

MAY 2023 • ISSUE 264

DELIVERED MONTHLY TO 6,010 HOUSEHOLDS

# LAKE BONAVISTA BUGLE



THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER



Cover Photo by Tünde Cristea

JAMIE NEWTON  & ASSOCIATES



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- CANADIAN NATURALS
- CRUMPS' FARMINA
- FROMM FRUITABLES' GO!
- HEMP 4 PAWS KONG
- NOW ORIJEN PUPPY LOVE
- PUREBITES REDBARN
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CURB-SIDE PICK UP

## The LBCA Has a New Look!

### The Lake Bonavista Community Association is thrilled to unveil its new brand identity.

Since 1970, the Lake Bonavista Community Association (LBCA) has been a staple in south Calgary, enhancing the lives of Calgarians through a variety of programs, events, and activities. Over the years, the LBCA has welcomed guests from all walks of life for drop-in activities, seasonal programs, hockey games, figure skating, fitness classes, day camps, and more. But, after more than 50+ years in operation, it is time to refresh the brand identity.

“The LBCA is thrilled to launch our new brand identity. The fresh new look reflects a welcoming recreational facility that offers a full spectrum of activities, educational programs, and events,” says General Manager Andrea Waara.

“Our goal is to deliver outstanding customer service that makes the LBCA a standout for enjoyable health and wellness opportunities in Calgary. While the LBCA facility does live in the community of Lake Bonavista, we want to be clear; our programs, events and activities are open to all, and you don’t have to live in Lake Bonavista to participate!”

With this in mind, the LBCA team worked through a series of in-depth workshops with local Brand Strategist and Designer, Brendan Mudryk. With the support of the Board of Directors, a new look was established to represent the organization’s focus on fostering a sense of belonging that continues to make the LBCA a trusted community hub for health and wellness activities while staying true to the grassroots of Lake Bonavista.

So, what’s next? A new logo and tagline!

The LBCA’s existing sailboat and lake logo has been redesigned. The new, inviting look includes fresh, vibrant colours, and shapes representing connection and people coming together.

So, grab your skates, pickleball rackets, or basketball shoes, and drop by the LBCA to “Join the Fun!”





📍 1404 Acadia Drive SE Calgary, AB T2J 4C6

☎ 403-271-7107    ✉ info@thelbca.ca

🌐 www.thelbca.ca

FOLLOW US ON OUR SOCIALS



### Administrative Office Hours

Monday - Friday: 9:00 am - 4:00 pm

#### LBCA STAFF LIST

**General Manager: Andrea Waara**  
andrea.waara@thelbca.ca

**Facility Administrator: Tammy Brennan**  
tammy.brennan@thelbca.ca

**Supervisor; Programs, Events & Safety: Cara Madan**  
cara.madan@thelbca.ca

**Accountant: Kyle Mackee**  
kyle.mackee@thelbca.ca

**Communications Coordinator: Briare Ferguson**  
briare.ferguson@thelbca.ca

**Operations Manager: Devon Marr**  
devon.marr@thelbca.ca

**Operations Coordinator: Justin Baranec**  
justin.baranec@thelbca.ca

**Arena Staff**  
587-229-7880

#### BOARD OF DIRECTORS: 2023-2024

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president@thelbca.ca

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vp@thelbca.ca

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vpfinance@thelbca.ca

**Past President: David Shaw**  
pastpresident@thelbca.ca

**Director at Large: Jane Freeman**  
director1@thelbca.ca

**Director at Large: Caroline Martel**  
director2@thelbca.ca

**Director at Large: Adam Ostopowich**  
director4@thelbca.ca

**Director at Large: Jennifer Bates**  
director5@thelbca.ca

### Lake Bonavista Contacts/Groups

**Lake Bonavista Homeowners Association (The Lake)**  
403-271-3333 | www.lkbonavista.ca

**City of Calgary**  
311 | www.calgary.ca

#### Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)




