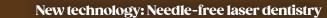


THE OFFICIAL ACADIA COMMUNITY NEWSLETTER

KIDS' CHRISTMAS PARTY
PAGE 3
HOLIDAY LIGHTS CONTEST
PAGE 5



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# **Acadia Community Association Contacts**

③ № @acacalgary ⊕ www.acadia.community & 240 - 90 Avenue SE Calgary, AB T2J 6P6

Executives		
Keith Simmons	President	president@acadiaca.com
Minh Badau	Vice President	vp@acadiaca.com
Ashley Chapman	Secretary	secretary@acadiaca.com
Shanon Crews	Treasurer	treasurer@acadiaca.com
Directors		
Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Adam Klimczak	Board Director	adam@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Kris Dass	Board Director	kris@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Marina Munro	Board Director	marina@acadiaca.com
Coordinators	l li Di i	16 11 - 11
Good Food Box	Leslie Pinto	goodfoodbox@acadiaca.com
Newsletter	Emily Lewandowski	helloacadia@acadiaca.com
Soccer	Vacant	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	
	Callifell Daliciluk	
Youth Program	Kris Dass	kris@acadiaca.com
Youth Program Committees		kris@acadiaca.com
		kris@acadiaca.com membership@acadiaca.com
Committees	Kris Dass Shayan	
Committees Membership	Kris Dass Shayan Vosooghzadeh	membership@acadiaca.com
Committees  Membership  Volunteers	Kris Dass Shayan Vosooghzadeh Erica Lyn	membership@acadiaca.com volunteer@acadiaca.com
Committees  Membership  Volunteers  Communications	Kris Dass  Shayan Vosooghzadeh Erica Lyn Vacant	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com
Committees  Membership  Volunteers  Communications  Events	Kris Dass  Shayan Vosooghzadeh Erica Lyn Vacant Minh Badau	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com events@acadiaca.com
Committees  Membership  Volunteers  Communications  Events  Playgrounds	Kris Dass  Shayan Vosooghzadeh Erica Lyn Vacant Minh Badau Dana Mccarty	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com events@acadiaca.com playgrounds@acadiaca.com
Committees  Membership  Volunteers  Communications  Events  Playgrounds  Traffic Safety	Shayan Vosooghzadeh Erica Lyn Vacant Minh Badau Dana Mccarty Chris Kalyn	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com events@acadiaca.com playgrounds@acadiaca.com traffic@acadiaca.com
Committees  Membership  Volunteers  Communications  Events  Playgrounds  Traffic Safety  Governance	Kris Dass  Shayan Vosooghzadeh Erica Lyn Vacant Minh Badau Dana Mccarty Chris Kalyn Vacant	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com events@acadiaca.com playgrounds@acadiaca.com traffic@acadiaca.com governance@acadiaca.com
Committees  Membership  Volunteers  Communications  Events  Playgrounds  Traffic Safety  Governance  Grants/Fundraising  Planning/	Shayan Vosooghzadeh Erica Lyn Vacant Minh Badau Dana Mccarty Chris Kalyn Vacant Shanon Crews	membership@acadiaca.com volunteer@acadiaca.com communications@acadiaca.com events@acadiaca.com playgrounds@acadiaca.com traffic@acadiaca.com governance@acadiaca.com grants@acadiaca.com

Acadia Recreation Compl	ex Management and Sta	ff
Executive Director	Cheryl Montgomery	403-255-1252 ext. 224 cheryl@acadiaca.com
Curling Coordinator /Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Curling Operations	Craig Recksiedler	403-255-1252 ext. 226 craig@acadiarec.com
	Jeff Ball	jeff@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Building Operations	Ross Scott	403-255-1252 ext. 233 ross@acadiarec.com
Social Lounge /Frankie's Concession	Jayne Cameron	jayne@acadiarec.com
Guest Services	Emily Lewandowski	emily@acadiarec.com
Acadia Community Conta	acts	
MLA Calgary-Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Kourtney Penner	ward11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
CPS Community Resource Officer	Matt Forest	
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada — Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada — Chinook Council		403-283-4993 253rdsouthheritagegroup@ gmail.com



Happy holiday season community residents!

