

FEBRUARY 2026

DELIVERED MONTHLY TO 5,700 HOUSEHOLDS

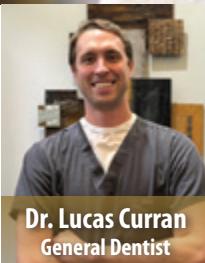


# hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER

**WINTER CARNIVAL**  
**PAGE 3**

**VELVET MIDWAY**  
**PAGE 5**



## New technology: Needle-free laser dentistry

CALL TODAY! FREE TEETH WHITENING OR ELECTRIC TOOTHBRUSH INCLUDED WITH  
YOUR COMPLETE EXAM, X-RAYS, AND CLEANING

We are participating in the Canadian Dental Care Plan

- OPEN ON ALTERNATE SATURDAYS
- EMERGENCIES WELCOME
- WE DIRECT BILL YOUR INSURANCE

580 Acadia Dr SE | 403.455.3220 | [www.willowsidedentist.ca](http://www.willowsidedentist.ca) | Wheelchair accessible



**WILLOWSIDE**  
*dental*



# WILLOWSIDE

## *dental*

**New technology: Needle-free laser dentistry  
and needle-free snore therapy – Call for free consult**



**Dr. Lucas Curran**  
General Dentist

**403.455.3220**

[www.willowsidedentist.ca](http://www.willowsidedentist.ca)

**580 Acadia Dr SE**  
Second level

Entrance located on west facing side of building



Wheelchair accessible

- Open on alternate Saturdays
- Emergencies welcome
- We direct bill your insurance
- We are participating in the Canadian Dental Care Plan

**CALL TODAY! FREE TEETH WHITENING OR ELECTRIC TOOTHBRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS, AND CLEANING.  
WE BILL IN ACCORDANCE WITH THE ADA FEE GUIDE.**



# WINTER CARNIVAL

BAKE  
SALE

CAKE  
RAFFLE  
\$2

**February 7, 2026  
at the ARC - 240, 90<sup>th</sup> Ave SE  
11am - 4pm**

Tickets at:

[acadiaca.com/wintercarnival](http://acadiaca.com/wintercarnival)

FREE FOR ACA MEMBERS  
\$5/NON-MEMBERS



Performance by En L'air Academy  
of Dance and Aerials

Horse drawn wagon rides

Carnival games and prizes

Cotton Candy - Popcorn - Hotdogs  
- Mini Donuts



# Acadia Community Association Contacts

403-255-1252  
 info@acadiaca.com  
 @acacalgary  
 www.acadia.community  
 240 - 90 Avenue SE Calgary, AB T2J 6P6

## Executives

Minh Badau	President	president@acadiaca.com
Ashley Chapman	Vice President	vp@acadiaca.com
Vacant	Secretary	secretary@acadiaca.com
Shanon Crews	Treasurer	treasurer@acadiaca.com

## Directors

Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Adam Klimczak	Board Director	adam@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Kris Dass	Board Director	kris@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Jack Moddle	Board Director	jack@acadiaca.com
Doris Johnson	Board Director	doris@acadiaca.com
Marco DeGregorio	Board Director	marco@acadiaca.com

## Coordinators

Good Food Box	Leslie Pinto	goodfoodbox@acadiaca.com
Newsletter	Emily Lewandowski	helloacadia@acadiaca.com
Soccer	Brooklyn Christopher	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	
Youth Program	Kris Dass	kris@acadiaca.com

## Committees

Membership	Vacant	membership@acadiaca.com
Volunteers	Vacant	volunteer@acadiaca.com
Communications	Vacant	communications@acadiaca.com
Events	Minh Badau	events@acadiaca.com
Playgrounds	Dana Mccarty	playgrounds@acadiaca.com
Traffic Safety	Chris Kalyn	traffic@acadiaca.com
Governance	Vacant	governance@acadiaca.com
Grants/Fundraising	Shanon Crews	grants@acadiaca.com
Planning/ Development	Jack Moddle	planning@acadiaca.com
Community Engagement	Vacant	community@acadiaca.com

