

OCTOBER 2024

DELIVERED MONTHLY TO 4,430 HOUSEHOLDS

# THE GAZETTE

THE OFFICIAL MLCA AND MLRA COMMUNITY NEWSLETTER



We are participating in the  
new **Canadian Dental  
Care Plan!**

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book with

**Dr. Mark  
Spackman**



**Dr. Mark Spackman**  
*General Dentist*

**Call today and book your FREE teeth whitening or electric toothbrush included with your complete exam, x-rays, and cleaning**

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We bill in accordance with the ADA Fee Guide prices



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**Email [len@lentwong.com](mailto:len@lentwong.com)**

\*Guarantee is being offered by Greater Property Group.  
Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	24	13	11	\$899,900	\$893,900
July	24	18	25	\$635,000	\$655,000
June	24	22	18	\$638,450	\$643,500
May	24	27	21	\$679,900	\$730,000
April	24	12	10	\$587,450	\$607,500
March	24	16	21	\$565,000	\$618,500
February	24	15	6	\$637,200	\$687,000
January	24	4	6	\$454,900	\$463,500
December	23	2	7	\$475,000	\$518,000
November	23	11	12	\$574,950	\$588,250
October	23	11	9	\$624,000	\$580,000
September	23	11	14	\$659,950	\$658,250

To view more detailed information that comprise the above  
MLS averages please visit [mckl.mycalgary.com](http://mckl.mycalgary.com)

# McKenzie Lake Community Association



🏠 16198 McKenzie Lake Way SE Calgary, AB T2Z 1L7

☎ 403-257-1823 📠 403-257-4429

✉ facilities@mckenzielakecommunity.com

🌐 www.mckenzielakecommunity.com

📱📺📷 Follow us @McKenzieLakeCA

## BOARD OF DIRECTORS

President	Grant Burchell
Vice President	Doug Crone
Secretary	Brandy Bugg-Boruck
Treasurer	Anna Collister
Infrastructure Director	Dustin Collister
Events Director	Geoff Rainey
Communications/ Marketing Director	Jody Turner
Outdoor Rink	Myles Kelly
Director at Large	Karen Gilmore Thomson

## COMMUNITY CONTACTS

Before and After School/Kindergarten Programs	bas@mckenzielakecommunity.com
Calgary Police Liaison Officer	Cst. Craig Kam CKam@calgarypolice.ca
Pathways Snow Removal	pathways@mckenzielakecommunity.com

## Rental Information for the Community Centre: Gym (275 capacity)

The Lighthouse Room (comfortably hosts 25 people)  
Call 403-257-1823 for prices and availability

## BEFORE AND AFTER SCHOOL CARE

**SERVING ST. JOHN HENRY NEWMAN AND MCKENZIE LAKE SCHOOL**

MCKENZIE LAKE COMMUNITY CENTRE  
587-889-2283 OR  
bas@mckenzielakecommunity.com  
WWW.MCKENZIELAKECOMMUNITY.COM

## Neighbourhood Happenings

Event	Date/Time
Pickleball	Tuesdays and Wednesdays, 9:30 am to 12:30 pm
Mom and Tots	Thursdays, 10:00 am to 12:00 pm
Adult 18+ Brews Party in the Gym	October 19, 2024
October Halloween Howler	October 26, 2024, 4:00 to 6:00 pm 6:30 to 8:30 pm
MLCA AGM in the Gym	November 19, 2024, 7:00 pm
Christmas Kids Party	December 7, 2024, 4:00 to 6:00 pm 6:30 to 8:30 pm

## Volunteer!

We can't do it without you! Ongoing recruitment of volunteers is essential to the success of our special events. If you would like a say in future events and have time to get involved, we encourage you to contact our Facility Manager, Nadine Jack, at 403-257-1823 or manager@mckenzielakecommunity.com.

## PLUMBER



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Hello Neighbours!

Halloween is just around the corner, and we are ready to host the kids Halloween Howler on October 26. This party is super fun, and it has sold out the last two years. Because this event sells out, the dance will be split into two timeframes. Be sure to visit [mckenzielakecommunity.com](http://mckenzielakecommunity.com) to purchase tickets for the first party that goes from 4:00 to 6:00 pm or the later party from 6:30 to 8:30 pm. They go fast so don't wait until it's too late, get your tickets now and join us for a "howlin" good time!

MLCA is hosting another 18+ Brews Party event at the Community Centre Gym on October 19! Yup, It's going to be a good one too!! Go to our website at [mckenzielakecommunity.com](http://mckenzielakecommunity.com) right away for all the details and to secure your tickets. You know that we know how to party so don't wait.... Get your tickets before they are sold out!

