

AUGUST 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

your **CHAPARRAL** trailblazer

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CHAPARRAL COMMUNITY ASSOCIATION

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Join us at Red Deer Lake United Church where we come together in community and explore God together on Sunday mornings at 10:30 am. We are excited to share that our Worship Service is also available on our YouTube channel, @RedDeerLakeUnitedChurch. We are an affirming, safe space for all. Our location is ideal and easy to get to via Stoney Trail, virtually only minutes from most anywhere in the city. Don't let our name fool you, we're closer than you think!

MARK YOUR CALENDARS! RED DEER LAKE UNITED CHURCH UPCOMING EVENTS:

- Welcome Back BBQ – September 8
- Men's Breakfast – September 28
- On the Edge Concert Series with Tim Isberg – Friday, October 18
- Market and Craft Sale starts on November 16
- Turkey Supper – November 30

RENTALS

Red Deer Lake United Church is a 45,000 square foot facility that provides a variety of affordable spaces for rent on a one-time or recurring basis. You do not need to be affiliated with the church to rent our space. Some of our past and current tenants rent our facilities for catering, art shows, music concerts, business meetings, and of course, weddings, baptisms and funeral services. Our memorial garden is a beautiful place for photos.

For more information about booking an event, availability, and pricing, please contact the office at office@reddeerlakeuc.com or (403) 256-3181. You may also complete the Rental Booking Request form on our website to submit your requirements.

Visit us at <https://reddeerlakeuc.com/> to stay up to date on all our events!



DID YOU KNOW?

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, New Brighton, Queensland, and Walden.**

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- Verifiably Calgary's best soccer program with more resources and pathways to pro-am leagues for boys and girls.
- 8 Canadian National Youth Championships won.
- Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
- One of two founding franchises for the Project 8 women's professional league launching in 2025.



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INDOOR 2024/2025 REGISTRATION: Program details and online registration available **AUGUST 15TH TO SEPTEMBER 30TH** at **WWW.GOFOOTHILLS.CA**

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CHAPARRAL COMMUNITY ASSOCIATION MEMBERSHIP

To purchase your \$20 membership, please visit www.chaparralcommunity.com.

YOUR COMMUNITY ASSOCIATION



OUR HISTORY

Chaparral was established in 1995 with a 32-acre artificial lake and a 21-acre park with two waterfalls as centerpiece of the neighbourhood and now has grown to include Lake Chaparral, Chaparral Ridge, Chaparral Ravine and Chaparral Valley.



OUR MISSION

The Chaparral Community Association strives to represent and serve the community of Chaparral through effective communication, engaged volunteers, and fiscal responsibility, to foster a vibrant and livable community.



OUR GOVERNANCE

We are a non-profit organization established under the societies act, and we are governed by elected and volunteer members from our community. We are always looking for expertise and support to grow, please reach out to get involved.

The Chaparral Community Association (CCA) is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge, Chaparral Ravine, and Chaparral Valley. Your CCA is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial, and residential land use development, and represents the position of the residents on education, transportation, environmental, and infrastructure issues. The CCA supports organized sports, community, and social programs. To stay connected the CCA publishes the *Chaparral Trailblazer* and maintains a website (www.chaparralcommunity.com), Facebook, and Instagram pages (@chaparralca).

Successful, healthy communities are generally those with active and sustained membership and involvement by the community residents. The CCA board encourages all residents to purchase a membership, and when available, attend monthly meetings to help make our community amazing.

Some things the CCA has done for the community include: Chaparral Common and Chapalina Crescent Playgrounds, Green Thumbs Community Garden, Community Clean-Ups, Adopt-a-Rink in the Valley, Valley Summer Bash, garbage bin wraps, Stampede kick-off breakfast (co-organized with the Lake – open to all CCA members), Festival of Lights, advocating for traffic signal lights and crosswalk Rapid Movement Flagship Beacons (RFB), Safe Communities Initiatives, and Development Permit Applications. The CCA has also weighed in on Commercial Applications (Chaparral Meadows, Bottle Depot, Telus Cell Tower, BFI Canada Inc., Inland Cement).

