

SEPTEMBER 2026

DELIVERED MONTHLY TO 5,300 HOUSEHOLDS

THE GAZETTE

THE OFFICIAL MLCA AND MLRA COMMUNITY NEWSLETTER



Cover Photo by Syed Adeel Hussain



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- Supply & install new showerhead & diverter spout
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- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE **\$13,879**
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- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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McKenzie Lake Community Association



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www.mckenzielakecommunity.com

Follow us @McKenzieLakeCA

BOARD OF DIRECTORS

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Secretary	Vacant
Treasurer	Brandy Bugg-Boruck
Infrastructure Director	Dustin Collister
Events Director	Vacant
Communications/ Marketing Director	Vacant
Outdoor Rink	Vacant
Director at Large	Andrew Boechler
Director at Large	Drew Ecklund

COMMUNITY CONTACTS

Before and After School/ Kindergarten Programs	bas@mckenzielakecommunity.com
Calgary Police Liaison Officer	Cst. Craig Kam CKam@calgarypolice.ca
Pathways Snow Removal	pathways@mckenzielakecommunity.com

RENTAL INFORMATION FOR THE COMMUNITY CENTRE:

Gym (275 capacity)

The Lighthouse Room (comfortably hosts 25 people)

Call 403-257-1823 for prices and availability

Neighbourhood Happenings

Event	Date/Time
Pickleball	Tuesdays and Wednesdays, 9:30 am to 12:00 pm
Mom and Tots	Thursdays, 10:00 am to 12:00 pm
MLCA Board Meetings	Third Tuesday of the month, 7:00 to 9:00 pm in the Lighthouse Room.

Volunteer!

We can't do it without you! Ongoing recruitment of volunteers is essential to the success of our special events. If you would like a say in future events and have time to get involved, we encourage you to contact our Facility Manager, Nadine Jack, at 403-257-1823 or manager@mckenzielakecommunity.com.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL MCKENZIE LAKE CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics





MLCA COMMUNITY MESSAGE

Dear Community Members,

As we step into September, we're excited to welcome everyone back into the rhythm of fall programs, school routines, and the vibrant energy that always returns to our centre this time of year. Whether you're joining us for Before and After School Care, Pickleball, McKenzie Tots, youth programs, community gatherings, or simply stopping in for a friendly hello, we're grateful to have you as part of our community.

With autumn comes one of our favourite annual traditions—the Halloween Howler! Mark your calendars for Saturday, October 24, when the centre transforms into a spooky, silly, family friendly celebration. Expect costumes, music, games, treats, and a few surprises along the way. It's always one of our biggest events of the year, and we can't wait to see your creativity on display.

More details will be shared throughout the month, so please check out our website: www.mckenzielakecommunity.com. For now, get those costumes ready and spread the word. It's going to be a fantastic night.

Wishing you a wonderful start to September,

McKenzie Lake Community Association



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McKenzie Lake Residents Association



🏠 16199 McKenzie Lake Way SE,
Calgary AB T2Z 1L7

☎ 403-257-1657 ✉ office@mlra.ca

🌐 www.mlra.ca

📷 [mckenzielakeprograms](#)

📘 McKenzie Lake Programs



BOARD OF DIRECTORS



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Grant Vale

Brian Hodgson

Bilal Hatoum

MANAGEMENT AND OTHER CONTACTS

Brad Buxton	General Manager manager@mlra.ca
Bryce Morris	Operations Manager operations@mlra.ca
Office Staff	Office Administrator office@mlra.ca

The McKenzie Lake Residents Association is a non-profit organization geared towards providing a wide array of recreational services, programs, and facilities for our members and their guests. We serve 3,200 residents and over 11,000 members and their families. In addition to the lake, members have access to tennis courts, basketball courts, a beach volleyball area, a toboggan hill, and other recreational activities.

McKenzie Lake is a 43-acre lake combined with an 18-acre park for a total of 61 acres. The Association provides its members with access to equipment such as rowboats, canoes, kayaks, and pedal boats. To ensure a safe and fun environment, we provide life jackets for boating purposes. The lake is stocked with rainbow trout in May, June, and September of each year. In the winter time the Association provides a variety of skating surfaces including illuminated hockey rinks, an ice skating pad with a fire pit, and a 2.5 kilometre skating path around the lake. Skating areas are machine groomed with our own zamboni.

The Beach Club facility also has a function hall available to rent exclusively for the members.

The activities of the Association are determined and governed by an elected board of Directors comprising at least three (3) and no more than fifteen (15) members, that is, residents of the McKenzie Lake Residents Association. The Board of Directors have hired a General Manager who has been assigned responsibility for managing the day-to-day operations of the Association including the operations at the lake complex.

