

SEPTEMBER 2025

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# FAIRVIEW in Focus

THE OFFICIAL FAIRVIEW COMMUNITY NEWSLETTER

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AND MOVIE NIGHT  
SATURDAY, SEPTEMBER 13**



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# Membership Update

## Membership

Community Association memberships expire on the last day of February each year. You can purchase a membership anytime during the year.

How do you purchase a membership? It's simple; just pick one of these convenient ways to get a current membership:

1. Fill out this paper form and mail along with payment to: Box 78053, RPO Heritage, Calgary, AB T2H 2Y1.
2. Complete the whole process online at [fairviewcommunity.ca/membership](http://fairviewcommunity.ca/membership) in less than a minute via PayPal. A physical membership card will be dropped off for you shortly after your purchase.
3. Email [membership@fairviewcommunity.ca](mailto:membership@fairviewcommunity.ca) and one of our volunteers can drop off a membership and pick up your payment (contactless).
4. Phone 403-252-5424 and leave a message with your name and phone number, stating that you'd like to buy a membership. A board member will return your call and set up a time for a contactless drop off of your membership card and pick up of your payment.

**Be a Part of Your Community Association Today!**

**A GOOD  
REASON TO  
JOIN TODAY!**

## Get Informed on Community and Civic Life

Community associations provide information on important community and civic issues that impact your daily life, through regular newsletters and their online presence.

**March 1, 2025, to February 28, 2026**

**Please make cheques payable to *Fairview Community Association*.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Membership fee: \$20 per family (up to two registered adults and any number of children under the age of 18 living at the same residence)

☐ Yes, we are interested in volunteering

☐ Yes, I am interested in receiving updates by email



### Our Mission

To promote and enhance a healthy, safe and productive environment for the residents of Fairview by providing access to programs, services and information, all while establishing a sense of community identity and belonging.

### Your Fairview Community Association Board

**President** Vacant  
president@fairviewcommunity.ca

**1st VP** Wayne McNeely  
vp1@fairviewcommunity.ca

**2nd VP** Dave Eisenbart  
vp2@fairviewcommunity.ca

**Secretary** Malcome Johnstone  
secretary@fairviewcommunity.ca

**Treasurer** Les Sorenson  
treasurer@fairviewcommunity.ca

#### Directors at Large

Nicole McNeely Jennifer Cooke

Ralph Schempp

#### Community Services Contacts

• **Police Non-Emergency Services:**

403-266-1234

• **Community Liaison Officer:**

Cst. Michael Colbert, mcolbert@calgarypolice.ca

• **Community and Neighbourhood Services, South Area:** 3-1-1

• **www.calgaryyouthjustice.com:** 403-261-9861

• **National Access Arts Centre (formerly In-Definite Arts):** 403-253-3174, accessarts.ca

### Government Representatives

#### Councillor, Ward 11

Kourtney Penner

ward11@calgary.ca • www.calgary.ca/ward11 • 403-268-2430

#### MLA, Calgary-Acadia

Diana Batten, New Democratic Party

calgary.acadia@assembly.ab.ca • 403-640-1363

#### MP Calgary-Midnapore

Stephanie Kusie, Conservative

Stephanie.Kusie@parl.gc.ca • 403-225-3480

#### Otipemisiwak Métis Government Calgary Elbow Métis District

Carmen Lasanté, District Captain

clasante@metis.org • 780-455-2000, ext. 273

### Fairview in Focus

*Fairview in Focus* is published monthly by Great News Media and delivered by community residents and Canada Post to all Fairview homes.

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**Submission Deadline:** Seventh day of the month for the next month's news. Comments, questions, and submissions are always welcome.

