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# Mid-Sun messages

THE OFFICIAL MID-SUN COMMUNITY ASSOCIATION NEWSLETTER

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**A**rms can you raise both?

**S**peech is it slurred or jumbled?

**T**ime to call 9-1-1 right away.

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# Mid-Sun Community Association

50 Midpark Rise S.E. T2X 1L7 • Tel: 403-254-8058

[www.midsun.org](http://www.midsun.org)

## MID-SUN OFFICERS

President Patsy McNish  
[president@midsun.org](mailto:president@midsun.org)

Vice President Vacant

Treasurer Keith Pedersen  
[keithpedersen@live.com](mailto:keithpedersen@live.com)

Secretary Karen MacDonald

## MID-SUN DIRECTORS

Director of Operations Keith Pedersen  
[keithpedersen@live.com](mailto:keithpedersen@live.com)

Fundraising Vacant

Planning and Development Vacant

Policy Patsy McNish  
[president@midsun.org](mailto:president@midsun.org)

Community Garden Wayne Hewitt  
[midsungarden@gmail.com](mailto:midsungarden@gmail.com)

Community Playgrounds Erin Delamont  
[midsunplayground@gmail.com](mailto:midsunplayground@gmail.com)

SFC Recreation Rep Doug Bouwmeester  
[dougbouwmeester@shaw.ca](mailto:dougbouwmeester@shaw.ca)

Community Traffic Concerns Ian Laird  
[traffic@midsun.org](mailto:traffic@midsun.org)

Community Seniors Programs Joan Trotz and  
Darleen Hornaday

## CONTACTS

Mid-Sun OOSC Program Servicing St. Theresa of Calcutta  
School  
403-256-4422  
[childcare@midsun.org](mailto:childcare@midsun.org)

Midnapore OOSC Program Servicing Midnapore School  
403-254-0288  
[midnaporeoosc@midsun.org](mailto:midnaporeoosc@midsun.org)

Past President Mark Schmidt

MLA for Calgary-Fish Creek Richard Gotfried  
[calgary.fishcreek@assembly.ab.ca](mailto:calgary.fishcreek@assembly.ab.ca)

Ward 14 Councillor Peter Demong  
[eaward14@calgary.ca](mailto:eaward14@calgary.ca)

MP for Calgary-Midnapore Stephanie Kusie  
[stephanie.kusie@parl.gc.ca](mailto:stephanie.kusie@parl.gc.ca)

## CHURCHES

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Spiritual Community Church of the West  
Red Deer Lake United Church  
The Church of Jesus Christ of Latter Day Saints  
Canyon Creek Christian Fellowship  
Campbell-Stone United Church  
Southview Church  
Knexions Church  
Bonavista Baptist Church  
St. Patrick's Church  
Trinity Mennonite Church



We are looking for people to join our volunteer base and lend a helping hand with community events such as, Stampede Shutdown, Community Clean Up, Annual Casino Fundraising, etc. If you would like to be added to this list, please visit our website and subscribe to our volunteer newsletter. You will find this under the Your Community tab – Community Events!

**If you're interested in volunteering on our Association's Board of Directors, please send an email to our Board President at [president@midsun.org](mailto:president@midsun.org).**

**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

**MIDNAPORE**



**SUNDANCE**



## PRESIDENT'S MESSAGE

Happy September, Everyone!

We are delighted to report that our 2023 Day Camps were incredibly successful, with pretty much every week sold out and all kinds of positive feedback. Many thanks to our great staff, wonderful volunteers and of course, all our campers and their families!

Way back in June, we held a Welcome to Summer event, complete with food trucks, a petting zoo, and a magic show, along with garden tours, games, goodie bags and activities. This was another successful event, and we are so grateful to all the volunteers and attendees.

Our Senior's Social Group has continued to be active over the summer and will be hosting a trip to Waterton National Park on September 6. Email seniors@midsun.org for more information.

Our next event is the Beer Tasting scheduled for Friday, September 22. Go to [www.midsun.org](http://www.midsun.org) to get tickets. We are planning a couple of other events: a Christmas Market in November and a Wine Tasting in the spring, so keep checking our website or our Facebook page for information on those.