Board of Directors, McKenzie Lake Residents Association

Mindful Muay Thai and Kickboxing

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Facility Status

Please visit our website at www.mlra.ca for all information regarding the park status. Changes can come into effect at any time so please visit the website prior to coming to the facility.

Grants from the Alberta Government

On behalf of the members of the McKenzie Lake Residents Association, the Board of Directors extends a big thank you to the Alberta Government for their generous donations through the Alberta Lottery Fund to help fund renovations completed to the interior and exterior of the buildings over the last couple years. Thank you, Alberta!

The most recent grant we received supported improvements to our beach transition area. We replaced the original lumber—installed when the park was first developed—with large, precast paving stones. These stones offer significantly enhanced durability, functionality, and visual appeal. In addition, we improved accessibility by installing a new ramp leading down to the beach and introducing an accessible roll-out beach mat that extends to the water's edge. We hope you enjoy it!

Annual Membership Fees

2026 membership fee invoices were sent by email during the first week of March and were due April 1, 2026. If you do not see the email in your inbox, please check your spam or junk folder. If you have not received your invoice, contact us at office@mlra.ca.

You can also visit www.mlra.ca and click the "Pay Your Fees" button. This page provides general information about fee payments, along with links to the member portal where you can view your invoice and submit payment.

Membership fees for the McKenzie Lake Residents Association are a mandatory annual charge tied to property ownership within the community. These fees are not based on individual use of the park or amenities. Instead, they fund the ongoing operation, staffing, maintenance, insurance, utilities, and long-term care of shared community assets including the lake, park, buildings, and infrastructure.

In addition to day-to-day operations, a portion of membership fees are set aside into reserves for future

repairs and replacements. This proactive approach helps avoid sudden fee increases or special assessments when major work is required.

Members with outstanding fees are not permitted to use the facility and will be denied access.

MLRA Boundaries

We understand there are homes in McKenzie Lake that receive this news publication but are not entitled to MLRA membership. These areas include—Mt Allan, Mt Douglas, Mt Apex, Mt Aberdeen, and some homes on Mt McKenzie Drive. We do apologize but these areas are not entitled to MLRA membership. The Association boundary lines are determined by the registered Articles of Association, which is a document that specifies the regulations for a company's operation. The MLRA Board cannot arbitrarily alter the boundary line.

Programs

We offer affordable youth and adult programs all year round. Visit our website at www.mlra.ca for a full list of programs. You can also contact office@mlra.ca with any questions or concerns. Programs fill up quickly so register today!

Beach Club Rentals

The Beach Club is open and available to our members for rent. Contact the office today for additional information at office@mlra.ca. Bookings must be made with the main office.

Volunteer Committee

We are currently recruiting members to fill positions on our volunteer committee. Volunteers will primarily be responsible to help with special events. Our goal is to offer more fun activities and special events throughout the year, and we need volunteers to make it happen! The Committee will be responsible for all fundraising and organizing of the events. If you would like to see more events and activities offered and are willing to donate your time, then please contact us today at office@mlra.ca.

Up-to-Date Information

For the most up-to-date information regarding MLRA related issues, please visit our website at www.mlra.ca.





FALL PROGRAM GUIDE

Programs for all ages.

Registration Opens
Program Starts from
September 07



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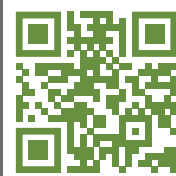
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		Listed	Sold	Listed	Sold
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June	26	22	22	\$737,450	\$741,750
May	26	24	14	\$672,450	\$670,000
April	26	17	20	\$782,400	\$766,000
March	26	16	16	\$742,450	\$740,000
February	26	11	16	\$724,950	\$719,000
January	26	14	9	\$608,500	\$597,000
December	25	2	11	\$600,000	\$582,388
November	25	16	9	\$949,900	\$880,000
October	25	19	17	\$809,000	\$792,000
September	25	19	14	\$635,000	\$620,750
August	25	16	15	\$790,000	\$770,000

To view more detailed information that comprise the above
MLS averages please visit mckl.mycalgary.com



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events—together!* 



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Programs@mlra.ca | 403-257-1657 

From Gardens to Green Spaces: A New Study Explores Nature's Role in Cancer Care

by ACTION Centre, Cumming School of Medicine, University of Calgary



As someone impacted by cancer, you know things researchers don't.

You know what it felt like to sit with a diagnosis, or to sit with a loved one with a diagnosis. You know what helped, and you know what didn't. Whether a walk outside cleared your head when nothing else could. Whether the person caring for you needed support just as much as you did.

That lived knowledge matters. And now, researchers at the University of Calgary want to hear it.

