

AUGUST 2023

DELIVERED MONTHLY TO 2,475 HOUSEHOLDS

your **DEER RUN** villager

THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER



Bisous

THIS SPACE IS AVAILABLE!

Use this ad space to promote your business and get noticed!
Contact us at 403-720-0762 or grow@greatnewsmedia.ca



GET A QUOTE NOW

WWW.DEERRUNCALGARY.COM

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with – this includes odour causing bacteria and illness causing viruses, like staph infections.

CALL US TODAY AT
403-726-9301
calgaryfreshjock.com



No one has to face cancer alone.

Wellspring Alberta is a registered charity that provides free professionally-led programs and support for anyone living with cancer, including caregivers, and family members. Our programs are available online, in-person, or over the phone.

At Wellspring Alberta, you'll find a place to connect with others, be yourself, and find the support you need to face cancer.



wellspringalberta.ca | 1.866.682.3135
Charitable Reg. #809013675RR0001

FRIENDS of Fish Creek



August in Fish Creek

Support Outdoor Education in Fish Creek and Your Donation Will Be Matched Up to 50 %

The Friends of Fish Creek are honoured that our Learning Naturally program has once again been chosen as one of over 270 local charities to participate in the Shaw Birdies for Kids presented by AltaLink program! Birdies for Kids, now in its eighth year, has a profound benefit for charitable organizations that support children's programming. This essential fundraiser runs until August 31 in conjunction with the Shaw Charity Classic Golf Tournament.

Through Learning Naturally, close to 3000 students between grades K to 6 from economically disadvantaged Calgary schools are provided a field trip to Fish Creek Provincial Park. Many of these students are new to Canada, and this unforgettable experience acts as not only their first visit to Fish Creek, but also their first real visit to a natural setting in this country. The lessons imparted on these students during their Learning Naturally field trip help to support a lifelong concern for conservation and environmental stewardship.

This essential program does not receive regular funding and its continuation is in jeopardy. It costs only \$10 to support one Learning Naturally field trip for one student, and through Birdies for Kids, your donation will be matched up to 50%! Please consider making a donation to Learning Naturally through Birdies for Kids and speak to your employer or co-workers about this amazing opportunity to support outdoor education in Fish Creek.

We would like to thank the Greenfield Foundation once again for supporting Learning Naturally this year with a very generous donation. Thank you to the Shaw Charity Classic Foundation, the Patron Group, Shaw Communications, Suncor, and Shaw Birdies for Kids presented by AltaLink for hosting this amazing program: <https://shawcharityclassic.com/charity/participating-charities/friends-of-fish-creek>.

Tru Earth - New Partnership with the Friends of Fish Creek

Tru Earth is a Canadian company that focuses on creating eco-friendly household goods. Tru Earth's products are designed to function the same - or better - than traditional products, but without all the plastic and other chemicals that are harmful for the planet. Order your Tru Earth household products today and the Friends of Fish Creek will earn at

least 20% of every sale made through this exciting ongoing fundraiser. Check out Tru Earth and make a purchase to support the Friends of Fish Creek today. Visit the Friends' Tru Earth page at <http://tru-earth.sjv.io/FriendsOffishCreek>.

Volunteers Needed in Fish Creek Provincial Park

Branch out and explore all the exciting chances to give back to Fish Creek Provincial Park through direct intervention in its wellbeing! The Friends of Fish Creek needs volunteers to help this summer with a variety of stewardship activities. Programs like invasive species control, poplar planting, tree wrapping, and nursery tending require the dedication of an amazing team. There is always a chance to be out in the field during the summer months and opportunities are available for people of every ability and availability. If you only have one day to volunteer, we offer many opportunities that require your presence for only a few hours, such as riparian restoration, invasive species control, tree wrapping, poplar planting, and willow staking. Planting trees is the activity most people probably have in mind when it comes to restoration. We provide the trees and supplies so that our volunteers can work to add trees to the aging poplar forests in the park. This summer, we are focusing on the beautiful Hull's Wood area. Newly planted trees ensure that in the years to come, wildlife habitat is maintained as older trees die off. Watering trees and other vegetation is one of the most important jobs that one can take on in the park, as the summers in Calgary are hot and dry. To help with poplar planting, restoration, or other programs, please sign up as a volunteer online at <https://friendsoffishcreek.org/volunteering-basics>.

Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

THE EXECUTIVE

| | |
|----------------|--------------|
| President | Kim Semeniuk |
| Vice President | Mike Isakeit |
| Treasurer | Ed McCrea |
| Secretary | Bley Etienne |

THE DIRECTORS

| | |
|----------------------|------------------|
| Ways and Means | Brenda Marks |
| Capital Expenditures | Jay Clements |
| Sports Director | Ken Werbicki |
| Director at Large | Donovan Harris |
| Social Fundraising | Christian Fruhen |

VACANT POSITIONS

| | |
|-------------|--------|
| Memberships | Vacant |
| Newsletter | Vacant |
| Programs | Vacant |



Like us on Facebook

www.facebook.com/deerruncalgary
We're also online at www.deerruncalgary.com

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8

Phone: 403-278-3117 Fax: 403-278-4961

Email: info@deerruncalgary.com

Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

Key Staff

Centre Manager Rob Garnett 403-278-3117
Childcare Director Mercy Musakanya 403-271-3704

Newsletter

Your Deer Run Villager is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MSWord file, to the DRCA Communications Director at commdirector@deerruncalgary.com.

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.



Hate Your Renewal Rate? Call Me!

Expert advice
Excellent rates
Many options
Better mortgages



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

Your Opinion Matters!



DEER RUN
COMMUNITY ASSOCIATION

Our community centre is now 40 years old, and life has definitely changed since it was first built!

We have the opportunity to make some exciting changes, but we want to make sure we provide the facilities and programs that our community residents most want.

Mobile Farm Stand

The DRCA is proud to host the Broxburn mobile farm stand. It will be open every Friday from May through October, from 10:00 am until 1:00 pm in the Deer Run Community Centre parking lot. This program is a partnership between the City of Calgary and Broxburn Farms.

The City of Calgary's Farm Stand Program supports five incredible local farms and vendors to bring more fresh Alberta fruits, vegetables, and artisanal products to more Calgary communities.

For more information on vendors and locations visit www.calgary.ca/localfood.

Source: <https://www.calgary.ca/localfood>.



We have engaged the Har Group, an independent research firm, to conduct a community survey. Your responses will help establish priorities for the Deer Run Community Association.

We need to hear from everyone

- Whether your household is a community member or not
- Whether you use community services or not

The on-line survey will be conducted during June

You can access the survey by visiting:

www.deerruncalgary.com/Survey

Or access via QR code:



Paper copies are also available at the Deer Run Community Centre: 2223 – 146 Ave SE.

All responses will be entered into a draw for \$100

13th Annual Cleanup and Waste Disposal

Saturday, September 23 from 9:00 am to 1:30 pm

Deer Run Community Centre (2223 – 146 Ave SE)

Items Accepted: Household and construction waste, metal, appliances, electronics, BBQs, bikes, car batteries only, propane tanks (disposal fee charged: 0 to 20lbs is \$2, over 20 lbs is \$5, cash only).

Items not accepted: Tires, household chemicals, liquids, oils, paint, freon appliances, glass, garden waste. No commercial waste. No organics truck (i.e., tree cuttings, etc. will not be taken).

We need volunteers for this to run smoothly so we can repeat it again next year! Web link to come. Please call the center to volunteer in the meantime at 403-278-3117.

This event is free, but purchase of your DRCA membership and donations are appreciated and help support events like this one.

GAMES & PUZZLES

Guess That Canadian City!

1. This city hosted Canada's first and only Summer Olympics in 1976.
2. Ginger beef was invented in this city in the 1970s.
3. Terry Fox began his "Marathon of Hope" in this city.
4. This city has the highest population and is the most visited in the country.
5. In the 1900s, illegal tunnels were built in this city to hide Chinese immigrants who were avoiding discrimination or who couldn't afford the head tax.
6. This town is dubbed the "polar bear capital of the world."



SCAN THE QR CODE FOR THE ANSWERS!

SCAN HERE TO VIEW ADDITIONAL DEER RUN CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.



