

MAY 2025

DELIVERED MONTHLY TO 7,575 HOUSEHOLDS

# LIFE IN MAHOGANY

THE OFFICIAL MAHOGANY COMMUNITY NEWSLETTER



Happy Mother's Day

**McKENZIE ORTHODONTICS**  
*Certified Specialist in Orthodontics*

FREE CONSULTATION  **invisalign**  
The Clear Alternative to Braces



Scan To  
Book Today!

403.262.3696 | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist

Great News Media | Call 403-720-0762 for advertising opportunities | [www.greatnewsmedia.ca](http://www.greatnewsmedia.ca)



# Active Sports Therapy

WILLOW PARK    WESTMAN VILLAGE

- Chiropractic
- Physiotherapy
- Massage
- Laser Therapy
- Active Release Techniques
- Muscle Activation Technique
- Integrated Medicine
- Naturopathic Medicine
- Shockwave
- Exercise Rehab
- Holistic Nutritional Consulting
- Traditional Chinese Medicine



**ActiveSportsTherapy.ca**



AST Willow Park 403-278-1405 • AST Westman Village 825-509-4780

**Your Patio Furniture Superstore!**

**YETI** **Wicker Land Patio** **weber**

TRAEGER **BBQ LAND** **Modern Patio** RATANA

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
WickerLand.ca

**OFFICIAL**  
PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**  
Service Call Fee

**403-837-4023**  
info@officialplumbingheating.ca  
official-plumbing-heating.ca

# HIGHSTREET dental

*We are participating in the new Canadian Dental Care Plan!*

*We bill in accordance with the ADA Fee Guide Prices*

*We direct bill your insurance*

*Open evenings and weekends*



**Dr. Jordan Loewen, Dr. Jeff Seckinger,  
Dr. Patricia Tsang**  
*General Dentists*

**Call today and book your free teeth whitening included with your complete exam, x-rays, and cleaning**



**☎ 403-236-1200**

**📍 50 High Street SE,  
Calgary, AB**

**🌐 [www.highstreetdental.com](http://www.highstreetdental.com)**

***New Patients Welcome***



# MAHOGANY COMMUNITY ASSOCIATION

RPO Mahogany, P.O. Box 28057  
 Calgary, Alberta T3M 3C9  
 Email: [info@mahoganycommunity.ca](mailto:info@mahoganycommunity.ca)  
 Website: [mahoganycommunity.ca](http://mahoganycommunity.ca)

## BOARD OF DIRECTORS

President	Carmen Galvez <a href="mailto:carmen.galvez@mahoganycommunity.ca">carmen.galvez@mahoganycommunity.ca</a>
Vice-President	Ash Grewal <a href="mailto:ash.grewal@mahoganycommunity.ca">ash.grewal@mahoganycommunity.ca</a>
Secretary	Elisangela Bohemier <a href="mailto:elisangela.bohemier@mahoganycommunity.ca">elisangela.bohemier@mahoganycommunity.ca</a>
Treasurer	Jacquie Sanchez <a href="mailto:jacquie.sanchez@mahoganycommunity.ca">jacquie.sanchez@mahoganycommunity.ca</a>
Director of Communications	Jennifer Scantlebury <a href="mailto:jennifer.scantlebury@mahoganycommunity.ca">jennifer.scantlebury@mahoganycommunity.ca</a>
Director of Membership and IT	Clifford Dutka <a href="mailto:clifford.dutka@mahoganycommunity.ca">clifford.dutka@mahoganycommunity.ca</a>
Director of Casino and Graphic Design	Liz Araujo <a href="mailto:liz.araujo@mahoganycommunity.ca">liz.araujo@mahoganycommunity.ca</a>
Director of Developing Permits	Stan Benedek <a href="mailto:stan.benedek@mahoganycommunity.ca">stan.benedek@mahoganycommunity.ca</a>

## Our MCA Logo

The MCA logo symbolizes all the road roundabouts in our community of Mahogany, and the colours represent the diversity in our community. Designed by Liz Araujo.



## Time to Renew Your Mortgage?

Don't Settle – Discover Better Rates and Options! Get Ready to Save Big!



**ANITA** 403-771-8771  
[anita@anitamortgage.ca](mailto:anita@anitamortgage.ca)

Licensed by Avenue Financial

## BRAIN GAMES

## SUDOKU

6								
				1		6		
	7	9			6			
		2					7	8
	9						5	
	3		4	5		9		
9				8	2	5	6	
2			7				8	
3								1

SCAN THE QR CODE FOR THE SOLUTION



# CONTENTS

---

- 6 MAHOGANY CA OBJECTIVES
- 8 CA MISSION
- 14 SAFE AND SOUND: WINDOW AND BALCONY SAFETY
- 24 YOUR CITY OF CALGARY: CREATE A BEAUTIFUL AND RESILIENT YARDSMART YARD THIS SPRING!
- 28 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL MAHOGANY CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so. Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## Mahogany Community Association Objectives

The objectives of the Society are:

- To promote and foster community spirit and resident relations within the community and across communities at large.
- To facilitate the recreational, cultural, social, athletic, and educational activities of the residents of the community.
- To provide a forum for interactions between the Association, local businesses, and the City of Calgary that promote healthy community growth within our geographic boundary.
- To maintain and operate amenities for various activities for the residents of the community.
- To raise funds in any way to achieve the objectives of the Society, which includes accepting gifts, donations, and grants.
- To liaise with local non-profit agencies to help those in need where appropriate to the community vision.
- To help facilitate and encourage dialogue to enhance both the process and the outcome of projects in the community.
- To promote volunteerism in Calgary.
- Otherwise, generally serve and promote the interests of the community as appropriate.



