DECEMBER 2026 • ISSUE 307 DELIVERED MONTHLY TO 6,700 HOUSEHOLDS

LAKE BONAVISTA BUGLE

THE OFFICIAL LAKE BONAVISTA COMMUNITY NEWSLETTER

Lake Bonavista Community Association



JAMIE NEWTON REAL ESTATE ASSOCIATES
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BBB ACCREDITED BUSINESS
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Keep your home warm and cozy this winter

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Warmer Homes Happier Families



Experience the Comfort Home difference—where expertise meets peace of mind.

403-805-0655 | sales@chatticinsulation.ca | chatticinsulation.ca

What will you discover?

Coffee with Beethoven!
Enjoy an unforgettable evening of Beethoven's legendary Piano Sonatas, performed live by acclaimed pianist Roman Rabinovich.
Tuesday, December 1 at 2:00pm

Christmas in the Village
Enjoy festive decorations, fun activities, sweet treats and warm drinks! Keep an eye out for a very special guest!
Saturday, December 12 from 1:30-3:30pm



Lake Bonavista VILLAGE

Call to reserve your spot today or book your personal tour:
403-258-1849

11800 Lake Fraser Drive SE Calgary
LakeBonavistaVillageRetirement.com

A UNITED ACTIVE LIVING COMMUNITY

Bonavista Montessori

FULL Day Kindergarten

Preschool with Childcare



Meals & Snacks Included

$326.25 / Month

50 Years in Business

www.montcc.ca

Yu's Taekwondo School



Free Trial Class

All Ages Welcome

Winter Registration Open

Kids / Family / Adults

Monday	7:00-8:00 PM
Wednesday	7:00-8:00 PM
Friday	7:00-8:00 PM

Lake Bonavista Community Association

1401 Acadia Drive SE

(403) 990-6990

YusTKD.ca

ironfist.taekwondoyyc@gmail.com

WORKING IN THE COMMUNITY FOR THE COMMUNITY!

Sammy's World's Greatest Pizza Pasta - Pizza Donairs



FOR OVER 30 YEARS

"THE DIFFERENCE IS QUALITY"

LOCALLY OWNED AND OPERATED

403-254-2999

CALL FOR TAKE OUT OR DELIVERY

OPEN OUR MENU

Uber Eats

PIZZA PASTA WINGS DONAIRS SALADS

ORDER ONLINE

VISIT: SAMMYSCALGARY.CA

Symmetry
IN QUARRY PARK



LUXURY RENTALS IN THE HEART OF QUARRY PARK

Symmetry is a four-storey residence featuring modern architectural character with impressive design and finishings.

Highlighted by spacious exterior patios and attractively-sized residences, Symmetry offers the advantages of a new home in a premier, centrally located community.

Quarry Park is a thoughtfully designed master planned community that seamlessly blends work, life, and leisure.

BOOK YOUR TOUR AT
LIVEATSYMMETRY.CA

KEYLESS ENTRY • AIR CONDITIONING • RESIDENT LOUNGE
PET WASH • BICYCLE STORAGE • COMMUNITY EVENTS AND MORE!

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Contact us to schedule a free onsite consultation

We are providing our award-winning landscaping design and construction services in your area!

Pools & Spas Aluminum Pergolas Outdoor Kitchens & Fireplaces Sports Courts & Putting Greens Water Features Retaining Walls

Watch our interview with Bryan Baeumler



IN STOCK
ALUMINUM PERGOLAS
4 SEASONS - WINTER ENGINEERED

IN STOCK
FIBERGLASS POOLS
CONTACT FOR SPECIALS

DESIGN IN WINTER - BUILD IN SPRING



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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

LAKE BONAVISTA

BONAVISTA DOWNS



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

LBCA

FOLLOW US ON SOCIAL

1401 Acadia Drive SE Calgary, AB T2J 4C6

(403) 271-7107 | info@thelbca.ca | www.thelbca.ca

Administrative Office Hours

Monday - Friday: 9:00 am - 4:00 pm

CLOSED Saturdays, Sundays & Stat Holiday [office open for drop-in activites]

