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CHAPARRAL COMMUNITY ASSOCIATION

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# CHAPARRAL COMMUNITY ASSOCIATION MEMBERSHIP

To purchase your \$20 membership, please visit www.chaparralcommunity.com.

#### YOUR COMMUNITY ASSOCIATION



**OUR HISTORY** 

Chaparral was established in 1995 with a 32-acre artificial lake and a 21-acre park with two waterfalls as centrepiece of the neighbourhood and now has grown to include Lake Chaparral, Chaparral Ridge, Chaparral Revine and Chaparral Valley.



OUR MISSION

The Chaparral Community Association strives to represent and serve the community of Chaparral through effective communication, engaged volunteers, and fiscal responsibility, to foster a vibrant and livable community.



**OUR GOVERNANCE** 

We are a non-profit organization established under the societies act, and we are governed by elected and volunteer members from our community. We are always looking for expertise and support to grow, please reach out to get involved.

The Chaparral Community Association (CCA) is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge, Chaparral Ravine, and Chaparral Valley. Your CCA is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial, and residential land use development, and represents the position of the residents on education, transportation, environmental, and infrastructure issues. The CCA supports organized sports, community, and social programs. To stay connected the CCA publishes the *Chaparral Trailblazer* and maintains a website (www.chaparralcommunity.com), Facebook, and Instagram pages (@chaparralca).

Successful, healthy communities are generally those with active and sustained membership and involvement by the community residents. The CCA board encourages all residents to purchase a membership, and when available, attend monthly meetings to help make our community amazing.

Some things the CCA has done for the community include: Chaparral Common and Chapalina Crescent Playgrounds, Green Thumbs Community Garden, Community Clean-Ups, Adopt-a-Rink in the Valley, Valley Summer Bash, garbage bin wraps, Stampede kick-off breakfast (co-organized with the Lake – open to all CCA members), Festival of Lights, advocating for traffic signal lights and crosswalk Rapid Movement Flagship Beacons (RFB), Safe Communities Initiatives, and Development Permit Applications. The CCA has also weighed in on Commercial Applications (Chaparral Meadows, Bottle Depot, Telus Cell Tower, BFI Canada Inc., Inland Cement).

### GOOEY GOODNESS

Have you ever wondered why it is called a marshmallow? The gooey treat we love today was originally enjoyed by Ancient Egyptians and made from the mallow plant (Athaea officinalis), which grows wild in marshes!







# 2024 COMMUNITY ASSOCIATION CONTACTS

CCA BOARD OF DIRECTORS		
President	Donna Reid	president@chaparralcommunity.com
Vice President	Lynette Javaheri	vp@chaparralcommunity.com
Secretary	Charlene May	secretary@chaparralcommunity.com
Treasurer	Mike Reid	treasurer@chaparralcommunity.com
Director at Large	Hayden Rombough	director@chaparralcommunity.com
Director at Large	Anna Rybak	valley@chaparralcommunity.com
Director at Large	Anton Ovtichnnikov	membership@chaparralcommunity.com
VOLUNTEERS		
Trailblazer Editor	Daisy Zhuang	editor@chaparralcommunity.com
Website/Memberships	Anton Ovtichnnikov	membership@chaparralcommunity.com
Social Media	Donna Reid	media@chaparralcommunity.com
Community Garden (Chaparral Green Thumbs)	Jolene Ottosen	chaparral green thumbs@gmail.com
Chaparral Lake Representative	This Could Be You!	
Chaparral Valley Representative	Anna Rybak	valley@chaparralcommunity.com
Chaparral Ridge Representative	This Could Be You!	
Chaparral Ravine Representative	This Could Be You!	
Chaparral Playground Coordinators	Lynette Javaheri	vp@chaparralcommunity.com
	Anna Rybak	valley@chaparralcommunity.com
Events Coordinator	This Could Be You!	
Local Business Relations	This Could Be You!	
Safe Communities Initiative	Anton Ovtichnnikov	membership@chaparral community.com

#### CONNECT WITH THE CHAPARRAL COMMUNITY ASSOCIATION

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#### **SCAN HERE TO VIEW ADDITIONAL CHAPARRAL CONTENT**

News, Events, & More

Crime **Statistics** 



**Real Estate Statistics** 



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

#### PRESIDENT'S MESSAGE

Yahoo!