- Residential Cleaning
- Move-In/Out Cleans
- Airbnb Cleaning
- Deep Home Cleaning

**50% OFF**  
FIRST-TIME CLEAN

**CONTACT US TODAY!**

(403) 336-2046

Monarchsparkleandshine@gmail.com



## SAR PROFESSIONAL CORPORATION

- Business and Personal Strategic Tax Planning
- Accounting & Bookkeeping Services
- Compilation & Review Engagement
- Business Consulting

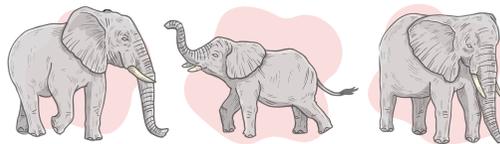
**CALL: 403-204-0897**

[info@saraccounting.com](mailto:info@saraccounting.com)

[www.saraccounting.com](http://www.saraccounting.com)



## ELEPHANT CAT



Did you know elephants can purr like cats when they're content? Unlike a cat's purr, which comes from its larynx, an elephant's purr-like sound is actually a deep rumble created by airflow through its vocal cords—how purr-fect!

# Buy a Mahogany Community Association Yearly Membership Today!

Send \$30 e-transfers to  
[payments@mahogany.community.ca](mailto:payments@mahogany.community.ca).



# Community Association Mission

- Foster Community Cohesion
- Enhancing Quality of Life
- Celebrate Diversity and Promote Inclusivity
- Environmental Stewardship within Mahogany
- Education and Growth
- Advocacy
- Celebrate and Honour our Diverse Traditions.



# The Roles of the Mahogany HOA and the Mahogany CA

In Calgary, both Homeowners Associations (HOAs) and Community Associations (CAs) play important roles in our communities, however, they serve distinct purposes. HOAs are organizations created and established by developers to oversee shared community-owned

parcs and facilities, and uphold community amenities and standards through fees paid by homeowners. CAs are voluntary, resident-led organizations focused on community-building activities such as advocacy work with the City of Calgary to ensure better community infrastructure.

*The Mahogany Community Association is a new organization that has evolved from the Copperfield Mahogany Community Association at the end of 2024.*

<p><b>MAHOGANY HOMEOWNERS ASSOCIATION (MHOA)</b></p> <p><b>reception@mahoganyhoa.com</b> <b>www.mahoganyhoa.com</b></p>	<p><b>MAHOGANY COMMUNITY ASSOCIATION (MCA)</b></p> <p><b>info@mahoganycommunity.ca</b> <b>www.mahoganycommunity.ca</b> <b>(in progress)</b></p>
Primarily oversee community-owned parks, lakes, and facilities created by the developer.	Formed by the residents of a community.
The MHOA is managed by a team of paid employees and overseen by a volunteer Board of Directors.	Overseen by a volunteer Board of Directors.
Host community and public events, provide recreational programming and facility rental spaces, build community opportunities and relationships, and invest resources in Mahogany to better enhance the community.	May host community and accessible events.
Collect annual encumbrance fees that are on property titles.	Voluntary annual memberships available.
Built on community-shared lands by the developer.	Access to City of Calgary public lands for public amenities.
Guaranteed source of revenue via encumbrance fees and other revenue sources. Some developers provide financial support.	Reliant on grants, rental of community facilities (if applicable), programs, sponsorships, and casinos for funding.
HOA amenities are in place when residents buy, so they can be enjoyed immediately.	CA amenities are built through fundraising on City of Calgary public lands and operated by the CA.
HOAs are a Not-for-Profit organization registered under the Alberta Societies Act.	CAs are registered as a Not-for-Profit under the Alberta Societies Act.
Accountable to the Board of Directors, who in turn answer to the membership of homeowners.	Accountable to their membership.
Private non-profit organizations with primary focus on the management and high-level maintenance of community-owned assets, and most invest in externally maintaining City of Calgary owned greenspaces and amenities.	Advocacy and representative role to the City of Calgary of the needs and issues in their community and often regionally.

# Six Ways to Stand Up for Yourself

by Nancy Bergeron, R.Psych. | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

People-pleasing is a common pattern where individuals prioritize others' needs or desires over their own...often at the expense of their well-being. Overcoming this behaviour takes self-awareness, boundary-setting, and practicing self-care. Here are six ways to stop people-pleasing:

### 1. Recognize and Acknowledge the Behaviour

The first step in breaking free from people-pleasing is to recognize when you're doing it. Notice if you're constantly agreeing to things you don't want to do, neglecting your own needs, or avoiding conflict at all costs. Once you can identify these patterns, you can start taking steps to address them.

### 2. Set Clear Boundaries

Setting healthy boundaries is essential to stopping people-pleasing. This means learning to say no without guilt and making it clear what you can and cannot do. Practice asserting yourself calmly and confidently when someone asks for something that goes beyond your limits. You don't have to provide an explanation for your boundaries — just saying "I can't do that right now" or "That doesn't work for me" is enough.

### 3. Understand and Prioritize Your Own Needs

People-pleasers often suppress their own needs in favour of others. To stop this, be mindful of your own feelings and desires. Make a habit of checking in with yourself regularly. What do you need in the moment? What are your values? Prioritizing your own emotional, mental, and physical well-being helps you stop being overly concerned with other people's approval.

### 4. Challenge Your Fear of Disappointment or Conflict

A lot of people-pleasers fear disappointing others or facing conflict. Shift your mindset by reminding yourself that it's okay to disagree or say no. You don't need to make everyone happy, and people's reactions to your boundaries don't define your worth. Over time, you'll become more comfortable with discomfort and realize that you can handle others' feelings without compromising your own.



### 5. Learn to Tolerate Guilt and Discomfort

It's natural to feel guilty when you start saying no or standing up for your needs, especially if you're used to pleasing others. Practice tolerating that guilt and discomfort. Understand that feeling bad doesn't mean you've done something wrong — it simply means you're making a change. As you practice, this guilt will lessen, and you'll become more comfortable with acting in ways that align with your values.

