

JULY 2024

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your DEER RUN villager

THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER



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rob@deerruncalgary.com

Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

THE EXECUTIVE

President	Kim Semeniuk
Vice President	Mike Isakeit
Treasurer	Ed McCrea
Secretary	Bley Etienne

THE DIRECTORS

Capital Expenditures	Jay Clements
Director at Large	Donovan Harris
	Ken Werbicki
	Pauline Wallace
Social	Christian Fruhen
Newsletter	Todd Andre

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Memberships	Vacant
Programs	Vacant
Sports Director	Vacant
Ways and Means	Vacant



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Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8
Phone: 403-278-3117 Fax: 403-278-4961
Email: info@deerruncalgary.com

Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

Key Staff

Centre Manager Rob Garnett 403-278-3117
Childcare Director Mercy Musakanya 403-271-3704

Newsletter

Your Deer Run Villager is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MS Word file, to the DRCA Communications Director at commdirector@deerruncalgary.com.

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.



MESSAGE FROM THE BOARD

Well Stampede breakfast has come and gone. Thank you to all who volunteered.

Etienne and his team did a great job with the kids' area. Thanks all around to the community line dancers, the cooking team, the servers, DJ Jay, and our three levels of government that served breakfast.

It was nice to have Stampede royalty show up, too.

And it's always wonderful to see people of all ages coming together for the good of the community. Stampede breakfast is only possible with the support of our neighbours who are able to volunteer their time and efforts.

The daycare upgrade starts this month and will be completed mid-August. This is only the start of upgrading our community centre.

The Deer Run Board is looking for people to come and help the board in different positions. Positions such as Director of Membership, Secretary, Ways and Means, Sports Director, and Directors at Large which could have more than one person doing this position. As a member of the community board, you have access to free leadership training from the Federation of Calgary Communities.

Many hands make the work easier and the board could use some help, especially if you have any experience grant writing. As we review the needs of the community, the board realizes we need to utilize the community centre better. Many minds and hands will help with generating fresh ideas and executing the necessary community centre upgrades.

Check out the Deer Run website for upcoming events.

www.deerruncalgary.com



Come and See What's New

If you haven't been to the Deer Run Community Centre in a while you may not be aware of the exciting changes that the building has seen in the last year.

Earlier this year, the DRCA renovated their gym; upgrading equipment, resurfacing the floors, and adding better lighting for all the community members to use. The whole DRCA just got a fresh paint job and new water fountains and bottle refill stations were installed upstairs and downstairs. Our new water fountain additions have been especially popular with our sports programs and community members who need to fill their water bottles.

Upcoming renovations include expanding and improving the daycare. With more space and kids-sized toilets, the little ones will be better accommodated.

If you want to stay up to date with all the changes to the community – and contribute your own thoughts and ideas – come to the DRCA's board meetings! At each board meeting, members discuss and brainstorm the next big project. We are always looking for the right people to help make Deer Run an even better place to live.

Next Board Meeting:

September 4, 2024

7:00 to 9:00 pm

2223 146 Ave SE



Calendar of Events

Stay n' Play

July 2 to 5

Skate Spot
Skateboard Lessons

July 19 and 26

Ball Tournament

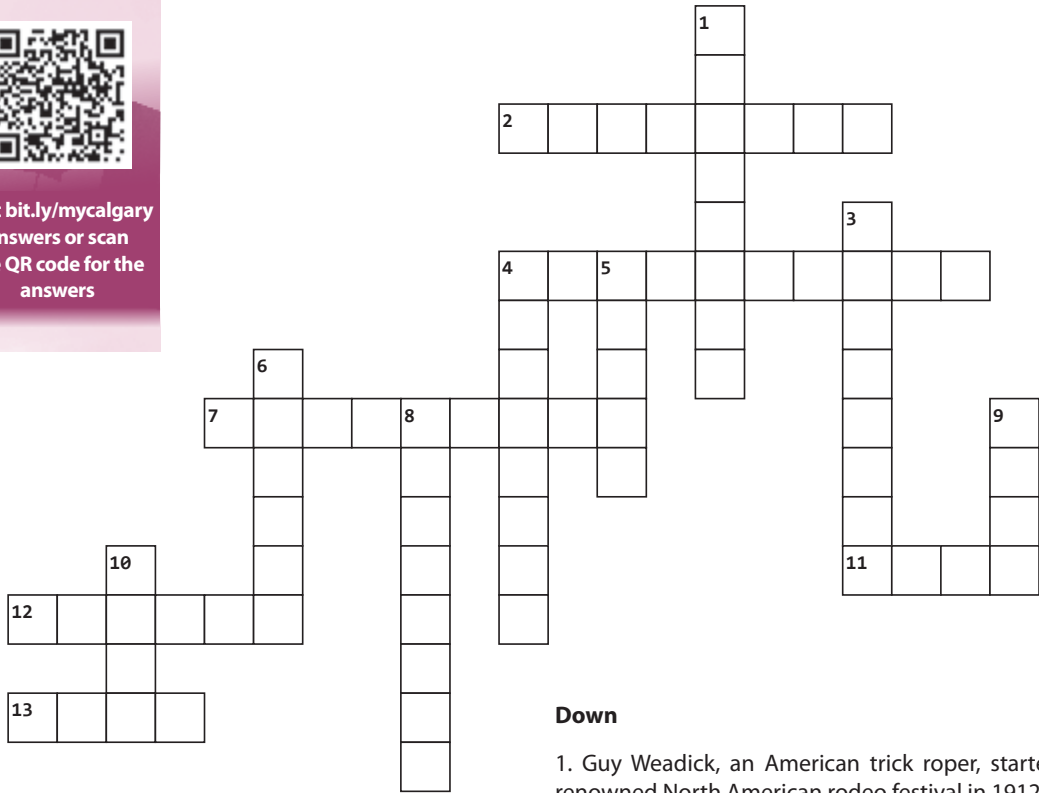
August 16 to 18

Community Cleanup Saturday, September 21

July Crossword



Visit bit.ly/mycalgary answers or scan the QR code for the answers



Across

2. Pamela Anderson, famous for her role in _____, was born in Ladysmith, BC on July 1, 1967.
4. This popular magical, family-friendly theme park opened on July 17, 1955, in the United States.
7. AT&T launched the Telstar, a communications _____, on July 10 of 1962, which paved the way for communications on cell phones and Wi-Fi technology.
11. This July birthstone is also known as "Ratnaraj" which is Sanskrit for "King of Gems."
12. July is named after the Roman General, Julius _____.
13. The Calgary _____ Music Festival has been a music highlight in Calgary's artistic scene since 1980 and takes place from July 25 to 28 this year.

Down

1. Guy Weadick, an American trick roper, started this renowned North American rodeo festival in 1912.
3. *The Catcher in the Rye*, written by J.D. _____, was released on July 16, 1951.
4. Canada Day is celebrated on July 1 every year but was originally referred to as _____ Day.
5. What type of animal was Dolly, the first mammal ever cloned in July of 1996?
6. The Rolling Stones, with frontman Mick _____, played their first ever concert on July 12, 1962.
8. One of July's birth flowers, the _____, is also known as a delphinium.
9. This action sci-fi prequel to the *Predator* franchise, filmed in Alberta, was released on July 21, 2022.
10. On July 20, 1969, the Apollo 11 mission landed on the moon with commander _____ Armstrong.

Skate Safe this Summer Kids

by Nicole B.

With all the nice weather, it's a great time to get outside and be active. Throughout our community we have lots of opportunities. One of our community's favorite places is the DRCA skate park! Each summer the skate park is used by many people in our community, and we want to keep it a safe space. One of the ways you and your friends can keep the park safe is protecting yourself from potential injuries.



Step 1: Check the weather

Depending on the weather condition, if it's raining it can be too slippery and unsafe to use the skate park. Make sure you come prepared!

Step 2: Make sure a trusted adult or guardian knows where you are

It is super easy to forget what time it is, so make sure a trusted adult or guardian knows where you are in case of an emergency.

Step 3: Wear the proper equipment!

This is an important one. When riding a bike make sure you are wearing a helmet to prevent any type of head injury. Using a helmet decreases "the risk of head injury by 85%, brain injury by 88%, and severe brain injury by at least 75%" (Hodgson, 1999). When skateboarding, scootering, and rollerblading make sure you are wearing knee pads, wrist pads, and elbow pads to prevent any extreme injuries.

Step 4: Make sure there are no obstacles or debris on your track

Make sure when using the skate park there isn't anything you could run into or slip on. This could include other people's skateboards, bikes, scooters, or roller blades. Also watch for natural debris like leaves, pinecones, or big puddles of water. Lastly, make sure you don't run into anyone on your track.

Step 5: Be kind and have fun!

The skate park is a place for everyone, so make sure you

use kind language with your fellow skaters. Be safe and have lots of fun!