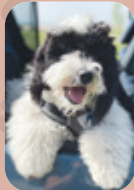
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Chiko, Stradwick Rise



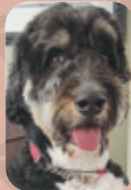
Dude, Evanston



Harry, Bridgeland



Pikko, Hillhurst Sunnyside



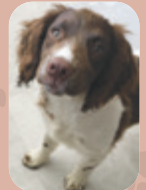
Riley, Kensington



Sawyer, Beddington



Snowbelle, Discovery Ridge



Tilly, Deer Run

To have your pet featured, email news@mycalgary.com

CCA BOARD OF DIRECTORS

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Vice President	Lynette Javaheri	vp@chaparralcommunity.com
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Director at Large	Anna Rybak	valley@chaparralcommunity.com
Director at Large	Anton Ovtichnikov	membership@chaparralcommunity.com

VOLUNTEERS

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Website/Memberships	Anton Ovtichnikov	membership@chaparralcommunity.com
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Community Garden (Chaparral Green Thumbs)	Jolene Ottosen	chaparralgreenthumbs@gmail.com
Chaparral Lake Representative	This Could Be You!	
Chaparral Valley Representative	Anna Rybak	valley@chaparralcommunity.com
Chaparral Ridge Representative	This Could Be You!	
Chaparral Ravine Representative	This Could Be You!	
Chaparral Playground Coordinators	Lynette Javaheri Anna Rybak	vp@chaparralcommunity.com valley@chaparralcommunity.com
Events Coordinator	This Could Be You!	
Local Business Relations	This Could Be You!	
Safe Communities Initiative	Anton Ovtichnikov	membership@chaparralcommunity.com

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PRESIDENT'S MESSAGE

It was great to see everyone who came out to the Stampede Kick-off Pancake Breakfast co-hosted by the Lake Chaparral Residents Association and the Chaparral Community Association. What a fantastic day full of families enjoying some pancakes, games, and some great weather.

Our Summer Bash is being held at Chaparral Valley Square Park (next to the Outdoor Rink) on Sunday, August 11, from 1:00 to 3:00 pm. Be sure to follow us on our Facebook page for more up-to-date information.

The CCA hosts several events throughout the year including Murder Mystery Nights, Easter Egg Hunt, Stampede Kick-off Pancake Breakfast (co-hosted with the Lake Chaparral Residents Association), Summer Bash, Skate with Santa, and Festival of Lights. We are looking for an Events Coordinator to help plan and organize these events. If you would like to help out, please email us.

The Chaparral Community Cleanup, in partnership with the City of Calgary, will be held on September 22 at the lake overflow parking lot. More information will be posted on our social media channels.

The CCA also has several pieces of sports equipment that can be used by members, including adult and child snowshoes, walking poles, and a portable disc golf game. Contact us to sign out equipment.

Monthly board meetings typically take place on the second Wednesday of the month. Our next meeting is scheduled for September.

Many hands make for light work! If you would like to get involved in the community, please message president@chaparralcommunity.com.

Donna Reid

Chaparral Community Association President

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The August Garden

Contributed by Jolene Ottosen for the Chaparral Green Thumbs

August is an in-between month for a gardener, where some of the garden has ripened and been harvested, while other parts need to wait for cooler weather in the fall. This can lead to some unsightly bare patches and a sense of space going to waste, but it doesn't have to be that way. Although the days are hot and becoming shorter with cooler nights, there are still many things that can be planted now.

First, if you can still find bedding-out plants, as long as you water well, many will do well if you plant them now. Plants like carrots and parsnips have an advantage when planted late, as there is less chance of dealing with carrot flies this late in the season. You could also harvest tender leeks or broccoli in the fall if you also get those in.

