# an LEGACY LEGACY

### THE OFFICIAL LEGACY COMMUNITY NEWSLETTER



# SOUTH CALGARY DENTAL & ORTHODONTICS

SCAN TO BOOK AN APPOINTMENT TODAY!



3. Sobey

\$100 AMAZON OR SOBEYS GIFT CARD AS OUR NEW PATIENT!

\*Disclaimer: Offer valid with a comprehensive exam, x-rays and cleaning. Must be 18 years or older. Cannot be combined with any other offers. Not available to patients on reduced rate plans.

**(587) 352-3100** 

**盟** 5250, 47 Legacy View SE, Calgary, AB

Orthodontic services provided by Dr. A. Sharma, BSc, DMD, FRCD (Ortho).

**❸** SouthCalgaryDental.ca

Call 403-720-0762 for advertising opportunities







# LEGACY COMMUNITY REAL ESTATE ACTIVITY

# YOUR HOME SOLD GUARANTEED!\*

Call to find out more about our Innovative Consumer Programs

Virtual Tours
Guaranteed Sale Program\*
Trade Up Program\*
Blanket Home Warranty Program\*
Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888 Email len@lentwong.com

\*Terms and Conditions Apply.

Listed			
	Sold	Listed	Sold
26	17	\$429,500	\$415,000
42	23	\$574,800	\$565,000
33	28	\$562,500	\$551,250
40	32	\$587,500	\$574,500
33	32	\$577,400	\$574,950
55	41	\$599,000	\$591,750
41	17	\$614,800	\$600,000
44	37	\$619,900	\$618,000
39	35	\$649,000	\$640,000
38	15	\$535,000	\$535,000
10	20	\$567,500	\$567,625
23	22	\$572,400	\$573,500
	26 42 33 40 33 55 41 44 39 38 10 23	26 17 42 23 33 28 40 32 33 32 55 41 41 17 44 37 39 35 38 15 10 20 23 22	26       17       \$429,500         42       23       \$574,800         33       28       \$562,500         40       32       \$587,500         33       32       \$577,400         55       41       \$599,000         41       17       \$614,800         44       37       \$619,900         39       35       \$649,000         38       15       \$535,000         10       20       \$567,500

To view more detailed information that comprise the above MLS averages please visit lega.mycalgary.com

### **Calgary Legacy Community Association (CLCA)**

#### **Board of Directors**

Sarah Peck	sarah.peck@calgarylegacy.ca	President
Neha Panchal	neha.panchal@calgarylegacy.ca	Vice President, Advisor of Grants
Jose Alvarado	jose.alvarado@calgary.legacy.ca	Treasurer
Euphemia Orajekwe	euphemia.orajekwe@ calgarylegacy.ca	Secretary
Asif Syed	asif.syed@calgarylegacy.ca	Director of Fundraising
Vyanktesh Patil	vyanktesh.patil@calgarylegacy.ca	Director of Development
Aline Medeiros	aline.medeiros@calgarylegacy.ca	Director of Events
Ronald Nganga	ronald.nganga@calgarylegacy.ca	Director of Memberships
Chimaraoke Akuchie	chimaraoke.akuchie@calgarylegacy.ca	Director of Volunteerism
Joel Unaigwe	joel.unaigwe@calgarylegacy.ca	Director of Programs
Keyur Vaidya	keyur.vaidya@ calgarylegacy.ca	Director of IT
Susan Ezenduka	susan.ezenduka@calgarylegacy.ca	Sponsorships and Business Partnerships Lead
Felicia Labbe	felicia.labbe@calgarylegacy.ca	Advisor of IT
Archana Patil	archana.patil@calgarylegacy.ca	Advisor of IT
Frazer Van Roekel	frazer.vanroekel@calgarylegacy.ca	Advisor of Development
Christie Crawford	christie.crawford@calgarylegacy.ca	Advisor of Newsletter
Alicia Choo	alicia.choo@calgarylegacy.ca	Advisor of Events
Karen Ginzbourg	karen.ginzbourg@calgarylegacy.ca	Advisor of Events
Shripal Parikh	shripal.parikh@calgarylegacy.ca	Advisor of Programs
Nitish Nandennavar	nitish.nandennavar@calgarylegacy.ca	Advisor of Programs
Issabella Saavendra	isabella.saavedravelasco@calgarylegacy.ca	Advisor of Communications
Katherine Mantupar	katherine.mantupar@calgarylegacy.ca	Lead - Communications
Katherine Mantupar	katherine.mantupar@calgarylegacy.ca	Lead - Communications