It's too soon to hear Santa's sleigh bells but know the Elves at MLCA are already planning the Kids Christmas Party slated for December 7. Santa will be there with a gift for every registered child 12 and under. Due to the popularity of this event, it is split into two timeframes as well. Purchase your tickets for the earlier portion from 4:00 to 6:00 pm or for the later party from 6:30 to 8:30 pm. Visit [mckenzielakecommunity.com](http://mckenzielakecommunity.com) to purchase your tickets but don't hesitate as this party sells out quickly!

Come play pickleball on Tuesday and Wednesday mornings from 9:30 am to 12:30 pm. Only \$50 for ten plays! Purchase your game card and once all ten games are stamped you get your 11th game free! Visit the office to purchase your card today! Make note that there is no pickleball on April 26, May 17, 20, and June 10, 2025. See you on the courts!

Are you looking to socialize your kids with other families in the community? Our Mom and Tots program might be right for you. Visit MLCA Thursday mornings from 10:00 am to 12:00 pm during the school year. Enjoy a coffee, tea, or hot chocolate while the kids take over the gym. The kids love it, and they know this is "jumpy-jumpy" time in our bouncy house. Our drop-in fee is only \$5 per family! So come on out and socialize with other parents too!

Have an upcoming special event but no idea where to host it? The MLCA gymnasium can be transformed into a beautiful space for any special event or themed party. You can also rent the gym for athletic use such as floor hockey, soccer, volleyball, or pickleball. Host a memorable party and for an additional \$50 add on the bouncy house. Our light strike game can be added as well for an additional \$100. You might also want to inquire about our movie screen to host your own "movie party." The ideas are endless at MLCA! The rental fee includes a warming kitchen and tables with chairs for up to 200 guests! Members only pay \$75 per hour and non-members pay \$85 per hour.

The temperature isn't freezing quite yet but when it does get there, we will be hard at work preparing the outdoor rink for your skating pleasure. A skate sharpening service will be added this year for a nominal fee. The rink will be available for party rental as well! The fee is only \$50 per hour and includes the use of the skate shack to warm up in and enjoy food and snacks you want to supply.

By purchasing an 2024/25 MLCA membership you are supporting your local community centre's programs and events, as well as helping to keep your community centre facility and equipment up-to-date and safe for all to enjoy. Owning a membership also allows you to have a voice and vote at our AGM on what happens in and around your community centre. It's easy to buy a membership online at [www.mckenzielakecommunity.com](http://www.mckenzielakecommunity.com), or you can visit our office anytime to buy yours now. An MLCA membership is only \$25 and is valid for an entire year! You will enjoy perks such as discounted rates for the whole family on kids' programs and social events, as well as reduced ticket prices on Adult Nights and market vendor table rentals. We will be working with local businesses to offer special member discounts too.

If you're new to McKenzie Lake or feeling disconnected in some way, why not volunteer with us? It's fun and you are guaranteed to meet new people in your community. If this sounds like something you want to be involved with, we want to hear from you! We have board member and general volunteer positions to fit your skill set all

*continued on next page*



# LETTER FROM THE BOARD CONTINUED

the while making yourself some new friends. So don't be shy! Pick up that phone and call us at 403-257-1823 or drop by the MLCA office to get your name added to our volunteer list. We are so excited to meet you!

MLCA enjoys working with local area businesses. If you own a business in our area and would like to partner with your community association as an event sponsor, membership partner, want to display an ad on our rink boards, or would like to donate items for raffle at our events to get your business name out there, please contact Jody at [jody.turner@mckenzielakecommunity.com](mailto:jody.turner@mckenzielakecommunity.com) with your ideas.

See you at the community centre!

*Jody Turner*

Communications and Marketing Director, MLCA





**\$50**

# OFFICIAL

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Plumbing Services  
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Drain Cleaning  
Boiler Install & Repair  
Electrical

Service Call Fee



403-837-4023

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)

[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

## Cats, Canines, & Critters of Calgary

  
Buck, Montgomery

  
Dry Bones,  
McKenzie Lake

  
Harper Lee,  
Beddington

  
Hemi, Shawnessy

  
Jasper, Mahogany

  
Josie,  
Springbank Hill

  
Leo,  
Panorama Hills

  
Percy, Evanston

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

## Word of the Month

Flibbertigibbet: *noun* (flib-er-tee-jib-it)

An excessively talkative, flighty, or light-headed person.

