

JUNE 2024 • ISSUE 277

DELIVERED MONTHLY TO 6,175 HOUSEHOLDS

LAKE BONAVISTA BUGLE



THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER



**LBCA PRE-STAMPEDE
BREAKFAST**

JUNE 23

JAMIE NEWTON 
— & ASSOCIATES



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Southcentre Mall
Suite 126A, 100 Anderson Rd SE

Book an Appointment
(403) 269-8308

Tues, Wed, Thur: 8:30 am - 4:30 pm
Monday by appointment only.

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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

LAKE BONAVISTA



BONAVISTA DOWNS



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Owner/Operator

Join us!

 **St. Boniface School**
927 Lake Sylvan Drive SE

ONGOING Registration for September 2024

- Kindergarten to Grade 6
- Hockey Canada Skills Academy (Gr. 4-6) 
- Before & After School Care available onsite

Please call 403-500-2060 today to discuss
registering your child today.



**MUSICAL
DISCOVERIES**

Music & Movement Classes

For Child(1-4yrs) & Caregiver
Two Sessions Available
Tuesdays, 9:15am-10:00am or 10:15-11:00am
June 4th-June 25th (4 weeks)

Our program introduces music to little ones in a fun and exciting manner. We sing, explore many different instruments, do rhythmic marching, drumming and more! It is a wonderful time to bond with your little one while teaching them the fundamentals.

LBCA Member \$50
Non-Member \$70



SCHOOL DIRECTORY

Andrew Sibbald Elementary
Canyon Meadows Spanish Academy
Dr. EP Scarlett High School
École de la Rose sauvage (French) 10-12
École de la Source (French) K-9
Ecole Notre-Dame-De-La-Paix
École Sam Livingston Elementary School
École St. Cecilia French Immersion
Ecole Sainte-Marguerite-Bourgeoys
Elementary School
Fairview School
Lake Bonavista Elementary School
Lord Beaverbrook High School
Midnapore Community School
(bilingual Mandarin)
Nickle Middle School
Our Lady of the Rockies High School
Prince of Wales School
St. Bonaventure Junior High School
St. Boniface Elementary School
St. Philip Fine Arts Elementary School
Ste-Marguerite-Bourgeoys (S)(French) 7-12
St. Matthew Elementary/Junior High School
St. William Elementary School

CHURCH DIRECTORY

Bonavista Baptist Church
1507 Acadia Drive SE
Bonavista Evangelical Missionary Church
1509 Lake Ontario Drive SE
Holy Nativity Anglican Church
12707 Bonaventure Drive SE
St. Bonaventure Catholic Church
1600 Acadia Drive SE
Fish Creek United Church
77 Deerpoint Road SE
Your Grace Land
Delta Calgary South
Red Deer Lake United Church
Hwy 22X West
The Church of Jesus Christ of Latter Day Saints
14540 Parkland Blvd SE
McDougall United Church
8516 Athabasca St. SE
Lutheran Church of Our Saviour
8831 Fairmount Dr SE Calgary



NOTICE: the admin office will be closed for renovations July 2-26th. Office staff are available by phone and/or email.

📍 1404 Acadia Drive SE Calgary, AB T2J 4C6
 📞 403-271-7107 ✉️ info@thelbca.ca
 🌐 www.thelbca.ca

FOLLOW US ON OUR SOCIALS



Administrative Office Hours
 Monday - Friday: 9:00 am - 4:00 pm

LBCA STAFF
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Arena Staff 587-229-7880

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Director at Large: Alex Retfalvi directorAR@thelbca.ca

Lake Bonavista Contacts/Groups

Lake Bonavista Homeowners Association (The Lake)
 403-271-3333 | www.lkbonavista.ca

City of Calgary
 311 | www.calgary.ca

Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)





