoothly. We have a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions making a difference in the community you live in!

To learn more about these roles and to apply, please contact [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

### Stampede Breakfast – Sunday, July 9

We're kicking Stampede week off with a pancake breakfast on Sunday, July 9. We're currently in need of volunteers to join the planning committee for this event. It's going to be a big one that we plan to host every year!

### Bike Parade – Saturday, August 12

We're currently seeking volunteers who have some skills in bike tune-up and repair to lead a mini repair demonstration for our annual bike parade planned this summer. We are also in need of Acadians who have familiarity with the neighbourhood's heritage and history, and are able to provide this historic information to bikers.

### Communications Committee Chair

We are in need of someone to take on the communications committee chair role to oversee support for ACA communications, including the [acadiaca.com](http://acadiaca.com) website, Hello Acadia newsletter submissions, and our social media accounts. If you have experience in general digital communications and would like to learn more about this great opportunity, please get in touch today!

### Board of Directors

The ACA needs a variety of people with limitless creativity and determination to create a vision of building an inclusive, safe, and vibrant community for Acadians. If you are full of Acadia pride, are committed to change, development, and community engagement, we could use your help on the board! Contact us to discuss the specific board roles that are available and to find out more.

### ARC Social Lounge Renovations

We are completing some minor renovations to the ARC Social Lounge this summer and are seeking volunteers with general construction and build experience to help us bring the vision together. Activities include painting, constructing a coffee bar, building display cabinetry, and constructing new tabletops. Please consider coming out to help us modernize our lounge.

### Events Committee

We are always looking for passionate and creative volunteers to join our Events Committee. 2023 is going to be an exciting year for Acadia and the ACA. The Winter Carnival and Easter Egg Hunt were huge successes due to the volunteers that stepped up! We have a robust roster of events planned to bring value to our membership and Acadians. Upcoming events that require a committee include Stampede Breakfast, BrewFest, Movie in the Park, Bike Parade, Fall Fair, Kids' Christmas Party, and so much more! The success of these events heavily relies on our amazing community volunteers. We hope you will consider joining us!

We are searching for  
*Volunteers*

Acadia Community Association is bringing some great events to the Acadia community in 2023!

Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:

WINTER CARNIVAL  
STAMPEDE BREAKFAST  
BIKE PARADE | MOVIE IN THE PARK  
NEIGHBOUR DAY | BREWFEST  
KIDS' CHRISTMAS PARTY  
AND MANY MORE!

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THE MONTH

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## Acadia: A Good Food Box Depot!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price – approximately \$1 per pound of produce – and have those boxes delivered to the ARC for pick up.

The Good Food Box Program is for everyone regardless of income level. There are three boxes to choose from (see chart below). Due to seasonal availability, there is no knowing in advance what combination of fruits and vegetables each Good Food Box will contain, but all boxes contain the maximum amount of produce to ensure clients get the most value for the price.

| Box Size | Price | Weight                                |
|----------|-------|---------------------------------------|
| Small    | \$25  | 15 to 20lbs* of fruits and vegetables |
| Medium   | \$30  | 25 to 30lbs* of fruits and vegetables |
| Large    | \$35  | 35 to 40lbs* of fruits and vegetables |

*\*Please note that weights are approximate.*

If you are interested in purchasing a Good Food Box for pick up at the ARC, please complete a request form at [www.acadia.community/goodfoodbox](http://www.acadia.community/goodfoodbox) or email Helen Tubrett directly at [goodfoodbox@acadiaca.com](mailto:goodfoodbox@acadiaca.com). Payment by e-transfer or cash is required at the time of ordering.

For upcoming 2023 order and pick up dates for the Good Food Box Program in Acadia, please refer to the chart below.

### Upcoming Good Food Box Order and Pick Up Dates

| Order Deadline - Friday | Pick Up Date - Wednesday                       |
|-------------------------|--|
| June 9                  | From 11:00 am to 2:00 pm<br>or 4:00 to 6:00 pm |
|                         | June 21  |

**There is no Good Food Box in July**

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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\*A New Patient is defined as anyone who is coming to this clinic for the first time. A New Patient Exam is a Comprehensive Dental Examination by a General Dentist which does not include X-Rays or Dental Hygiene.



