

AUGUST 2023

DELIVERED MONTHLY TO 6,660 HOUSEHOLDS

DOWN BY THE BAY

THE OFFICIAL AUBURN BAY COMMUNITY NEWSLETTER



AUBURN HOUSE

- AUTUMN SEASON PROGRAMS
- BAND 'N BREWS
- OUTDOOR MOVIE

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69 AUBURN BAY COMMON SE ~ \$210,000

Cute and cozy 1 bedroom condo in the heart of Auburn Bay just steps to a pond and walking path and about a 15 walk to the lake and all the other amazing amenities this fabulous lake community has to offer! 540 sq ft, 1 bed, 1 bath, underground parking, extra storage, and so much more!



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Over 3,300 sq ft of amazingly maintained living space in this beauty! This home is immaculate, with quality upgrades throughout including A/C, gorgeous kitchen with tons of counter space, white cabinets, gas cooktop, wall oven and so much more just in the kitchen! The rest of the home will blow you away with a spa-like ensuite, bonus room, large rooms, and an awesome finished basement. The list goes on and on!

"Inventory is still VERY low in Auburn Bay! This means it's a great time to sell your home if you have been considering it lately.

Many homes are selling in under a month for top dollar! We are still seeing most of the Auburn Bay inventory selling VERY quickly. If you want specific information on your home or neighbouring homes...call or text me anytime to chat about the Auburn Bay market and I'd be happy to answer any of your questions."

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DID YOU KNOW?

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, Queensland, and Walden.**

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- In-house Sport Science program to develop athleticism and prevent injuries.
- Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches.
- Verifiably Calgary's best soccer program with more resources and pathways to pro-am leagues for boys and girls.
- 8 Canadian National Youth Championships won.
- Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
- One of two founding franchises for the Project 8 women's professional league launching in 2025.



**calgaryfoothills
soccerclub**



INDOOR 2023/2024 REGISTRATION: Program details and online registration available **AUGUST 15TH TO SEPTEMBER 30TH** at www.gofoothills.ca



Summer is going by so quickly; we hope you are having a wonderful holiday.

Our Stampede Breakfast was another great success with over 2,300 people being served. We tried to do something different this year to help with correct garbage disposal by hosting a waste station where people simply deposited

their plates and items and volunteers sorted it accordingly, which allowed for us to be able to compost nine bags of food waste, which was half of the garbage collected. Hopefully, next year we will figure out an option for the plastic cutlery because that was the majority of the nine bags of garbage that we had to take to the dump for disposal. Everyone seemed to enjoy the wagon ride, petting zoo, DJ, and marching band. Thank you to all the amazing sponsors and volunteers that stepped forward to make this another successful event.

Remember that with the hot, dry weather comes the high risk of fires, please make sure that you dispose of any burning material accordingly. If you smoke at home, note that planters can be full of peat moss which can catch fire. Please don't toss lit cigarettes out of a vehicle window as most grass fires start that way.

The community garden continues to grow, and we are looking forward to another great year. We are still trying to find options to lock the water tote valves, to prevent them from being drained. We are just awaiting the delivery of the six fruiting trees that will be added to the site as part of the City of Calgary orchard program but expect that it will be a couple of years before we will see fruits: cherries, apples, and pears.

The City of Calgary's Farm Market Stand is back in Auburn Bay, with Broxburn Farms providing a variety of locally grown produce. The market will be set up in the Auburn Bay School parking lot on Saturdays from 4:00 to 7:00 pm. I had the opportunity to stop by and pick up some items to try and found that they were definitely more flavourful than store bought options.

I will have an update on the Casino Fundraiser held on July 26 and 27 in the next edition. I hope we will be able to find volunteers to fill the final few spaces.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. You can get a

small box (approximately 20 to 25lbs) for \$25, medium (30 to 35lbs) for \$30, or large (40 to 45lbs) for \$35, delivered once a month. Please check out the post on our website for the google form to place your order. Next order date is August 15 for August 25 delivery.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, Seniors Group, Grillers Group, Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

Finally, a reminder that the next CA online meeting will be September 13. These meetings are open to everyone, and we look forward to having you there for your input and participation. The links to join in the meeting are available on our website. We have also uploaded the minutes from the past meetings as well.

Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)

SCAN HERE TO VIEW ADDITIONAL AUBURN BAY CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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GAMES & PUZZLES

Guess That Canadian City!

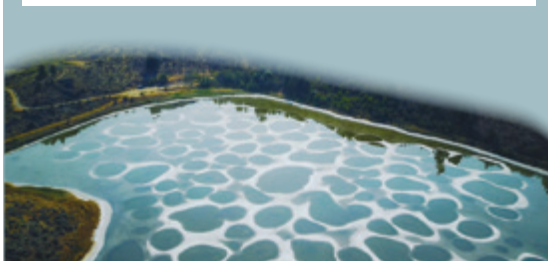
1. This city hosted Canada's first and only Summer Olympics in 1976.
2. Ginger beef was invented in this city in the 1970s.
3. Terry Fox began his "Marathon of Hope" in this city.
4. This city has the highest population and is the most visited in the country.
5. In the 1900s, illegal tunnels were built in this city to hide Chinese immigrants who were avoiding discrimination or who couldn't afford the head tax.
6. This town is dubbed the "polar bear capital of the world."



SCAN THE QR CODE
FOR THE ANSWERS!

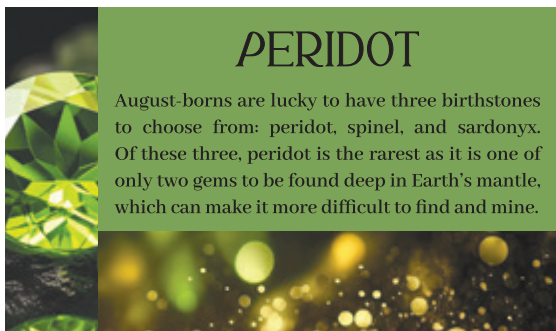
The Spotted Lake

Located near Osoyoos, BC, Spotted Lake is a mineral-rich body of water that evaporates every summer. Calcium, magnesium, and sodium sulphate deposits are left behind in small circular pools, each a different colour. It's no wonder that this otherworldly place is sacred to the indigenous Sylix people of Okanagan!



PERIDOT

August-borns are lucky to have three birthstones to choose from: peridot, spinel, and sardonyx. Of these three, peridot is the rarest as it is one of only two gems to be found deep in Earth's mantle, which can make it more difficult to find and mine.



BRAIN GAMES

SUDOKU

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6	8			7				9
1	9				4	5		
8	2		1				4	
		4	6		2	9		
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		9	3				7	4
	4			5			3	6
7		3		1	8			

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Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.





Auburn Bay Community Association Membership Form

**For your convenience, Auburn Bay Community Association Memberships are available online!
Visit www.AuburnBayCA.ca/Membership to purchase.**

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.
Memberships: \$25, per family.

Name: _____

Address: _____ Postal Code: _____

Contact Number: _____ E-Mail: _____

How many family members, including children: _____ Yes, please contact me about volunteering: _____

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit www.auburnbayliving.ca for more information. E-transfer Membership payment to finance@auburnbayca.ca

For a complete list of your CA membership discounts, please log into your profile online.



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City of Calgary – Bylaws for Helping to be a Better Neighbour

from the City of Calgary



Many concerns over what city bylaws are in place, please see <http://www.calgary.ca/CSPS/ABS/Pages/Bylaws-by-topic/Bylaws-by-topic.aspx> for a full listing.

Most of the concerns we hear about were pet related.

Cats:

- Under the Responsible Pet Ownership Bylaw, cat owners must ensure their cats:
- Have a City of Calgary license.
- Remain on the owner's property.
- Do not disturb the peace by howling or crying.
- Do not damage others' property.
- Do not scatter garbage.
- Do not chase, threaten, or attack a person or an animal.

Fines range from \$25 to \$1,500.