2024/2025 DROP-IN RATES

	1x Drop-In Pass	5x Drop-In Passes	10x Drop-In Passes	25x Drop-In Passes
YOUTH MEMBER	\$5.00	25.00	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
YOUTH NON-MEMBER	\$5.00	25.00	X	X
ADULT MEMBER	\$5.00	\$25.00	\$45.00 Get 1 Free!	\$110.00 Get 3 Free!
ADULT NON-MEMBER	\$7.00	\$35.00	X	X

MEMBERSHIP RATES

ONLY \$40
PER HOUSEHOLD
\$30 SENIORS HOUSEHOLD

- Sign in at the office & get your wristband.
- No admittance to activities in the last 30 minutes.
- Drop-In Activities: Pickleball, Open Gym, Public Skate & Tumble Time.

MEMBERSHIPS VALID JULY 1/24 - JUNE 30/25
PUNCH PASSES VALID SEPT. 1/25 - MAY 16/25

MEMBER BENEFITS

- Free Leisure Skate
- Free Stick & Puck Drop-In
- 20% Off Same Day Facility Bookings
- 20% Off Birthday Parties
- LBCA Program Discounts
- Drop-In Discounts
- Drop-in Pass Perks



MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$12,679

SALE \$8,379

Limited Supplies

ULTIMATE SUPREME

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$14,679

SALE \$9,879

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LBCA SOCCER CAMP



June 2-5

6-8 yrs

9am-12pm

\$150 M/\$170 NM

July 22-26

9-12 yrs

9am-12pm

\$175 M/ \$195 NM

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LBCA
Join the fun!
FATHER'S DAY
BIRDHOUSE BUILDING
WORKSHOP
JUNE 11TH
6:00PM-8:00PM



Come for a fun night out with Dad and build a birdhouse to take home!
"Calgary's Birdman", Andrew Stiles, will teach you about the type of birds that will want to live in this style of birdhouse and more!



Engineering For Kids Summer Camps

Apprentice Engineering Full Day & Half Day 8-13yrs

July 22nd-28th, 2024 | Ages 4 - 8 years | 5 Sessions
AM: Game Design with MakeCode Arcade
PM: Mechatronics and Sphero Robotics

Junior Engineers Full Day & Half Day 5-7yrs

AUGUST 12th-16th | Ages 5-7 years | 5 Sessions
AM: Junior STEAM Camp, Arts and Sports
PM: Junior Robotics and Programming with Edison & Ozobots

Learn more & Register: thelbca.ca





Good Food Box

The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on order date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on pickup date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

Pricing and Sizes

Small : \$30 for 20 to 25lbs

Medium: \$35 for 30 to 35lbs

Large: \$40 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pick Up Date (Wednesdays 12:00 to 4:00 pm)
June 17	June 26
No Good Food Box in July	
August 19	August 28
September 16	September 25
October 14	October 23
November 11	November 20
December 2	December 11

For more information, please visit our website at www.thelbca.ca/good-food-box/.

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COMMUNITY CLEAN UP NOTICE



Regrettably, there will *NOT* be a
Lake Bonavista Community Clean Up
this year.

We apologize for any inconvenience.

Local Community Clean Up alternatives:

Willow Ridge Community Association: July 20, 9am-2pm

Deer Run Community Centre: September 21, 9am-2pm

**VISIT CALGARY.CA
FOR MORE INFORMATION**



MUSICAL DISCOVERIES

Music & Movement Summer Camps

Does your child love music?!
Join us at the Bonavista Community Centre
for an Intro To Music Class!
Using various instruments
children will learn the fundamentals of music.
A great opportunity for children
in music lessons already, or, just getting started.

Half Day, Unparented Camps AM or PM
July 15-19, August 6-9
Ages 4-6 years



Scan the QR Code for more
information and registration,
or visit our website at www.thebca.ca.





 **LBCA**

PRE-STAMPEDE

Breakfast

SUNDAY, JUNE 23, 9AM-11AM



CALGARY STAMPEDE CARAVAN PANCAKE BREAKFAST
with extra grills this year to reduce your wait time!

