DECEMBER 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

ECHAPARRAL trailblazer

BRINGING CHAPARRAL RESIDENTS TOGETHER

CHRISTMAS CELEBRATIONS DECEMBER 14 11:00 AM TO 3:00 PM



Chaparral's Enchanted Fall Night by David Jens

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CHAPARRAL COMMUNITY ASSOCIATION www.chaparralcommunity.com

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CHAPARRAL COMMUNITY ASSOCIATION MEMBERSHIP

To purchase your \$20 membership, please visit www.chaparralcommunity.com.

YOUR COMMUNITY ASSOCIATION



Chaparral



Chaparral was established in 1995 with a 32-acre artificial lake and a 21-acre park with two waterfalls as centrepiece of the neighbourhood and now has grown to include Lake Chaparral, Chaparral Ridge, Chaparral Revine and Chaparral Valley. The Chaparral Community Association strives to represent and serve the community of Chaparral through effective communication, engaged volunteers, and fiscal responsibility, to foster a vibrant and livable community. We are a non-profit organization established under the societies act, and we are governed by elected and volunteer members from our community. We are always looking for expertise and support to grow, please reach out to get involved.

The Chaparral Community Association (CCA) is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge, Chaparral Ravine, and Chaparral Valley. Your CCA is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial, and residential land use development, and represents the position of the residents on education, transportation, environmental, and infrastructure issues. The CCA supports organized sports, community, and social programs. To stay connected the CCA publishes the *Chaparral Trailblazer* and maintains a website (www.chaparralcommunity.com), Facebook, and Instagram pages (@chaparralca).

Successful, healthy communities are generally those with active and sustained membership and involvement by the community residents. The CCA board encourages all residents to purchase a membership, and when available, attend monthly meetings to help make our community amazing.

Some things the CCA has done for the community include: Chaparral Common and Chapalina Crescent Playgrounds, Green Thumbs Community Garden, Community Clean-Ups, Adopt-a-Rink in the Valley, Valley Summer Bash, garbage bin wraps, Stampede kick-off breakfast (co-organized with the Lake – open to all CCA members), Festival of Lights, advocating for traffic signal lights and crosswalk Rapid Movement Flagship Beacons (RFB), Safe Communities Initiatives, and Development Permit Applications. The CCA has also weighed in on Commercial Applications (Chaparral Meadows, Bottle Depot, Telus Cell Tower, BFI Canada Inc., Inland Cement).



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CHAPARRAL COMMUNITY REAL ESTATE ACTIVITY

	Properties Listed	Properties Sold	Median Listed Price	Median Sold Price	
October 24	16	14	\$724,450	\$717,000	
September 24	16	14	\$564,450	\$562,000	
August 24	26	17	\$575,000	\$600,500	
July 24	17	20	\$694,789	\$682,500	
June 24	20	24	\$709,950	\$732,500	
May 24	27	24	\$689,500	\$693,750	
April 24	31	27	\$675,000	\$668,500	
March 24	17	15	\$675,000	\$680,000	
February 24	15	11	\$590,000	\$615,500	
January 24	11	13	\$675,000	\$645,000	
December 23	5	9	\$599,900	\$608,000	
November 23	16	16	\$694,400	\$685,000	
To view more detailed information that comprises the above MLS averages, please visit chan mucalgary com					

To view more detailed information that comprises the above MLS averages, please visit chap.mycalgary.com