References:

- Hodgson, V. (1999, October 25). Helmets for preventing head and facial injuries in bicyclists. NCBI. Retrieved June 7, 2024, from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7025438/>



BRAIN GAMES SUDOKU

	8		4		3	6		
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		1		5				
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	7			8				

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News, Events, & More



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Real Estate Statistics



Summer Camp Squirts Sell Sweets to Sweeten Camp Life

by Nicole B.

As another summer comes, the children that attend the DRCA summer camp will continue the summer fundraiser they began last year.

Each day the daycare sets up their mini table with all their merchandise, excited to see how much money they will make! With excitement they are learning valuable lessons through their own initiative, like learning how to count change and working on their addition and subtraction skills.



But why the push for extra cash?

"It started with Division 2," says Deer Run Community Association Childcare Director Mercy Musakanya. "They wanted extra field trips that are age appropriate and time away from the younger children."



Children registered in Division 2 summer camps range in age from 5 to 12, so they are more physically capable of taking on more challenging activities than the smaller ones. The older kids wanted more choice when it came to the field trips and summer activities.

But that wasn't all.

"They also wanted an [expensive] inflatable water slide for summer, so they decided to fundraise," added Musakanya.

So, they started selling pop, chips, candy, freezies, and more for the residents of Deer Run and surrounding neighbours. And this year they also want to buy new toys for the summer camp.

You can help! If you are looking for something to cool you down this summer, or a nice energy boost while

outside, stop by the Deer Run Community Centre. Concession is open when the Deer Run Community Centre operates. All food and drinks cost \$2 or less. Plant lovers can splurge on spider plants and Christmas cactus clippings that cost \$3.50.

All proceeds go to supporting the little ones in our community, and you'll get a sweet treat out of it too!



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Rezoning is Here: Join Our Planning and Development Committee to Fight Back

by Pauline Wallace

The City of Calgary's blanket rezoning proposal passed. Unless it is overturned, Deer Run will likely be facing more redevelopment than ever before. Amendments added to the rezoning proposal broaden the input opportunity for community associations and neighbours in shaping proposed builds. To take full advantage of those opportunities, the Deer Run Community Association Board is following the example of other established Calgary neighbourhoods and launching a Planning and Development Committee.

A potential volunteer list is being created with plans for an initial information meeting in September. Would you like to help strengthen our community's voice with your skills, passion, and experience? Eventual committee applicants will be reviewed based on experience, skill set needs of the committee, and conflict of interest considerations. Committee members must be Deer Run residents and have valid DRCA memberships.

First actions will be to review the city planning process together (leaning heavily on The Federation of Calgary Communities resources), start monitoring redevelopment building permits in Deer Run, and gathering information from residents around what is and isn't wanted.

Committee responsibilities may include:

- Organizing canvassing campaigns, surveys, and community engagement meetings.
- Writing formal responses back to the city.
- Meeting with developers, file managers, city officials, and Councillor Demong's office.
- Attending and speaking at City Council Meetings.
- Creating a formal action plan.

For more information or to get on the potential volunteer list, contact Pauline Wallace, DRCA board member at large at pauline@deerruncalgary.com.

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Fridays, advanced 7:00 to 8:30 pm

Saturdays, preschool class, 9:20 to 10:00 am, beginners' class 10:00 to 11:00 am, and advanced classes, 11:00 am to 12:30 pm.

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Website: www.flcseniors.ca/activities/taichi

Adult Volleyball

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Ashley: ashleymiller6@live.com

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Monday, Wednesday, Friday, 9:30 am

Chris: vanreenenchr8@gmail.com

Country Line Dancing

Wednesdays, 1:30 to 2:30 pm

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Laurie Hislop: hislopl@shaw.ca, 403-585-9045

Alena: alenatul@hotmail.com, 403-605-8929

Heather: heatherwongken@yahoo.com, 403-862-1133

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 ✉️ Calgary.FishCreek@assembly.ab.ca
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Stampede BBQ

Please join me for my first Annual Stampede BBQ on Saturday, July 6, from 11:00 am to 2:00 pm at the Bonavista Downs Community Hall. This delightful, family-friendly event will also welcome furry friends. Enjoy delicious fare from Spolumbos, lively music, and connect with various community associations showcasing their initiatives. I warmly invite all constituents of Calgary-Fish Creek to join us!

Parkland Cares and Bonavista Cares will be accepting donations for back-to-school supplies at the BBQ. They are looking for new items such as pens, pencils, pencil cases, notebooks, binders, and backpacks. Please drop off your donations at their table or arrange a time to deliver them to my office.

I look forward to seeing you at my Stampede BBQ!

If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca or 403-278-4444.

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