## SCHOOL DIRECTORY

Andrew Sibbald Elementary  
Bishop Grandin Senior High School  
Canyon Meadows Spanish Academy  
Dr. EP Scarlett High School  
École de la Rose sauvage (French) 10-12  
École de la Source (French) K-9  
Ecole Notre-Dame-De-La-Paix  
École Sam Livingston Elementary School  
École St. Cecilia French Immersion  
Ecole Sainte-Marguerite-Bourgeoys  
Elementary School  
Fairview School  
Lake Bonavista Elementary School  
Lord Beaverbrook High School  
Midnapore Community School  
(bilingual Mandarin)  
Nickle Middle School  
Prince of Wales School  
St. Bonaventure Junior High School  
St. Boniface Elementary School  
St. Philip Fine Arts Elementary School  
Ste-Marguerite-Bourgeoys (S)(French) 7-12  
St. Matthew Elementary/Junior High School  
St. William Elementary School

## CHURCH DIRECTORY

Bonavista Baptist Church  
1507 Acadia Drive SE  
Bonavista Evangelical Missionary Church  
1509 Lake Ontario Drive SE  
Holy Nativity Anglican Church  
12707 Bonaventure Drive SE  
St. Bonaventure Catholic Church  
1600 Acadia Drive SE  
Fish Creek United Church  
77 Deerpoint Road SE  
Your Grace Land  
Delta Calgary South  
Red Deer Lake United Church  
Hwy 22X West  
The Church of Jesus Christ of Latter Day Saints  
14540 Parkland Blvd SE  
McDougall United Church  
8516 Athabasca St. SE  
Lutheran Church of Our Saviour  
8831 Fairmount Dr SE Calgary



# Help Us Find A Cover Photo!

Get your camera out! Sort through your digital photo collection!

The Lake Bonavista Bugle is looking for images to grace our cover for the month of June.

If you think your cover is worthy, then send it in by May 9 and we will put a poll up on Facebook.

If chosen, you will have bragging rights (Yay!) as your photo will appear and be credited with your name for that month!

We are looking for high resolution photos (**300 dpi and 1MB in size**) with the theme being the season, or Lake Bonavista!

The photos could be of scenery, nature, animals, still life, activities. Any photos featuring people will require their written consent to use their likeness/image on our cover. Photos must be a high resolution to allow for print quality. Please submit by May 9.

For information or to submit your entry, please contact [info@thelbca.ca](mailto:info@thelbca.ca).

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# SPRING DROP-IN SCHEDULE

## April 2 - May 26, 2023

Please note: Drop-In check-in is open until 30 minutes before the end time – no admittance to activities in the last 30 minutes.

	Stick & Puck	Leisure Skate	Tumble Time	Pickleball*	Drop-in Gym*
MONDAY	3:30-4:30pm Small Ice			10:45-12:45pm 1:00-3:00pm	
TUESDAY		<b>*NEW TIME*</b> 3:30 - 4:30pm Small Ice	9:30-11:30am Cym	1:15-3:15pm	
WEDS.	12:00-1:15pm Small Ice		9:30-11:30am Cym	1:15-3:15pm	
THURSDAY		10:45-11:45am Large Ice		10:45-12:45pm 1:00-3:00pm	
FRIDAY	1:00-2:00pm Small Ice		9:30-11:30am Cym		2:00-4:00pm* <small>Rotating equipment setup. Dates below.</small>
SATURDAY					
SUNDAY		12:15-1:15pm Small Ice		11:00-1:00pm	

### Equipment Setup Dates\*

Volleyball & Basketball: April 7 & 21, May 5 & 26  
Badminton & Basketball: April 14 & 28, May 12

Office check-in is required for ALL Drop-in programs prior to participation.  
Online sign-up is required for ALL Pickleball sessions.