### 6. Surround Yourself with Supportive People

Having people around who respect your boundaries and encourage your personal growth can help you feel empowered to stop people-pleasing. Seek relationships that are balanced and reciprocal, where your needs are valued just as much as others'. Positive, supportive people will help you feel more confident and less likely to fall back into people-pleasing behaviours.

Changing people-pleasing habits takes time, but with consistent effort and practice, you can learn to prioritize your own needs and create healthier, more authentic relationships.

Your story starts here



COLDWELL BANKER MOUNTAIN CENTRAL

Helping you find solutions for all your real estate needs

Vicky Lueke REALTOR®



Call or text 403.616.2863

# Belonging to May

The bell-shaped flower Lily of the valley's scientific name is Convallaria majalis, with majalis meaning "of or belonging to May"—making it the perfect birth flower for the month.

The Landscape Artist Inc.



403.256.2252  
www.landartist.com

Contact us to schedule a free onsite consultation



We are providing our award winning landscaping design and construction services in your area!

Pools & Spas Aluminum Pergolas Outdoor Kitchens & Fireplaces Sports Courts & Putting Greens Water Features Retaining Walls

Watch our interview with Bryan Baeumler



IN STOCK ALUMINUM PERGOLAS  
4 SEASONS - WINTER ENGINEERED



IN STOCK FIBERGLASS POOLS  
QUICK, EASY AND AFFORDABLE

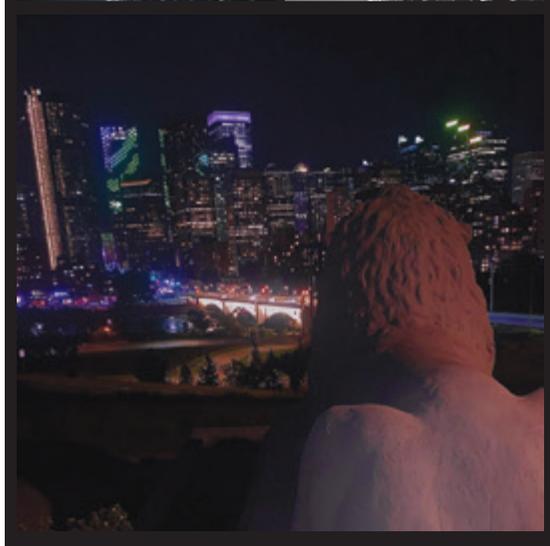


ENHANCING YOUR OUTDOOR LIVING SPACE



# Photo Gallery

by Stu Franklin



## TAKE ON WELLNESS

### Alcohol and Youth

by Alberta Health Services



Alcohol continues to be the most used substance in Canada among youth. Brains continue to develop up to the age of 25. Our brain works extra hard during later stages of development focusing on abilities to problem solve, and abstract think. Early use of alcohol or substances can alter this process and increase risk taking among youth. Here are some ways to support young people when it comes to alcohol:

**Role Model:** We know that the young people in our lives are watching and learning from us. Be mindful of your own habits and set examples you would want a young person in your life to follow.

**Talk and Listen:** It is important for your young person to know they can talk to you about anything, including substance use. Your role as a natural support is to check in with your youth often, let them know how much you care, and advocate for them.

**Support Healthy Decisions:** Self-esteem is important as this will help youth make decisions. Critical thinking is important, and a skill that youth are still learning as their brain continues to develop.

**Affirm:** Consider what routines and checks and balances can be built in for your child. Do not forget to celebrate all your child's gifts and strengths! Affirm the effort they are making.



Calgary  
Humane  
Society

# REPORT

ANIMAL ABUSE

ANIMAL NEGLECT

ANIMAL ABANDONMENT

## END ANIMAL CRUELTY

To report animal cruelty call 403-205-4455

Learn more at [CalgaryHumane.ca](http://CalgaryHumane.ca)

# Window and Balcony Safety

by Alberta Health Services



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's' reach. Wrap excess cord around cleats or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.

- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony or deck.

### Further Prevention Tips

- Toddlers and preschoolers are at highest risk of falling from a window or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window can open to a maximum of 10 cm (4 inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.

EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.



Testing from ages 40 to 70  
No appointment necessary

Scan to  
learn more:



Canada's first mobile men's health clinic offering FREE PSA (Prostate-Specific Antigen) blood testing used for early detection of prostate cancer.



Thursday, May 29, 2025  
Westman Village  
12PM - 3PM  
166 Mahogany Centre SE



## CANADIAN UNICORNS

Around 75% of the world's narwhal population calls the northern waters of Nunavut, Canada, home. These real-life "sea unicorns" thrive in our Arctic waters, especially in the summer months. How magical!



## BUTTER KEEP A SECRET!



Have you heard the rumor about butter?

Never mind, I shouldn't be spreading it.