## Acadia Community Association Staff

Executive Director	Cheryl Montgomery	403-255-1252 ext. 224 cheryl@acadiaca.com
Facility Manager	Justin Baranec	403-255-1252 justin@acadiaca.com
Food and Beverage Manager	James Lillico	403-255-1252 james@acadiaca.com
Events and Programming Coordinator	Sarah Bruinsma	403-255-1252 sarah@acadiaca.com
Curling Coordinator/ Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Guest Services	Emily Lewandowski	403-255-1252 ext. 221 emily@acadiarec.com

## Acadia Community Contacts

MLA Calgary-Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Rob Ward	CLWARD11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Chantelle Dur	chantelle.dur@cssd.ab.ca
CPS Community Resource Officer	Matt Forest	pol5067@calgarypolice.ca
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada – Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada – Chinook Council		403-283-4993 253rdsouthheritagegroup@gmail.com



FEATURING  
ROAMING  
PERFORMANCES  
BY CIRQUE DE LA  
NUIT



ACADIA  
COMMUNITY  
ASSOCIATION

# VELVET MIDWAY



SPARKLE, STYLE, SPECTACLE — A ROAMING COCKTAIL EXPERIENCE  
FILLED WITH GAMES, PERFORMERS, PRIZES, AND PURPOSE.

SUPPORT THE ACADIA COMMUNITY ASSOCIATION WHILE ENJOYING AN  
UNFORGETTABLE ADULTS' NIGHT OUT.



**FEBRUARY 7, 2026 @ 7:00PM**

THE ARC - 240, 90<sup>TH</sup> AVE SE

[ACADIACA.COM/VELVETMIDWAY](http://ACADIACA.COM/VELVETMIDWAY)





## MESSAGE FROM THE BOARD

Happy Valentine's Day Acadia! We hope your February is full of love, fun, and family.

### Winter Carnival

This year's Winter Carnival will be held at the ARC on February 7 from 11:00 am to 4:00 pm. The Winter Carnival is a yearly classic, and we are bringing back the hits! There will be a bake sale, cake raffle, dance performances, horse drawn carriage ride, carnival games, and so much more! We hope to see you there. This family-friendly event is free to ACA members, and \$5 per person for non-members. To learn more and grab tickets, please visit [acadiaca.com/wintercarnival](http://acadiaca.com/wintercarnival).

### Velvet Midway

Introducing a brand new adults-only event that will take place after our ever-popular Winter Carnival. Join us at the ARC on Saturday, February 7 from 7:00 pm to 12:00 am for a night inspired by vintage carnivals. There will be a performance by Cirque de la Nuit, live music, elevated canapés, carnival-style games, and more! We hope to see you there to help us break in our newest event, the start of many more new community events and programs to come! Visit [acadiaca.com/velvetmidway](http://acadiaca.com/velvetmidway) to learn more and purchase tickets.

### Join the Playgrounds Committee to Bring a New Playground to Acadia!

The Allandale Close Playground replacement project is officially kicking off, and we're looking forward to bringing a new recreational spot to Acadia. Thanks to everyone who has joined this project—we can't do this without you! The project is officially scheduled for replacement in late summer/early fall 2027 and there are so many activities that need to happen before then. To keep up to date on this project, visit [acadiaca.com/playgrounds](http://acadiaca.com/playgrounds) and follow us on Facebook and Instagram.

### Volunteer with the ACA - Make a Difference Where You Live and Play

Do you want to help shape the future of your neighbourhood? The ACA is driven by passionate volunteers who bring our community to life through exciting events, meaningful programs, and community enhancement projects and initiatives. If you've ever wanted to make a real impact where you live, now is the time. Whether you have a few hours a month or are ready to take on a leadership role, your contribution

matters. We are always accepting new volunteers, and with various roles to fill, there is something for everyone. Reach out to [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to learn more.