Live Music ~ Line Dancing ~ Face Painting ~ Balloon Art
Bouncy Castles ~ Mini Donut Truck ~ Petting Zoo
***NEW* Stampede Market!**

**Please note: if the weather does not cooperate,
breakfast will be served in the gymnasium,
and all outdoor activities will be cancelled.**



FREE!
**BRING A FOOD
BANK DONATION!**





Lake Bonavista Figure Skating Club

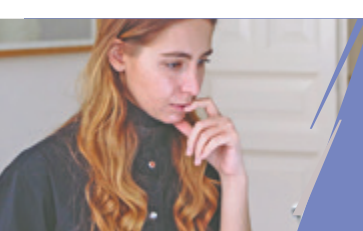
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President	Irene Liew	president@lbfsc.ca
Vice-President	Susan Measor	vicepresident@lbfsc.ca
Secretary	Danielle Bertsch	secretary@lbfsc.ca
Treasurer	Elaine Little	treasurer@lbfsc.ca
STARSkate Chair	Simone Saeger	starskate@lbfsc.ca
Rink Chair	Irene Liew	rinkchair@lbfsc.ca
CanSkate Chair	Courtney Topolay	canskate@lbfsc.ca
Assessment Coordinator	Elaine Little	testchair@lbfsc.ca
Events Chair	Trish Power	events@lbfsc.ca
Fundraising Chair	Christie Magda	fundraising@lbfsc.ca
Volunteer Coordinator	Paulette Hayman	volunteer@lbfsc.ca
Casino Chair	Danielle Bertsch	casino@lbfsc.ca
Communications Chair	Irene Liew	communications@lbfsc.ca



Other Programs/Sport Contacts

Bow River South Basketball Association	www.bowriverbasketball.com
Calgary Fellowship of the Sword	http://calgarysword.ca/contacts-and-links.php
Calgary Kyokushin Karate	calgarykyokushinkarate@shaw.ca
Calgary Sport and Social Club	www.calgarysportsclub.com
CMBA	www.cmba.ab.ca
Cutting Edge Kung Fu	www.facebook.com/CuttingEdgeKungFu/
Devotion Danceworks	www.devotiondanceworks.com
Fencing Calgary	www.fencingcalgary.com
FLC Seniors Club	www.flcseniors.ca
Girl Guides of Canada	www.calgarygirlguides.com
Girls Hockey Calgary Association	www.girlshockeycalgary.ca
Heiben Martial Arts	www.hmasystem.com
Knights Hockey Club	www.knightshc.ca
Lake Bonavista Adult Badminton	403-248-8530
Scouts Canada	www.scouts.ca
Stryker Sports	www.strykersports.ca
Take Off Pounds Sensibly (TOPS)	www.tops.org
Wee Wonder Daycare	www.weewonder.ca



Check us out at www.thelbca.ca

Go to this website for all the Lake Bonavista community events, registration information, community newsletter, program updates and LBCA Board of Director news.



No matter how much you sweat, we can get the stink out!

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



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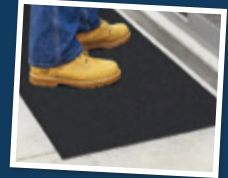
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				4				
8	5	3						
	1	2	3					9
				9			8	
	8		1	7				6

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 - Dental implants
- Emergency dental care



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 - Invisalign
 - Wisdom Teeth
 - Periodontics
- Conscious sedatives & dental anxiety



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Hours of Operation

Monday:	8AM - 3PM
Tuesday:	8AM - 3PM
Wednesday:	8AM - 7PM
Thursday:	8AM - 3PM
Friday:	8AM - 3PM
Saturday:	8AM - 2PM

Joke of the Month

What do you get from a pampered cow?

Spoiled milk.



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Crime Prevention Dashboard

WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:

Emergency: 911

Non-emergency: 403-266-1234

WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

ONLINE REPORTING

<http://www.calgary.ca/cps/Pages/Report-a-crime.aspx>

These reports are not reviewed in real time.

REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.

TALK: 1-800-222-8477

TEXT: ttTIPS to 274637

ONLINE: <http://tttips.com/home>

Please note that not all tips submitted to Crime Stoppers are investigated.

SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.

Please note if you want to remain anonymous, you must submit your information to www.Crimestoppers.org

REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.

Include the location; description of the object the graffiti is on and a photo of the graffiti.

ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.

<https://www.emergencyalert.alberta.ca/content/about/signup.html>

511 ALBERTA WEBSITE AND APP

Please visit <https://511.alberta.ca/> and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. <https://511.alberta.ca/map>

ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234

----- DMC CONSTRUCTION -----

STUCCO-SIDING-STONE-DECKS-SOFFITS/FASCIA-AND MORE



Greetings Lake Bonavista Community!

We are happy to present another beautiful exterior transformation done in 2023!

"Arctic White" James Hardie siding together with natural cedar beams and dark soffits gave this home a new outstanding look!

We know the world is full of choices...

THANK YOU FOR CHOOSING US!



--- CALL US TODAY FOR A FREE ESTIMATE! ---

403-477-8711

GAMES & PUZZLES

Guess That Artist!

1. Born on May 11, 1904, in Spain, this artist is probably best known for their work titled "The Persistence of Memory".
2. This Italian artist is often called the founder of the High Renaissance, and identified as one of the greatest painters of Western art.
3. Born in 1853, this artist famously cut off his left ear.
4. This artist is one of the most famous American visual artists for his pop art pieces.
5. Based in England, this street artist and political activist is well known across North America, with one of their popular artworks titled "Balloon Girl".
6. This Spanish painter and sculptor is best known for his cubism and surrealism.



SCAN THE QR CODE FOR THE ANSWERS!

COMMUNITY RESOURCES

SCAN ME

Scan the QR code for information on traffic concerns, city of Calgary events, crime statistics, development permits and more.

A green and blue sign with the LBCA logo at the top. The sign has an orange banner that says "COMMUNITY RESOURCES". Below that, the words "SCAN ME" are written in large white letters. To the right of "SCAN ME" is a QR code. Below the QR code is a dark blue box with white text that says "Scan the QR code for information on traffic concerns, city of Calgary events, crime statistics, development permits and more."

GET NOTICED

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Call 403-720-0762 | sales@greatnewsmedia.ca

A 3D illustration of a golf club head and a golf ball on a tee, set against a blue background.

SCAN ME

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

A blue advertisement for Great News Media. It features the text "GET NOTICED" in large white letters. Below that, it says "ACQUIRE AND RETAIN NEW CUSTOMERS. Your Ad Geofenced Precisely in Your Target Market on our Carefully Selected Network of Premium Sites. Call 403-720-0762 | sales@greatnewsmedia.ca". There is an illustration of a golf club and a golf ball. A QR code is present with the text "SCAN ME" below it. At the bottom, it says "GREAT NEWS MEDIA LEADERS IN COMMUNITY FOCUSED MARKETING".

SAME DAY FACILITY BOOKINGS

LBCA MEMBERS
RECEIVE 20% OFF BOOKINGS ALL YEAR ROUND!

- ✓ Gymnasium
- ✓ Multi-Purpose Room
- ✓ Small and Large Ice
- ✓ Fitness Facility

Booking requests are accepted over the phone or in the office only. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum, two hours maximum.

CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)

A dark blue advertisement for LBCA. It features the LBCA logo at the top. The main text says "SAME DAY FACILITY BOOKINGS". Below that, it says "LBCA MEMBERS RECEIVE 20% OFF BOOKINGS ALL YEAR ROUND!". There is a large blue circle with "20% OFF" in white. Below that is a list of facilities: Gymnasium, Multi-Purpose Room, Small and Large Ice, and Fitness Facility, each with a checkmark. At the bottom, it says "Booking requests are accepted over the phone or in the office only. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum, two hours maximum." and "CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)".



