

NOVEMBER 2024

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your **DEER RUN** villager

THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER



Northern Lights in the Deer Valley by Kari Lang

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for weekly e-mails about what we
will be up to



THE DEER RUN SENIORS' GROUP INVITES ANYONE 55+ TO JOIN IN, SOCIALIZE, MAKE NEW FRIENDS, OR REACQUAINT YOURSELF WITH SOME OLD ONES!

There are tables set up for visiting, coffee/tea, and playing games. The group also meets for breakfasts, lunches, picnics in Fish Creek Park, and other special activities. We're a very inclusive and supportive group that takes each member's comfort level into consideration when planning events.



Deer Run Community Association (DRCA)

www.deerruncalgary.com

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

THE EXECUTIVE

President	Kim Semeniuk
Vice President	Mike Isakeit
Treasurer	Ed McCrea
Secretary	Etienne Bley

THE DIRECTORS

Capital Expenditures	Jay Clements
Director at Large	Donovan Harris
	Ken Werbicki
Social	Christian Fruhen
Newsletter	Todd Andre

VACANT POSITIONS

Memberships	Vacant
Programs	Vacant
Sports Director	Vacant
Ways and Means	Vacant



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Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8
Phone: 403-278-3117 Fax: 403-278-4961
Email: info@deerruncalgary.com

Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm
Saturday, 9:00 am to 5:00 pm
Sunday, 9:30 am to 3:00 pm

Key Staff

Centre Manager Rob Garnett 403-278-3117
Childcare Director Mercy Musakanya 403-271-3704

Newsletter

Your *Deer Run Villager* is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MS Word file, to the DRCA Communications Director at commdirector@deerruncalgary.com.

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.



Can you feel it? It's that special time of year again.

Yes, that's right, the Deer Run Annual General Meeting (AGM) will be held this year on November 20 from 7:00 to 8:30 pm at the Deer Run Community Centre. Please attend!

And yes, the Yuletide season officially sets in this month of course, and we are very excited to be running our Family Christmas Party on November 24 from 2:00 to 4:00 pm and our Christmas Market on December 21 from 10:00 am to 4:00 pm. More information is available elsewhere in this newsletter.

We will also continue the tradition of The Giving Tree at the community centre starting November 1. Come on in to see the tree and drop off a gift to a deserving family in our community.

It's a special time of year, so please attend and enjoy the festivities of the season. It's also that special time of year where the board connects with the community at the AGM to decide big purchases, discuss local issues, and vote on board member positions.

It's also an excellent opportunity to join the board by running for an open position. Available roles include Director of Ways and Means, Memberships, and Director of Sports. Becoming a part of the DRCA board is a great way to help your community.

Once Etienne Bley, Secretary of the Deer Run Community Association (DRCA), got involved, he couldn't stop.

"I was involved in the community and wanted to get more involved," he says. "I thought I'd enjoy working with the community and I did." If you're like Etienne, and you like to be part of some big projects that are a big deal in the community, the board has plenty of projects that need good people. So, join us at the AGM on November 20 and become part of our team.

However, if you are not looking to dive into it right away, but you want to get an update on the community, come to see presentations by board members about current projects, vote on board member positions, and join the discussion surrounding the new city rezoning bylaw. Your feedback is welcome and valuable.

Our board members help keep the community centre up and running, and we could use more help, whether that's planning events, or putting a fresh sheet of ice on the outdoor rink. Community association members are also always welcome at our regular board meetings which take place at 7:30 pm on the first Wednesday of every month. This month's meeting is on November 6.

Come down and share your thoughts and opinions! To attend the AGM or our regular board meetings, purchase a membership for \$30. You can pick one up at the DRCA front desk on your way into the meeting. You can also buy them online at deerruncalgary.com/membership.



CAN'T WAIT TO SEE YOU AT THE DEER RUN COMMUNITY ASSOCIATION

ANNUAL GENERAL MEETING

NOVEMBER 20TH @ 7PM

Exciting positions are open to be filled, including Sports Director, Ways and Means (Grant Writing), Membership, and Programs. Your skills and enthusiasm can make a real difference in our community!

Why attend?

- Voice your opinion:** Your input is invaluable in making decisions that affect the community
- Stay informed:** get updates on our achievements, financial health, and upcoming projects
- Network:** Meet new people and strengthen community bonds.

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South Calgary Wado Kai Karate

Tuesdays, beginners' classes, 6:15 to 7:15 pm and advanced 7:15 to 8:30 pm.

Fridays, advanced 7:00 to 8:30 pm.

Saturdays, preschool class, 9:20 to 10:00 am, beginners' class, 10:00 to 11:00 am, and advanced classes, 11:00 am to 12:30 pm.

www.calgarywadokai.com

Genbukan Daigo Dojo

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Irina Bondarev: 403-714-6401, Irina_bondarev@hotmail.com, www.canuck-ki-aikido.org

FLC Seniors Tai Chi

Tuesday and Thursday Mornings.

Contact our registrar at taichi@flcseniors.ca.

