

MARCH 2025

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ABCA AGM
APRIL 9
ONLINE



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2 AUBURN CREST PLACE SE ~ \$500,000

Perfectly located directly across from a school on a corner lot! Double primary floor plan with 2 bedrooms, 3 bathrooms, the basement is 90% finished, lots of room for a double garage in the back! Granite countertops, A/C, open floor plan and so much more to enjoy here and just a short walk to the lake!



866 AUBURN BAY BLVD SE ~ \$775,000

4 Bedrooms, 4 bathrooms, fully finished basement and loaded with upgrades! This home is awesome and has everything you will need like a massive kitchen, huge island, granite countertops, large eating area and living room and a walk-in pantry! Upstairs has a large bonus room, laundry room, primary bedroom with a massive ensuite and a walk-in closet as well as 2 more bedrooms. The basement is completed with a 4th bedroom, rec room and another full bathroom!



79 AUBURN MEADOWS GARDEN SE ~ \$619,900

This 4 bedroom, 4 bathroom home has it all! Located across the street from a park for the kids to enjoy, and the amenities along 52nd St are an easy walk away! Also only a short walk to the dog park makes this an awesome home at a great price! The main floor has a great open floor plan with a sunny living room, eating area and a kitchen at the rear of the home! Upstairs has 3 bedrooms and the primary bedroom has a full ensuite and a walk-in closet. The basement is completely finished for you to enjoy and the yard and deck have been completely redone so nothing more is needed out there!



164 AUBURN GLEN CLOSE SE ~ \$660,000

3 bedrooms and 4 bathrooms in this beauty! This home has plenty of upgrades and quality features you are going to love! Open floor plan, the kitchen features quartz countertops, tiled backsplash, stainless steel appliances and lots of cabinet and counter space! The main floor also has a generous sized dining area and a large living room. Upstairs there is a central bonus room with the primary bedroom on one side and the other 2 bedrooms on the other side. The basement is complete with a huge rec room and a half bathroom! There is laundry up AND down, lots of storage, A/C and so much more that makes this one an awesome find!

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Things to Note:

- ABCA AGM Notice - April 9
- Thank you to our Past President - Terry R.
- New Volunteer Form/ Key Volunteers - We Need Community Involvement!
- Casino January 3 and 4 - Volunteer Thank You!
- Community Gardens - Spots Open for 2025



Please consider this article as notice of the ABCA AGM to be hosted online on April 9, starting at 7:00 pm. Everyone is welcome to attend. Please see the posts on our website and Facebook pages.

I need to take a moment and thank from the bottom of my heart the amazing volunteer Terry Richard for all his dedication to Auburn Bay and the Community Association for these past eight years. Many of you never realized how selflessly he gave back to our community; from getting truckloads of mulch to cover the ground at the community gardens, to parade marshalling to ensure all parade participants were safe, to being my support at all community events and a great overall resource when we needed it. Your presence will be greatly missed, and we hope your next chapter on the East Coast will be a great one in yours and Anick's life.

Now with Terry leaving our board, we are still looking for some key volunteers to step forward and help with the future of the CA and Community Gardens, as my work life is getting busier by the months, and many things are not getting the attention they need. Everyone keeps saying that they would like to be contacted by email/social media, but when I post items and send emails there is almost no response. So please ensure to follow the "Auburn Bay Community Association" on Facebook and that admin@auburnbayca.ca is a safe sender so that our emails don't go into your junk folder. We need your help and involvement!

Thank you to all the volunteers that stepped forward to help with our second casino held on January 3 and 4, 2025, it was another successful event. I have to say that it will be the last time I can stay up until 4:00 am to do the cash room duties - it took me a couple of days to reset and recover, I am definitely not young anymore. Thank you to the casino advisors, as they were a great help.

We had hoped to use some of the funds from the casino towards getting a power source on the CA site, but that

looks like it may not happen. We are still trying to find the nearest power source that we can tie into, and it looks like it might be in the middle of the Avenue. We definitely do not have funds to dig up and repave a road in our budget, so we are looking for other options.

There are various educational workshops and engagement sessions going on regarding a variety of items that will affect life in Auburn Bay. We have asked our social media person to post on our Facebook page, so please ensure to check out what is going on. There is everything from transit feedback, to our grassroots soccer registration in partnership with Foothill Soccer, and horticultural workshops.

Our new 55+ group continues to grow, so please ensure to share their information with others within the community that might be interested in socializing with other residents. They can be found on Facebook, by phone at 403-744-5301, ext. 3, or you can email over55@auburnbayca.ca for more information.