MLA Calgary - Fish Creek

Myles McDougall

7 – 1215 Lake Sylvan Drive SE

📞 403-278-4444

✉️ Calgary.FishCreek@assembly.ab.ca

📧 @MylesYYC | 📷 MLAFishCreek

The 31st legislative session has come to a close, and I'm eager to dedicate more time to our constituency this summer. Please join me for the first Annual Stampede BBQ on Saturday, July 6, from 11:00 am to 2:00 pm at the Bonavista Downs community hall. It promises to be a delightful, family-friendly affair, welcoming both furry friends and our esteemed Premier Smith along with other Ministers and MLAs for a potential visit. Enjoy fantastic fare from Spolumbos, lively music, and the opportunity to connect with various community associations showcasing their initiatives. I extend a warm invitation to all constituents of Calgary-Fish Creek to attend!

Alberta Releases Drought Response Plan

I am pleased to share that Alberta's new 2024 Drought Response Plan has been released and will help guide the province through any and all drought conditions. This is a plan covering everything from conservation plans and water-sharing agreements to declaring an emergency and prioritizing water for human health and safety. It will help ensure that Albertans, communities, farmers, ranchers, and businesses get the support they need, whatever the weather.

Drought conditions can change rapidly and impact different areas in very different ways. The Drought Response Plan outlines:

- The five stages of Alberta's drought response.
- The roles and responsibilities of partners, including government, to help everyone collaborate and communicate.
- The regulatory and non-regulatory approaches and tools that may be used in various drought conditions.
- How and when emergencies would be declared, with recognition that declaring an emergency is used as a last resort.

More information can be found at www.alberta.ca/drought-what-government-is-doing#jumplinks-2.

Looking forward to seeing you all at my Stampede BBQ!

If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.



Councillor, Ward 14

Peter Demong

📞 403-268-1653

✉️ eaward14@calgary.ca

🌐 www.calgary.ca/ward14

Greetings Ward 14!

The days are as long as they can be. There is lots of time to go outside and enjoy this beautiful city. To start off this month, I will show you some tips on gardening, and water usage. I will remind you that it is tax bill time and show you where to sign up to pay in installments. There will be information about Neighbour Day, Canada Day, a podcast you might like, and much more. Of course, to get this information you will need to visit calgary.ca/ward14 for the full June column.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14 for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,

Councillor Peter Demong

www.kilbco.com

CONCRETE SEALING

Kilbco offers **concrete** resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

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Stephanie Kusie**
204 – 279 Midpark Way SE
Calgary, AB T2X 1M2
📞 403-225-3480 📠 403-255-3504
✉️ stephanie.kusie.c1@parl.gc.ca
🌐 stephaniekusiemp.ca

Dear Constituents,

The warm weather has finally arrived and school is nearly out for many students across Calgary Midnapore. To the class of 2024 – congratulations! Whether you're planning for university, traveling, or moving directly into the workforce, I know you will go on to do incredible things and make our community of Calgary Midnapore proud!

Later this month, Parliament will rise for the summer and MPs will return to our communities to meet with constituents, attend events, and, for Calgary MPs like me, see our city come to life during the greatest outdoor show on earth!

Under the leadership of Pierre Poilievre, my Conservative colleagues have been hard at work standing up for Canadians and holding the government to account. Rest assured, we will not take our foot off the gas and will continue advocating for the best interests of all Canadians.

I'd also like to take a moment to recognize the 80th anniversary of D-Day. On June 6, 1944, 14,000 brave Canadian soldiers stormed Juno Beach and put their lives on the line so we could live in peace today. As we mark 80 years since the Allies turned the tide in the Second World War, I encourage all constituents to thank those currently serving our great country and remember all who have sacrificed for us in the past. Let's not forget.