## **CLCA SMALL BUSINESS DIRECTORY**

Our CLCA Small/Home Business Directory is now available at www.calgarylegacy.ca.

The purpose of this directory is to provide you with local consumer options. Looking for storefront business partners in the community? Check out the Partners and Promotions page for member exclusive discounts.

#### **CLCA EVENTS DIRECTOR'S MESSAGE**

Hello Legacy Neighbours!

December is here, and with it comes a season of reflection, gratitude, and community spirit. I want to start by sending a heartfelt thank you to everyone who joined our Halloween Trick or Trunk! It was amazing to see so many families dressed up, enjoying treats, and bringing the Halloween spirit to Legacy. A special thank you goes out to the volunteers who braved the chilly evening and the residents who decorated their trunks—you made the night unforgettable for the kids.

#### **Light Up Legacy – December 13**

The holiday season is one of my favourite times of year, and I'm thrilled to invite you to our annual Light Up Legacy celebration! Mark your calendars for Saturday, December 13, from 5:00 to 7:00 pm, behind the Orange Playground at Legacy Small Pond.

We'll have Santa photos, fire pits, hot chocolate to keep warm, and visits from special holiday characters. It's the perfect way to gather with friends, family, and neighbours—and yes, pets on leash are welcome too!

#### **Giving Back Together**

During Light Up Legacy only, we will be collecting donations for The Mustard Seed to support people in need this winter. If you'd like to contribute, please bring items with you to the event—such as warm clothes, blankets, or brand-new socks and underwear.

#### **Volunteers Needed**

Events like Light Up Legacy are only possible because of volunteers. If you're not afraid of the cold and want to help spread some holiday cheer, we'd love to have you on the team for this special evening. Please reach out to us at info@calgarylegacy.ca if you'd like to lend a hand—your support is what makes these events possible.

Thank you again for being such an important part of our community. I look forward to seeing you in December as we light up Legacy with joy, generosity, and holiday spirit!

Warmly,

Aline Medeiros

**Events Director, Legacy Community Association** 







# **Celebrating December Around the World**

December is one of the most festive months of the year, bringing together people from all backgrounds to celebrate traditions that are rich in meaning and joy. While Christmas often takes the spotlight here in Canada, many other holidays are also celebrated around the world this month—each with its own unique customs and stories.

- Hanukkah Also known as the Festival of Lights, Hanukkah is an eight-day Jewish celebration that usually falls in December. Families light the menorah, enjoy traditional foods like latkes (potato pancakes), and play dreidel games together.
- Kwanzaa Beginning on December 26, Kwanzaa is a week-long celebration that honours African heritage and culture. Each day focuses on one of seven principles, such as unity, creativity, and faith, often marked with music, storytelling, and shared meals.
- Islamic Observances While no major Muslim holidays usually fall in December, Islamic celebrations such as Eid al-Fitr and Eid al-Adha move through the calendar each year based on the lunar cycle. These holy days are times of prayer, gratitude, generosity, and connection with family and community. Many Muslim families also take part in local charity and interfaith events during the winter season, sharing in the spirit of peace and togetherness.
- Diwali (sometimes in November or December) The Hindu Festival of Lights celebrates the victory of light over darkness. Homes are decorated with diyas (oil lamps) and colourful rangoli patterns, creating a joyful, welcoming glow.
- Winter Solstice On December 21, many cultures recognize the shortest day of the year with traditions that honour nature, reflection, and renewal.
- New Year's Eve As December closes, people everywhere gather to celebrate fresh beginnings, share resolutions, and look forward to a new year filled with hope.