## PLUMBER

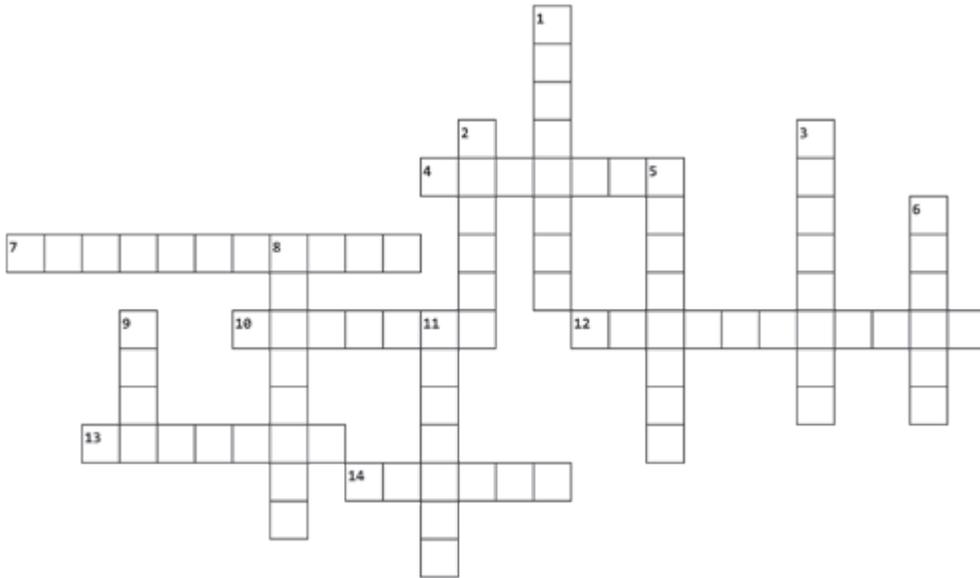
*PLUMBOB Father and Son*

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

**Call Bob: 403-461-3490**



# May Crossword



## Down

1. Cory \_\_\_\_\_, famous for his role as Finn Hudson on *Glee*, was born on May 11, 1982, in Calgary, Alberta.
2. The first \_\_\_\_\_ Awards were held on May 4, 1959, with Ella Fitzgerald winning the award for Best Jazz Vocal Performance.
3. *Astrophysics for People in a Hurry* by Neil \_\_\_\_\_ Tyson was originally published in May 2017.
5. On May 8, 1980, the World Health Organization declared that this disease, caused by the variola virus, had been eradicated.
6. Fashion designer, Coco \_\_\_\_\_, released her eponymous perfume, \_\_\_\_\_ No. 5, on May 5, 1921.
8. Canadians celebrate the birthday of this Queen on May 19.
9. The month of May is named after \_\_\_\_\_, the Greek goddess of growth, fertility, and spring.
11. The Canadian government established the North-West \_\_\_\_\_ Police on May 23, 1873.

## Across

4. This popular TV sitcom aired its series finale "The Last One" on May 6, 2004, in the United States.
7. Pyotr Ilyich \_\_\_\_\_ was a guest conductor for the opening of Music Hall (now Carnegie Hall) on May 5, 1891.
10. On May 16, 1929, the first \_\_\_\_\_ Awards were held with the silent film *Wings* winning Best Picture.
12. The first-ever race of the Formula 1 World Championship was held on May 13, 1950, at this iconic English circuit, which is still used today.
13. Amelia \_\_\_\_\_ started her first transatlantic solo flight on May 20, 1932, departing from Harbour Grace, Newfoundland.
14. *The \_\_\_\_\_ Reloaded* was released on May 15, 2003, starring Canadian actor Keanu Reeves and Canadian actress Carrie-Anne Moss.



Visit [bit.ly/mycalgaryanswers](http://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## In Loving Kindness

by Garth Paul Ukrainetz

Be not abashed when life is tough  
No shame in having need  
At times the road is harsh and rough  
Confused this world indeed

It's crucial that we all reach out  
In giving and receiving  
To rise above the walls of doubt  
Together we're believing

We're here to care, we're here to share  
For that's what life's about  
In loving kindness, hearts prepare  
The Food Bank helping out

## Cats, Canines, & Critters of Calgary



Honey, Woodcreek



Kona, Woodlands



Marjory, Walden



Mavis, Calgary



Puff the Magic Dragon,  
McKenzie Towne



Riley, Woodbine



Serendipity, Calgary



Tita, New Brighton

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

### READY TO INCREASE YOUR CURB APPEAL?

**KILBCO**  
CONCRETE CURBING

Need a border between your grass and existing garden? Thinking of creating a new garden? Kilbco can help.

With a variety of colors, stamps and profiles, our steel cable enforced landscape curbing is a cost effective and a practical solution for residential and commercial properties.

Curbing will beautify your landscape and add value to your property

**Free Estimates**  
[www.kilbco.com](http://www.kilbco.com) | 403-870-0737

## Celebrating Calgary 150 - Sandstone City

by Anthony Imbrogno (*The Calgary Heritage Initiative Society/Heritage Inspires YYC*)

Why is today's downtown core located west of Fort Calgary? In the 1880s, Inglewood was growing in anticipation of the railway, but then Canadian Pacific Railway built its station where the Calgary Tower stands today. Much of the fledgling town picked up and moved.

Civic leaders then built bridges and ran the Stampede's forerunner, the 1886 International Seed Grain and Hay Exposition. The first General Hospital opened in a house, performing surgeries on the kitchen table.

Calgary's first buildings were constructed with wood, but 18 were destroyed in the Great Fire of 1886. Afterwards, town council mandated building with sandstone from the surrounding foothills.

Hence the nickname Sandstone City. See for yourself along Stephen Avenue National Historic Site. Imperial Bank helped make it Calgary's commercial core. The Alberta Hotel followed, and HBC built a department store in 1891.

Smallpox killed several people in 1892, sparking a riot when fearful residents attacked Chinese laundries, the purported source of the outbreak. Many thousands of Chinese had worked on the CPR and settled in Calgary.

An influx of Russian Germans fleeing persecution arrived in 1892 in Bridgeland-Riverside. Ukrainians and Italians followed. Nuns like Mary Greene established Sacred Heart Convent in 1885. Édouard Rouleau became head physician of Holy Cross Hospital.

The CPR took advantage of the Rocky Mountains' picturesque landscapes. Near Siding 29, Banff townsite emerged in 1883. The presence of hot springs led the government to create a national park in 1887. Opened one year later, Banff Springs Hotel is a modern-day castle, with another one built on Hornummay ("little fishes' lake", aka Lake Louise).

