

OCTOBER 2025

DELIVERED MONTHLY TO 2,925 HOUSEHOLDS

# your **DEER RUN** villager

THE OFFICIAL DEER RUN COMMUNITY NEWSLETTER



**Trucks, SUVs, Sedans & More!**  
Just a short 20 minute drive  
from South Calgary!



Top Service • Large Selection • Competitive Pricing

Full Service Department  
Low labour rates  
Same day service  
Courtesy shuttle

**CONTACT OUR SERVICE  
DEPARTMENT TODAY!**



**HIGH RIVER  
TOYOTA**

901-11 Ave SE, High River  
**403.652.1365**

[WWW.DEERRUNCALGARY.COM](http://WWW.DEERRUNCALGARY.COM)



## Unlock Your Dream Home Now!

Low Rates,  
Fast Approval,  
Big Savings!  
Don't Wait – Act Today!



**ANITA  
RUSSELL**

**403-771-8771**  
anita@anitamortgage.ca

*Licensed by Avenue Financial*

## OFFICIAL

PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

**Service Call Fee**



**403-837-4023**

info@officialplumbingheating.ca  
official-plumbing-heating.ca

# ACADEMY

## DENTURE CLINIC

*Modern Solutions for Missing Teeth*

### STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

### WE OFFER:

- Denture on implant options
- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary initial consultations

**NEW! Suction-Enhanced BPS® Dentures**

Accepting CDP.  
Coverage starting  
May 1<sup>st</sup>, 2024.  
Ask about our  
digital scans and  
printed dentures.



[www.academydenture.com](http://www.academydenture.com)

**Southcentre Mall**  
Suite 126A, 100 Anderson Rd SE

**Book an Appointment**  
**(403) 269-8308**

**Tues, Wed, Thur: 8:30 am - 4:30 pm**  
**Monday by appointment only.**

# Deer Run Community Association (DRCA)

[www.deerruncalgary.com](http://www.deerruncalgary.com)

Rental Inquiries: 403-278-3117



We meet on a weekday evening, once a month. All DRCA members are welcome. To attend, email the Board secretary; our emails are on the website.

## THE EXECUTIVES

President Kim Semeniuk

Vice President Mike Isakeit

Treasurer Ed McCrea

Secretary Etienne Bley

## THE DIRECTORS

Capital Expenditures Jay Clements

Director at Large Donovan Harris

Social Christian Fruhen

Newsletter Todd Andre

Ways and Means Jennifer Moore

## VACANT POSITIONS

Memberships Vacant

Programs Vacant

Sports Director Vacant



**Like us on Facebook**

[www.facebook.com/deerruncalgary](http://www.facebook.com/deerruncalgary)

We're also online at [www.deerruncalgary.com](http://www.deerruncalgary.com)

## SCAN HERE TO VIEW ADDITIONAL DEER RUN CONTENT

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



## Deer Run Community Centre

2223 - 146 Ave SE Calgary, AB, T2J 6P8

Phone: 403-278-3117 Fax: 403-278-4961

Email: [info@deerruncalgary.com](mailto:info@deerruncalgary.com)

### Centre Hours (subject to change)

Monday to Friday, 9:00 am to 9:00 pm

Saturday, 9:00 am to 5:00 pm

Sunday, 9:30 am to 3:00 pm

### Key Staff

Centre Manager Rob Garnett 403-278-3117

Childcare Director Mercy Musakanya 403-271-3704

## Newsletter

*Your Deer Run Villager* is published twelve times per year. The submission deadline is the first of each month for the following issue.

Please email your articles or community event listings as an attachment, in an MS Word file, to the DRCA Communications Director at [commdirector@deerruncalgary.com](mailto:commdirector@deerruncalgary.com).

Community-related digital photos and art are welcome. Ensure recognizable people in images have given their permission. Send a caption and/or the names of people. The requirements are 250 KB for a smaller picture and 1 to 3 MB for a cover picture. JPEG format is preferred.