This month, take a moment to learn about a tradition that's different from your own—you might discover a new way to celebrate community, culture, and light during this special season.

#### YOUR CITY OF CALGARY

### How Does Your Main Street Measure Up? Take The Short Survey Now

by The City of Calgary

Successful main streets bring people together. To help understand how Calgary's main streets are doing, The City of Calgary conducts an annual Main Street Metrics survey, which collects and tracks data related to how our main streets:

- Support a social and healthy environment
- Facilitate improved mobility and functionality
- Demonstrate a unique character and identity
- · Create areas of economic vitality

Let us know how Calgary's main streets support communities and businesses in these areas by completing our short survey. Your feedback will help inform future main street improvements.

Visit calgary.ca/mainstreets to complete the short survey.





# SMALL POND - BEHIND ORANGE PARK SANTA PHOTOS • HOLIDAY CHARACTERS • MUCH MORE

BRING YOUR FAMILY AND LEASHED PETS FOR A COZY, FESTIVE EVENING! DURING THE EVENT, WE'LL BE COLLECTING DONATIONS FOR THE MUSTARD SEED.

#### SPECIAL THANKS TO OUR SPONSORS

Township • A & W • Shoppers Drug Mart

(LEARN MORE AT CALGARYLEGACY.CA)

#### HELP MAKE IT HAPPEN

Help us make this event happen! Join our volunteer team: info@calgarylegacy.ca

## **Colouring Contest!**

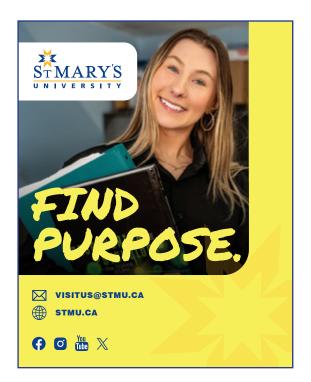
Name: \_\_\_\_\_ Age: \_\_\_\_



#### Sponsored by Christie Crawford, Legacy Realtor

Colour and submit to christie@calgarylegacy.ca with "colouring contest" as the subject line by the end of the month for a chance to win a \$10 gift card!

Good luck!



#### SPONSORSHIP DISCOUNT PROGRAMS

#### **Evolv Solar Member Discount Program**

Calgary Legacy Community Association (CLCA) is proud to partner with Evolv Solar to help members save on clean, renewable energy.

Through this partnership, CLCA members receive \$100 per kilowatt off residential solar installations, up to a maximum of \$2,000 in savings.

### Nutri-Go Member Discount Program: Fresh, Chef-Made Meals for CLCA Members

CLCA is excited to welcome Nutri-Go as a new community partner, offering members an easy way to eat healthy while supporting a local Calgary business.

CLCA members receive 25% off and free shipping on their first order using promo code LEGACY at checkout.







#### Red Deer Lake United Church

Join us at 10:30 am every Sunday - in person or online (YouTube - @RedDeerLakeUnitedChurch) as we explore faith, hope, and connection together. We're an inclusive and affirming community of faith made up of people of all ages, backgrounds, and perspectives. Located just minutes from most South Calgary communities, and only 20 minutes from the Northwest via Stoney Trail - we're closer than you think!

Advent and Christmas Events

Red Deer Lake United Church celebrates the Advent and Christmas season with a full calendar of worship and community gatherings.

#### ADVENT SERVICES

- Nov. 30 10:30 a.m. Advent 1 Service
- Dec. 14 10:30 a.m. Advent 3 Service (followed by a Soup Lunch)
- Dec. 21 10:30 a.m. Advent 4 Service

\*Please note there will be no services held at Red Deer Lake on December 7 and 28.

