

OCTOBER 2026

DELIVERED MONTHLY TO 6,250 HOUSEHOLDS

your **COPPERFIELD** CORNER

THE OFFICIAL COPPERFIELD COMMUNITY NEWSLETTER



McKENZIE ORTHODONTICS
Certified Specialist in Orthodontics

FREE CONSULTATION  **invisalign**
The Clear Alternative to Braces



Scan To
Book Today!

403.262.3696 | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca



Self-Employed?

Your bank said no. That doesn't mean you can't get approved.

- ✓ Alternative mortgage solutions
- ✓ Flexible income qualification
- ✓ Options for purchases, refinancing & renewals

Don't let traditional bank rules stop you from getting the mortgage you need.



**ANITA
RUSSELL**

403-771-8771
anita@anitamortgage.ca



THE MORTGAGE GROUP

OFFICIAL

PLUMBING & HEATING



Furnace and A/C Install & Repair

Plumbing Services

Drain Cleaning

Boiler Install & Repair

\$50

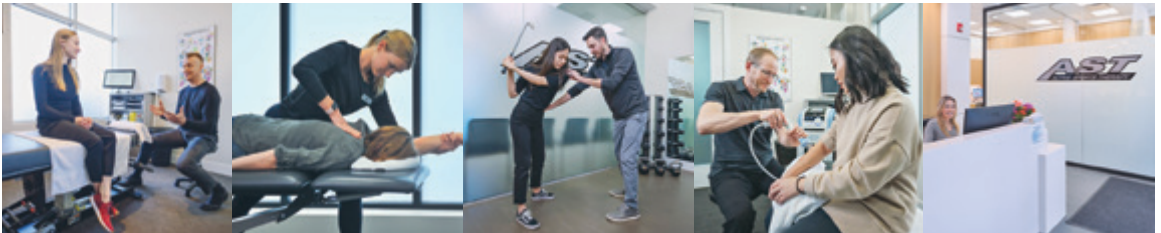
Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca



Active Sports Therapy

WILLOW PARK

WESTMAN VILLAGE

- Chiropractic
- Physiotherapy
- Massage
- Laser Therapy
- Active Release Techniques
- Muscle Activation Technique
- Integrated Medicine
- Naturopathic Medicine
- Shockwave
- Exercise Rehab
- Holistic Nutritional Consulting
- Traditional Chinese Medicine



ActiveSportsTherapy.ca



AST Willow Park 403-278-1405 • AST Westman Village 825-509-4780

HIGHSTREET dental

***We are participating
in the Canadian
Dental Care Plan!***

***We bill in accordance
with the ADA Fee
Guide Prices***

***We direct bill to your
insurance***

***Open evenings and
weekends***



**Dr. Shiva Farrahi, Dr. Jordan Loewen,
Dr. Patricia Tsang, Dr. Jeff Seckinger**
General Dentists

**Call today and book your
free teeth whitening**
included with your complete exam,
x-rays, and cleaning



☎ 403-236-1200

**📍 50 High Street SE,
Calgary, AB**

🌐 www.highstreetdental.com

New Patients Welcome

Copperfield

COMMUNITY ASSOCIATION



Rental requests to be made a minimum 10 days prior to booking. To inquire on rental times available within less than 10 days, please call (403) 532-8864 or email info@mycopperfield.ca

FACILITY RENTALS

The Copperfield Community Hall is available to renters for all sorts of events such as birthday parties, anniversaries, small weddings, baby & bridal showers, etc. The following general information will be useful in deciding if this is the place to host your event!

COPPERFIELD RENTAL INFORMATION

CMCA Members

- Main Floor: \$50.00 per hour + GST
- Basement*: \$55.00 per hour + GST

Non-CMCA Members

- Main Floor: \$75.00 per hour + GST
- Basement*: \$80.00 per hour + GST

*Please Note: The Basement does not have tables or chairs for use. This space is best suited for fitness classes or similar activities.

Scan to Request From
Available Rental Times



Scan to Purchase a Membership



EN L'AIR

Academy of Dance and Aerial

#12, 10672 46 ST SE, Calgary, AB T2C 1G1

info@enlairacademy.com

587-969-3904

www.enlairacademy.com



Support Victoria Fortuna and Her Family After a Tragic Highway Accident



Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton. Donate to this GoFundMe to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
[gofund.me/31fdeef6f](https://gofundme.com/31fdeef6f)

Any help is appreciated ♥



Copperfield

COMMUNITY ASSOCIATION

ANNUAL GENERAL MEETING

OCTOBER 15th at 6pm
6 Copperstone Way

PRESIDENT'S MESSAGE

Hello again, Copperfield!