**Editor Email:** news@fairviewcommunity.ca

**Mail:** Fairview Community Association  
Box 78053, RPO Heritage  
Calgary, AB T2H 2Y1

**Messages:** 403-252-5424

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**Hillhurst-Sunnyside Community Centre  
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accessories, vintage & boutique items,  
collectibles, art, books, toys & much more**

**Don't forget to bring your tote bag!**

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**All proceeds will benefit  
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# Fairview Youth Services Directory

## Why Hire Fairview Youth?

Supporting local youth helps them develop a sense of responsibility, purpose, and connection to the community. Young people are energetic, flexible, and open-minded, and are looking to develop their skills and talents.

## Babysitters

- Isaac, 403-463-8118 A
- Charlie, 403-819-6785 A
- Blair, 825-882-5557 A
- Sadie, 403-630-9623 A
- Mia, 587-998-9868 B
- Catie, 403-230-7662 B
- Eric, 403-554-5890 B
- Anna, 403-471-9004 B
- Abigail, 403-554-9034 A
- Olivia, 403-998-8933 A
- Etta, 825-994-4127 A
- Ryleigh, 825-561-6083 A
- Layla, 825-437-4971 B
- Ayden, 587-891-7477 B
- Ashlyn, 403-473-2829 B
- Salim, 587-836-2815 A

## Pet Sitters

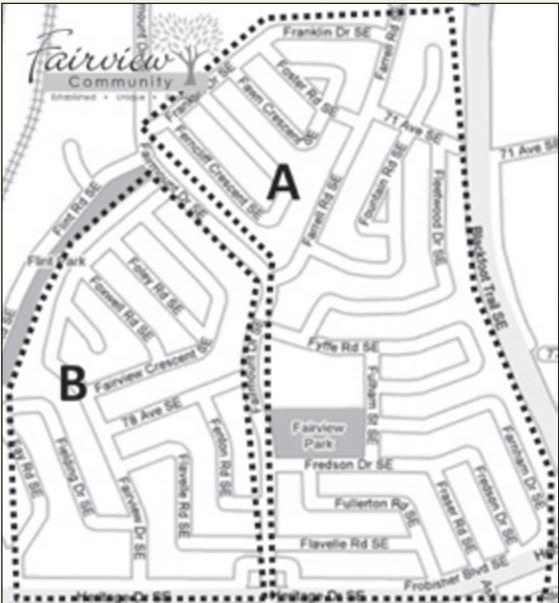
- Charlie, 403-819-6785 A
- Abigail, 403-554-9034 A
- Layla, 825-437-4971 B
- Tatum, 403-312-2125 B
- Jade, 403-808-9413 A
- Danica, 403-312-2125 B
- Ayden, 587-891-7477 B
- Anna, 403-471-9004 B

## Lawn Mowing

- Ayden, 403-831-7214 B
- Salim, 587-836-2815 A

**Now looking for youth mowers! Sign-up today by emailing [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca).**

This list shows the area where the youth reside (A or B), but they may be willing to work anywhere within the Fairview community. Give them a call!



The Fairview Community Association accepts no responsibility as a regulatory body and does not endorse or screen any of the people who are listed in or who use this directory. Information provided is used solely in "Fairview In Focus" and can be discontinued upon request. To add, change, or remove information from the directory, call 403-252-5424 or email [news@fairviewcommunity.ca](mailto:news@fairviewcommunity.ca).