Chaparral

2024 COMMUNITY ASSOCIATION CONTACTS

COMMUNITY ASSOCIATION

CCA POADD OF DIDECTOD

President	Donna Reid	president@chaparralcommunity.com
Vice President	Lynette Javaheri	vp@chaparralcommunity.com
Secretary	Charlene May	secretary@chaparralcommunity.com
Treasurer	Mike Reid	treasurer@chaparralcommunity.com
Director at Large	Hayden Rombough	director@chaparralcommunity.com
Director at Large	Anna Rybak	valley@chaparralcommunity.com
Director at Large	Anton Ovtichnnikov	membership@chaparralcommunity.com
Director at Large	Gustavo Barcelos	
VOLUNTEERS		
Trailblazer Editor	Daisy Zhuang	editor@chaparralcommunity.com
Website/Memberships	Anton Ovtichnnikov	membership@chaparralcommunity.com
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Community Garden (Chaparral Green Thumbs)	Jolene Ottosen	chaparralgreenthumbs@gmail.com
Chaparral Lake Representative	This Could Be You!	
Chaparral Valley Representative	Anna Rybak	valley@chaparralcommunity.com
Chaparral Ridge Representative	This Could Be You!	
Chaparral Ravine Representative	This Could Be You!	
Chaparral Playground Coordinators	Lynette Javaheri	vp@chaparralcommunity.com
	Anna Rybak	valley@chaparralcommunity.com
	Hayden Rombough	director@chaparralcommunity.com
Events Coordinator	This Could Be You!	
Local Business Relations	This Could Be You!	
Safe Communities Initiative	Anton Ovtichnnikov	membership@chaparralcommunity.com

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PRESIDENT'S MESSAGE

Merry Christmas and Happy Holidays

We'd like to take this opportunity to wish all our amazing community members a joyful holiday season! Merry Christmas and Happy Holidays to you and your loved ones.

The Chaparral Community Association (CCA) is a volunteer-run organization focused on beautifying our community and hosting engaging events. Some of the CCA's initiatives include new playgrounds, community gardens, clean-up events, the Adopt-a-Rink program, the Chaparral Valley End of Summer Bash, the Stampede Breakfast, and more!

We represent Lake Chaparral, Chaparral Ridge, Chaparral Valley, and Chaparral Ravine. As the saying goes, "Many hands make light work," and we're looking for a few more helping hands. Volunteering with us is a fantastic way to connect with your community and make a meaningful impact.

I want to extend my heartfelt thanks to our wonderful Board of Directors and all our volunteers who generously dedicated their time this year. Your efforts in organizing events, assisting with community clean-ups, and maintaining the Chaparral Valley outdoor rink have been invaluable. We couldn't have accomplished all this without you—thank you!

Introducing the 2024-25 CCA Board of Directors

- President Donna Reid
- Vice-President Lynette Javaheri
- Secretary Charlene May
- Treasurer Mike Reid
- Website/Memberships/Safe Communities Anton Ovtichnnikov
- Playground Coordinators Lynette Javaheri, Anna Rybak, Hayden Rombough
- Social Media Anna Rybak
- Education Gustavo Barcelos

We're Currently Looking For Volunteers To Fill These Roles:

- Events Coordinator
- Athletic Director
- Chaparral Ridge Representative
- Chaparral Ravine Representative

- Community Cleanup Coordinator
- Block Party Coordinator

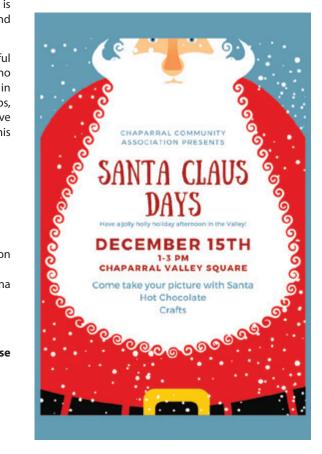
CCA Sports Equipment Rental

The CCA also offers sports equipment that members can borrow, including adult and child snowshoes, walking poles, and a portable disc golf set. Contact us to sign out equipment.

Monthly board meetings are typically held on the second Wednesday of each month. Remember, many hands make light work! If you're interested in getting involved, please email us at president@ chaparralcommunity.com.

Donna Reid

Chaparral Community Association President



MENTAL HEALTH MOMENT

Five Benefits of Longer-Term Therapy

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca



Longer-term therapy offers a more comprehensive, sustainable, and transformative approach to mental health compared to crisis management. While both approaches serve important roles; longer-term therapy provides deeper benefits beyond immediate relief, by addressing the root causes of psychological distress and fostering long-lasting personal growth.

