# DOWN BY THE BAY





## McKENZIE ORTHODONTICS

Certified Specialist in Orthodontics





403.262.3696 | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) - Orthodontist

YOUR AUBURN BAY REAL ESTATE SPECIALIST

## SHAWN RILEY



If you are looking for real estate help, call me! Since 1998, I have helped almost 1,000 families achieve their real estate dreams.

Over 150 homes sold in Auburn Bay, thank you!



#### 785 AUBURN BAY BLVD SE ~ \$779.900

Immaculate and perfectly located in the heart of Auburn Bay! 3 bedrooms, 3 bathrooms, main floor office space, upgraded kitchen with a walk through pantry, 3 sided fireplace and the upper level features an awesome bonus room, primary bedroom with a walk-in closet and full ensuite bathroom as well as 2 more bedrooms and another full bathroom! The basement awaits your finishing touches. This home is located across from a school and access to all the areas amenities is just around the corner! This well cared for home is sure to impress!



79 AUBURN MEADOWS GARDEN SE ~ \$629,900

This 4 bedroom, 4 bathroom home has it all! Located across the street from a park for the kids to enjoy, and the amenities along 52nd St are an easy walk away! Also only a short walk to the dog park makes this an awesome home at a great price! The main floor has a great open floor plan with a sunny living room, eating area and a kitchen at the rear of the home! Upstairs has 3 bedrooms and the primary bedroom has a full ensuite and a walk-in closet. The basement is completely finished for you to enjoy and the yard and deck have been completely redone so nothing more is needed out there!

A TRUSTED SOURCE FOR ALL OF YOUR AUBURN BAY REAL ESTATE NEEDS!

403.630.1223 shawnriley99@gmail.com www.shawnriley.ca











## Magic Carpet Ride Family Literacy Program



## A family that reads together, grows together.

The Magic Carpet Ride program is for 3-5 year olds and their parents or caregivers. We help families learn to use everyday activities to build a love of literacy and learning. Held at convenient locations across Calgary.

#### **FREE!** Contact us to learn more:

famlit@canlearnsociety.ca (403) 686-9300 ext. 128



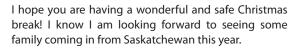
www.canlearnsociety.ca/magic-carpet-ride

## AUBURN BAY NOTES

#### **Auburn Bay Things to Note:**

- Parade of Lights Update -January Edition
- Shed Update
- New Volunteer Form/ Key Volunteers
- · Casino: January 3 And 4
- Fruit Tree Pruning

Happy Holidays everyone,

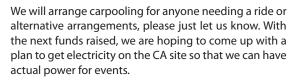


I will have a formal update on the Parade of Lights from November 30 in the next edition.

The old YYC green shed has finally been removed from the site and luckily there is just a small bit of work to do to level off the site, to let the grass take over once again. The new shed has working security lights and signage. We just have a couple of private property ones to add around the site. We have had a group of youths contact us to help out at the gardens (most of them are not from Auburn Bay), so I am looking forward to getting them to come out and help with a few projects.

We are still looking for some key volunteers to step forward and help with the future of the CA and Community Gardens, as my work life is getting busier, and many things are not getting the attention they need. Everyone keeps saying that they would like to be contacted by email/social media, but when I post items/ send emails there is almost no response. So please ensure to follow the Auburn Bay Community Association on Facebook and mark admin@auburnbayca.ca as a safe sender so that our emails don't go into your junk folder. We need your help/involvement!

Do you enjoy the Parade of Lights and Stampede Breakfast, want to see the Autumn in the Bay event happen next year? We need your help with our primary fundraising activity: the AGLC casino. Please see the links on Facebook, on our website, or visit https://www.signupgenius.com/go/9040A4EABA822A1FC1-50616152-abca#/ to sign up for a shift. The great news is that we got selected for January 3 to 4, 2025, which is the weekend and shifts are at the Deerfoot Inn & Casino.