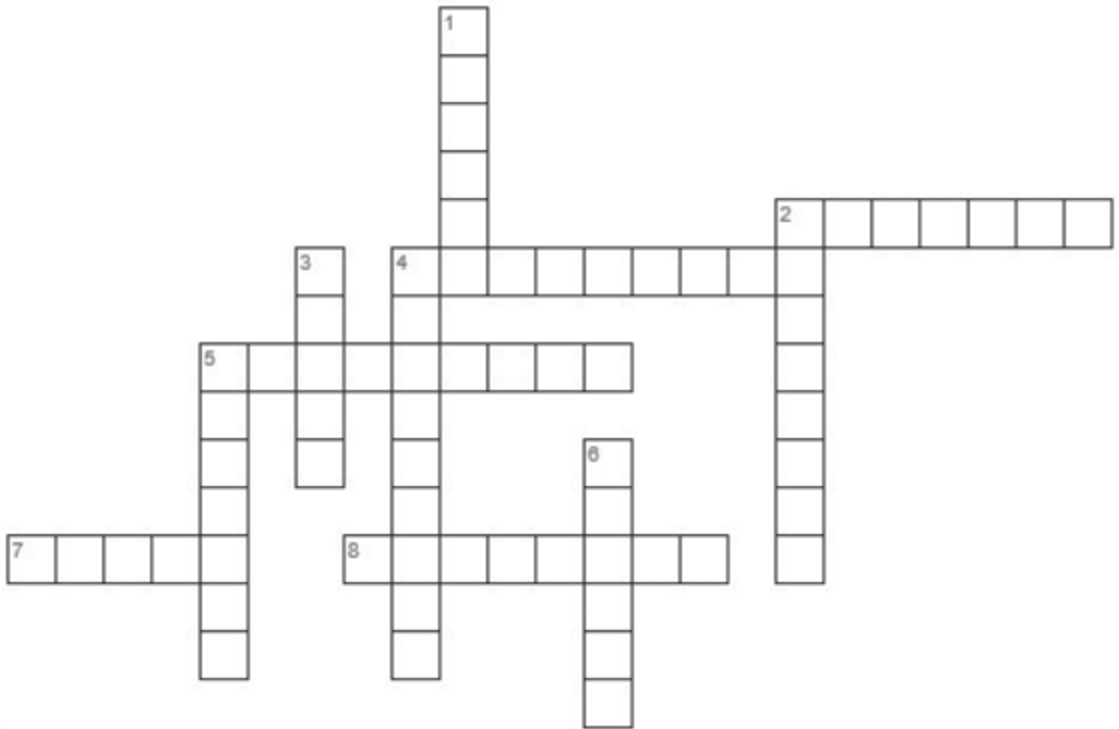
# Clean, Creative Fun

Although it is now a common household toy, Play-Doh was originally made to be a wallpaper cleaner! It's non-toxic, non-staining, and reusable so when people realized kids enjoyed making art with it, the newly marketed Play-Doh took off!



## Fairview Street Names - Part 2

How well do you know your community?



### Across

- 2 Patronymic from flinstone dad
- 4 Former name of Iqaluit
- 5 Birthplace of Fender guitars
- 7 Street that's home to a Le Roi Daniels
- 8 Where water might dance

### Down

- 1 Oscar winner Jodie \_\_\_\_
- 2 Inventor of the lightning rod
- 3 Movie sound effect technique
- 4 'Rumours' band \_\_\_\_ Mac
- 5 Sly animal in good health
- 6 British Columbia's longest river

**Answers on page 13**

# Get the Lowdown on Slow Downs: How We Keep Calgarians Moving

by The City of Calgary

We know construction season can be frustrating; The City of Calgary's Mobility teams work in close collaboration with project managers and city event organizers to avoid multiple delays and plan for traffic flow congestion. The City's Traffic Management Centre monitors roadways 24/7 by using traffic cameras, live traffic data, and digital road signs.

It's not a pain when you have a plan, and we have Waze to help. The City's partnership with Waze means you can get real-time traffic flow and construction updates right in the app. This free download is our preferred navigation tool because it syncs with The City's advanced traffic system. With the right tools you can get to where you need to go.

Learn more at [calgary.ca/planyourtrip](https://calgary.ca/planyourtrip).



## Thanks from The City of Calgary

Thank you to the Community Cleanup Event Organizer, Community Association President, and residents of Fairview.

On behalf of the City of Calgary, the Community Cleanup Program led by Community Strategies and Waste and Recycling Services would like to thank the Community Association event organizer, your volunteers, and the residents for a job well done at the Community Cleanup this year.