Website: www.flcseniors.ca/activities/taichi

Adult Volleyball

Adults, Monday to Friday evenings.

Ashley: ashleymiller6@live.com

Jazzercise

Monday, Wednesday, Friday, 9:30 am.

Chris: vanreenenchriss@gmail.com

Country Line Dancing

Wednesdays, 1:30 to 2:30 pm.

Line dancing is fun for everyone. No partner required. It's good exercise, lots of fun, and a great social outing.

Email: gwen_nclld@outlook.com, gwen_newell@yahoo.ca

Svaroopa Yoga

Monday (with Alena) 7:00 to 8:30 pm, Wednesday (with Laurie) 9:30 to 11:00 am, Wednesday (with Heather) 7:15 to 8:45 pm, Thursday (with Laurie) 6:30 to 8:00 pm.

Laurie Hislop: hislopl@shaw.ca, 403-585-9045

Alena: alenaatul@hotmail.com, 403-605-8929

Heather: heatherwongken@yahoo.com, 403-862-1133

Yoga Fundamentals Drop-in with Shawna

Wednesdays, 6:45 to 8:00 pm.

\$10 per class.

Great for beginners!

Santa Claus is Coming to Town Twice!

by Nicole B.

Get out your calendars out and save the date! The DRCA is going to be hosting their annual Family Christmas Party on November 30 from 2:00 to 4:00 pm. Each year our volunteers make sure to use plenty of Christmas magic when planning the event for the kids and families in our neighbourhood.

Lots of fun can be expected! Volunteers will be making sure our Christmas party is packed with fun and exciting games and activities for the little ones to enjoy. Kids have the opportunity to play games including candy cane limbo, extreme present unwrapping, and many more games. And games aren't the only fun the kids can have. Bouncers will be set up for children to bounce all their energy away and have some fun! Face painting and balloon animal artists will be there making sure everyone has a magical time. Last but not least, Santa Claus will be making a guest appearance! Children can line up and have their picture taken with Santa and his helper!

The DRCA Family Christmas Party isn't the only event the community centre will be hosting where Santa will be making a guest appearance. On December 21 from 10:00 am to 2:00 pm we will be hosting a Christmas Market. It's the perfect opportunity to pickup any last-minute gifts. Food trucks will be available in the DRCA parking lot.

We hope to see everyone having a jolly time at all our Christmas events!

- Family Christmas Party
November 30 from 2:00 to 4:00 pm
- DRCA Christmas Market
December 21 from 10:00 am to 4:00 pm

Kids Christmas Party

November 30, 2024
2:00 PM to 4:00 PM
Kids Age 0 – 10 Years Old
Entry is Free

Volunteers will be running games, bouncers, face-paint, contests, and a cash only concession stand.

Santa Claus will be making a guest appearance! He will be available to take pictures for a lasting memory.

Calendar of Events

Board Meeting	Wednesday, November 6
AGM	Wednesday, November 20
Family Christmas Party	Saturday, November 30, 2:00 to 4:00 pm
Christmas Market	Saturday, December 21, 10:00 am to 4:00 pm

RIVER HORSE

Did you know that hippopotamuses can't swim! Despite spending most of their time in the water (almost 16 hours per day) they are unable to float on the water because of their dense bones.

Instead, they gallop, quite gracefully, on the riverbed.



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GOODWILL

Deer Run Community Association

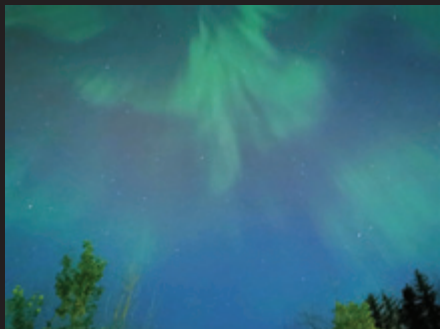
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Sept 21, 2024
Date

Dale Monaghan
Dale Monaghan
President & CEO

Photo Gallery

Images by Kari Lang



Northern Lights in the Deer Valley!

Share Christmas with The Giving Tree

by Nicole B.



Each November the DRCA sets up a Christmas tree with care, spreading festive cheer everywhere. Hung on the Christmas tree, volunteers put up the light, sparkly garlands, ornaments, and pieces of paper decorated bright. It is the giving season, and the Giving Tree is the perfect reason!

This November 1 we will begin running the Giving Tree at the community centre once again. The trees decorated at the front desk aren't just for decoration, along with all the ornaments and lights, little slips of paper actually hold an item from someone's Christmas wish list! The slips could be from a mom, dad, or child asking for a specific item. Take a tag off the tree, buy the gift on the tag, then bring it to the community centre with the tag. The volunteer wrappers will take it from there.

Once all the gifts are collected on December 19, our volunteers will play Santa and deliver them to deserving homes within our community. Many board members and staff savour the role.

"It was nice to see the joy it brought to the children's faces," said Rob Garnett, Deer Run Community Centre Manager, when he recounted a time when he had the opportunity to drop off gifts at a family's house.