Cold weather and snow will soon be upon us (if not already). If you haven't taken the time to winterize your house, now is the time. Make sure to put away any outside summer belongings and drain any outdoor waterlines. Maybe even get in that one last mow and put down the fall lawn care to set up for a healthy lawn next spring!

We want to hear from you! Your Community Association is always looking for ways we can connect our community and build stronger relationships. Whether it be through member perks, events, classes, or a variety of other options, we want to know what you want to see in your community! If you have ideas on things you would like to see us offer, please send them to president@mycopperfield.ca.

Have you been thinking of volunteering for your Copperfield Community Association, but are unsure on what volunteer opportunities exist? Sign up to receive email notifications on various volunteer opportunities as they become available at the link below. Our volunteers are amazing individuals, and we could not do any of this without them!

If you have any questions or would like to learn how you can help our community, please send me an email at president@mycopperfield.ca.

Important links:

- Facebook | <https://www.facebook.com/cmcommunity.ca>
- Website | www.mycopperfield.ca
- Membership | <https://members.mycopperfield.ca/signup/Gw8KZFxQe>.
- Thank you

Jason Fiander



BECOME A MEMBER

\$30/year



Stay tuned for exciting updates about how buying a Copperfield Community Association membership can benefit you!

NEED HELP WITH MEMBERSHIPS?

info@mycopperfield.ca



Copperfield
COMMUNITY ASSOCIATION

JOIN OUR VOLUNTEER COMMUNITY

Signup to join our volunteer group and receive emails on volunteer opportunities in Copperfield as they arise.

Contact Us
President@mycopperfield.ca

SCAN ME



Copperfield Helping Hands

Christmas Hamper Nominations

The Copperfield Helping Hands are looking to brighten the lives of families in our community this holiday season. Please send an email to copperfieldhelpinghands@gmail.com with the following details:

- Family's name and address. (They MUST be a Copperfield resident)
- Ages of any family members and a description of their interests or clothing sizes for the purpose of the Christmas gift.
- Any information regarding dietary restrictions and allergies.
- A brief account of why you believe this family is in need of a helping hand this holiday season.

Nominations close November 16th, 2026
Self nominations are also accepted



Recycle More Packaging This October

Calgary, get ready to recycle more! Starting October 1, 2026, you'll be able to recycle more household packaging than ever before.

This includes:

- Flexible bags like chip bags, granola wrappers and coffee bags
- Foam packaging like cushion blocks, meat trays, and egg cartons
- Tubes like lotion tubes, deodorant and toothpaste
- Food and body aerosols like cooking spray, hair spray and sunscreen

Visit calgary.ca/recyclemore to see the full list of materials.

25¢ FLYERS

(INCLUDING DELIVERY)



- ✓ FULL COLOUR PRINTING
- ✓ DOUBLE-SIDED DESIGN
- ✓ PREMIUM 70 LB GLOSS STOCK
- ✓ FULL BLEED FOR EDGE-TO-EDGE IMPACT

Let's get your business into the hands of thousands of local customers.

CONTACT US

403-720-0762

sales@greatnewsmedia.ca
greatnewsmedia.ca

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



the Gutter Doctor Home Exterior Services

Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing

Senior Discount • Warranty • WCB • Insured
403-714-0711 • gutterdoctor.ca



AARCS
ALBERTA ANIMAL RESCUE CREW SOCIETY

ADOPT. FOSTER. VOLUNTEER. DONATE.

Start changing lives at
aarcs.ca



Healthy Relationship for our Children

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



How Does My Relationship with My Partner Affect My Children?

Children learn about relationships long before they begin having relationships of their own. They watch how their parents speak to one another, handle disagreements, show affection, repair hurts, and navigate life's challenges. The relationship between parents becomes one of the first models children have for understanding what love, safety, trust, and partnership look like.

A healthy marriage does not mean a marriage without conflict. In fact, children can benefit from seeing that disagreements are a normal part of relationships when those disagreements are handled with respect and ultimately repaired.

Children Feel Safer When Their Parents' Relationship Feels Secure

A strong parental relationship can provide children with an important emotional foundation. When children experience their parents as a team who care about one another and are committed to working through difficulties, they are more likely to experience their family as a safe and predictable place.