LBCA STAFF

General Manager: Andrea Waara
andrea.waara@thelbca.ca

Facility Administrator: Tammy Brennan
tammy.brennan@thelbca.ca

Program Supervisor: Cara Madan
cara.madan@thelbca.ca

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haley.obrien@thelbca.ca

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devon.marr@thelbca.ca

Accountant: Kyle Mackee
kyle.mackee@thelbca.ca

Arena Staff
587-229-7880

BOARD OF DIRECTORS

President: Simone Thumm
President@thelbca.ca

Vice President: Vacant

VP of Finance: Pamela Oliva
VPFinance@thelbca.ca

Past President: David Shaw
DirectorDS@thelbca.ca

Director at Large: Caroline Martel
DirectorCM@thelbca.ca

Director at Large: Ryan Lake
DirectorRL@thelbca.ca

Director at Large: Alex Retfalvi
DirectorAR@thelbca.ca

Director at Large: Mick Somerwil
DirectorMS@thelbca.ca

Director at Large: Brent Bush
DirectorBB@thelbca.ca

Lake Bonavista Contacts/Groups

Lake Bonavista Homeowners Association (The Lake)
403-271-3333 | www.lkbonavista.ca

City of Calgary
311 | www.calgary.ca

Community Facebook Groups

- Lake Bonavista Community Chat
- Lake Bonavista Block Watch
- Lake Bonavista Community Garden Group
- Lake Bonavista with Kids (Calgary)

Lake Bonavista Community Association

join the fun!





2026-2027 MEMBERSHIPS

$40 PER HOUSEHOLD

$30 SENIORS (60+) PER HOUSEHOLD

MEMBERSHIPS VALID JULY 1/26 - JUNE 30/27
PUNCH PASSES VALID SEPT. 14/26- MAY 29/27

MEMBER BENEFITS:

- Free Leisure Skate
- Free Stick & Puck Drop-In
- 20% Off Last Minute Facility Bookings
- 20% Off Birthday Parties
- LBCA Program Discounts
- Drop-In Discounts
- Drop-in Pass Perks

LBCA memberships are available for everyone! You ***do not*** have to live in Lake Bonavista to purchase.

LBCA Membership is applicable to LBCA Programs only

~

NOT APPLICABLE to LBHA("The Lake")

SCHOOL DIRECTORY

Andrew Sibbald Elementary
Canyon Meadows Spanish Academy
Dr. EP Scarlett High School
École de la Rose sauvage (French) 10-12
École de la Source (French) K-9
Ecole Notre-Dame-De-La-Paix
École Sam Livingston Elementary School
École St. Cecilia French Immersion
Ecole Sainte-Marguerite-Bourgeoys Elementary School
Fairview School
Lake Bonavista Elementary School
Lord Beaverbrook High School
Midnapore Community School (bilingual Mandarin)
Nickle Middle School
Our Lady of the Rockies High School
Prince of Wales School
St. Bonaventure Junior High School
St. Boniface Elementary School
St. Philip Fine Arts Elementary School
Ste-Marguerite-Bourgeoys (S)(French) 7-12
St. Matthew Elementary/Junior High School
St. William Elementary School