If bedding-out plants isn't the thing for you, there is still time to start some things from seed too. Lettuce takes no time at all, and you can use other more mature plants to help shade it from the heat of the midday sun. Spinach, kale, and chard are also great options. I like kale as you can keep harvesting until it freezes. I have also had people suggest that peas would still have enough time if you were content with small young pods, the same with beets. I have tried beets late before, but never had much luck getting more than just greens, although that may have had a lot to do with me not watering them enough. Anything you plant late will need a lot of water!

For those even more adventurous, you could also consider extending your growing season into the fall's colder days by providing some sort of cold protection for the plants. This protection could come in the form of a nighttime cover such as fabric over a large area, a glass or plastic cloche covering specific plants, or it could be a more permanent structure. I have had great success with a hoop house made of PVC hose bent over rebar stakes pounded into the ground and covered with either row fabric or plastic as the days got colder. I have also seen some beautiful boxes that use old windows for the lid, which can be propped open on warm days but left closed on cold days and at night.

August is also a great time to look at your perennial beds and see what work needs to be done. If you have perennials that are beginning to look crowded or dying in the centre, now would be a good time to divide many of them. New divisions can then be planted somewhere else and, if watered well, will have plenty of time to establish a new root base before winter. I try to divide as much as possible at this time as that way I have a little less work in the spring, and I start the season with fuller, more mature plants in the garden.

Last on your list of August chores, don't forget to keep deadheading your flowers to keep those blooms around as long as possible, and if you are growing garlic, it is probably ready to harvest now.

Happy gardening!

If you are interested in more information or curious about upcoming events, email us at chaparralgreenthumbs@gmail.com.




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Accidental Poisoning

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children.
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle.
- Install child locks on all cabinets, or drawers where medications are stored.

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child.
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups.
- Promptly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers.
- Install child latches on cabinets children might also access by climbing on counters or chairs.
- Label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested.

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.



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A Dietitian's Guide: Tips for Making Back-to-School Lunches Your Kids Will Enjoy

by the Primary Care Network

Packing healthy lunches kids will actually eat can be a difficult task for parents and caregivers during the back-to-school season. While balanced meals are an important part of fuelling minds and bodies, it can be hard to juggle enjoyment with nutrition.

Dietitians from the Primary Care Network share their tips for making back-to-school lunches nutritious, delicious, and enjoyable.

1. Involve Your Kids

Involving kids in meal prepping is key to helping them discover their own preferences and teaching healthy eating habits. Giving kids the opportunity to make choices – like at the grocery store – helps to foster

positive connections with food. When kids can be involved, there's more buy-in.

2. Presentation is Key

Presenting food in a fun and easy way can make healthy food more appealing – especially when faced with a short school lunch break. Instead of a sandwich, try a meat and cheese kebab or offer sliced apples instead of a whole apple. Opting for a bento-style lunch box can also make packing easier and allow kids to select from a variety of foods – proteins, carbohydrates, colourful fruits, veggies, and healthy fats.

3. Balance and Variety

Aim to add an assortment of fruits, vegetables, whole grains, and lean proteins. Pairing new foods with familiar favourites is a great way to help kids add variety to their diet. Don't be afraid to include a fun food, like a cookie or chocolate. Enjoyment is an important part of balanced eating and building a healthy relationship with food.



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Park Information

Park Hours: 9:00 am to 10:00 pm

Office Hours: Monday to Saturday, 10:00 am to 6:00 pm

Phone: 403-254-4148

Email: info@lakechap.ca

Website: www.lakechap.ca

Facebook: www.facebook.com/lakechapyyc

Instagram: [@lakechapyyc](https://www.instagram.com/lakechapyyc)

Please note that the entrance is closed 30 minutes prior to designated closure to allow our staff time to clear the facilities. The park may also close early due to weather, lack of residents accessing the space, or other issues as deemed valid by LCRA management. By default, the park and lake will be closed at temperatures of -25°C (without wind chill).