## Our Mission

Facilitate a variety of fun programs and activities to encourage community involvement and volunteer opportunities.

## Our Vision

Deer Run is a thriving community that provides opportunities to support our families and neighbours.

## Board of Directors

We are always looking for enthusiastic and community orientated residents to join our board and volunteer committees. It's a great way to contribute to Deer Run. Visit the volunteer page on our website for details.

# Calendar of Events

Board Meeting	October 1
Annual General Meeting	November 19, 7:00 to 8:30 pm
Christmas Market	December 13, 10:00 am to 4:00 pm

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Make friends here!

## JOIN THE SENIORS CLUB

Thursday afternoons  
12:45pm to 2:45pm  
DRCA gym.

E-mail [deerrunseniors@gmail.com](mailto:deerrunseniors@gmail.com)  
for weekly e-mails about what we  
will be up to



**THE DEER RUN SENIORS' GROUP INVITES ANYONE 55+ TO JOIN IN, SOCIALIZE, MAKE NEW FRIENDS, OR REACQUAINT YOURSELF WITH SOME OLD ONES!**

There are tables set up for visiting, coffee/tea, and playing games. The group also meets for breakfasts, lunches, picnics in Fish Creek Park, and other special activities. We're a very inclusive and supportive group that takes each member's comfort level into consideration when planning events.



## DRCA PROGRAMS

### South Calgary Wado Kai Karate

Tuesdays, beginners' classes, 6:15 to 7:15 pm and advanced 7:15 to 8:30 pm.

Fridays, advanced 7:00 to 8:30 pm.

Saturdays, preschool class, 9:20 to 10:00 am, beginners' class, 10:00 to 11:00 am, and advanced classes, 11:00 am to 12:30 pm.

[www.calgarywadokai.com](http://www.calgarywadokai.com)

### Genbukan Daigo Dojo

Mondays and Wednesdays, 7:00 to 8:30 pm.

Traditional Japanese Ninpo and Jujitsu. The study of effective, real world self defense.

[www.genbukan.black](http://www.genbukan.black)

### Ki Aikido

The way of mind and body coordination. Develop mind and body coordination/unification, true confidence, living calmness, and positive relaxation.

Tuesdays and Fridays, 7:00 to 9:00 pm, Sundays, 10:00 am to 12:00 pm.

Irina Bondarev: 403-714-6401, [Irina\\_bondarev@hotmail.com](mailto:Irina_bondarev@hotmail.com), [www.canuck-ki-aikido.org](http://www.canuck-ki-aikido.org)

### FLC Seniors Tai Chi

Tuesday and Thursday Mornings.

Contact our registrar at [taichi@flcseniors.ca](mailto:taichi@flcseniors.ca).

Website: [www.flcseniors.ca/activities/taichi](http://www.flcseniors.ca/activities/taichi)

### Adult Volleyball

Adults, Monday to Friday evenings.

Ashley: [ashleymiller6@live.com](mailto:ashleymiller6@live.com)

### Jazzercise

Monday, Wednesday, Friday, 9:30 am.

Chris: [vanreenenchris8@gmail.com](mailto:vanreenenchris8@gmail.com)

### Country Line Dancing

Wednesdays, 1:30 to 2:30 pm.

Line dancing is fun for everyone. No partner required.

It's good exercise, lots of fun, and a great social outing.

Email: [gwen\\_ncld@outlook.com](mailto:gwen_ncld@outlook.com), [gwen\\_newell@yahoo.ca](mailto:gwen_newell@yahoo.ca)

### Bliss Within Yoga

Monday (with Alena) 7:00 to 8:30 pm, Wednesday (with Laurie) 9:30 to 11:00 am, Wednesday (with Heather) 7:15 to 8:45 pm, Thursday (with Heather) 1:00 to 2:30 pm, Thursday (with Laurie) 6:30 to 8:00 pm.