#### SPECIAL EVENTS

- Dec. 4 7:00 p.m. Sound & Soul
- Dec. 5 6:00 p.m. Pizza and Christmas Movie Night
- Dec. 14 1:00 p.m. Scrooge Performance
- Dec. 21 5:00 p.m. Christmas Garden of Light
- Dec. 21 7:00 p.m. Longest Night Service
- Dec. 22 & 23 5:00 p.m. Christmas Garden of Light
- · Dec. 27 9:00 a.m. Men's Breakfast

#### CHRISTMAS EVE SERVICES - DECEMBER 24

- 1:00 p.m. Family Service with Rev. Danah Cox
- 7:00 p.m. Traditional Service with Rev. Joanne Anquist
- 10:00 p.m. Candlelight & Communion with Rev. Bill Weaver

#### **CONCERT SERIES**

On the Edge Concert Series - Love live music? Different artists and genres are played throughout the year at Red Deer Lake United Church. Check out our upcoming concerts at https://reddeerlakeuc.com/concerts.

#### RENTALS

We are excited to launch Meadow Green, Wedding and Events Centre at Red Deer Lake United Church. Meadow Green is a 45,000 square foot facility that provides a variety of affordable spaces for weddings, workshops, art shows, performances, and much more. For more information visit us at

www.meadowgreenevents.ca or contact the office at (403) 256-3181 to book your tour today!





# Poison Prevention During the Holidays

by Tracey Warren, Child Safe Canada National Director of Injury Prevention and Education



The holiday season is a magical time, but it can also be a risky one for little explorers. Child Safe Canada wants to remind families that poisoning incidents increase during the holidays. The good news is that most of these accidents are preventable with a few simple safety steps. Let's make this holiday season joyful and safe.

Ensure this holiday season is the most enjoyable and safest ever. Safety proofing your home, or areas within your host's home, takes only a few minutes and provides priceless comfort and safety.

**Stay Vigilant During the Busy Holiday Season.** We know the holidays are busy with meals to prepare, guests to entertain, and gifts to wrap. But small distractions can lead to big mishaps. Slow down, take a breath, and focus on potential hazards, especially when little ones are around.

- Batteries A swallowed battery can cause severe airway burns. Keep all items with batteries, including button-type batteries, out of reach, and ensure battery doors are secured well.
- Bags Guests' handbags and suitcases may contain medications, cosmetics, nail products, perfumes, and other poisonous products. Ask guests to store these items out of reach for children.
- Decorations Holiday decorations may look fun, but many are choking or strangulation hazards for children. Keep fragile ornaments, small pieces, and

strings or ribbons out of reach, and supervise little ones around holiday decor.

**Be Aware of Sneaky Poisons.** Here is a simple rule: If you would not serve it on a dinner plate, treat it as a poison. Even tiny amounts of make-up, cigarettes, or certain plants can land a toddler in the emergency room.

- Fluids Move antifreeze, windshield washer fluids, bleach, detergents, and other cleaning products out of sight and reach.
- Plants Check the safety of holiday plants and flowers online or via your local poison control site before decorating.
- Alcohol Keep alcoholic drinks out of reach of children.

**Travelling? Talk Safety with Your Host.** Visiting relatives or friends can be tricky if their home is not child proofed. Take charge of your child's safety while travelling. Be diligent in safety-proofing the space you're staying in, secure anything that could be hazardous, and keep a close, watchful eye on your child. Have a friendly conversation about your child's safety.

- Do a safety check/proof together with your host and ask them to identify any areas that should be off-limits to your child.
- Ask that all medications, cleaning supplies, and other hazardous items be stored in locked cupboards.
- Set clear rules and boundaries for your child in the host's home (if age appropriate), and make sure everyone, hosts included, understands them to keep expectations consistent and the child safe.