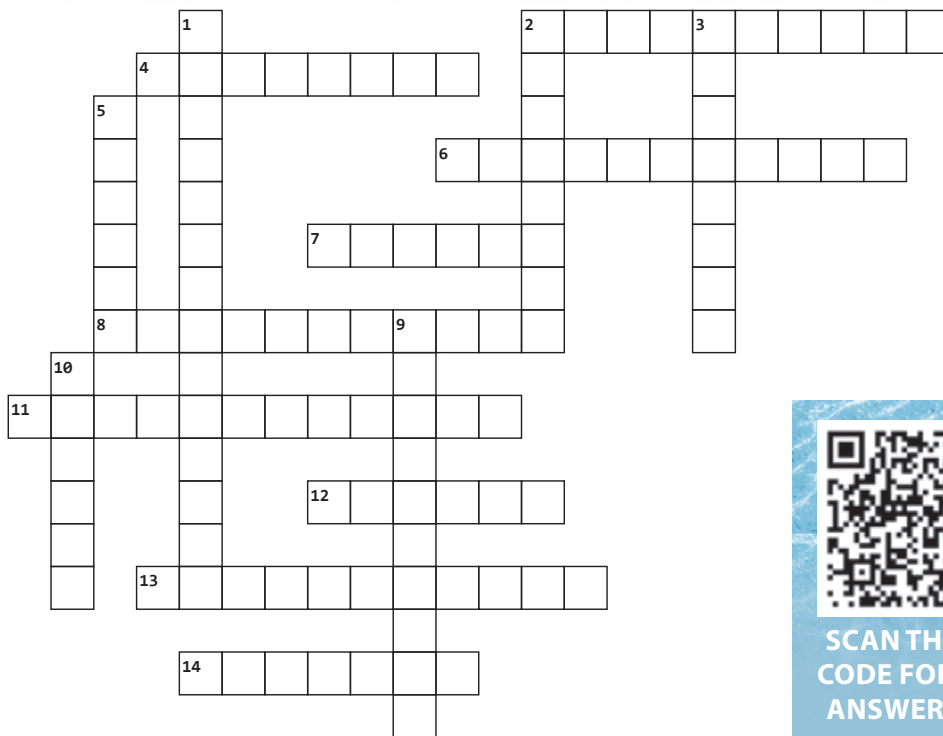
Got a Green Thumb in Deer Run or Deer Ridge?

We have gotten some new planters in front of the building. Why? It's actually a protection from cars that might go rogue, and it protects our kids and users of the building. Its a super way to beautify the building as well.

We Are Looking for Green Thumb Volunteers!

If you have a vision or just a helping hand and enjoy gardening - please call the center and talk to Rob at 403-278-3117.

August Crossword



Across

2. This Pickering, Ontario singer-songwriter rose to fame on Vine.
4. This heroic 18-year-old from Port Coquitlam, BC aimed to complete a cross-Canada run to raise funds for cancer after being diagnosed and having his leg amputated.
6. The cities of Pompeii and _____ were destroyed on August 24, 79 A.D., by the eruption of Mount Vesuvius.
7. National _____ Day, celebrated on August 24, commemorates the patent for this modern breakfast appliance.
8. Born on August 28, she is Canada's "queen of country pop."
11. This Cole Harbour-born hockey player was the youngest NHL captain to lead his team to a Stanley Cup victory in the modern era.
12. National _____ Day celebrates the accidental invention of this helical children's toy.
13. This holiday is observed on the first Monday in August in Alberta.
14. This lime green stone is August's primary birthstone.

Down

1. This dystopian debut novel is narrated by Wil Wheaton, who is also briefly mentioned in this well-known sci-fi book by Ernest Cline.
2. In August, the _____ moon appears in the sky and is named such because of the abundant fish that Algonquin tribes were able to catch at this time of year.
3. On August 21, 1911, this artwork was stolen, making it one of the most famous pieces in the world.
5. The reason August is referred to as the "dog days" of summer is because of this star that rose at the same time as sunrise in August during Roman times.
9. On August 28, 1963, Martin Luther King Jr. famously delivered his "I Have a Dream" speech in this city.
10. August 1, 1997, was the Canadian release date of the first movie in this popular family-friendly series featuring an athletic golden retriever.



Councillor, Ward 14
Peter Demong
 ☎ 403-268-1653
 ✉ eaward14@calgary.ca
 🌐 www.calgary.ca/ward14



MP Calgary Midnapore
Stephanie Kusie
 204 – 279 Midpark Way SE
 Calgary, AB T2X 1M2
 ☎ 403-225-3480 📠 403-255-3504
 ✉ stephanie.kusie.c1@parl.gc.ca
 🌐 stephaniekusiemp.ca

Hey Ward 14!

August can be a little slow around City Hall. The usual committee meetings are on hiatus for the month. The weather will hopefully be warm, and you will hopefully be enjoying it.

