

JANUARY 2024

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# DOUGLASQUARRY COMMUNITY ASSOCIATION CONTACTS

Isn't it time to get involved? Join the board. Volunteer for an event. Purchase a membership. Support your newsletter and its advertisers.

Website: [www.dqca.ca](http://www.dqca.ca) • Facebook: DouglasQuarryCA

## Questions?

Email [info@dqca.ca](mailto:info@dqca.ca)

### EXECUTIVE

President	Jason Doering
Vice President	Renee Gallant
Treasurer	Robb Myroon
Secretary	Vacant - <b>Urgent!</b>
Past President	Ken Rossi

### DIRECTORS

MacNeil Cornez
Heather Davis
Darrin Gallant
Ruth Nickel

### TALENTED ASSOCIATED GROUPS AND VOLUNTEERS

DouglasDale Maintenance Association [ddmaint@outlook.com](mailto:ddmaint@outlook.com)

DouglasGlen Maintenance Association [info@dqca.ca](mailto:info@dqca.ca)

Timbits Soccer [timbits@dqca.ca](mailto:timbits@dqca.ca)

Community Garden [garden@dqca.ca](mailto:garden@dqca.ca)

Guides  
Debra Brisban  
[dan\\_b80@telus.net](mailto:dan_b80@telus.net)  
403-255-3414

Scouts Canada  
Ryan Collier  
[227douglasdalescoutgroup@gmail.com](mailto:227douglasdalescoutgroup@gmail.com)  
403-815-0912

### REPRESENTATIVES

Councillor - Ward 11  
Kourtney Penner  
[ward11@calgary.ca](mailto:ward11@calgary.ca)  
[twitter@kourtpenner](mailto:twitter@kourtpenner)  
403-268-2430

MLA Calgary Peigan  
Tanya Fir  
[calgary.peigan@assembly.ab.ca](mailto:calgary.peigan@assembly.ab.ca)  
587-392-8850

MP Calgary Shepard  
Tom Kmiec  
[tom.kmiec@parl.gc.ca](mailto:tom.kmiec@parl.gc.ca)  
403-974-1285



# VOLUNTEER OPPORTUNITY

## Board of Directors: Secretary

We are seeking a current resident to join the Executive Board of the DQCA.

### Duties Include:

- Attend Monthly Board Meetings (virtual) and keep accurate minutes.
- Coordinate and collaborate with other Board Members to achieve goals.

This is a volunteer position, requiring approx. 5 hours per month commitment. We run from Sept to June each year, and try to pack in as much fun as we can while supporting the community.

If you would like to get involved in our Community contact us at: [info@dqca.ca](mailto:info@dqca.ca)



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# SUPPORT YOUR COMMUNITY

Purchase or renew your annual DouglasQuarry Membership today!

Visit [www.dqca.ca/membership](http://www.dqca.ca/membership) and download your membership card instantly.

1. Save, Save, Save \$\$\$ by showing your card at the vendors participating in the Benefit Partner Program. Visit [www.dqca.ca](http://www.dqca.ca) and click on Business Partners.
2. Register your children in Timbits Soccer – our local U4, U6, U8 soccer league.
3. Be an active contributor and supporter of your community.
4. Vote at the Annual General Meeting.
5. Sit on the board, or become involved in regional committees and initiatives.
6. Be aware of planning and development issues.
7. Maintain and improves outdoor rinks and shacks.
8. Support your community newsletter.
9. Pay-it-forward bottle drive program.
10. Make a difference and be an ambassador for your community.

You don't have to live in the community to use the Benefit Partner Program. Encourage your nearby friends and family to buy a Membership too!



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## Join Us as the DouglasQuarry Timbits Soccer League Manager!

Are you passionate about kids' sports and community engagement? The DouglasQuarry Community Association is excited to find the perfect candidate for the role of League Manager for our 2024 Timbits Soccer season. If you're dedicated, organized, and ready to make a positive impact on the lives of over 400 young athletes, we want to hear from you!