Plans for additional upgrades at the community gardens will continue to happen over the coming months, but we need some key volunteers to provide some input as to what they would like to see done. Please feel free to email us at gardens@auburnbayca.ca if you are interested in reserving a space for next year.

The Community Kitchen Good Food Box program continues to grow each month and is a great opportunity to get affordable and delicious produce. Thank you to Shannon W. for offering to be the pickup point for our depot. You can now get a small box (approximately 20 to 25 lbs.) for \$30, medium (30 to 35 lbs.) for \$35, or large (40 to 45 lbs.) for \$40, delivered to Auburn Bay once a month. Please check out the post on our website for the Google form to place your order. The next one will be March 10 for March 21 delivery, the link to the online order form has been shared.

Auburn Bay has a large number of Facebook groups. There is a Pet Group, Seniors Group, Grillers Group, Ladies Group, Food Lovers Group, Gardening Group, Community Garden Group, Ladies Clothing Exchange Group, Business Group, Buy-Nothing Group... the list is nearly endless. Make sure to go and check these fabulous interest groups out.

Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)

Breakfast Quesadilla

by Jennifer Puri



Eggs are tasty, filling, and good for your health as a whole; eggs contain a little bit of every nutrient you need. Cheap and easy to prepare, they are an inexpensive source of high-quality lean protein.

Blue, green, brown, or white eggs may have different colours but there is no difference in taste or nutrition between them. An average hen lays 300 to 325 eggs per year. The colour of the yolk depends on the hen's diet and age, and typically as hens age, their eggs become larger.

An extremely versatile ingredient, eggs are not just for eating but are used to make beauty products such as face masks, compost, and garden fertilizer. In many cultures, the egg is a symbol of new life, fertility, and rebirth.

Eggs are also a breakfast/brunch mainstay, and scrambled, poached, baked, or fried are some of the ways to consume eggs. Quick and simple to cook, eggs can also be used in burritos or quesadillas as shown in the recipe for breakfast quesadillas below.

Prep Time: 20 minutes

Cook Time: 20 minutes

Servings: 2

Ingredients:

- 2 large tortillas
- 1 ½ tsp. olive oil
- 1 chorizo sausage, cooked and casing removed
- 3 eggs lightly beaten
- ¼ tsp. salt
- 1 tbsp. butter

- 1 cup shredded Mexican cheese
- 2 cups kale washed, stemmed, and coarsely chopped
- 1 cup sliced button mushrooms
- ¼ cup chopped green onion
- ½ cup chopped red bell pepper
- ½ jalapeno, seeds removed and chopped (optional)
- Cooking spray

Directions:

- Heat olive oil in a pan or nonstick skillet on medium heat. Add onions and sauté for about two minutes. Next add red peppers and mushrooms and sauté for another two minutes and then add kale, jalapeno pepper, and chorizo sausage. Cook until veggies are tender and then remove from heat and keep warm.
- In a skillet, melt butter on medium heat and pour in the egg mixture with a ¼ tsp. of salt. Cook eggs while stirring until they start to firm up then scramble until they are cooked through and remove from heat.
- Coat a large skillet or fry pan with cooking spray and heat on medium heat. Place a tortilla in the pan and sprinkle a ¼ cup of cheese on one half of the tortilla followed by half the veggie mixture and half the scrambled egg. Top with a ¼ cup of cheese and fold tortilla in half over filling. Cook for a few minutes until tortilla is golden brown, turning once.
- Transfer quesadilla to a cutting board and repeat the process with the second tortilla.
- Slice each quesadilla into two or three slices and serve with your favourite hot salsa, guacamole, or sour cream.

Bon Appétit!



Bylaws for Helping to be a Better Neighbour

by The City of Calgary

There are many concerns over what city bylaws are in place, please see <http://www.calgary.ca/CSPS/ABS/Pages/Bylaws-by-topic/Bylaws-by-topic.aspx> for a full listing.

Most of the concerns we hear about were pet-related.

Cats:

Under the Responsible Pet Ownership Bylaw, cat owners must ensure their cats:

- Have a City of Calgary license.
- Remain on the owner's property.
- Do not disturb the peace by howling or crying.
- Do not damage others' property.
- Do not scatter garbage.
- Do not chase, threaten, or attack a person or an animal.

Fines range from \$25 to \$1,500.