Reminders and Announcements

Membership Fees

The 2024 LCRA Membership Fees were announced in May – the deadline to pay the fees is July 1. All fees must be paid to access the lake/park and are registered as an encumbrance on the property land titles in Lake Chaparral. If you have not paid your fees by the due date, you will not be permitted access at the front gate.

If you have any questions or concerns, please contact the office at 403-254-4148 or email info@lakechap.ca.

Safety Flag Reminder

The LCRA closely monitors the safety of the lake/lake ice for use; however, we cannot guarantee the lake/lake ice is free of all risks. Regardless of the status of the Safety Flag (details on status below), access is done at the sole risk of the member and their guests.

You can view the status of the Safety Flag by looking for the flags at the park, contacting the LCRA office at 403-254-4148, or by visiting our website at www.lakechap.ca.

Red Flag = Waterfront and lake ice is closed to all users.

Green Flag = Waterfront and lake ice is open to all users.

Monthly Email Communications

The LCRA is working on keeping you informed with our monthly communications. If you are not receiving emails from the LCRA, please call the office at 403-254-4148 or send us an email at info@lakechap.ca and we will be happy to update your account.

Upcoming Events

Please visit www.lakechap.ca/events for all up-to-date information on upcoming events, programs, and activities.

End of Summer Bash

Date: Saturday, August 24, 2024

Time: 11:00 am to 3:00 pm

Details: TBD. Stay tuned to our website and social media for details!

Summer Camps

Please visit our website at www.lakechap.ca/summer-camps/ for details on summer camps.

Drop-In Programs

LCRA Senior Games

Mondays | 12:00 to 3:00 pm

Attention all seniors! Come out to socialize with your neighbours and friends, play games, and enjoy coffee at the lake house. Cost: \$1 per person, drop-in.

LCRA Walking Club

Tuesdays and Thursdays | 10:00 am to 12:00 pm

Meet outside the Lake House (by the flags) at 10:00 am to start the walk. Walks usually last one hour and then is followed by a visit with coffee in the Lake House. \$0.50 per person, drop-in. Did you know that three laps around the walking path = two kilometres?

Programs

Registration for the following programs are done with the individual instructor.

Program schedules are subject to change; please contact the program instructor directly for more details.

Devotion Danceworks

Non-Residents Welcome

Offers recreational, sessional-based classes for children ages 18 months to 12 years old. Visit our website for more information and registration.

Classes available in:

- Giggle & Groove Parented Class (Ages 18 months to 2.5 years)
- Tiny Toes Ballet (Ages 2.5 to 3.5)
- Tiny Ballerinas (Ages 3.5 to 4)
- Mini Combo (Ages 4 to 5)
- Ballet/Jazz (Ages 4 to 12)
- Musical Theatre (Ages 4 to 12)
- Hip Hop (Ages 4 to 9)

Please visit www.devotiondanceworks.com or contact Elizabeth Rieb at 403-828-9675 or elizabeth@devotiondanceworks.com.

Intelligence® Babies (3 to 11 months)

10:00 to 11:00 am

To register, please email intelligence.calgary@gmail.com.
Non-Residents Welcome
Fridays

Come sing, dance, and have fun with your little ones! Intelligence® is a research-based music and movement program designed to support the caregiver-child bond while fostering all areas of a child's development. Dance and music concepts will be explored through songs and rhymes, movement exploration, circle dances, free exploration, and sensory activities.

To learn more about the Intelligence® Method, visit www.intelligence.com.

Little Ninja's (Beginners) by Cutting Edge Kung Fu

Ages 4 to 8 Years Old
Non-Residents Welcome
Saturdays | 9:15 to 10:15 am
\$60 per month

This class is aimed to start teaching structure, discipline, and respect while having fun learning the basics of Kung Fu!

Contact Sifu Kyle today at cuttingedgekf@gmail.com.

