

OCTOBER 2024

YOUR OFFICIAL COMMUNITY NEWSLETTER

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## HALLOWEEN EVENT

### OCTOBER 26

### 11:00 AM TO 3:00 PM



*Chaparral's Little Devil Greens by Maureen Bisanti*



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## CHAPARRAL COMMUNITY REAL ESTATE ACTIVITY

	Properties Listed	Properties Sold	Median Listed Price	Median Sold Price
August 24	29	17	\$575,000	\$600,500
July 24	17	20	\$694,789	\$682,500
June 24	20	24	\$709,950	\$732,500
May 24	27	24	\$689,500	\$693,750
April 24	31	27	\$675,000	\$668,500
March 24	17	15	\$675,000	\$680,000
February 24	15	11	\$590,000	\$615,500
January 24	11	13	\$675,000	\$645,000
December 23	5	9	\$599,900	\$608,000
November 23	16	16	\$694,400	\$685,000
October 23	13	12	\$587,450	\$587,500
September 23	14	17	\$700,000	\$699,000

To view more detailed information that comprises the above MLS averages, please visit [chap.mycalgary.com](http://chap.mycalgary.com)

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*The people who believed me helped me believe in myself. My path to healing isn't easy, but thanks to Luna, I never have to walk alone.*



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*Arielle*

**LUNACENTRE.CA**

# CHAPARRAL COMMUNITY ASSOCIATION MEMBERSHIP

To purchase your \$20 membership, please visit [www.chaparralcommunity.com](http://www.chaparralcommunity.com).

## YOUR COMMUNITY ASSOCIATION



### OUR HISTORY

Chaparral was established in 1995 with a 32-acre artificial lake and a 21-acre park with two waterfalls as centerpiece of the neighbourhood and now has grown to include Lake Chaparral, Chaparral Ridge, Chaparral Ravine and Chaparral Valley.



### OUR MISSION

The Chaparral Community Association strives to represent and serve the community of Chaparral through effective communication, engaged volunteers, and fiscal responsibility, to foster a vibrant and livable community.



### OUR GOVERNANCE

We are a non-profit organization established under the societies act, and we are governed by elected and volunteer members from our community. We are always looking for expertise and support to grow, please reach out to get involved.

The Chaparral Community Association (CCA) is a volunteer run organization that represents the residents of Lake Chaparral, Chaparral Ridge, Chaparral Ravine, and Chaparral Valley. Your CCA is the recognized body that liaises with government officials, expresses resident concerns regarding commercial, industrial, and residential land use development, and represents the position of the residents on education, transportation, environmental, and infrastructure issues. The CCA supports organized sports, community, and social programs. To stay connected the CCA publishes the *Chaparral Trailblazer* and maintains a website ([www.chaparralcommunity.com](http://www.chaparralcommunity.com)), Facebook, and Instagram pages (@chaparralca).

Successful, healthy communities are generally those with active and sustained membership and involvement by the community residents. The CCA board encourages all residents to purchase a membership, and when available, attend monthly meetings to help make our community amazing.

Some things the CCA has done for the community include: Chaparral Common and Chapalina Crescent Playgrounds, Green Thumbs Community Garden, Community Clean-Ups, Adopt-a-Rink in the Valley, Valley Summer Bash, garbage bin wraps, Stampede kick-off breakfast (co-organized with the Lake – open to all CCA members), Festival of Lights, advocating for traffic signal lights and crosswalk Rapid Movement Flagship Beacons (RFB), Safe Communities Initiatives, and Development Permit Applications. The CCA has also weighed in on Commercial Applications (Chaparral Meadows, Bottle Depot, Telus Cell Tower, BFI Canada Inc., Inland Cement).