As a token of appreciation for all your hard work in keeping your community clean, safe, and vibrant and in acknowledgment to your residents, we have attached a little thank you note.

Again, thank you for your valued partnership, and community spirit, and hope to see you again next year!





## UPCOMING COMMUNITY EVENTS AND ACTIVITIES

Let's have fun together!

Have questions, suggestions, or want to volunteer for an event? Reach out to us at [events@fairviewcommunity.ca](mailto:events@fairviewcommunity.ca) or call 403-252-5424.

### Fairview Community Association Board Meeting

- **Tuesday, September 2, 2025, 7:00 pm**
- **Tuesday, October 7, 2025, 7:00 pm**

**Location:** National accessArts Centre (7038 Fairmount Drive SE) and virtual option.

Board meetings are held the first Tuesday of each month (with some exceptions). All members are welcome and encouraged to attend by contacting secretary@fairviewcommunity.ca.

### Fairview Fall Family Festival

**Saturday, September 13, 2025**  
**Flavelle Road Park**

Family Movie Night is Back!

Get ready for an evening of family fun under the stars! Our most popular social event of the year is just around the corner, featuring double feature movies, delicious food, and popcorn.

For more information, email us at [events@fairviewcommunity.ca](mailto:events@fairviewcommunity.ca), call 403-252-5424 or visit [fairviewcommunity.ca/2025-family-movie-day](http://fairviewcommunity.ca/2025-family-movie-day).

### 2025 Culture Days

**September 1 to 30, 2025**

Calgary Culture Days is an opportunity for Calgarians to discover and experience arts and culture across the city. Find Calgary Culture Day events on [calgary.ca/culturedays](http://calgary.ca/culturedays).

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Alberta Culture Days is also celebrated during September and is an opportunity to discover, experience, and celebrate arts and culture through local events and activities, in person and online across the province. Visit [cuturedays.ca](http://cuturedays.ca) for more information.

### Fairview Community Association 2025 Events

We have tentatively planned the below events calendar.

Saturday, September 13	Fall Family Festival Movie in the Park - Flavelle Park
November/December	Outdoor Rink Set Up at Flavelle Park
Mid-December	Fairview Community Lights Festival
December 2025*	Bowling with Santa at Toppler Bowl

#### \*Exact dates will be confirmed closer to the event.

Want to stay in the loop? Get up to-to-date news on events, programs and more by signing up for our e-news at [fairviewcommunity.ca/subscribe](http://fairviewcommunity.ca/subscribe). You can also find more details on these events and others by checking our website and following us on social media: @fairviewyc on Instagram and @Fairview Community on Facebook.



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## What Is Cart Contamination?

*by The City of Calgary, Waste and Recycling Services*

We talk a lot about putting the right items into your blue, black, and green carts to avoid contamination. But what exactly is contamination?

Contamination is when the wrong items are put in the wrong bins. Sorting your waste into the right carts ensures material ends up at the right facility to be turned into new products or to be disposed of properly.



Most people do a good job with their carts. But the consequences of contamination create real challenges that impact the waste facilities, the health and safety of workers, and increase program costs for Calgarians.

Working together, we can keep our facilities and staff safe while ensuring our waste programs run properly.

Learn more at [calgary.ca/contamination](https://calgary.ca/contamination).



## 60+ Collective Seniors Summer Sports Wrap-up



The Fairview 60+ Collective kicked off the summer with two fantastic events!

First up, on June 29, we held our first-ever pickleball lessons at the Fairview Park parking lot. The instructors from Pickle Perfect were, well, perfect! Everyone had a blast learning the game on a beautiful Sunday morning. A huge thank you to Anna for assisting with this event.

Then, on July 7, our group enjoyed a gorgeous morning of golf at Lakeview. The weather was once again on our side, and the course was in excellent condition, making for a memorable round.

We want to extend a big thank you to everyone who came out and participated!

