

JULY 2024

DELIVERED MONTHLY TO 5,375 HOUSEHOLDS



hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER

STAMPEDE BREAKFAST

PAGE 5

COMMITTEE CHAIR

JOB POSTING

PAGE 10



We are participating in the new Canadian Dental Care Plan!

CALL TODAY AND BOOK YOUR FREE TEETH WHITENING OR ELECTRIC TOOTH BRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS AND CLEANING



WILLOWSIDE
dental

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580 Acadia Dr SE | 403.455.3220 | www.willowsidedentist.ca | Wheelchair accessible



WILLOWSIDE *dental*

We are participating in the new Canadian Dental Care Plan!
WELCOMING NEW PATIENTS



Dr. Lucas Curran
General Dentist



- Open on alternate Saturdays
- Emergencies welcome
- We direct bill your insurance

403.455.3220

www.willowsidedentist.ca

580 Acadia Dr SE

Second level

Entrance located on west facing side of building

 Wheelchair accessible

CALL TODAY AND BOOK YOUR FREE TEETH WHITENING OR ELECTRIC TOOTH BRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS, AND CLEANING. WE BILL IN ACCORDANCE WITH THE ADA FEE GUIDE.



**MR. MIKES
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+ HEATING**
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VALID WITH ANY REPAIR. COUPON MUST BE PRESENTED AT THE TIME OF REPAIR. CANNOT BE COMBINED WITH ANY OTHER OFFER. SUBJECT TO APPROVAL.



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**MR. MIKES
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+ HEATING**
403-520-2040

\$50

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VALID WITH ANY REPAIR. COUPON MUST BE PRESENTED AT THE TIME OF REPAIR. CANNOT BE COMBINED WITH ANY OTHER OFFER. SUBJECT TO APPROVAL.



**MR. MIKES
PLUMBING
+ HEATING**
403-520-2040

\$60

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on no-dig sewer & water line
replacement options



**MR. MIKES
PLUMBING
+ HEATING**
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**MR. MIKES
PLUMBING
+ HEATING**
403-520-2040

\$75

**OFF HOT WATER TANK
INSTALL**

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WWW.MRMIKESPLUMBING.CA/JOIN-OUR-TEAM



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MECHANIC
+ TIRE**
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403-474-2236
**MY CALGARY
MECHANIC
+ TIRE**

5% off
ALL TIRES

CALL FOR DETAILS.

OFFERS CANNOT BE COMBINED WITHOUT MANAGEMENT APPROVAL. ALL OFFERS ARE SUBJECT TO MANAGEMENT APPROVAL. WE RESERVE THE RIGHT TO DECLINE OFFERS.



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**MY CALGARY
MECHANIC
+ TIRE**

**FREE PICK-UP
&
FREE DROP OFF
&
FREE COURTESY CAR**

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403-474-2236
**MY CALGARY
MECHANIC
+ TIRE**

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FOR FIRST HOUR**

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403-474-2236
**MY CALGARY
MECHANIC
+ TIRE**

**\$10 Off +
\$10 Wipers
OIL CHANGE
& WIPERS**

CALL FOR DETAILS.

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Acadia Community Association Contacts

☎ 403-255-1252
 ✉ info@acadiaca.com
 📱 @acacalgary
 🌐 www.acadia.community
 📍 240 - 90 Avenue SE Calgary, AB T2J 6P6

Executives

Keith Simmons	President	president@acadiaca.com
Minh Badau	Vice President	vp@acadiaca.com
Ashley Chapman	Secretary	secretary@acadiaca.com
Adam Klimczak	Treasurer	treasurer@acadiaca.com

Directors

Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Shanon Crews	Board Director	shanon@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Jack Moddle	Board Director	jack@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Marina Munro	Board Director	marina@acadiaca.com

Coordinators

Good Food Box	Leslie Pinto	goodfoodbox@acadiaca.com
Newsletter	Benny Keys	helloacadia@acadiaca.com
Soccer	Trudy Corcoran	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	

Committees

Membership	Vacant	membership@acadiaca.com
Volunteers	Erica Lyn	volunteer@acadiaca.com
Communications	Vacant	communications@acadiaca.com
Events	Minh Badau	events@acadiaca.com
Playgrounds	Dana Mccarty	playgrounds@acadiaca.com
Roadways	Keith Simmons	roadways@acadiaca.com
Projects	Vacant	info@acadiaca.com
Governance	Vacant	governance@acadiaca.com
Grants/Fundraising	Shanon Crews	grants@acadiaca.com
Planning/ Development	Jack Moddle	planning@acadiaca.com
Community Engagement	Vacant	