This sense of security gives children room to focus on the important work of childhood: learning, exploring, developing friendships, making mistakes, and discovering who they are.

Children Learn How Healthy Relationships Work

Children are constantly observing. They notice whether parents listen to each other, express appreciation, apologize when they are wrong, and respect one another's boundaries.

When parents demonstrate healthy communication, children learn that it is possible to express difficult feelings without attacking or humiliating another person. They learn that differences do not have to threaten a relationship and that problems can be discussed and resolved.

These lessons become part of their developing understanding of relationships.

Children Learn Resilience by Watching Parents' Repair

One of the most powerful lessons parents can provide is not perfection, it is repair.

Parents will sometimes become frustrated, misunderstand each other, or say something they wish they had said differently. When children see their parents take responsibility, apologize, listen, and reconnect, they learn an important message: relationships can experience difficulty without falling apart.

This is a foundation for resilience.

Children begin to understand that mistakes are not necessarily disasters, conflict can be managed, and difficult emotions can be worked through.

A Healthy Relationship Creates Emotional Space for Parenting

When parents feel connected and supported by one another, they often have greater emotional resources available for their children. A strong partnership can make it easier to share parenting responsibilities, problem-solve together, and support one another through the inevitable stresses of raising a family.

This doesn't mean parents must agree on everything. Healthy couples can have different perspectives while still communicating respect and presenting a united commitment to their children's wellbeing.

Children Don't Need Perfect Parents

Perhaps most importantly, children don't need a perfect marriage. They need parents who are willing to keep learning, growing, communicating, and repairing.

A healthy relationship between parents can teach

children that love is not simply about getting along when everything is easy. It is about showing up, listening, taking responsibility, extending compassion, and finding your way back to one another after difficult moments.

When parents invest in the health of their relationship, they are not only strengthening their marriage, they are helping their children develop the emotional security, relationship skills, and resilience they will carry into the rest of their lives.

SCAN HERE TO VIEW ADDITIONAL COPPERFIELD CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Word of the Month



Deipnosophist: Noun (dighp-noss-uh-fist)

A person skilled in table talk.

"I host a monthly dinner for my friends; they are quite the deipnosophists".



Jackson
& Jackson
Landscaping

CUSTOMER SATISFACTION GUARANTEED

**WE SPECIALIZE IN ALL FORMS OF
CONSTRUCTION & LANDSCAPE**
INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping
Landscape Construction
Year-Round Maintenance
Spring and Fall Cleanup
Commercial and Condo
Property Management
Snow and Ice Removal

Contact Us

Address

20 Sunvale Place SE
Calgary, AB T2X 2R8

Call us now

(403) 256-9282

Email us

info@jacksonjackson.ca
contact@jacksonjackson.ca



www.jacksonjackson.ca

A FRESH REASON TO VISIT 130th

Homestead Bread IS NOW HERE!

Handcrafted sourdough made with local organic flour.
Delivered Tuesdays & Fridays



MORE REASONS TO
SHOP AMARANTH

**20% OFF
SUPPLEMENTS
+ BODY CARE***

*On the first Wednesday of each
month and the Tuesday before it.*

**SENIORS
SAVE 10%
EVERY TUESDAY***

VISIT US ON 130th
5222 130 Ave SE

Homestead Bread also available at our Southland Market Location
10233 Elbow Dr SW Unit 350

amaranthfoods.ca

*Some exclusions apply. See in store for details.

 **Amaranth**
WHOLE FOODS MARKET

LANDSCAPING SPECIALISTS



FOR A FREE ESTIMATE
ON LANDSCAPING
CALL SHAWN 403.651.0424
ASFCONTRACTING1@GMAIL.COM
WWW.ASFCONTRACTING.COM

COMMERCIAL/RESIDENTIAL LAWN MAINTENANCE • PAVING
STONE • SOD • RETAINING WALL INSTALL • FENCES • DECKS



Magic Carpet Ride Program

We help families learn to use everyday
activities to build a love of literacy and learning.



FREE! Contact us to learn more:

famlit@canlearnsociety.ca | (403) 686-9300 ext. 128

www.canlearnsociety.ca/magic-carpet-ride

BRAIN
GAMES

SUDOKU

	4						7	
6		8	4		9			3
		5			6			
	5		7			2	8	
	7	2			1		4	
			2			8		
3			9		4			6
	8						9	

SCAN THE QR CODE
FOR THE SOLUTION



NEW PATIENTS ARE ALWAYS WELCOME!