Laurie Hislop: [hislopl@shaw.ca](mailto:hislopl@shaw.ca), 403-585-9045

Alena: [alenatul@hotmail.com](mailto:alenatul@hotmail.com), 403-605-8929

Heather: [heatherwongken@yahoo.com](mailto:heatherwongken@yahoo.com), 403-862-1133

### Yoga Fundamentals Drop-in with Shawna

Wednesdays, 6:45 to 8:00 pm.

\$10 per class.

Great for beginners!





**3RD ANNUAL DEER RUN**

# **CHRISTMAS MARKET**

**DECEMBER 13TH, 2025  
FROM 10 AM TO 4 PM**

**2223 - 146<sup>th</sup> Ave SE, Calgary, AB**




# Community Food Bank

Every Sunday at 11:00 AM – 12:30 PM

**Food goes fast so get here early!**

Groceries are available to anyone who needs them.  
Boxes are provided by the volunteers. Families and  
children are warmly welcomed!



## DROP- IN PICKLEBALL

DRCA OFFERS DROP- IN PICKLE  
BALL EVERY SUNDAY  
10:00 AM – 12:30 PM

**\$5.00 FOR NON-MEMBERS**

**\$3.00 FOR MEMBERS**

MEMBERSHIPS ARE  
AVAILABLE FOR  
PURCHASE AT THE  
DRCA FOR \$30.00



# OCTOBER

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
Jazzercise - 9:30 am Adult Volleyball - Evening Genbukan Daigo Dojo - 7:00 to 8:30 pm Svaroopaa Yoga with Alena - 7:00 to 8:30 pm	FLC Seniors Tai Chi - Morning Adult Volleyball - Evening South Calgary Wado Kai Karate - Beginners' classes, 6:15 to 7:15 pm Ki Aikido - 7:00 to 9:00 pm South Calgary Wado Kai Karate – Advanced classes, 7:15 to 8:30 pm	Jazzercise - 9:30 am Svaroopaa Yoga with Laurie - 9:30 to 11:00 am or with Heather, 7:15 to 8:45 pm Country Line Dancing - 1:30 to 2:30 pm Adult Volleyball - Evening Yoga Fundamentals Drop-in with Shawna - 6:45 to 8:00 pm. \$10 per class. Great for beginners! Genbukan Daigo Dojo - 7:00 to 8:30 pm	FLC Seniors Tai Chi - Morning Adult Volleyball - Evening Svaroopaa Yoga with Laurie - 6:30 to 8:00 pm	Jazzercise - 9:30 am Adult Volleyball - Evening Ki Aikido - 7:00 to 9:00 pm South Calgary Wado Kai Karate – Advanced classes, 7:00 to 8:30 pm	South Calgary Wado Kai Karate - Preschool class, 9:20 to 10:00 am, beginners' class, 10:00 to 11:00 am, and advanced classes, 11:00 am to 12:30 pm	Ki Aikido - 10:00 am to 12:00 pm Pickleball - 10:00 am to 12:30 pm Community Food Bank - 11:00 am to 12:00 pm

## YOUR CITY OF CALGARY

### The 2025 General Election Is Here

by The City of Calgary

Eligible voters can cast their ballots for the 2025 General Election starting October 6, 2025.

During Advance Vote, from October 6 to 11, voters can vote at any of the Advance Vote stations, regardless of the ward in which they reside.

On Election Day, October 20, voters must vote at their designated voting station.

Voters can use the “Where Do I Vote?” tool on the Elections Calgary website to find their nearest Advance Vote location, as well as their designated voting station on Election Day.

Special (mail-in) ballots are available for request for voters who cannot vote during the Advance Vote or on Election Day for any reason. The last day to request a mail-in ballot to be mailed to you is October 3.

The last day for in-person pick-up is October 20 at 10:00 am. All mail-in ballots must be received by the Elections Calgary office by 12:00 pm (noon) on October 20. Mail-in packages can be requested online or by calling 403-476-4100.