**NO PICKLEBALL PM SESSIONS ON MAY 16, 17 & 18**



# LBCA

# SUMMER CAMPS

**YOUNG REMBRANDTS: WILD WEST (AGES 6 - 12)**

July 4 - 7, 2023, 9:00 am - 12:00 pm

\$160 LBCA MEMBERS | \$180 NON MEMBERS

**YOUNG REMBRANDTS: CARTOONS IN SPACE (AGES 6 - 12)**

July 10 - 14, 2023, 1:00 - 4:00 pm

\$200 LBCA MEMBERS | \$220 NON MEMBERS

**ENGINEERING FOR KIDS: JR. HARDWARE ENGINEERING (AGES 4 - 7)**

July 24 - 28, 2023, 1:00 - 4:00 pm

\$210 LBCA MEMBERS | \$230 NON MEMBERS

**ENGINEERING FOR KIDS: APPRENTICE ENGINEERS (AGES 8 - 12)**

July 31 - Aug 4, 2023, 9:00 am - 4:00 pm

\$360 LBCA MEMBERS | \$380 NON MEMBERS

**ENGINEERING FOR KIDS: 3D MODELLING & PRINTING (AGES 8 - 12)**

July 31 - Aug 4, 2023, 9:00 am - 12:00 pm

\$210 LBCA MEMBERS | \$230 NON MEMBERS

**ENGINEERING FOR KIDS: APP DEVELOPMENT (AGES 8 - 12)**

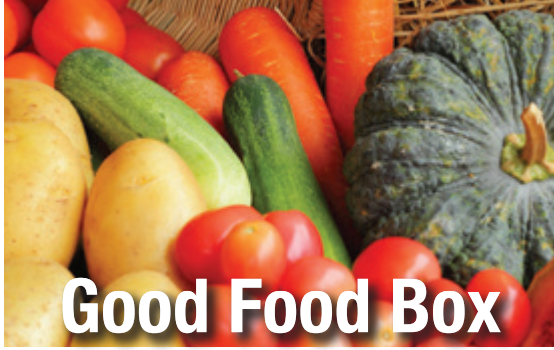
July 31 - Aug 4, 2023, 1:00 - 4:00 pm

\$210 LBCA MEMBERS | \$230 NON MEMBERS



[WWW.THELBCA.CA](http://WWW.THELBCA.CA)





# Good Food Box

The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on Order Date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on Pickup Date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

## Pricing and Sizes

**Small :** \$25 for 20 to 25lbs

**Medium:** \$30 for 30 to 35lbs

**Large:** \$35 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pick Up Date (Wednesdays 12:00 to 4:00 pm)
May 22	May 31
June 12	June 21
August 14	August 23

\*Please note there is no Good Food Box in July.

For more information, please visit our website at [www.thelbca.ca/good-food-box/](http://www.thelbca.ca/good-food-box/).



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## SAME DAY FACILITY BOOKINGS

FOR LBCA MEMBERS

October 3, 2022 - June 30, 2023

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- Gymnasium
- Multi-Purpose Room
- Small and Large Ice
- Fitness Facility

Booking requests are accepted over the phone or in the office only. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum, two hours maximum.

CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)

# Bonavista Cares

In late 2015, a group of families in Lake Bonavista joined together with the idea to help families, neighbours and other communities in need. Bonavista cares continues to grow as residents of all ages participate in projects that make a positive impact on others. The time commitment is low and the rewards are great!

Join us, or contact us for more information.

Everyone is welcome!

Email [bonavistacares@gmail.com](mailto:bonavistacares@gmail.com) or

LAKE BONAVISTA | MAY 2023 11

# FRIENDS *of* Fish Creek



## May in Fish Creek

### Fish Creek Community Terrace - Reserve Your Brick Before June 1

Dedicate a brick within the Fish Creek Community Terrace to help support the Friends and our conservation efforts here in Fish Creek Provincial Park. A brick would also make an amazing gift for anyone you know who enjoys visiting this unique and ecologically diverse urban park. If you have a small business near the park, consider dedicating a brick for your company. Bricks are only \$250 each and you will receive a tax receipt for your contribution. There are limited spaces available in the Fish Creek Community Terrace so make sure to dedicate your brick today! For more information, please contact the Friends of Fish Creek or visit <https://friendsoffishcreek.org/programs/brick>.

