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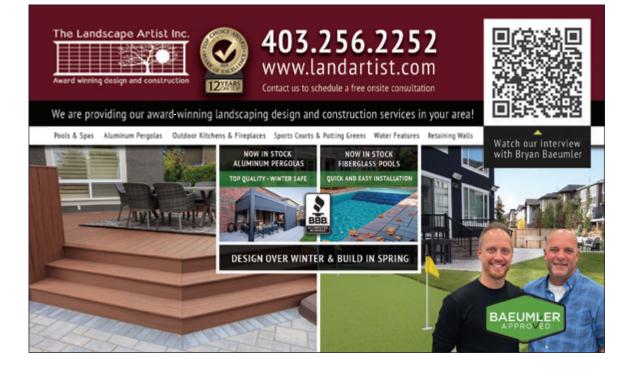
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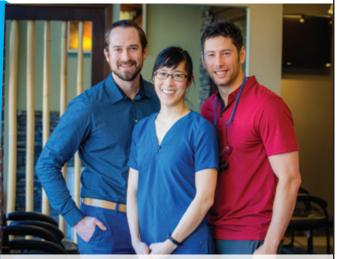
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Community Association

The Copperfield Community Association is an organization formed to: manage and direct recreational activities, act as a liaison with all levels of government, and develop and maintain community facilities and amenities.

President: Jason Fiander <u>presidentemycopperfield.ca</u>

Vice President: Jason London <u>vicepresidentemycopperfield.ca</u>

Treasurer: Jeannie Stace-Smith <u>treasurer@mycopperfield.ca</u>

Secretary: Regan Forsyth <u>secretary@mycopperfield.ca</u>

Rink Coordinator: Matt Wright <u>copperfieldrinkegmail.com</u>

Rentals, Programming, Memberships: Maggie Hampton infoemycopperfield.ca

Communications Coordinator: Allison Nette <u>newslettersmycopperfield.ca</u>

Sponsorships: Kari Pukin <u>sponsorships@mycopperfield.ca</u>

Neighborhood Watch: Leigh Pukin <u>neighborhoodwatch@mycopperfield.ca</u>

Members at Large: Hayley Bell, Dennis Agbegha, Justin Huseby, Paula Lanh



Volunteers Needed

We have vacant positions on our board just waiting for someone like you to step in! Please email if you are interested in more information. In addition to the vacant positions, we are also always looking for volunteers to help with events and planning.

Vacant Positions

- Events Coordinator
- Facilities
- Planning and Development



Contact: president@mycopperfield.ca

PRESIDENT'S MESSAGE

Hello again Copperfield!

I am proud to be a part of our wonderful community and would like to ask each of you to think of one thing you love about our community. For myself, one of the best things about this community is its people. No matter the situation, our community always finds a way to pull through for those in their time of need.

I also want to take this opportunity to thank all our volunteers for the great work they do for our community. Without them, we would not be able to put on the events we do or provide the use of our outdoor rink.

If you have any questions or would like to learn how you can volunteer for events or get involved in other ways to help our community, please send me an email at president@mycopperfield.ca. Our volunteers are amazing individuals, and we could not do any of this without them!

Thank you,

Jason Fiander





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MEETINGS AND MEMBERSHIP INFORMATION

The Copperfield Community Association meets on the third Thursday of every month at 7:00 pm (except July and December), and residents are welcome to join us as a visitor and find out what is happening in the community firsthand! You are also welcome to join the board, as certain roles are still open.

Copperfield Community Association Memberships

Community associations are run by residents in our neighbourhoods; they bring us together as friends, they are a voice for our community, and they offer many exciting opportunities right here:

- Community-wide events like Stampede Picnic in the Park and Movie in the Park
- Committee work (planning and development, special events, safety, etc.)

Other Benefits Include:

- Discounted rates to most programs that operate through the Copperfield Community Hall
- Discounted rates on Copperfield Community Hall rentals
- Members only events
- And so much more!

Community Associations are dedicated to making sure our communities are a great place to live, work, and play. Purchasing a community association membership is a great way to get involved and show your support for the many ways our neighbours work to ensure you love where you live.