### **New Executive Director**

Over the past several years, we have seen a need for dedicated leadership and strategic oversight, ensuring efficient operation and growth of the ACA's programs and services. We are pleased to announce that Cheryl Montgomery has joined our team as our new Executive Director to fulfil these needs! We're excited to bring Cheryl on to support our continued mission to foster an active, vibrant, and connected community. The ACA looks forward to future growth with our new Executive Director. Please feel free to stop into the ARC and say hello to Cheryl!

# Kids' Holiday Party - December 7

Bring your little ones to kick off the holiday season from 1:00 to 5:00 pm on the first Saturday of the month for a fun-tastic time at our Kids' Holiday event! Spend an afternoon with Santa, decorate Christmas cookies, make fun crafts, play festive games, and enjoy delicious snacks! It's free for ACA members, and only \$5 per child for non-members. For tickets and more information, visit www.acadia.community/kidsholiday.

# **Holiday Lights Contest – December 23**

Don't forget to nominate your house or a neighbour's for our holiday lights contest. The deadline is just around the corner, and there will be fun prizes for the winning categories. Compete to win one of the following themes: (1) Santa's Favourite Theme Award – best theme, (2) Griswold Award – most lights, (3) Classic Christmas Award – best traditional display, (4) Best Inflatable Use Award – best inflatable characters and (5) Judge's Favourite Award. Submit your light display entry by December 20 to be included on judging day happening on December 22. All entries must be located within the community of Acadia. Visit www.acadia. community/holidaylights for more information and entry rules.

# SouthYeast Brewfest Recap

Once again, Brewfest was a big hit! Thank you to everyone who came out to enjoy the good music and great craft beers. It is always a pleasure to host community events like this and see people connect over a good brew. A huge thank you to our live band Generation Country for performing great tunes and keeping the event high-spirited! Generation Country is

local to Acadia, and we are so lucky to have them come out to play for us. Finally, a special thank you to all of our participating breweries: SunnyCider, New Level Brewing, Banded Peak Brewing, Stonyslope Brewing Company, and Fahr Brewery. These breweries really live and breathe the community spirit, and we cannot thank them enough for working with us to bring this event together!

# **New Soccer Program Coordinator Needed!**

Registrations for the upcoming grassroots soccer season will open in January 2025. Our wonderful soccer coordinator, Trudy, is retiring and we are in need of someone to take on this very important and rewarding role! Please reach out to volunteer@acadiaca.com if you would like to learn more.

# Are You Following Us On Social Media?

Keep up with us @acacalgary on our Facebook and Instagram social media platforms for the latest updates on all things happening with the ACA.

Your Acadia Community Association



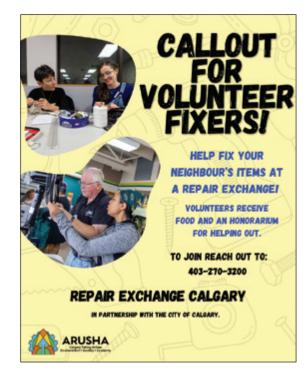


#### KEY RESPONSIBILITIES:

- . Oversee entire program and its success . Manage player registrations, create & roster
- Assign volunteers to open positions
   Schedule coaches' clinic & photo day
- . Budget and track program related expens

- escellent organization & administrative skills . superior communication skills (written &
- verbol) good time management skills
- Manage league equipment & uniform orders and field permit renewals
- Primary contact for program sponsors
- Manage general communication regarding
- program with registered families Maintain procedures & policies do
- ACA COORDINATOR ROLES:
- November to June
- · provide monthly updates to the ACA Board of Directors
- · 2-year term commitment encouraged

EMAIL VOLUNTEER@ACADIACA.COM FOR MORE INFO







# What's Up at the ARC December 2024



# **Acadia Community Association**

# **ACA Memberships**

Memberships are available online at www.acadia. community/membership or in-person at the ARC. Family: \$25 + GST | Individual: \$15 + GST | Non-Acadia Residents: \$25 + GST.

# **Youth Drop-In Nights**

Ages 10 to 17 can drop in for free to play games, have snacks, and meet new friends.