251st Chaparral Scouts

Non-residents welcome

The 251st Chaparral Scouts are an active group in your community. Our mission is to help develop well-rounded youth, better prepared for success in the world. We do this by engaging youth in a safe, youth-led, adventurous program of a wide variety of indoor and outdoor activities. A big thank you for supporting our programs through our many fundraising efforts.

Beavers (ages 5 to 7) – Tuesdays, 6:30 to 7:30 pm
Cubs (ages 8 to 10) – Mondays, 6:45 to 8:15 pm
Scouts (ages 11 to 14) – Wednesdays, 6:30 to 8:00 pm
Ventures (ages 15 to 17) – Wednesdays, 6:30 to 9:00 pm
Please visit www.scouts.ca for more information.

Drawing Classes for Kids with Young Rembrandts

Non-residents welcome
Fridays

Cartooning | Ages 6 to 12 | 4:30 to 5:30 pm
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Fun after school drawing classes that help kids succeed in school. Build fine motor skills, hand-eye coordination, observation skills, self-expression, social skills, and confidence.

With over 35 years' experience, Young Rembrandts is the leading art education program for children. Proudly serving Calgary with art and drawing classes for kids for over fourteen years.

Our weekly drawing classes are designed so your children can participate from preschool through sixth grade and never repeat a lesson. Stimulate your child's creative spirit - enrol now!

Enrol online at www.youngrembrandts.com/southernalberta or call us at 403-457-DRAW (3729).

LCRA Board of Directors

Our Lake Chaparral Residents Association Board of Directors maintains an email address at bod@lakechap.ca to hear your suggestions and feedback on large-scale governance, direction, and broad-scope improvements to the member experience.

For all operations, day-to-day, or management-related questions, please send emails to info@lakechap.ca.

Message from the General Manager

Hello Lake Chaparral!

It's been great to see everyone enjoying the beach, lake, and the variety of summer camps that have been brought onboard this year!

In July, we saw the completion of a community mural in the newly renovated upstairs skate room – thanks so much to Krystelle Creations, our local artist, for engaging the community to create this wonderful piece. If you haven't seen it yet, be sure to stop by!

To help improve security, we rolled out a "no card, no entry" rule at the front gate, in line with many other lake communities. This not only helps us to better screen entry but also reduces the time taken for our staff to look up existing accounts.

Please bring your cards with you and be sure to treat our staff and each other with kindness.

Best wishes,

Dylan Lock

General Manager

LAKE CHAPARRAL RESIDENTS' ASSOCIATION BOARD OF DIRECTORS
(NOT AFFILIATED WITH THE CCA)



President	Racim Gribaa	bod@lakechap.ca
Vice President	Daren Couture	bod@lakechap.ca
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Director at Large	Jeff Saxinger	bod@lakechap.ca

LAKE CHAPARRAL RESIDENTS' ASSOCIATION MANAGEMENT (NOT AFFILIATED WITH THE CCA)

General Inquiries	LCRA Guest Services	info@lakechap.ca
Office Manager	Linda Milot	office@lakechap.ca (for HOA-related inquiries)
General Manager	Dylan Lock	

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CHAPARRAL COMMUNITY REAL ESTATE ACTIVITY

	Properties Listed	Properties Sold	Median Listed Price	Median Sold Price
June 24	23	24	\$709,950	\$732,500
May 24	27	24	\$689,500	\$693,750
April 24	31	27	\$675,000	\$668,500
March 24	17	15	\$675,000	\$680,000
February 24	15	11	\$590,000	\$615,500
January 24	11	13	\$675,000	\$645,000
December 23	5	9	\$599,900	\$608,000
November 23	16	16	\$694,400	\$685,000
October 23	13	12	\$587,450	\$587,500
September 23	14	17	\$700,000	\$699,000
August 23	22	17	\$579,900	\$589,500
July 23	13	12	\$599,900	\$640,750

To view more detailed information that comprises the above MLS averages, please visit chap.mycalgary.com

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