Memberships are valid for one year from the date of purchase, allowing you to purchase one at any time of year. You can set up an online account for your family at www.mycopperfield.ca and use this to purchase and renew memberships, as well as register for programs held at the Copperfield Community Hall! Memberships are good for up to two adults per household and their children up to 17 years of age. Membership is a voluntary \$30 per household. You also get a vote at the yearly AGM (October/November), and it entitles you to hold a position on the Board of Directors.

Show support for your community and purchase your membership today!

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RECIPE

Breakfast Quesadilla

by Jennifer Puri

Eggs are tasty, filling, and good for your health as a whole; eggs contain a little bit of every nutrient you need. Cheap and easy to prepare, they are an inexpensive source of high-quality lean protein.



Blue, green, brown, or white eggs may have different colours but there is no difference in taste or nutrition between them. An average hen lays 300 to 325 eggs per year. The colour of the yolk depends on the hen's diet and age, and typically as hens age, their eggs become larger.

An extremely versatile ingredient, eggs are not just for eating but are used to make beauty products such as face masks, compost, and garden fertilizer. In many cultures, the egg is a symbol of new life, fertility, and rebirth.

Eggs are also a breakfast/brunch mainstay, and scrambled, poached, baked, or fried are some of the ways to consume eggs. Quick and simple to cook, eggs can also be used in burritos or quesadillas as shown in the recipe for breakfast quesadillas below.

Prep Time: 20 minutes

Cook Time: 20 minutes

Servings: 2

Ingredients:

- 2 large tortillas
- 1 ½ tsp. olive oil
- 1 chorizo sausage, cooked and casing removed
- 3 eggs lightly beaten
- ¼ tsp. salt
- 1 tbsp. butter
- 1 cup shredded Mexican cheese
- 2 cups kale washed, stemmed, and coarsely chopped
- 1 cup sliced button mushrooms
- ¼ cup chopped green onion
- ½ cup chopped red bell pepper
- ¹/₂ jalapeno, seeds removed and chopped (optional)
- Cooking spray

Directions:

- Heat olive oil in a pan or nonstick skillet on medium heat. Add onions and sauté for about two minutes. Next add red peppers and mushrooms and sauté for another two minutes and then add kale, jalapeno pepper, and chorizo sausage. Cook until veggies are tender and then remove from heat and keep warm.
- In a skillet, melt butter on medium heat and pour in the egg mixture with a ¼ tsp. of salt. Cook eggs while stirring until they start to firm up then scramble until they are cooked through and remove from heat.
- Coat a large skillet or fry pan with cooking spray and heat on medium heat. Place a tortilla in the pan and sprinkle a ¼ cup of cheese on one half of the tortilla followed by half the veggie mixture and half the scrambled egg. Top with a ¼ cup of cheese and fold tortilla in half over filling. Cook for a few minutes until tortilla is golden brown, turning once.
- Transfer quesadilla to a cutting board and repeat the process with the second tortilla.
- Slice each quesadilla into two or three slices and serve with your favourite hot salsa, guacamole, or sour cream.

Bon Appétit!



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| | Prop | erties | Median Price | |
|-------------|--------|--------|--------------|-----------|
| | Listed | Sold | Listed | Sold |
| January 2 | 5 23 | 17 | \$425,000 | \$420,000 |
| December 2 | 4 10 | 14 | \$452,450 | \$446,700 |
| November 2 | 4 14 | 25 | \$429,900 | \$428,700 |
| October 2 | 4 35 | 26 | \$472,450 | \$455,500 |
| September 2 | 4 25 | 30 | \$477,450 | \$466,250 |
| August 2 | 4 37 | 32 | \$439,950 | \$444,950 |
| July 2 | 4 37 | 32 | \$521,450 | \$518,750 |
| June 2 | 4 34 | 29 | \$449,000 | \$459,500 |
| May 2 | 4 42 | 36 | \$449,950 | \$470,500 |
| April 2 | 4 28 | 42 | \$542,400 | \$557,700 |
| March 2 | 4 51 | 39 | \$499,800 | \$552,000 |
| February 2 | 4 28 | 26 | \$475,450 | \$474,000 |

To view more detailed information that comprise the above MLS averages please visit copp.mycalgary.com



Community Association

2025 COPPERFIELD COMMUNITY STAMPEDE EVENT SPONSORSHIP REQUEST Friday July 4th







The Stampede in the Park event has brought thousands of community members together. We want 2025 to be the biggest and best year ever, with a beer garden, live band, magician, petting zoo, and more! We can offer sponsors recognition opportunities, like booths, event-day signage, social media shout outs, etc. Your business can enjoy enhanced visibility while you support an exciting community event. Let's discuss how we can align your marketing goals with this incredible opportunity!





TOGETHER, WE CAN MAKE THE 2025 COPPERFIELD COMMUNITY STAMPEDE EVENT UNFORGETTABLE!

CONTACT: PRESIDENT@MYCOPPERFIELD.CA

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4-H in the City: Fun and Learning for Calgary Kids

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

4-H isn't just for life on the farm anymore! In Calgary, 4-H Intro Clubs are offering city kids a chance to explore a wide range of exciting hands-on activities. These six-week programs give youth ages 9 to 15 the opportunity to learn about and try things like pottery, sourdough baking, food science, hydroponics, and even reptiles. It's a great way for kids to discover new interests, learn practical skills, and make friends along the way.



One of the most fun activities in the clubs is making smoothies. Each week, members experiment with different ingredients, learning about nutrition, measurement, and recipe creation. The first smoothie they'll make is an oatmeal cookie-flavoured

smoothie—healthy, delicious, and a great way to dive into cooking. It's a perfect mix of fun and learning, with a focus on balancing flavours and understanding the science behind food.

Here's one of our favourites you can try at home!

Oatmeal Cookie Smoothie

Single Serving

Ingredients:

- ¼ cup old-fashioned oats
- 1 cup unsweetened coconut or almond milk
- 1/2 teaspoon vanilla extract
- 1 tablespoon honey (to taste)
- 1/2 teaspoon ground cinnamon
- ¼ teaspoon ground ginger
- Pinch of nutmeg
- Pinch of salt
- 1 frozen banana (peeled)

Directions:

- 1. Add oats to the blender and pulse until finely ground.
- 2. Add milk, vanilla, honey, and spices.
- 3. Add the frozen banana.
- 4. Blend until smooth.

In addition to making smoothies, kids also get the chance to practice leadership, teamwork, and communication by running their own business meetings. These skills are key for personal growth and work well in any area of life.



The final two 4-H Intro Clubs will be coming soon to Canyon Meadows in Calgary's SW. It's a great opportunity for kids to try something new and have fun while learning. For more details, email introclubs@4hab.com. We hope you'll give this smoothie recipe a try and let us know what you think!



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Find Your Next Job at the Youth Hiring Fair – March 27

by The City of Calgary

Mark your calendars! The Youth Employment Centre (YEC) is excited to announce the return of the Youth Hiring Fair on Thursday, March 27 at the Big Four Building from 1:30 to 6:00 pm. If you're between the ages of 15 and 24, this event is your opportunity to meet with 80 employers ready to hire for part-time, full-time, permanent, or seasonal positions.

Whether you're starting your job search or advancing your career, the Youth Hiring Fair is the place to be. You'll have the chance to connect directly with employers from various industries offering diverse opportunities for all skill levels.

Before the event, be sure to visit the Youth Employment Centre at 315 – 10 Ave SE to receive free assistance with resume building and interview preparation. Our expert employment counsellors are available to help you build confidence and ensure you're ready to make a strong impression on potential employers.

Don't miss out on this fantastic opportunity to secure your next job. Visit calgary.ca/yechiring for more details!



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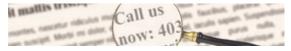
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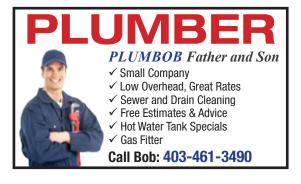






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GAMES & PUZZLES

Guess the Toy!

1. This fashion doll, created by Ruth Handler, made her debut at the American Toy Fair on March 9, 1959.

2. This toy originates from the Swahili word "kujenga" which means "to build".

3. This was the first toy ever advertised on television, featuring parts that could be stuck into a fruit or vegetable.

4. Max Park holds the record for solving this 3D combination puzzle toy at 3.13 seconds.

5. This stretchy, bouncy, moldable toy was used aboard Apollo 8 to help secure tools and equipment in zero gravity.

6. This toy was named after Theodore Roosevelt who famously refused to shoot a captured animal during a hunting trip in 1902.





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