A few minutes of preparation can prevent accidents and keep your family safe and healthy. Make this holiday season the safest and most enjoyable ever.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# FRIENDS Fish Creek

#### **Seed Processing and Listen Garden**

It's December now and you might be asking what sort of work the Friends of Fish Creek are up to when it's cold out, the days are short, and not much is growing. Well, our work actually continues year-round, and we have the time once field season ends to reap the fruits of our labours – kind of literally! Through spring, summer, and fall, after you see beautiful blooms on all kinds of different species of native plants, those plants go to seed. And we're out there at plant salvages, in the park, and on land we've been given access to by our partners, harvesting those seeds to continue building species diversity within the park. After harvesting, our incredible volunteers gather weekly to help us separate the seeds from the chaff so that they're easily stored, measured, and perhaps most importantly, planted.

And this year, we've got a special purpose for all those seeds we're harvesting – putting them into the Listen Garden at Bow Valley Ranch – a space for native plants, Indigenous knowledge, and reconciliation. This area has been treated with herbicide to remove the invasive species that cover much of the park and prepare it for the cover crop (annual Plains coreopsis) and native seed mix we'll apply in spring. After one to two seasons, the Plains coreopsis will die, and the high-diversity native seed mix will emerge from below. To speed revegetation along, hundreds of large, salvaged mature plants like Foothills rough fescue, Parry's oatgrass, and Western porcupine grass will be planted in the spring alongside the seed





mix. The Listen Garden will also feature several "Habitat beds" that highlight Alberta's diverse ecosystems. Beds on the garden's west side will showcase alpine/montane, foothills parkland, and Foothills rough fescue grassland ecosystems, merging into the dry mixed grass and badlands ecosystems on the east side of the gardens. These more "formal" gardens will be installed in a few years. Right now, the space consists of contoured pathways – what isn't currently path will be a home for thousands of tiny native plant seedlings.

You can learn more about the Listen Garden project at https://www.bowvalleyranche.com/iiststiiik or stop by Fish Creek's Bow Valley Ranch day use area to see the future site of incredible species diversity (and an impressive assortment of blooms once these species reach maturity).

Help us with this and other exciting projects by making a donation or becoming a member today! www. friendsoffishcreek.org.



## **ALLODOXAPHOBIA**

Living in a society, we all feel a bit insecure or anxious about fitting in sometimes. But did you know there is actually a phobia called Allodoxaphobia that is the fear of other people's opinions? It is an anxiety disorder that can cause people to avoid engaging in discussions or debates for fear of being judged or criticized. Be kind out there! We're all just trying our best.

### **Pets of Legacy**



#### **Meet Nash and Archie**

We know that the people who live in Legacy are amazing, but we can't forget about our furry friends! Each month, we are showing off our Legacy pets. If you have a beloved animal whether it's a fluffy kitty, a prickly porcupine, or a scaley lizard, we want to meet them!

Name: Nash and Archie Breed: Australian Shepherds Age: 6 months and 6 years

Meet our two Aussie shadows—Nash (6 months) and Archie (6 years)! These two are beautiful Australian Shepherds: loyal, energetic, and total Velcro dogs who can't get enough of their humans—especially their little humans.

Nash is our sweet red merle baby with a heart as big as his floppy ears. He's the emotional support pup of the house—somehow always knowing when someone's feeling off and rushing in for snuggles, refusing to leave your side until you're okay. He's a softie... unless you're a shoe or a fence. Then he's a full-blown escape artist and chew connoisseur.

Archie is our wise blue merle boy, a loyal protector with a big heart and an even bigger obsession with yogurt. He watches over his pack like a pro—especially his dad (aka his favourite human in the world)—and will fiercely guard us from dangerous intruders... like bees.

Together, they're the heartbeat of our home—chaotic, cuddly, and full of personality. Life with these two is messy, loud, and full of love—just the way we like it.

Want to see your pet featured? Please send an email to christie.crawford@calqaryleaacy.ca to find out more.