### Are You Following Us On Social Media?

Keep up with us on Facebook and Instagram @acacalgary for the latest updates on all things happening with the ACA.

*Your Acadia Community Association*

Friday, March 6, 2026, 6:30 pm

JOIN US FOR A FUNDRAISER

FEATURING:

- Concert
- Silent Auction
- Delicious Desserts

Purchase Tickets here:

Sweet Spring Notes

A Tasty Mix of Music and Treats

Adults \$20  
Kids \$10

McDougall UNITED CHURCH

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

### SCAN HERE TO VIEW ADDITIONAL ACADIA CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Your ACA membership comes with

special and exclusive offers from our

I ❤ Acadia Business Partners

**Acadia Recreation Complex**

- 15% off banquet hall, meeting rooms, curling arena and lounge bookings
- Discount rates for pickleball and squash/recquetball bookings

**Energize Health - South Location**

- Receive a FREE 30 min massage when you attend an initial physio or chiropractic appointment

**Ami Tea & Sub**

- Buy One - Get One 30% off!
- Discount applies to all Ami Tea locations in Calgary

**Alberta Tennis Centre**

- play for FREE in the ATC Bubble from June 1st - August 31
- Book courts 2 days in advance

**Code Ninjas - 130th Ave SE**

- One free gaming night per month

**Scholars Willow Park**

- 10% off all regular tutoring fees and summer camp fees

**The Salt Lounge**

- 15% off initial visit

**Scrubies Hair Design**

- First time clients receive 10% off all products and 15% off all services

**Tek Custom Installs Inc.**

- 25% off handyman rates.
- Minimum 2-hour booking per visit

**Varsity Law**

- 40% off Estate Plans



ACADIA  
COMMUNITY  
ASSOCIATION

[www.acadia.community/membership](http://www.acadia.community/membership)

[www.acadia.community/aca-partnership-program](http://www.acadia.community/aca-partnership-program)

We are searching for  
**Volunteers**

Acadia Community Association is bringing some great events & initiatives to the Acadia community in 2026!

Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:

**WINTER CARNIVAL | EASTER EGG HUNT  
STAMPEDE BREAKFAST | SOCCER PROGRAM  
YOUTH DROP IN | BIKE PARADE  
MOVIE IN THE PARK | NEIGHBOUR DAY  
FALL FAIR | KIDS' HOLIDAY PARTY  
AND MANY MORE!**



**Ryan M.R. Robertson**  
REALTOR®/Architectural Technologist

**Thinking about buying or selling?  
We can help!**

**Your trusted partner in Calgary real estate**

Whether you're purchasing your first home, upgrading, or selling, we'll guide you through every step with integrity and personal care.

(403) 969-0399

[RyanMRRobertson@gmail.com](mailto:RyanMRRobertson@gmail.com)

[baxterandassociates.ca](http://baxterandassociates.ca)

**Local expertise. Honest advice. Real results.**

**OFFICIAL**

**PLUMBING & HEATING**

**Furnace Install & Repair**

**Plumbing Services**

**Drain Cleaning**

**Boiler Install & Repair**

**Electrical**

**\$50**

**Service Call Fee**



**403-837-4023**

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

# COLOURING PAGE

*Sponsored by Great  
Heights, Calm Minds  
Psychology*

**GREAT HEIGHTS, CALM MINDS**  
PSYCHOLOGY | ADHD | AUTISM | ANXIETY | GIFTEDNESS | MORE

**CHILD & TEEN  
COUNSELLING** + ASSESSMENTS FOR ALL AGES  
& PARENTING SUPPORT

**403-879-6425**

[www.GreatHeightsCalmMinds.com](http://www.GreatHeightsCalmMinds.com)

## Daily Visual Journal



what self-care did I practice?



How did I move my body?



How did I nourish my body?



