

AUGUST 2024

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THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER



Cover Photo by Nilmini Weera



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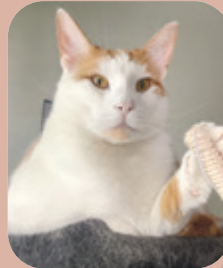
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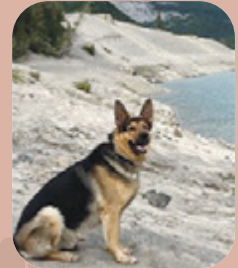


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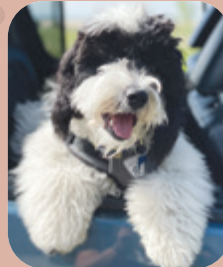
Cats, Canines, & Critters of Calgary



Chiko, *Stradwick Rise*



Dude, *Evanston*



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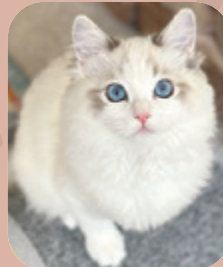
Pikko, *Hillhurst Sunnyside*



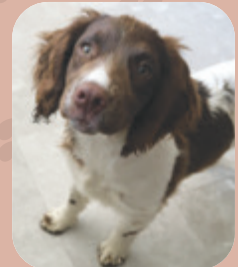
Riley, *Kensington*



Sawyer, *Beddington*



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Tilly, *Deer Run*

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Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

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President	Kim Semeniuk
Vice President	Mike Isakeit
Treasurer	Ed McCrea
Secretary	Bley Etienne

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Director at Large	Donovan Harris
	Ken Werbicki
	Pauline Wallace
Social	Christian Fruhen
Newsletter	Todd Andre

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Programs	Vacant
Sports Director	Vacant
Ways and Means	Vacant



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Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8

Phone: 403-278-3117 Fax: 403-278-4961

Email: info@deerruncalgary.com

Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

Key Staff

Centre Manager Rob Garnett 403-278-3117

Childcare Director Mercy Musakanya 403-271-3704

Newsletter

Your *Deer Run Villager* is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MS Word file, to the DRCA Communications Director at commdirector@deerruncalgary.com.

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.

Deer Run: Poems from the Community

Untitled

by *Silvana Stoesser*

Deer Run is where I live,
A community that has so much to give.
Close to Fish Creek Park, nice neighbours,
and many events,

A good chance to make new friends.
The Stampede Breakfast is a great thing,
Where not only the line dancers swing.

The Deer Run Christmas Market is full of
holiday laughter,
A must go for all Christmas shoppers and crafter.
And there are so many sport activities happening at
the community centre,
I don't even know which one to enter.

I like to live in Deer Run,
Because it is so much fun.

Untitled

by *Ashan Andre*

Coyotes
Fish jump
Eagles fly
Coyotes sit on a bridge
And owls sleep.



by *Nilmini Weera*

Do you have a poem about Fish Creek and the neighbourhood? Submit your poem, name, and age (if you are a kid). Our poetry editor will select the best each month and publish them. Poetry specific to the neighbourhood and season is encouraged! If possible, send an accompanying photo. Submit to newsletter@deerruncalgary.com.

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DYNAMITE!



When K-Pop group BTS released their single "Dynamite" on August 21, 2020, they changed the music industry forever. Their upbeat music video set an impressive world record by becoming the first video to be watched more than 100 million times in just 24 hours on YouTube! Talk about explosive popularity!



South Calgary Wado Kai Karate

Tuesdays, beginners' classes, 6:15 to 7:15 pm and advanced 7:15 to 8:30 pm.

Fridays, advanced 7:00 to 8:30 pm.

Saturdays, preschool class, 9:20 to 10:00 am, beginners' class, 10:00 to 11:00 am, and advanced classes, 11:00 am to 12:30 pm.

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Irina Bondarev: 403-714-6401, Irina_bondarev@hotmail.com, www.canuck-ki-aikido.org

FLC Seniors Tai Chi

Tuesday and Thursday Mornings.

Contact our registrar at taichi@flcseniors.ca.

Website: www.flcseniors.ca/activities/taichi

Adult Volleyball

Adults, Monday to Friday evenings.

Ashley: ashleymiller6@live.com

Jazzercise

Monday, Wednesday, Friday, 9:30 am.