It's time for the Greatest Outdoor Show on Earth! Check out stampedebreakfast.ca for the 2024 Calgary Stampede Pancake calendar.

Thank you to everyone who came out and helped with the Community Cleanup on June 9. It takes many hands to make our community great, and we appreciate all of our volunteers.

The Chaparral Community Association has worked with the City of Calgary on the Adopt-a-Rink program for several years. We are excited to announce that we will now be installing a permanent pad in Chaparral Valley Square Park. Construction will commence this summer/fall. The CCA is looking for input on how to use the pad when the ice has melted. If you have any ideas, please send us a message.

The CCA hosts several events throughout the year, including Murder Mystery Nights, Easter Egg Hunt, Stampede kick-off breakfast (co-hosted with the Lake Chaparral Residents Association), End of Summer Bash, Skate with Santa, and Festival of Lights. We are looking for an Events Coordinator to help plan and organize events. If you would like to help out, please email us.

The CCA also has several pieces of sports equipment that can be used by members, including adult and child snowshoes, walking poles, and a portable disc golf game. Contact us to sign out equipment.

Monthly board meetings typically take place on the second Wednesday of the month. Many hands make for light work! If you would like to get involved in the community, please message president@chaparralcommunity.com.

Donna Reid

**Chaparral Community Association President** 

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# **Drought Tolerant Vegetable Options**

Contributed by Jolene Ottosen for the Chaparral Green Thumbs

As you may have noticed from my last few articles, water conservation in gardening is something that interests me. In part, this is inspired by the recent drought we have been facing and the city's request for voluntary water restrictions, but I already have a history of inconsistent watering, so I am always on the lookout for hardy plants that suit my habits.

If you search online for drought-tolerant vegetables, one common piece of advice you will find is to plant perennial vegetables. More established plants will have a deeper root system that is better able to withstand drought. That is sensible advice. I have a rhubarb plant that my father dug out of a pasture, and it is sitting in the driest and sunniest part of my yard, where it thrives despite the fact that I hardly ever water it. However, there are only so many perennial vegetables that can survive our harsh winters. When we moved into this house, even though the yard was somewhat neglected, a patch of walking onions, also known as Egyptian onions, was flourishing. With these two examples in mind, I started looking for more options. While there is not a huge selection in this category, here are other options that can handle our zone four climate and are fairly drought tolerant:

- Asparagus once established.
- Chives
- Horseradish
- Lovage
- Sunchokes or Jerusalem artichokes a note of caution: in some zones, these can start to take over, so grow with caution.
- Ostrich fern fiddleheads these are toxic if eaten raw but safe when cooked.
- Garlic this is generally planted annually, but as it is planted in the fall, it is well established by the spring and doesn't need a lot of attention.
- Daylilies in Asia, the buds are used similarly to green beans, and the flowers are added to salads.

Looking at annual vegetables, beans are often recommended because they do not have high water needs once established, and their root systems pull nitrogen from the air into the soil, potentially allowing other plants to access it. Other suggestions are:

- Potatoes their slow growth allows them to be more forgiving of dry spells, and their fall harvest allows them to catch up on water during cooler times.
- · Swiss chard
- Beets
- Carrots some varieties have lower water needs, check packaging.
- Eggplant
- Peppers
- Mustard greens

If you don't want to limit your garden to just the above suggestions, there are other things you can do to support your soil's ability to retain moisture. First is to till or turn the soil as little as possible. While it can be quite satisfying to work up a large patch of soil and can help to manage weeds by exposing the roots, this also breaks up the soil structure, which helps it hold moisture. Try to disturb the soil only enough to plant and leave the rest. I also always recommend mulch as a way to protect the soil from drying heat and to inhibit weeds. Possible mulch materials are herbicide-free grass clippings, herbicide-free straw or hay, leaves, as well as other vegetation clippings.

