

FEBRUARY 2024

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	Properties		Median Price	
	Listed	Sold	Listed	Sold
December 23	12	17	\$400,000	\$397,500
November 23	25	34	\$459,950	\$455,000
October 23	32	19	\$495,000	\$495,000
September 23	36	27	\$549,900	\$549,500
August 23	35	45	\$499,999	\$549,000
July 23	40	40	\$540,425	\$540,250
June 23	46	40	\$382,450	\$382,500
May 23	36	50	\$499,950	\$507,500
April 23	58	44	\$489,900	\$493,500
March 23	36	39	\$505,000	\$503,500
February 23	32	34	\$442,400	\$442,500
January 23	30	19	\$467,000	\$467,000

To view more detailed information that comprise the above  
MLS averages please visit [aub.mycalgary.com](http://aub.mycalgary.com)

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Watch our interview  
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It is hard to believe that it is February already! Plans have started for a variety of our annual events and we hope to see an expansion of new ones.

Thank you to our RA for hosting its first community forum where they had representatives from a number of community resources, including the CA, Calgary Police, City of Calgary, and our MP to name a few. Hopefully, this will become a regular event to get to meet new people from the community. It was great to meet a couple of residents that I had been communicating with online.

Our next online CA meeting will be on February 14, and I would like to extend an invitation to all residents to attend to see who the CA is and what we do for the community. It is an open forum, and we welcome constructive input from all residents whether they have a CA membership or not.

It was quite the month of January as we have been experiencing bitter cold for the past couple of weeks and our province even ended up having to send out an alert that the power grid was at capacity. I noted to our MP's office that it would be better if they could send an alert before the power grid gets into a critical situation.

Just a friendly suggestion to anyone who has a newer car with driving lights to please ensure you fully turn on your headlights when it is dark outside. I have come across a number of vehicles driving at early hours that are only using their driving lights, oblivious to the fact that people approaching from behind cannot easily see you until you brake. This goes for any inclement weather, snow and rain as well, because the more visible you can make yourself, the better chances everyone will make it home safe and sound.

Did you know that the main source of funding for the Community Association (CA) is our optional \$25 annual membership? Yet, we are still required to hold Director Liability Insurance that costs us over \$2,000 each year so that we can simply exist as an organization. Please see our website, [www.auburnbayca.ca](http://www.auburnbayca.ca), to purchase your membership or register for our monthly newsletter.

Every year the CA does its best to represent the community with the City, province, and country in

addition to providing "free" events like the Parade of Lights and Stampede Breakfast, YYC Community Cleanup, upkeeping our community garden, and other educational events. If anyone from the community has positive suggestions on how we can do better, we would love to have a one-on-one conversation with you. Please feel free to call the CA at 403-744-5301, ext. 1 and we would be happy to talk more, or please email us at [info@auburnbayca.ca](mailto:info@auburnbayca.ca) and give us your input.

Once again, a friendly reminder that homeowners are responsible for shoveling the sidewalk directly in front of and adjacent to their home (if in doubt call 3-1-1 and they will confirm). For any city property/pathways, please ensure to report any missed areas to 3-1-1 so they can ensure their contractor is doing their job. If you notice any infractions, you can report it to the City of Calgary at 3-1-1.

In terms of newcomers to Canada, I want to mention again this great free resource for families at [www.getoutsideandplay.ca](http://www.getoutsideandplay.ca) that shows the appropriate clothing items we should be wearing at specific temperatures. They offer it in both Celsius and Fahrenheit format depending on your family. We will be sharing it with all the community schools as well to help everyone understand the importance of dressing for the weather, especially now that winter is upon us.