Chris: vanreenenchriss@gmail.com

Country Line Dancing

Wednesdays, 1:30 to 2:30 pm.

Line dancing is fun for everyone. No partner required. It's good exercise, lots of fun, and a great social outing.

Email: gwen_nclnd@outlook.com, gwen_newell@yahoo.ca

Svaroopa Yoga

Monday (with Alena) 7:00 to 8:30 pm, Wednesday (with Laurie) 9:30 to 11:00 am, Wednesday (with Heather) 7:15 to 8:45 pm, Thursday (with Laurie) 6:30 to 8:00 pm.

Laurie Hislop: hislopl@shaw.ca, 403-585-9045

Alena: alenaatul@hotmail.com, 403-605-8929

Heather: heatherwongken@yahoo.com, 403-862-1133

Yoga Fundamentals Drop-in with Shawna

Wednesdays, 6:45 to 8:00 pm.

\$10 per class.

Great for beginners!

Calendar of Events

Community Cleanup Saturday, September 21

Christmas Market Saturday, December 21,
10:00 am to 4:00 pm



Come and See What's New

If you haven't been to the Deer Run Community Centre in a while you may not be aware of the exciting changes that the building has seen in the last year.

Earlier this year, the DRCA renovated their gym; upgrading equipment, resurfacing the floors, and adding better lighting for all the community members to use. The whole DRCA just got a fresh paint job and new water fountains and bottle refill stations were installed upstairs and downstairs. Our new water fountain additions have been especially popular with our sports programs and community members who need to fill their water bottles.

Upcoming renovations include expanding and improving the daycare. With more space and kids-sized toilets, the little ones will be better accommodated.

If you want to stay up to date with all the changes to the community – and contribute your own thoughts and ideas – come to the DRCA's board meetings! At each board meeting, members discuss and brainstorm the next big project. We are always looking for the right people to help make Deer Run an even better place to live.

Next Board Meeting:

September 4, 2024

7:00 to 9:00 pm

2223 146 Ave SE



Five Tips for Getting Involved in Your Community



by Nicole B.

1. Say Hello!

Take the time to get to know your neighbours and the people within your community. A great way to meet new people and make connections is by volunteering at the community centre. For volunteer opportunities, visit www.deerruncalgary.com/volunteer-opportunities.

2. Look Out for Events in Your Community

Events in your community are the perfect place to get involved. The DRCA website is up to date on all current events going on in your community! Events like our family Christmas parties and the Stampede Breakfasts are great places to get involved with our community, get to know members of the community, and find out what your community has to offer. See the calendar at www.deerruncalgary.com/events.

3. Participate in Our Programs

DRCA events aren't the only place where you can get involved with your community. DRCA programs include tai chi, karate, seniors' social group, yoga, pickleball, and so much more! For information and to sign up please visit www.deerruncalgary.com/programs-classes.

4. Come to Community Board Meetings

On the first Wednesday of each month, your neighbourhood committee holds a board meeting any community member can attend. At the board meeting, you can contribute ideas, learn about important local issues, and help plan and execute events in Deer Run and at the Deer Run Community Centre. At board meetings you also have a chance to meet the board members and volunteers helping behind the scenes in our community. But first you will need to purchase a \$30 annual membership at www.deerruncalgary.com/membership.

5. Read and Contribute to Our Newsletter

Each month the DRCA newsletter team puts together the Deer Run community newsletter. The newsletter includes articles and events that are going on in your community. Offer to write a story, a poem, take photos, or edit copy. Getting involved can be a form of creative expression. Send submissions to newsletter@deerruncalgary.com.



MLA Calgary - Fish Creek

Myles McDougall

7 – 1215 Lake Sylvan Drive SE

☎ 403-278-4444

✉ Calgary.FishCreek@assembly.ab.ca

✂ @MylesYYC | @MLAFishCreek

I want to express my gratitude to everyone who joined us at the first Annual Stampede BBQ. It was an amazing turnout! I greatly appreciated the opportunity to connect with numerous residents of Calgary-Fish Creek. I'm already looking forward to next year!

At the BBQ, Parkland Cares and Bonavista Cares were accepting donations for back-to-school supplies. If you still want to contribute, please reach out to my office to arrange a time to deliver items to my office.

Some great news was released by the Alberta government regarding Alberta's 2023-24 year-end financial results. I'm pleased to report that, thanks to our new fiscal framework, Alberta is on strong fiscal footing.