### WestJet Gift of Flight

From May to July, the Friends of Fish Creek are offering you The Gift of Flight from WestJet. Win a round trip flight for two to anywhere WestJet flies! Pick up your tickets today and enjoy this amazing opportunity to see a new part of the world or return to a favourite place. All funds raised will support the Friends and our conservation efforts here in Fish Creek. Fish Creek Provincial Park enhances the quality of life for countless community members each day, and we are committed to protecting and preserving its sensitive ecosystems and biodiversity so that future generations can enjoy this park long into the future. Enter to win one round trip flight for two guests to any regularly scheduled and marketed WestJet destination! No cash value. Fees, taxes, surcharges not included. Blackout dates and restrictions apply. Tickets are 1 for \$10, 5 for \$20, 50 for \$25, or go all in and get 100 tickets for \$100! Contest closes July 3, 2023. All tickets are sold electronically. All bookings and travel must be completed within one year from the date of the event. For more info visit <https://friendsoffishcreek.org/programs/flight>.

### The Buzz on Calgary Bumble Bees Thursday, May 11, 7:00 to 8:30 pm

### Presented by Syd Cannings, Biologist, Canadian Wildlife Service, Prairie Region Environment and Climate Change Canada

Bumble bee populations pose a conservation concern these days, and several species from the Calgary area have been assessed as at risk by the Committee on the Status of Endangered Wildlife in Canada. This talk will provide an introduction to bumble bees and their basic biology, examine bees whose numbers have declined, the reasons for the decline, and what we can do about the situation. Syd Cannings is a Species at Risk Biologist with the Canadian Wildlife Service in Whitehorse, Yukon. He is a member of COSEWIC, the Committee on the Status of Endangered Wildlife in Canada, and has led the development of the national recovery strategies and management plans for four species of bumble bees. He has also written several books, including *British Columbia: A Natural History*, and *The New BC Roadside Naturalist*. To register, visit <https://friendsoffishcreek.org/event/buzz>.

### Friends of Fish Creek - Annual General Meeting Wednesday, May 24, 2023

7:00 to 8:30 pm

Registration opens at 6:30 pm

### Fish Creek Environmental Learning Centre, Shannon Terrace

The Friends would like to thank all our members, volunteers, donors, community partners, and other supporters for helping to make 2022 a truly memorable year. The Annual General Meeting presents an opportunity to meet with Friends staff, board of directors, members, and volunteers as well as learn about the year that has come to a close and hear about our exciting plans for 2023 already underway. At this year's AGM, we will bid a fond farewell to some of our board members and welcome new volunteers to our board of directors. This event is free to all community members, however only current 2023 members are eligible to vote. To register or for more information, please visit <https://friendsoffishcreek.org/event/aggm>.



# The Calgary Area Hippie Gardener's Annual Plant Sale!!



Lake Bonavista Community Centre  
Saturday, May 6, 2023 9 am- noon

Tomatoes, peppers, and leeks, plus many other veggies. House plant cuttings, unique and native perennials, flower seedlings.

Plus: Wooden planters, garden art and decor.

<https://fb.me/e/2zulYYrDQ?mibextid=N4tvPT>



# Lake Bonavista Figure Skating Club

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President	Jacqueline West	<a href="mailto:president@lbfsc.ca">president@lbfsc.ca</a>
Vice-President	Vacant	<a href="mailto:vicepresident@lbfsc.ca">vicepresident@lbfsc.ca</a>
Secretary	Vacant	<a href="mailto:secretary@lbfsc.ca">secretary@lbfsc.ca</a>
Treasurer	Patti Graham	<a href="mailto:treasurer@lbfsc.ca">treasurer@lbfsc.ca</a>
STARSkate Chair	Irene Liew	<a href="mailto:starskate@lbfsc.ca">starskate@lbfsc.ca</a>
Rink Chair	Simone Saeger	<a href="mailto:rinkchair@lbfsc.ca">rinkchair@lbfsc.ca</a>
CanSkate Chair	Courtney Topolay	<a href="mailto:canskate@lbfsc.ca">canskate@lbfsc.ca</a>
Assessment Coordinator	Menka Bhojane	<a href="mailto:testchair@lbfsc.ca">testchair@lbfsc.ca</a>
Events Chair	Trish Power	<a href="mailto:events@lbfsc.ca">events@lbfsc.ca</a>
Fundraising Chair	Christie Magda	<a href="mailto:fundraising@lbfsc.ca">fundraising@lbfsc.ca</a>
Volunteer Coordinator	Paulette Hayman	<a href="mailto:volunteer@lbfsc.ca">volunteer@lbfsc.ca</a>
Casino Chair	Vacant	<a href="mailto:casino@lbfsc.ca">casino@lbfsc.ca</a>
Communications Chair	Irene Liew	<a href="mailto:communications@lbfsc.ca">communications@lbfsc.ca</a>