CHURCH DIRECTORY

Bonavista Baptist Church
1507 Acadia Drive SE

Bonavista Evangelical Missionary Church
1509 Lake Ontario Drive SE

Holy Nativity Anglican Church
12707 Bonaventure Drive SE

St. Bonaventure Catholic Church
1600 Acadia Drive SE

Fish Creek United Church
77 Deerpoint Road SE

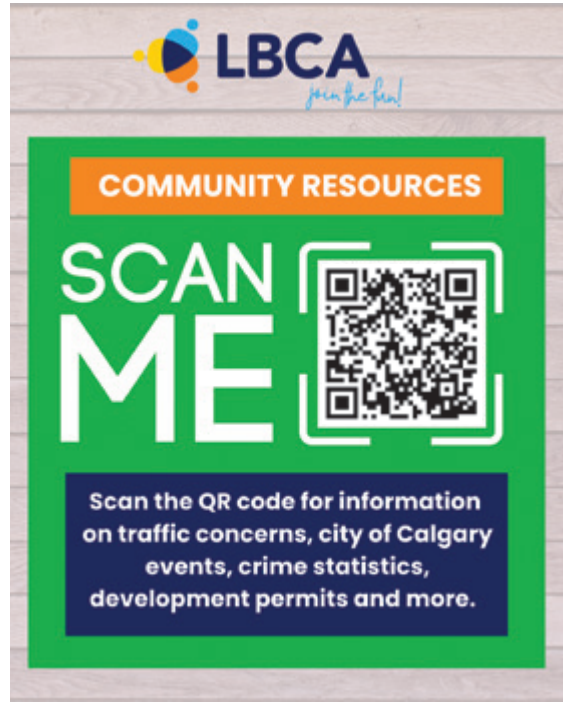
Your Grace Land
Delta Calgary South

Red Deer Lake United Church
Hwy 22X West

The Church of Jesus Christ of Latter Day Saints
14540 Parkland Blvd SE

McDougall United Church
8516 Athabasca St. SE

Lutheran Church of Our Saviour
8831 Fairmount Dr SE Calgary





Cold Weather Safety

by Alberta Health Services



Emergency Health Services Alberta responds to cold weather emergencies each winter. You can reduce your risk of sustaining a cold weather emergency by taking a few precautions. Dress by wearing warm, insulating layers close to the body covered with wind and waterproof layers on the exterior—cover as much skin as possible. Carry an emergency roadside kit in your vehicle containing extra clothing, blankets, and emergency supplies and ensure your mobile phone is fully charged.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen.
- It commonly affects the ears, nose, cheeks, fingers, and toes.
- The skin may look red and possibly feel numb to the touch.
- When treated promptly, frostnip usually heals without complication.
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin-to-skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze.
- Affected skin may look white and waxy and will feel hard to the touch.
- Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed.
- Seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than about 35°C (as compared to normal body temperature of about 37°C).
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C).
- Left untreated, severe hypothermia may progress to unconsciousness or death.
- Early recognition and prompt medical attention is key. Don't forget to protect yourself from the factors that originally lead to the patient's situation.
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.






Kids Christmas
CRAFT FAIR
Children can shop for unique gifts for parents, grandparents, siblings, friends & more.
All items under $20!
Cash only EVENT
DECEMBER 5 TH
AT 9 AM - 1 PM
MULTI-PURPOSE ROOM
LBCA
Join the fun!


VISIT
With Santa
Two Sessions Available
Saturday Dec 5th, 2026
9:00am-10:30am
11:00am-12:30pm
Bring your little ones for a fun filled morning with our singing Santa. Join us for snacks, crafts, bouncers, balloon artist, cookie decorating and more!
To Register Visit
www.thelbca.ca
LBCA

LBCA join the fun!

FALL DROP-IN SCHEDULE

September 14, 2026 - December 18, 2026

	DROP-IN GYM	PICKLEBALL	STICK & PUCK
SUN	11:30AM-1:00PM ROTATING EQUIPMENT SEE BELOW	9:00-11:00AM *BEGINS NOV 1	12:15-1:15PM SMALL ICE
MON		9:15-11:15AM, 11:30-1:30PM 1:45-3:45PM	3:00-4:30PM SMALL ICE
TUES	9:30-11:30AM	1:15-3:15PM	2:45-4:00 PM SMALL ICE
WED	9:30-11:30AM	1:15-3:15PM	12:00-1:00PM LARGE ICE
THURS	9:30-11:30AM	1:15-3:15PM	12:15-1:15PM SMALL ICE
FRI	2:15-4:00PM ROTATING EQUIPMENT SEE BELOW	10:45-12:45PM	12:15-1:45PM LARGE ICE

	TUMBLE TIME	LEISURE SKATE
SUN		
MON		
TUES	9:30-11:30AM	2:45-4:00 PM SMALL ICE
WED	9:30-11:30AM	
THURS	9:30-11:30AM	12:15-1:15PM SMALL ICE
FRI		

DROP-IN GYM Equipment Setup Dates

Sundays: Basketball & Volleyball:
Sept 27, Oct 11, 25, Nov 8, Dec 6
Sundays: Basketball & Badminton
Sept 20, Oct 4, 18, Nov 1, 15, 29, Dec 13

Fridays: Basketball & Volleyball:
Sept 18, Oct 2, 16, 30, Nov 13, 27, Dec 11
Fridays: Basketball & Badminton:
Sept 25, Oct 9, 23, Nov 6, 20, Dec 4, 18

- Drop-in check-in is open for 30 minutes before the end time.
- **NO ADMITTANCE** to activities in the last 30 minutes.
- Office check-in is **REQUIRED BEFORE** all drop-in activities.
- Pre-sign up is required for all Pickleball sessions.

Drop-In Schedule Holidays & Modified Dates

Wednesday Sept 30
Pickleball 9:45-11:45am
Drop-In Gym 1:15-3:00pm
(Basketball/Volleyball)
Stick & Puck 12:00-1:00pm
(Large Ice)

Monday Oct 12
Pickleball 9:15-11:15am
Drop-In Gym 11:30-1:15pm
(Basketball/Volleyball)
Stick & Puck 12:30-1:30pm
(Large Ice)

Wednesday Nov 11
Pickleball 9:45-11:45am
Drop-In Gym 1:15-3:00pm
(Basketball/Badminton)
Stick & Puck 12:00-1:00pm
(Large Ice)

Sunday Nov 22
Stick & Puck 12:15-1:15pm (Small Ice)
No Drop-In Gym or Pickleball

LBCA

Holiday Drop-In Schedule

December 20, 2026 - January 3, 2027

Drop-In check-in opens 30 minutes before the start time & closes 30 minutes before the end time.
There is a maximum capacity for activities that is at the discretion of the LBCA.
Office check-in is REQUIRED BEFORE all drop-in activities.
Shinny is prohibited during drop-in skate.

