

MARCH 2024

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New Patients Welcome



McKenzie Towne Community Association (MTCA)

Executive Committee

President	Shelley Wark-Martyn	President@mckenziestownecommunityassociation.ca
Vice-President	Kimberly Stewart	Vicepresident@mckenziestownecommunityassociation.ca
Treasurer	Patrick Giroux	Treasurer@mckenziestownecommunityassociation.ca
Secretary	Sally Samuel	Secretary@mckenziestownecommunityassociation.ca

Check us out at our new website,
<https://mckenziestownecommunityassociation.ca>.

Send us an email at
feedback@mckenziestownecommunityassociation.ca.

McKenzie Towne Community Association meets the fourth Wednesday of the month. Check out the website for location at www.mckenziestownecommunityassociation.ca.

Facebook: @MckenzieTowneCA

Please Note: We are the MTCA, not the MTC. The McKenzie Towne Council (MTC) is the board that is in control of our annual Home Owner Association (HOA) fees and they are in charge of maintaining the environment and physical amenities in McKenzie Towne.

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Guess the Country!

1. Over 80% of this Asian country is mountainous.
2. This European country is also known as The Emerald Isle.
3. Asmara is the capital of this African country.
4. It is mandatory in this South American country to play the national anthem twice on television and radio every day.
5. This Central American country's capital has a rain forest within its city limits, making it the only known one in the world.
6. This Oceanic country, known for its 7s rugby team, is composed of over 300 islands.



SCAN THE QR
CODE FOR THE
ANSWERS!

McKenzie Towne Community Association is Looking for Members

The McKenzie Towne Community Association (MTCA) is a volunteer-based organization that exists in your community – we are your neighbours, we bring together residents, and we act as a voice for our community.

MTCA is a voice for the community on important City of Calgary decisions that impact our community, such as planning and development issues. We have a liaison with all levels of government, local schools, McKenzie Towne Council, and our local policing community resource officer.

The cost of an annual membership for residents is \$10 and \$15 for non-residents. Memberships run from January 1 to December 31 and can be purchased through our website.

If you are interested in becoming a member of the Association, let us know by emailing feedback@mckenziestownecommunityassociation.ca.

Communities are stronger when we all participate!



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- Steph C.

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Wordy Woes

The fear of long words, Hippopotomonstrosesquippedaliophobia, coined by American poet Aimee Nezhukumatathil in 2000, traces back to Roman poet Horace's criticism of writers obsessed with lengthy words in the first century BCE. Irony alert: the term itself is quite a mouthful!



TAKE ON WELLNESS

Live Healthier, Happier, and Longer

from Calgary Foothills Primary Care Network

Did you know there is a team of health professionals who work with your family doctor to provide personalized health support – for free.

From mental health counsellors to nurses who can help with things such as anxiety and diabetes, you can access a variety of health support through one of the Alberta Primary Care Networks. There are a number of Primary Care Networks across the province, offering services designed to best meet the needs of each community. Primary Care Networks are part of Alberta's public health care system and are funded by the provincial government – there is no cost to use any of their services.

Access Free Health Support

Studies show that people who regularly see their family doctor are healthier, live longer, and have fewer hospital visits. You can find various health support through Primary Care Networks, including:

- Virtual and in-person workshops to support mental health, nutrition, diabetes, exercise, and to help you quit smoking.
- Access to a team of health professionals that could include nurses, mental health therapists, dietitians, pharmacists, and social workers who can provide you with specialized care.
- After-hours care to support you if you can't get in to see your family doctor.



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McKenzie Towne Council is a **not-for-profit Residents' Association** collecting **annual dues** (an encumbrance title) which maintains and manages common amenities/features in the community. This includes the **McKenzie Towne Hall** which provides **rental space, programming, daycare, and events.**

For more information please visit www.mtcouncil.com or call 403-781-6612

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	EVENT	DATE	TIME	R PRICE	LOCATION
	Easter Egg Hunt	March 30	11 AM - 1 PM	FREE	Prestwick Fountain Park
	Community Clean Up	TBD	9 AM - 2 PM	FREE	MTC
	Mother's Day Paint	May 12	11 AM - 2 PM	\$	Inverness Gazebo
	Community Garage Sale	June 8	9 AM - 2 PM	FREE	52nd Bus Terminal Lot
	Neighbour Day	June 15	11 AM - 2 PM	FREE	Prestwick Fountain Park
	Stampede Breakfast	July 11	9 AM - 11 AM	FREE	High Street
	Movie in the Park	July 25, Aug 31	3 PM & 6 PM	FREE	Prestwick Fountain Park
	Summer Luau Party	August 10	11 AM - 1 PM	FREE	Prestwick Fountain Park
	MTC Open House	September 7	10 AM - 2 PM	FREE	MTC
	Pumpkin Carving	October 11	6:30 PM - 8 PM	\$	MTC
	AGM	October 16	7 PM - 9 PM	FREE	MTC
	Monster Mash Dance	October 25	6:30 PM - 8:30 PM	FREE	MTC
	Christmas Park Lighting	November 12	5:30 PM - 6:30 PM	FREE	Prestwick Fountain Park
	Grand South Christmas Market	November 16	10 AM - 3 PM	FREE	MTC
	Santa Claus is Coming to Towne	December 14	9:30 AM - 11 AM	\$	MTC

LEARN MORE/REGISTER AT WWW.MTCOUNCIL.COM/EVENTS

***DETAILS SUBJECT TO CHANGE**

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YOUR CITY OF CALGARY

Explore the City of Calgary Roadway Activities Map

by the City of Calgary

Curious about the ongoing road projects in your area? Wondering when the last time your neighbourhood roads were repaved? Plan your routes with ease by checking out the City of Calgary Roadway Activities Map. This interactive map compiles information on construction projects, repair work, and special events across Calgary. Visit <https://maps.calgary.ca/RoadwayActivities/> to stay informed and navigate the city hassle-free.

To view more City of Calgary maps, please visit the Map Gallery at <https://mapgallery.calgary.ca/>.



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March / April
May / June

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<p>News, Events, & More</p> 	<p>Crime Statistics</p> 	<p>Real Estate Statistics</p> 
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