We have started the list for the upcoming 2024 community gardens but have decided to implement a \$10 deposit fee as we had a number of gardeners put their name on the list, then backed out in the final days before planting. We will post the link to the list on the gardens page of the CA website, and on the Auburn Bay Community Gardens page, or you can email [gardens@auburnbayca.ca](mailto:gardens@auburnbayca.ca) and we will send you the link.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. You can now get a small box (approximately 20 to 25lbs) for \$30, medium (30 to 35lbs) for \$35, or large (40 to 45lbs) for \$40, delivered to Auburn Bay once a month. Please check out the post on our website for the google form to place your order.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, 55+ Group, Grillers Group,

Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

Reminder that our next CA online meeting will be February 14 followed by March 13. These meetings are open to everyone, and we look forward to having you there for your input and participation. The links to join in the meeting are available on our website. We have uploaded the minutes from the past meetings as well.

*Carla Obuck*

Sports and Events Director, Auburn Bay Community Association (ABCA)



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# Auburn Bay Community Association Membership Form

**For your convenience, Auburn Bay Community Association Memberships are available online!  
Visit [www.AuburnBayCA.ca/Membership](http://www.AuburnBayCA.ca/Membership) to purchase.**

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.  
Memberships: \$25, per family.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Contact Number: \_\_\_\_\_ E-Mail: \_\_\_\_\_

How many family members, including children: \_\_\_\_\_ Yes, please contact me about volunteering: \_\_\_\_\_

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit [www.auburnbayliving.ca](http://www.auburnbayliving.ca) for more information. E-transfer Membership payment to [finance@auburnbayca.com](mailto:finance@auburnbayca.com)

**For a complete list of your CA membership discounts, please log into your profile online.**

## DID YOU KNOW?

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, New Brighton, Queensland, and Walden.**

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**OUTDOOR 2024 REGISTRATION:** Program details and online registration available **JANUARY 15<sup>TH</sup> TO MARCH 15<sup>TH</sup>** at [www.gfoothills.ca](http://www.gfoothills.ca)

# Eggplant and Sundried Tomato Pasta

by Jennifer Puri



Simple, healthy, delicious eggplants, also referred to as aubergines or brinjals are used in the cuisines of many countries around the world, especially in China (Sichuan Eggplant) and India (baingan bharta).

Glossy, purple, green, or white in colour, the eggplant is a member of the nightshade family and has white flesh and small edible seeds. Due to its “meaty” texture it is sometimes used as a meat substitute in vegan and vegetarian dishes.

Eggplants are a high fibre, low-calorie food rich in nutrients and vitamins, which can help control blood sugar and aid in weight loss. Antioxidants such as lutein, which may help prevent age-related macular degeneration and zeaxanthin, along with natural plant chemicals called polyphenols are also present.

There are many tasty ways to eat eggplant as it can be steamed, stir fried, roasted, stewed, curried, pickled, or added to pasta noodles with whipped ricotta cheese and sundried tomatoes as shown in the recipe below.

**Prep Time:** 20 minutes

**Cook Time:** 30 minutes

**Servings:** 3 to 4

**Ingredients:**

- 1 large eggplant
- 2 small shallots, finely chopped
- 3 garlic cloves, finely chopped
- 1 small jar oil packed sundried tomatoes
- 1 cup extra virgin olive oil
- 500 g cooked spaghetti (al dente)
- 1 cup whipped ricotta cheese
- ½ cup fresh basil leaves
- 2 medium sized tomatoes chopped
- Salt to taste
- Black pepper to taste
- 1 tsp red chilli flakes
- 1 cup shaved parmesan cheese

**Directions:**

- Heat oven to 425 degrees Fahrenheit.
- Arrange eggplant slices on a foil lined baking tray. Brush each slice with a little olive oil and then flip over and repeat. Place the tray on the middle rack of the oven and bake for about 20 minutes or until eggplant slices turn a light brown. Remove tray from oven and set aside.
- Add 2 tbsp of olive oil, chopped shallots, and garlic to a large frying pan and sauté on medium heat for two minutes. Separate the sundried tomatoes from their oil, slice each piece in half and add to the pan along with the fresh chopped tomatoes and a few basil leaves. Stir fry for about two minutes then add the ricotta cheese, red chilli flakes, and salt and pepper to taste.
- Finally, add the cooked spaghetti to the pan and gently blend with the sauce. Remove from heat and garnish with shaved parmesan cheese, a few basil leaves, and serve.

