

NOVEMBER 2023

DELIVERED MONTHLY TO 7,705 HOUSEHOLDS

# TALK OF THE TOWNE



THE NEW OFFICIAL MCKENZIE TOWNE COMMUNITY NEWSLETTER



Seeing is believing. Take a selfie and simulate your smile with SmileView!



**MCKENZIE ORTHODONTICS**  
*Certified Specialist in Orthodontics*

**FREE CONSULTATION**



**403.262.3696** | #110, 142 McKenzie Towne Link SE | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist

Great News Media | Call 403-720-0762 for advertising opportunities | [www.greatnewsmedia.ca](http://www.greatnewsmedia.ca)



# New Donation Centre

[goodwill.ab.ca](http://goodwill.ab.ca)

16626 McKenzie Lake Blvd. SE



**YOUR DONATION  
MAKES AN IMPACT  
IN YOUR COMMUNITY**

**Did You  
KNOW?**

**91¢ OF EVERY \$1 WE EARN FROM SELLING YOUR  
DONATIONS GOES DIRECTLY TO PROGRAMS  
THAT HELP PEOPLE WITH DISABILITIES!**

WHAT TO DONATE



# HIGHSTREET dental

***Don't lose out!  
Book now to  
maximize your  
2023 benefits!***

***We bill in accordance  
with the ADA Fee  
Guide Prices***

***We direct bill  
your insurance***

***Open evenings on  
Saturdays & Sundays***



**Dr. Jordan Loewen, Dr. Jeff Seckinger,  
Dr. Patricia Tsang  
General Dentists**

**Call today and book your  
free teeth whitening  
included with your complete exam,  
x-rays, and cleaning**



**☎ 403-236-1200**

**📍 50 High Street SE,  
Calgary, AB**

**🌐 [www.highstreetdental.com](http://www.highstreetdental.com)**

***New Patients Welcome***



# McKenzie Towne Community Association (MTCA)

## Executive Committee

President	Shelley Wark-Martyn	President@mckenziatownecommunityassociation.ca
Vice-President	Kimberly Stewart	Feedback@mckenziatownecommunityassociation.ca
Treasurer	Patrick Giroux	Treasurer@mckenziatownecommunityassociation.ca

Check us out at our new website,  
<https://mckenziatownecommunityassociation.ca>.

Send us an email at  
[feedback@mckenziatownecommunityassociation.ca](mailto:feedback@mckenziatownecommunityassociation.ca).

McKenzie Towne Community Association meets the fourth Wednesday of the month. Check out the website for location at [www.mckenziatownecommunityassociation.ca](http://www.mckenziatownecommunityassociation.ca).

Facebook: @MckenzieTowneCA

**Please Note:** We are the MTCA, not the MTC. The McKenzie Towne Council (MTC) is the board that is in control of our annual Home Owner Association (HOA) fees and they are in charge of maintaining the environment and physical amenities in McKenzie Towne.



McKenzie Towne  
 CHIROPRACTIC

Through our team approach, we help those recovering from injury, as well as those striving for better health. We provide Chiropractic care, Active Release Therapy (ART), Massage Therapy, and use our access to many other health professionals to provide you the best outcome for your health goals.

**We are currently accepting new patients and can direct bill to most insurance companies.**

McKenzie Towne Chiropractic and Massage  
[mckenziatownechiro.ca](http://mckenziatownechiro.ca)  
 Ph: (403) 257-6163 Fax: (403) 257-6165  
 81 High St SE | Calgary Alberta | T2Z 3T9

## SCAN HERE TO VIEW ADDITIONAL MCKENZIE TOWNE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## McKenzie Towne Community Association is Looking for Board Members

The McKenzie Towne Community Association (MTCA) is a volunteer-based organization that exists in your community – we are your neighbours, we bring together residents, and we act as a voice for our community.

MTCA is a voice for the community on important City of Calgary decisions that impact our community, such as planning and development issues. We have a liaison with all levels of government, local schools, McKenzie Towne Council, and our local policing community resource officer.

We are not the Homeowners Association, otherwise known as the McKenzie Towne Council (MTC), who oversee the community amenities and collect an annual fee.