To stay up to date on the work I'm doing on your behalf, please sign up for my monthly e-newsletter. You can do so online at StephanieKusieMP.ca. Another way to keep engaged is through my social media - @StephanieKusiePoitician (Facebook), @StephanieKusie (X and Instagram), @StephanieKusieMP (YouTube).

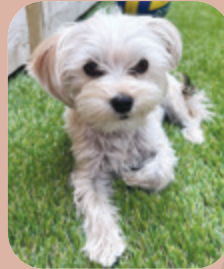
I wish you a great month ahead!

Sincerely,

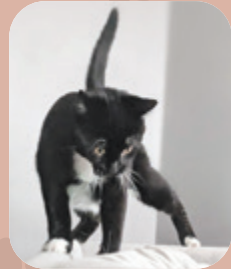
Stephanie Kusie

MP, Calgary Midnapore

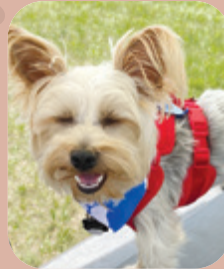
Cats, Canines, & Critters of Calgary



Archie, Sage Hill



Bandit, Copperfield



Louie, Country Hills



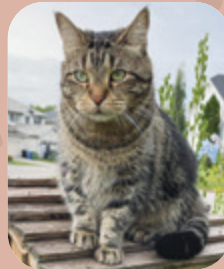
Minnie, Erlton



Morgan, Panorama Hills



Sergeant Pepper, Thorncliffe



Toby, Douglasdale



Toby, Patterson Heights

To have your pet featured, email news@mycalgary.com

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Lake Bonavista and Bonavista Downs. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

LAKE BONAVIDA MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

BARRON ELECTRIC: Lake Bonavista Master Electrician can make your smart home dreams a reality! Same-day service! All electrical concerns: aluminum wiring repair, electrical panel upgrades, pot light installs, ceiling fan installs, video doorbells, EV chargers, fire/CO alarms, lighting, thermostats, plugs, cameras. Electrical emergency? No extra charge evenings, weekends, holidays. As always, licensed, bonded and insured. Text/call Jeff Barron at 403-818-6256, barronelectric@shaw.ca, www.barronelectric.ca.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

JUNK TO THE DUMP / ODD JOBS: Safety starts with a clean and clutter free environment. Disposal of any household unwhants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

LAKE BONAVIDA CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Lake Bonavista. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

YOUR HANDYMAN: All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email marcinj09@gmail.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Lake Bonavista? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

DTA RENOVATIONS & HANDYMAN SERVICES: We assist in making your visions a reality and bringing your renovation dreams to life. Over 30 years of experience. Also, help with any handyman project you may require. No job is too big or too small. Please feel free to contact Darin at 403-471-9020 or dta.renovations@gmail.com.

LANDSCAPING & SNOW REMOVAL: AS/F Contracting specializes in landscaping & lawn care services, residential, commercial, spring clean ups, tree pruning and more. Call Shawn for a free estimate at 403-651-0424 | www.asfcontracting.com | asfcontracting1@gmail.com.

AFFORDABLE DENTAL CARE MINUTES FROM LAKE BONAVISTA! Dental doesn't need to break the bank! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

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BOWSER'S BUDDIES DOG TRAINING: Qualified, certified dog trainer and behaviour counsellor for your dog(s). My services start in your home and then we graduate to other environments. I offer puppy socialization and training for behaviours like leash pulling, jumping up, and barking. Pet sitting and dog walking available. Contact sue@bowsers-buddies.ca.

CAMPBELL ROOFING - FREE ESTIMATES: Local business serving the community with quality and professional service. Licensed, insured, WCB, BBB, 10-year labour warranty. Emergency service, financing, insurance claims welcome. "Keeping a roof over your head is our business." Call Grant at 403-975-1371. Thank you, customers, for all your previous support!