SUNDAY Dec 20
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Stick & Puck: Large Ice 10:45 - 12:15pm

MONDAY Dec 21
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Stick & Puck: Large Ice 10:45 - 12:15pm

TUESDAY Dec 22
Pickleball: 9:45-11:45am
Leisure Skate: Small Ice 12:00-1:00pm
Drop-In Gym: 1:15-2:45pm
Stick & Puck: Large Ice 1:00 - 2:15pm

WEDNESDAY Dec 23
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Stick & Puck: Large Ice 10:30 - 11:45am

THURSDAY Dec 24
CLOSED

FRIDAY Dec 25
CLOSED



SATURDAY Dec 26
FREE
Pickleball: 10:00-12:00pm
Drop-In Gym: 12:15-2:00pm
Leisure Skate: Large Ice 1:00 - 2:15pm

SUNDAY Dec 27
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Stick & Puck : Large Ice 10:45 - 12:15pm

MONDAY Dec 28
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Leisure Skate : Small Ice 11:45 - 12:45pm

TUESDAY Dec 29
Pickleball: 9:45-11:45am
Drop-In Gym: 1:15-2:45pm
Stick & Puck: Large Ice 12:15 - 1:30pm

WEDNESDAY Dec 30
Pickleball: 9:15-11:15am
Drop-In Gym: 11:30-1:00pm
Stick & Puck : Large Ice 12:15 - 1:30pm

THURSDAY Dec 31
CLOSED

FRIDAY Jan 1
CLOSED

2027

SATURDAY Jan 2
NO DROP-IN

SUNDAY Jan 3
NO DROP-IN

PRE SIGN UP is required for PICKLEBALL
SCAN the QR Code or visit www.thelbca.ca

LBCA *Join the fun!*

WINTER DROP-IN SCHEDULE

JANUARY 10, 2027 - MARCH 26, 2027

SUN	**DROP-IN GYM** 11:30AM-1:00PM ROTATING EQUIPMENT SEE BELOW	**PICKLEBALL** 9:00-11:00AM *BEGINS MAR 14	**STICK & PUCK** 12:15-1:15PM SMALL ICE
MON		**PICKLEBALL** 9:15-11:15AM, 11:30-1:30PM 1:45-3:45PM	**STICK & PUCK** 3:00-4:30PM SMALL ICE
TUES	**TUMBLE TIME** 9:30-11:30AM	**PICKLEBALL** 1:15-3:15PM	**LEISURE SKATE** 2:45-4:00 PM SMALL ICE
WED	**TUMBLE TIME** 9:30-11:30AM	**PICKLEBALL** 1:15-3:15PM	**STICK & PUCK** 12:00-1:00PM LARGE ICE
THURS	**TUMBLE TIME** 9:30-11:30AM	**PICKLEBALL** 1:15-3:15PM	**LEISURE SKATE** 12:15-1:15PM SMALL ICE
FRI	**DROP-IN GYM** 2:15-4:00PM ROTATING EQUIPMENT SEE BELOW	**PICKLEBALL** 10:45-12:45PM	**STICK & PUCK** 12:15-1:45PM LARGE ICE

DROP-IN GYM Equipment Setup Dates

Sundays: Basketball & Volleyball:
Jan 10, 24, Feb 21, Mar 7, 21
Sundays: Basketball & Badminton
Jan 17, 31, Feb 14, 28 Mar 14

Fridays: Basketball & Volleyball:
Jan 15, 29, Feb 12, 26, Mar 12, 26
Fridays: Basketball & Badminton:
Jan 22, Feb 5, 19, Mar 5, 19

- Drop-in check-in opens 30 minutes before the start time and closes 30 minutes before the end time.
- Office check-in is **REQUIRED BEFORE** all drop-in activities.
- Pre-sign up is required for all Pickleball sessions.