We've been decorating the Giving Tree for more than ten years now and it has helped many families celebrate Christmas by bringing them gifts from people like you. The tradition started when our community association decided to help some families give their children a Christmas experience they might not otherwise have.

So stop by the community centre, grab a tag, and help spread the Christmas cheer. Or, find a digital Christmas list on our website at deerruncalgary.com. Choose the gift you want to bring from the list, buy it, and then drop it off at the community centre. Our elves will take it from there.

Giving Tree Details

Giving Tree starts November 1.

Giving Tree ends December 19.

December 19 is the last day to bring gifts to the Deer Run Community Centre.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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Councillor, Ward 14
Peter Demong

📞 403-268-1653

✉ eaward14@calgary.ca

🌐 www.calgary.ca/ward14

Hi, Ward 14!

I hope you had a fun and safe Halloween. Full of candy, we are now ready to take on the true beginning to winter. Even though winter has its challenges, it can still be a time to celebrate. Chinook Blast is Calgary's winter festival celebration. In the full, online version of this column, I will go into detail about the call for artists and market partners for the 2025 Chinook Blast.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14 for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,

Councillor Peter Demong



Christmas
MARKET

December 21st, 2024
10 am - 4 pm

DEER RUN COMMUNITY ASSOCIATION
2223 146TH AVE SE, CALGARY



MLA Calgary - Fish Creek

Myles McDougall

7 – 1215 Lake Sylvan Drive SE

📞 403-278-4444

✉️ Calgary.FishCreek@assembly.ab.ca

📧 @MylesYYC | 📷 MLAFishCreek

Thank you to everyone who attended my October Town Hall. It was wonderful to see so many of you actively engaged in the issues affecting our province. I look forward to continuing these important conversations in the new year at my next Town Hall. In the meantime, stay connected by following me on social media for the latest government updates.

Every year on November 11, Remembrance Day honours the military personnel who died in wars, particularly since World War I. It is a day marked by silence, ceremonies, and red poppies. A time for reflection and gratitude for the sacrifices made for peace and freedom.

Introducing the Rate of Last Resort

Alberta's government is helping Albertans take control of their electricity options and protecting Alberta's ratepayers from power price spikes.

New regulations and legislation are set to come into effect on January 1, 2025, to help Albertans better understand their energy options and encourage them to find the rate best suited to meet their needs. Following the Utilities Affordability Statutes Amendment Act, 2024, the default electricity rate is being renamed from the Regulated Rate Option (RRO) to the Rate of Last Resort (ROLR). Alberta's government has also introduced a rate confirmation requirement. The Utilities Consumer Advocate, under the Ministry of Affordability and Utilities, will contact all customers on the ROLR every 90 days to confirm whether they would like to stay on the ROLR or not, and encourage them to explore their options.

Albertans are encouraged to find the competitive rate best suited to their needs. Last year, tens of thousands of households moved off the Rate of Last Resort to competitive contracts for a more affordable option. Albertans who are looking for help with their utility bills or are experiencing a dispute with their provider should contact the Utilities Consumer Advocate at 310-4855 or through their website at www.ucahelps.alberta.ca.

If you have any questions or input, please feel free to reach out to my office anytime at Calgary.FishCreek@assembly.ab.ca.



MP Calgary Midnapore

Stephanie Kusie

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Calgary, AB T2X 1M2

📞 403-225-3480 📠 403-255-3504

✉️ stephanie.kusie.c1@parl.gc.ca

🌐 stephaniekusiemp.ca

Dear Constituents,

In November, we reflect, remember, and pay tribute to Canada's brave sons and daughters that have put their lives on the line to stand against tyranny and protect our freedoms. Many have paid the ultimate sacrifice for our country, and we are forever in their debt.

Prime Minister Wilfred Laurier once said, "Canada is free, and freedom is its nationality."

This freedom that we know today exists only because of these brave Canadians. Their sacrifices allow us to worship where we want, love who we want, and live in peace in the greatest country on earth. May we never take it for granted.

Lest we forget.

As I write this, for the first time in over two years, Parliament is in a true minority government situation once again. Late in the summer, the NDP 'ripped up' their agreement with the Liberals and in September, the Bloc Québécois outlined the conditions for their continued support in the House of Commons. Conservatives have been clear since Parliament returned that we believe it is time for a carbon tax election where Canadians can choose to axe the tax or keep it. To date, we have introduced multiple non-confidence motions, which have unfortunately not passed as both the NDP and Bloc continue to prop up the government. My Conservative colleagues and I will not give up on our fight for an election so that the people – not the politicians – can decide their future.

To stay up to date on my ongoing work in Ottawa on your behalf please sign up for my monthly e-newsletter. You can do so online at StephanieKusieMP.ca. Another way to keep engaged is through my social media – @StephanieKusiePolitician (Facebook), @StephanieKusie (X and Instagram), @StephanieKusieMP (YouTube).

Sincerely,

Stephanie Kusie

MP Calgary Midnapore

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