We are planning a Winterfest Event in December; if you are interested in becoming a member of the Board or planning committee, let us know by emailing [feedback@mckenziatownecommunityassociation.ca](mailto:feedback@mckenziatownecommunityassociation.ca).

Communities are stronger when we all participate!



## Community Events

McKenzie Towne Community Association Action Group is hosting two opportunities to give back to our community. All events will be held at Sobey's on High Street. If you are interested in volunteering for one of these events, contact us at [feedback@mckenziatownecommunityassociation.ca](mailto:feedback@mckenziatownecommunityassociation.ca).

### Veterans Food Drive

**Saturday, November 4 from 10:00 am to 1:00 pm at Sobey's High Street**

The Veterans Food Bank of Alberta will be the recipients of all donations. The Veterans Food Bank of Alberta serves Veterans and First Responders (Police, Fire, EMS).

### Firefighters Toy Drive

**Saturday, December 2 from 10:00 am to 1:00 pm at Sobey's High Street**

In support of our local Fire Station, we will be supporting the Firefighter's Toy Drive. Toys must be new and unwrapped for children ages 0 to 12. Toys for ages 0 to 3 years and 9 to 12 years are the target age groups.

The Calgary Firefighters Toy Association is a volunteer member-led organization that accepts donation of new, unused toys for the annual Community Kids Christmas event.

### Holiday Lights

Are you interested in being part of the Holiday Lights community event? Decorate your home, contact us at [feedback@mckenziatownecommunityassociation.ca](mailto:feedback@mckenziatownecommunityassociation.ca), and let us know you want to be part of the night walks. There will be prizes.



**LTW**  
LEN T WONG + ASSOCIATES  
G P G  
GREATER PROPERTY GROUP

## YOUR HOME SOLD GUARANTEED!

Call to find out more about our Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program\*

Trade Up Program\*

Blanket Home Warranty Program\*

Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

**Call or Text 403-606-8888 | Email [len@lentwong.com](mailto:len@lentwong.com)**

\*Guarantee is being offered by Greater Property Group. Terms and Conditions Apply.

Calgary



The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

[calgary.ca/rpp](http://calgary.ca/rpp)

# OFFICIAL

PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

## \$50

Service Call Fee



403-837-4023

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

# BARKER'S

• FINE DRY CLEANING •

## PICK UP & DELIVERY SERVICES



## 403-282-2226



McKenzie Towne Council is a **not-for-profit Residents' Association** collecting **annual dues** (an encumbrance title) which maintains & manages common amenities/features in the community. This includes the **McKenzie Towne Hall** which provides **rental space, programming, daycare, and events.**

For more information please visit [www.mtcouncil.com](http://www.mtcouncil.com) or call 403-781-6612 Ext 0.

40 McKenzie Towne Blvd. SE  
Calgary, Alberta, T2Z 4X5  
Phone: 403-781-6612

## Cats, Canines, & Critters of Calgary



Bisous, *Deer Run*



Fergus, *Willow Park*



Nacho, *Panorama Hills*



Marley, *Brentwood*

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# Photo Corner

by Holly Sullivan



## Beaver Moon

Traditionally, the full moon in November is called the Beaver Moon because, in need of warm furs for the winter, people in the Colonial Era set beaver traps to catch them before the lakes froze over. This year, the Beaver Moon will be on November 27!







# WALKING GROUP & Coffee Social

**MONDAYS & THURSDAYS**

Walking Group | 9:00am to 10:30am | Gymnasium

Coffee Social | 10:00am to 12:00pm | Prestwick Room

Join us for an old favourite drop-in program at MTC! Walk around the gymnasium during the colder months, then come upstairs for some coffee and make some friends!