Acadia Recreation Complex Management and Staff

General Manager	Jorge Da Silva	403-255-1252 ext. 224 gm@acadiarec.com
Curling Coordinator /Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Curling Operations	Craig Recksiedler	403-255-1252 ext. 226 craig@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Building Operations	Ross Scott	403-255-1252 ext. 233 ross@acadiarec.com

Acadia Community Contacts

MLA Calgary -Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Kourtney Penner	ward11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
CPS Community Resource Officer	Pavel Adaikin	padaikin@calgarypolice.ca
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada - Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada - Chinook Council		403-283-4993 253rdsouthheritagegroup@gmail.com





Acadia Community Association



STAMPEDE BREAKFAST

06 July 2024

\$5
PER NON-
MEMBER

FREE FOR
ACA
MEMBERS!

9AM - 11AM

ACADIA RECREATION COMPLEX

240 90 Ave SE

Join us for a rip-roaring good time!

Featuring

★ live music by "Two Shots of Tequila"
★ traditional presentations by Cree8
★ appearance by the Stampede Welcome Wagon

★ Western themed lawn games

★ Glitter tattoos & crafts

★ Petting zoo



www.acadia.community/stampede for more details!



MESSAGE FROM THE BOARD

Happy July y'all! It's prime summertime in Calgary and we're here for it!

Stampede Breakfast – July 6

Join us for a boot scootin' time! The ACA is thrilled to bring back the Stampede Breakfast event to the community of Acadia! Come out for a pancake breakfast, fun live performances, petting zoo, western themed carnival games, and glitter tattoos. You won't want to miss it! This event will run from 9:00 to 11:00 am and is free for ACA members and \$5 for non-members. Given the popularity of this event, pre-registration is highly recommended. Visit www.acadia.community/stampede for more details!

Cocktail Mixing Workshop – Saturday, July 27

Get ready to participate in a twist on the classic cocktail making class with Gnu Craft Spirits. Come to the ARC Social Lounge at 6:00 pm, to learn about this local distillery all while enjoying delicious cocktails you mix yourself! The cost per person is \$65. ACA members receive a \$5 discount. Each guest will receive a sample bottle of Gnu's multi-award-winning Gnu Normal London Dry Gin to take home, the recipes for their Gnu "go-to" cocktails, as well as a five-piece bar set. This is sure to be an informative and fun evening that you do not want to miss! Visit www.acadia.community/programs to register.

Youth Drop-in Program

In June, we tested the waters for a youth drop-in program at the ARC. We are going to pick this concept back up in September with the intent of providing our community's youth demographic a safe and fun place to go for positive engagement and to make friends. If you have ideas for theme nights or activities, please let us know by emailing info@acadiaca.com.

June Was Bike Month

Thanks to everyone who rolled out to celebrate Bike Month in Calgary! A special thank you to the volunteers who dedicated their time to make this event possible. We want to give a loud shout out to Bike Calgary for coordinating this event across Calgary. We also want to thank all our sponsors who contributed prizes for the raffle, we greatly appreciate your donations. To our local businesses, Ami-Tea, Energize Health, Good Bread, Trico Centre for Family Wellness, and the Alberta Tennis

Centre, thank you for participating by being a hot-spot for our local scavenger hunt!

Neighbour Day Was a Blast!

What a day we had celebrating the good neighbours of Acadia! It was so fun to see your lovely faces and participate in the city-wide observance of the neighbours who make our city what it is. Thank you to the residents of Ashley Crescent who banded together to garner up the support needed amongst neighbours to host this year's event. It was a close race and was incredible to see seven streets in Acadia nominated to host!

We greatly appreciate the vendors and local makers who participated in our mini market, our local talent who provided live music, and to all our volunteers who make this event possible. Our community is fortunate to have your love and support and we're looking forward to doing this again next year!

Movie in the Park - September 6

Acadia's movie night event is kicking off a month of Movies in the Park in coordination with Fairview Community Association (September 13) and Willow Ridge Community Association (September 20).

Vote for your movie pick at www.acadia.community/movienight.

Fall Fair is in September

We are looking for vendors to participate in this event. If you are interested in having your products, handmade goods or services on display at the Fall Fair, please contact events@acadiaca.com for more information.

New ACA Member Benefits

Did you know that your ACA membership provides you discounts to local Acadia retailers and amenities? Check out the full list of benefits at www.acadia.community/membership and grab your membership and view other I ❤️ Acadia business partner offers.