*She was sitting next to a flibbertigibbet on the train ride to work.*

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# Let's Share the Road Safely and Look Out for Each Other

by the City of Calgary

October's traffic safety focus is Pedestrian Safety.

Most pedestrian collisions happen when we're rushing to get to work, school, an activity, or home.

Weather conditions and daylight changes in the fall make it harder for people to see.

When driving or cycling, be ready in case pedestrians make unexpected moves.

- Never pass a stopped vehicle at a crosswalk.
- Pay attention to pedestrians when turning.
- Watch for children. Drive cautiously through areas where children could be walking or playing.
- Be patient – especially with seniors or pedestrians with disabilities who need time to cross the road.

## Pedestrians

- Don't assume drivers see you. When waiting to cross a road, make sure cars have come to a stop before proceeding. Make eye contact and wave.
- Don't walk distracted. Keep your head up.
- Walk on sidewalks. If there's no sidewalk, walk facing traffic.
- When walking to train stations, look both ways when crossing the tracks and obey traffic signals.
- Use point, pause, proceed to let drivers know you're entering a crosswalk.
- It's important to teach children how to safely cross the street. Practice safe crossing skills to help them learn how to navigate our streets safely.
- Remind kids not to run into the street or cross between parked cars
- Help kids to identify and understand car turn signals and back up lights and to be alert for cars turning or backing up.
- Teach kids to put phones, headphones, and devices down when crossing the street.

	<p>Dr. Nikola Vranjes, DDS</p> 	<p>Dr. Tasha Chrbet, DDS</p> 	<p>Dr. Megan Lawless, DDS</p> 
<p><b>We Proudly Follow the Alberta Dental Association Fee Guide</b>  <b>Complimentary Electric Toothbrush with an Adult New Patient Exam and Cleaning</b>  <small>*some restrictions apply</small></p>			
<p><b>ACCEPTING NEW PATIENTS!</b></p> <ul style="list-style-type: none"> <li>• Early AM, Evening, &amp; Saturday Appointments             <ul style="list-style-type: none"> <li>• Children &amp; Emergencies Welcome</li> </ul> </li> <li>• Dental Implants, Crowns, Whitening, Dentures, Snoring Appliances, Oral Sedation, Extractions             <ul style="list-style-type: none"> <li>• We Direct Bill to Insurance</li> </ul> </li> <li>• English, French, Croatian, Spanish, and Polish Languages Spoken.</li> </ul>	<p>Dr. Vranjes &amp; Associates at Dynamic Dental would like to welcome Dr. Megan Lawless and Dr. Isela Montemayor to the team</p> 	 	
<p><b>#210 - 163 Quarry Park Blvd SE</b>          LOCATED IN THE MARKET AT QUARRY PARK ACROSS FROM THE CO-OP  <b>403.453.5588 www.dynamicdentalcalgary.com</b></p>		<p>Dentistry is our profession, but people are our focus.  <small>*all services performed by a licensed general dentist</small></p>	

# McKenzie Lake Residents Association



🏠 16199 McKenzie Lake Way SE,  
Calgary AB T2Z 1L7

☎ 403-257-1657 ✉ office@mlra.ca

🌐 www.mlra.ca

📷 mckenzielakeprograms

📘 McKenzie Lake Programs



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### BOARD OF DIRECTORS

Mike Delaney	President
Léo Lejeune	Vice President
Charlene Koch	GM Liaison
Natalia Chernencoff	Secretary
Rob Courchesne	Treasurer
Grant Vale	
D'Arcy Duquette	
Kristin Roy	
Les Markiewicz	

### MANAGEMENT AND OTHER CONTACTS

Brad Buxton	General Manager manager@mlra.ca
Bryce Morris	Operations Manager operations@mlra.ca
Office Staff	Office Administrator office@mlra.ca

The McKenzie Lake Residents Association is a non-profit organization geared towards providing a wide array of recreational services, programs and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill and other recreational activities.

McKenzie Lake is a 43-acre lake combined with an 18-acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats. To ensure a safe and fun environment, we provide life jackets for boating purposes. The lake is stocked with rainbow trout in May, June, and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association. The Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

*Board of Directors, McKenzie Lake Residents Association*



# Looking For A New Dentist?

## Get a FREE Philips Sonicare Electric Toothbrush

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**Embrace**  
Dental Care

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# MAKE THE MOST OF YOUR DENTAL INSURANCE

# USE IT OR LOSE IT

The end of the year is when most flexible spending,  
health savings accounts, and insurance benefits expire!