### About Us:

DouglasQuarry Timbits Soccer is a vibrant and non-competitive outdoor league, and we take pride in creating a fun and inclusive environment for children. The league is entirely run by dedicated volunteers, making it a true community effort.

### Role Overview:

As the League Manager, you'll play a pivotal role in planning, coordinating, and overseeing the upcoming season. Here's a snapshot of what to expect:

- **Timeline:** Planning kicks off in December, registration opens in January-February, team assignments and equipment distribution take place in March, and the active season runs from April to June. The primary time commitment falls between February and April.
- **Ideal Candidate:** We're looking for an enthusiastic parent with child(ren) in the league, (ideally) someone who can commit to more than a single season, and who is willing to mentor the next successor in the role.
- **Skills:** Proficiency in Gmail and Excel is required, but don't worry if you're not a soccer expert – in-depth knowledge of soccer rules is not mandatory. What's most important is your planning, coordination, and time management skills.

### Support and Mentorship:

You won't be on this journey alone. You'll receive support from the DQCA board and the outgoing League Manager, ensuring a smooth transition into the role.

### Contact Us:

If you're ready to contribute to a fantastic community-driven initiative and help children have a blast on the soccer field, please contact us at [membership@dqca.ca](mailto:membership@dqca.ca) now!

Join us in making the DouglasQuarry Timbits Soccer League an unforgettable experience for the kids in our community.



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## Douglasdale Maintenance Association Important Notice

Regarding Douglasdale Special Tax (maintenance and enhancement), Enhanced Landscape Maintenance Program (ELM), Community Reaffirmation Vote, and AGM.

Every five years, ELM communities are required to re-evaluate program participation in the Enhanced Landscape Maintenance Program by holding a public meeting. The community must vote to confirm support for the tax levy.

Only property owners (not renters) in the Douglasdale community can participate in the Community Reaffirmation vote.

This vote will be held at the Douglasdale Eaglequest Golf Course on March 5, 2024, at 7:00 pm.

To participate in the vote, owners will need to validate their property ownership by producing a current driver's license and their most recent property tax assessment. Names on both must match.

To receive further information, send an email to [ddmaint@outlook.com](mailto:ddmaint@outlook.com).

In addition, the Annual General Meeting of the Douglasdale Maintenance Association will be held following the conclusion of the voting process.



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Health & Wellness



**Joy & Vitality Centre** | 403-452-5183 | 163 Quarry Park Blvd. SE. [www.joyandvitalitycentre.ca](http://www.joyandvitalitycentre.ca)

[joyandvitalitycentre@gmail.com](mailto:joyandvitalitycentre@gmail.com). Family owned and operated. Joy and Vitality is the only. Centre that treats You as part of our big family and provides You with Joyful, Distinct experiences in a one stop destination. We have a wide selection of supplements, vitamins, sport nutrition, beauty and home care products, books, crystals and essential oils. But we are more than just products, we are also an organic café, an oasis for wellness programs, Tibetan bowls therapy, donation – based meditation, yoga studio and salt room for people of all ages, genders, races, abilities, belief systems and income levels who are seeking health fulfillment. **10% centre discount, including yoga, salt cave, supplements, body care and cosmetics.**



**OpTik Boutik** | 403-457-EYES | 206, 163 Quarry Park Blvd. SE

[www.optikboutik.com](http://www.optikboutik.com) | [optikboutik@gmail.com](mailto:optikboutik@gmail.com)

**15% off a complete pair of glasses and sunglasses. Not valid with any other coupon or special.**

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With a current annual DQCA membership card, you receive benefits from the excellent local businesses listed below!