1. Addresses Root Causes – Crisis management focuses on immediate stabilization and symptom relief. Its primary goal is to help us regain control in acute moments of psychological distress or trauma. While this is vital in emergencies, crisis management often lacks the time or depth to explore the underlying causes of our mental health challenges. Longer-term therapy allows us to delve into the root causes of our issues that may stem from our childhood experiences, unresolved trauma, or ingrained behavioural patterns. By addressing these underlying factors we can work through our long-standing issues, leading to more profound and enduring changes in our mental health.

2. Develops Self-Awareness – One key advantage of longer-term therapy is the opportunity to gain a deeper understanding of ourselves over time. Therapy is a journey of self-exploration where we learn to recognize patterns in our thoughts, emotions, and behaviours. Conversely, crisis management doesn't usually allow the time needed for introspection. With regular sessions over time, we can identify our emotional triggers, unhealthy coping patterns, or self-defeating behaviours. This heightened self-awareness helps us not only resolve our current issues but helps to prevent future crises due to the healthier strategies we've adopted through longer-term practice and accountability.

3. Builds A Therapeutic Relationship – The relationship between the therapist and ourselves is a crucial element of our healing process. In longer-term therapy, the relationship has the chance to develop trust, safety, openness, and healthy boundaries attachment. Overtime, we may feel more comfortable in sharing deeply personal experiences, feelings, and vulnerabilities that might not have surfaced during a short-term crisis intervention. This formation of trust creates a space where we can process painful emotions and difficult truths, allowing us to work through our challenges more effectively. Unfortunately, crisis management often doesn't allow for the time necessary for such a deep therapeutic relationship to form.

4. Prevents Relapse – Crisis management is reactive. It helps us cope with a crisis after it has occurred. It may provide immediate relief, but it does little to prevent future episodes. Longer-term therapy takes a proactive approach to mental health. Through ongoing support, we can build coping strategies, resilience and emotional regulation skills that reduce the likelihood of future crises. By working through the issues that contributed to past crisis, we can learn to manage stressors more effectively, decreasing the chances of relapse or recurrence of acute mental health episodes.

5. Personal Growth and Transformation - Longer-term therapy is not only about symptom reduction; it's also about personal growth and transformation. In the process of therapy, we often discover new aspects of ourselves, develop a stronger sense of identity, and cultivate a greater capacity for emotional and relational intimacy. This leads to a more fulfilling and authentic life, which crisis management, with its focus on immediate stabilization, cannot provide. Longer-term therapy encourages growth beyond just managing symptoms, helping us to thrive, not just survive.

While crisis management is necessary for short-term stabilization during emergencies, longer-term therapy offers a far more in-depth and sustainable approach. It allows us to explore root causes of our distress, build self-awareness, foster a strong therapeutic relationship, prevent future crises, and experience deep personal transformation. These benefits make longer-term therapy a more effective and holistic option for achieving lasting mental health and well-being.

Cold Weather Safety

by Alberta Health Services

Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water until fully re-warmed;
- Call 9-1-1 or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;



- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.





Magic Carpet Ride Family Literacy Program

A family that reads together, grows together.

The Magic Carpet Ride program is for 3-5 year olds and their parents or caregivers. We help families learn to use everyday activities to build a love of literacy and learning. Held at convenient locations across Calgary.

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famlit@canlearnsociety.ca (403) 686-9300 ext. 128



www.canlearnsociety.ca/magic-carpet-ride

Maintaining the Sights and Smells of Christmas Indoors

Contributed by Jolene Ottosen for the Chaparral Green Thumbs

Growing up, one of my favourite parts of Christmas was our annual trip to a family friend's property to cut down a Christmas tree. Depending on the year and how cold it was, I may or may not have loved the cutting of the tree itself, but I always loved the scent of a real tree filling the house. Sometimes, we'd make centrepieces from the trimmings, and I remember the thrill of seeing real holly at a grocery store as a teenager. I made it into a garland for our kitchen cabinets, and I thought it looked fabulous—until it dried out much faster than I'd hoped.

Thanks to the internet, we can now learn how to keep our greenery fresher for longer and find inspiring arrangement ideas. While I'll leave the design to you, here are some tips to make your greenery last as long as possible.

Step One: Choose the Freshest Greenery

Buy greenery as fresh as possible. Farmers' markets and greenhouses are ideal sources. Look for branches that are aromatic, sticky (not dry or brittle), and free of fading. Give them a gentle shake; if needles fall off, it's best to move on.