---

## We Follow the ADA&C Fee Guide!

			SAME FEE
Code	Treatment Description	ADA&C Fee Guide Pricing	Embrace Dental Care's Pricing
01103	New Patient Exam	\$116.66	<b>\$116.66</b>
02144	4 X-Ray Bite Wings	\$100.36	<b>\$100.36</b>
11113	3 Units Scaling	\$240.90	<b>\$240.90</b>
11101	Polishing	\$71.54	<b>\$71.54</b>
12112	Fluoride Treatment	\$34.66	<b>\$34.66</b>
02601	Panorex	\$101.53	<b>\$101.53</b>

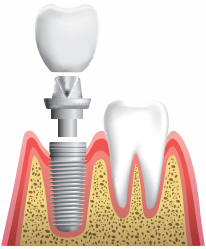
NOW ACCEPTING CANADIAN DENTAL CARE PLAN

# Family and Cosmetic Dentistry

Whether you're looking for a simple cleaning and check-up for your family or more advanced Cosmetic work, we can help. We offer a full range of services, from Dental Cleanings and Fillings to Cosmetic Procedures such as Dental Implants, Veneers, Crowns & Bridges, Tooth Coloured Fillings, Teeth Whitening, and more. Oh, and did we mention we're great with kids?



Get the smile you've always wanted with the clear alternative to braces for as little as \$70/week. Book a FREE consultation today and find out if you're a candidate.

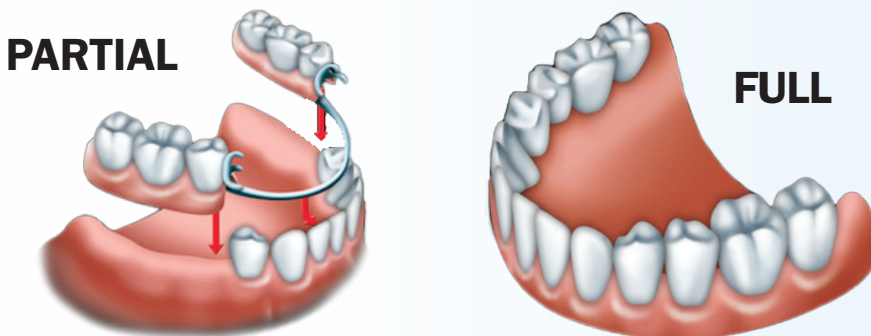


## Dental Implants

Are you missing a tooth? Dental implants offer a natural looking solution for tooth loss.

## Dentures

Dentures are artificial replacements for your natural teeth and gums. If an accident, a disease or poor oral health care has left you with only a few healthy teeth or none at all, your dentist might suggest dentures to replace your missing teeth. There are 2 types of dentures: partial and complete. Contact us today for more information on tooth replacement options for you!



# services



**TEETH  
WHITENING**



**DENTAL  
IMPLANTS**



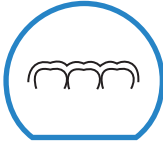
**CERAMIC  
RESTORATION**



**BOTOX  
TREATMENTS**



**PORCELAIN  
VENEERS**



**INVISALIGN**



**SMILE  
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**NOW ACCEPTING  
NEW PATIENTS**



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## **LOCATION**

**DOUGLASVIEW CENTRE**

**#12, 20 Douglas Woods Dr SE**

## **CONTACT US**

**P 403.723.2273**

**E [info@embracedentalcare.ca](mailto:info@embracedentalcare.ca)**

**W [embracedentalcare.ca](http://embracedentalcare.ca)**



All services performed  
by a general dentist



## Facility Status

Please visit our website at [www.mlra.ca](http://www.mlra.ca) for all information regarding the park status. Changes can come into effect at any time so please visit the website prior to coming to the facility.

## Grants from the Alberta Government

On behalf of the members of the McKenzie Lake Residents Association, the Board of Directors extends a big thank you to the Alberta Government for their generous donations through the Alberta Lottery Fund to help fund renovations completed to the interior and exterior of the buildings over the last couple years. Thank you, Alberta!

The most recent grant we received was to help fund a large project that will completely change the park. The concrete pad and surrounding area have been upgraded substantially and now include a basketball/bounce court, a deck with a trellis feature and fire pit, new seating areas, upgraded paving stone pathways, artistic letters for play, new trees and shrubs, and an ice trail that will be a skating loop in the winter. We hope you enjoy!

## Annual Membership Fees

Fees for 2024/25 were invoiced in March and were due April 1.

Members with outstanding fees are not permitted to use the facility and will be denied access.

Please remember MLRA fees are mandatory.