Check out our social media (@acacalgary) and website (www.acadiaca.com) to see what dates and times are available.

# **ARC Social Lounge Daytime Community Drop-In**

Mondays to Fridays | 9:00 am to 4:00 pm

Use the lounge to work remotely, read, study or meet. This space is free and open to everybody. Pay-what-you-can coffee or tea available daily.

# **Facility Rentals**

# Rose Hall Banquet Room, Conference Rooms, and Lounge

ACA members receive 15% off room bookings. For rental inquiries and more information, visit acadiarec. com, contact Tannis at tannis@acadiarec.com, or call 403-255-1252, ext. 222.

# **ARC Social Lounge**

Now open year-round for free day time drop-in community use. Pay-what-you-can coffee and tea, free wi-fi, books, kids' toys, and board games. Monday to Friday | 9:00 am to 4:00 pm.

Regular Operating Hours Open to Public: Monday to Friday, 4:00 pm to Midnight | Saturday, Noon to Midnight | Sunday, 10:00 am to 10:00 pm.

#### Frankie's Concession

Monday to Friday, 11:00 am to 3:00 pm and 4:00 to 9:00 pm | Saturday and Sunday, 8:00 am to 6:00 pm.

#### Office Hours

Monday to Friday, 8:30 am to 9:00 pm | Saturday and Sunday, 9:00 am to 5:00 pm.

# **Courts**

# Pickleball/ Squash/ Racquetball Courts

\$20 + GST per hour per court for ACA members | \$25 + GST per hour per court for non-members.

Purchase punch cards (buy four hours, get one hour free) at our Front Desk during regular office hours.

\$80 + GST for ACA members | \$100 + GST for non-members.

# **Wallyball Courts**

\$30 + GST per hour per court for ACA members | \$35 + GST per hour per court for non-members.

Purchase punch cards (buy four hours, get one hour free) at our Front Desk during regular office hours.

\$120+GST for ACA members | \$140+GST for non-members.

# **Pickleball Drop-In Information**

The pickleball drop-in is \$8.40 + GST per person per session. To register, book online at acadiarec.com.

Morning Drop-In Sessions | Monday to Friday, 9:00 am to 12:00 pm.

Evening Beginner to Intermediate Drop-In Sessions | Mondays and Tuesdays, 6:30 to 8:30 pm.

Evening Intermediate to Advanced Drop-In Sessions | Thursdays and Fridays, 6:30 to 8:30 pm.

Call us at 403-255-1252 or book courts online at acadiarec.com.

# **Curling**

We are looking for beginners to advanced curlers to join curling leagues.

Please email tannis@acadiarec.com or call the office at 403-255-1252.

# **Arena and Skate**

## **Hockey Arena Ice**

For rental inquiries and more information, contact Maddy at maddy@acadiarec.com or 403-255-1252, ext. 223.

### Parent and Tot Skate

Tuesdays and Fridays, 9:30 to 10:30 am

Free! All participants must wear helmets. No sticks or pucks allowed.

## **Sticks and Pucks**

Tuesdays and Thursdays, 12:00 to 1:00 pm

Two to three nets set up on the ice. Maximum 20 participants. Must wear helmets with face shield and gloves. \$5 per session.

#### **Public Skate**

Sundays, 11:45 am to 12:45 pm Wednesdays, 3:30 to 4:30 pm Fridays, 1:45 to 2:45 pm

Free! All participants must wear helmets. No sticks or pucks allowed.

# Seniors (60+) Skate

Wednesdays and Fridays, 10:45 to 11:45 am

Free! All participants must wear helmets. No sticks or pucks please.

## Adult (16+) Shinny

Mondays and Wednesdays, 12:00 to 1:15 pm

\$6.67 + GST per player. Goalies play for free! Maximum 20 players (five on the ice at a time). Maximum two goalies. Helmet with mask and gloves mandatory.

# **Events at the ARC**

## **Blood Services**

Saturday, December 21 | 9:00 am to 2:00 pm

For more information, please call 1-888-2-Donate or visit blood.ca.

