

MARCH 2024

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THE OFFICIAL DOUGLAS QUARRY COMMUNITY NEWSLETTER



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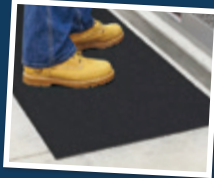
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BEFORE



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DOUGLASQUARRY COMMUNITY ASSOCIATION CONTACTS

Isn't it time to get involved? Join the board. Volunteer for an event. Purchase a membership. Support your newsletter and its advertisers.

Website: www.dqca.ca • Facebook: DouglasQuarryCA

Questions?

Email info@dqca.ca

EXECUTIVE

President	Jason Doering
Vice President	Vacant
Treasurer	Robb Myroon
Secretary	Vacant
Past President	Ken Rossi

DIRECTORS

MacNeil Cornez
Heather Davis

TALENTED ASSOCIATED GROUPS AND VOLUNTEERS

DouglasDale Maintenance Association ddmaint@outlook.com

DouglasGlen Maintenance Association info@dqca.ca

Timbits Soccer timbits@dqca.ca

Community Garden garden@dqca.ca

Guides
Debra Brisbane
dan_b80@telus.net
403-255-3414

Scouts Canada
Ryan Coller
227douglesdalescoutgroup@gmail.com
403-815-0912

REPRESENTATIVES

Councillor - Ward 11
Kourtney Penner
ward11@calgary.ca
[twitter@kourtpenner](https://twitter.com/kourtpenner)
403-268-2430

MLA Calgary Peigan
Tanya Fir
calgary.peigan@assembly.ab.ca
587-392-8850

MP Calgary Shepard
Tom Kmiec
tom.kmiec@parl.gc.ca
403-974-1285



VOLUNTEER OPPORTUNITY

Board of Directors: Secretary

We are seeking a current resident to join the Executive Board of the DQCA.

Duties Include:

- Attend Monthly Board Meetings (virtual) and keep accurate minutes.
- Coordinate and collaborate with other Board Members to achieve goals.

This is a volunteer position, requiring approx. 5 hours per month commitment. We run from Sept to June each year, and try to pack in as much fun as we can while supporting the community.

If you would like to get involved in our Community contact us at: info@dqca.ca



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SUPPORT YOUR COMMUNITY

Purchase or renew your annual DouglasQuarry Membership today!

Visit www.dqca.ca/membership and download your membership card instantly.

1. Save, Save, Save \$\$\$ by showing your card at the vendors participating in the Benefit Partner Program. Visit www.dqca.ca and click on Business Partners.
2. Register your children in Timbits Soccer – our local U4, U6, U8 soccer league.
3. Be an active contributor and supporter of your community.
4. Vote at the Annual General Meeting.
5. Sit on the board, or become involved in regional committees and initiatives.
6. Be aware of planning and development issues.
7. Maintain and improves outdoor rinks and shacks.
8. Support your community newsletter.
9. Pay-it-forward bottle drive program.
10. Make a difference and be an ambassador for your community.

You don't have to live in the community to use the Benefit Partner Program. Encourage your nearby friends and family to buy a Membership too!

Tasty New Menu Selections



Glenmore Inn & Convention Centre

Kapow Wagyu Beef Dumplings

Stuffed Jalapeno Peppers

Cobb Salad

Double Deluxe BBQ Beef Burger

3 Types of Poutine

Rice Bowls

Classic Poutine

Chicken

Glenmore Poutine

Beef

Buffalo Poutine

Salmon

1000 Glenmore Court SE | 403.279.8611

Douglasdale Maintenance Association Important Notice

Regarding Douglasdale Special Tax (maintenance and enhancement), Enhanced Landscape Maintenance Program (ELM), Community Reaffirmation Vote, and AGM.

Every five years, ELM communities are required to re-evaluate program participation in the Enhanced Landscape Maintenance Program by holding a public meeting. The community must vote to confirm support for the tax levy.

Only property owners (not renters) in the Douglasdale community can participate in the Community Reaffirmation vote.

This vote will be held at the Douglasdale Eaglequest Golf Course on March 5, 2024, at 7:00 pm.