CODERAD ELECTRICAL LTD: Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CYPRESS ELECTRIC LTD: Are you looking to have some electrical work done? Local Master Electrician. WCB insured. Specializing in home renovations, basement developments, electrical panel replacements, electrical vehicle chargers, aluminum to copper conversion, bathfan and hoodfan replacements, pot lights, ceiling fans, new circuits, and receptacles. Call Grayson at 403-466-8733 or email cypresselectricltd@gmail.com.

CERTIFIED LYMPHATIC THERAPY: Helps with pain relief, reducing swelling, circulation, detox and rejuvenation of our bodies, to name a few of many benefits. This treatment is natural, gentle, and relaxing. Save 10% on your first visit. Call Denise at 587-700-1246 or email deniseengel.lymph.clt@gmail.com. Located at #105 11500 29 St SE.

EXPRESS APPLIANCE REPAIR: We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.

continued on next page

continued BUSINESS CLASSIFIEDS

HARDCASTLE PAINTING: Family-run painting business! We do both interior & exterior work! Professionals at brushing, rolling & airless spraying! Exterior - trim, garage doors, man doors, fences, decks, parging/stucco repair & painting, pressure washing. Interior - walls, trim, doors, ceilings. Call, text or email today to book a free estimate: 403-850-1697, josh@hardcastlepainting.ca.

PEDICURES BY SANDRA: I am now accepting new clients for my home-based studio in Sundance. With over 25 years' experience as a foot care specialist, I am comfortable with all foot issues, and have probably seen it all! Please call/text 403-818-4604 for an appointment.

HERITAGE WEST PLUMBING AND HEATING: Boiler and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

LOCAL HANDYMAN: Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

RENOVATION/DEVELOPMENT IN LAKE BONAVISTA: Complete interior and exterior general contracting services. Kitchens, baths, basements, media rooms, home offices, decking, fences, garages. Free estimates, references, warranty. J.D. Meyer Construction Ltd. Cell: 403-831-4645. Website: www.JDMeyerConstruction.ca.

RIVERS MECHANICAL: 403-988-8609. We specialize in furnace/AC installs, heat pumps, boilers, etc. Family-owned & operated with 20 years of experience. May all your plumbing dreams come true. 15% discount for seniors and veterans.

IMAGINE! LASER REJUVENATION & TATTOO REMOVAL: Are you interested in laser hair removal but afraid of the pain? I have a unique and painless system for your comfort. I also provide Q-switch tattoo removal. All in a private setting in my home. Call Jane at 403-701-1192.

KANE LAND SERVICES LTD: Are you receiving oil and gas royalties and are frustrated with payment calculations and perplexing deductions? Do you understand your agreements, your rights and remedies? With over 25 years of experience, I can help you get professional results. For more information, visit www.kaneland.ca or email kaneland@telus.net.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

TRANSFORM YOUR OUTDOOR SPACE WITH KORU CONTRACTING! With 18 years' expertise, we specialize in decks, fences, pergolas, gazebos, and concrete. Owner oversight ensures personalized service from quotes to completion. Elevate your outdoor living with top-notch craftsmanship. From decks to gazebos, trust our experience for exceptional results. Contact us today at Koru4u@gmail.com or 403-804-1505. Korudecksandfences.ca.

PAINTING INTERIOR/EXTERIOR: Qualified painter with 20+ years' experience. Reliable, conscientious, and fully guaranteed. I will work with you to make the job fit your budget. We always go the extra mile with no surprises! Reasonable rates and a job that ends in your satisfaction! Call or text MenZ Painting & Fine Finishing at 403-993-9591. No jobs are too small!

BASEMENT, KITCHEN, BATHROOM RENOVATIONS, HANDYMAN SERVICES, DECKING & FENCING: We take all the stress out of your basement, bathroom, kitchen, handyman services, decking and fencing needs around your home. Free consultations and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email info@robertsonwatt.ca. Thank you.