One thing to improve  
on tomorrow



**WHOLE BODY HEALTH IS MENTAL HEALTH  
BE KIND TO YOURSELF, ONE DAY AT A TIME.**



# What's Up at the **ARC**

ACADIA  
RECREATION  
COMPLEX

Home of the Acadia Community Association



Facility  
Rentals



New  
Programs



Special  
Events

The ARC has multiple rooms that are available to rent for functions. There is also 10 sheets of curling ice and a hockey arena.

The ARC offers a variety of programs throughout the year, like recreational, wellness, and community activities, for all ages!

There are multiple yearly events hosted at the ARC. Check out our wide array of special events that are fun for the whole family!

Visit our website through the QR code  
above to see all that the ARC has to offer!



# ACADIA COMMUNITY ASSOCIATION

# 2026 EVENTS

## WINTER CARNIVAL

Fun for the whole family!  
Carnival games, s'mores  
around the fire, horse-  
drawn wagon rides.

**Feb 7**

## BIKE PARADE

Decorate your bike with  
streamers & balloons & join  
the group ride to Acadia  
to kick off  
Bike Month!

**May 30**

## SOUTHYEAST BREWFEST

Local craft breweries serve  
up their offerings for you to  
taste!

**Oct 17**

## VELVET MIDWAY

Adult Winter Carnival Gala.  
Upscale roaming cirque  
performers, with live music,  
cocktails, and  
canapes.

**Feb 7**

## NEIGHBOUR DAY

Bringing Acadians together  
to celebrate community at  
the block party!

**Jun 20**

## KIDS' HOLIDAY PARTY

Visit with Santa, decorate  
cookies, make crafts & play  
games!

**Dec 5**

## EASTER EGG HUNT

Kids can hunt for eggs filled  
with treats at one of  
Acadia's many parks.

**Apr 4**

## STAMPEDE BREAKFAST

Pancake breakfast with live  
music, line dance lessons  
and petting zoo.

**Jul 4**

## HOLIDAY LIGHTS CONTEST

Light up Acadia this holiday  
season. Prizes in various  
categories to  
be won!

**Dec**

## COMMUNITY CLEAN UP

Get started on your spring  
cleaning and get rid of your  
unwanted  
items free.

**May**

## MOVIE IN THE PARK

Enjoy a fun family movie  
under the stars in one of  
Acadia's greenspaces!

**Sep 4**

CHECK  
[ACADIACA.COM](http://ACADIACA.COM)  
FOR NEW EVENTS AND  
PROGRAMS BEING  
ADDED ALL THE TIME!

# ACA Volunteer Callout - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. We need your help to keep our organization and programs running smoothly. We have a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply please contact [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

## Winter Carnival – February 10

Our annual Winter Carnival has been a big hit over the past years, and we are in need of volunteers to make it a success once again. Reach out to us to help decorate the hall, run carnival games, serve food, and guide kids at the craft tables. There is no shortage of ways to participate so contact us today to inquire about what role would be most suitable for you!

## Soccer Coaches Needed

We are looking for experienced individuals to lead practices for our new U4 to U12 soccer program. You will be working under the direction of the Soccer Program Coordinator to help players improve performance, strategize on player positions, and develop an on-field strategy. If you are passionate about coaching kids' soccer, visit [www.acadiaca.com/soccer](http://www.acadiaca.com/soccer) for more information and reach out to us to apply at [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

## Event Committee Members

Our events bring our community together, and we are looking for enthusiastic volunteers to support our Events Committee. Working alongside our Events Coordinator, Sarah Bruinsma, committee members help plan and deliver beloved annual events such as Winter Carnival, Easter Egg Hunt, Bike Parade, Neighbour Day, Stampede Breakfast, Movie in the Park, Fall Fair, and the Kids' Holiday Party. Whether you can help with one event or several, your involvement plays a key role in creating high-quality, community-centred experiences for our neighbours.

Reach out to [events@acadiaca.com](mailto:events@acadiaca.com) if you can help plan and organize one of these events, or if you have any questions on how you can help!

