

SEPTEMBER 2023

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DOWN BY THE BAY

THE OFFICIAL AUBURN BAY COMMUNITY NEWSLETTER



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SEPTEMBER 9**



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- 8 Canadian National Youth Championships won.
- Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
- One of two founding franchises for the Project 8 women's professional league launching in 2025.

INDOOR 2023/2024 REGISTRATION: Program details and online registration available **AUGUST 15TH TO SEPTEMBER 30TH** at www.gofoothills.ca

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69 AUBURN BAY COMMON SE ~ \$210,000

Cute and cozy 1 bedroom condo in the heart of Auburn Bay just steps to a pond and walking path and about a 15 walk to the lake and all the other amazing amenities this fabulous lake community has to offer! 540 sq ft, 1 bed, 1 bath, underground parking, extra storage, and so much more!



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"Inventory is still VERY low in Auburn Bay! This means it's a great time to sell your home if you have been considering it lately.

Many homes are selling in under a month for top dollar! We are still seeing most of the Auburn Bay inventory selling VERY quickly. If you want specific information on your home or neighbouring homes...call or text me anytime to chat about the Auburn Bay market and I'd be happy to answer any of your questions."

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It is hard to believe that we are rolling towards fall and the start of school next week. We hope you have all had a wonderful summer.

It has been surprisingly hot, with the City implementing water restrictions, which is the first I can remember in a number of years living in Calgary.

Which is why I want to remind everyone that we are at high risk for grass fires. Please make sure that you dispose of any burning material accordingly. If you smoke at home, note that planters can be full of peat moss which can catch fire, and I still see people tossing cigarette butts out their car windows.

We have planted our six fruit trees: three apple trees, two pear trees, and one cherry tree and look forward to the fruit they will provide the community in the coming years. Our one volunteer even got to enjoy the three apples that the one tree had, and she said they were quite delicious even if not fully ripened. We ended up having to hire a bobcat to come and drill post holes as the ground was rock hard and near impossible to dig up by hand. A huge thank you to all the volunteers that came out and provided their expertise. We even used some of the dirt to fill the hole by the curb, which didn't look too bad, but we had to use three wheelbarrows full to bring it up to level with the surrounding ground.

Unfortunately, the driver for Broxburn Farm recently quit and left them unable to find someone to host the market at Auburn Bay school. So, the City of Calgary's Farm Market Stand program had to cancel Auburn Bay for the remainder of this year.

We owe a huge debt of gratitude to all the amazing volunteers that came out to support our first Casino, we ended up only having to fill three spots with the advisors and Casino Volunteer crew. We all had a lot of fun visiting with each other while we awaited being called upon for our shifts, definitely something I would do again. We will know what our share of the quarter will be at the end of September when they split up the pool of funds. I hadn't realized how the casino fundraisers worked as I worried that it was a super slow night.

Now we can start planning for the replacement shed and the few upgrades at the community garden. We have been having a lot of issues with the water tanks

being drained overnight as a prank. It could be a lot worse though as Lakeshore Middle school was hit by rocks that smashed two of the large panes of glass at a substantial cost to us as taxpayers. Unfortunately, I wish I could say these are outsiders, but Copperfield CA got hit by vandals that burned down their free little library and stole a couple of bikes for a program at their community centre. Their cameras caught great shots of the youths who were recognized by a local resident as being from their community (10 to 12 years old). Also, in talking with the Porta Potty company we used at the gardens, she noted that ours being overturned was not an exception to all the damage they experienced this past year, especially in the SE. I noticed the other day that the large chair on the west side of Prince of Peace is missing all of their back boards, which would have had to be pulled off. I am not sure what we can do to help our youths understand that what seems like harmless fun does have a cost, whether it is the City's property taxes being used to cover graffiti, our taxpayers' money being used to replace smashed windows or fix vandalism of school equipment, or the countless hours volunteers donate to various projects around the community. I know a couple of years ago, some youths were tearing branches off the trees at the park by my house, and when I ran into one of the youths at an event, I asked him why. He really had no answer, so I asked him, "Why would you destroy your home?" For me, all of Auburn Bay is part of my home and I am so proud of all that we have accomplished in these past 18 years.

If you are a homeowner that is directly adjacent to the Blvd, Ave, or pedestrian access points, please note that you are officially responsible for the maintenance of the strip of grass between your home and the street, or the pedestrian access. Which means keeping weeds/grass to 15 cm (6") high and removing snow. If you notice any infractions, you can report it to the City of Calgary by calling 311. If you are in question of whose responsibility it is, 311 is able to confirm on their map whether an area is the responsibility of the City, RA, or homeowner.

Thank you to all the volunteers that were able to come out and help me replace all the broken tracks on the community signs. It will hopefully make changing the messages a lot easier, especially when it is unbearably cold and snowy.