Drop-In Schedule Holidays & Modified Dates

Sunday Feb 7
NO DROP-IN GYM
Stick & Puck 12:15-1:15pm
(Small Ice)

Monday Feb 15
Pickleball 9:15-11:15am
Drop-In Gym 11:30-1:15pm
(Basketball/Volleyball)
Stick & Puck 12:30-1:30pm
(Large Ice)

Monday Mar 22
Pickleball 9:15-11:15am,
11:30am-1:30pm
Drop-In Gym 1:45-3:45pm
(Basketball/Volleyball)
Stick & Puck 3:00-4:30pm
(Small Ice)

Wednesday Mar 24
NO PICKLEBALL
Tumble Time 9:30-11:30am
Drop-In Gym 1:15-3:15pm
(Basketball/Badminton)
Stick & Puck 12:00-1:00pm
(Large Ice)

Friday Mar 26
Pickleball 10:45-12:45pm
Drop-In Gym 1:00-3:00pm
(Basketball/Volleyball)
Stick & Puck 1:00-2:00pm
(Small Ice)



The Good Food Box is a Community Kitchen Program that enables people to purchase fresh fruit and vegetables for less. There are no income criteria, everyone is welcome to place an order. Orders are delivered once a month to our facility, Lake Bonavista Community Association.

All orders must be received by 4:00 pm on order date (listed below).

All orders must be picked up between the hours of 12:00 to 4:00 pm on pickup date (listed below).

Please make note of the pickup date as we do not send email reminders.

No Refunds.

Pricing and Sizes
*Pricing change

Small : $35 for 20 to 25lbs

Medium: $40 for 30 to 35lbs

Large: $45 for 40 to 45lbs

Order By Date (Mondays 4:00 pm)	Pick Up Date (Wednesdays 12:00 to 4:00 pm)
January 18	January 27
February 15	February 24
March 8	March 17
April 12	April 21
May 3	May 12
May 31	June 9
July 12	July 21
August 9	August 18
September 6	September 15
September 27	October 6
October 25	November 3
November 29	December 8

For more information, please visit our website at www.thelbca.ca/good-food-box/.

CALL ME FOR A COMPLIMENTARY EVALUATION

SEASON'S GREETINGS



ROYAL LEPAGE SOLUTIONS

TERRI CAMORE | REALTOR

403-818-6039
tacamore@gmail.com



Crime Prevention Dashboard

WHEN TO DIAL 911

The Calgary Police Service uses two telephone contact numbers:
Emergency: 911
Non-emergency: 403-266-1234

WHEN TO CALL NON-EMERGENCY

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

ONLINE REPORTING

http://www.calgary.ca/cps/Pages/Report-a-crime.aspx
These reports are not reviewed in real time.

REPORTS YOU CANNOT SUBMIT ONLINE

- Robbery (Theft with violence)
- House break-in & enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of funds / personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the Police non-emergency line (403) 266-1234.

REPORTS YOU CAN SUBMIT ONLINE

- Damage to Property
- Damage to Vehicle
- Lost Property (excluding government ID)
- Theft
- Theft from Vehicle
- Car Prowling
- Online telephone scams
- Online email scams

9:00 PM ROUTINE

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.
The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked
- Windows are closed and if possible, parked in a garage
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

SUBMIT A TIP TO CRIME STOPPERS

Crime Stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto the CPS.
TALK: 1-800-222-8477
TEXT: tttTIPS to 274637
ONLINE: http://ttttips.com/home
Please note that not all tips submitted to Crime Stoppers are investigated.

SUBMIT A DRUG TIP

If you have information about a drug house, or people who are selling drugs, you can report this information online.
Please note if you want to remain anonymous, you must submit your information to www.Crimestoppers.org

REPORT GRAFFITI OR VANDALISM

If you observe graffiti; call 311.
Include the location; description of the object the graffiti is on and a photo of the graffiti.

ALBERTA EMERGENCY ALERT

Alberta Emergency Alerts are issued by the communities where a disaster or emergency is occurring.
https://www.emergencyalert.alberta.ca/content/about/signup.html

511 ALBERTA WEBSITE AND APP

Please visit https://511.alberta.ca/ and/or the 511 App to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. https://511.alberta.ca/map

ABUSE/VIOLENCE/SEXUAL NUMBERS TO CALL

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: Call 911
- Experiencing domestic abuse: Call 403-234-SAFE (7233)
- Experiencing sexual abuse: Call: 403-237-5888
- To report domestic abuse or violence: Call: 403-266-1234

LBCA
join the fun!

FACILITY BOOKINGS

Booking requests are accepted online, over the phone and in office. One hour minimum.





LBCA MEMBERS

RECEIVE 20% OFF LAST MINUTE BOOKINGS

Last minute booking requests are only accepted over the phone or in the office up to 24 hours in advance. Saturday and Sunday requests are accepted until noon the Friday before. One hour minimum.

CALL THE LBCA TO BOOK: 403-271-7107 (ext. 225)



Community Program Providers at the LBCA

join the fun!





The LBCA rents to a diverse range of program providers, each offering unique activities and opportunities. Be sure to check out what some of our Community Program Providers have available at the LBCA.