## Membership Committee Chair

Our membership is the heart of our organization, and we are looking for a motivated individual to lead this important committee. The Membership Committee Chair helps strengthen member engagement, retention, and growth by welcoming new members, supporting a positive member experience, and providing insight and recommendations to the Board on membership trends, structures, and opportunities. This is a great role for someone who enjoys building relationships, thinking strategically, and making a meaningful impact in our community. Please reach out today if you have the ability to take on this very impactful role!

## Grants Writer

Grant funding is essential to our ability to deliver inclusive programs, events, and services for our community. We are seeking a volunteer Grants Writer to research and write funding applications that help make this work possible, while also building valuable, transferable skills. This role offers hands-on experience in grant research, persuasive writing, and working with nonprofit leadership—all while directly enabling programs that strengthen connection, belonging, and access in our community. Reach out today to see how you can make a lasting impact on where you live, work, and play!



# PLUMBER

**PLUMBOB Father and Son**



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**

# A Good Food Box Depot in Acadia!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price – approximately \$1 per pound of produce – and have those boxes delivered to the ARC for pick up. Note that prices have increased for 2026.

Due to seasonal availability, the contents of each box cannot be guaranteed. However, all Good Food Boxes contain the maximum amount of produce available to ensure clients get the best value for the price. There are three box sizes to choose from, and the program is available to everyone regardless of income level.

Box Size	Price	Weight
Small	\$35	15 to 20lbs* of fruits and vegetables
Medium	\$40	25 to 30lbs* of fruits and vegetables
Large	\$45	35 to 40lbs* of fruits and vegetables

\*Weights are approximate.

If you are interested in purchasing a Good Food Box, please complete the contact form online at [acadiaca.com/goodfoodbox](http://acadiaca.com/goodfoodbox) or email [goodfoodbox@acadiaca.com](mailto:goodfoodbox@acadiaca.com). Once your order is confirmed, payment instructions will be sent to you. Payment must be made within one day of the order deadline. Boxes are available monthly and can be picked up at the Acadia Recreation Complex, 240 - 90 Ave SE. Visit our website [acadiaca.com/goodfoodbox](http://acadiaca.com/goodfoodbox) for more details.

## Good Food Box Order Deadlines and Pick Up Dates For 2026

Order Deadline - Friday	Pick Up Date - Wednesday
	From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
March 6	March 18
April 10	April 22
May 1	May 13
May 29	June 10
July 10	July 22
August 7	August 29
September 4	September 16
September 25	October 7
October 23	November 4
November 27	December 9

Please note there is no Good Food Box pick up for the month of February.

For business classified ad rates contact  
Great News Media  
at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Acadia. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**ACADIA MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**ACADIA CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Acadia. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email [service@expressappliance.ca](mailto:service@expressappliance.ca).

# BUSINESS CLASSIFIEDS

**STAMPEDE PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers, gasfitters & HVAC technicians. Water heaters, furnaces, boilers, air conditioning/heat pumps, drain cleaning, leaks, Poly-b replacement and renovations! Competitive prices with quality, 24-hour service! Stampede Plumbing and Heating. Established 1998. Call 403-225-1037. [www.stampedeplumbingandheating.com](http://www.stampedeplumbingandheating.com).

**PAINTER SERVICING ACADIA:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. [www.fivestarpainting.com](http://www.fivestarpainting.com).

**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email [marcinj09@gmail.com](mailto:marcinj09@gmail.com).

**DENTAL CARE ... AFFORDABLE, ACCESSIBLE & ESSENTIAL!** Easy drive from Acadia. 100% coverage means no cost to you. All dental insurance accepted, direct billing OAC. Consistency with dental staff. No fluff, no frills. Call 403-272-7272 or 403-287-6453 today or book online at [calgarydentalcenters.com](http://calgarydentalcenters.com). Est. 1989. Tax receipt same day. Save money, live better!

**BLUE ROCK PSYCHOLOGY:** Located at 8500 Macleod Trail SE (Heritage Square). We offer evidence-based therapy for adults, couples, and teens in a supportive, caring environment. Take the first step toward meaningful change. Learn more by visiting <https://bluerockpsychology.ca> or call (587) 436-4797 to get started!