The park's founding saw the exclusion of Indigenous people. They also faced Residential Schools that

isolated students from their culture and families under sometimes terrible conditions.

At today's Fish Creek Provincial Park, William Roper Hull built a two-storey Tudor Revival-style ranch house. Also, there was Shaw's family homestead and woollen mill. A store on Stephen Avenue sold their goods to many customers headed for the Yukon's Klondike Gold Rush.

Sandstone City was a beacon on the prairies, connected to the world via railway and offering opportunities to many.

\*All copyright images cannot be shared without prior permission.



"Calgary, Alberta., 1884-11-08, (CU181590) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OY55VV?WS=SearchResults>.



"Big fire on 9th Avenue SE, Calgary, Alberta., 1886-11-07, (CU1115356) by Ross, Alexander J.. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Big fire on 9th Avenue, Calgary, Alberta, between Centre Street and 1st Street SE. I.S. Freeze, J. Paterson, and Grand Central Hotel buildings in middleground. Contents of various buildings piled in foreground. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OT23D6?WS=SearchResults>.



"View of Alberta Hotel, Calgary, Alberta., 1893, (CU1151254) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Decorated for Dominion Day? <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1F014Z6?WS=SearchResults>.



"Chinese section men on handcars, Canadian Pacific Railway", [ca. 1886], (CU1103679) by Boome and May. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1O2D94D?WS=SearchResults>.



"Bridgeland area, Calgary, Alberta., [ca. 1912-1915], (CU140825) by Unknown. Courtesy of Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF11WVC9?WS=SearchResults>.

## Age-Friendly Calgary Essential Numbers for Seniors in Calgary

<b>9-1-1 Emergency (24-Hour)</b>	<b>403-SENIORS (403-736-4677)</b> The Way In
For EMERGENCY medical, fire, and police response. Call the non-emergency police line at <b>403-266-1234</b> to report an incident that is not an emergency.	Information, advice, and help accessing programs and benefits for older adults.
<b>8-1-1 Health Link (24-Hour)</b>	<b>403-266-HELP (403-266-4357)</b> Distress Centre and SeniorConnect (24-Hour)
Health advice (including dementia advice) from a registered nurse.	Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).
<b>3-1-1 City of Calgary (24-Hour)</b>	<b>403-943-1500</b> Access Mental Health
Information on all City of Calgary services. <a href="http://www.calgary.ca">www.calgary.ca</a> .	Non-urgent advice on navigating the addiction and mental health system.
<b>2-1-1 Community Resources (24-Hour)</b>	<b>403-705-3250</b> Elder Abuse Resource Line (24-Hour)
Information and referrals for community and social services. <a href="http://www.ab.211.ca">www.ab.211.ca</a> .	Confidential information and support, or to report a suspected case of elder abuse.
Telephone language interpretation service available on all lines.	



"Sacred Heart Convent, Calgary, Alberta," [ca. 1900-1905], (CU1156653) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FTRYQZ?WS=SearchResults>.



"First General Hospital in Calgary, Alberta," [ca. 1920], (CU1193643) by Oliver, W. J. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1S14NLX>.



"Canadian Pacific Railway hotel, Banff, Alberta," 1888, (CU181509) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OY1FOL?WS=SearchResults>.



"St. Dunstan's Calgary Indian Industrial School, Calgary, Alberta," [ca. 1905], (CU11056821) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF14A476V>.



"The first Lake Louise Chalet, Lake Louise, Alberta," [ca. 1890-1893], (CU185533) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OXAVWK?WS=SearchResults>.



"Bow Valley Ranch, home of William Roper Hull, Calgary, Alberta," [ca. 1900], (CU1220800) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1XDFSPW?WS=SearchResults>.

## LANDSCAPING SPECIALISTS



FOR A FREE ESTIMATE  
ON LANDSCAPING  
CALL SHAWN 403.651.0424  
[WWW.ASFCONTRACTING.COM](http://WWW.ASFCONTRACTING.COM)

COMMERCIAL/RESIDENTIAL LAWN MAINTENANCE • PAVING  
STONE • SOD • RETAINING WALL INSTALL • FENCES • DECKS

AS A THANK YOU, PLEASE ENJOY  
**15% OFF**  
YOUR NEXT BILL WITH US!



THE BRO'KIN YOLK MAHOGANY  
#1410 - 7 MAHOGANY PLAZA SE  
(403) 457-5955  
BRING TO RESTAURANT TO REDEEM.  
VALID UNTIL: JUNE 30, 2025



@BROKINYOLK  
[WWW.BROKINYOLK.CA](http://WWW.BROKINYOLK.CA)

# The Art of Finding Work - Job Seekers' Trinity: Focus, Anger, and Evidence

by Nick Kossovan



Though I have no empirical evidence to support my claim, I believe job search success can be achieved faster by using what I call “The Job Seekers' Trinity” as your framework, the trinity being:

- The power of focus
- Managing your anger
- Presenting evidence

Each component plays a critical role in sustaining motivation and strategically positioning yourself for job search success. Harnessing your focus, managing your anger, and presenting compelling evidence (read: quantitative numbers of achieved results) will transform your job search from a daunting endeavour into a structured, persuasive job search campaign that employers will notice.

### The Power of Focus

Your life is controlled by what you focus on; thus, focusing on the positives shapes your mindset for positive outcomes. Yes, layoffs, which the media loves to report to keep us addicted to the news, are a daily occurrence, but so is hiring. Don't let all the doom and gloom talk overshadow this fact. Focus on where you want to go, not on what others and the media want you to fear.

Bonus of not focusing on negatives: You'll be happier.

Focus on how you can provide measurable value to employers.

If you're struggling with your job search, the likely reason is that you're not showing, along with providing evidence, employers how you can add tangible value to an employer's bottom line. Business is a numbers game, yet few job seekers speak about their numbers. If you don't focus on and talk about your numbers, how do you expect employers to see the value in hiring you?