OKONBOOKS PROFESSIONAL ACCOUNTING AND INCOME TAX SERVICES: Experienced in public accounting CPA, CMA provides multiple year filings, mobile services, Canada personal and corporate tax preparation, bookkeeping, GST and source deduction. Please call 403-305-0955, email okonbooks@gmail.com or visit <http://www.okonbooksaccounting.com>.

PROFESSIONAL LANDSCAPE MAINTENANCE: Peritus Yard Maintenance has several openings and is currently accepting new clients for the 2024 season. Acreage, residential and commercial properties. Please refer to our website to see if we would be a good fit for you. www.peritusyards.ca. Contact us at peritusyards@shaw.ca or 403-680-3124.

LANDSCAPING LAKE BONAVISTA: Landscape Gardener Journeymen living and working in Lake Bonavista. Consultation and installation of all landscape construction: fencing, decks, paving stones, retaining walls, hot tub base prep, fire pits, sod, hedge/shrub/tree pruning, shaping, and planting. 10% discount for seniors. Please call or text Scott at 403-860-0337. S Bright Construction. Let's make your yard sing!


CAREFUL MOM'S ASSISTANT: Need help? I can assist you with a variety of tasks, from meal prep to running errands, light housekeeping, organizing and childcare. I have food safety certification, first-aid, and a criminal record check with vulnerable sector. Flexible daytime hours. To inquire, call Carmen at 403-918-3684 or email carmenskeet2020@gmail.com.

SMITH PROPERTY RENOVATIONS: Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

REYNOLD'S & SPACKMAN ELECTRIC LTD: Fully licensed and insured with a master electrician committed to quality, honesty and dependable electrical service. Whatever the job, we're here for all your electrical needs. Feel confident the job will be done right, with a master electrician on site. Call Travis, your neighbour in Maple Ridge at 403-813-6932.

PROFESSIONAL CARPENTER: 35+ years restoring and renovating homes and businesses. Expert-level finish carpentry, painting, drywall, vinyl siding, doors, windows, and blown-in insulation. Projects small and large, and everything in-between. Integrity is my expertise. Call your local professional Shawn at 250-882-9588.

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the Gutter Doctor 403-714-0711
gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



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Backyard Play Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine-inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

Water Hazards

- Drowning contributes to unintentional injury-related death among children ages one to four.
- Children can drown in just a few centimetres of water if it covers their mouth and nose.
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate (*Alberta Building Code).

Lawn and Garden Tools

- Keep young children away from outdoor power equipment.
- Serious burns may result from touching hot engine surfaces.
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions.
- Avoid wearing brightly coloured clothing outdoors.
- Consider destroying or relocating hives and nests situated near your home.
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors.
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it.
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 911.

Financial Talk

Come and learn about finances and how to manage them better. It never hurts to know more on how to save and organize your money!

Wednesday, June 5th at 2:00pm

Location: LBV Dining Room



Fancy Shawl Dancing

Join us while we enjoy the dancing of Indigenous people with Shirley Hill and Luke Whiteman; who will bring their culture to our home.

Tuesday, June 18th at 7:00pm

Location: LBV Building & Facebook Live



Please call to reserve your space today!

Seats are limited. If you have any questions or would like to book a tour, please call Jan or Dana at

403-258-1849

11800 Lake Fraser Drive SE, Calgary
www.verveseniorliving.com



www.willowparkschool.com

willowparkpreschool@gmail.com

Register your three- and four-year-olds now for fall preschool classes at Willow Park Preschool!

We are a play-based educational program located in the Willow Ridge Community Centre.

Please email willowparkpreschool@gmail.com to find out more about our programs or visit our website at: www.willowparkpreschool.com



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LAKE BONAVISTA PARADE OF GARAGE SALES!

Saturday, June 22nd
9:00 AM - 3:00 PM

To obtain a copy of the map or to register your sale
for the upcoming parade of garage sales, kindly visit
www.jamienewton.ca/map or email info@jamienewton.ca

JAMIE NEWTON 
RE/MAX & ASSOCIATES
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