To participate in the vote, owners will need to validate their property ownership by producing a current driver's license and their most recent property tax assessment. Names on both must match.

To receive further information, send an email to ddmaint@outlook.com.

In addition, the Annual General Meeting of the Douglasdale Maintenance Association will be held following the conclusion of the voting process.





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🌐 www.mergemassage.com
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FRIENDS *of* Fish Creek

Fish Creek Speaker Series

Spring starts now in Fish Creek, and we are excited to continue with our Fish Creek Speaker Series program! Learn about a variety of topics relating to nature and history from professionals in their respective fields. Increase your knowledge of local geology and mountain ranges, fascinating regional wildlife, the world of insects, and much more. Fish Creek Speaker Series talks are free to Friends members, only \$10 for non-members, and free for youth under 16 with a registered adult. Please stay tuned to the Friends' website for more information – www.friendsoffishcreek.org.

Share Your Story with a Brick along the Fish Creek Community Terrace

If you have been to the Bow Valley Ranch recently, you may have seen the Fish Creek Community Terrace, which consists of personalized bricks in front of the Cookhouse. We would like to thank everyone who supported Fish Creek Provincial Park by dedicating a brick along the Fish Creek Community Terrace in recent years. Every brick tells a story, and we are very grateful that so many community members are sharing their story here in Fish Creek. This unique fundraising activity provides essential support for us to continue delivering programs and events in Fish Creek Provincial Park. Consider dedicating a brick for Phase 4 of the Terrace to be installed this summer. A brick would also make a great gift for a loved one or as a way to promote your local business. For more information, please visit www.friendsoffishcreek.org/brick.

Membership Shows You Care

Now is the best time of year to renew your Friends of Fish Creek membership or to become a member. By renewing your Friends of Fish Creek membership, you will help ensure that Fish Creek Provincial Park remains a cherished and accessible resource for all, now and for generations to come. Your generous contribution will play a vital role in enabling us to continue with our stewardship and engagement initiatives aimed



at preserving the natural splendour of Fish Creek Provincial Park. Friends of Fish Creek members receive benefits like admission to our Fish Creek Speaker Series programs, a discount on the popular Birding Courses, a discount at select local businesses, and the ability to vote at our Annual General Meeting. Show your support for this park by becoming a member or renewing your membership today. Memberships will be good until December 31, 2024. To renew your commitment to Fish Creek please visit www.friendsoffishcreek.org/membership.

Volunteer Opportunities

Do you have free time and would like to volunteer in Fish Creek Provincial Park? The 2024 volunteer season is just around the corner, and we are looking for people to assist with various programs starting this spring. To begin volunteering please visit our website and create an account on our online volunteer system, MyImpactPage. We look forward to working with you to bring the Friends' 2024 volunteer programs to life! For more information, please visit www.friendsoffishcreek.org/volunteering-basics.

BENEFIT PARTNER REWARD PROGRAM

Automobile



Easy Auto Glass | 403-265-0007 | Bay 1, 10820 - 27 St. SE
www.easyautoglass.ca | info@easyautoglass.ca

Free rock chip repairs on any windshield we install. Conditions Apply.



Mr. Lube | 403-257-4617 | 200, 4307 - 130 Ave. SE | www.mrlube.com
10% off all parts and service. Cannot be combined with other offers.

Membership card must be presented at time of service.



Mr. Lube | 587-296-7000 | 10834 - 50 Street SE | www.mrlube.com
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Membership card must be presented at time of service.

Beauty & Personal Care



Edgeworxx Studio | 403-236-9188 | #24, 20 Douglas Woods Dr. SE
www.edgeworxxstudio.com | edgeworxxstudio@shaw.ca. It's all about Hair.

5% off all products and services (cannot be combined with any other offer).

Business & Personal Services



C-Techs Computer Services | 403-261-8998 | #4, 675 Acadia Dr SE
www.c-techs.com | support@c-techs.com

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Titan Ink-Jet | 403-225-6530 | #129, 755 Lake Bonavista Drive SE | www.islandinkjet.com
titaninkjet@shaw.ca. The cartridge refill experts for Brother, Canon, Dell, Epson, HP, Lexmark.