Busy or not, there is never a bad time to talk about maps (at least in my opinion). In the online version of my August newsletter, I will tell you about a map that shows you where to find parks in Calgary. I will also talk about how to handle the toxic weed called black henbane, some important phone numbers to have handy, adopting pets, and cover some tips about home ownership.

The City's website can be a bit much to navigate at times. It is a refrain I have heard many times, and it is true. But as with a few of the topics I have already alluded to, it can be full of helpful information. So, I am starting a new monthly addition to my column where I will outline a specific part of the City of Calgary website that has information you can use. You can read the first installment in my online column in August.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14newsletter for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,

Councillor Peter Demong

PLUMBER

***PLUMBOB* Father and Son**

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490



Dear constituents,

With just over a month of summer remaining, I hope you've had the opportunity to enjoy the warm weather and relax – whether with your family at Fish Creek Park, with friends at a local patio, or alone taking a day for yourself; this is always a great time of year to sit back and enjoy our beautiful city.

I had a jam-packed July and kicked it off by celebrating Canada Day here in Calgary Midnapore. I joined newly minted Canadian citizens at a citizenship ceremony in Heritage Park, stopped by the Parkland Community Hall for some lunch and fun games, met with members of Calgary's Ahmadiyya Muslim community, and enjoyed some celebrations with my family.

Seemingly right after, I put my cowboy boots on and enjoyed the Greatest Outdoor Show on Earth! I caught up with constituents at local pancake breakfasts, BBQs, and on the Stampede grounds. I always enjoy these two weeks where our city comes together to welcome visitors from across the country and globe in grand Calgary Stampede fashion!

I also welcomed Conservative Party Leader, Pierre Poilievre back to his home town of Calgary and our riding of Calgary Midnapore, where he grew up right here in Shawnessy!

I'm looking forward to another great month of meeting constituents and will share your stories and experiences with my conservative team in Ottawa.

To stay up-to-date on my ongoing work and to hear about my remaining summer plans in the riding, including my annual Ice Cream Social, please sign up for my monthly e-newsletter at StephanieKusieMP.ca.

Sincerely,

Stephanie Kusie

MP Calgary Midnapore

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Deer Run. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

DEER RUN MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Run? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

AFFORDABLE DENTAL CARE MINUTES FROM DEER RUN! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

CAMPBELL ROOFING - FREE ESTIMATES: Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business." Call Grant at 403-975-1371. Thank you, customers, for all your previous support!

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CONCINO CHORUS: Love to sing? Ready to make new friends? Enjoy the benefits, camaraderie and fun of singing in a choir. Concino Chorus welcomes new singers. Non-auditioned adult choir. Join us on Tuesday evenings from 7:00 to 8:30 pm at Deer Park United Church, 77 Deerpoint Road SE, or email ConcinoChorus@gmail.com for more information.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

continued on next page

BUSINESS CLASSIFIEDS

continued

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

PIANO FOR SENIORS: Have you ever wanted to learn to play the piano? Or would you prefer to listen to live piano music? I have a Piano Teacher's diploma and I'd be happy to teach you or play your favourite classical or popular tunes in your home. Contact Jill at 403-629-0735.



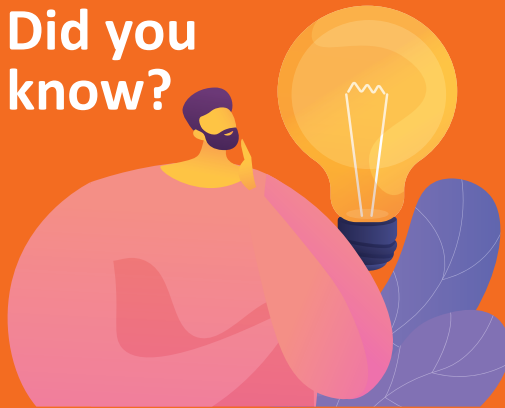
CRIME STATISTICS

Deer Run Crime Activity was Down in June 2023

The Deer Run community experienced 1 crime in June 2023, in comparison to 5 crimes the previous month, and 5 crimes in June one year ago. Deer Run experiences an average of 2.6 crimes per month. On an annual basis, Deer Run experienced a total of 31 crimes as of June 2023, which is down 11% in comparison to 35 crimes as of June 2022. To review the full Deer Run Crime report visit drun.mycalgary.com.

How To Report Crime In Deer Run: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.

Did you know?



