

DECEMBER 2023

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## More Rink Rats Needed!

We need your help! We need all types! For those who are going to use the motorized equipment, we ask that those recruits have a general mechanical aptitude of motorized equipment to operate the required machinery.

More hands make less work (and more fun).

I can be reached through the community centre email - ken@deerruncalgary.com.

*Ken Werbicki*

Director of Sports



### Save the Date!

Skate Party in February. See Calendar of Events page.



## WORD OF THE MONTH

**Stalwart: Adjective (Stawl-wert)**

Loyal, reliable, diligent, and brave.

She is a stalwart supporter of animal rights.

# Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

## THE EXECUTIVE

President	Kim Semeniuk
Vice President	Mike Isakeit
Treasurer	Ed McCrea
Secretary	Bley Etienne

## THE DIRECTORS

Ways and Means	Brenda Marks
Capital Expenditures	Jay Clements
Sports Director	Ken Werbicki
Director at Large	Donovan Harris
Social	Christian Fruhen

## VACANT POSITIONS

Memberships	Vacant
Newsletter	Vacant
Programs	Vacant



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We're also online at www.deerruncalgary.com



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Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

## Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.



## Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8  
Phone: 403-278-3117 Fax: 403-278-4961  
Email: [info@deerruncalgary.com](mailto:info@deerruncalgary.com)

### Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

### Key Staff

Centre Manager Rob Garnett 403-278-3117  
Childcare Director Mercy Musakanya 403-271-3704

## Newsletter

Your Deer Run Villager is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MSWord file, to the DRCA Communications Director at [commdirector@deerruncalgary.com](mailto:commdirector@deerruncalgary.com).

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

## Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

## Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

## Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.



The giving tree went up on November 14 thanks to volunteers in our community. I can't name the individuals involved because secret Santa means it's a secret. But many thanks for about 100 hours of volunteer time between about eight people every year to get this established, find families, work with the school and local church to be sure we don't overlap families (and share the need equally), and to wrap and deliver the gifts. This year there are three families who will be having a less stressful Christmas. Many thanks to the community residents who are buying and bringing the donated gifts back to the DRCA. There are still items on the tree at <https://deerruncalgary.com/givingtree> to be purchased. If you hate computers, there are some physical tags on the tree at the centre or you can ask Rob at the front desk to help you get one off the virtual tree. Thanks again community and volunteers!

The Deer Run Volleyball League will be active on social media asking for donations to the foodbank and AARCS. But don't wait for the ads; drop your donations at the centre today! The donation box is right in front of the desk.

The Jellybean dance was a smash hit with 125 kids (it's a big event!) and we made some profit to make it better and buy stock and prizes for the next one in February. January is Family Movie Night, and February is our Neighbourhood Skate Party. We are back to planning an adult fun money casino and it is coming in March (we are already doing preparation work). If you would like to help, bartend, or the like, please contact the centre. We are looking for local businesses to donate the prizes, so if you can help out, please contact Rob at the centre and someone will call you back (and thanks!) See [www.deerruncalgary.com](http://www.deerruncalgary.com) for the event calendar.

Since we are writing this early, we will let you know how the Christmas Market and the AGM went in January's newsletter.

We are getting some new furniture and other tools at the daycare. Exciting? Well yes, because old, worn-out items means that they were good quality items long ago and are getting well used by the staff and kids. But it's time for a refresh, as the kids deserve the best at the Deer Run day care and out of school programs. There are also plans for some preschool facility upgrades and we hope they are ready for next fall. We are looking for project management volunteers as we move forward. Is that something you can help with? More on that to come as it develops in the upcoming months.

Come see the new kitchen! We will have some pics next month - it's hot! Thanks, Brenda, for pushing these renovations forward. Way to go!

Rink Rats! We still need more people to help flood the rinks, etc. Email [ken@deerruncalgary.com](mailto:ken@deerruncalgary.com), get trained, and help our community be awesome yet again.

Bottles are still being collected for our board friend with cancer. Visit [www.deerruncalgary.com/stage4](http://www.deerruncalgary.com/stage4) for more details.

Sincerely,

*The Board*

Phone: 403-278-3117, option #3



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Molly, Renfrew

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## Make Sure to Get Your Year-End Donations In

We hope that you have found some time this year to visit Fish Creek Provincial Park, whether you spent time enjoying a favourite park location or exploring a new area. Fish Creek holds a special place in the hearts of countless individuals and citizens of Calgary and has for generations. The Friends of Fish Creek is a small non-profit group that is dedicated to protecting the park's environmental sustainability through conservation programs, community engagement initiatives, and self-directed fundraising endeavours. As a member of the Fish Creek Community, we know that you share our vision of a sustainable park environment that enhances the quality of life for both current and future generations.

Donations from community members like you provide essential support for our conservation efforts and we are profoundly grateful for your contributions. As we approach the end of the year, we invite you to make a tax-deductible gift in support of Fish Creek Provincial Park, as even a modest donation would go a long way in supporting this beautiful natural area. With your help we can face the challenges of our small but far-reaching local charity, and you can rest assured that your hard-earned donation dollars will be used efficiently right here in Fish Creek Provincial Park.