## Cats, Canines, & Critters of Calgary



Buck, Montgomery



Dry Bones, McKenzie Lake



Harper Lee, Beddington



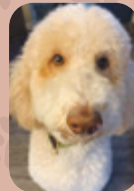
Hemi, Shawnessy



Jasper, Mahogany



Josie, Springbank Hill



Leo, Panorama Hills



Percy, Evanston

To have your pet featured, email [news@myncalgary.com](mailto:news@myncalgary.com)

**CCA BOARD OF DIRECTORS**

President	Donna Reid	president@chaparralcommunity.com
Vice President	Lynette Javaheri	vp@chaparralcommunity.com
Secretary	Charlene May	secretary@chaparralcommunity.com
Treasurer	Mike Reid	treasurer@chaparralcommunity.com
Director at Large	Hayden Rombough	director@chaparralcommunity.com
Director at Large	Anna Rybak	valley@chaparralcommunity.com
Director at Large	Anton Ovtichnikov	membership@chaparralcommunity.com

**VOLUNTEERS**

Trailblazer Editor	Daisy Zhuang	editor@chaparralcommunity.com
Website/Memberships	Anton Ovtichnikov	membership@chaparralcommunity.com
Social Media	Donna Reid	media@chaparralcommunity.com
Community Garden (Chaparral Green Thumbs)	Jolene Ottosen	chaparralgreenthumbs@gmail.com
Chaparral Lake Representative	This Could Be You!	
Chaparral Valley Representative	Anna Rybak	valley@chaparralcommunity.com
Chaparral Ridge Representative	This Could Be You!	
Chaparral Ravine Representative	This Could Be You!	
Chaparral Playground Coordinators	Lynette Javaheri Anna Rybak	vp@chaparralcommunity.com valley@chaparralcommunity.com
Events Coordinator	This Could Be You!	
Local Business Relations	This Could Be You!	
Safe Communities Initiative	Anton Ovtichnikov	membership@chaparralcommunity.com

**CONNECT WITH THE CHAPARRAL COMMUNITY ASSOCIATION**


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  Find us on Facebook @chaparralca

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# PRESIDENT'S MESSAGE

## October Fun Facts!

This month's name stems from the Latin "octo" meaning "eight" because it was the eighth month of the early Roman calendar. When the Romans converted to a twelve-month calendar, the name October stuck, despite the fact that it's now the tenth month!

The early Roman calendar, thought to have been introduced by Rome's first king, Romulus (around 753 B.C.), was a lunar calendar. This ancient timekeeping system contained these ten months: Martius, Aprilis, Maius, Iunius, Quintilis, Sextilis, September, October (the eighth month), November, and December. Martius, Maius, Quintilis, and October contained 31 days, while the other months had 30, for a total of 304 days. In winter, the days were not counted for two lunar cycles.

It wasn't until about 713 B.C. that a calendar reform, attributed to the second Roman king, Numa Pompilius, added the months Ianuarius and Februarius. Some historians think that both months were placed at the end of the year, while others believe that Ianuarius became the first month and Februarius the last. Later reforms organized the months as they are arranged today in the Gregorian

calendar, whereby October became the tenth month, despite its name.

The CCA hosts several events throughout the year, including Murder Mystery Nights, Easter Egg Hunt, Stampede Kick-off Pancake Breakfast (co-hosted with the Lake Chaparral Residents Association), Summer Bash, Skate with Santa, and the Festival of Lights. We are looking for an Events Coordinator to help plan and organize events. If you would like to help out, please email us.

The CCA also has several pieces of sports equipment that can be used by members, including adult and child snowshoes, walking poles, and a portable disc golf game. Contact us to sign out equipment.

Monthly board meetings typically take place on the second Wednesday of the month.

Many hands make light work! If you would like to get involved in the community, please message [president@chaparralcommunity.com](mailto:president@chaparralcommunity.com).

*Donna Reid*

Chaparral Community Association President

Join us at Red Deer Lake United Church where we come together in community and explore God together Sunday mornings at 10:30 am. We are excited to share that our Sunday Worship Services are now livestreamed and can be found on YouTube - @RedDeerLakeUnitedChurch. We are an affirming, safe space for all. Our location is ideal and easy to get to via Stoney Trail, virtually only taking minutes from most anywhere in the city. Don't let our name fool you, we're closer than you think!