**FREE FOR RESIDENTS**

**NO REGISTRATION REQUIRED**

MCKENZIE TOWNE HALL | 40 MCKENZIE TOWNE BLVD SE

# THE GRAND SOUTH Christmas Market & MTC FOOD FAIR



## McKenzie Towne

MTC is a part of the Grand South Christmas Market this year!  
Shop from local crafters, small businesses, and food vendors

**November 18<sup>th</sup>, 2023**  
**10:00am to 3:00pm**

\* Free Entry \* Free Parking \*

McKenzie Towne Hall \* 40 McKenzie Towne Blvd SE Calgary

LEARN MORE AT  
[WWW.MTCOUNCIL.COM/EVENTS](http://WWW.MTCOUNCIL.COM/EVENTS)



**FOOTHILLS LAW**

**LAWYER on-the-go!**

Real Estate • Wills & Estates • Uncontested Family  
Complimentary Mobile Service

☎ 403-984-3600 🌐 [foothillslaw.ca](http://foothillslaw.ca)

✉ [info@foothillslaw.ca](mailto:info@foothillslaw.ca)

## A Ton of Tongue

Blue whales are the largest animals known to live on Earth. Not only are their bodies ginormous at a staggering 100 feet long, but their tongues are actually incredibly heavy, with the average tongue weighing over 8,000 lbs!





# Santa Claus





IS COMING TO

# TOWNE



DECEMBER 2, 2023  
9:00AM TO 11:00AM

## TICKETS INCLUDE

-  Brunch with Santa
-  Selfies with Santa
-  Crafts with Mrs. Claus
-  Special Present for all Kids



## South Trail CHIROPRACTIC

403-257-7913 | info@drjeff.ca  
#61 - 4307 130th Ave SE  
www.drjeff.ca

Over 150 5-Star Google Reviews



"Dr. Jeff and his team are so wonderful! We are so grateful to have him take care of our family. I trust him whole-heartedly and know that the health of my children is in good hands. A welcoming, friendly office, great with kids, an amazing place all around."  
- Steph C.

*Helping Families  
Stay Healthy  
for a Lifetime*



# MICHELSEN JEWELLERS

 YOUR Jewellery Repair Depot

Come and get claws repairs!

**\$20 A CLAW OR 4 FOR \$80**



**COME ON IN & GET YOUR  
CLAWS CHECKED & YOUR  
RINGS CLEANED - ON US!**  
*Thank you for all your support*

#7 - 675 Acadia Drive SE  
**403.279.4999**

For business classified ad rates contact  
Great News Media  
at 403-720-0762 or sales@greatnewsmedia.ca

**ELECTRICITY IS NOT A HOBBY:** Call a licensed electrician and pot light specialist. No job is too small. Excellent rates. Please call John at 403-708-6555.

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in McKenzie Towne. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**MCKENZIE TOWNE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**HERITAGE WEST PLUMBING AND HEATING:** 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**AFFORDABLE DENTAL CARE MINUTES FROM MCKENZIE TOWNE!** Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

# BUSINESS CLASSIFIEDS

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CROWN RENOVATIONS:** Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Full house renovations. Check out our latest before and after renovation at [www.crownrenovations.com](http://www.crownrenovations.com). Call Bill at 403-819-8588 or email [crownreno@shaw.ca](mailto:crownreno@shaw.ca).

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**CODERAD ELECTRICAL LTD:** Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at [info@coderadelectrical.com](mailto:info@coderadelectrical.com). Is your Electrical up to code? [www.coderadelectrical.com](http://www.coderadelectrical.com).

**PLUMBING PARAMEDICS:** Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

**ACCOUNTING SERVICES BY CHARTERED PROFESSIONAL ACCOUNTANT:** Personal and corporate income tax returns, bookkeeping services, payroll, GST, etc. Located at 36 Mt Lorette Close SE. Please contact Ann at 403-835-6456.

**CHARTERED PROFESSIONAL ACCOUNTANT:** Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**INDEPENDENT INSURANCE ADVISOR:** Accident, sickness, disability, and life benefits. With our amazing needs analysis tool, I make it easy to understand your living and death benefit needs. I work with any budget to get you and your family the best possible coverage. Contact Gloria Daly at 403-826-1628 or [Gloria.Daly@Combinedagent.com](mailto:Gloria.Daly@Combinedagent.com). Licensed in Alberta and British Columbia.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**PAINTING:** Calgary's wall repaint experts. Fast, free estimates and colour consults. Friendly, clean, and on time. Check out our great reviews! Father and son power team. Fully insured. Please call/text Eric at 587-893-0326. [www.elementpaintinginc.ca](http://www.elementpaintinginc.ca). Thank you.