MP Calgary Midnapore Stephanie Kusie 204 – 279 Midpark Way SE Calgary, AB T2X 1M2

403-225-3480 🗎 403-255-3504

stephanie.kusie.c1@parl.gc.ca
stephaniekusiemp.ca

Dear Constituents of Calgary Midnapore,

It's always nice to return home from Ottawa – but this is especially true at Christmas!

From Legacy and Wolf Willow all the way to Kingsland, Christmas has come to Calgary Midnapore! As I drive through the riding and see the beautiful lights, it's clear that our community is a joyful one.

I want to thank the community associations, churches, and charities who have been looking out for our neighbours this holiday season. From food bank drives to arranging gifts for kids in need, your efforts are truly appreciated.

Please join me in supporting our local businesses this holiday season. Whether it's browsing wines, picking up specialty items for your party, or browsing through boutiques, there's something for everyone on your list.

This Christmas, I hope your home is filled with love, delicious food, laughter, music, and memories in the making. As we enter 2026, I pray for your health and happiness -- and for protection over our cherished communities.

Looking back on 2025, from a federal political standpoint, it was a whirlwind. From Justin Trudeau's prorogation and resignation in January followed by Mark Carney's selection as Liberal leader to a federal election .... it's certainly been a lot for everyone. Especially when we continue to hear of the pain, struggle, fearfulness, and injustice in our country. However, I can promise you that Conservatives will continue to fight for the quality of life and safety that good, hard-working Canadians deserve.

To keep up to date on the work I am doing on your behalf, please subscribe to my e-newsletter at www. stephaniekusiemp.ca.

Sending my warmest holiday wishes your way! Sincerely,

Stephanie Kusie

# **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**LEGACY MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**LEGACY CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Legacy. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www. lefroyconstruction.com.

**PAINTER SERVICING LEGACY:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.









### **Markets of Legacy**

If you love to support local, check out our "Markets of Legacy" group on Facebook! Here, we feature makers, reps, and services from right here in Legacy and nearby communities. Be sure to follow the group, peruse vendor albums at your leisure, and watch for our regular giveaways! Find the group by searching "Markets of Legacy" on Facebook and ask to join today.





BRAIN GAMES			SUDOKL					
	3	2		7				
7						1	3	
	5			3				7
		9	6					3
	7		8	9	5		6	
2					3	5		
4				1			9	
		7						
				8		3	1	

SCAN THE QR CODE

FOR THE SOLUTION





CUSTOMER SATISFACTION GUARANTEED

## WE SPECIALIZE IN ALL FORMS OF CONSTRUCTION & LANDSCAPE

INCLUDING SMALLER IN-HOME PROJECTS



#### **Services**

Residential Landscaping

**Landscape Construction** 

Year-Round Maintenance

Spring and Fall Cleanup

Commercial and Condo Property Management

Snow and Ice Removal

#### **Contact Us**

Address 20 Sunvale Place SE

Calgary, AB T2X 2R8

Call us now (403) 256-9282



Email us

info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca



# SOUTH CALGARY DENTAL & ORTHODONTICS

**(587) 352-3100** 



# \$100 AMAZON OR SOBEYS GIFT CARD\* AS OUR NEW PATIENT!

\*Disclaimer: Offer valid with a comprehensive exam, x-rays and cleaning. Must be 18 years or older. Cannot be combined with any other offers. Not available to patients on reduced rate plans.



SCAN TO BOOK AN APPOINTMENT TODAY!

### **OPEN EVENINGS & SATURDAYS**

- 5250 47 Legacy View SE, Calgary, AB T2X 2C3 (Next to Fitness 1440)
- www.SouthCalgaryDental.ca

Legacy Grove SE

South Calgary Dental & Orthodontics

Legacy Circle SE

Orthodontic services provided by Dr. A. Sharma, BSc, DMD, FRCD (Ortho).