## MARK YOUR CALENDARS! RED DEER LAKE UNITED CHURCH UPCOMING EVENTS:

- \*NEW\* Sound & Soul Service – October 3, 7 pm
- On The Edge Concert Series with Tim Isberg – Friday, October 18, 7:30 pm
- Soup Lunch – October 20, following the service
- Men's Breakfast – October 26, 9 am
- Family Pumpkin Carving Event – October 26, TBA
- \*NEW\* Low-Sensory Worship – October 27, 4 pm
- Sound & Soul Service – November 7, 7 pm
- Community Handcrafted Market & Cafe starts on November 16, 10 am – 3 pm
- Turkey Supper – November 30, 5 pm

## RENTALS

Red Deer Lake United Church is a 45,000 square foot facility that provides a variety of affordable spaces for rent on a one-time or recurring basis. You do not need to be affiliated with the church to rent our space. Some of our past and current tenants rent our facilities for catering, art shows, music concerts, business meetings, and of course, weddings, baptisms and funeral services. Our memorial garden is a beautiful place for photos.

For more information about booking an event, availability, and pricing, please contact the office at [office@reddeerlakeuc.com](mailto:office@reddeerlakeuc.com) or (403) 256-3181.

You may also complete the Rental Booking Request form on our website to submit your requirements. Visit us at <https://reddeerlakeuc.com/> to stay up to date on all our events!





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## Growing Garlic

*Contributed by Jolene Ottosen for the Chaparral Green Thumbs*

One of my favourite things to grow in the garden is garlic. I know garlic can be purchased cheaply, but the taste of locally grown garlic doesn't compare, and it can be expensive if you can even find it. Garlic is also very low maintenance and easy to grow, and when you grow your own garlic, you also get garlic scapes, which may or may not be the best part!

Over the last few years, I have been planting the bulk of my bed with garlic as it worked with my busy schedule. Unfortunately, due to extreme vandalism one year and winter kill another, I had two very disappointing years. However, I was not deterred and tempted fate by planting 100 bulbs once again last fall. This time, I am happy to report that this August I harvested at least 75 large bulbs. This gives me more than enough garlic to store and use over the winter, as well as enough to plant for next year.

For those of you who would like to try growing garlic, here is how I grow and store my crop.

### Types

There are two main types of garlic, softneck and hardneck. The neck is the stalk that grows above the ground, and as you can imagine, softneck has a pliable stalk, which can be braided, while hardnecks are harder and more woody. I grow a hardneck variety, Russian Red, because hardneck varieties seem better able to handle our cold winters, and I have heard that red or purple varieties store the best. Over the years, I have had great luck storing them and share my storage tips below.

Be careful when sourcing your bulbs. Bulbs from a grocery store may have been treated with a growth regulator and might not grow. It is better to either get them from a reputable garden supplier, or straight from a gardener. Also, make sure your bulbs are still somewhat plump and not too dry.

### Growing

Garlic should be planted in the fall before the ground freezes completely, late October or early November, depending on the year. We want to give the bulbs just

enough time to get established, but not planted so early that shoots begin to develop and freeze over the winter.

First, separate the bulbs into individual cloves, leaving the protective membrane around each bulb. Garlic should be planted in loose, well-drained soil with enough organic matter to keep the soil from crusting too much. While garlic likes consistent moisture, it won't grow well if it is too wet.