**FOX PAINTING & DECORATING:** 30+ years of painting experience providing interior and exterior applications (licensed and insured). Services include surface preparation (including sanding, caulking, masking) and major/minor drywall repairs. Vast experience with enamels, epoxies, latex, stain, varnishes. Contact Derek for a free quote at 403-616-7044 or [derekadamski@shaw.ca](mailto:derekadamski@shaw.ca).

**PROFESSIONAL DOGWALKING:** Feeling guilty that your "best friend" isn't getting enough exercise? Let me bring your dog(s) along on our one-hour group off-leash walks where they'll get great exercise and social time! Call Happy Hearts Dog Walking and Pet Care Services at 403-616-5578. Insured Animal Health Technician!





# South Health Campus Wellness Centre

### Better Health for Free

Find information, resources, and classes to help make decisions about your health.

Visit the 2023 Fall Program Guide for more information and registration details at [www.ahs.ca/shcwellness](http://www.ahs.ca/shcwellness).

Questions? Call 403-956-3939.

## Upcoming FREE Programs in November & December 2023

### Tasty Low Salt Cooking

Are you struggling with how to implement a lower salt (sodium) diet? Learn practical ways to lower salt in your diet with a cooking demonstration by AHS Nutrition Services Registered Dietitians. This 2-part series will feature label reading, lower sodium substitutions and preparing healthy, lower sodium foods that taste great. Register for one or both classes.

**When:** Meal Ideas: November 21 Noon – 1:00 pm.  
Dips & Sauces: December 12 Noon – 1:00 pm.

**Program Provider:** AHS Nutrition Services Registered Dietitians and the Wellness Kitchen.

**Registration:** [www.redcap.link/TastyLowSaltCooking](http://www.redcap.link/TastyLowSaltCooking).

### Easy & Healthy Mediterranean Cooking

Learn how to eat Mediterranean! The Mediterranean may be far away, but the delicious and healthful foods of this style of eating are close at hand. Improve your nutrition with Mediterranean meal ideas for brain health, heart health, or general well-being.

**When:** November 16 Noon – 1:30 pm.

**Program Provider:** AHS Nutrition Services Registered Dietitians and the Wellness Kitchen.

**Registration:** [www.redcap.link/EasyHealthyMediterraneanCooking](http://www.redcap.link/EasyHealthyMediterraneanCooking).

# THE FIRST CREW

On November 2, 2000, the first crew reached the International Space Station. The residing team was made up of NASA Astronaut Bill Shepherd and cosmonauts Yuri Gidzenko and Sergei Krikalev.

# SOUTH FAMILY DENTAL

**FREE TEETH WHITENING OR  
ELECTRIC TOOTHBRUSH**

*\*With complete exam, x-rays, & cleaning*



**CALGARY  
OWNED AND  
OPERATED**

**FEMALE AND MALE DENTISTS AVAILABLE**

**403.262.3235**

[www.southfamilydental.com](http://www.southfamilydental.com)

**110-142 McKenzie Towne Link SE, Calgary T2Z 1H1 (Next to Servus Credit Union)**

**All services provided by our General Dentists and Orthodontist**

Dr. N. Headley, Dr. R. Palmer, Dr. N. Speidel, Dr. K. Toucher, & Dr. A. Vilaysane – General Dentists | Dr. A. Sharma BSc, DMD, DHSc, FRCD(C) – Orthodontist

# MIKE BURTON

Home Team

Over 1100 Homes  
SOLD since 2003!



192 Elgin Meadows View SE  
Just Listed!



88 Prestwick Drive SE  
\$554,900



130 Copperstone Grove SE  
\$514,900



51 Brightondale Crescent SE  
\$624,900



1210, 11 Mahogany Row SE  
\$395,000



310 Mahogany Manor SE  
\$1,099,500



119 Mahogany Bay SE  
\$2,498,900



418 Elgin Way SE



1305, 4975 130 Ave SE



115 Marquis Landing SE



Market Report



Our Next Event  
**Photos with Santa**  
November 28th 3-8pm  
At the Mahogany Beach Club  
Register at  
[PhotosWithSanta.net](http://PhotosWithSanta.net)



Free  
Analog Coffee  
Card from

[LivingInMcKenzieTowne.com](http://LivingInMcKenzieTowne.com) **RE/MAX**  
REALTY  
Professionals

403-257-6688