You can view your invoice(s) by logging into your account at [mlra.perfectmid.com](http://mlra.perfectmid.com). Use the email we have on file for you.

If you are having trouble accessing your account, do not sign up for a new account. Contact the office at [office@mlra.ca](mailto:office@mlra.ca) for assistance.

Additional information and payment instructions can be found online at [mlra.ca](http://mlra.ca).

## MLRA Boundaries

We understand there are homes in McKenzie Lake that receive this news publication but are not entitled to MLRA membership. These areas include – Mt Allan, Mt Douglas, Mt Apex, Mt Aberdeen, and some homes on

Mt McKenzie Drive. We do apologize but these areas are not entitled to MLRA membership. The Association boundary lines are determined by the registered Articles of Association, which is a document that specifies the regulations for a company's operation. The MLRA Board cannot arbitrarily alter the boundary line.

## Programs

We offer affordable youth and adult programs all year round. Visit our website at [www.mlra.ca](http://www.mlra.ca) for a full list of programs. You can also contact [office@mlra.ca](mailto:office@mlra.ca) with any questions or concerns. Programs fill up quickly so register today!

## Beach Club Rentals

The Beach Club is open and available to our members for rent. Contact the office today for additional information at [office@mlra.ca](mailto:office@mlra.ca). Bookings must be made with the main office.

## Volunteer Committee

We are currently recruiting members to fill positions on our volunteer committee. Volunteers will primarily be responsible to help with special events. Our goal is to offer more fun activities and special events throughout the year, and we need volunteers to make it happen! The Committee will be responsible for all fundraising and organizing of the events. If you would like to see more events and activities offered and are willing to donate your time, then please contact us today at [office@mlra.ca](mailto:office@mlra.ca).

## Up-to-Date Information

For the most up-to-date information regarding MLRA related issues, please visit our website at [www.mlra.ca](http://www.mlra.ca).

SCAN HERE TO VIEW ADDITIONAL  
MCKENZIE LAKE CONTENT

<p style="font-weight: bold; color: #000080;">News, Events, &amp; More</p> 	<p style="font-weight: bold; color: #000080;">Crime Statistics</p> 	<p style="font-weight: bold; color: #000080;">Real Estate Statistics</p> 
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# FALL 2024 PROGRAMS



Engineering for Kids

Sportball Indoor Multisport

Young Rembrandts Drawing

Ashtanga Yoga

Barre

Coffee & Conversation

Yoga for Beginners

Zumba



Check out our  
amazing range of  
**children & youth**  
programs!



Discover our  
fantastic  
selection of  
**adult & drop-in**  
programs!



# Falling LEAVES FESTIVAL

Fun, food, and festivities await!



Saturday  
Oct. 19, 2024



12 PM - 3 PM

For more information visit [mlra.ca](http://mlra.ca)



# BUSINESS CLASSIFIEDS

**ELECTRICITY IS NOT A HOBBY:** Call a licensed electrician and pot light specialist. No job is too small. Excellent rates. Please call John at 403-708-6555.

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in McKenzie Lake. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**MCKENZIE LAKE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**CLEANING SERVICES:** Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Maria at 403-606-6977.

**SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING:** Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**MCKENZIE LAKE CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around McKenzie Lake. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).

**ACCOUNTING SERVICES BY CHARTERED PROFESSIONAL ACCOUNTANT:** Personal and corporate income tax returns, bookkeeping services, payroll, GST, etc. Located at 36 Mt Lorette Close SE. Please contact Ann at 403-835-6456.

**LANDSCAPING & SNOW REMOVAL:** AS/F Contracting specializes in landscaping & lawn care services, residential, commercial, spring clean ups, tree pruning and more. Call Shawn for a free estimate at 403-651-0424 | [www.asfcontracting.com](http://www.asfcontracting.com) | [asfcontracting1@gmail.com](mailto:asfcontracting1@gmail.com).

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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1			8					
		2				5	3	
							6	4
		3			5			
			1	6	4			
8	1						7	
5				7			4	2
6		8			2			3
	4					8		

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1. This is the first primary colour a newborn can see.
2. Based on a worldwide study, this colour is the most popular favourite.
3. This colour and royalty have been linked since ancient times because of how expensive and exclusive the dye was.
4. This colour and red are thought to increase appetite.
5. The colour of night vision goggles.
6. Contrary to popular belief, this is the actual colour of the sun.



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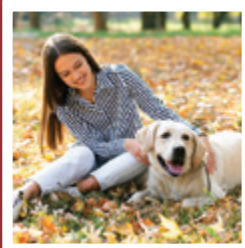
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