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New Patients Welcome



MAHOGANY

HOMEOWNERS ASSOCIATION

For upcoming events, programs, lake conditions, volunteer information and more, check out the Mahogany HOA website:

www.mahoganyhoa.com

29 Masters Park SE, Calgary, AB, T3M 2C1 • Ph: 403-453-1221 Fax: 403-474-1202 https://www.facebook.com/mahoganyhoa

Hours of Operation: 9:00 am to 10:00 pm daily

CONTACTS			
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Programs and Volunteer Coordinator	Jen Wakely	programs@mahoganyhoa.com	

All residents age 12+ must have their membership card/credential to access the Mahogany Beach Club and parks.

Stop by the MBC to have your picture taken and get your card/ credential today! Please bring your "Certificate of Title" and photo ID showing proof of residency. Tenants must bring in their lease agreements.

ELECT LAURA DENNISON

FOR CALGARY CATHOLIC SCHOOL DISTRICT TRUSTEE
WARDS 11 6 12

ON JANUARY 31, 2025

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		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	24	46	30	\$704,900	\$693,750
October	24	47	46	\$704,950	\$692,500
September	24	47	29	\$699,900	\$690,000
August	24	42	29	\$679,900	\$680,000
July	24	36	30	\$762,450	\$758,500
June	24	49	41	\$745,000	\$732,000
May	24	44	42	\$622,450	\$627,450
April	24	46	42	\$679,950	\$680,000
March	24	55	51	\$649,900	\$640,000
February	24	51	47	\$649,900	\$638,000
January	24	32	16	\$694,450	\$688,250
December	23	25	34	\$682,450	\$680,000

To view more detailed information that comprise the above MLS averages please visit mah.mycalgary.com

SAFE AND SOUND

Sledding Safety

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Sledding at night is not advised.

Plan Ahead

- · Anticipate weather changes and plan accordingly.
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite; therefore, attempt to cover up any exposed skin.

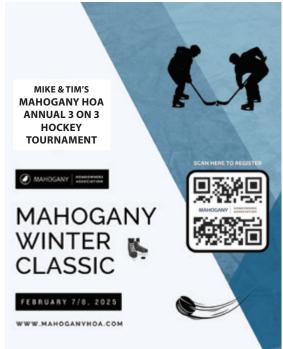
- If frostbite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind chill.
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water until re-warmed.











Wellness Centre Program Guide

Better health for free In-person and Virtual Classes

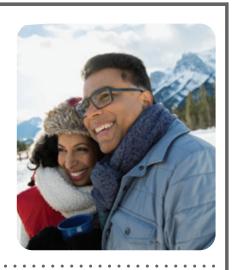
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For other classes & more info: <u>ahs.ca/shcwellness</u> (click on Program Guide) 403-956-3939 or wellness.shc@ahs.ca





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Saturday (2/mo): 8:00am - 2:00pm



EMPOWER YOURSELF

Women's Personal Safety Course

Residents: \$185 CMCA Members: \$195 Non-Residents: \$205



Jon Pidhirney of Choose Safety and first responder and Maria Milonas of Inner Coach University present an empowering day of women's personal safety. We present functional, trauma-informed safety from a psychology and mindfulness background: not strictly physical strategies.



Sunday, March 23, 2025



10:00 AM - 4:00 PM

www.mahoganyhoa.com



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GAMES & PUZZLES

Guess the Instrument!

- 1. Dating back at least 50,000 years, this is considered the oldest known musical instrument in the world.
- 2. This instrument's name comes from the Persian word meaning "three-stringed."
- 3. This instrument is made up of 88 keys that strike 230 strings.
- 4. Along with the shamrock, this instrument is the official State emblem of Ireland.
- 5. This instrument is played with a bow made up of at least 150 individual hairs.
- 6. The Fender Stratocaster is this kind of instrument.







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MAHOGANY HOMEOWNER

SA FOUNDATION

Mahogany Winterfest

Ice carving, family fun winter games and activities, hot chocolate, hot dogs, and s'mores by the fire!

The Mahogany Beach Club supports The Servants Anonymous Foundation through their annual Icebreaker Polar Dip awareness campaign.

WWW.MAHOGANYHOA.COM



Febraury 1st, 2025 | 12:00 PM to 3:00 PM







YOUR CITY OF CALGARY

Protect Your Household Water Lines and Meter from Freezing

by the City of Calgary

Every winter, some Calgarians will experience frozen water pipes, service lines, and water meters, resulting in a water outage. The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth, and configuration of water pipes and a history of freezing.

Recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, where taking some of the steps below could have prevented household pipes from freezing. Ways to avoid freezing include:

- Keep your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors, and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit calgary.ca/frozenpipes to learn more, including actions you can take if you suspect you have frozen pipes.



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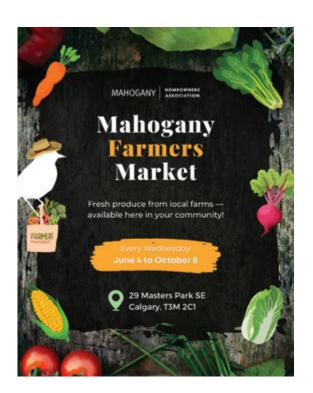
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