I got to attend a fruit tree pruning session with the Calgary Horticultural Society and got to learn some great information. If you have fruit trees in your yards, fall is the time to prune, and the most you should be removing is 25% of the tree in a season. You can control the height of the trees to make harvesting easier, so next fall expect to be at the site to prune them back to a manageable size for the future. Additionally, we got a couple of "tree ring" watering systems and will be getting them in under some fresh mulch to help with watering/weed control.

Our new 55+ group continues to grow, so please ensure to share their information with others within the community that might be interested in socializing with other residents. They can be found on Facebook, by calling 403-744-5301, ext. 3, or by email at over55@ auburnbayca.ca for more information.

Plans for additional upgrades at the community gardens will continue to happen over the coming months, but we need some key volunteers to provide some input as to what they would like to see done. Please feel free to email us at gardens@auburnbayca.ca if you are interested in reserving a space for next year.

We have had a few new businesses approach us to be part of the discount program, we are looking forward to finalizing the details so that we can start sharing with the community. If you know of a local business that would be interested in some free advertising within the community, we have now created an online form for them to submit their proposals. Please check out our website and social media pages.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. Thank you to Shannon W. for offering to be the pickup point for our depot. You can now get a small box (approximately 20 to 25lbs) for \$30, medium (30 to 35lbs) for \$35, or large (40 to 45lbs) for \$40, delivered to Auburn Bay once a month. Please check out the post on our website for the

Google Form to place your order. The last one for this year is December 2 for December 13 delivery.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, Seniors Group, Grillers Group, Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

#### Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)



## A CHRISTMAS CAROL

The first edition of the Christmas classic A
Christmas Carol, written by Charles Dickens,
was originally published in London on December
19, 1843. This story was published as a novella by
Chapman & Hall and the first edition sold out by
Christmas Eve that first year!



Are you an Executor? Don't know what to do?



Geraldine Hampton, Estate Lawyer, can help.

Call now: 403-483-2020

Visit: estateoptions.ca





Are your home needs changing? Not sure of your next move?

Geraldine Hampton, Realtor<sup>®</sup>, can help.



**RF/MAX**° Real Estate (Mountain View)

Call now: 403-606-5776

Visit: geraldinehampton.com

## **Bylaws Related to Snow and Ice**

by the City of Calgary



Calgary winters are more safe and manageable when everyone pitches in to clear snow and ice. While the City does its part clearing roads, designated pathways, sidewalks, and other high-use public areas, section 67 of the Street Bylaw requires Calgary property owners to:

- Remove snow and ice down to bare surface from public sidewalks bordering their private property within 24 hours of a snowfall ending. Owners of rental properties are responsible for arranging for snow and ice removal when they reside elsewhere.
- Remove a minimum width of 1.5 meters of snow and ice – down to bare surface – from a public pathway bordering their property, also within 24 hours of a snowfall ending. Applicable pathways are those that run parallel and adjacent to a street, with or without separation between the pathway and street (e.g. a grass boulevard).
- · Pile snow from their private driveway or walkway on their own property (e.g. front lawn). Snow from a public sidewalk or pathway may be shoveled onto another public property, such as a road.

See below for further details and penalty information. Or download the Street Bylaw and refer to Section 67 for the full set of regulations for snow and ice control.

#### **Penalties for Failing to Remove Snow**

Property owners/occupants who do not comply with the bylaw and subsequent notices issued by the City may be subject to:

· An invoice to the property owner from the City for clearing the sidewalk on their behalf. The cost is a minimum flat rate of \$150 plus GST and an administration fee. The amount will be added to the owner's annual property tax if not paid by the invoice due date.

• A fine of \$250 to the property occupant for a first offence. Repeat offenders may be fined \$500 for a second offence, and \$750 for a third offence and each offence thereafter within a 12-month period. Tickets issued to repeat offenders may require a court appearance. Unpaid fines will be collected by Alberta Registry Service at the time of license or registration renewal.

#### **Reporting Problem Properties**

Report a sidewalk not cleared within 24 hours of a snowfall ending; include address or location details. To report other snow/ice issues, please visit our snow and ice concerns page.