Are You Following Us on Social Media?

Keep up with us @acacalgary on our Facebook and Instagram social media platforms for the latest updates on all things happening with the ACA.

Your Acadia Community Association

Your ACA membership comes with special and exclusive offers from our

I ♥ Acadia Business Partners

Acadia Recreation Complex

- 15% off banquet hall, meeting rooms, curling arena and lounge bookings
- Discount rates for pickleball and squash/racquetball bookings

Energize Health - South Location

- Receive a FREE 30 min massage when you attend an initial physio or chiropractic appointment

Ami Tea & Sub

- Buy One - Get One 30% off!
- Discount applies to all Ami Tea locations in Calgary

Alberta Tennis Centre

- play for FREE in the ATC Bubble from June 1st - August 31
- Book courts 2 days in advance

Code Ninjas - 130th Ave SE

- One free gaming night per month

Scholars Willow Park

- 10% off all regular tutoring fees and summer camp fees

The Salt Lounge

- 15% off initial visit

Seeds of Success Early Learning Program

- 50% off registration fee

Scruples Hair Design

- First time clients receive 10% off all products and 15% off all services

Tek Custom Installs Inc.

- 25% off handyman rates.
- Minimum 2-hour booking per visit

www.acadia.community/membership

www.acadia.community/aca-partnership-program



WE ARE LOOKING FOR A
**COMMUNITY ENGAGEMENT
COMMITTEE CHAIR**
TO JOIN OUR TEAM!

KEY RESPONSIBILITIES:

- Strategically develop and execute an overarching schedule of programming that will benefit a diverse group of participants and bring value to residents.
- Oversee the logistics of the committee's operations and work.
- Support committee members with their roles as needed.
- Proactively seek programming opportunities and connect with service providers.
- Report to the ACA Board on the committee's work and recommendations.

HELPFUL SKILLS:

- Excellent organizational abilities and attention to detail.
- Exemplary written and interpersonal communication skills.

EMAIL VOLUNTEER@ACADIACA.COM FOR MORE INFORMATION AND TO APPLY!

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

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Located Three Blocks East of Chinook Mall
6125 Centre Street S, (403) 258-2506
WickerLand.ca

Acadia: A Good Food Box Depot!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price—approximately \$1 per pound of produce—and have those boxes delivered to the ARC for pick up.

All boxes contain the maximum amount of produce to ensure clients get the most value for the price. Clients can choose from three different box sizes (see below), and the program is available to everyone regardless of income level.

Box Size	Price	Weight
Small	\$30	15 to 20lbs* of fruits and vegetables
Medium	\$35	25 to 30lbs* of fruits and vegetables
Large	\$40	35 to 40lbs* of fruits and vegetables

*Please note that weights are approximate.

If you are interested in purchasing a Good Food Box for pick up at the ARC, please complete a request form at www.acadia.community/goodfoodbox or email goodfoodbox@acadiaca.com. Payment by e-transfer or cash is required at the time of ordering.

For upcoming 2024 order and pick up dates for the Good Food Box Program in Acadia, please refer to the chart below.

Note that there is no Good Food Box delivery in July. See below for August order deadlines.

Upcoming Good Food Box Order and Pick Up Dates

Order Deadline - Friday	Pick Up Date - Wednesday From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
August 16	August 28
September 13	September 25
October 11	October 23
November 8	November 20
November 29	December 11

Cleaning Services

- Dry Cleaning
- Tablecloths
- Napkins
- Table Skirts
- Chair Covers
- Massage Sheets
- Face Cradles
- Gym Towels
- Face Cloths
- Chef Coats
- Coveralls
- Microfibre Cloths
- Dish Rags

Mat Rentals

- Standard
- Waterhog
- Scraper
- Logo

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- Centre Pulls
- Toilet Paper
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Service Call Fee



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info@officialplumbingheating.ca
official-plumbing-heating.ca

What's Up at the ARC July 2024



HOME | Acadia Community
OF THE | Association

Acadia Community Association

ACA Memberships

Memberships are available online at www.acadia.community/membership or in-person at the ARC.

Family: \$25+GST | Individual: \$15+GST | Non-Acadia

Residents: \$25+GST

Facility Rentals

Rose Hall Banquet Room, Conference Rooms, Meeting Rooms, Curling Arena, and Lounge

ACA members receive 15% off room bookings. For rental inquiries and more information, contact Tannis at tannis@acadiarec.com, call at 403-255-1252, ext. 222, or visit acadiarec.com.

ARC Social Lounge

Closed until September.