Plant the individual bulbs upright, at least four to eight inches apart, leaving enough room for the bulbs to grow to full size. I will admit that I am often guilty of crowding mine a bit! I have read that there should be at least one to three inches of soil above each clove, but I usually just poke them down until I reach my first knuckle, and that tends to work. If it is quite dry, I will water the cloves in but admit that I don't always do that. Some people advocate returning a few weeks after planting, once the temperature drops to around -5°C, and covering the ground with a thin layer of mulch or straw to help insulate the cloves over winter. I generally don't do this as I get busy and forget, but I have generally been lucky. However, I have had horrible harvests some years, and this could have been a contributing factor. On the other hand, I have also heard that mulching too much can be problematic, as it may prevent the garlic from freezing, which is an important part of the growing cycle for the varieties available here. I think the key here is balance and mulching at least a little is likely to be beneficial.

### Harvesting

Once the bottom few leaves of the plant have started to turn brown, garlic is ready to harvest. This often happens in early to mid-August for me. Choose a day when the ground isn't too wet and dig around the bulbs so that you can gently pull them up, keeping the protective layers around the bulb intact. If my garlic isn't too dirty, I just do my best to brush off any dirt, as this helps to protect them for storage, but if it is a wet year and there is a lot of dirt, I will give them a quick and gentle wash.



Harvesting

### Storage

In order to store your garlic properly, it needs to cure, which means the membrane around the bulb dries and



hardens, protecting the moisture of the bulb within. Once you have removed as much dirt as possible, the garlic needs to be left in a cool and dry location, preferably somewhere that is also a bit darker, for a few weeks. As long as it isn't too hot, my garage works well. Some sources suggest hanging them in bunches of ten to fifteen, but I find that just laying the garlic out in a single layer on top of newspaper or cardboard works too, as long as you turn them every few days. Check the bulbs often because, while you want them completely dry, you don't want them to get too dry and start to wither.

Once the bulbs are dry, if you have softneck varieties you can braid the stalks, and if you have hardneck, you can just cut the stem about 1 cm above the bulb. I have read that softneck varieties can be stored for up to twelve months in a dark, cool, and dry location, and hardneck for up to four months. My hardneck Russian Red has stored well for twelve months in a cloth bag, hanging from a shelf in a cold storage room in my basement. I bought a garlic bag from a kitchen store, a double-layered cloth drawstring bag with black lining, but I imagine you could easily make your own. The key is storing them in a way that allows for enough air circulation to keep them dry, but not so much that it dries them out, and keeping out the light, which could encourage them to sprout.

**Scapes (The Best Part of Growing Your Own Garlic)**

During the growing season, hardneck garlic will produce scapes which, if left too long, will bloom. You do not want to leave them long enough to bloom as the energy the plant uses to create the blooms on top is better spent on producing a larger bulb below. Also, garlic scapes are delicious, so why leave them to wither on the plant and miss out on all that goodness? Personally, while I love growing my own garlic, I think that scapes are the best part and the real reason why I grow it. Some people put them in soups, salads, or my favourite, pesto. I make a big batch and freeze it in small quantities, allowing my family to have a taste of summer all year long.



*Garlic Scapes*

If you are interested in more information about our garden, email us at chaparralgreenthumbs@gmail.com.