For the third year in a row, the government has balanced the budget. Even better, this past year, Alberta posted a \$4.3 billion surplus, meaning our province has more money to spend on important priorities like health care, education, and infrastructure. The government also repaid 1.7 billion dollars of debt and earned an improved credit rating from several international credit-rating agencies.

Despite our focus on saving and debt repayment, we haven't cut back on essential services. In 2023-24, we provided significant funding to health care and education. This included more money for patient care, surgeries, doctor recruitment, and lab services. We also increased education funding, with more money for schools to hire teachers and for post-secondary institutions to add seats in high-demand areas like apprenticeship training.

This careful financial management and responsible governance has positioned Alberta for a prosperous future. By balancing the budget, cutting red tape, paying down the debt, growing the Heritage Fund, and investing in essential services, we have shown a clear vision for long-term success. Our best days are still ahead.

If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.



Deer Run Community Association

VOLUNTEERS

NEEDED

Help make a difference! Join us for our annual
community cleanup

September 21st

Sign up at deerruncalgary.com/cleanup



403-278-3117



rob@deerruncalgary.com

DRCA's 13th Annual Community Cleanup

by Nicole B.

The DRCA is preparing for the 13th annual community cleanup on September 21, 2024, from 9:00 am to 1:30 pm.

What to Bring

At the DRCA community cleanup we will be accepting:

- Household and construction waste
- Metal
- Electronic appliances
- Barbeques
- Bikes
- Car batteries (only)
- Propane tanks

Propane tank disposal will require a disposal fee. Cash only please:

- \$2 each for 0 to 20 lb.
- \$5 each for 20 lb. and over

At our community cleanup, volunteers will help sort what you bring and direct you to the appropriate section to help dispose of your trash!

What Not to Bring

The DRCA community cleanup will not be accepting:

- Tires
- Household chemicals
- Liquids
- Oil
- Paint
- Freon appliances
- Glass
- Garden waste

There will be no commercial waste trucks or organic trucks able to take this type of trash. For more information about where to drop off waste like this, visit www.calgary.ca/waste/drop-off/landfill-throw-n-go-facilities.html for more information.

The Thrift Corner

At each DRCA community cleanup our volunteers create a thrift corner. The thrift corner is a place for all extra items that are still in good condition and usable for others. Typically, old bikes and electronics are in this corner and could be recycled and used by someone else!

Be a Part of It: Volunteer!

Volunteers will be working in shifts. The first shift runs from 8:30 to 11:00 am and the second round of shifts

runs from 11:00 am to 2:00 pm. Volunteers will be provided hot coffee, doughnuts, lunch, and a surprise for volunteers who stay until the end.

Positions Open for Volunteers Include:

- Metal crew
- Electronic recycling crew
- Membership table and crew
- Garbage truck dumping crew
- Thrift corner assistance
- Entrance usher
- Background support
- Host crew

If any of these positions interest you, scan the QR code with your phone and sign up, or go to the DRCA website at www.deerruncalgary.com/cleanup.


Don't Forget About Memberships!

At our community cleanup volunteers will be selling community memberships for \$30 a year (cash only). DRCA memberships can be used in many ways, from discounts on nearby restaurants and services to discounts at the Deer Run Community Centre. And the money goes directly to supporting the centre and its programming.

JOKE OF THE MONTH

WHAT KIND OF KEY OPENS A BANANA?

A MONKEY



SCAN HERE TO VIEW ADDITIONAL DEER RUN CONTENT

<p>News, Events, & More</p> 	<p>Crime Statistics</p> 	<p>Real Estate Statistics</p> 
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Say Cheese! DRCA Volunteer Photographer Wanted



The DRCA is looking for a volunteer photographer who can help capture moments from our community events for our newsletter, website, and digital newsletter.

The DRCA holds Christmas and Easter parties, jellybean dances, Stampede breakfasts, and many more events! Events like these bring our community together; for example, this year's DRCA Stampede Breakfast brought 1,375 people out from our community. We need someone to document them for us.

We are looking for someone who enjoys photography and knows how to use any type of camera. You do not need anything fancy as most phones would easily do the job! We are also looking for someone who enjoys attending our community events. As part of the role, we will need you to come out to our community events and capture the moments. Most importantly, you want to showcase how awesome our community is!

For more information you can visit deerruncalgary.com/volunteer-opportunities.

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