Another event that I want to draw your attention to is our Mid-Sun Community Association Annual General Meeting, which will be held at the community centre on Wednesday, November 8 at 7:00 pm. Please plan on attending and please consider volunteering to be on our community centre board.

As you know, I have been president of the association for four years. I'm willing to serve for one more year. After that, I'm done. It will be time for someone else to take over, to bring new enthusiasm and fresh ideas. To take on this position, we need someone who has been on the board for a least a year, so now is a good time to step up and sit on the board as a member-at-large or vice-president. The time commitment isn't as much as you might think. We have eight or nine meetings a year. We don't meet in the summer and this year, we aren't meeting in September either. We are making every effort to limit the meetings to two hours.

There are advantages to being the president. Apart from getting to know people in the community, you:

- Learn about governance and leadership
- Expand your network
- Meet people in the city and the provincial government
- Have the opportunity to contribute to your community
- Have a positive impact on the lives of others

These look pretty darn good on a resume and can help you move your own career forward. If you have any questions, please email me at [president@midsun.org](mailto:president@midsun.org).

Have a terrific fall! I hope to see you at our Beer Tasting and AGM!

*Patsy*

## RESIDENT PERSPECTIVES

### Stargazing with Pat J

#### Supernova: Going Out With a Bang

*by Patricia Jeffery © 2023 Calgary Centre of the Royal Astronomical Society of Canada*



In 1054, Chinese astronomers noticed a new star that was so bright that it was visible during the daytime for three weeks before slowly fading from view.

Every star begins life as a cloud of gas and dust. Gravity causes the cloud to condense which increases pressure and temperature until nuclear fusion occurs in the core and the star ignites. As hydrogen is converted into helium, energy is released, which produces an outward force that counteracts gravity, creating a delicate equilibrium that can persist for millions, even billions of years.

The fusion reaction in a massive star needs to happen at a faster rate in order to sustain the balance with gravity. As a result, these stars burn brighter and hotter, shortening their life span in some cases to only a few million years.

When a star runs out of hydrogen, the core can no longer generate energy by nuclear fusion, but as it contracts, heat is generated, which causes the star's outer layers to expand and cool, transforming the star into a red giant.

After converting all the helium to carbon, the star works its way through the periodic table, fusing elements which produce less and less energy until it arrives at iron, which unfortunately produces zero energy. Suddenly unopposed, gravity squeezes the core, raising its temperature to over 100 billion degrees Celsius. The pressure is so great that electrons and protons combine to form neutrons. The moment this occurs, the compressed neutrons rebound with such force that they overcome gravity and the star explodes. If the recoil isn't strong enough, gravity will crush the core into infinity, creating a black hole.

The supernova that the Chinese astronomers witnessed is known today as M1: the Crab Nebula. Located in constellation Taurus, M1 is all that remains of a star ten times larger than our Sun; yet, its heart still beats in the form of a wildly spinning neutron star, which like a lighthouse, ejects twin beams of radiation out into space at 30 pulses per second.

## NEWS FROM THE MIDNAPORE LAKE RESIDENTS ASSOCIATION

### Park Hours

Please check the website for up-to-date park hours. As we move into fall, the park will close earlier in the evening, matching sunset.

### Back to School

We hope that everyone had an amazing summer.

As we move into fall, we would like to remind everyone of some of our fishing rules:

1. Fishing privileges are restricted to three guests per member. Members must actively be fishing with their guests. Guests are not permitted to take or remove fish from the property.
2. Fishing after sunset is not permitted and all fishers must check out at the front office 15 minutes before closing. As always, please make sure that you have read the lake's rules and regulations.

### Looking Forward

- Annual Pumpkin Hunt (Pre-registration will be required): October 28, 2023
- Skate with Santa: December 2023 (Day TBD)
- Skating Lessons: January/February 2024

### Midnapore Lake Bookings

For your Lake Room, Cookshack, and large group bookings, please call the office staff at

403-256-0550.