Courts

Pickleball/ Squash/ Racquetball Courts

Come out and try these sports, no experience necessary!

Drop-In Prices: \$21 per hour/court for ACA Members | \$26.25 per hour/court non-members. Purchase punch cards (buy four hours, get an hour free) at our Front Desk during regular office hours.

Rental Rates: \$84 for ACA members | \$105 for non-members. Call us at 403-255-1252 or book courts online at acadiarec.com.

Wallyball Courts

\$31.50 per hour/court for ACA Members | \$36.75 per hour/court for non-members. Purchase punch cards (buy four hours, get an hour free) at our Front Desk during regular office hours. \$126 for ACA members | \$147 for non-members.

Drop-in Information

Drop-in AM Session | Monday to Friday | 9:00 am to 12:00 pm.

Drop-in PM Session | Monday to Tuesday | Beginner and Intermediate.

Drop-in PM Session | Thursday to Friday | Intermediate and Advanced.

All prices include GST.

Call us at 403-255-1252 or book courts online at acadiarec.com.

Curling

Closed for the season.

Arena and Skate

Closed for the season.

Events at the ARC

Blood Services

Saturday, July 27 | 9:00 am to 2:00 pm

Please book online at blood.ca or call 1-888-2-Donate.

Childcare Provider Coming Soon!

Seeds of Success Early Learning Program

Sadaf Fridos | 403-796-4657 | info@seedsofsuccess.kids

Summer Camps

Fitset Ninja

July 2 to August 23, 2024 | Monday to Friday | 8:00 am to 4:30 pm

For more information, please visit fitsetninja.com.

Juvenescence

July 2 to August 30, 2024 | Monday to Friday | 7:00 am to 6:00 pm

For more information, please visit juvenescence.com/summer-camp-2024.



SCAN HERE TO VIEW ADDITIONAL
ACADIA CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics





WE ARE LOOKING FOR A **COMMUNICATIONS COMMITTEE CHAIR**

KEY RESPONSIBILITIES:

- Strategically plan marketing efforts and oversee the creation of materials for the ACA's website, newsletter, and social media channels.
- Motivate, support, and assist committee members with their roles as needed.
- Oversee the logistics of the committee's operations and work.
- Report to the Board on the committee's work and recommendations.

HELPFUL SKILLS:

- Exemplary written and interpersonal skills.
- Excellent organizational abilities and attention to detail.
- Knowledge of social media best practices.
- Branding, copywriting, creative, graphic design, marketing, and/or social media experience.

EMAIL VOLUNTEER@ACADIACA.COM FOR MORE INFORMATION AND TO APPLY!

ACA Volunteer Callout - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. There are a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply please contact volunteer@acadiaca.com or visit www.acadia.community/volunteer.

Communications Committee Chair: We need someone to take on the communications committee chair role to oversee support for ACA communications, including the acadiaca.com website, *Hello Acadia* newsletter submissions, and our social media accounts. If you have experience in general digital communications and would like to learn more about this great opportunity, please get in touch today!

Community Engagement Committee Chair: Community programming is such an important cornerstone for a healthy and happy community. We are looking for someone who has a passion for facilitating programs for groups including but not limited to youth, mom & tots, and seniors. Contact us today for more information about what this role is all about.

Social Media Coordinators: Our social media team could use some more helping hands! There are so many exciting things happening in the community of Acadia, and we want to keep everyone informed and connected! We are looking to grow our social media team, and if you have experience in social media engagement and growth, please talk to us today!

Stampede Breakfast: Stampede is about the community getting together, and we need people to help us execute this event! There are roles to set-up and take down the decor, tables, and chairs for the event. As well as in the areas of food prep, food servers, ticket control officers, carnival game leaders, and kids' activities attendants. Volunteers receive free admission for their family as well as priority front-of-line access for their family members. There's also time for volunteers to enjoy all the festivities with their family. Reach out to us today!

Event Committee Members: Every fun event you've attended or heard about relies on key people to bring the plan together and execute it seamlessly. The events committee is currently looking for people who have a passion for specific events and would like to take the lead for these events on an ongoing annual basis. These events include Winter Carnival, Easter Egg Hunt, Neighbour Day, Stampede Breakfast, Movie in the Park, Fall Festival, BrewFest, and the Holiday Party. The success of these events relies heavily on our amazing community volunteers. We hope you will consider joining us and bring your creative touch to these awesome events!



We are searching for
Volunteers

Acadia Community Association is bringing some great events to the Acadia community in 2024!