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**Boston Pizza South Trail** | 403-257-6661 | 4307 130 Ave. SE  
Flames Packages available. **10% off all regularly priced food items. Some conditions may apply.**



**Eaglequest Douglasdale Golf Course** | 7 Douglas Woods Drive SE | 403-279-7913  
www.eaglequestgolf.com. **10% off restaurant, range, green fees, retail and lessons (cannot be combined with any other offer).**



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## Douglasdale/Glen Real Estate Update

Last 12 Months Douglasdale/Glen  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2023	\$ 599,800	\$ 588,000
October 2023	\$ 669,000	\$ 665,000
September 2023	\$ 625,000	\$ 650,000
August 2023	\$ 637,500	\$ 650,000
July 2023	\$ 639,900	\$ 655,800
June 2023	\$ 599,450	\$ 605,000
May 2023	\$ 649,900	\$ 649,900
April 2023	\$ 597,500	\$ 586,000
March 2023	\$ 579,900	\$ 580,000
February 2023	\$ 584,900	\$ 618,000
January 2023	\$ 538,900	\$ 525,000
December 2022	\$ 599,000	\$ 587,000

Last 12 Months Douglasdale/Glen  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
November 2023	12	13
October 2023	16	15
September 2023	17	21
August 2023	28	32
July 2023	32	24
June 2023	44	34
May 2023	18	21
April 2023	22	23
March 2023	26	23
February 2023	20	9
January 2023	7	5
December 2022	7	9

To view more detailed information that comprise the above  
MLS averages please visit [doug.mycalgary.com](http://doug.mycalgary.com)

# FRIENDS *of* Fish Creek



## **The Fish Creek Community Terrace**

Every brick tells a story, and we invite you to share your story with park visitors by dedicating a brick along the Fish Creek Community Terrace. We are now offering bricks in phase four of the Fish Creek Community Terrace at the Bow Valley Ranch. There are only approximately 50 spaces available so make sure to get your brick today. If you have a local business, consider having a brick inscribed for your business - it's great advertising in a very busy area! We are planning to install the bricks this summer and registration for this amazing program will close June 1. For more information, please contact the Friends of Fish Creek at 403-238-3841, ext. 1 or visit [friendsoffishcreek.org/brick](https://friendsoffishcreek.org/brick).

## **Park Protectors Needed**

Now is the perfect time of year to become a Fish Creek Provincial Park Protector! Fish Creek is a cherished natural green space we are fortunate to have in the city. As a non-profit organization based in Fish Creek and serving the Calgary community, the Friends of Fish Creek do not receive regular funding and rely on grants, sponsorships, program fees, donations, and fundraising to continuously support Fish Creek. Through the Park Protector program, a monthly donation will be effortlessly withdrawn from a credit card of your choosing, and you will receive a valuable tax receipt for your contribution. The Park Protector monthly donor program is the most convenient way to support Fish Creek Provincial Park every day. Rest assured that your hard-earned donation will be used effectively and efficiently right here in Fish Creek. For more information, please visit [friendsoffishcreek.org/park-protector-signup](https://friendsoffishcreek.org/park-protector-signup).

## **Membership Shows You Care**

Now is the best time of year to renew your Friends of Fish Creek membership or to become a member. Friends of Fish Creek members receive benefits like admission to our Fish Creek Speaker Series programs, a discount on the popular Birding Courses, a discount at select local businesses, and the ability to vote at our Annual General Meeting. Show your support for this park by becoming a member or renewing your membership today. Memberships will be good until December 31, 2024. To renew your commitment to Fish Creek, please visit [friendsoffishcreek.org/membership](https://friendsoffishcreek.org/membership).

## **Volunteer Opportunities**

Do you have free time and would like to volunteer in Fish Creek Provincial Park? The 2024 volunteer season is just around the corner, and we are looking for people to assist with various programs starting this spring. To begin volunteering, please visit our website and create an account on our online volunteer system, MyImpactPage. We look forward to working with you to bring the Friends' 2024 volunteer programs to life! For more information, please visit [friendsoffishcreek.org/volunteering-basics](https://friendsoffishcreek.org/volunteering-basics).