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## Mid-Sun Community Centre



[www.midsun.org](http://www.midsun.org)

- Community news and events
- Memberships and member benefits
- Details & prices registered and drop-in activities
- Social events and workshops
- Out of school care and facility rentals
- Community engagement opportunities
- Sign up for electronic newsletters



50 Midpark Rise SE 403-254-8058



# SEPTEMBER

SEPTEMBER 4 | LABOUR DAY  
 SEPTEMBER 6 | READ A BOOK DAY  
 SEPTEMBER 29 | NATIONAL COFFEE DAY



## MID-SUN 2023 HOUSING MARKET REVIEW

\*January 1 - July 31, 2023

### MIDNAPORE

**DETACHED**  
 High | \$1,480,000  
 Low | \$469,990  
 Avg. | \$644,321  
 #Sold | 28  
 Avg. days on mkt. | 20

**ATTACHED**  
 High | \$950,000  
 Low | \$376,500  
 Avg. | \$545,275  
 #Sold | 16  
 Avg. days on mkt. | 17

**CONDO**  
 High | \$335,000  
 Low | \$187,000  
 Avg. | \$240,134  
 #Sold | 29  
 Avg. days on mkt. | 23

### SUNDANCE

**DETACHED**  
 High | \$2,500,000  
 Low | \$470,000  
 Avg. | \$713,403  
 #Sold | 61  
 Avg. days on mkt. | 15

**ATTACHED**  
 High | \$497,000  
 Low | \$390,000  
 Avg. | \$434,600  
 #Sold | 5  
 Avg. days on mkt. | 10

*Stats current as of July 31, 2023 @ 11:59 pm. For more detailed market sales information, please contact Team Palmer at 403.836.3018 or info@teampalmer.ca.*

**SOLD**



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**SOLD**



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# Mid-Sun Community Beer Tasting

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Event Date:  
September 22nd



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## Mid-Sun Seniors' Social Club

Now that September is here and the kids are back to school, our seniors' group will be moving indoors to play cards and games every Thursday from 1:30 to 3:30 pm. New participants from Midnapore, Sundance, and adjoining areas are always welcome to join us for a social afternoon of chat, games, snacks, and connecting. We offer a friendly, supportive atmosphere. Please drop in to meet us or join in on one of the games.

Over the summer, the group enjoyed weekly cards in the social shed or outdoors in the adjacent courtyard at Mid-Sun Community Centre. In July, a potluck supper was held at Midnapore Lake. Everyone enjoyed perfect weather for relaxing outdoors, sharing delicious food, and participating in friendly games of bocce and croquet. In August, we experienced a "new-to-us" venue at RIPS in Millrise for our monthly Pub Nite.

As this article goes to publication, a group of Calgary seniors from Mid-Sun and adjacent communities will be relaxing and enjoying the spectacular scenery of Waterton Lakes National Park on a planned, very affordable seniors' day trip. Many of our activities are subsidized through a New Horizons for Seniors grant.

### Upcoming Events:

- September Pub Nite (week of September 18 to 22)
- Our second Bingo Evening on October 16 from 6:30 to 8:30 pm at Mid-Sun Community Centre
- An informative speaker session to learn about opportunities for senior care.
- Save the date for December 8 and plan on attending our Christmas Turkey Dinner social at the Mid-Sun Community Centre.

Please contact us at seniors@midsun.org or 403-254-8058 for final dates and details of upcoming events and try our Thursday games day.

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## GAMES & PUZZLES

### Guess That Animal!

1. Male \_\_\_\_\_ are the only creatures in the animal kingdom to undergo pregnancy and give birth.
2. This tree-hugging marsupial's fingerprints are almost indistinguishable from humans; which has confused some forensic crime scene investigators.
3. This monogamous species mates for life and courts one another by gifting each other pebbles.
4. This large rodent is one of the friendliest in the animal kingdom and has been known to befriend crocodiles, monkeys, dogs, and even humans!
5. The \_\_\_\_\_ is the only mammal that can truly fly and not simply glide.
6. \_\_\_\_\_ are the only venomous primates; their armpits secrete venom that they lick to coat their teeth before attacking and biting.