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Health & Wellness



Joy & Vitality Centre | 403-452-5183 | 163 Quarry Park Blvd. SE. www.joyandvitalitycentre.ca
joyandvitalitycentre@gmail.com. Family owned and operated. Joy and Vitality is the only. Centre that treats You as part of our big family and provides You with Joyful, Distinct experiences in a one stop destination. We have a wide selection of supplements, vitamins, sport nutrition, beauty and home care products, books, crystals and essential oils. But we are more than just products, we are also an organic café , an oasis for wellness programs, Tibetan bowls therapy, donation – based meditation, yoga studio and salt room for people of all ages, genders, races, abilities, belief systems and income levels who are seeking health fulfillment. **10% centre discount, including yoga, salt cave, supplements, body care and cosmetics.**



OpTik BouTik | 403-457-EYES | 206, 163 Quarry Park Blvd. SE
www.optikboutik.com | optikboutik@gmail.com

15% off a complete pair of glasses and sunglasses. Not valid with any other coupon or special.
Free glasses (select glasses) for kindergarten students who require correction - part of Alberta Eye See Eye Learn Program.

With a current annual DQCA membership card, you receive benefits from the excellent local businesses listed below!



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www.budgetblinds.com/SECalgary/

35% off Custom Window Coverings. DQCA membership must be mentioned at time of booking.



By Request Painting & Decorating Inc. | 403-246-5309 | www.byrequestpainting.ca | byrequestpainting@shaw.ca. Specializing in home renovations & new home construction. Remove/install wallpaper. Full WCB \$5 million liability, 31 yrs. experience. Free estimates. **20% off premier interior painting for commercial/residential.**



ECCO Recycling | 403-800-0877 | 10114 – 24 St. SE | www.eccorecycling.com | info@eccorecycling.com
FREE waste disposal. Loads cannot be larger than a pick-up truck (with or without trailer), and waste must be dry non-hazardous material such as drywall, wood, cardboard, plastic, construction/demolition material.



Evergreen Lawn Services | 403-837-6976 | www.evergreenlawnservicesyyc.ca
evergreenlawnservicesltd@gmail.com. Aaron Cull, 'Master Gardener' & Arborist.
20% discount for tree & flowerbed services.



Rob's Roofing Solutions | 403-700-0600 | www.robsroofingsolutions.ca
\$500 off a roof system at time of signing.



A Vacuum Store & Service Inc. | 403-228-6228 | 218, 4600 - 130 Ave. SE
www.avacuum.ca | info@avacuum.ca
10% off any retail item and free at home estimate.



Barker's Fine Dry Cleaning | 403-282-2226 | #109, 10836 24 St. SE
For wedding gowns, heirlooms, couture style, environmentally friendly.
10% off your bill.



Boston Pizza Riverbend | 403-236-7000 | 8338 18 St. SE
Flames Packages available. **10% off all regularly priced food items. Some conditions may apply.**



Boston Pizza South Trail | 403-257-6661 | 4307 130 Ave. SE
Flames Packages available. **10% off all regularly priced food items. Some conditions may apply.**



Eaglequest Douglasdale Golf Course | 7 Douglas Woods Drive SE | 403-279-7913
www.eaglequestgolf.com. **10% off restaurant, range, green fees, retail and lessons (cannot be combined with any other offer).**



Fresh Jock | #109, 10836 24 St. SE (inside Barker's) 403-726-9301 | calgaryfreshjock.com
Sports and protective equipment cleaning services. **10% off your bill.**

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Home & Care Services

Restaurants

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Live Healthier, Happier, and Longer

from Calgary Foothills Primary Care Network



Did you know there is a team of health professionals who work with your family doctor to provide personalized health support – for free.

From mental health counsellors to nurses who can help with things such as anxiety and diabetes, you can access a variety of health support through one of the Alberta Primary Care Networks. There are a number of Primary Care Networks across the province, offering services designed to best meet the needs of each community. Primary Care Networks are part of Alberta's public health care system and are funded by the provincial government – there is no cost to use any of their services.