Please stay tuned to our newsletter *Voice of the Friends*, our website, and our social media channels for all the latest news and updates about our programs and activities in Fish Creek. To donate, please visit [friendsoffishcreek.org/ffc-donate](http://friendsoffishcreek.org/ffc-donate).

## The Fish Creek Community Terrace

Every brick tells a story! Share your story with the Fish Creek Community. If you have been to the Bow Valley Ranch recently, you may have seen the Fish Creek Community Terrace, which consists of personalized bricks installed just in front of the Cookhouse. A brick would also make an amazing gift for anyone on your list who enjoys visiting Fish Creek and would like to

see it preserved. You will receive a tax receipt and we will provide a certificate for bricks dedicated by December 21. The Friends are now offering bricks for Phase four of the Fish Creek Community Terrace to be installed in 2024. For more information, please visit [friendsoffishcreek.org/brick](http://friendsoffishcreek.org/brick).

## Membership Shows You Care

Now is the best time of year to renew your Friends of Fish Creek membership or become a member! The Friends do not receive regular support for our programs that benefit the park and community, and we rely on a variety of funding sources like grants, program fees, personal donations, and memberships. Friends' members receive benefits like admission to our Fish Creek Speaker Series programs, a discount on the popular Birding Courses, a discount at select local businesses, and the ability to vote at our Annual General Meeting. Show your support for this park by becoming a member or renewing your membership today. Memberships will be good until December 31, 2024. To renew your commitment to Fish Creek, please visit [friendsoffishcreek.org/membership](http://friendsoffishcreek.org/membership).



**South Calgary Wado Kai Karate**

Competitive Club, Friday, 6:30 to 9:00 pm  
Various classes, Saturday, 9:15 am to 12:30 pm  
www.calgarywadokai.com

**Genbukan Daigo Dojo**

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Sundays, 10:00 am to 12:00 pm  
Irina Bondarev: 403-714-6401, Irina\_bondarev@hotmail.com, www.canuck-ki-aikido.org

**FLC Seniors Tai Chi**

Tuesday and Thursday Mornings  
Contact our registrar at taichi@flcseniors.ca  
Website: www.flcseniors.ca/activities/taichi

**Adult Volleyball**

Adults, Monday to Friday evenings  
Ashley: ashleymiller6@live.com

**Jazzercise**

Monday, Wednesday, Friday, 9:30 am  
Chris: vanreenenchris8@gmail.com

**Country Line Dancing**

Wednesdays, 1:30 to 2:30 pm  
Line dancing is fun for everyone. No partner required. It's good exercise, lots of fun, and a great social outing.  
Email: gwen\_nclد@outlook.com, gwen\_newell@yahoo.ca

**Svaroopa Yoga**

Monday (with Alena) 7:00 to 8:30 pm, Tuesday (with Laurie) 9:30 to 11:00 am, Wednesday (with Heather) 7:15 to 8:45 pm, Thursday (with Laurie) 6:30 to 8:00 pm  
Laurie Hislop: hislopl@shaw.ca, 403-585-9045  
Alena: alenatul@hotmail.com, 403-605-8929  
Heather: heatherwongken@yahoo.com, 403-862-1133

**Yoga Fundamentals Drop-in with Shawna**

Wednesdays, 6:45 to 8:00 pm  
\$10 per class  
Great for beginners!

**Calendar of Events**

Giving Tree Gifts (if tag taken from Physical Tree)	Tuesday, December 5 at 9:00 pm
Giving Tree Gifts (if tag taken from Virtual Tree)	Tuesday, December 19 at 9:00 pm
Giving Tree Wrapping Party	Thursday, December 21 at 7:00 pm
Movie Night	Saturday, January 20. Doors open at 6:00 pm. Movie at 6:30 pm
Skate Party	Saturday, February 10 from 2:00 to 4:00 pm
Jellybean Dance (Grades 3 to 6)	Saturday, February 24 from 6:30 to 8:30 pm
Movie Night	Saturday, March 9. Doors open at 6:00 pm. Movie at 6:30 pm
Fun Money Casino	Saturday, March 23, evening
Family Easter Party (kids up to 10 years)	Sunday, March 24 from 2:00 to 4:00 pm
Jellybean Dance (Grades 3 to 6)	Saturday, April 27 from 6:30 to 8:30 pm

**SCAN HERE TO VIEW ADDITIONAL DEER RUN CONTENT**

<b>News, Events, &amp; More</b>	<b>Crime Statistics</b>	<b>Real Estate Statistics</b>

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**Myles McDougall**

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📞 403-278-4444

✉️ Calgary.FishCreek@assembly.ab.ca

✂️ @MylesYYC | 📷 MLAFishCreek

Friends,

The Calgary Ring Road is to date one of the largest public infrastructure projects in Alberta. Earlier this year, construction of the new West Bow River bridge and new interchanges at Old Banff Coach Road and Bow Trail opened for traffic. This is a milestone toward the overall completion of the entire Calgary Ring Road in 2024. These openings have improved access for communities, cut travel times for drivers by up to 20 minutes, and have vastly improved travel times for commercial carriers. When fully completed, the Calgary Ring Road will provide 101 kilometers of free-flow travel, create new travel options for drivers, and reduce traffic congestion. Construction of the West Calgary Ring Road is the final piece of the entire ring project, and the focus is now shifting to the final phase between Bow Trail and Highway 8, which is on track to be complete in 2024. More information can be found at [www.alberta.ca/calgary-ring-road-overview](http://www.alberta.ca/calgary-ring-road-overview).