## **CLEANING SERVICES**

- Regular Cleaning

- Move In/Move Out Cleaning
- Upholstery Cleaning
- Deep/Spring Cleaning Commercial Cleaning
  - Post-Construction Cleaning
- Carpet Cleaning
- ✓ Bonded & Insured ✓ Experienced Team
- ✓ Locally-Owned & Operated ✓ Satisfaction Guaranteed

Call us TODAY! 403-818-4371 ☑ info@cleanforyoubyvicky.ca

www.cleanforyoubyvicky.ca



# Auburn Bay Community Association Membership Form

For your convenience, Auburn Bay Community Association Memberships are available online! Visit www.AuburnBayCA.ca/Membership to purchase.

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.

Memberships: \$25 per family.

Name:		
Address:		Postal Code:
Contact Number:	_E-Mail:	
How many family members, including children	:	Yes, please contact me about volunteering:

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit www.auburnbayliving.ca for more information. E-transfer Membership payment to finance@auburnbayca.ca

For a complete list of your CA membership discounts, please log into your profile online.



## **Easy Turkey Chili**

by Jennifer Puri

Turkey is a large bird which is rich in protein and other nutrients such as iron, zinc, and selenium. It provides many of the same calories as chicken and most people are easily able to digest it.

Ground turkey is an inexpensive way to consume turkey and over the years has grown in popularity as a substitute for ground chicken. Rich in vitamins and minerals it can contribute to a healthy diet as it is low in fat. Dark meat is more flavourful but has more calories than white meat without the skin.

Turkey can be added to soups, salads, sandwiches, burgers, or Chili as shown in this Easy Turkey Chili recipe below.

**Prep Time:** 15 minutes **Cook Time:** 1 hour

## Servings: 6 Ingredients:

- 1 lb lean ground turkey
- 2 tbsps. olive or vegetable oil
- 3 garlic cloves finely chopped
- 1 medium yellow onion chopped
- 1 red bell pepper finely chopped
- 1 900 ml carton (low sodium) chicken broth
- 1 28 oz can diced tomatoes
- 1 small can corn niblets drained and rinsed
- 1 540 ml can black beans drained and rinsed
- 1 540 ml can red kidney beans drained and rinsed
- ½ tsp Chili powder
- 2 tsps. ground cumin
- 1 tsp dried oregano
- 1 tsp salt
- ½ tsp ground black pepper

#### **Directions:**

 In a large pot add olive or vegetable oil, chopped onion, garlic, and red pepper. Sauté the vegetables for 3 to 4 minutes until onions are softened and then add the ground turkey. Sauté the turkey for 4 to 5 minutes until cooked through.

- Add the Chili powder, ground cumin, oregano, salt and black pepper and continue to cook for a couple of minutes.
- Add the black beans, kidney beans, corn, and diced tomatoes and blend in with the turkey.
- Add the chicken stock and bring to a boil and then reduce heat and allow the Chili to simmer for approximately 45 minutes, stirring occasionally.
- Garnish the Turkey Chili with sour cream, shredded cheddar cheese and chopped coriander leaves or taco chips and sliced avocado if preferred.

#### Bon Appétit!



## SCAN HERE TO VIEW ADDITIONAL AUBURN BAY CONTENT

News, Events, & More Crime Statistics

Statistics

**Real Estate** 

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## SETON FAMILY DENTAL CENTRE



Proudly providing dental services in English, French, Spanish, Kutchi, Tagalog, Farsi, Somali, Korean and Vietnamese.







Open Late



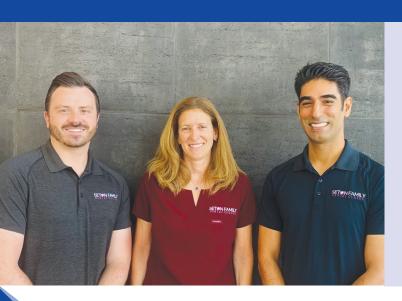
Open Saturdays



Free Parking

www.setonfamilydentalcentre.com Located in the Seton Professional Building

## Welcome to Seton Family Dental Centre



# GENERAL DENTISTS

Dr. Jake MacArthur, Dr. Andrea Piccoli, & Dr. Zahir Damji

## SETON FAMILY DENTAL CENTRE

## **DENTURIST**

Souheil Khalil



www.setonfamilydentalcentre.com
Located in the Seton Professional Building

## Partners in Your Oral Health

We will work as partners to achieve the best oral health for you and your family. Educating patients is our passion. Come in for a visit and tour the centre.