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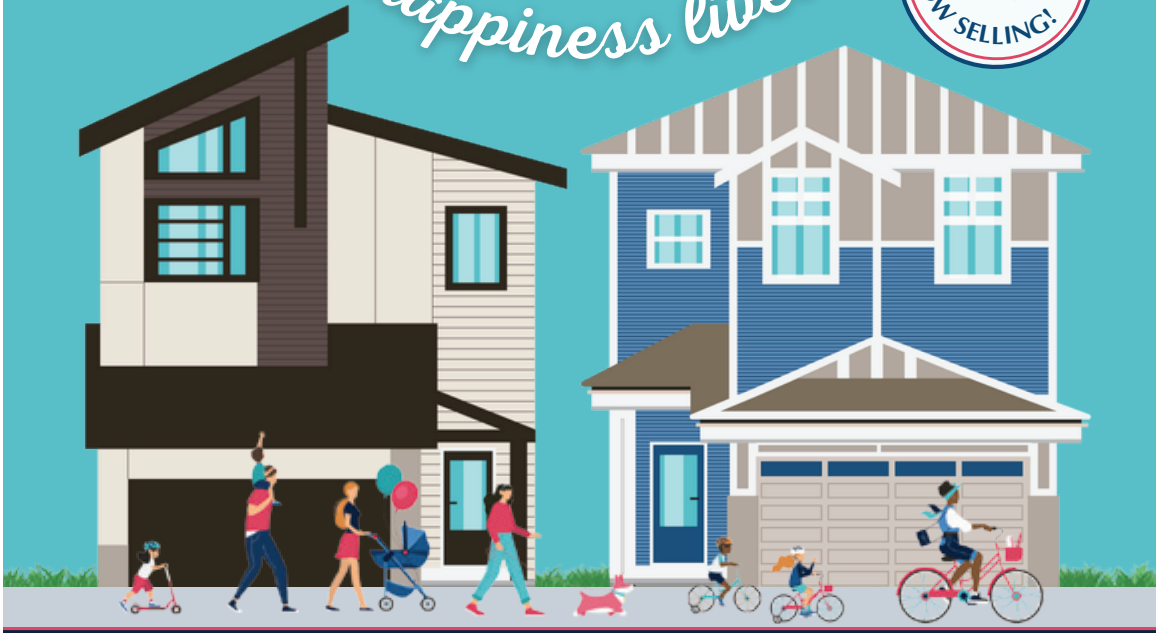
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## Park Information

Park Hours: 9:00 am to 10:00 pm  
Office Hours: Monday to Saturday, 10:00 am to 6:00 pm  
Phone: 403-254-4148  
Email: [info@lakechap.ca](mailto:info@lakechap.ca)  
Website: [www.lakechap.ca](http://www.lakechap.ca)  
Facebook: [www.facebook.com/lakechapyyc](http://www.facebook.com/lakechapyyc)  
Instagram: @lakechapyyc

Please note that the entrance is closed 30 minutes prior to designated closure to allow our staff time to clear the facilities. The park may also close early due to weather, lack of residents accessing the space, seasonal off-peak months, or other issues as deemed valid by LCRA management. By default, the park and lake will be closed at temperatures of -25°C (without wind chill).

## Reminders and Announcements

### Membership Fees

The 2024 LCRA Membership Fees were announced in May – the deadline to pay the fees was July 1. All fees must be paid to access the lake/park and are registered as an encumbrance on the property land titles in Lake Chaparral. All outstanding accounts are subject to interest and will not be permitted access at the front gate.

If you have any questions or concerns, please contact the office at 403-254-4148 or email [info@lakechap.ca](mailto:info@lakechap.ca).

### Safety Flag Reminder

The LCRA closely monitors the safety of the lake/lake ice for use; however, we cannot guarantee the lake/lake ice is free of all risks. Regardless of the status of the Safety Flag (details on status below), access is done at the sole risk of the member and their guests.

You can view the status of the Safety Flag by looking for the flags at the park, contacting the LCRA office at 403-254-4148, or by visiting our website at [www.lakechap.ca](http://www.lakechap.ca).

Red Flag = Waterfront and lake ice is closed to all users.  
Green Flag = Waterfront and lake ice is open to all users.

### Monthly Email Communications

The LCRA is working on keeping you informed with our monthly communications. If you are not receiving emails from the LCRA, please call the office at 403-254-4148 or send us an email at [info@lakechap.ca](mailto:info@lakechap.ca) and we will be happy to update your account.

## Upcoming Events

Please visit [www.lakechap.ca/events](http://www.lakechap.ca/events) for all up-to-date information on upcoming events, programs, and activities.

### Halloween Event

**Date: Saturday, October 26, 2024**

**Time: 11:00 am to 3:00 pm**

**Details:** Come down to the lake for a fang-tastic and spook-tacular time! We will have inflatables, a Halloween movie for kids in the Function Room, a scavenger hunt, games, and more! Make sure to wear your costumes and showcase your Halloween spirit!