Bylaws Related to Untidy Properties

We have created bylaws related to untidy properties in order to maintain safe and clean communities that people want to live in. Below is a summary of our regulations that relate to untidy properties:

- Loose garbage, yard waste, bottles, cans, boxes, household furniture, packaging materials, parts of machinery, equipment, appliances, and automobile parts must be stored so that they are not visible from outside of the property.
- Accumulation of offensive material is prohibited. This includes animal remains, animal feces and materials that create unpleasant odours or are likely to attract pests.
- Open or exposed storage of industrial fluid is prohibited — including engine oil, brake fluid, antifreeze, or any hazardous materials.
- Refrigerators and freezers stored outside must be locked or have the doors removed and must not be visible from outside the property.
- Building materials are not allowed to accumulate unless the owner can establish that construction or renovation is taking place or imminent. The materials must be stacked in an orderly manner and the amount of material must be reasonable for the planned project.
- Dilapidated vehicles are prohibited anywhere on private property unless housed inside a building (Land Use Bylaw).

Fines for violations of these regulations are between \$100 to \$500, depending on the violation.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. After many years they have had to implement a small price increase of \$5 per box. You can now get a small box (approximately 20 to 25lbs) for \$30, medium (30 to 35lbs) for \$35, or large (40 to 45lbs) for \$40, delivered once a month. Please check out the post on our website for the google form to place your order. Next order date is September 12 for September 22 delivery. I would like to thank Tracy S. for stepping forward to take over the pick-ups at her home starting August.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, Seniors Group, Grillers Group, Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

Finally, a reminder that the next CA online meeting will be September 13, followed by October 11. These meetings are open to everyone, and we look forward to having you there for your input and participation. The links to join in the meeting are available on our website. We have also uploaded the minutes from the past meetings as well.

Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)



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AUBURN BAY CONTENT**

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Auburn Bay Community Association Membership Form

**For your convenience, Auburn Bay Community Association Memberships are available online!
Visit www.AuburnBayCA.ca/Membership to purchase.**

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.
Memberships: \$25, per family.

Name: _____

Address: _____ Postal Code: _____

Contact Number: _____ E-Mail: _____

How many family members, including children: _____ Yes, please contact me about volunteering: _____

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit www.auburnbayliving.ca for more information. E-transfer Membership payment to finance@auburnbayca.ca

For a complete list of your CA membership discounts, please log into your profile online.

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Brunch Asparagus with Goat Cheese

by Jennifer Puri

Native to the Mediterranean, the roots of the asparagus plant can be traced back to the ancient Egyptians, Romans, and Greeks. Records show it was a prized vegetable in Rome during the Middle Ages. Asparagus saw a rise in popularity in France during the reign of Louis XIV and was enjoyed by fashionable society across Europe. Asparagus was always considered a luxury item until recent times.

Asparagus or “sparrow grass” has been referred to as the King of Vegetables and is low in calories, high in fiber and folate, and rich in vitamins, minerals, and antioxidants.

There are 300 species of asparagus and people have been eating these dark green vegetable spears with tiny leaves on top for centuries. Asparagus has a distinct flavour and is related to onions, leeks, and garlic. Green asparagus is eaten worldwide. White and purple asparagus are sweeter and more flavourful.

Contrary to popular belief, thickness is not an indication of toughness or tenderness. Asparagus stalks are thick or thin from the moment they spring from the ground.

Asparagus can be steamed, sautéed, grilled, or roasted as it is in the following brunch asparagus with goat cheese recipe.

Prep Time: 20 minutes

Cook Time: 25 minutes

Servings: 3 to 4

Ingredients:

- 1 lb. Asparagus spears
- 1 tbsp. Dijon mustard
- 2 tbsp. rice wine vinegar
- ½ tsp. salt
- ½ tsp. coarse ground black pepper
- ½ cup extra virgin olive oil
- 2 cups of cubed white, brown, or multigrain bread
- 2 cups of cherry tomatoes
- ½ cup of crumbled goat cheese or feta cheese
- 2 tbsp. of finely chopped parsley, basil, or chives



Directions:

- Prepare marinade by combining mustard, vinegar, salt, pepper, and olive oil in a small bowl. Stir until all ingredients are blended and form a smooth mixture.
- Heat Oven to 375 degrees Fahrenheit.
- In a medium size bowl, toss together bread cubes, cherry tomatoes, and 2 tbsp. of the marinade. Spread the bread cubes and cherry tomatoes in a single layer on a baking tray. Place tray on the middle rack of the oven and bake until bread cubes turn a light brown and cherry tomatoes have softened (approximately 12 minutes).
- Remove from oven and set aside.
- Increase oven heat to 400 degrees Fahrenheit.
- Prep the asparagus spears by rinsing under cold water and patting dry with paper towel. Remove and discard the tough bottom parts of the spears and then spread them in a single layer on a foil lined baking tray. Drizzle remaining marinade over the spears and then place on the middle rack in oven. Bake time is 8 to 10 minutes for thin spears, 10 to 12 minutes for medium spears, and 12 to 14 minutes for thick spears.
- Remove asparagus when cooked and arrange on a serving platter. Top with croutons, cherry tomatoes, crumbled goat cheese, and garnish with chopped fresh parsley, chives, or basil leaves.