## Other Programs/Sport Contacts

Bow River South Basketball Association	<a href="http://www.bowriverbasketball.com">www.bowriverbasketball.com</a>
Calgary Fellowship of the Sword	<a href="http://http://calgarysword.ca/contacts-and-links.php">http://calgarysword.ca/contacts-and-links.php</a>
Calgary Kyokushin Karate	<a href="mailto:calgarykyokushinkarate@shaw.ca">calgarykyokushinkarate@shaw.ca</a>
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Cutting Edge Kung Fu	<a href="http://www.facebook.com/CuttingEdgeKungFu/">www.facebook.com/CuttingEdgeKungFu/</a>
Devotion Danceworks	<a href="http://www.devotiondanceworks.com">www.devotiondanceworks.com</a>
Fencing Calgary	<a href="http://www.fencingcalgary.com">www.fencingcalgary.com</a>
FLC Seniors Club	<a href="http://www.flcseniors.ca">www.flcseniors.ca</a>
Girl Guides of Canada	<a href="http://www.calgarygirlguides.com">www.calgarygirlguides.com</a>
Girls Hockey Calgary Association	<a href="http://www.girlshockeycalgary.ca">www.girlshockeycalgary.ca</a>
Idiom Expressions Baton Club	<a href="mailto:idiom.expressions@live.ca">idiom.expressions@live.ca</a>
Knights Hockey Club	<a href="http://www.knightshc.ca">www.knightshc.ca</a>
Lake Bonavista Adult Badminton	403-248-8530
Lake Bonavista Curling Club	403-271-8383
Rising Sun Kung Fu	<a href="http://www.risingsunkungfu.ca">www.risingsunkungfu.ca</a>
Scouts Canada	<a href="http://www.scouts.ca">www.scouts.ca</a>
Stryker Sports	<a href="http://www.strykersports.ca">www.strykersports.ca</a>
Take Off Pounds Sensibly (TOPS)	<a href="http://www.tops.org">www.tops.org</a>
Wee Wonder Daycare	<a href="http://www.weewonder.ca">www.weewonder.ca</a>



## Check us out at [www.thelbca.ca](http://www.thelbca.ca)

Go to this website for all the Lake Bonavista community events, registration information, community newsletter, program updates and LBCA Board of Director news.

## Window and Balcony Safety

from Alberta Health Services



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.

- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

### Further Prevention Tips

- Toddlers and preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window can open to a maximum of 10cm (4 inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.
- EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

### CHECKLIST

**9 PM  
ROUTINE**



CALGARY  
POLICE  
SERVICE

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



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# ----- DMC CONSTRUCTION -----

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...I know it is hard to believe, but these are pictures before and after!!!



Greetings Lake Bonavista Community!!!

We are happy to present our latest exterior transformation in the area.

“Night Gray” James Hardie siding and shakes with “Arctic White” trims gave this house a beautiful look!

Natural “Rundle Rock” from great Canadian Rocky Mountains in Canmore finished perfectly with slightly tapered pillars!

Tongue and groove pre-stained soffit added a little hint of modern!

We could not be happier with the final look of this home!