Court Programs



Bow River Basketball	bowriverbasketball.com
Calgary Sport & Social Club	calgarysportsclub.com
Stryker Sports	strykersports.ca
CMBA(Calgary Minor Basketball Assoc)	cmba.ab.ca



Ice Programs



(LBFSC)Lake Bonavista Figure Skating Club	lbfsc.ca
KHC(Knights Hockey Club)	knightshc.ca



More Programs

FLC Yoga & Line Dancing	flcserniors.ca
Calgary Fellowship of the Sword	calgarysword.ca
Girl Guides of Canada	calgarygirlguides.com
Devotion Danceworks	devotiondanceworks.com
Calgary Kyokushin Karate	calgarykyokushinkarate@shaw.ca
Heiben Martial Arts	hmasystem.com
The Wellness Dojo Kung Fu	wellnessdojo.ca/martial-arts
Fencing Calgary	fencingcalgary.ca
TOPS(Taking Off Pounds Sensibly)	tops.org
Wee Wonder Daycare	weewonder.ca
Scouts Canada	scouts.ca
Iron Fist Taekwondo	facebook.com/IronFistTaekwondoCalgary





Visit us at thelbca.ca for more information!


LBCA
TUMBLE TIME
Tues/Wed/Thurs
9:30-11:30 AM
Sept 15 - Dec 17
Tumble Time is a Drop-In, parent-supervised program for children under 6 years. Little ones will enjoy the bouncy castles, building blocks, balls, toys and more!
$5.00 per child
Free for Adults
CHECK IN & PAYMENT at the office before entering the gym


LBCA
INDOOR TENNIS
JAN 10 - MAR 7
Using Tennis Canada certified coaches, the program will introduce stroke mechanics in a fun, engaging game environment.
AGES 5-7
SUNDAYS, 9:00-10:00AM
AGES 8-11
SUNDAYS, 10:00-11:00AM
FOR MORE INFO & TO REGISTER
WWW.THELBCA.CA


LBCA
INDOOR SOCCER U6 & U8
JAN 11 - MAR 22
U6: 4-5 years old
Mondays 4:00 – 4:45pm
U8: 6-7 years old
Mondays 4:50-5:50pm
An exciting grassroots soccer program for new and developing players. Boys and girls play together, exposing players to the game of soccer in a safe and fun setting with drills, activities and game play.
Info & Registration www.thelbca.ca


BASKETBALL PROGRAM
CO-ED GRASSROOT TYKES PROGRAM
6 - 8YRS
JAN 15 - MAR 19
CO-ED GRASSROOT HOUSE LEAGUE
JUNIORS 9 - 11YRS
SENIORS 12 - 15YRS
JAN 11 - MAR 19
LBCA
FOR MORE DETAILS VISIT
WWW.THELBCA.CA

LBCA

MUSIC & TOT PARENTED CLASS

Our program introduces music to little ones in a fun and exciting manor. We sing, explore many different instruments, do rhythmic marching, drumming and more!

AGES 1-4 YEARS
JAN 12 - MAR 16
TWO TIMES TO CHOOSE FROM
9:15 - 10:00AM OR 10:15 - 11:00AM

FOR MORE INFO & TO REGISTER
WWW.THELBCA.CA

LBCA

Kids Art Class

CREATIVITY AWAITS

Sundays Jan 17 – Mar 14
9:30AM - 10:30AM
AGES 6 -10YRS

More Info & Registration
www.thelbca.ca

GREAT NEWS MEDIA
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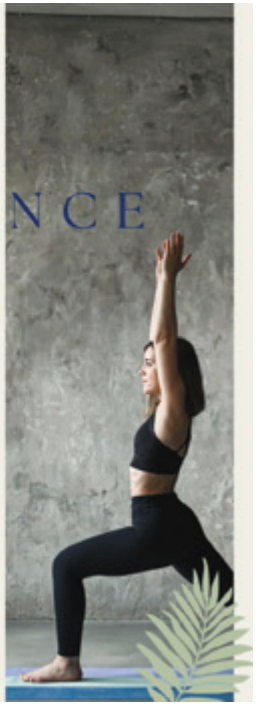

YOGA CLASS

Mondays
Jan 11 - Mar 22
10:00 - 11:30am
Registered Program &
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JAN 14 - MAR 25, 2027
THURSDAYS
9:00AM - 10:00 AM

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LBHA General Information

Park Hours
Park Hours: 9:00 am to 10:00 pm

Holiday Hours:
- Christmas Eve - closed at 9:00 pm
- Christmas Day - 12:00 to 5:00 pm
- January 1, 2027 - 10:00 am to 10:00 pm

Please Note: The Park may close earlier and without notice. Visit the website or call the office for the most up to date information.