We are always open to ideas for the 60+ Collective and especially to energetic folks able to help organizing. Please email us at [60plus@fairviewcommunity.ca](mailto:60plus@fairviewcommunity.ca).

Stay tuned for news on our 2025-2026 winter 60+ Collective activities.



## Back to School Safety

by Alberta Health Services



Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

### Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

### Around School Buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.

- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

### Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

# Understanding Why Some Men Struggle with Emotional Avoidance in Relationships

by Nancy Bergeron, R.Psych. | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

As a relationship counsellor many women ask me: “Why is my partner so emotionally unavailable?” or “Why won’t he open up to me?”. If you’re in a relationship with a man who seems emotionally distant, you’re not alone. Emotional avoidance is incredibly common among men (and women too). While it can feel confusing or painful in a relationship, it’s often rooted in early life experiences and cultural messages, not a lack of love or care.

### 1. Cultural and Social Conditioning

From a young age, many boys are taught to suppress their feelings. Messages like:

“Don’t cry.” “Man up.” “Be strong.” are often used to discourage boys from expressing emotions like sadness, fear, or vulnerability.

Over time, this social conditioning can lead men to associate emotional expression with weakness or failure. Vulnerability feels unsafe. Many men grow up believing they must always appear “in control,” which means avoiding emotions, both their own and others’.

### 2. Early Childhood Attachment Patterns

Many emotionally avoidant men learned, early in life, that emotional needs wouldn’t be met. Perhaps their caregivers were:

Emotionally distant. Critical or punishing when they expressed feelings. Overwhelmed and unavailable themselves.

As a result, these men developed an avoidant attachment style. They learned to cope by shutting down emotional needs, relying only on themselves, and avoiding dependence on others. In adult relationships, this can look like:

Withdrawing during conflict. Struggling to express affection or emotional presence. Feeling overwhelmed when their partner expresses strong emotions.

### 3. Fear of Shame and Vulnerability

Opening up emotionally requires risk. For many men,



emotional intimacy feels like stepping into unknown and possibly dangerous territory. They may fear:

Being judged. Saying the wrong thing. Being seen as “not enough”.

To protect themselves from the possibility of shame or rejection, they pull back emotionally. This doesn’t mean they don’t care. It means their nervous system is trying to protect them.

### 4. Lack of Emotional Awareness or Language

Many men simply haven’t been taught how to identify, name, or communicate their feelings. Emotional intelligence is a skill set, one that needs modelling and practice. Without that early modelling, men may not even recognize what they’re feeling, much less how to express it in a way that feels safe or clear.

This lack of emotional literacy can come across as:

“I don’t know what I’m feeling.” “I’m fine.” (when they’re clearly not). Defensiveness or silence during emotionally charged moments.

### 5. Modelling and Role Expectations

Most men were raised in environments where male role models modelled emotional detachment or stoicism. If their fathers, uncles, or coaches didn’t show emotional vulnerability—or worse, shamed it—they may not have any roadmap for what emotional availability looks like. In adulthood, many men feel emotionally “lost” and unsure how to engage on a deeper level.