YOUR DEER RUN COMMUNITY MEMBERSHIP GIVES YOU:

Access to sports
 Volleyball
 Yoga
 Jazzercise
 Martial arts classes
 Workout facility
 Outdoor skating rinks
 Pickleball



Childcare programs
 Daycare
 After school care
 Summer camps



Facility rentals or drop-in use
 Gymnasium
 Board room
 Multipurpose room
 Commercial kitchen



- ✓ Seniors group
- ✓ Local discounts
- ✓ Arts events and holiday parties
- ✓ Jelly bean dances
- ✓ Stampede breakfast
- ✓ Family skating party
- ✓ Game nights, movie nights and much more



A sense of belonging!

Annual Memberships are \$30 per household
 Available at www.deerruncalgary.com
 or call 403-278-3117

Please see other side for important survey information



Deer Run Real Estate Update

Last 12 Months Deer Run

MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|--------------|----------------------|--------------------|
| June 23 | \$489,900 | \$541,750 |
| May 23 | \$649,900 | \$672,500 |
| April 23 | \$494,950 | \$497,500 |
| March 23 | \$684,850 | \$684,000 |
| February 23 | \$485,000 | \$525,000 |
| January 23 | \$580,000 | \$575,000 |
| December 22 | \$367,400 | \$379,000 |
| November 22 | \$634,450 | \$616,000 |
| October 22 | \$514,950 | \$573,750 |
| September 22 | \$530,000 | \$520,000 |
| August 22 | \$629,900 | \$615,500 |
| July 22 | \$524,900 | \$529,900 |

Last 12 Months Deer Run

MLS Real Estate Number of Listings Update

| | No. New Properties | No. Properties Sold |
|--------------|--------------------|---------------------|
| June 23 | 11 | 8 |
| May 23 | 7 | 7 |
| April 23 | 6 | 6 |
| March 23 | 3 | 4 |
| February 23 | 6 | 3 |
| January 23 | 2 | 3 |
| December 22 | 2 | 4 |
| November 22 | 7 | 6 |
| October 22 | 1 | 2 |
| September 22 | 4 | 7 |
| August 22 | 7 | 7 |
| July 22 | 10 | 5 |

To view more detailed information that comprise the above MLS averages please visit drun.mycalgary.com



CUSTOMER SATISFACTION GUARANTEED

**WE SPECIALIZE IN ALL FORMS OF
CONSTRUCTION & LANDSCAPE**
INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping
Landscape Construction
Year-Round Maintenance
Spring and Fall Cleanup
Commercial and Condo
Property Management
Snow and Ice Removal

Contact Us

Address

20 Sunvale Place SE
Calgary, AB T2X 2R8

Call us now

(403) 256-9282

Email us

info@jacksonjackson.ca
contact@jacksonjackson.ca



www.jacksonjackson.ca

DID YOU KNOW?



calgaryfoothills
soccerclub

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, Queensland, and Walden.**

YOUR LOCAL SOCCER PROVIDER U4-ADULT

DEVELOPING EXCELLENT PLAYERS AND OUTSTANDING PEOPLE

- Canadian Soccer Association - Youth Club License holder.
 - Only Calgary Club with 2 turf indoor training facilities. Full size 11v11 Turf Fieldhouse and Turf Training Skills Center.
 - Professionally qualified Phase Area Managers at every age group (U4-Adult) (Canada and Europe Qualifications).
 - In-house Sport Science program to develop athleticism and prevent injuries.
 - Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches.
- Verifiably Calgary's best soccer program with more resources and pathways to pro-am leagues for boys and girls.
 - 8 Canadian National Youth Championships won.
 - Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
 - One of two founding franchises for the Project 8 women's professional league launching in 2025.



INDOOR 2023/2024 REGISTRATION: Program details and online registration available **AUGUST 15TH TO SEPTEMBER 30TH** at www.gofoothills.ca

Proudly owned in *Calgary* serving Calgary businesses



CALL 403.279.5554

109 - 10836 24th Street SE



MATS

Commercial mat rentals and purchases



HOSPITALITY SERVICES

Linens for tables, chairs, and napkins. Laundry and pressing services



WORKWEAR

Workwear and cleaning of uniforms and coveralls



CLEANING

One-stop service for cleaning supplies and paper products

calgarymatandlinen.com

www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED

UNSEALED

KILBCO
CONCRETE CURBING

Locally Owned &
Operated

Free Estimates to 403.870.0737