**SOLEFUL HARMONY MOBILE FOOT CARE:** Experience professional foot care in the comfort of your home. As a nurse, I provide comprehensive lower limb assessments and treatments, including nail trimming, callus reduction, and ingrown nail care. I also offer nail reconstruction. Direct billing is available for Seniors Blue Cross with a doctor's prescription. Call today! 403-966-4415.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**DTA RENOVATIONS & HANDYMAN SERVICES:** We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or [dta.renovations@gmail.com](mailto:dta.renovations@gmail.com).

**HUNTER'S HEATING AND COOLING:** Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality York and Napoleon (Napoleon is Canadian made) air conditioners and furnaces, Navien Tankless water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit [www.huntersheating.com](http://www.huntersheating.com).

**LA TORINO TRATTORIA OFFERS CASUAL FINE DINING ITALIAN CUISINE IN SE CALGARY:** Experience authentic Italian countryside flavours, warm hospitality, and traditional family recipes made with farm-fresh ingredients. From handmade pastas to classic favourites, enjoy a welcoming atmosphere perfect for date nights, family dinners, and unforgettable meals for everyone who visits. <https://latorino.ca/> #105 12445 Lake Fraser Dr SE.

**OKONBOOKS PROFESSIONAL ACCOUNTING AND INCOME TAX SERVICES:** Experienced in public accounting CPA, CMA provides multiple year filings, mobile services, Canada personal and corporate tax preparation, bookkeeping, GST and source deduction. Please call 587-216-6640, email [okonbooks@gmail.com](mailto:okonbooks@gmail.com) or visit <http://www.okonbooksaccounting.com>.

**LYNNWOOD BUSINESS CENTRE:** Individual offices for lease, second floor walk-up, flexible terms, no long-term commitment, move-in ready, shared reception area. Ideal for small businesses, remote workers, consultants, professionals. In the heart of Lynnwood, easy access (Glenmore/Deerfoot). Call Connor at 587-293-3363 for information/tours. Visit [avisonyoung.ca](http://avisonyoung.ca) for pictures.

## REASONS TO BECOME A MEMBER OF THE



ACADIA  
COMMUNITY  
ASSOCIATION



### VOTE

Have a say and influence on issues that are most important to you. Have a passion for a new playground, public art, or more programming? Joining the ACA is how you get involved in shaping the community where you live!

### COMMUNITY HAPPENINGS

Keep up to date with all the happenings in the community, including new infrastructure developments, planning, traffic, events, programs, townhall meetings, ward news, and City news.

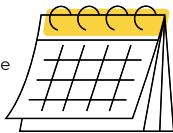


### MEMBERS ONLY PERKS

ACA members get discounts on various local area food and retail outlets. In addition, members get access to the ARC Social Lounge and 15% off room and ice bookings at the ARC for private events!

### FREE EVENTS

Most of our events are free or at a very reduced rate for members. The ACA hosts some great events each year, such as the Winter Carnival, Stampede Breakfast, Neighbour Day, and more!



### BE PART OF A COMMUNITY

Research shows that being part of a community and its association is vital to making sure your community is a great place to live, work, and play.

### ANNUAL MEMBERSHIPS ARE \$15-\$25

FIND OUT MORE AND PURCHASE AT  
[ACADIACA.COM/MEMBERSHIP](http://ACADIACA.COM/MEMBERSHIP)  
OR EMAIL [MEMBERSHIP@ACADIACA.COM](mailto:MEMBERSHIP@ACADIACA.COM)



### RINGETTE PROVIDES AN OPPORTUNITY TO...



[COMETRYRINGETTE.CA](http://COMETRYRINGETTE.CA)

#### REGISTER HERE



April is Come Try Ringette month, and there will be many sessions in Calgary.



### Give Your Parents Comfort with a Reverse Mortgage

- Extra income, no monthly payments
- Stay in the home they love
- Leave a living inheritance

Call today to give them freedom and peace of mind.