Access Free Health Support

Studies show that people who regularly see their family doctor are healthier, live longer, and have fewer hospital visits. You can find various health support through Primary Care Networks, including:

- Virtual and in-person workshops to support mental health, nutrition, diabetes, exercise, and to help you quit smoking.
- Access to a team of health professionals that could include nurses, mental health therapists, dietitians, pharmacists, and social workers who can provide you with specialized care.
- After-hours care to support you if you can't get in to see your family doctor.

WINNIE IS CANADIAN

In World War I, Canadian soldier Harry Colebourn adopted a black bear cub, Winnipeg (Winnie). Donated to the London Zoo in 1914, Winnie captured the heart of Christopher Robin Milne. He named his teddy bear after her, inspiring A. A. Milne's creation of the timeless Winnie the Pooh stories. The rest is cuddly, whimsical history!



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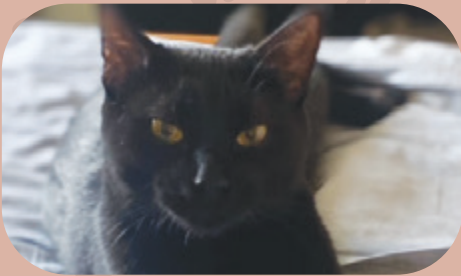
Chile Mango Bean, *Sundance*



Chloe, *Somerset*



Kiki, *Dalhousie*



Stormi, *Deer Ridge*

To have your pet featured, email news@mycalgary.com

Photo Gallery

by Marni Cain





**For business classified ad rates contact
Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca**

Douglasdale/Glen Real Estate Update

Last 12 Months Douglasdale/Glen MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2024	\$ 622,450	\$ 610,000
December 2023	\$ 595,400	\$ 595,400
November 2023	\$ 599,800	\$ 588,000
October 2023	\$ 669,000	\$ 665,000
September 2023	\$ 625,000	\$ 650,000
August 2023	\$ 637,500	\$ 650,000
July 2023	\$ 639,900	\$ 655,800
June 2023	\$ 599,450	\$ 605,000
May 2023	\$ 649,900	\$ 649,900
April 2023	\$ 597,500	\$ 586,000
March 2023	\$ 579,900	\$ 580,000
February 2023	\$ 584,900	\$ 618,000

Last 12 Months Douglasdale/Glen MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2024	11	8
December 2023	6	10
November 2023	13	13
October 2023	15	15
September 2023	16	21
August 2023	28	32
July 2023	32	24
June 2023	44	34
May 2023	18	21
April 2023	22	23
March 2023	26	23
February 2023	20	9

To view more detailed information that comprise the above
MLS averages please visit doug.mycalgary.com

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Douglasdale and Quarry Park. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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DOUGLAS QUARRY MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

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continued on next page

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HANDYMAN – 403-257-5999: Large and small repairs and renovations. Develop your basement, re-do your bathroom, or finish your garage. Also booking decks and fences. Call Darcy.

KITCHEN CABINETS REFINISHED: Hate the orange in your oak cabinets? Restore wood cabinets, water damage, get grime removed for approximately \$1495. Or change the look with a new colour spray finish for about \$3695. Environmentally friendly alternative to replacing or refacing. Call Doug at 'Not Just Paint' for a free estimate/consult. 403-671-0324.

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RESIDENTIAL CLEANING: Need help with your cleaning? R&N can help you. We have an affordable rate and well experienced cleaners. Available weekly, bi-weekly, monthly and one time clean. Call Rachell at 403-708-3119 to book.

SMITH PROPERTY RENOVATIONS: Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: Sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

PROFESSIONAL CARPENTER: 35+ years restoring and renovating homes and businesses. Expert-level finish carpentry, painting, drywall, cabinets, vinyl siding, doors, windows, and blown-in insulation. Projects small and large, and everything in-between. Integrity is my expertise. Call your local professional Shawn at 250-882-9588.

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Dr. Nikola Vranjes, DDS



Dr. Tasha Chrbet, DDS



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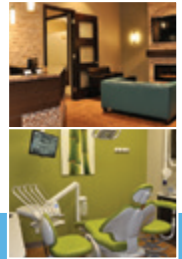
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Detached Home Stats - Last 45 Days



14

New Properties



8

Sold Properties



23

Average Days on Market



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Median Sold Price

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2

New Properties



2

Sold Properties



35

Average Days on Market



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