Dogs:

Under the Responsible Pet Ownership Bylaw, dog owners must ensure their dogs:

- All dogs must have and wear a City of Calgary licence as soon as they reach three months of age.
- All dogs must be on-leash at all times, unless posted signs indicate otherwise, or on property where the owner of the dog has the right of occupation.
- Dogs may not be left unattended while tethered.
- Dogs may only be transported in the back of a truck if the dog is in a fully enclosed trailer, a truck bed covered with a topper, contained in a ventilated kennel that is secured to the truck bed, or securely tethered and not

standing on bare metal.

- Dog owners must ensure that they bring along a suitable means to pick up feces.
- Dog owners must pick up all feces produced by their dog both on and off their property.
- Dogs must be under control in designated off-leash areas. This means they must be in sight of their owners and respond to sight or sound commands.

Fines for failing to comply with the Responsible Pet Ownership Bylaw range from \$25 to \$1,500.

As a dog owner, you must ensure your dog does not:

- Bite anyone
- Injure anyone
- Chase, threaten, or attack a person or animal
- Bark, howl, or disturb anyone
- Cause damage to property or animals
- Scatter garbage

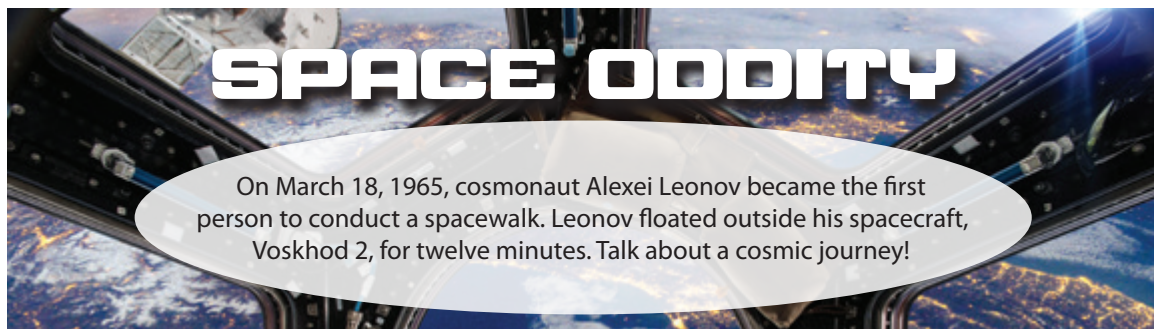
Dogs are not allowed in:

- School grounds
- Playgrounds
- Sports fields
- Golf courses
- Cemeteries
- Wading or swimming areas

While on a pathway, your dog must:

- Be on a leash no longer than two metres
- Remain on the right-hand side of the pathway
- Not interfere with or obstruct other users
- You may not cycle, skateboard, or in-line skate with a dog on a leash while on a pathway.

If you know of a bylaw infraction and would like to report it to Animal and Bylaw Services, please call 3-1-1 (from within Calgary) or 403-268-CITY (2489) (from outside Calgary).





Auburn Bay Community Association Membership Form

**For your convenience, Auburn Bay Community Association Memberships are available online!
Visit www.AuburnBayCA.ca/Membership to purchase.**

Members benefit from sports, activities, and partner discounts (please see Membership Privileges Program page for a list of business partners). Members also gain preferred access to youth and community events, programs, and secure a vote at public meetings. Make a difference by joining the Board – and more.
Memberships: \$25 per family.

Name: _____

Address: _____ Postal Code: _____

Contact Number: _____ E-Mail: _____

How many family members, including children: _____ Yes, please contact me about volunteering: _____

Please fill out the above (please print), enclose and mail your cheque or money order, payable to the "Auburn Bay Community Association" to the following address: Auburn Bay Community Association Memberships, C/O Auburn House, 200 Auburn Bay Boulevard SE, Calgary, Alberta T3M 0A4.

Visit www.auburnbayliving.ca for more information. E-transfer Membership payment to finance@auburnbayca.ca

For a complete list of your CA membership discounts, please log into your profile online.

GAMES & PUZZLES

Guess the Toy!

1. This fashion doll, created by Ruth Handler, made her debut at the American Toy Fair on March 9, 1959.
2. This toy originates from the Swahili word "kujenga" which means "to build".
3. This was the first toy ever advertised on television, featuring parts that could be stuck into a fruit or vegetable.
4. Max Park holds the record for solving this 3D combination puzzle toy at 3.13 seconds.
5. This stretchy, bouncy, moldable toy was used aboard Apollo 8 to help secure tools and equipment in zero gravity.
6. This toy was named after Theodore Roosevelt who famously refused to shoot a captured animal during a hunting trip in 1902.