Growing plants close together can also help them get the water they need. Think of the Iroquois traditional practice of growing the "three sisters": beans, corn, and squash together. Not only do these plants form a symbiotic relationship providing nutrients, shade, and vertical support for each other, their close proximity reduces the chance of moisture leaching away in the soil. So, consider planting in groups rather than rows. Also, while raised beds do not have the deep-water reserves that deeply rooted plants can access, the water given is better contained and cannot run away.

While the need for water while gardening is unavoidable, especially during seed germination or the establishment of transplants, there are steps we can take to minimize this need later in the season. Adopting some of these ideas might help you to conserve water as well as save you time and money.

#### Happy gardening!

If you are interested in more information about our garden email us at chaparralgreenthumbs@gmail.com.



JULY 1 | CANADA DAY
JULY 16 | NATIONAL FOOTBALL DAY
JULY 21 | NATIONAL ICE CREAM DAY





#### CHAPARRAL 2024 HOUSING MARKET REVIEW

\*January 1 - June 1, 2024

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	<u>DETACHED</u>		<u>ATTACHED</u>		<u>CONDO</u>
High	\$2,955,000	High	\$665,000	High	\$387,500
Low	\$556,786	Low	\$325,000	Low	\$295,000
Avg.	\$776,829	Avg.	\$486,341	Avg.	\$343,611
#Sold	59	#Sold	24	#Sold	9
Avg. da	ys on mkt.   17	Avg. da	ys on mkt.   13	Avg. da	ys on mkt.   20

Stats current as of June 1, 2024 a 11:59 pm. For more detailed market sales information, please contact Team Palmer at 403.836.3018 or info@teampalmer.ca.



Tos Tos





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128 Chaparral Circle SE

464 Legacy Boulevard SE

15 Everstone Dr. SW # 107





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#### **Heat Related Illness**

by Alberta Health Services

EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

#### **Heat Exhaustion**

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

#### **Heat Stroke**

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g., perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

#### First Aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess, or tight-fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention.

#### Prevention

- Stay well-hydrated by drinking plenty of water at all times.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11:00 am and 3:00 pm, even on cloudy days.







#### **Park Information**

Park Hours: 9:00 am to 10:00 pm

Office Hours: Monday to Saturday, 10:00 am to 6:00 pm

Phone: 403-254-4148 Email: info@lakechap.ca Website: www.lakechap.ca

Facebook: www.facebook.com/lakechapyyc

Instagram:@lakechapyyc

Please note that the entrance is closed 30 minutes prior to designated closure to allow our staff time to clear the facilities. The park may also close early due to weather, lack of residents accessing the space, or other issues as deemed valid by LCRA management. By default, the park and lake will be closed at temperatures of -25°C (without wind chill).

#### **Reminders and Announcements**

#### **Membership Fees**

The 2024 LCRA Membership Fees were announced in May – the deadline to pay the fees is July 1. All fees must be paid to access the lake/park and are registered as an encumbrance on the property land titles in Lake Chaparral. If you have not paid your fees by the due date, you will not be permitted access at the front gate.

If you have any questions or concerns, please contact the office at 403-254-4148 or email info@lakechap.ca.

#### **Safety Flag Reminder**

The LCRA closely monitors the safety of the lake/lake ice for use; however, we cannot guarantee the lake/lake ice is free of all risks. Regardless of the status of the Safety Flag (details on status below), access is done at the sole risk of the member and their quests.

You can view the status of the Safety Flag by looking for the flags at the park, contacting the LCRA office at 403-254-4148, or by visiting our website at www.lakechap.ca.

Red Flag = Waterfront and lake ice is closed to all users. Green Flag = Waterfront and lake ice is open to all users.