### Managing Your Anger

Displaying anger in public is never a good look. Professionals are expected to control their emotions, so public displays of anger are viewed as unprofessional.

LinkedIn has become a platform heavily populated with job seekers posting angry rants—fueled mainly by a sense of entitlement—bashing and criticizing employers, recruiters, and the government, proving many job seekers think the public display of their anger won't negatively affect their job search.

When you're unemployed, it's natural to be angry when your family, friends, and neighbours are employed. “Why me?” is a constant question in your head. Additionally, job searching is fraught with frustrations, such as not getting responses to your applications and being ghosted after interviews.

The key is acknowledging your anger and not letting it dictate your actions, such as adding to the angry rants on LinkedIn and other social media platforms, which employers will see.

Undoubtedly, rejection, which is inevitable when job hunting, causes the most anger. What works for me is to reframe rejections, be it through being ghosted, an email, a call or text, as “Every no brings me one step closer to a yes.”

Additionally, I've significantly reduced triggering my anger by eliminating any sense of entitlement and keeping my expectations in check. Neither you nor I are owed anything, including a job, respect, empathy, understanding, agreement, or even love. A sense of entitlement and anger are intrinsically linked. The more rights you perceive you have; the more anger you need to defend them. Losing any sense of entitlement that you may have will make you less angry, an emotion that has no place in a job search.

## Presenting Evidence

As I stated earlier, business is a numbers game. Since all business decisions, including hiring, are based on numbers, presenting evidence in the form of quantitative numbers is crucial.

Which candidate would you contact to set up an interview if you were hiring a social media manager:

“Managed Fabian Publishing’s social media accounts, posting content daily.”

or

“Designed and executed Fabian Publishing’s global social media strategy across 8.7 million LinkedIn, X/Twitter, Instagram, and Facebook followers. Through consistent engagement with customers, followers, and influencers, increased social media lead generation by 46% year-over-year, generating in 2023 \$7.6 million in revenue.”

Numerical evidence, not generic statements or opinions is how you prove your value to employers. Stating you’re a “team player” or “results-driven,” as opposed to “I’m part of an inside sales team that generated in 2023 \$8.5 million in sales,” or “In 2023 I managed three company-wide software implementations, all of which came under budget,” is meaningless to an employer.

Despite all the job search advice offered, I still see resumes and LinkedIn profiles listing generic responsibilities rather than accomplishments backed by numbers. A statement such as “managed a team” doesn’t convey your management responsibilities or your team’s achievements under your leadership. “Led a team of five to increase sales by 20%, from \$3.7 million to \$4.44 million within six months” shows the value of your management skills.

Throughout your job search, constantly think of all the numbers you can provide—revenue generated, number of new clients, cost savings, reduced workload, waste reduction—as evidence to employers why you’d be a great value-add to their business.

The Job Seekers’ Trinity—focusing on the positive, managing your anger, and providing evidence—is a framework that’ll increase the effectiveness of your job search activities and make you stand out in today’s hyper-competitive job market, thus expediting your job search to a successful conclusion.

[www.kilbco.com](http://www.kilbco.com)

## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED

UNSEALED

**KILBCO**  
CONCRETE CURBING

Locally Owned &  
Operated

Free Estimates to 403.870.0737

## BMAX BROKERS

### MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

#### Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

✉ [info@bmaxbrokers.com](mailto:info@bmaxbrokers.com) | ☎ 403-249-2269



Mammoth Electrical Services offers expert residential and light commercial electrical solutions in Calgary, led by a Master Electrician with 17 years of experience.

Some of the services we offer:

- ✔ Car charger installations
- ✔ Lighting/smart switch upgrades
- ✔ Panel replacements
- ✔ Hot tub installations
- ✔ Basement/bathroom renovations
- ✔ Electrical troubleshooting and maintenance
- ✔ Wiring upgrades/repairs
- ✔ And more!

We offer competitive, upfront pricing. All work is licensed, insured, and permitted.

403-603-8315 | Mammoth.electricalservices@gmail.com  
Mammothelectricalservices.ca



CUSTOMER SATISFACTION GUARANTEED

WE SPECIALIZE IN ALL FORMS OF  
CONSTRUCTION & LANDSCAPE  
INCLUDING SMALLER IN-HOME PROJECTS



## Services

- Residential Landscaping
- Landscape Construction
- Year-Round Maintenance
- Spring and Fall Cleanup
- Commercial and Condo  
Property Management
- Snow and Ice Removal

## Contact Us

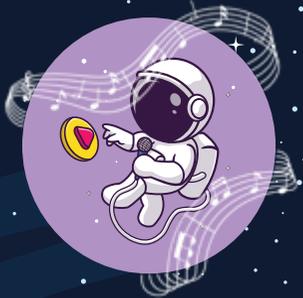
Address  
20 Sunvale Place SE  
Calgary, AB T2X 2R8

Call us now  
(403) 256-9282

Email us  
info@jacksonjackson.ca  
contact@jacksonjackson.ca



[www.jacksonjackson.ca](http://www.jacksonjackson.ca)



## GROUND CONTROL TO MAJOR TOM

On May 12, 2013, an unlikely beautiful voice in space emerged. Canadian astronaut Chris Hadfield, aboard the International Space Station, fittingly recorded a cover of David Bowie's "Space Oddity". His video, featuring him floating in zero gravity while singing, quickly went viral.



MAHOGANY | HOMEOWNERS  
ASSOCIATION



# SCAN TO VIEW

MAHOGANY HOA EVENTS, UPDATES,  
AND ANNOUNCEMENTS!