## Drop-In Programs

### LCRA Senior Games

**Mondays | 12:00 to 3:00 pm**

Attention all seniors! Come out to socialize with your neighbours and friends, play games, and enjoy coffee at the lake house. Cost: \$1 per person, drop-in.

### LCRA Walking Club

**Tuesdays and Thursdays | 10:00 am to 12:00 pm**

Meet outside the Lake House (by the flags) at 10:00 am to start the walk. Walks usually last one hour and then is followed by a visit with coffee in the Lake House. \$0.50 per person, drop-in. Did you know that three laps around the walking path = two kilometres?

## Registered Programs

*Registration for the following programs are done with the individual instructor.*

Program schedules are subject to change; please contact the program instructor directly for more details.

### Devotion Danceworks

Non-Residents Welcome

Offers recreational, sessional-based classes for children ages 18 months to 12 years old. Visit our website for more information and registration.

Classes available in:

- Giggle & Groove Parented Class (Ages 18 months to 2.5 years)
  - Tiny Toes Ballet (Ages 2.5 to 3.5)
  - Tiny Ballerinas (Ages 3.5 to 4)
  - Mini Combo (Ages 4 to 5)
  - Ballet/Jazz (Ages 4 to 12)
  - Musical Theatre (Ages 4 to 12)
  - Hip Hop (Ages 4 to 9)
- continued on next page*

Please visit [www.devotiondanceworks.com](http://www.devotiondanceworks.com) or contact Elizabeth Rieb at 403-828-9675 or [elizabeth@devotiondanceworks.com](mailto:elizabeth@devotiondanceworks.com).

### **Intelligence® Babies (3 to 11 months)**

**10:00 to 11:00 am**

To register, please email [intelligence.calgary@gmail.com](mailto:intelligence.calgary@gmail.com).  
Non-Residents Welcome  
Fridays

Come sing, dance, and have fun with your little ones! Intelligence® is a research-based music and movement program designed to support the caregiver-child bond while fostering all areas of a child's development. Dance and music concepts will be explored through songs and rhymes, movement exploration, circle dances, free exploration, and sensory activities.

To learn more about the Intelligence® Method, visit [www.intelligence.com](http://www.intelligence.com).

### **Cutting Edge Kung Fu**

Non-residents welcome

The Wellness Dojo's Little Ninjas Kung Fu Class for ages 4 to 7.

Located at Lake Chaparral. Every Saturday from 9:15 to 10:15 am.

\$90 per month

Visit [wellnessdojo.ca/martial-arts](http://wellnessdojo.ca/martial-arts) or contact Sifu Kyle at [cuttingedgekf@gmail.com](mailto:cuttingedgekf@gmail.com).

This class is aimed to start teaching structure, discipline, and respect while having fun learning the basics of Kung Fu!

### **251st Chaparral Scouts**

Non-residents welcome

The 251st Chaparral Scouts are an active group in your community. Our mission is to help develop well-rounded youth, better prepared for success in the world. We do this by engaging youth in a safe, youth-led, adventurous program of a wide variety of indoor and outdoor activities. A big thank you for supporting our programs through our many fundraising efforts.

Beavers (ages 5 to 7) – Tuesdays, 6:30 to 7:30 pm

Cubs (ages 8 to 10) – Mondays, 6:45 to 8:15 pm

Scouts (ages 11 to 14) – Wednesdays, 6:30 to 8:00 pm

Ventures (ages 15 to 17) – Wednesdays, 6:30 to 9:00 pm

Please visit [www.scouts.ca](http://www.scouts.ca) for more information.