More information on where, when and how to vote, voter identification requirements and other important information about the 2025 General Election can be found at [electionscalgary.ca/vote](https://electionscalgary.ca/vote) or by calling 403-476-4100.





# GENERAL SAFETY

Parents & guardians should make sure children know:

- ☒ **Stay alert & be aware** of their surroundings, especially when walking to & from school.
- ☒ **Know who to go to** if they feel unsafe or need help.
- ☒ **Never talk to or accept anything from strangers** & never go anywhere with someone you don't know.
- ☒ **Never share personal details with strangers**, including whether they are home alone or where parents or guardians are.
- ☒ If they are in a situation where they don't feel safe, look for a **trusted adult** or **police officer** to help.

Children should know & have:

- ☒ Parent/guardian's full name, home address & contact details.
- ☒ **How to contact emergency services:** 911 for emergencies, 403-266-1234 for non-emergencies.



# Beltline Community Investment Fund (BCIF) Call for Letters of Intent

by The City of Calgary

The Beltline Community Investment Fund (BCIF) supports capital projects that enhance the wellbeing of residents and visitors in Calgary's Beltline community.

Past funded projects include:

- Upgraded sidewalks and lighting
- Park and open space improvements
- Street trees and landscaping
- Benches, bike racks, and waste/recycling bins
- Public art installations

Applications are accepted year-round and reviewed quarterly by the BCIF Committee. The next review date is December 8, 2025, and the deadline to submit your application for this round is October 31, 2025.

Before applying, organizations must submit a Letter of Intent (LOI) for approval. LOIs are accepted and reviewed on an ongoing basis. To get started, email your LOI to [BCIF@calgary.ca](mailto:BCIF@calgary.ca).

For more information about BCIF and how to apply, go to [calgary.ca/bcif](http://calgary.ca/bcif).