Email volunteer@acadiaca.com to express your interest in supporting events such as:

WINTER CARNIVAL
STAMPEDE BREAKFAST
BIKE PARADE | MOVIE IN THE PARK
NEIGHBOUR DAY | BREWFEST
KIDS' CHRISTMAS PARTY
AND MANY MORE!



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ACADIA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: \$50 for a hockey bag full of gear. We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

ACADIA CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Acadia. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

YOUR HANDYMAN: All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email marcinj09@gmail.com.

DTA RENOVATIONS & HANDYMAN SERVICES: We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

AFFORDABLE DENTAL CARE MINUTES FROM ACADIA! Dental doesn't need to break the bank! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

CAMPBELL ROOFING - FREE ESTIMATES: Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business." Call Grant at 403-975-1371. Thank you, customers, for all your previous support!

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CS HANDYMAN SERVICES: Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

CERTIFIED LYMPHATIC THERAPY: Helps with pain relief, reducing swelling, circulation, detox and rejuvenation of our bodies, to name a few of many benefits. This treatment is natural, gentle, and relaxing. Save 10% on your first visit. Call Denise at 587-700-1246 or email deniseengel.lymph.clt@gmail.com. Located at #105 11500 29 St SE.

ACADIACALGARY.CA: See all homes for sale and homes sold recently in Acadia at AcadiaCalgary.ca.

EXPRESS APPLIANCE REPAIR: We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

RENOVATION/DEVELOPMENT IN ACADIA: Complete interior and exterior general contracting services. Kitchens, baths, basements, media rooms, home offices, decking, fences, garages. Free estimates, references, warranty. J.D. Meyer Construction Ltd. Cell: 403-831-4645. Website: www.JDMeyerConstruction.ca.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

MOVING/ESTATE SALE: Everything must go! Tools, sports & camping equipment, household furnishings, etc. July 5, 6, 7 from 8:00 am to 5:00 pm. 383 Acadia Dr SE.

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 **the Gutter Doctor** 403-714-0711
gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



ACADIA COMMUNITY ASSOCIATION

2024 EVENTS

WINTER CARNIVAL

Fun carnival games, s'mores around the fire, horse-drawn wagon rides.

Feb
10

ACA SOCIAL NIGHTS

Meet & greet with ACA board members and coordinators over drinks and board games in the ARC Social Lounge. Occurs every second month.

EASTER EGG HUNT

Kids can hunt for eggs filled with fun treats at one of Acadia's many parks.

Mar
30

COMMUNITY CLEANUP

Get started on your spring cleaning and get rid of your unwanted items for free.

May

BIKE PARADE

Decorate your bike with streamers & balloons & join the ride.

May
25

NEIGHBOUR DAY

Bringing Acadians together for a fun block party!

Jun
15

STAMPEDE BREAKFAST

Pancake breakfast with live music, line dance lessons and petting zoo.

Jul
6

PARADE OF GARAGE SALES

Shop for unique treasures as the entire community opens shop!

Jun
22/23

MOVIE IN THE PARK

Enjoy a fun family movie under the stars in one of Acadia's greenspaces!

Sept
6

FALL FESTIVAL

Food trucks, kids' business fair, glitter tattoos & fall themed activities. Local Acadian businesses on site to showcase their offerings.

Sept
28

SOUTHEAST BREWFEST

The most anticipated ACA event of the year! Local craft breweries serve up their offerings for you to taste

Sept
19

ANNUAL GENERAL MEETING

The ACA Board and ARC staff will update the community on their activities, accomplishments & goals.

Sept

KIDS' HOLIDAY PARTY

Visit with Santa, decorate cookies, make crafts & eat fun holiday themed treats.

Dec
7

HOLIDAY LIGHTS CONTEST

Light up Acadia this holiday season. Prizes in various categories to be won!

Dec



DISCREET & CONVENIENT TEETH STRAIGHTENING



*"Your Oral Health
Is Our Priority"*

COMFORTABLE:



Custom-made for each individual, Invisalign aligners ensure a comfortable and snug fit, eliminating the potential for irritation or discomfort associated with traditional braces.



PREDICTABLE RESULTS:

Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.

INVISIBLE APPEARANCE:



Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetly.



SHORTER TREATMENT:

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.

REMOVABLE:



Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



IMPROVED ORAL HEALTH:

Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.



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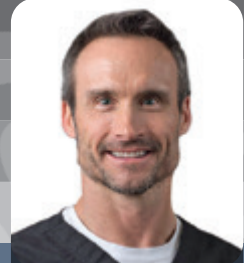
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