General Dentistry

Children's Dentistry

Sedation Dentistry

Cosmetic Dentistry

Dentures

**Dental Implants** 

Extractions

Invisalign

TMJ Treatment

Teeth Whitening

Sports Guards/Night Guards

Single Visit Crowns

All services provided by general dentists

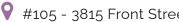


## Contact

To book an appointment, please scan the QR code or contact us using the information below:



info@setonfamilydentalcentre.com



#105 - 3815 Front Street SE





# Seton Remedy's Rx.



## **BOOK YOUR VACCINE ONLINE**

Monday to Friday 9am - 8pm Saturday 10am - 5pm



Vaccines start on October 15<sup>th</sup>. Walk-ins welcome starting October 21<sup>st</sup>.



Days FREE

Valid for first-time visitors only. Original coupon

required; no copies or digital versions accepted.

offer expires 12/31/2024

Some restrictions apply.

- Steam Rooms
- Towel Service
- Personal Training
- Health Services



710-19587 Seton Crescent SE (825) 407-9015



Auburn Bay Residents Association c/o Auburn House

200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4 Office Tel: 403-537-2601, Office Fax: 403-930-6456

#### Website: www.AuburnBayRA.ca

Administration Marilyn Alcock

admin@auburnbay.org

Events Manager Jennifer Tait

events@auburnbay.org

Program Manager Jasmin Ladouceur

Recprograms@auburnbay.org

General Manager Chrissie Rozak

gm@auburnbay.org

### **Hours of Operation**

Auburn House Lake and Park Hours Monday to Sunday: 9:00 am to 10:00 pm Auburn House Regular Office Hours Monday to Friday: 9:00 am to 5:00 pm



# **Auburn House Holiday Hours of Operation**

Happy Holidays from Auburn House!

The Auburn Bay Residents Association would like to wish you and your family a happy and safe holiday season! All the best wishes from our House to yours and a Happy New Year!

Please be aware of the reduced holiday hours of operation for the Auburn House facility, park, and lake.

December 24
 December 25
 December 26
 December 31
 January 1
 11:00 am to 5:00 pm
 12:00 to 4:00 pm
 11:00 am to 5:00 pm
 11:00 am to 5:00 pm
 11:00 am to 5:00 pm

Please be advised that the administration office will be closed on these dates.



# CONNECT WITH US! AUBURN HOUSE



FOLLOW US ON FACEBOOK!
Facebook.com/AuburnHouse



FOLLOW US ON INSTAGRAM!

Instagram.com/Auburn House



ASSOCIATION

## Sponsor Recognition - NAIAD Irrigation Systems Ltd.

Thank you to NAIAD Irrigation Systems Ltd. for their continued support of the Auburn Bay Residents Association and for again being one of our top special event sponsors!



## **Auburn House Winter Programs**

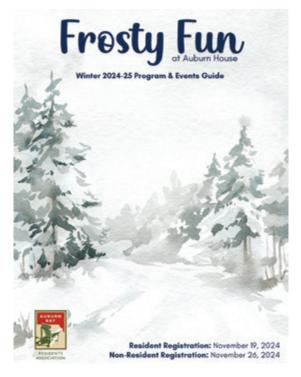
Get ready to embrace the chill and join us for a season of excitement with our winter programs! From festive workshops to outdoor adventures, there's something for everyone to enjoy. Whether you're looking to explore your creativity or get active in the fresh winter air, our lineup this season makes for memorable experiences with Frosty Fun!

- Core Pilates
- Yoga Flow
- · 20/20/20
- Prince Basketball
- Junior Tennis
- Badminton
- Skating and Hockey Lessons
- Winter Break Camps
- Plus, so much more including a variety of specialty DIY workshops and drop-in programs available!

Registration is currently open and ongoing.

Register online AuburnBayRA.ca or call 403-537-2601.