#### **Monthly Email Communications**

The LCRA is working on keeping you informed with our monthly communications. If you are not receiving emails from the LCRA, please call the office at 403-254-4148 or send us an email at info@lakechap.ca and we will be happy to update your account.

#### **Upcoming Events**

Please visit www.lakechap.ca/events for all up-to-date information on upcoming events, programs, and activities.

Family Fun Day

Date: Saturday, July 27, 2024 Time: 11:00 am to 3:00 pm

#### **Summer Camps**

Please visit our website at www.lakechap.ca/summer-camps/ for details on summer camps.

#### **Drop-In Programs**

LCRA Senior Games Mondays | 12:00 to 3:00 pm

Attention all seniors! Come out to socialize with your neighbours and friends, play games, and enjoy coffee at the lake house. Cost: \$1 per person, drop-in.

#### LCRA Walking Club Tuesdays and Thursdays | 10:00 am to 12:00 pm

Meet outside the Lake House (by the flags) at 10:00 am to start the walk. Walks usually last one hour and then is followed by a visit with coffee in the Lake House. \$0.50 per person, drop-in. Did you know that three laps around the walking path = two kilometres?

#### **Programs**

Registration for the following programs are done with the individual instructor.

Program schedules are subject to change; please contact the program instructor directly for more details.

#### **Devotion Danceworks**

Non-Residents Welcome

Offers recreational, sessional-based classes for children ages 18 months to 12 years old. Visit our website for more information and registration.

Classes available in:

- Giggle & Groove Parented Class (Ages 18 months to 2.5 years)
- Tiny Toes Ballet (Ages 2.5 to 3.5)
- Tiny Ballerinas (Ages 3.5 to 4)
- Mini Combo (Ages 4 to 5)
- Ballet/Jazz (Ages 4 to 12)
- Musical Theatre (Ages 4 to 12)
- Hip Hop (Ages 4 to 9)

Please visit www.devotiondanceworks.com or contact Elizabeth Rieb at 403-828-9675 or elizabeth@devotiondanceworks.com.

#### Intellidance® Babies (3 to 11 months) 10:00 to 11:00 am

To register, please email intellidance.calgary@gmail.com. Non-Residents Welcome Fridays

Come sing, dance, and have fun with your little ones! Intellidance® is a research-based music and movement program designed to support the caregiver-child bond while fostering all areas of a child's development. Dance and music concepts will be explored through songs and rhymes, movement exploration, circle dances, free exploration, and sensory activities.

To learn more about the Intellidance® Method, visit www.intellidance.com.

#### Little Ninja's (Beginners) by Cutting Edge Kung Fu

Ages 4 to 8 Years Old Non-Residents Welcome Saturdays | 9:15 to 10:15 am \$60 per month

This class is aimed to start teaching structure, discipline, and respect while having fun learning the basics of Kung Fu! Contact Sifu Kyle today at cuttingedgekf@gmail.com.

#### **251st Chaparral Scouts**

Non-residents welcome

The 251st Chaparral Scouts are an active group in your community. Our mission is to help develop well-rounded youth, better prepared for success in the world. We do this by engaging youth in a safe, youth-led, adventurous program of a wide variety of indoor and outdoor activities. A big thank you for supporting our programs through our many fundraising efforts.

Beavers (ages 5 to 7) – Tuesdays, 6:30 to 7:30 pm Cubs (ages 8 to 10) - Mondays, 6:45 to 8:15 pm Scouts (ages 11 to 14) – Wednesdays, 6:30 to 8:00 pm Ventures (ages 15 to 17) – Wednesdays, 6:30 to 9:00 pm Please visit www.scouts.ca for more information.

#### **Drawing Classes for Kids with Young Rembrandts**

Non-residents welcome Fridays

Cartooning | Ages 6 to 12 | 4:30 to 5:30 pm

Elementary | Ages 6 to 12 | 5:45 to 6:45 pm

Fun after school drawing classes that help kids succeed in school. Build fine motor skills, hand-eve coordination, observation skills, self-expression, socials skills, and confidence.