Last fall, health care leaders, Indigenous partners, and experts from across Canada and around the world came together to form advisory panels as part of the Modernizing Alberta's Primary Health Care System initiative. The panels identified immediate, medium, and long-term improvements to strengthen Alberta's primary health care system. The recommendations will be implemented through a phased approach, with several moving forward immediately, improvements that will enhance community-based primary health care across Alberta. For more details see [www.alberta.ca/modernizing-albertas-primary-health-care-system](http://www.alberta.ca/modernizing-albertas-primary-health-care-system).

In addition to MAPS, Alberta's government announced the undertaking of a significant refocusing of Alberta Health Services. The new structure will center around four priority sectors: primary care, acute care, continuing care, and mental health and addiction. This will ensure Albertans get the health care system that works for them.

May the warmth of the season surround you and may this holiday season be a time of reflection and renewal, as we look forward to a new year filled with promise and opportunity. Merry Christmas and Happy New Year.

If you have any questions or input, please feel free to reach out to my office at [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca).





**MP Calgary Midnapore**  
**Stephanie Kusie**  
 204 – 279 Midpark Way SE  
 Calgary, AB T2X 1M2  
 📞 403-225-3480 📠 403-255-3504  
 ✉️ stephanie.kusie.c1@parl.gc.ca  
 🌐 stephaniekusiemp.ca



**Councillor, Ward 14**  
**Peter Demong**  
 📞 403-268-1653  
 ✉️ eaward14@calgary.ca  
 🌐 www.calgary.ca/ward14

Merry Christmas and Happy Holidays, Calgary Midnapore!

As 2023 comes to a close I wanted to take a moment and reflect on the year that was and some of the moments that stood out to me.

Early in the year, it was revealed that the government spent over \$116 million dollars on insiders from the consulting firm McKinsey and Company. As Shadow Minister for the Treasury Board, I led the Conservative investigation on this front.

From there, the government tabled their 2023 Budget which left \$60 billion dollars of new spending onto the inflationary fire. In April, the Public Service Alliance of Canada (PSAC) went on the longest public service strike in modern Canadian history and as the Conservative Shadow Minister on this file, I led the questioning on the government’s incompetence which paved the way for this strike to happen in the first place.

During the summer recess, I met with community members at celebrations on Canada Day and throughout various Stampede events and functions. I also spent much of August meeting with numerous cultural communities/associations here in Calgary, learning about their organizations and priorities.

In September Parliament resumed, and my Conservative colleagues and I continued applying pressure on the government to deliver a plan that will bring home lower prices for Canadians. Soon after, the RCMP announced that they were investigating the governments misconduct on the \$54 million-dollar ArriveCan app. As a Member on the Government Operations Committee (OGGO) I’ve led the charge in getting the answers that Canadian taxpayers deserve.

That’s just a quick glimpse into some of my work as your Member of Parliament this past year.

To see more, I encourage you to follow along on my social media channels - @StephanieKusie on X and Instagram, @StephanieKusiePolitician on Facebook, @StephanieKusieMP on YouTube.

Sincerely,  
 Stephanie Kusie

MP Calgary Midnapore

Hello, Ward 14!

Happy Holidays, Merry Christmas, Happy Hanukkah, and Seasons Greetings to you no matter what you celebrate. It is a wonderful time of year. It is a time to appreciate a full belly and a warm home, but also a time to recognize and help those who might not. I hope you will look to the online version of this newsletter for details on how you can take part in the Calgary Food Bank Councillors Challenge.

Council just wrapped up its 2024 Budget Adjustments. I will also update you on that in the online version. We will explore the topics of water outages, frozen pipes, and indoor drain care. There will be information on important emergency locations and services for cold weather. Last, but not least, you will read about Calgary’s new LRVs and short-term rental study.

Feel free to contact me any time, and don’t forget to visit calgary.ca/ward14newsletter for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,  
 Councillor Peter Demong



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by the City of Calgary



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- Support local businesses by purchasing gift cards or giving the gift of an experience.
- Give a gift in the form of a donation to a favourite charity.
- Give the gift of time. Lend a hand to an older relative or friend by dropping off their shopping or meals or putting their carts out on collection day.
- Make your own gifts – try knitting a hat, painting a canvas, or baking.
- Recyclables make great material for Christmas crafts and cards.
- Consider alternative ways to wrap gifts. Reuse bags and boxes that you already have at home. Use cloth bags, tea towels, a T-shirt, or simply avoid wrapping completely.

Find more tips at [calgary.ca/recyclerright](http://calgary.ca/recyclerright).

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