## PLUMBER

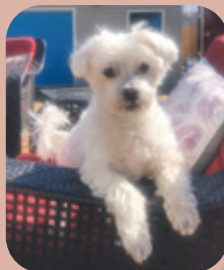


**PLUMBOB Father and Son**

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**

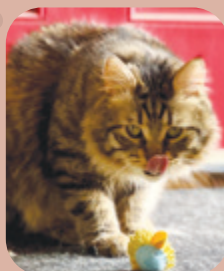
## Cats, Canines, & Critters of Calgary



Charlie, Copperfield



Cody, Glenbrook



Dobby, Huntersen Place



Guzel, Huntersen Place



Nelly, Dalhousie



Poppy, Tuxedo Park



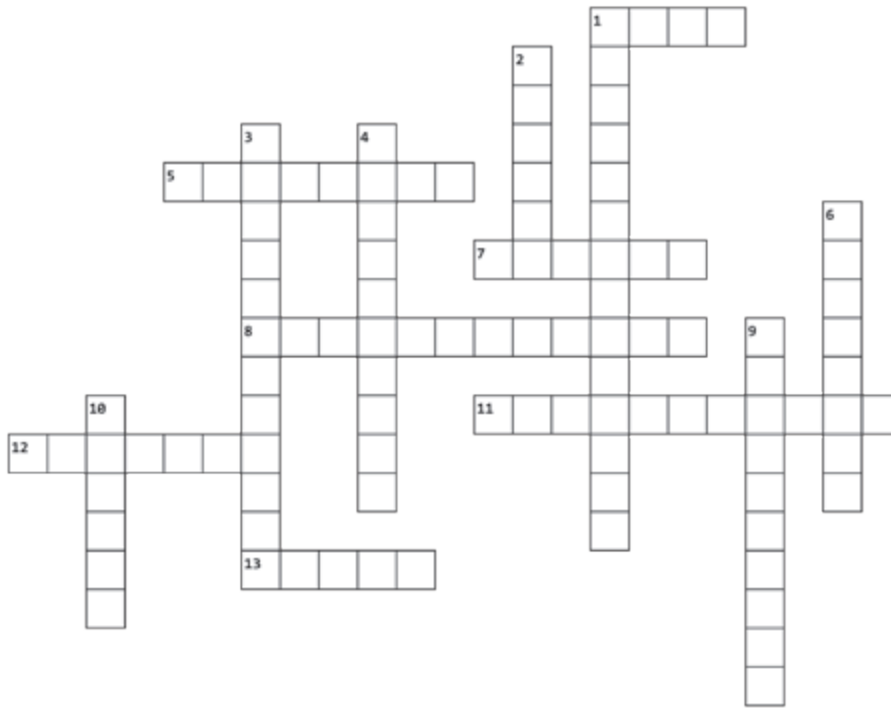
Sugar, Signal Hill



Todd, Lake Chaparral

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# October Crossword



Visit [bit.ly/mycalgary](https://bit.ly/mycalgary)  
answers or  
scan the QR  
code for the  
answers

## Across

1. This Andrew Lloyd Webber musical debuted on Broadway at the Winter Garden Theatre in October 1982.
5. On October 5 World \_\_\_\_\_' Day is celebrated to honour those who educate us.
7. Queen Elizabeth II officially opened this iconic Opera House on October 20, 1973.
8. Canadians celebrate this holiday on the second Monday of October.
11. The vibrant hues of autumn leaves are due to a lack of what pigment.
12. This iconic single by John Lennon was released on October 11, 1971, in the United States.
13. On October 8, 2004, Wangari Maathai was awarded the \_\_\_\_\_ Peace Prize, making her the first African woman ever to receive the award.

## Down

1. The Orient Express departed on its first journey from Paris on October 4, 1883, to this city now known as Istanbul.
2. Stock markets crashed worldwide on October 19, 1987, and became known as Black \_\_\_\_\_.
3. NHL star Glenn Hall, nicknamed Mr. Goalie, was born on October 3, 1981, in Humboldt, \_\_\_\_\_.
4. Canadian filmmaker James Cameron released the sci-fi action hit, *The \_\_\_\_\_* in October 1984.
6. This beloved Canadian Ryan was born on October 23, 1976, in Vancouver, B.C.
9. The dystopian novel where books are banned and burned, \_\_\_\_\_ 451 by Ray Bradbury, was published on October 19, 1953.
10. The "Thrilla in \_\_\_\_\_" on October 1, 1975, saw Muhammad Ali beat Joe Frazier after 14 rounds.

# TRAFFIC & PEDESTRIAN SAFETY

All Calgarians are reminded to:



**Slow down in playground zones:** these zones have a maximum speed of 30 km/h from 7:30 a.m. to 9 p.m. every day.



**Avoid distractions:** While driving, do not: use electronic devices, read printed material, or engage in activities that will take your eyes off the road.



**Stop & park only in designated zones:** do not stop or park: within 5 metres of a crosswalk, in "No Stopping" zones, or in designated bus zones. Do not double park.



**Never leave your car running & unattended.**



**Avoid jaywalking:** Use marked crosswalks & activate pedestrian crossing signals wherever possible.



**Be aware of surroundings:** as a pedestrian, even if you have the right of way, look & listen before crossing the road. Avoid walking with headphones or earbuds.