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**YOUR CITY OF CALGARY**

## Celebrate Neighbour Day 2023

from the City of Calgary



Join with your neighbours for the 10th annual Neighbour Day on June 17. Celebrate your community spirit and neighbourly kindness by having a block party or BBQ, organizing a cleanup, decorating your yard, gathering with neighbours for a fun sport activity, games, or kids' crafts, or make up your own way to meet your neighbours and build community togetherness.

Neighbour Day started in June 2014 to celebrate the incredible outpouring of support and generosity of neighbours following the 2013 Calgary floods. Each year on the third Saturday in June, we continue to celebrate one of the things that makes Calgary such a great city — our strong and caring communities.

To help you celebrate on June 17, The City of Calgary is providing resources and support for residents to organize activities with neighbours, including waiving the fees for block party and greenspace permits. The permit application deadline is May 28. You can also request a visit from Mayor Gondek, your area Councillor, a police officer, or a fire truck. Visit [calgary.ca/NeighbourDay](http://calgary.ca/NeighbourDay) to learn more.

### How to BEE a Community Scientist

Help us document the different pollinators in Calgary!

- 1 Go to [inaturalist.ca](http://inaturalist.ca) or download the app.
- 2 Take 2 clear photos of an insect and 1-2 photos of the plant/flower that it is visiting.
- 3 Upload your photos to iNaturalist and add your insect observations to the Calgary Pollinators Project.



sustain@ucalgary.ca

@dollecology



## Crime Prevention Dashboard

### WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:  
Emergency: 911  
Non-emergency: 403-266-1234

### WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

### ONLINE REPORTING

<http://www.calgary.ca/cps/Pages/Report-a-crime.aspx>  
These reports are not reviewed in real time.

### REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

### REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

### 9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

#### The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

### SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.

TALK: 1-800-222-8477

TEXT: tttTIPS to 274637

ONLINE: <http://tttips.com/home>

Please note that not all tips submitted to Crime Stoppers are investigated.

### SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.

Please note if you want to remain anonymous, you must submit your information to [www.Crimestoppers.org](http://www.Crimestoppers.org)

### REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.

Include the location; description of the object the graffiti is on and a photo of the graffiti.

### ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.

<https://www.emergencyalert.alberta.ca/content/about/signup.html>

### 511 ALBERTA WEBSITE AND APP

Please visit <https://511.alberta.ca/> and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. <https://511.alberta.ca/map>

### ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234



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## GAMES & PUZZLES

### Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



**SCAN THE QR CODE  
FOR THE ANSWERS!**



### Stay Safe! Course

June 17th  
9:30 am - 2:30 pm

The Stay Safe Course teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve his or her own safety.

They will be tools to Stay Safe in a variety of different situations as well as learn basic first aid.

\$70 Non-Members  
\$60 LBCA Members

Register: [www.thelbca.ca](http://www.thelbca.ca)