### **Drawing Classes for Kids with Young Rembrandts**

Non-residents welcome

Fridays

Cartooning | Ages 6 to 12 | 4:30 to 5:30 pm

Elementary | Ages 6 to 12 | 5:45 to 6:45 pm

Fun after school drawing classes that help kids succeed in school. Build fine motor skills, hand-eye coordination, observation skills, self-expression, socials skills, and confidence.

With over 35 years' experience, Young Rembrandts is the leading art education program for children. Proudly serving Calgary with art and drawing classes for kids for over fourteen years.

Our weekly drawing classes are designed so your children can participate from preschool through sixth grade and never repeat a lesson. Stimulate your child's creative spirit - enrol now!

Enrol online at [www.youngrembrandts.com/southernalberta](http://www.youngrembrandts.com/southernalberta) or call us at 403-457-DRAW (3729).

### **Yin Yang Yoga**

Non-residents welcome

Tuesdays, 9:30 to 10:30 am

A well-rounded practice to find balance and harmony, engaging your body and mind.

\$140 for seven classes or \$25 drop-in.

For beginners and those who wish to deepen their practice. Yin yoga stimulates and stretches the body's fascia, soothes the nervous system, and relaxes the mind. The Yang part of the practice invigorates, builds strength and stamina.

To register and learn more, email [alina.meetyourselfyoga@gmail.com](mailto:alina.meetyourselfyoga@gmail.com).

### **LCRA Board of Directors**

Our Lake Chaparral Residents Association Board of Directors maintains an email address at [bod@lakechap.ca](mailto:bod@lakechap.ca) to hear your suggestions and feedback on large-scale governance, direction, and broad-scope improvements to the member experience.

For all operations, day-to-day, or management-related questions, please send emails to [info@lakechap.ca](mailto:info@lakechap.ca).

## Message from the General Manager

Hello Lake Chaparral!

October and the fall season are upon us! We're hoping for another year of beautiful colours in the park as the leaves change – it can be quite a sight, so make sure to take a few walks through the park when you can!

The Annual General Meeting will be scheduled for some time in November – please check your emails for the official notice. This is a great opportunity to relay both positive and constructive feedback as we work together to make Lake Chaparral the best it can be!

Our Halloween event is happening this year on Saturday, October 26 – make sure to swing by in your best costumes, and we'll see you there!

Best wishes,

*Dylan Lock*

General Manager



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## LAKE CHAPARRAL RESIDENTS' ASSOCIATION BOARD OF DIRECTORS (NOT AFFILIATED WITH THE CCA)



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Treasurer	Joanne Marshall	bod@lakechap.ca
Secretary	Sandra Fanson	bod@lakechap.ca
Director at Large	Cheryl Smillie	bod@lakechap.ca
Director at Large	David Butler	bod@lakechap.ca
Director at Large	Roger Planden	bod@lakechap.ca
Director at Large	Walter Kachmar	bod@lakechap.ca
Director at Large	Greg Juneau	bod@lakechap.ca
Director at Large	Jeff Saxinger	bod@lakechap.ca

## LAKE CHAPARRAL RESIDENTS' ASSOCIATION MANAGEMENT (NOT AFFILIATED WITH THE CCA)

General Inquiries	LCRA Guest Services	info@lakechap.ca
Office Manager	Linda Milot	office@lakechap.ca (for HOA-related inquiries)
General Manager	Dylan Lock	

1			8					
		2				5	3	
							6	4
		3			5			
			1	6	4			
8	1						7	
5				7			4	2
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	4					8		

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## GAMES & PUZZLES

### Guess the Colour!

1. This is the first primary colour a newborn can see.
2. Based on a worldwide study, this colour is the most popular favourite.
3. This colour and royalty have been linked since ancient times because of how expensive and exclusive the dye was.
4. This colour and red are thought to increase appetite.
5. The colour of night vision goggles.
6. Contrary to popular belief, this is the actual colour of the sun.



SCAN THE QR CODE FOR THE ANSWERS!

# BUSINESS CLASSIFIEDS

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 **the Gutter Doctor** **403-714-0711**  
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