**Watch for buses:** Always be alert for children around a stopped school bus.





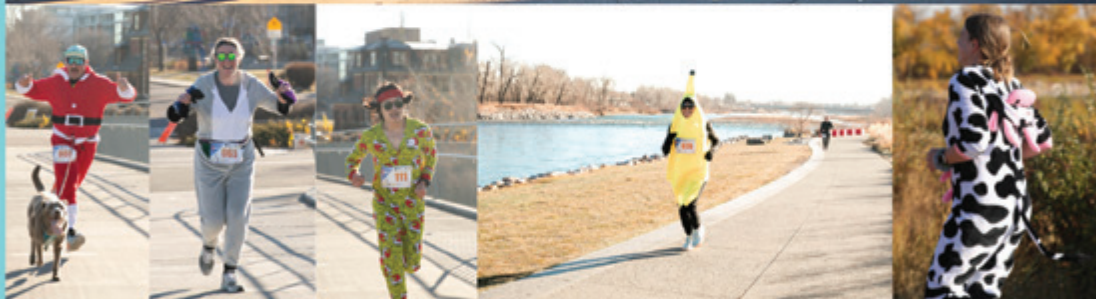
# THE FUN RUN OF THE YEAR!

1KM & 5KM. INCREDIBLE RIVER VIEWS.  
YOUR TICKET INCLUDES A FINISHER MEDAL!  
SWAG BAGS! PRIZE DRAW! AND MORE!

SUPPORTING ➡



Calgary  
Humane  
Society



SATURDAY, NOVEMBER 15, 2025

[WWW.ONESIERUN.CA](http://WWW.ONESIERUN.CA)



# GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

**We make your phone ring.  
We bring you more customers.  
We grow your sales.**

Call 403-720-0762 | [grow@greatnewsmedia.ca](mailto:grow@greatnewsmedia.ca)



SCAN ME

## DUCK LIPS

**What did the duck say  
when it bought lipstick?**

**Put it on my bill**



## SPIRIT HALLOWEEN

Halloween is a favourite holiday for many. One particularly exciting tradition that some enjoy is visiting the popular costume, mask, and makeup store called Spirit Halloween. Popping up all over Canada and the United States, Spirit Halloween is actually the largest Halloween retailer in the United States. What a Spooky Scary Superstore!



**Jackson  
& Jackson**  
Landscaping

CUSTOMER SATISFACTION GUARANTEED

**WE SPECIALIZE IN ALL FORMS OF  
CONSTRUCTION & LANDSCAPE**  
INCLUDING SMALLER IN-HOME PROJECTS



## Services

Residential Landscaping

Landscape Construction

Year-Round Maintenance

Spring and Fall Cleanup

Commercial and Condo  
Property Management

Snow and Ice Removal

## Contact Us

### Address

20 Sunvale Place SE  
Calgary, AB T2X 2R8

### Call us now

(403) 256-9282

### Email us

[info@jacksonjackson.ca](mailto:info@jacksonjackson.ca)

[contact@jacksonjackson.ca](mailto:contact@jacksonjackson.ca)

**[www.jacksonjackson.ca](http://www.jacksonjackson.ca)**





MLA Calgary - Fish Creek

**Myles McDougall**

7 – 1215 Lake Sylvan Drive SE

✉ [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca)

☎ 403-278-4444 | 📧 MLAFishCreek

📘 MylesMcDougallYYC | 📺 MylesYYC

## Gratitude, Community, and Looking Ahead

Happy Thanksgiving!

As we take time this month to gather with loved ones and reflect on what we're grateful for, I want to extend my heartfelt thanks to the residents of Calgary-Fish Creek. Your engagement, ideas, and support continue to inspire me every day.

I'm looking forward to connecting with many of you at our upcoming Townhall Meeting on Wednesday, October 22 at 7:00 pm, held at Parkland Community Hall (505 Parkvalley Road SE). These gatherings are a chance for us to have real conversations about the issues that matter most to you—from local concerns to provincial policy. I hope you'll join me to share your thoughts, ask questions, or simply listen in.

As we head toward the end of October, I'm also preparing for the next legislative session. There's important work ahead, and I'm committed to bringing your voices into the discussions that shape our province's future. Whether it's healthcare, education, infrastructure, or community safety, your feedback helps guide the decisions made by government.

If you have questions, concerns, or ideas you'd like to share before the townhall or session begins, please don't hesitate to reach out to my office at Calgary. [FishCreek@assembly.ab.ca](mailto:FishCreek@assembly.ab.ca). I always appreciate hearing from you.