Dogs:

Under the Responsible Pet Ownership Bylaw, dog owners must ensure their dogs:

- All dogs must have and wear a City of Calgary licence as soon as they reach three months of age.
- All dogs must be on-leash at all times, unless posted signs indicate otherwise, or on property where the owner of the dog has the right of occupation.
- Dogs may not be left unattended while tethered.
- Dogs may only be transported in the back of a truck if the dog is in a fully enclosed trailer, a truck bed covered with a topper, contained in a ventilated kennel that is secured to the truck bed, or securely tethered and not standing on bare metal.
- Dog owners must ensure that they bring along a suitable means to pick up feces.
- Dog owners must pick up all feces produced by their dog both on and off their property.

- Dogs must be under control in designated off-leash areas. This means they must be in sight of their owners and respond to sight or sound commands.

Fines for failing to comply with the Responsible Pet Ownership Bylaw range from \$25 to \$1,500.

As a dog owner, you must ensure your dog does not:

- Bite anyone
- Injure anyone
- Chase, threaten or attack a person or animal
- Bark, howl or disturb anyone
- Cause damage to property or animals
- Scatter garbage

Dogs are not allowed in:

- School grounds
- Playgrounds
- Sports fields
- Golf courses
- Cemeteries
- Wading or swimming areas

While on a pathway, your dog must:

- Be on a leash no longer than two metres
- Remain on the right-hand side of the pathway
- Not interfere with or obstruct other users
- You may not cycle, skateboard or in-line skate with a dog on a leash while on a pathway.

If you know of a bylaw infraction and would like to report it to Animal and Bylaw Services, please call 311 (from within Calgary) or 403-268-CITY (2489) (from outside Calgary).

Hawaiian Rice Bowl

by Jennifer Puri



Ingredients:

- 2 medium size carrots
- 2 small beetroots
- 2 mini cucumbers
- 2 avocados
- 1 can pineapple tidbits
- 20 jumbo size shrimp (shelled and de-veined)
- 2 cups shredded lettuce
- 4 cups cooked white, brown, or black rice
- 6 tbsps. mayo
- 2 tbsps. siracha sauce
- 2 tbsps. rice vinegar
- 2 tbsps. olive oil
- 2 tbsps. soya sauce
- 4 tbsps. of coriander leaves or nori nori (dry seaweed)

Directions:

- Wash and peel carrots and beetroots and then cut, along with the cucumbers into small even sized pieces.
- Drain pineapple tidbits and set aside. Cut each avocado into half and then slice each half into four pieces.
- In a small bowl prepare dressing by combining the mayo, siracha, and rice vinegar.
- Heat two tbsps. of olive oil in a skillet or wok and then add the shrimp and stirfry for three to four minutes or until the shrimp turn pink and are cooked. Add two tbsps. of soya sauce and toss the shrimp in it and then remove from heat.
- Assemble four bowls by placing a cup of warm rice in each one and arranging the pineapple bits, carrots, cucumbers, beetroots, and lettuce around the edges of each bowl. Add the shrimp and avocado slices and top with siracha mayo dressing. Garnish with coriander leaves or nori nori if desired.

*You can substitute the shrimp for tofu and edamame or corn if you would prefer a vegetarian option.

Bon Appétit!

Rice is a grain that grows to 4ft. in height, produces small edible seeds, and thrives in warm, wet climates.

It is the world's largest food crop and evidence of rice farming, dating back ten thousand years, has been found in the Yangtze River valley of China.

There are two types of rice – Asian Rice and African Rice and the length and width of the rice (once it is cooked) determines if it is short, medium, or long.

White rice is more commonly consumed than brown, black, or red due to its ease of cooking and long shelf life. Rice should always be washed before cooking as it will rid the rice of any starch that may be attached to the grain. It also prevents the grains from sticking to each other during the cooking process.

China is the world's largest producer and contributes to the daily rice intake of 3.5 billion people in Asia, Africa, and South America.

Steamed, boiled, fried, or ground, rice shows up as an ingredient in Spain (paella), Italy (risotto), Japan (sushi), India (pillau), Malaysia (nasi lemak), Korea (bibimbap), Africa (jolloff), Brazil (galinhada), or in its simplest form poke or Hawaiian Rice Bowl.