Bon Appétit!



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## Guess The Duo!

1. This love-hate duo is on a quest to save a princess while fighting a fire-breathing dragon.
2. These stepbrothers create zany projects to make the most of their summer vacation.
3. This pop duo from the 60s are well known for their song "I Got You Babe".
4. These frenemies, created by William Hanna and Joseph Barbera, have been playing cat and mouse since 1940.
5. This fantasy duo set out on a journey through the misty mountains to save Middle Earth.
6. This superhero duo attempts to thwart the evil plans of villains in Gotham.



SCAN THE QR CODE FOR THE ANSWERS!

## Bylaws Related to Snow and Ice

from the City of Calgary

Calgary winters are more safe and manageable when everyone pitches in to clear snow and ice. While the City does its part clearing roads, designated pathways, sidewalks, and other high-use public areas, section 67 of the Street Bylaw requires Calgary property owners to:

- Remove snow and ice – down to bare surface – from public sidewalks bordering their private property within 24 hours of a snowfall ending. Owners of rental properties are responsible for arranging for snow and ice removal when they reside elsewhere.
- Remove a minimum width of 1.5 meters of snow and ice – down to bare surface – from a public pathway bordering their property, also within 24 hours of a snowfall ending. Applicable pathways are those that run parallel and adjacent to a street, with or without separation between the pathway and street (e.g. a grass boulevard).
- Pile snow from their private driveway or walkway on their own property (e.g. front lawn). Snow from a public sidewalk or pathway may be shoveled onto another public property, such as a road.

See below for further details and penalty information. Or download the Street Bylaw and refer to Section 67 for the full set of regulations for snow and ice control.

### Penalties for failing to remove snow

Property owners/occupants who do not comply with the bylaw and subsequent notices issued by the City may be subject to:

- An invoice to the property owner from the City for clearing the sidewalk on their behalf. The cost is a minimum flat rate of \$150 plus GST and an administration fee. The amount will be added to the owner's annual property tax if not paid by the invoice due date.
- A fine of \$250 to the property occupant for a first offence. Repeat offenders may be fined \$500 for a second offence, and \$750 for a third offence and each offence thereafter within a 12-month period. Tickets issued to repeat offenders may require a court appearance. Unpaid fines will be collected by Alberta Registry Service at the time of license or registration renewal.

### Reporting problem properties

Report a sidewalk not cleared within 24 hours of a snowfall ending; include address or location details. To report other snow/ice issues, please visit our snow and ice concerns page.



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**10 am – 2 pm**



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# AUBURN BAY RESIDENTS ASSOCIATION CONTACT INFO

**Auburn Bay Residents Association  
c/o Auburn House**

**200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4  
Office Tel: 403-537-2601, Office Fax: 403-930-6456**

**Website: [www.AuburnBayRA.ca](http://www.AuburnBayRA.ca)**

Administration	Marilyn Alcock <a href="mailto:admin@auburnbay.org">admin@auburnbay.org</a>
Program and Events Manager	Jennifer Tait <a href="mailto:events@auburnbay.org">events@auburnbay.org</a>
Program Coordinator	Jasmin Ladouceur <a href="mailto:Recprograms@auburnbay.org">Recprograms@auburnbay.org</a>
General Manager	Chrissie Rozak <a href="mailto:gm@auburnbay.org">gm@auburnbay.org</a>

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### Sponsor Recognition – NAIAD Irrigation Systems Ltd.

Thank you to NAIAD Irrigation Systems Ltd. for their continued support of the Auburn Bay Residents Association and for again being one of our top special event sponsors!

## Auburn House Spring Programs

Let Auburn House bring you the Colours of Spring with a variety of great programming for adults, youth, and seniors!

Auburn House spring program registration is now open and is ongoing. You won't want to miss out! Register now!