## In Loving Memory

Arthur Hironaka, FCA, FCPA

October 30, 1934 – Raymond, Alberta

April 8, 2023 – Calgary, Alberta

Our sincere condolences to the family of Art Hironaka.

Art passed peacefully surrounded by his family on Saturday, April 8. Art is survived by his loving wife of 65 years, Pat, his three children, Cynthia, Brent, and Neil, and their spouses. He also will be missed by his three grandchildren, a large extended family, as well as a large circle of friends.



Art lived a full and active life. He was awarded the Fellow of Chartered Accountants by the Alberta Institute of Chartered Accountants. He was also an Honourary Life Member of the Calgary Stampede, Honourary Life Director of Stars Air Ambulance, and a founding Director of the Stars Foundation. Art was a Melvin Jones Fellow of Lions International Foundation and the recipient of a Lions International Presidents award.

Art and his family lived in Acadia for many years. They were charter members of the McDougall United Church and the Acadia Recreation Complex. He contributed his financial expertise during the planning of the ARC and continued volunteering throughout the years. He and his entire family enjoyed the activities at the complex. Art was a wonderful gentleman who was always willing, but unassuming. He will be greatly missed by many families and friends.



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## WINTER CARNIVAL

Fun carnival games, s'mores around the fire, participate in the chili cook-off! Children can create fun winter-themed crafts

Feb 11



**Acadia  
Community  
Association**

## 2023 EVENTS

## EASTER EGG HUNT

Kids can hunt for eggs filled with fun treats at one of Acadia's many parks.

Apr 8

## NEIGHBOUR DAY

Bringing Acadians together for a fun block party!

Jun 17

## ANNUAL GENERAL MEETING

The ACA Board and ARC staff will update the community on their activities, accomplishments & goals.

Sept 28

## PUMPKIN PARADE

After Halloween, bring your carved pumpkins to the Community Garden for everyone to enjoy. We will dispose of them afterward. Food trucks & hot cocoa included.

Nov 14

## PARADE OF GARAGE SALES

Shop for unique treasures as the entire community opens their shop!

Jun 24/25

## COMMUNITY CLEANUP

Acadians can get rid of their unwanted items for free

May 13

## VOLUNTEER APPRECIATION BBQ

Celebrating the selfless and amazing people who make what the ACA plans possible

Aug 27

## FALL FESTIVAL

Welcome fall with a fun festival. Food trucks, kids' business fair, glitter tattoos. Local Acadian businesses on site to showcase their offerings.

Oct 7

## SOUTHEAST BREWFEST

Back by popular demand! Local craft breweries serve up their offerings for you to taste!

Nov 4

## ACA SOCIAL NIGHTS

Come meet & greet with the ACA board members over drinks in the ARC Social Lounge. Occurs every second month.

## BIKE PARADE

Decorate your bike with streamers & balloons & join the ride.

Aug 12

## STAMPEDE BREAKFAST

Pancake breakfast with live music & line dance lessons.

Jul 9

## MOVIE IN THE PARK

Enjoy a fun family movie under the stars as we activate an Acadia greenspace!

Sept 9

## KIDS' CHRISTMAS PARTY

Visit with Santa, decorate cookies, make crafts & eat fun Christmas treats.

Dec 9

## CHRISTMAS LIGHTS CONTEST

Light up Acadia this holiday season. Prizes in various categories to be won!

Dec



## No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



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# BUSINESS CLASSIFIEDS

**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 19 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email marcinj09@gmail.com.

**DTA RENOVATIONS & HANDYMAN SERVICES:** We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

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**CAMPBELL ROOFING - FREE ESTIMATES:** Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business." Call Grant at 403-975-1371. Thank you, customers, for all your previous support!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**CS HANDYMAN SERVICES:** Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

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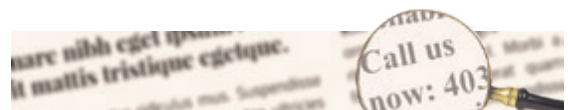
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