ANITA  
RUSSELL

403-771-8771  
[anita@anitamortgage.ca](mailto:anita@anitamortgage.ca)

Licensed by Avenue Financial

# Zomak Medical Clinic

## FAIRVIEW

Formerly Deerfoot Meadows Medical Clinic.  
(Now under new management.)

DOCTORS ACCEPTING PATIENTS  
PEDIATRICIAN AND INTERNAL  
MEDICINE SPECIALIST IN-HOUSE

### WHAT WE DO

- PEDIATRIC CARE**
- DRIVER'S MEDICAL**
- WOMEN'S HEALTH CARE**
- MEDICAL PIERCINGS**
- BABY'S GENDER DNA TEST**



 **403-251-2690**

**7640 Fairmount Dr SE**

**WE ARE JUST A  
PHONE CALL  
AWAY!**



# **GREAT NEWS MEDIA**

LEADERS IN COMMUNITY FOCUSED MARKETING

## **SHOP LOCAL**



Support the local businesses  
that make our neighbourhood  
thrive, and make this  
publication possible.

**403-720-0762**

[grow@greatnewsmedia.ca](mailto:grow@greatnewsmedia.ca)



SCAN ME



CUSTOMER SATISFACTION GUARANTEED

**Residential Landscaping**

**Landscape Construction**

**Year-Round Maintenance**

**Spring and Fall Cleanup**

**Commercial and Condo  
Property Management**

**Snow and Ice Removal**

**Address**

20 Sunvale Place SE, Calgary, AB T2X 2R8

**Call us now**  
(403) 256-9282

**Email us**  
[info@jacksonjackson.ca](mailto:info@jacksonjackson.ca)  
[contact@jacksonjackson.ca](mailto:contact@jacksonjackson.ca)



**[www.jacksonjackson.ca](http://www.jacksonjackson.ca)**

JOIN, REFER, OR UPGRADE FOR A

# CHANCE TO WIN



Join Today!



Stronger Together!  
Refer for a chance to win!



Upgrade to a  
membership!



Trico Centre is Calgary's destination for fitness, aquatics, and wellness!

- Award-winning 20,000 sq ft fitness facility
- 90+ weekly group classes
- Full aquatics and arena amenities
- Expert instructors recognized by Impact Magazine

To learn more about  
Trico Centre membership  
options, visit



[WWW.TRICOCENTRE.CA](http://WWW.TRICOCENTRE.CA)

## 1 YEAR MEMBERSHIP

JANUARY 1 - FEBRUARY 16



ATLAS LEGAL

**YOUR BURDEN,  
OUR SHOULDERS**

- PERSONAL INJURY
- WILLS & ESTATES



**✉ HELP@ATLASLEGAL.CA**

**🌐 ATLASLEGAL.CA**

**📞 825-205-6112**



**NOW OFFERING HOME VISITS IN ACADIA  
FOR YOUR CONVENIENCE!**



*Get a healthy  
smile with*



DENTAL

At Apple Dental Group, we take pride in being a family-focused dental office. Our mission is to make dental visits a positive and enjoyable experience.

In addition to English, the languages we offer include Arabic, Hindi, Gujarati, French, Urdu, and Punjabi. From toddlers to grandparents, we're here to cater to the unique dental needs of your family.

- A One-Stop Solution for Your Family's Dental Needs!
- Evening and Saturday Appointments Available
- We Accept All Dental Insurance
- Direct Billing for Insurance
- Invisalign

**10233 Elbow Dr SW, Suite #380, Calgary, AB, T2W 1E8**  
**Phone: (403) 640-4000 | [info@appledentalgroup.ca](mailto:info@appledentalgroup.ca)**  
**[www.appledentalgroup.ca](http://www.appledentalgroup.ca)**

\*A New Patient is defined as anyone who is coming to this clinic for the first time. A New Patient Exam is a Comprehensive Dental Examination by a General Dentist which does not include X-Rays or Dental Hygiene.