Prep Time: 25 minutes

Cook Time: 5 minutes

Servings: 4



AUBURN BAY RESIDENTS ASSOCIATION CONTACT INFO

Auburn Bay Residents Association
c/o Auburn House

200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4
Office Tel: 403-537-2601, Office Fax: 403-930-6456

Website: www.AuburnBayRA.ca

Administration	Marilyn Alcock admin@auburnbay.org
Program and Events Manager	Jennifer Tait events@auburnbay.org
Program Coordinator	Jasmin Ladouceur Recprograms@auburnbay.org
General Manager	Chrissie Rozak gm@auburnbay.org

Hours of Operation

Auburn House Lake and Park Hours

Monday to Sunday: 9:00 am to 10:00 pm

Auburn House Regular Office Hours

Monday to Friday: 9:00 am to 5:00 pm



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Sponsor Recognition – NAIAD Irrigation Systems Ltd.

Thank you to NAIAD Irrigation Systems Ltd. for their continued support of the Auburn Bay Residents Association and for again being one of our top special event sponsors!

BAND 'N BREWS AT THE BEACH

AUGUST 19 | 3:00 - 7:00PM
Gate Opens @ 2:30pm

PGZ



Tickets @ AuburnBayRA.ca

Age 18+ | Auburn Bay Residents & Guests Only

Auburn House Band 'N Brews at the Beach A Beer Garden and Live Band Event Saturday, August 19 3:00 to 7:00 pm

Double-bill event with Playground Zone feat. BrokenToyz

Age 18+

Gate opens at 2:30 pm

This exhilarating event is returning to Auburn House this summer and is exclusively for our adult Auburn Bay residents and their guests. This year we're excited to announce our first double-bill performance with Playground Zone featuring BrokenToyz!

Get ready for an entertaining afternoon in the park where you can sing and dance to the music of a live band while enjoying the tastes of local brews and cider. Food will also be available on site for purchase. This will be an epic live music event you won't want to miss!

Visit AuburnBayRA.ca for tickets and all event details.

Movie Under the Stars

Friday, August 11

Fun starts at 7:00 pm | Movie at approximately 9:30 pm (sunset)

What could be better than a great movie on the big screen outdoors?

Head on down early and enjoy a variety of fun activities! Please bring your own chair, blanket, and movie snacks.

Please Note: The use of portable fire pits (propane fueled, or otherwise) are not permitted for use in the park.

Visit AuburnBayRA.ca for all event details.

*This event is for Auburn Bay residents only

Auburn House Fall Programs

Before we know it, the leaves will be falling and with that, we have a new season of amazing Autumn Programs at Auburn House! Registration for all Autumn programming will open August 1 for Auburn Bay residents and August 8 for non-residents.

Don't miss out on all we have to offer! With a variety of adult, youth, and specialty programs, there is something for everyone.

View the full Auburn House Autumn Program Guide online at AuburnBayRA.ca.

Register online at AuburnBayRA.ca or call 403-537-2601.

SWEATER WEATHER

Auburn House Fall 2023 Program & Events Guide



Resident registration opens: August 1, 2023
Non-resident registration opens: August 8, 2023

AUBURN HOUSE

MOVIE

Under the Stars

Friday, August 11, 2023
Fun starts @ 7:00 pm
Film starts @ 9:30 pm

AUBURN BAY RESIDENTS ONLY



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		Listed	Sold	Listed	Sold
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April	23	59	44	\$489,900	\$493,500
March	23	36	39	\$505,000	\$503,500
February	23	32	34	\$442,400	\$442,500
January	23	30	19	\$467,000	\$467,000
December	22	18	17	\$409,900	\$398,000
November	22	15	24	\$559,900	\$553,750
October	22	17	25	\$430,000	\$407,750
September	22	30	26	\$519,900	\$527,500
August	22	42	39	\$375,000	\$375,000
July	22	38	38	\$452,450	\$450,500

To view more detailed information that comprise the above
MLS averages please visit aub.mycalgary.com

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August EVENT
In Auburn Bay
Band 'N Brews at the
Beach 2023
August 19th
2:30-7pm



Market Report



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