# **Sports Card Show**

Saturday, December 7 | 10:00 am to 4:00 pm Sunday, December 8 | 10:00 am to 3:00 pm

For more information, please email collectorsbooks\_cards@shaw.ca.

#### Video Game Show

Sunday, December 1 | 10:00 am to 4:00 pm

For more information, please visit www.yycgameshow.com.

# **Partner Programs**

## **Childcare Provider Coming Soon!**

Seeds of Success Early Learning Program. ACA members receive free registration.

Sadaf Fridos | 403-7964657 | info@seedsofsuccess.kids



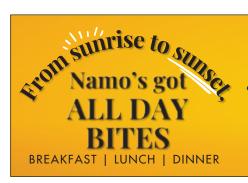


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# COMMUNICATIONS COMMITTEE CHAIR

#### **KEY RESPONSIBILITIES:**

- Strategically plan marketing efforts and oversee creation of materials for the ACA's website, newsletter, and social media channels
- Motivate, support and assist committee members with their roles as needed
- Oversee logistics of the committee's operations and work
- Report to the Board on committee's work and recommendations

#### HELPFUL SKILLS:

- Exemplary written and interpersonal skills
- Excellent organizational abilities and attention to detail
- Knowledge of social media best practices
- Branding, copywriting, creative, graphic design, marketing and/or social media experience

EMAIL VOLUNTEER@ACADIACA.COM FOR MORE INFO
AND TO APPLY!

# **ACA Volunteer Callout** - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. There are a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply, please contact volunteer@acadiaca.com or visit www.acadia. community/volunteer.

# **Soccer Program Coordinator**

We're going into our second year of our grassroots soccer program, and we are in need of a Soccer Program Coordinator to make this season a great success! Over the past year, we've built a great program and developed lots of support, so the volunteer who picks up the program will have an excellent foundation to work from. If you are enthusiastic about bringing high-quality youth programming to your community, contact us today at volunteer@acadiaca.com for more information and to apply!

#### **Communications Committee Chair**

We are in need of someone to take on the Communications Committee Chair role to oversee support for ACA communications, including the acadiaca.com website, Hello Acadia newsletter submissions, and our social media accounts. If you have experience in general digital communications and would like to learn more about this great opportunity, please get in touch today!

# **Planning/Development Committee Chair**

We are looking for someone to take on the Planning/ Development Committee Chair role in order to review planning, development, and transportation matters that pertain to the community of Acadia. This individual will also manage the other subcommittees of Traffic Safety and Playgrounds within their domain. If you are interested in helping to build a safer and more accessible community spaces, reach out to us today!

#### **Event Committee Members**

Every fun event you've attended or heard about relies on key people to bring the plan together and execute it seamlessly.

The following event planning committees are looking for long-term members who have a passion for bringing high-quality events to Acadia and would be interested in helping to plan and execute these events on every year: Winter Carnival; Easter Egg Hunt; Bike Parade; Neighbour Day; Stampede; Movie in the Park; Fall Festival; Halloween Party; and Holiday Party.

If any of the above major events interest you, reach out today to learn more about the commitment and responsibilities. We hope you will consider joining us and bring your creative touch to these awesome events!

# **Community Engagement Committee Members**

Are you passionate about making a difference in your community? Join our Volunteer Community Engagement Committee! We are looking for enthusiastic individuals who are eager to promote community involvement and foster connections between our community and those people, organizations, and businesses that make Acadia a great place to live or operate. If you believe we can make Acadia even better, bring creativity and positivity, and enjoy having fun while making an impact, this is the perfect opportunity for you to develop your skills, meet your neighbours, and contribute to meaningful projects that enhance our community.

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- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

# **Acadia: A Good Food Box Depot!**

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price—approximately \$1 per pound of produce—and have those boxes delivered to the ARC for pick up.

All boxes contain the maximum amount of produce to ensure clients get the most value for the price. Clients can choose from three different box sizes (see below), and the program is available to everyone regardless of income level.

Box Size	Price	Weight	
Small	\$30	15 to 20lbs* of fruits and vegetables	
Medium	\$35	25 to 30lbs* of fruits and vegetables	
Large	\$40	35 to 40lbs* of fruits and vegetables	
*Please note that weights are approximate.			