Here's just some of the classes coming this spring to Auburn House:

- Parented Programs
- 16+, Family/Youth, Parent and Tot, and Seniors Social Drop-Ins
- Variety of 16+ Fitness Classes
- Yoga
- Adult Tennis
- Junior Tennis
- Sportball
- T-Ball
- Ball Hockey
- Prince Basketball
- Engineering for Kids
- Little Medical School
- Young Rembrandts
- Karate
- Plus, More!

View the full Spring Program Guide and Events Calendar online at [AuburnBayRA.ca](http://AuburnBayRA.ca).

Register online 24/7 at [AuburnBayRA.ca](http://AuburnBayRA.ca) or call 403-537-2601.

## Colours of Spring

Spring 2024 Program & Events Guide

### IN THIS GUIDE:

- Your favourite Spring programs, including Prince Basketball, Sportball's T-Ball, Yoga Flow, Core Pilates, Tennis and more!
- ABRA Summer Camps Sneak Peek!
- ABRA Events, including our Easter Eggstravaganza!
- ...& more!



**RESIDENT REGISTRATION OPENS: JANUARY 23, 2024  
NON-RESIDENT REGISTRATION OPENS: JANUARY 30, 2024**

## Auburn House Summer Camps

Let's get ready for summer! Auburn House is getting ready for a summer full of great day camps for children and youth. Check out our Spring Program Guide for a sneak peek and early registration of the ABRA Summer Camps being offered at Auburn House in 2024.

Visit [AuburnBayRA.ca](http://AuburnBayRA.ca) to check out the Spring Program Guide.

Register online 24/7 at [AuburnBayRA.ca](http://AuburnBayRA.ca) or call 403-537-2601.



AUBURN HOUSE  
2024

# Summer Camps



## Let's Talk About Love

by Jonni Fox



Our fundamental purpose as human beings is intricately tied to the profound essence of love. It begins with a transformative journey of self-love, a quest to overcome the relentless criticism of our egos, acknowledging that we are, indeed, enough. This personal transformation is the cornerstone of a greater purpose — to extend loving kindness to our Earth Mother and Spiritual Father, fostering a harmonious coexistence with all living creatures.

The heartbeat of our purpose resonates in the unity and connection we forge from the heart. Love, like a universal pulse, has the power to create a world of harmony, peace, and celebration. It transcends borders, inviting us to embrace a collective consciousness that thrives on interconnectedness.

In this symphony of existence, music becomes a conduit for love's connection. The frequencies embedded in a melodic soundscape have the potential to harmonize disparate hearts, creating a collective resonance. Through the healing power of frequency, music unites us, transcending differences and fostering a shared experience of love.

So, our purpose is both simple and profound: to navigate the intricate dance of self-love, extend it to the world around us, and harness the transformative energy of love's connection through the heartbeat of our collective existence. In this pulsating rhythm, we find the path to a world where love becomes the guiding force, shaping our reality in the embrace of harmony and celebration.

## Help Us Shape Calgary's Future Floodplain Policies and Regulations

by the City of Calgary

Calgary's river valleys are essential to our city—they're at the core of our city's identity and its appeal as a place to live, work, and play.

As Calgary is vulnerable to flooding, making careful decisions about how we plan, develop, and build in the floodplain is fundamental to protecting and enhancing the value of our river valleys while strengthening our overall resilience to the impacts of flooding.

With the province's recent release of draft updated Flood Hazard Area maps reflecting the latest understanding of flood risk across Alberta and a new approach to flood hazard area zones, it's now up to municipalities to decide how to develop and regulate in these areas.

The City is planning for the future of our river valleys, including our flood hazard areas, through the Calgary River Valleys Project, which will shape how we plan, develop, and build in our river valleys.

Your input on how we make decisions on the use, conservation, and development of our river valleys and communities is important. This month, we're talking to Calgarians about the future of our floodplain policies and regulations. Visit [calgary.ca/RiverValleys](http://calgary.ca/RiverValleys) to join in the conversation.



# Cats, Canines, & Critters of Calgary



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