MAHOGANY | HOMEOWNERS  
ASSOCIATION



For More Information  
**403-453-1221**

Visit Our Website  
[www.mahoganyhoa.com](http://www.mahoganyhoa.com)



## Create a Beautiful and Resilient YardSmart Yard This Spring!

by The City of Calgary

A YardSmart yard stays beautiful longer during hot and dry weather compared to yards completely planted with grass. The City's YardSmart program provides helpful resources that show you how to plan, build, and maintain your yard, including:

- Layouts and plant lists for all over your yard – wet, full sun, partial sun, and shade areas.
- Easy to follow information on planting, watering, and maintenance.
- How-to videos including how to garden on a budget and creating a pollinator-friendly yard.

Remember, new plants need lots of water to get established, especially during the heat of summer. You can do your part to reduce your water consumption and help your yard and garden retain moisture by:

- Installing a rain barrel to use in your yard and garden. It is a simple, yet effective way to reduce your water use by acting as a backup source of water.
- Only giving plants the water they need.
- Mowing less often to keep your grass five to seven cm (two to three inches) high to shade the soil.
- Replacing portions of your lawn with garden features that use less water and help absorb rainwater such as low water-use perennials and shrubs, lawn alternatives, or groundcovers.
- Adding good quality soil to help retain moisture and mulch on top to reduce evaporation.

To learn more about how to create a beautiful, resilient yard and garden that uses less water, visit [calgary.ca/YardSmart](http://calgary.ca/YardSmart).



### NEW PATIENTS WELCOME

For your convenience we accept **direct billing**, the **Canada Dental Care Plan**, and follow the **ADA Fee Guide**.

- Family Dentistry
- Dental Cleanings & Check-ups
- Crowns, Bridges and Implants
- Root Canal Treatments
- Invisalign® + Botox®
- Cosmetic & Restorative Smile Makeovers
- Same Day Emergencies



**Dr. Navjeet Multani**

147 Mahogany Centre SE, Calgary, AB T3M 2V6  
(403) 453-7077 | [www.mahoganyvillagedental.com](http://www.mahoganyvillagedental.com)



M, T, W: 9:30am – 6:00pm  
Th: 8:00am – 4:00pm  
F: 7:00am – 3:00pm  
Saturday (2/mo): 8:00am – 2:00pm

# GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

**We make your phone ring.  
We bring you more customers.  
We grow your sales.**

Call 403-720-0762 | [grow@greatnewsmedia.ca](mailto:grow@greatnewsmedia.ca)



SCAN ME



## Thai Curry Chicken

by Jennifer Puri

Thai food is a blend of four cuisines – Indian, Chinese, Malay, and Thai.

Thai curry can be mild or spicy and contain meat, chicken, seafood, or vegetables, and is typically served with rice or noodles.

The “reddish” colour and flavour of the curry comes from the red chillies used to make the paste which would also include lemongrass, shrimp paste, ginger and garlic, turmeric, coriander, and cumin seeds.

Full fat coconut milk has been used in the Thai curry chicken recipe as it helps to offset the heat and give it a creamy consistency. The curry is actually quite mild, but you can increase the heat by stirring in the garnish of fresh, sliced red Thai chillies prior to serving.

**Prep Time:** 20 minutes

**Cook Time:** 35 minutes

**Servings:** 4 to 6

### Ingredients:

- 3 lbs. boneless, skinless chicken breasts
- 1 medium size onion, finely sliced

- 3 garlic cloves, finely chopped
- 4 tbsp. vegetable oil
- 4 to 5 tbsp. Thai curry paste
- 3 tsp. fish sauce
- 1 tsp. sugar
- 2 ½ cups full fat coconut milk

### Garnish:

- 3 Thai red chillies, deseeded and thinly sliced
- 10 to 12 fresh mint leaves or Thai basil leaves

### Directions:

1. Cut the chicken breasts into small pieces.
2. Heat oil in a large pan or skillet (which has a lid), add the sliced onion and garlic and sauté for 2 to 3 minutes.
3. Add the chicken pieces to the pan and fry until they change colour and are no longer pink.
4. Add Thai curry paste, followed by the sugar, salt, and fish sauce, and blend in with the chicken.
5. Pour in the coconut milk and simmer on low heat until the chicken is tender, about 20 minutes.
6. Garnish with 2 to 3 thinly sliced Thai red chillies with seeds removed and fresh mint or basil leaves.
7. Serve with Jasmine or Basmati rice or rice noodles if desired.

Bon Appétit!



# MAHOGANY IS EVERYTHING

**SPRING EVENT: MAY 10TH**

Mahogany is everything. Calgary's largest freshwater lake, private Beach Club access, trails that wind through wetlands and 265 acres of park space. Schools, shopping, dining, and countless ways to connect. This is Calgary's premier four-season lake community—a place where every day feels like a getaway. From sunrise walks to afternoon sails, from beach days to moonlit trails. No matter where or how far you roam, this is the place that you'll call home.

## EXPLORE 13 NEW SHOW HOMES



PAIRED HOMES



LANED HOMES



FRONT-GARAGE HOMES

SIGN UP FOR EVENT DETAILS AND MORE AT  
[MAHOGANYISEVERYTHING.COM](https://www.mahoganyiseverything.com)

**MAHOGANY™**  
by Hopewell<sup>®</sup>

# BUSINESS CLASSIFIEDS

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Mahogany. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**MAHOGANY MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**HERITAGE WEST PLUMBING AND HEATING:** Furnace, boilers, and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**MAHOGANY CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Legacy. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).

**MAHOGANY PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. [www.fivestarpainting.com](http://www.fivestarpainting.com).

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Mahogany? Our unified team of expert practitioners have one common goal - to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit [activesportstherapy.ca](http://activesportstherapy.ca) to book a free consultation.