Office Hours
- Mondays, Tuesdays, and Thursdays - 1:00 to 5:00 pm
- Saturdays - 10:00 am to 5:00 pm

The office is closed on holidays.

Please Save These Dates:
- Skate with Santa – December 11, 2026, 6:00 to 8:00 pm
- New Years Eve Fireworks – December 31, 2026, at 8:00 pm
- Winter Family Fun Fest – February 6, 2027, 11:00 am to 2:00 pm

Get the LBHA App (available only at the office):
Members using the App can pre-check-in their guests. Once the member has checked in and is onsite at the Lake, they no longer need to return to the gate to sign-in their guests. Guests can enter the park to join them whenever they arrive.

Don't have the HOA Mobile app yet? Call, email, or drop by the lake office to get your link.

2026 to 2027 Annual Fee's
Annual fees are past due, please make payment as soon as possible. Interest has been added to accounts and continues to accrue.

Available On Our Website
- Park news and amenity updates.
- Group bookings (policies and requests).
- Drop-in program and special event calendars.
- Annual fee and membership details.
- AGM and Board Member information.

Contact Us To:
- Access the Lake Bonavista HOA mobile app
- Provide or update your email to receive your annual encumbrance fee invoice, and important LBHA communications.

Address: 757 Lake Bonavista Drive SE

Phone Number: 403-271-3333

Email: lbha@lkbonavista.ca

Website: www.lkbonavista.ca





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The Nutcracker

In 1892 Tchaikovsky premiered his third ballet, "The Nutcracker" in Saint Petersburg, and while in recent times it is know globally and considered a Christmas tradition for many people, the ballet was not well-loved upon release. In fact, it did not gain popularity until closer to the 1950s when companies began performing it annually, marketing it as a Christmas feature.



Peppermint Cookies



by S. Law

This was a staple in my household growing up. Every year my mom and I would bake a huge batch of these cookies, and we'd pass them out as little gifts to my class before everyone went away on winter break. Needless to say, while I'm no longer in school, we've kept the tradition going, so if you're looking for a light, buttery snack to go with your hot chocolate this year; these cookies never fail.

Ingredients

- 1/2 cup butter
- 1 1/2 cups powdered sugar
- 2 cups flour
- 1 tbsp peppermint extract
- 1 tsp salt
- A few drops of different food colours. (We always use pink and green)

Directions

1. In a large bowl combine your flour, powdered sugar, peppermint extract, and salt.
2. Add the butter in chunks and then begin kneading everything together. The kneading is important as it allows everything to be mixed into a smooth dough that still holds its shape.
3. At this stage if the dough either looks too dry, or too sticky, add more butter or flour respectively.
4. Separate your dough into three or more even piles and dye each one a different colour. Typically, I leave one the original white because I like the way it looks. You only need a few drops of food colouring to get a soft pastel shade.
5. Once you have your desired colours, roll each section into a log, and then form a bigger log with your three sections. Roll them slightly so everything sticks together and the colours blend gently, then wrap in saran wrap and set in the fridge for a few hours.
6. Once everything is cooled slice your log into 1-inch-thick pieces and place on a sheet pan.
7. Bake in a 350° F oven for 8 to 12 minutes, or until they begin browning on the bottom.
8. Let them cool and enjoy with family and friends!





The Art of Winter

by Kristina Quapp

The season of winter has inspired artists for centuries, perhaps more so than any other time of year. While its snowy landscapes and frozen scenery have remained a constant source of inspiration, interpretations of the season have varied dramatically across time, cultures, and artistic styles. From peaceful, snow-covered villages to bleak and desolate landscapes, artists have found countless ways to capture winter on canvas.



Vincent van Gogh, Landscape with Snow, 1888. Oil on canvas.

Painted in February 1888, shortly after Vincent Van Gogh arrived in France, his piece depicts a rural landscape caught between winter and spring. Patches of melting snow interrupt the earthy browns and greens of the fields, but despite the contrasting colour usage, the piece exudes a sense of living stillness. The vivid colour usage and expressive Post-Impressionist brush strokes give the scene a sense of movement and texture—emphasizing the uneven terrain and changing season. Rather than idealizing winter through its traditional cool colour palette, Van Gogh embraces the season's fleeting beauty, reminding us that change can be just as beautiful as stillness.



Edvard Munch, Winter Night, c. 1900. Oil on canvas.

Norwegian artist Edvard Munch transforms winter into an atmospheric and emotional experience. Best known for his iconic painting *The Scream*, Munch was a pioneer of Expressionism, an artistic movement that emphasized emotion and subjective experience over realistic representation. *Winter Night* displays simplified forms and a cool colour palette to create a quiet and perhaps unsettled atmosphere. It invites viewers to reflect on winter's quieter, more introspective qualities, evoking a sense of solitude that can feel either peaceful or lonely.