For your convenience we accept **direct
billing** and follow the ADA Fee Guide.

- Family Dentistry - We Love Kids!
- Oral Exams and Dental Cleanings
- Digital X-rays and Impressions
- iTero Wellness Intraoral Scans
- TMJ Therapy and Mouthguards
- Extractions - Including Wisdom Teeth
- Same Day Emergencies



Our Clinic Hours of Operation

Mon. & Tues: 9:30am - 6:00pm
Wed. & Thurs: 7:30am - 4:00pm
Friday: 9:00am - 3:00pm
Sat. (2/mo): 8:00am - 2:00pm



NEW BRIGHTON
DENTAL

★★★★★640+ Google Reviews

New Brighton Dental has 5.0 Stars on Google



Dr. Munjot Dosanjh + Associates

Unit 102 - 1035 New Brighton Dr SE, Calgary, AB
403-475-1981 | newbrighton@trecedental.com

SCAN HERE TO
BOOK



Winged Creatures

Did you know that bats are the only mammal that can fly? This is possible because of their elongated finger bones and thin skin that stretches across their bodies creating a wing.



GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

SHOP LOCAL

Support the local businesses that make our neighbourhood thrive, and make this publication possible.

403-720-0762
grow@greatnewsmedia.ca



SCAN ME

Bog Method

Did you know? The process of flooding a cranberry field to gather the fruits that float to the top is called the "bog method." With cranberries in season farmers are hard at work harvesting those delicious berries.



CALGARY SECURE RV STORAGE

Family-owned RV storage business

Conveniently located just south of highway 22X,
east of Mahogany (only a few minutes east of Deerfoot).

Gravelled and fenced lot with security cameras and rodent control.
Numerous stalls of various sizes available. Call us today!

WWW.CSRVSTORAGE.COM | 587-435-2778

**GREAT LOCATION.
GREAT PRICE.**



BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Copperfield. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

COPPERFIELD MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbours navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

COPPERFIELD CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Legacy. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

STAMPEDE PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers, gasfitters, refrigeration & HVAC technicians. Water heaters, furnaces, boilers, air conditioning/heat pumps, drain cleaning, leaks, POLY-B replacement, new construction and renovations! Competitive prices with quality, 24-hour service! Established 1998. Call 403-225-1037. www.stampedeplumbingandheating.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Copperfield? Our unified team of expert practitioners have one common goal - to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

PAINTER SERVICING COPPERFIELD: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

EXPRESS APPLIANCE REPAIR: We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.



LEN T WONG + ASSOCIATES

RE/MAX
COMPLETE REALTY



COPPERFIELD COMMUNITY REAL ESTATE ACTIVITY

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our
Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program*

Trade Up Program*

Blanket Home Warranty Program*

Accepting Crypto Currency

Call us to help you navigate through
the changing real estate world

Call or Text 403-606-8888

Email len@lentwong.com

*Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	26	41	21	\$519,900	\$500,000
July	26	39	30	\$525,000	\$506,250
June	26	29	22	\$455,000	\$446,250
May	26	37	22	\$472,500	\$462,500
April	26	34	33	\$499,900	\$495,000
March	26	37	25	\$538,000	\$535,000
February	26	23	19	\$384,900	\$380,000
January	26	28	22	\$550,000	\$537,500
December	25	13	24	\$417,500	\$406,000
November	25	28	22	\$559,900	\$542,000
October	25	34	29	\$514,900	\$487,500
September	25	40	24	\$469,500	\$478,500

To view more detailed information that comprise the above
MLS averages please visit copp.mycalgary.com

SOUTH FAMILY DENTAL

FREE SONICARE TOOTHBRUSH OR TEETH WHITENING

*With complete exam, x-rays, & cleaning

**CALGARY
OWNED AND
OPERATED**



BOOK YOUR CHECK-UP AND CLEANING TODAY!

403.262.3235

www.southfamilydental.com

110-142 McKenzie Towne Link SE, Calgary T2Z 1H1 (Next to Servus Credit Union)



THE *Pioneers*

CONDOS FOR PURCHASE

55+ Residences

1251 Mahogany Boulevard SE

Sales Centre located at the corner of Mercado Street and Mercado Square.

MahoganyDistrict.com/ThePioneers



MAHOGANY
DISTRICT


SECTION23
DEVELOPMENTS