**AFFORDABLE DENTAL CARE MINUTES FROM MAHOGANY!** Affordable dental care, easy drive from Mahogany. Dentistry that's accessible is essential. Storefront free parking next to Tim Hortons or Domino's. We accept all dental insurance/direct billing O.A.C. No fluff, no frill care. Get a dental care goodie bag. Call today at 403-287-6453 or 403-272-7272. Two locations (Bonavista and Forest Hills). Visit [calgarydentalcenters.com](http://calgarydentalcenters.com).

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**NOW OPEN! PRESCHOOL-STYLE DAYHOME IN MCKENZIE TOWNE:** Two experienced caregivers, with 30+ years combined experience, offer a safe, nurturing, home-away-from-home. A learning-through-play program with healthy meals and snacks. Full-time and part-time spaces available for children 14 months and up. Call Deb at 306-290-2775 to book a tour!

**MERGE ENERGY. ELECTRICAL SERVICES:** Calgary's go to for all your electrical needs! Friendly service at competitive rates. Fully licensed and insured with years of experience our electricians will get the job done right. Delivering a great customer experience is our goal! Call today for a free quote 403-999-4682.

**COPPERFIELD FIDDLE LESSONS:** Learn to play traditional Irish music on the fiddle. Adult (age 18+) students only, all levels. Monday, Tuesday, and Thursday evenings available. I have played Irish fiddle for thirty years and look forward to helping you explore this beautiful music. Contact Eric at 403-804-6914 | macdonaldmusic32@gmail.com.

**EXCELLENCE ACCOUNTING & TAX SOLUTIONS:** Trusted CPA for personal and corporate tax, bookkeeping, GST, payroll, and business advisory services. Maximize savings, stay compliant, and grow with expert support. Serving Calgary and beyond. Call 825-438-5577 or visit [www.excellenceaccounting.ca](http://www.excellenceaccounting.ca). Enjoy a 20% welcome discount for new clients!

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email [service@expressappliance.ca](mailto:service@expressappliance.ca).

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**FENCING & DECKING, DRYWALL & FRAMING, BASEMENT, KITCHEN, BATHROOM RENOVATIONS, HANDYMAN SERVICES:** We take all the stress out of your fencing & decking, drywall & framing, basement, bathroom, kitchen, handyman services needs around your home. Free consultations and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email [info@robertsonwatt.ca](mailto:info@robertsonwatt.ca).

**“THE REAL ESTATE MOTHER”, MARTA RACZKOWSKA:** Certified Negotiations Specialist and Full Service Realtor. Specializing in Investments, Relocations, First Time Sellers/Buyers, and Divorce Estate Sales. Providing Real Estate Portfolio Analysis and Annual Portfolio Reviews. Visit [www.therealestatemother.com/contactme](http://www.therealestatemother.com/contactme) or text directly to schedule an appointment 403-667-7220.



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



*Word of the Month*

**Filipendulous: adjective**  
(fil-i-pen-du-lous)

Suspended by a thread.

The artist crafted a gallery full of filipendulous drawings and artworks.



LEN T WONG + ASSOCIATES



## MAHOGANY COMMUNITY REAL ESTATE ACTIVITY

# YOUR HOME SOLD GUARANTEED!\*

Call to find out more about our  
Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program\*

Trade Up Program\*

Blanket Home Warranty Program\*

Accepting Crypto Currency

Call us to help you navigate through  
the changing real estate world

**Call or Text 403-606-8888**

**Email [len@lenthong.com](mailto:len@lenthong.com)**

\*Guarantee is being offered by Greater Property Group.  
Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
March	25	90	35	\$665,000	\$660,000
February	25	41	26	\$684,893	\$684,893
January	25	52	28	\$644,950	\$647,500
December	24	18	19	\$699,900	\$680,000
November	24	33	30	\$704,900	\$693,750
October	24	38	46	\$704,950	\$692,500
September	24	44	29	\$699,900	\$690,000
August	24	38	29	\$679,900	\$680,000
July	24	36	30	\$762,450	\$758,500
June	24	49	41	\$745,000	\$732,000
May	24	44	42	\$622,450	\$627,450
April	24	46	42	\$679,950	\$680,000

To view more detailed information that comprise the above  
MLS averages please visit [mah.mycalgary.com](http://mah.mycalgary.com)

# SOUTH FAMILY DENTAL

## FREE TEETH WHITENING OR ELECTRIC TOOTHBRUSH

\*With complete exam, x-rays, & cleaning

*Happy  
Mother's  
Day*

**CALGARY  
OWNED AND  
OPERATED**



**BOOK YOUR CHECK-UP AND CLEANING TODAY!**

# 403.262.3235

[www.southfamilydental.com](http://www.southfamilydental.com)

110-142 McKenzie Towne Link SE, Calgary T2Z 1H1 (Next to Servus Credit Union)

All services provided by our General Dentists and Orthodontist

Dr. N. Headley, Dr. R. Palmer, Dr. N. Speidel, & Dr. O. Jeha – General Dentists | Dr. A. Sharma BSc, DMD, DHSc, FRCD(c) – Orthodontist

# MIKE BURTON

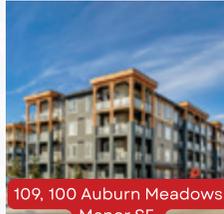
Home Team



Over 1200 Homes  
SOLD since 2003!



1102, 11 Mahogany Row SE



109, 100 Auburn Meadows  
Manor SE



12 Riverwood Crescent SE



154 Cranberry Place SE



206, 59 Glamis Drive SW



224 Marina Landing SE



537 McKenzie Towne Close SE



121 Copperfield Mews SE



106 New Brighton Landing SE



55 Coventry Road NE

SIGN UP!



Market Report



Next Event in Mahogany  
2025 Mega Garage  
Sale Parade  
June 7th



Register Here

LivingInMahogany.com

403-257-6688

Free Analog Coffee  
Card from

RE/MAX  
REALTY  
Professionals