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Enrol online at www.youngrembrandts.com/ southernalberta or call us at 403-457-DRAW (3729).

#### LCRA Board of Directors

Our Lake Chaparral Residents Association Board of Directors maintains an email address at bod@lakechap. ca to hear your suggestions and feedback on large-scale governance, direction, and broad-scope improvements to the member experience.

For all operations, day-to-day, or management-related questions, please send emails to info@lakechap.ca.

#### **Message from the General Manager**

Hello Lake Chaparral!

We're in the full swing of summer and are so excited to have everyone enjoying the weather and park!

Safety reminder: be mindful of the heat and expected drought conditions. Take lots of breaks during physical activity, seek shade where you can, and stay hydrated. We have a water fountain on the outside of the lake-house, and a new water bottle fill-station inside to help beat the heat.

Huge thanks to all our sponsors, volunteers, partners, and members for helping make the annual Chaparral Stampede Breakfast such a success last month. It was wonderful seeing so many from the community - we wish everyone a great Stampede season!

Best wishes,

Dylan Lock

General Manager

### LAKE CHAPARRAL RESIDENTS' ASSOCIATION BOARD OF DIRECTORS (NOT AFFILIATED WITH THE CCA)



President	Racim Gribaa	bod@lakechap.ca
Vice President	Daren Couture	bod@lakechap.ca
Treasurer	Joanne Marshall	bod@lakechap.ca
Secretary	Sandra Fanson	bod@lakechap.ca
Director at Large	Cheryl Smillie	bod@lakechap.ca
Director at Large	David Butler	bod@lakechap.ca
Director at Large	Roger Planden	bod@lakechap.ca
Director at Large	Walter Kachmar	bod@lakechap.ca
Director at Large	Greg Juneau	bod@lakechap.ca
Director at Large	Jeff Saxinger	bod@lakechap.ca

#### LAKE CHAPARRAL RESIDENTS' ASSOCIATION MANAGEMENT (NOT AFFILIATED WITH THE CCA)

General Inquiries	LCRA Guest Services	info@lakechap.ca
Office Manager	Linda Milot	office@lakechap.ca (for HOA-related inquiries)
General Manager	Dylan Lock	



# Know the signs of STROKE





Face is it drooping?



**Arms** 

can you raise both?

Speech

is it slurred or jumbled?

Time

Beat stroke Call 9-1-1 FAST

heartandstroke.ca/FAST

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#### CHAPARRAL COMMUNITY REAL ESTATE ACTIVITY

	Properties Listed	Properties Sold	Median Listed Price	Median Sold Price	
May 24	27	24	\$689,500	\$693,750	
April 24	31	27	\$675,000	\$668,500	
March 24	17	15	\$675,000	\$680,000	
February 24	15	11	\$590,000	\$615,500	
January 24	11	13	\$675,000	\$645,000	
December 23	5	9	\$599,900	\$608,000	
November 23	16	16	\$694,400	\$685,000	
October 23	13	12	\$587,450	\$587,500	
September 23	14	17	\$700,000	\$699,000	
August 23	22	17	\$579,900	\$589,500	
July 23	13	12	\$599,900	\$640,750	
June 23	27	30	\$612,450	\$636,250	

To view more detailed information that comprises the above MLS averages, please visit chap.mycalgary.com

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**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

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**HOUSE CLEANER:** I have openings in your area! Over 30 years of experience in general home cleaning. Reliable, honest, and discreet with reasonable rates. References can be provided. Text or phone 403-953-0808.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up /Drop-Off Service Available.

**HERITAGE WEST PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**LOCAL HANDYMAN:** Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

HOUSE CLEANER IN CHAPARRAL: Highly experienced cleaning ladies looking for more houses to clean in Chaparral. We're offering excellent, detailed service. Add some luxury to your home, let us clean your space. Satisfaction guaranteed! Ask me about a bonus! Text 587-225-4413 or email greatcleaningstar@gmail.com.

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**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



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