Frederik Marinus Kruseman, *Winter Landscape with Skaters Near a Castle*, 1866. Oil on canvas.

In contrast to the more solitary works of Van Gogh and Munch, Dutch painter Frederik Marinus Kruseman presents winter as a picturesque setting filled with warmth and activity. Known for his romanticized winter landscapes, Kruseman utilizes a warm golden sky in contrast to the cool blues and whites of the snow, creating an inviting atmosphere. His attention to detail reflects the traditions of nineteenth-century Romantic landscape painting which often emphasized the idealized beauty and emotional appeal of nature. Despite the chilly setting, the scene evokes a sense of warmth and nostalgia, inviting viewers to imagine themselves among the skaters.

Although these artists depict the same season, their interpretations vary greatly. Van Gogh captures the change of winter's transition, Munch explores its emotional atmosphere, and Kruseman celebrates its more picturesque and romanticized beauty. Each artist's choices in colour, composition, and brushwork influence how we experience their work. Yet our own memories, emotions, and experiences also shape what we see. Perhaps your vision of winter aligns more closely with one painting than another, or maybe you can understand all three. Winter, much like art, is a matter of perspective. As we enter another winter season, consider what this time of year means to you. Do you find beauty in its quiet stillness, comfort in its familiar traditions, or hope in the changes yet to come?



Councillor, Ward 14
Landon Johnston
ward14@calgary.ca
403-268-2430 ward14yyc.ca
@LandonForWard14
@Ward14LandonJohnston

As we come to the end of another busy year, I want to take a moment to thank everyone who helps make Ward 14 such a great place to call home. From the neighbours who look out for one another, to the volunteers, community associations, local businesses, and organizations that bring people together, your contributions help make our communities stronger.

Whether you're celebrating with a full house, travelling to see family and friends, or enjoying a quieter Christmas at home, I hope you have the opportunity to take a break, enjoy some good company, and make a few great memories along the way.

I'm grateful for the many conversations and connections I've had with residents throughout the year, and I look forward to continuing that work in the year ahead. Your feedback and involvement are important to me, and I encourage you to stay connected with our office. Visit our website for Ward 14 updates, community information, and ways to get in touch with us.

From my family and the entire Ward 14 team, I wish you and your family a very Merry Christmas and a happy, healthy New Year. I look forward to seeing you around Ward 14 in 2027!



MLA Calgary - Fish Creek
Myles McDougall
7 – 1215 Lake Sylvan Drive SE
Calgary.FishCreek@assembly.ab.ca
403-278-4444 | MLAFishCreek
MylesMcDougallYYC | MylesYYC

As December arrives and the holiday season begins, many of us look forward to gathering with family and friends, reflecting on the year behind us, and celebrating the traditions that bring us together. It is a special time to create new memories, appreciate those around us, and look ahead with hope and optimism.

This season serves as an important reminder of the values that strengthen our communities: kindness, generosity, and connection. Whether you are spending time with loved ones around the dinner table, volunteering in the community, supporting a local charity, or simply taking a well-deserved moment to rest and recharge, I hope you find joy in the moments that matter most.

As I reflect on the past year, I am incredibly grateful for the opportunity to serve the residents of Calgary-Fish Creek and to meet so many people who care deeply about our community and the future of Alberta. I am especially thankful for the dedicated volunteers, community associations, and local organizations that work tirelessly to foster the strong sense of belonging that makes Calgary- Fish Creek such a wonderful place to call home. I am equally grateful to the many businesses that proudly serve our neighborhoods with commitment, innovation, and community spirit.

On behalf of my constituency office staff and myself, I would like to extend our warmest wishes to you and your loved ones for a very Merry Christmas and a happy, healthy, and prosperous New Year.

Thank you for helping make Calgary-Fish Creek the remarkable community it is today. We look forward to continuing to work with you in the year ahead.

Merry Christmas and Happy New Year!



It's Christmastime in Calgary

by Garth Paul Ukrainetz

It's Christmastime in Calgary
In foothills west a silent night
The constellations fill the sky
Forever sharing starry light

The whitetail deer in Nose Hill Park
Prancing over city's glow
Sweet homes of dancing candlelight
Gentle as the falling snow

And high on top of every tree
The stars and angels overlook
For bleak and icy winter hearts
The melting grace of warm chinook

It's Christmastime in Calgary
Though heights of mountains cold in snow
Our gifts stay warm beneath the trees
Wrapped with love by River Bow



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