View the full Auburn House Winter Program Guide online at AuburnBayRA.ca.



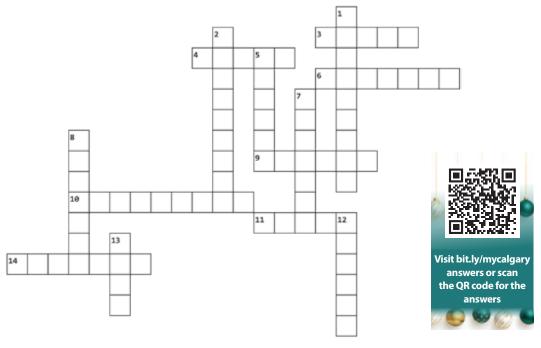












#### Across

- 3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's* \_\_\_\_\_\_, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
- 4. *Driving Miss* \_\_\_\_\_\_, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
- 6. Canadian singer, Nelly \_\_\_\_\_, was born on December 2, 1978, in Victoria, British Columbia.
- 9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
- 10. December's official birthstone has the same name as the colour that it is.
- 11. Dr. Martin Luther King Jr. was awarded the Nobel \_\_\_\_\_ Prize on December 10, 1964.
- 14. James Cameron's \_\_\_\_\_\_ was first released on December 19, 1997, and is one of the highest-grossing films ever.

#### Down

- 1. International \_\_\_\_\_\_ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
- 2. December's birth flowers are the \_\_\_\_\_ (also known as paperwhites) and the holly.
- 5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "\_\_\_\_\_\_Night".
- 7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
- 8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player \_\_\_\_\_\_ Navratilova Best Athletes of the Decade.
- 12. Canadian actor and comedian, \_\_\_\_\_ Levy, was born on December 17, 1946, in Hamilton, Ontario.
- 13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the* \_\_\_\_\_\_, premiered in New Zealand.

# **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Auburn Bay. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**AUBURN BAY MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**PAINTER SERVICING AUBURN BAY:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Auburn Bay? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

**AFFORDABLE DENTAL CARE MINUTES FROM AUBURN BAY!** Dental care that's affordable, accessible, and essential. Minutes from Auburn Bay. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit www.calgarydentalcenters.com.

**CODERAD ELECTRICAL LTD:** Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited, 403-993-0639.

**CHARTERED PROFESSIONAL ACCOUNTANT:** Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.





## AUBURN BAY COMMUNITY REAL ESTATE ACTIVITY

**Median Price** 

Sold

\$610,000

\$472,250

\$596,000

\$507.500

\$570,000

\$595,000

\$495,000

\$502,250

\$467,175

\$345,500

\$397.500

\$455,000

#### **Properties Listed Sold** Listed October 24 46 31 \$610,000 September 24 49 34 \$475.000 August 24 40 26 \$604.950 July 24 37 46 \$494.950 June 24 58 53 \$529,000 Mav 24 55 51 \$589,000 24 April 46 43 \$489,900 March 24 50 52 \$462,450 **February** 24 44 44 \$449,950 January 24 39 26 \$349,900

December 23

November 23

To view more detailed information that comprise the above MLS averages please visit aub.mycalgary.com

17

34

24

\$400.000

\$459,950

# YOUR HOME SOLD GUARANTEED!\*

Call to find out more about our Innovative Consumer Programs

Virtual Tours
Guaranteed Sale Program\*
Trade Up Program\*
Blanket Home Warranty Program\*
Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888 Email len@lentwong.com

\*Guarantee is being offered by Greater Property Group.
Terms and Conditions Apply.



CUSTOMER SATISFACTION GUARANTEED

## WE SPECIALIZE IN ALL FORMS OF CONSTRUCTION & LANDSCAPE

INCLUDING SMALLER IN-HOME PROJECTS



### **Services**

Residential Landscaping

Landscape Construction

Year-Round Maintenance
\_\_\_\_\_\_
Spring and Fall Cleanup

Commercial and Condo Property Management

Snow and Ice Removal

### **Contact Us**

Address 20 Sunvale Place SE Calgary, AB T2X 2R8

Call us now (403) 256-9282



Email us

info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca







