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CRANSTON COMMUNITY ASSOCIATION

Did You Know?

Cranston has two separate organizations working to make our community the best it can be!

Cranston Community Association (CCA)

cranstonca.com • cranstonca@gmail.com

- Membership is voluntary ($20 per household within Cranston, $30 per household outside Cranston).
- Protects and advocates for the interests of the neighbourhood; is the community voice.
- Past hot topics have included cell phone tower placement, congested intersections, and zoning.
- Direct contact with our City Councillor, MLA, Calgary Police Liaison Officer, Federal MP, and others on a monthly basis.
- Run events such as the Community Cleanup, Festival of Lights, and organizes the *Cranversations* newsletter.
- Partner with grassroots minor soccer programs.
- Run solely by volunteers; generally meet at 7:00 pm on the fourth Tuesday of each month (excluding July/August) at Century Hall and all are welcome!

Cranston Residents Association (CRA)

www.cranstonra.ca | 403-781-6614

- Membership is compulsory for all households in Cranston; fees are collected annually each April.
- It is a not-for-profit organization that is professionally managed and operated.
- Operates, maintains, and manages amenities within Cranston owned by the Cranston RA including Century Hall with its indoor and outdoor facilities including gymnasium, tennis courts, splash park, and ice rink. They also maintain the Windmill, Art Park, and Direct Control corners.
- Responsible for Century Hall's programming. Kids and adults can take part in all sorts of wonderful activities such as dance, yoga, basketball, and art classes.
- Additional events such as Stampede Breakfast, Farmers Market, and Winter Wonderland are also organized by the Cranston RA with help from a variety of generous sponsors.

Cranston Community Association Board Listing

BOARD MEMBERS	
Jason Gordon	President
Mark Labrecque	Treasurer
Cheri Gordon	Secretary
Faith Gordon	Communications/Media

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After Divorce: Who Pays for University

by Christopher Bungay, Divorce Lawyer



In Alberta, someone who is 18 years old is normally considered to be an adult. An 18-year-old can vote, buy real estate in their own personal name, and make their own personal medical choices. However, if an 18-year-old is pursuing post high-school education, he or she may also qualify as an "adult dependent child." What does this mean?

An "adult dependent child" is an adult who, based on their personal life circumstances, must continue to rely upon their parents for financial support. This does not include a child who can function well and just chooses to stay home and do nothing. However, it does include the following:

- A young adult who attends post-secondary education immediately after high school, and
- Who cannot pay for their own education without the financial support of their parents.

Many parents believe (mistakenly) that if they are separated or divorced before a child is 18, they are no longer required to pay for the child's future education. This belief is often incorrect. Even after a divorce, many parents will have ongoing obligation to support adult dependent children who attend university (or some other post-high school training program). Whether a parent must pay, and how much, often depends upon a) how much a parent earns, and b) how much the adult child can reasonably be expected to fund on their own.

For example, if one of the parents earns a substantial income, it is very likely this high-earning parent will be required to assist their child financially with post-secondary education. While there are kids who can go to university on a full scholarship, most adult children cannot attend university or college without some help from their parents. In cases where an adult child/student clearly needs financial help, parents will often have a legal obligation to assist with paying for education. In many cases, this will apply even if the parents were divorced or separated prior to the time the adult child started university/college.

This does not mean that adult children have no responsibility to pay their own way. The law recognizes that adult children must make some effort to fund their own education and training. For example, if an adult child has a summer job during university break, they would be expected to try and use their earnings to help cover some of their tuition costs. Further, if Mom and Dad have very low earnings, it would be reasonable to expect their child to apply for student loans to help fund post-secondary costs.

In some cases, a parent will be required to help fund education even if their child did not live with them prior to university. Let's say a couple separated in July 2025, shortly before their child entered grade 12 in September 2025. For the grade 12 year, the child decided to live with Mom, while Dad lived in his own residence alone. In this case, Dad earned a high-income and Mom's earnings were very low. If this adult child went to university in September 2026 (after high school graduation) it is very likely Dad would still be required to help pay university costs, even though the child did not live with Dad in the prior year.



Why Can't I Stick to My Budget?

by Mark Letchumanan, CFA, CFP, ACC | Portfolio Manager, Financial Planner, and Professional Coach



Most of us know what we're supposed to do with money: spend less than we earn, avoid unnecessary debt, and save for the future. Yet knowing what to do and actually doing it are often two very different things. When it comes time to make financial decisions, even our best-laid plans are easily hijacked by the fear, worry, and hidden emotional triggers lurking beneath the surface. Our history of hurts and emotional triggers have led to patterns and habits, influencing our financial lives more than we realize. As Swiss psychologist Carl Jung famously observed, "Until we make the unconscious conscious, it will dictate our life, and we will call it fate."

I didn't start budgeting until my thirties. Before then, tracking every dollar felt restrictive. As long as I spent less than I earned, I assumed everything was fine. In reality, I was making little progress toward the goals that mattered most—like buying a home or furthering my education.

When I finally looked closer, I realized my resistance to budgeting was rooted in fear. Growing up, money was a frequent source of disappointment. When I was ten, I desperately wanted to play hockey as a goalie and my family scraped together the registration fee. Using the league's old set of goalie pads, I got to play one season—and I loved every minute of it. After that year, we couldn't afford for me to continue. Heartbroken, I buried the disappointment and moved on.

Years later, I began to see how those formative experiences shaped my thinking. The buried hurt caused me to react to any kind of financial limitation or restriction as an adult. Resisting a budget felt like protecting my freedom, but ironically, it was holding me back.

Mourning losses and disappointments from years ago might sound strange, but that's exactly what helped me acknowledge what I had been through and capable of better decisions. Once I stopped justifying my carefree approach, budgeting became easier. Change started on the inside and worked its way out to my behaviour.

I've noticed similar patterns in many of my client's financial lives. Overspending, trying to keep up with others, avoiding debt at all costs, feeling unable to spend money you've saved, or constantly worrying about losing what you have point to something deeper than finances alone. Often, there's a story underneath the behaviour.

If you've been struggling to stick to your budget, promising you'll try harder, or white knuckling: it won't change things. Lasting change begins with compassionate inquiry. Start by tracking your spending to understand where your money is really going. Then ask yourself a deeper question: what emotions are driving my decisions?

Holistic financial planning makes room for exploring the experiences, beliefs, and emotions that shape our relationship with money. When we see what's happening beneath the surface, healthier financial habits become much easier to build.

CRANSTON COMMUNITY ASSOCIATION

Because you value your community, be sure to purchase your Cranston Community Association annual membership!

Benefit from sports, activities and partner discounts. Gain preferred access to youth and community events and programs. Secure a vote at public meetings, or make a difference by joining the Board, and more.

Memberships are $20 per family for Cranston residents and $30 per family for non-residents.
Memberships are valid for 1 year from date of purchase.

Name: _____ **Spouse Name:** _____

Address: _____ **Postal Code:** _____

Contact Phone: _____ **Email:** _____

Number of children: _____ **Age(s) of children:** _____

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Remembering and Reconnecting

by Rebecca Pink



November gives us a moment to pause and honour, with deep gratitude, those who served and sacrificed for others, and those who continue to serve today. It is also a reminder that remembering is something we all carry in different ways. Remembrance is not limited to one day or one kind of loss, it can take many shapes, often quietly woven into our everyday lives. Sometimes remembering brings comfort; other times, it brings sadness, longing, or emotions we weren't expecting. There is no right way to remember or feel. We can continue to try to make room for whatever comes, with a little gentleness and self-compassion,

Grief is something that many people carry quietly. I know this from my own experience as well. It can be complicated, heavy, and unpredictable, bringing waves of emotions that can shift from one day to the next. We don't always talk about it, and sometimes we may feel as though we are expected to "move on" or "be fine". However, grief doesn't follow a timeline and is never linear. We can make room for both the sadness of what is no longer here and the gratitude for once was.

November can be a challenging month for many of us. The days grow shorter, the temperatures drop, and for many of us, our energy shifts with the season. Rather than seeing this as something we need to push through, maybe it can be an invitation to slow down and check in with ourselves. What might you need a little more of right now? Rest? Connection? Time for yourself and your loved ones?

November gives us an opportunity to pause, remember, and reconnect. We might reach out to someone we haven't spoken to in a while, revisit a memory, or make a little more room for the people and experiences that matter to us. For those carrying grief, these moments of connection can be especially meaningful. Sometimes remembering together is a way of reminding ourselves that we don't have to carry it alone.

As we move through November, I also want to take a moment to remember and honour those who have served and continue to serve, and the families who stand alongside them.

Lest We Forget.

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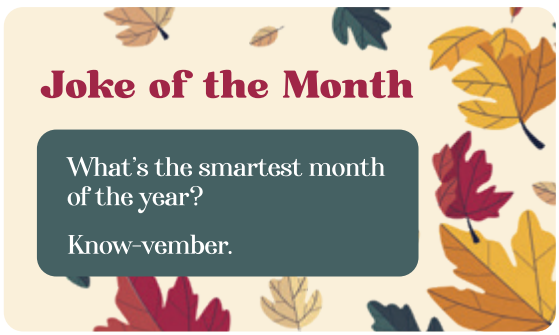
Cranston Residents

Do you have your membership cards for Century Hall? All residents over the age of 10 are now required to have a membership card for entry to Cranston Century Hall Park and facility. Membership cards will also allow you to register for programs offered by the Cranston Residents Association (CRA).

Century Hall Updates

Did you know as a Cranston resident you have access to the Century Hall Tool and Equipment Library! Here you will find a variety of tools and outdoor sports equipment that you can borrow and enjoy for free! We have paddleboards, snowshoes, kayaks, skateboards, games bins, drills, ladders, saws, tools, you name it! Inquire today to learn more!





The Annual Grand South Christmas Market is coming November 14th!

Get an early start on your Christmas shopping and come out to support some amazing local vendors!

Five market locations:

- Cranston
- Auburn Bay
- Seton
- New Brighton
- Mahogany

Make a day of it! Visit all five locations, get your market passport stamped at each one, and enter for your chance to win a fantastic prize! Mark your calendars and bring your friends and family for a festive day of shopping, community, and Christmas cheer!

Rental Rates

www.cranstonra.ca

CRANSTON
RESIDENTS ASSOCIATION

	Dimensions	Capacity	Hourly Rates		
			Resident	Brookfield Community	Non-Resident
Heritage Hall ABC 2652 sq. feet	34 ft. by 78 ft.	135 Guests	$97.00	$109.00	$122.00
Heritage A 1037 sq. feet	34 ft. by 30.5 ft.	50 Guests	$64.25	$72.95	$81.00
Heritage B 850 sq. feet	34 ft. by 25 ft.	40 Guests	$53.00	$60.00	$67.00
Heritage C 765 sq. feet	34 ft. by 22.5 ft.	35 Guests	$53.00	$60.00	$67.00
Heritage A & B 1887 sq. feet	34 ft. by 55.5 ft.	90 Guests	$75.00	$84.65	$95.35
Heritage B & C 1615 sq. feet	34 ft. by 47.5 ft.	80 Guests	$69.35	$78.00	$87.20
Vista 639 sq. feet	18 ft. by 35.5 ft.	30 Guests	$55.60	$62.75	$70.40
Riverside 534 sq. feet	17.5 ft. by 30.5 ft.	25 Guests	$55.60	$62.75	$70.40
Legacy (Board Room) 369 sq. feet	18 ft. by 20.5 ft.	15 Meeting	$34.45	$37.75	$41.80
Gym 5159 sq. feet	57 ft. by 90.5 ft.		Party Package Only	Party Package Only	Party Package Only

Minimum two-hour rental for Heritage Room(s)

Additional Charges

Mandatory after-hours security fee applies for rentals ending between 9:00pm and 1:00am.
Mandatory after-hours teardown fee applies for rentals ending between 8:30pm and 1:00am.
SOCAN and Re:Sound fees apply for bookings with music and/or dancing.

$300.00 damage deposit on credit card required for all bookings serving alcohol and/or requiring after hours

revised February 6, 2025 - prices subject to change

11 Cranarch Road SE – 403-781-6614 ext. 3 – rentals@cranstonra.ca

Booking Requirements

1. Signature on Rental Contract
2. Full payment – due upon receipt of Rental Contract
3. $300.00 Damage & Liability Deposit on credit card. Refund will be issued 3-5 business days after event date, pending management review
4. Proof of Personal Liability Insurance – Homeowner Insurance – (Providers Name, Policy Number, Expiry date)

Failure to provide the booking requirements within **one week** from the date of booking will result in the rental being cancelled.

Rentals with alcohol are required to provide:

1. Party Alcohol Liability Insurance – www.palcanada.com or www.duuo.ca (due 10 days prior to rental)
2. Liquor Permit – available online at www.aglc.ca (due day of rental)

Rentals using third party contractors/vendors (caterers, bar tenders, decorators, etc.) are encouraged to provide:

1. Certificate of Insurance from each vendor and when possible, have Cranston Residents Association listed as additional insured.

Temporary Bookings/Holds are not permitted. Bookings are on a first come first served basis.

Advanced Booking

Residents can book a maximum of **one year** in advance. Bookings for a full one year in advance can be booked on the 1st of the month of the year prior – see example below
Ex 1: Want to book your wedding for August 12, 2026? Your booking would be accepted as of August 1, 2025

Brookfield Communities can book a maximum of **11 months** in advance. Bookings for a full 11 months in advance can be booked on the 1st of the month, 11 months prior – see example below
Ex 1: Want to book your wedding for August 12, 2026? Your booking would be accepted as of September 1, 2025

Non-Residents can book a maximum of **10 months** in advance. Bookings for a full 10 months in advance can be booked on the 1st of the month, 10 months prior – see example below
Ex 1: Want to book your wedding for August 12, 2026? Your booking would be accepted as of October 1, 2025

Changes to Rental Agreements

Two weeks written notice is required for all rescheduling/change requests.
All changes (extending time, room, date, rescheduling or cancelling) **must** be done in writing.
A $20.00 Admin Fee may be applied.

Cancellation	Must be done in writing – email rentals@cranstonra.ca
75% refund	Rental cancelled more than three months prior to the rental date
50% refund	Rental cancelled between one to three months prior to rental date
No refund	Rental cancelled less than one month prior to the rental date

Tables: Height is 29.25" from floor to table top
Round – 60" diameter (seats 6-8)
Rectangle – 72" long x 30" wide (seats 6)
Cocktail – 30" diameter can be set either 30" or 42" high

Chairs: Folding 15.5" high from chair seat to floor;
34" from top of chair backrest to floor
Seat 17.5" square; back 19.5" wide by 15.5" high
(seat to top of chair) rectangle

RECIPE OF THE MONTH

Double Baked Sweet Potato Casserole

by S. Law



As fall approaches, I find myself spending more and more time in the kitchen. As such, there are always a few new recipes I end up trying before winter hits. The most recent would be this recipe for a double baked sweet potato casserole requested to me by a friend. Full of warm spices and the perfect balance between sweet and savoury, this dish is sure to be a crowd pleaser at your next family gathering.

Ingredients

- 5 to 7 medium sweet potatoes
- 1/4 cup butter, cut into small cubes
- 1 egg
- 1/2 tbsp cinnamon
- ½ tbsp nutmeg
- 3 tbsps maple syrup
- ½ tbsp ground cloves
- ½ tbsp ground ginger
- Salt to taste
- 2 cups mini marshmallows (optional)

Directions

1. Begin by peeling and roughly chopping your sweet potatoes. Boil them in a large pot until they are soft enough to mash.
2. Drain the chunks and add them into a glass casserole dish with your butter and egg.
3. Mash the chucks while evenly incorporating the other ingredients. You want everything to be mixed in with no large clumps.
4. Add all your spices and incorporate fully.
5. Put the dish in a 450° F oven and cook for about 35 minutes, or until the top begins to brown slightly.
6. In the last 15 minutes, if you would like to cover the top in mini marshmallows, and place the entire thing back in the over, it does add a little extra sweetness, but it isn't required.
7. Once it's cooked, serve warm and enjoy with family and friends.

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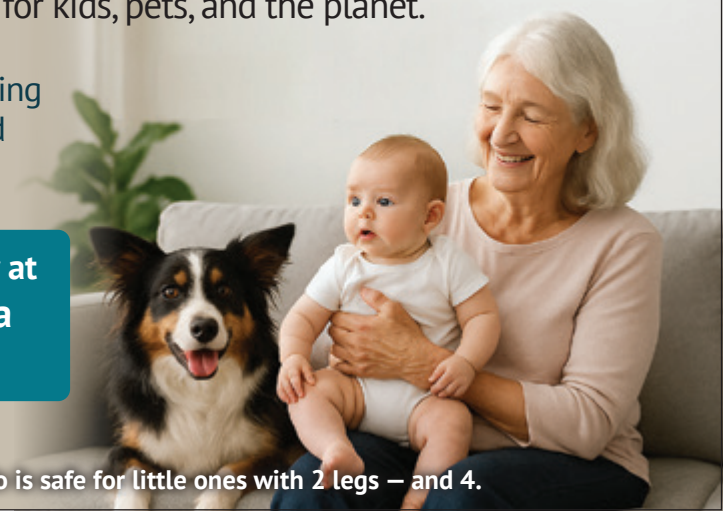
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CRANSTON COMMUNITY REAL ESTATE ACTIVITY

	Properties		Median Price	
	Listed	Sold	Listed	Sold
September 26	52	29	$529,900	$529,900
August 26	51	41	$679,900	$660,000
July 26	51	34	$634,350	$616,500
June 26	66	36	$594,900	$594,900
May 26	64	51	$564,000	$553,000
April 26	49	35	$599,000	$585,000
March 26	41	34	$514,950	$512,250
February 26	33	33	$565,000	$555,000
January 26	38	16	$455,000	$446,000
December 25	52	43	$579,900	$570,000
November 25	70	32	$669,950	$662,250
October 25	45	32	$497,500	$475,000

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