Wishing you and your family a joyful and restful Thanksgiving.

For business classified ad rates contact

Great News Media

at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Deer Run. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**DEER RUN MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita Russell at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING:** Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).



**the Gutter Doctor®**  
Home Exterior Services

GUTTER CLEAN, FIX & INSTALL  
FASCIA • SOFFIT • ROOFING  
GUTTER GUARDS • WINDOW CLEAN  
SIDING • CLADDING • HEAT CABLES

**403-714-0711 • [gutterdoctor.ca](http://gutterdoctor.ca)**

# BUSINESS CLASSIFIEDS

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**GUTTER DOCTOR!** Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**STAMPEDE PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers, gasfitters & HVAC technicians. Water heaters, furnaces, boilers, air conditioning/heat pumps, drain cleaning, leaks, Poly-b replacement and renovations! Competitive prices with quality, 24-hour service! Stampede Plumbing and Heating. Established 1998. Call 403-225-1037. [www.stampedeplumbingandheating.com](http://www.stampedeplumbingandheating.com).

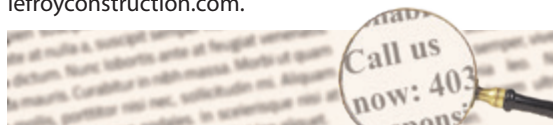
**PAINTER SERVICING DEER RUN:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. [www.fivestarpainting.com](http://www.fivestarpainting.com).

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Run? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit [activesportstherapy.ca](http://activesportstherapy.ca) to book a free consultation.

**DENTAL CARE ... AFFORDABLE, ACCESSIBLE & ESSENTIAL!** Easy drive from Deer Run. 100% coverage means no cost to you. All dental insurance accepted, direct billing OAC. Consistency with dental staff. No fluff, no frills. Call 403-272-7272 or 403-287-6453 today or book online at [calgarydentalcenters.com](http://calgarydentalcenters.com). Est. 1989. Tax receipt same day. Save money, live better!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**DEER RUN CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Deer Run. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).



## Fast Fingers

On October 21, 1918, Margaret Owen put her fingers to the test and set a world record for typing. Owen impressively typed 170 words in one minute! To make her achievement even more impressive, she set the record on a manual typewriter.





# Devin Elkin

— WARD 14 —

*Rooted in Community*

Hello Ward 14 residents, Devin Elkin here.

With this being the last opportunity before we head to the polls on October 20th, I wanted to just take a moment to thank you. For the past 10 years, it has been my joy to serve the residents of Ward 14 as your Ward 14 community assistant. When I reflect on what we have accomplished together it's hard to believe we did this all in that time frame.

To the countless community volunteers that have served on their community association boards, thank you. It was a pleasure working together to make each of your communities the best version of themselves. To those that I have disappointed, know that I tried and sometimes you just can't deliver on the ask. "Your Ward, Your Way" is not as easy as it sounds. In my time serving the ward, I have learned that you will find yourself having to deal with issues that will make some people happy and some will want to tar and feather you in the town square, but know that I wear these failures on my sleeve as reminders to never take this job for granted.

In closing, all I ask is that you have a look at what I have done, and what I will continue to do for those that call Ward 14 home. If you are undecided just make sure you ask one question of all candidates, "How?" How do you plan to accomplish your vision? It's easy to reuse what you hear from residents as policy but truly understanding how to execute vision into reality is so important. Lastly some important dates, advance polls are open October 6th – 11th and election day is the 20th.

Please visit [www.electionscalgary.ca](http://www.electionscalgary.ca) to find your voting location and all other related info. If you need a ride to the polling station closest to you, please let my team know at [delkin@telus.net](mailto:delkin@telus.net) and we will make sure you get there and back. Thank you again and here's to getting back to simple civic governance.

*Devin Elkin*

Rooted in Community

**devinelkin.com**