## **Stay Up to Date on Fish Creek Provincial Park**

Did you know that there are 18 communities that directly border Fish Creek and thirty neighbourhoods within proximity to this park? Fish Creek is such an important part of the lives of countless people who live near the park and visit regularly. You may be familiar with the Friends of Fish Creek and some of our programs, and we invite you to learn more about Fish Creek Provincial Park and all our conservation activities by signing up to our email list. The Friends' seasonal newsletter, *the Voice of the Friends*, now in its 29th year, provides up to date information and in-depth articles about programs, courses, events, and activities here in Fish Creek. Please check out our newsletter online and sign up for regular updates about park events at [friendsoffishcreek.org](https://friendsoffishcreek.org) > Contact Us > Sign Up for Email List.



# Photo Gallery

by Marni Cain





# Sledding Safety

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

### Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

### Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

### Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water, until re-warmed.

## Every Day

by Cheryl Dunkley

Good morning, Lord  
Thank You for this day.  
Thank You for my  
friends and family.  
Help me find a better way...

## JOKE OF THE MONTH

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**DTA RENOVATIONS & HANDYMAN SERVICES:** We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or [dta.renovations@gmail.com](mailto:dta.renovations@gmail.com).

**AFFORDABLE DENTAL CARE MINUTES FROM DOUGLAS QUARRY!** Dental doesn't need to break the bank! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit [CalgaryDentalCenters.com](http://CalgaryDentalCenters.com). Save money, smile, be happy!

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email [service@expressappliance.ca](mailto:service@expressappliance.ca).

**KITCHEN CABINETS REFINISHED:** Hate the orange in your oak cabinets? Restore wood cabinets, water damage, get grime removed for approximately \$1495. Or change the look with a new colour spray finish for about \$3695. Environmentally friendly alternative to replacing or refacing. Call Doug at 'Not Just Paint' for a free estimate/consult. 403-671-0324.

**HERITAGE WEST PLUMBING AND HEATING:** Boiler and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**K AND K MAID SERVICES:** Residential and commercial cleaning, moving in and out cleaning. Available weekly, biweekly, monthly and one time. Excellent references. Insured and bonded. For a free on site consultation, please call Katy at 403-891-8447 or email [kkcleaningcalgary@gmail.com](mailto:kkcleaningcalgary@gmail.com).

**PLUMBING PARAMEDICS:** Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

**RESIDENTIAL CLEANING:** Need help with your cleaning? R&N can help you. We have an affordable rate and well experienced cleaners. Available weekly, bi-weekly, monthly and one time clean. Call Rachell at 403-708-3119 to book.

**SMITH PROPERTY RENOVATIONS:** Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: [Sp-renos.ca](http://Sp-renos.ca), phone: 587-333-5568, email: [craig@sp-renos.ca](mailto:craig@sp-renos.ca).

**I'LL FIX YOUR FIX-IT LIST!** 35+ years restoring and renovating homes and businesses. Expert-level finish carpentry, painting, drywall, cabinets, vinyl siding, doors, windows, and blown-in insulation. Projects small and large, and everything in-between. Integrity is my expertise. Call your local professional Shawn at 250-882-9588.

**CHARTERED PROFESSIONAL ACCOUNTANT:** Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.

**HANDYMAN – 403-257-5999:** Large and small repairs and renovations. Develop your basement, re-do your bathroom, or finish your garage. Also booking decks and fences. Call Darcy.

If you are considering selling, call us for a **Zero Obligation Home Evaluation** and strategy discussion on how to achieve **Top Dollar** for your home!

## Douglasdale

Detached Home Stats - Last 45 Days



**20**

# New Properties



**12**

# Sold Properties



**23**

Average Days on Market



**\$675,275**

Median Sold Price

## Douglasglenn

Detached Home Stats - Last 45 Days



**4**

# New Properties



**2**

# Sold Properties



**32**

Average Days on Market



**\$609,000**

Median Sold Price

**Your Home is in High Demand! Call Today!**



**JORDY HUNTRODS**

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**403.681.4457**

jordy@paramountcorp.ca

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