# COMMUNITY CLEAN UP

**Saturday, May 27th | 9:00 am – 2:00 pm**  
**1401 Acadia Drive S.E.**



## IT'S TIME FOR SPRING CLEANING!

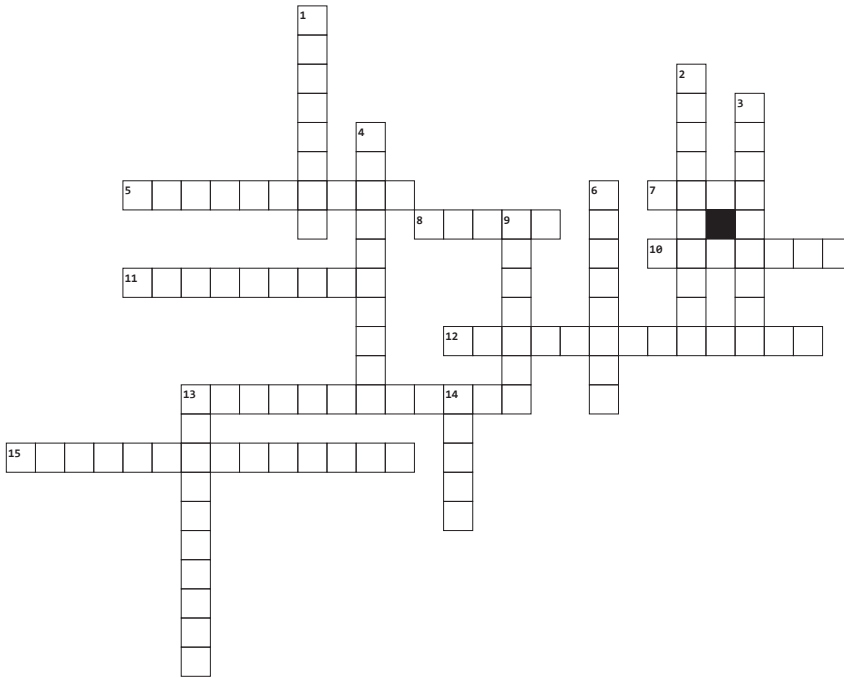
Save a trip to the landfill and dispose of unwanted items that don't fit in your waste and recycling bins.

See a list of accepted and prohibited materials on our website.

**[WWW.THELBCA.CA](http://WWW.THELBCA.CA)**



# May Crossword Puzzle



## Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World \_\_\_\_\_ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

## Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved \_\_\_\_\_'s theory of general relativity.
9. Canada's first \_\_\_\_\_ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of \_\_\_\_\_ was taken.

SCAN THE QR CODE FOR  
THE ANSWER KEY



# Gallery



by Tünde Cristea



by Tünde Cristea



by Tünde Cristea



by Tünde Cristea



by Douglas Glove



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- Drop-In Discounts and Pass Perks

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<b>DROP-IN PASSES</b> <i>Includes Pickleball, Open Gym &amp; Tumble Time.</i>	<b>LBCA MEMBER</b>	<b>NON-MEMBER</b>
1x Drop-In Pass	\$5.00	\$6.00
Family Drop-In Pass <i>2 adults and up to 4 kids.</i>	\$12.00	\$15.00
5x Passes	\$25.00	\$30.00
10x Passes -- Get 1 Free! <i>LBCA Members only.</i>	\$45.00	×
25x Passes -- Get 3 Free! <i>LBCA Members only.</i>	\$110.00	×

**Drop-In Activities: Pickleball, Open Gym and Tumble Time.**

**Sign in at the LBCA office and get your wristband!**





## Mother's Day Tea and Market!

What better way to celebrate Mother's Day than with a fancy tea party and shopping! Join us at LBV as our favourite vendors set up for a sale and we host you with some delicious teas and desserts.

**Saturday, May 6th @ 1:00-3:00pm**

## Tai Chi for National Senior Health & Fitness Day!

Tai Chi is an "internal" martial art that originated in China centuries ago. With limited equipment, participants can experience increased strength, improved mobility, better flexibility and stronger immunity. Join us for this purposeful and meditative class!

**Thursday, May 25th @ 2:00pm**



Please call to reserve your space today! Seats are limited. If you have any questions or would like to book a tour, please call Jan or Shannon at

**403-258-1849**

Scan the QR code to browse our website.



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## Spring Cleaning?

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& CHAIRS



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**Saturday, May 27 | 1401 Acadia Drive SE**  
**9:00 am - 2:00 pm**

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**LAKE BONAVIDA MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

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**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 19 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email [marcinj09@gmail.com](mailto:marcinj09@gmail.com).

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*continued on next page*

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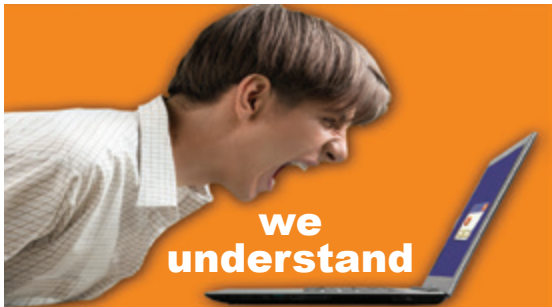
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