Step Two: Rehydrate Before Use

Rehydrating is essential, especially for décor like wreaths or garlands that will dry out faster. Make a fresh cut at the base of the greenery or tree, as the old cut will have dried and won't absorb water well. For trees, cut at least four inches above the previous cut; for smaller greenery, make a diagonal cut to allow more water absorption.

After cutting, place the greenery in a bucket of room-temperature water for at least an hour before using. This is also helpful for Christmas trees—place the tree in a larger bucket to rehydrate before setting it in the stand. Once your tree is set up, keep it watered regularly to extend its life and reduce needle loss.

Ensure the tree stand can hold at least 3.5 litres of water and that it's wide enough not to require removing any bark, as the bark helps the tree absorb water. Also, make sure the tree is balanced in the stand, even if it's not perfectly straight. Trust me—our freshly decorated tree once toppled onto a friend during a movie night!

For the first few days, trees may drink up to four litres of water daily, so check the water level often.

Step Three: Choose Longer-Lasting Varieties

Short-needled pines lose needles faster than long-needled varieties, such as Scots Pine, which can last several days longer. Fir trees, especially Balsam fir, are traditional Christmas choices and are less prickly, making ornament-hanging easier—though they have weaker branches, so use lighter decorations. If you prefer stronger branches, spruce or pine are sturdier but have pricklier needles, which may help deter pets.

For decorative boughs, using multiple varieties can be helpful. You can remove faded branches over time and still have a fresh display. Adding varieties like eucalyptus or bay will increase fragrance and enhance visual appeal.

Step Four: Care for Indoor Greenery

Without a water source, fresh greenery lasts about two weeks indoors, or less depending on indoor heat and humidity. For cuttings that can't be watered, an anti-desiccant spray can help by sealing the pores on leaves and bark to retain moisture. These sprays are available online or at greenhouses, though even with treatment, fresh holly typically lasts only about a week indoors.

Misting greenery daily can extend its freshness and enhance fragrance and keeping it away from direct heat and sunlight helps as well.

We hope these tips help preserve the joy of your holiday greens a little longer. If the last few years have shown us anything, it's to savour every bit of joy we can—so why not our holiday greenery, too?

On behalf of Chaparral Green Thumbs, we wish you a Merry Christmas!

For more information or details on upcoming events, email us at chaparralgreenthumbs@gmail.com.



Park Information

Park Hours: 9:00 am to 10:00 pm Office Hours: Monday to Saturday, 10:00 am to 6:00 pm Phone: 403-254-4148 Email: info@lakechap.ca Website: www.lakechap.ca Facebook: www.facebook.com/lakechapyyc Instagram:@lakechapyyc

Please note that the entrance is closed 30 minutes prior to designated closure to allow our staff time to clear the facilities. The park may also close early due to weather, lack of residents accessing the space, seasonal off-peak months, or other issues as deemed valid by LCRA management. By default, the park and lake will be closed at temperatures of -25°C (without wind chill).

Reminders and Announcements

Membership Fees

The 2024 LCRA Membership Fees were announced in May – the deadline to pay the fees was July 1. All fees must be paid to access the lake/park and are registered as an encumbrance on the property land titles in Lake Chaparral. All outstanding accounts are subject to interest and will not be permitted access at the front gate.

If you have any questions or concerns, please contact the office at 403-254-4148 or email info@lakechap.ca.

Safety Flag Reminder

The LCRA closely monitors the safety of the lake/lake ice for use; however, we cannot guarantee the lake/lake ice is free of all risks. Regardless of the status of the Safety Flag (details on status below), access is done at the sole risk of the member and their guests.

You can view the status of the Safety Flag by looking for the flags at the park, contacting the LCRA office at 403-254-4148, or by visiting our website at www.lakechap.ca.

Red Flag = Waterfront and lake ice is closed to all users. Green Flag = Waterfront and lake ice is open to all users.

Monthly Email Communications

The LCRA aims to keep members informed with our monthly communications emails. If you are not receiving emails from the LCRA, please call the office at 403-254-4148 or send us an email at info@lakechap.ca and we will be happy to update your account.