Led by principal investigator Dr. Linda Carlson, the Nature-Connected Oncology Research Exploration, Nature-CORE, is a national study inviting people affected by cancer to share their perspectives on nature-based therapies and their potential role in cancer care. Through an online survey, your experiences could directly shape the programs developed for future patients and caregivers across Canada.

The idea behind the research is straightforward. A growing body of evidence suggests that time spent in natural environments such as parks, gardens, or green spaces may help reduce stress, lift mood, and support overall well-being. Researchers are also exploring possible links between increased nature exposure and improved gut health, which strengthens the immune system. For people navigating cancer, those potential benefits could be game changers.

But researchers can only go so far without hearing from the people who've actually lived it.

The Nature-CORE survey is open to cancer patients, survivors, caregivers, healthcare providers, and policymakers—anyone touched by cancer or healthcare

providers involved in cancer care. It asks about the nature-based approaches people may already be using, what barriers make them hard to access, and what kinds of programs would be most useful and realistic.

This is not about replacing medical treatment. It's about exposure to nature as complementary therapy, strengthening recovery from cancer and its effects.

Every voice adds something that data alone can't capture. Whether you spent time outside during treatment and felt the difference, or cared for someone who did, your perspective belongs in this research. Likewise, the perspectives of those who didn't, or couldn't, spend time in nature are equally valuable.

Canadians 18 and older are welcome to participate in our online survey.

What you've been through has value beyond your own story. Share it with us and help build something better for the people who come after you.

Please access our survey here: www.action-centre.ca/ncorestudy.

An advertisement for Gutter Doctor Home Exterior Services. It features a cartoon character of a man in a blue cap and overalls holding a spray bottle and a brush. The text lists services: Gutter Clean/Fix/Install, Leaf Screens, Window Cleaning, Fascia/Soffit/Siding, Pressure/Soft Wash, Cladding, Permanent Lights, and Roofing. It also mentions Senior Discount, Warranty, WCB, and Insured. The phone number 403-714-0711 and website gutterdoctor.ca are prominently displayed.

the Gutter Doctor Home Exterior Services
Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing
Senior Discount • Warranty • WCB • Insured
403-714-0711 • gutterdoctor.ca

An advertisement for PUPCITY. It features a logo with the word PUPCITY in bold, uppercase letters, with a small dog silhouette to the right. Below the logo, it lists services: Daycare, boarding, grooming, training and puppy programs. The website pupcity.ca and phone number 403-880-5557 are provided, along with the address info@pupcity.ca • Unit 4, 4291 120 Ave SE. A bold statement 'FREE TRIAL DAY' is at the bottom.

PUPCITY 
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and puppy programs
pupcity.ca • 403-880-5557
info@pupcity.ca • Unit 4, 4291 120 Ave SE
FREE TRIAL DAY



Councillor, Ward 14

Landon Johnston

ward14@calgary.ca

403-268-2430

@LandonForWard14

@Ward14LandonJohnston

Hello neighbours,

Summer is in full swing, and there's plenty happening across Ward 14. I'm pleased to share that street sweeping was completed on schedule throughout our communities, helping keep our roads clean and safe. As always, if you spot a pothole or another roadway/sidewalk issue, please report it to 311 so crews can address it as quickly as possible.

I'm also proud to share that my Supercharged Sidewalks Notice of Motion was successfully passed by Council. At its core, this initiative is about safety—making it easier and safer for residents to walk to schools, parks, transit stops, and local destinations. Even better, work is already underway. It's exciting to see momentum behind a practical solution that will improve connectivity and help make Calgary's communities safer for everyone.

In the months ahead, you'll see more engagement opportunities and information related to the Calgary Plan. This is one of the most important discussions shaping Calgary's future, and I want to hear directly from residents before key decisions come to Council. Your feedback helps me better understand the priorities, concerns, and opportunities you see in our communities, and ensures I can be a strong voice for Ward 14 when these decisions are made.

Contact Our Office

General inquiries | Ward14@calgary.ca

Community information and events | CLWard14@calgary.ca

Following up on an issue? | CAWard14@calgary.ca

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A Word with Two Worlds

The word amphibious comes from the Greek words amphi (“both”) and bios (“life”). Together, they mean “double life”—a fitting name for animals like frogs and salamanders that spend part of their lives in the water and part on land.



BUSINESS CLASSIFIEDS

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continued on next page

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MENOPAUSE WELLNESS & STRENGTH COACHING: Menopause doesn't have to be confusing. I provide evidence-based health coaching, educational workshops, and individual or semi-private strength training to help women understand their changing bodies, build healthy habits, and support long-term health, strength, and confidence through every stage of the menopause transition. Free consultations: jess@hellomenopause.ca, www.hellomenopause.ca.

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