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8 AVRIL, 19:00 – SESSION D'INFORMATION EN LIGNE
APRIL 8, 19:00 – ONLINE INFORMATION SESSION

Pour participer :
 To participate :



BRAIN GAMES

SUDOKU

					7			8
4	3	2	6	8				
	8		4			2	3	
	6		1					
3					8		2	5
	4	1			6		7	
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9			3					

SCAN THE QR CODE FOR THE SOLUTION



Birthday Sunflowers

On Vincent van Gogh's 134th birthday, March 30, 1987, his painting "Sunflowers" sold for a whopping £22.5 million!



Talk about a priceless birthday tribute. Van Gogh, born in 1853 in Groot-Zundert, Netherlands, never saw fame in his lifetime, but his art now blooms in value like his beloved sunflowers.

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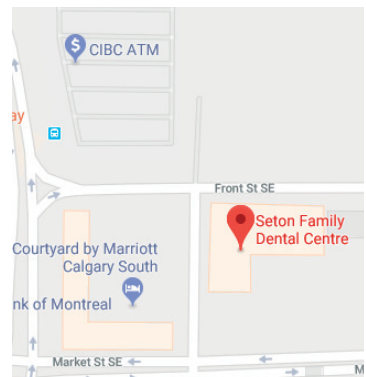
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AUBURN BAY RESIDENTS ASSOCIATION CONTACT INFO

**Auburn Bay Residents Association
c/o Auburn House**

**200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4
Office Tel: 403-537-2601, Office Fax: 403-930-6456**

Website: www.AuburnBayRA.ca

Administration	Marilyn Alcock admin@auburnbay.org
Events Manager	Jennifer Tait events@auburnbay.org
Program Manager	Jasmin Ladouceur Recprograms@auburnbay.org
General Manager	Chrissie Rozak gm@auburnbay.org

Hours of Operation

Auburn House Lake and Park Hours

Monday to Sunday: 9:00 am to 10:00 pm

Auburn House Regular Office Hours

Monday to Friday: 9:00 am to 5:00 pm

YOUR CITY OF CALGARY

Earth Hour 2025

by The City of Calgary

Calgary Unplugged is an annual family-friendly Earth Hour event. Join us for music, entertainment, and learn about environmental actions you can take in your community. Bring along some personal LED lighting and dance to the DJ when the lights go down for the Earth Hour party!

- Location: Central Library (800 3 Street SE)
- Date: Saturday, March 22
- Time: 7:00 to 9:30 pm

You can still participate in Earth Hour if you can't make it to the event! Reduce your impact by turning off nonessential lights, "unplug" from electronics at 8:30 pm, and take this time to reconnect with people, play games, or enjoy hobbies.

Share your participation in Earth Hour on social media with #EarthHour and #EarthHourYYC.

Calgary Unplugged is hosted by The Arusha Centre, with support from The City of Calgary and community agencies.



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Blossom into spring at Auburn House with exciting programs designed for all ages!

New programs and popular favourites are blooming at Auburn House this spring - you won't want to miss out! Register now!

Drop-In Programs for All Ages

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Spring program registration is open and is ongoing – sign up today!

Register online 24/7 at AuburnBayRA.ca or call 403-537-2601.

View the full Spring Program Guide and Events Calendar online at AuburnBayRA.ca.



Auburn Bay Residents Association Spring 2025 Program & Events Guide

Resident registration opened January 28, 2025

Non-resident registration opened February 4, 2025

SAFE AND SOUND

Burns and Scalds

by Alberta Health Services

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe. The deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over-the-counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.

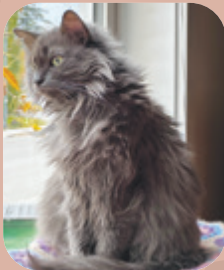
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Jax, McKenzie Towne



Louie, Panorama Country Hills



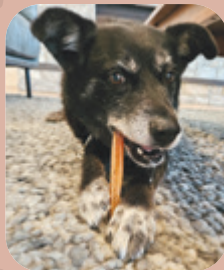
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December	24	14	18	\$529,900	\$522,050
November	24	28	33	\$525,000	\$526,000
October	24	37	31	\$610,000	\$610,000
September	24	44	34	\$475,000	\$472,250
August	24	40	26	\$604,950	\$596,000
July	24	37	46	\$494,950	\$507,500
June	24	58	53	\$529,000	\$570,000
May	24	55	51	\$589,000	\$595,000
April	24	46	43	\$489,900	\$495,000
March	24	50	52	\$462,450	\$502,250
February	24	44	44	\$449,950	\$467,175

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