Upcoming Events

Please visit www.lakechap.ca/events for all up-to-date information on upcoming events, programs, and activities.

Christmas Event

Date: Saturday, December 14, 2024 Time: 11:00 am to 3:00 pm Come out to enjoy horse drawn wagon rides,

appearances from Santa, and much more!

New Years Eve Date: Tuesday, December 31, 2024 Time: 8:30 pm

Fireworks will be set off at 8:30 pm! Let's start 2025 with a big bang!

More information to come, stay tuned to our website and social media for details.

Drop-In Programs

LCRA Senior Games Mondays | 12:00 to 3:00 pm

Attention all seniors! Come out to socialize with your neighbours and friends, play games, and enjoy coffee at the lake house. Cost: \$1 per person, drop-in.

LCRA Walking Club Tuesdays and Thursdays | 10:00 am to 12:00 pm

Meet outside the Lake House (by the flags) at 10:00 am to start the walk. Walks usually last one hour, followed by a visit with coffee in the Lake House. \$0.50 per person, drop-in. Did you know that three laps around the walking path = two kilometres?

Registered Programs

Registration for the following programs are done with the individual instructor.

Program schedules are subject to change; please contact the program instructor directly for more details.

Devotion Danceworks

Non-Residents Welcome

Offers recreational, sessional-based classes for children ages 18 months to 12 years old. Visit our website for more information and registration.

Classes available in:

- Giggle & Groove Parented Class (Ages 18 months to 2.5 years)
- Tiny Toes Ballet (Ages 2.5 to 3.5)



- Tiny Ballerinas (Ages 3.5 to 4.5)
- Mini Combo (Ages 4 to 5)
- Ballet/Jazz (Ages 4 to 12)
- Musical Theatre (Ages 4 to 12)
- Hip Hop (Ages 4 to 9)

Please visit www.devotiondanceworks.com or contact Elizabeth Rieb at 403-828-9675 or elizabeth@devotiondanceworks.com.

Intellidance[®] Babies (3 to 11 months) 10:00 to 11:00 am

To register, please email intellidance.calgary@gmail.com. Non-Residents Welcome Fridays

Come sing, dance, and have fun with your little ones! Intellidance[®] is a research-based music and movement program designed to support the caregiver-child bond while fostering all areas of a child's development. Dance and music concepts will be explored through songs and rhymes, movement exploration, circle dances, free exploration, and sensory activities.

To learn more about the Intellidance[®] Method, visit www.intellidance.com.

Cutting Edge Kung Fu

Non-residents welcome

The Wellness Dojo's Little Ninjas Kung Fu Class for ages 4 to 7.

Located at Lake Chaparral. Every Saturday from 9:15 to 10:15 am.

\$90 per month

Visit wellnessdojo.ca/martial-arts or contact Sifu Kyle at cuttingedgekf@gmail.com.

This class is aimed to start teaching structure, discipline, and respect while having fun learning the basics of Kung Fu!

251st Chaparral Scouts

Non-residents welcome

The 251st Chaparral Scouts are an active group in your community. Our mission is to help develop well-rounded youth, better prepared for success in the world. We do this by engaging youth in a safe, youth-led, adventurous program of a wide variety of indoor and outdoor activities. A big thank you for supporting our programs through our many fundraising efforts.

Beavers (ages 5 to 7) – Tuesdays, 6:30 to 7:30 pm Cubs (ages 8 to 10) – Mondays, 6:45 to 8:15 pm Scouts (ages 11 to 14) – Wednesdays, 6:30 to 8:00 pm Ventures (ages 15 to 17) – Wednesdays, 6:30 to 9:00 pm Please visit www.scouts.ca for more information.

Yin Yang Yoga

Non-residents welcome Tuesdays, 9:30 to 10:30 am

A well-rounded practice to find balance and harmony, engaging your body and mind.

\$140 for seven classes or \$25 drop-in.

For beginners and those who wish to deepen their practice. Yin yoga stimulates and stretches the body's fascia, soothes the nervous system, and relaxes the mind. The Yang part of the practice invigorates, builds strength and stamina.