Brunch asparagus with goat cheese can be served at lunch or brunch and pairs well with eggs, roast ham, chicken, or turkey.

Bon Appétit!



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AUBURN BAY RESIDENTS ASSOCIATION CONTACT INFO

**Auburn Bay Residents Association
c/o Auburn House**

**200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4
Office Tel: 403-537-2601, Office Fax: 403-930-6456**

Website: www.AuburnBayRA.ca

Administration	Marilyn Alcock admin@auburnbay.org
Program and Events Manager	Jennifer Tait events@auburnbay.org
Program Coordinator	Jasmin Ladouceur Recprograms@auburnbay.org
General Manager	Chrissie Rozak gm@auburnbay.org

Hours of Operation

Auburn House Lake and Park Hours
Monday to Sunday: 9:00 am to 10:00 pm
Auburn House Regular Office Hours
Monday to Friday: 9:00 am to 5:00 pm



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May	23	36	50	\$499,950	\$507,500
April	23	58	44	\$489,900	\$493,500
March	23	36	39	\$505,000	\$503,500
February	23	32	34	\$442,400	\$442,500
January	23	30	19	\$467,000	\$467,000
December	22	18	17	\$409,900	\$398,000
November	22	15	24	\$559,900	\$553,750
October	22	17	25	\$430,000	\$407,750
September	22	30	26	\$519,900	\$527,500
August	22	42	39	\$375,000	\$375,000

To view more detailed information that comprise the above
MLS averages please visit aub.mycalgary.com

Auburn House End of Summer Fireworks Spectacular

**Saturday, September 9 | Fun starts at 6:30 pm
Fireworks at approximately 9:00 pm (after sunset)**

Join Auburn House in celebrating the end of a great summer at the lake! Let's say farewell to summer with a bang and a spectacular fireworks display over Auburn Bay lake.

Fun festivities will begin at 6:30 pm. Bouncy houses and roving entertainment, plus the Calgary Mini Donut food truck will be on site with VHF Coffee to satisfy that sweet tooth and help to keep you warm! Be sure to get here early to enjoy the evening as we say goodbye to summer.

Please Note: The use of propane fueled, or otherwise, portable fire pits are not permitted for use in the park.

*This event is for Auburn Bay residents only. Membership cards are mandatory for access and are required from everyone. No card, no access.

Event Advisory

- For safety reasons, the lake will be closed prior to and during this event. There will be no boats, SUPs, nor watercraft or inflatables of any type permitted on the lake. We also ask that everyone stays out of the water during this time. This includes those who have lake access or lake shore properties.
- The boathouse will close for rentals at 7:00 pm (or earlier, if needed) in preparation for our event.
- Please also keep all dogs and pets safely indoors (preferably with human companionship) for the duration of the fireworks show. While fireworks are awesome for humans, they are frightening and overwhelming for pets.



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South Health Campus



Auburn House Fall Programs

The Autumn season and sweater weather has arrived, and with that comes an amazing new season of programming at Auburn House! Registration for all Autumn programming is currently open and ongoing. If you haven't signed up yet, don't wait any longer!

Look forward to new PD Day Camps, Sports Leagues, and Babysitting Nights!

Plus, don't miss out on the youth Home Alone course, Babysitter's course, and a new Brain Boost course.

Other popular favourites returning include:

- Parented programs
- Prince Basketball
- Sportball
- Karate
- Jr. Tennis
- Little Medical School
- Core Pilates
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- Reps & Steps
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Plus, more!

View the full Auburn House Autumn Program Guide online at AuburnBayRA.ca.

Register online at AuburnBayRA.ca or call 403-537-2601.

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National Day for Truth and Reconciliation Orange Shirt Day

Saturday, September 30 | 1:00 to 4:00 pm

The ABRA has partnered with the First Nations Arts Alliance for the 2023 National Day for Truth and Reconciliation and Orange Shirt Day.

On Saturday, September 30 from 1:00 to 4:00 pm, head on down to the Auburn House parking lot where you will have the opportunity to acknowledge this important day and support the Indigenous community. We will have Indigenous food trucks, handmade art and crafts, and orange t-shirts available for purchase provided by the First Nations Arts Alliance.

This event is open to everyone.

Visit AuburnBayRA.ca for more details.

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& THE FIRST NATIONS ARTS ALLIANCE

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Arts Alliance**

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Indigenous Arts, Crafts, & Culture

An event in honour of National Truth and Reconciliation Day

Saturday, September 30
1:00 - 4:00pm

Auburn House Parking Lot

- ~ Orange T-Shirt Sales
- ~ Indigenous Food Trucks
- ~ Indigenous Arts & Crafts



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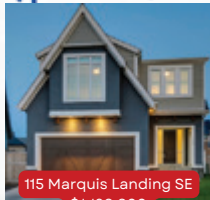
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