**SCAN THE QR CODE FOR THE ANSWERS!**





MLA Calgary - Fish Creek

**Myles McDougall**

7 — 1215 Lake Sylvan Drive SE

☎ 403-278-4444

✉ Calgary.FishCreek@assembly.ab.ca

✂ @MylesYYC | @MLAFishCreek

I want to take this opportunity to thank the constituents of Calgary Fish Creek for entrusting me with this great honour of serving as your Member of the Legislative Assembly. For those of you I didn't get a chance to meet with during the campaign, let me tell you a little about myself. I have had a varied career as an economist, corporate executive, technology entrepreneur, management consultant, advisor, and teacher. I have lived, worked, and studied internationally, including in Argentina, where I met my wife of 25 years, Patricia, who is currently a public elementary school teacher in Calgary. Together, we have a son who attends the University of Calgary.

I pursued public office to share my experience and passion for public service. I am committed to working tirelessly to represent the constituents of Calgary Fish Creek and make Alberta a better place to live, work, and raise a family.

It's been an incredible summer here in Calgary with lots of festivals, Stampede activities, and community events. It was great to see Stampede events in full force in Calgary Fish Creek. I am looking forward to hosting the annual Calgary Fish Creek Stampede BBQ next year. In the meantime, I would like to invite all constituents to our 'Meet Your MLA' family BBQ on Saturday, September 16 from 12:00 to 2:00 pm at the Bonavista Downs community centre (1418 Lake Ontario Road SE). We will be enjoying Spolumbos sausages and music, along with kids' entertainment like face painting and balloon animals. I'm looking forward to getting to know you all better.

In the meantime, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.

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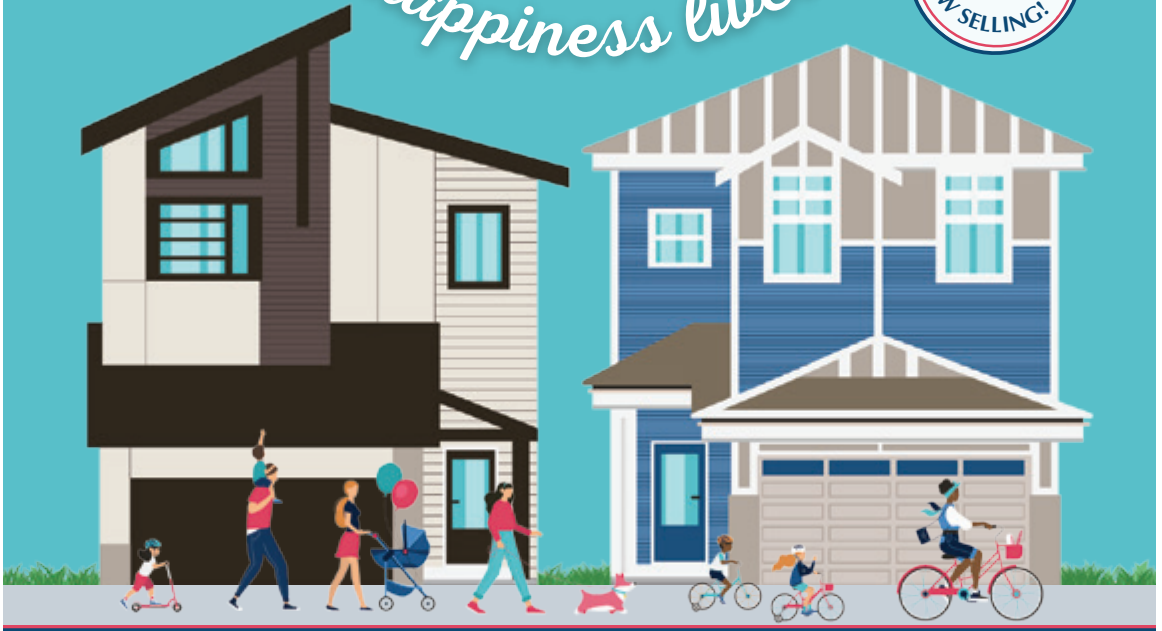
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**29**

# New Properties



**12**

# Sold Properties



**14**

Average Days on Market



**\$830,041**

Median Sold Price

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