### 6. Protective Coping from Past Wounds

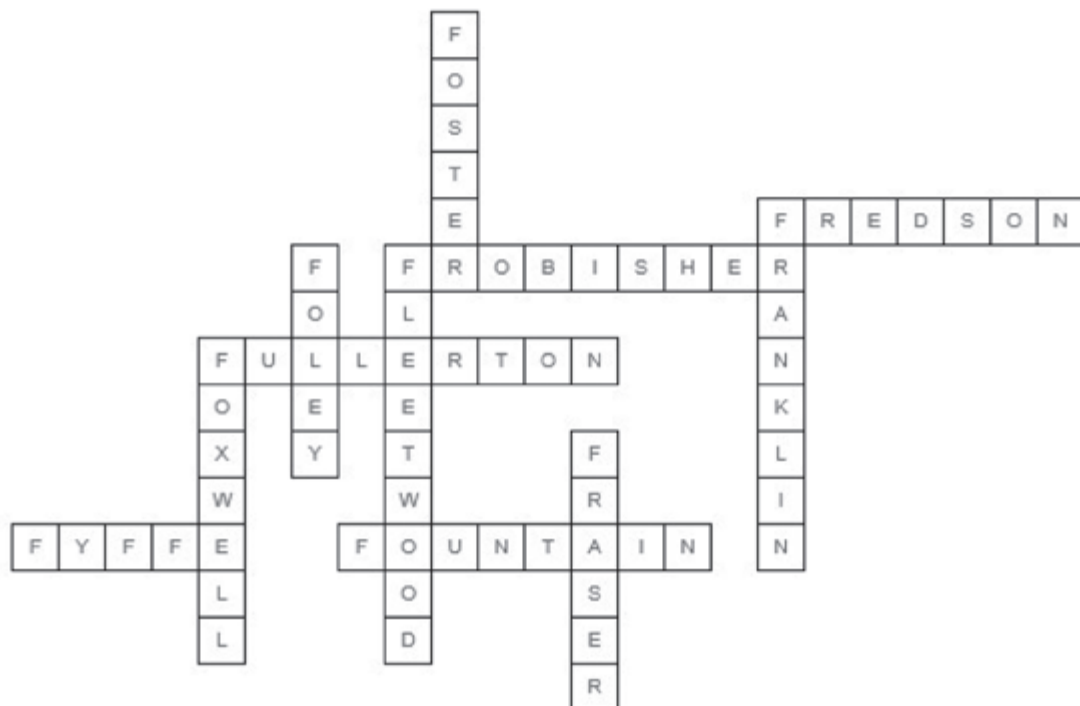
If a man has experienced trauma, betrayal, or loss in the past, emotional avoidance may be a protective strategy. Avoiding closeness can feel like a way to prevent being hurt again. Unfortunately, what once served as protection can eventually become a barrier to healthy connection.

**Book Suggestion:** *The New Rules of Marriage: What You Need to Know to Make Love Work* by Terrance Real.



## Fairview Street Names - Part 2

How well do you know your community?



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Diana Batten

Shadow Minister for Children & Family Services

105, 10333 Southport Road SW, Calgary

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Calgary.acadia@assembly.ab.ca

facebook.com/dianabattenmla

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	2				4			8
				2	6			

SCAN THE QR CODE FOR THE SOLUTION

Happy Autumn, Calgary-Acadia!

As summer winds down and we trade in sandals for sweaters, I wanted to take a moment to reflect on what a truly special season it's been here in the riding of Calgary Acadia.

From the excitement of Stampede to the warmth of local events, this summer has been packed with energy, laughter, and good old Calgary-Acadia spirit. Whether it was chatting over pancakes or karaoke, we felt the heartbeat of our communities.

Our team had the joy of attending many Stampede breakfasts across the riding—early mornings made brighter by stacks of pancakes, sizzling sausages, and lively conversations with all of you. A special shoutout to everyone who joined us for our Caucus Stampede Breakfast in Haysboro—it was a highlight filled with music, laughter, and the kind of community connection that makes Calgary-Acadia feel like family. But it wasn't just about syrup—we've also been out on your doorsteps, connecting with neighbours, hearing your stories, and listening to what matters most to you. Whether you greeted us with gardening gloves on or a curious kid in tow, we're so thankful for the conversations and insight you've shared.

As September approaches, we want to wish students, teachers, and school staff all the best for the new school year. Whether it's a first day of kindergarten, a leap into middle school, or the last lap of high school, we're cheering you on! (And to the parents out there—you've got this. May your coffee be strong and your lunch-packing stress-free!)

Come October, we'll be back in the Legislature, ready to bring your voices to Edmonton and advocate for the issues that matter to you.

Thank you for making this summer one to remember. Let's carry that spirit into the fall—pumpkin spice and all.

With gratitude,

Diana

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