To register and learn more, email alina.meetyourselfyoga@gmail.com.

Return to Neutral

Non-residents welcome

Wednesdays, 9:30 to 10:20 am

Mat Pilates classes, geared to restore mobility in joints, improve posture, ease pain, improve flexibility, and improve strength.

Courses run once per week. Price is \$110 for a six-week session or \$25 for one drop-in pass.

Visit www.return2neutral.com/ for more information.

Margo Sutter Yoga – Chair Yoga

Non-residents welcome

Wednesdays, 12:30 to 1:30 pm

Making the health benefits of yoga available to everybody. Accessible sequences to build strength, flexibility, and inner calm.

Registered session: \$60. Drop-in: \$18

Email Margo for more information at margo.sutter@gmail.com.

First Friday Adult Art Workshop LCRA: Christmas Creation!

Hosted by Krystelle Creations at Lake Chaparral.

continued on next page

THE LCRA TODAY - CONTINUED

Celebrate the holiday season with a cozy evening of creativity and connection! Join us on December 6 for a special Christmas-themed art workshop designed to help you relax, unwind, and explore your creative side in a festive atmosphere.

Date: Friday, December 6 Time: 6:00 to 8:00 pm Where: Lake Chaparral Residents Association Cost: \$30 per person (all supplies included)

What to Expect:

- A fun, guided Christmas art project perfect for all skill levels
- A warm, welcoming space to relax and enjoy the season
- An opportunity to connect with other adults in the community

Limited spots available! Reserve yours today on the Lake Chaparral Residents Association website or contact us at krystelle.creations@gmail.com.

Kick off the holiday season with creativity and community—sign up now!

LCRA Board of Directors

Our Lake Chaparral Residents Association Board of Directors maintains an email address at bod@lakechap. ca to hear your suggestions and feedback on large-scale governance, direction, and broad-scope improvements to the member experience.

For all operations, day-to-day, or management-related questions, please send emails to info@lakechap.ca.

Message from the General Manager

Hello, Lake Chaparral community!

The holiday season is upon us! December is a wonderful time to embrace the winter season, enjoy festive gatherings, and look forward to the New Year.

For all the stargazers among us, don't miss the Geminid meteor shower in mid-December, one of the brightest and most spectacular meteor showers of the year. Just look up and enjoy the show!

From all of us at the LCRA, we wish you and your loved ones a joyful, cozy, and safe holiday season. May this time bring warmth and happiness to each of your homes.

Warm regards,

Dylan Lock

General Manager



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LAKE CHAPARRAL RESIDENTS' ASSOCIATION BOARD OF DIRECTORS (NOT AFFILIATED WITH THE CCA)



President	Racim Gribaa	bod@lakechap.ca				
Vice President	Daren Couture	bod@lakechap.ca				
Treasurer	Joanne Marshall	bod@lakechap.ca				
Secretary	Sandra Fanson	bod@lakechap.ca				
Director at Large	Cheryl Smillie	bod@lakechap.ca				
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Director at Large	Greg Juneau	bod@lakechap.ca				
Director at Large	Jeff Saxinger	bod@lakechap.ca				
LAKE CHAPARRAL RESIDENTS' ASSOCIATION MANAGEMENT (NOT AFFILIATED WITH THE CCA)						
General Inquiries	LCRA Guest Services	info@lakechap.ca				

Linda Milot

Dylan Lock

Office Manager **General Manager**

GAMES & PUZZLES

Guess the Holiday!

1. This holiday seems like it could be named after a sport, but it has nothing to do with one.

2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.

3. This holiday typically revolves around one shape.

4. Eggnog, trees, and bells are classic elements of this holiday.

5. Costumes are a huge part of the fun of this holiday.

6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.





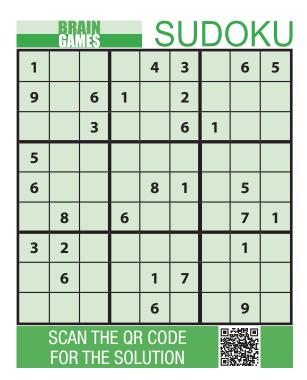


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