If you are interested in purchasing a Good Food Box for pick up at the ARC, please complete a request form at www.acadia.community/goodfoodbox or email goodfoodbox@acadiaca.com. Payment by e-transfer or cash is required at the time of ordering.

For upcoming 2024 order and pick up dates for the Good Food Box Program in Acadia, please refer to the chart below.

# **Upcoming Good Food Box Order and Pick Up Dates**

Order Deadline - Friday	<b>Pick Up Date - Wednesday</b> From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
November 29	December 11

Thanks for your support this year. There are no Good Food Box deliveries after December 11. The 2025 schedule will be available soon. See you next year.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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**ACADIA MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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**ACADIA CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Acadia. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

# **BUSINESS CLASSIFIEDS**

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**PET CARE:** Want to run away for a weekend or vacation? I can look after your pet(s) (dogs, cats, birds, etc.). I do overnight or daily checks and dog walks if required. Great references and reasonable rates. Acadia area and beyond. Please call Esther at 403-585-0670, or email esther.f@shaw.ca.

**HERITAGE WEST PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.





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mwestpeaksdentalsuite.ca





# PLANNING & DEVELOPMENT COMMITTEE CHAIR

# TO JOIN OUR TEAM!

## **KEY RESPONSIBILITIES:**

- be alert to planning initiatives that are relevant to Acadia and provide information to the community
- review and provide comments on planning & development applications in the community
- enable and encourage community members to engage in the planning process

# HELPFUL SKILLS:

- · organizational abilities & attention to detail
- written and interpersonal communication skills
- understanding of municipal development and permitting processes
- · engagement & group facilitation skills

#### ACA COMMITTEE CHAIR ROLES:

- time commitment of approx. 6-8 hours per month
- · 2-year term commitment encouraged

EMAIL VOLUNTEER@ACADIACA.COM FOR MORE INFO
AND TO APPLY!

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Keep being you Love your ears



MLA, Calgary-Acadia Diana Batten

Shadow Minister for Children & Family Services 105, 10333 Southport Road SW, Calgary

403-640-1363

Calgary.acadia@assembly.ab.ca

f facebook.com/dianabattenmla
odianabatten

@DianaBatten

Hello Calgary-Acadia,

We hope you enjoyed the beautiful fall and the mature trees in Calgary-Acadia as much as we did! There was an incredible show of colours. As the year wraps up and the winter returns, our office has been reflecting on the changes, challenges, and successes of 2024.

We love being in the community and experiencing the dedication and passion of the people in Calgary-Acadia. The Youth Singers of Calgary have created a beautiful, collaborative mural that captures the spirit of their organization and was painted by over 100 volunteers. Community Associations were busy this fall creating fun community gatherings, organizing winter markets, and providing programming for all ages. We participated in local business openings and got to meet folks who embrace the opportunities in Calgary-Acadia. We have many quality pharmacies in the constituency that provide services, including administering flu and COVID-19 vaccines to keep you and your loved ones safe.

Our office was busy this fall responding to many emails and phone calls from constituents. We handled over 400 constituent concerns in the last three months. Close to half of these were about the state of healthcare in our province. Folks are afraid they will not have access to the help they need when they need it and, as they were a year ago, they are still having trouble accessing a family doctor. The housing crisis continues to affect our constituents as they struggle to pay skyrocketing rents. We appreciate hearing from you and will continue providing the best care while amplifying your concerns.

I returned to the Legislature at the end of October. As the Shadow Minister of Children and Family Services, I will bring solutions forward and advocate for just, equitable, and compassionate care for all Albertan children

Wishing you and your loved ones a happy and healthy new year.



# DISCREET & CONVENIENT TEETH STRAIGHTENING





# COMFORTABLE:



Custom-made for each individual, Invisalign aligners ensure a comfortable and snug fit, eliminating the potential for irritation or discomfort associated with traditional braces.

### PREDICTABLE RESULTS:

Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.



#### **INVISIBLE APPEARANCE:**

Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetly.



# SHORTER TREATMENT:

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.



# REMOVABLE:

Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



# IMPROVED ORAL HEALTH:

Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.





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