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5:30pm - 7:30pm

Venue:

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Mid-Sun Community Association

50 Midpark Rise S.E. T2X 1L7 • Tel: 403-254-8058

www.midsun.org

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Midnapore OOSC Program Servicing Midnapore School
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eaward14@calgary.ca

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stephanie.kusie@parl.gc.ca

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We are looking for people to join our volunteer base and lend a helping hand with community events such as, Stampede Shutdown, Community Clean Up, Annual Casino Fundraising, etc. If you would like to be added to this list, please visit our website and subscribe to our volunteer newsletter. You will find this under the Your Community tab – Community Events!

If you're interested in volunteering on our Association's Board of Directors, please send an email to our Board President at president@midsun.org.

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Mid-Sun Seniors' Social Club

As we move into February, we can anticipate days that are growing a little longer, cold days when we can stay home and watch the world from our window, or a visit from grandkids or family over teachers' convention and Family Day. This year during our shortest month, we can also celebrate one extra fun-filled Thursday afternoon to enjoy cards and games, courtesy of the 2024 Leap Year.

Every Thursday afternoon from 1:30 to 3:30 pm seniors from neighbourhood communities gather at Mid-Sun Community Centre to enjoy cards, games, chat, and laughter. We learn new games together in a relaxed, accepting atmosphere and revisit old favourites over a cup of tea or coffee and snack. Small donations are accepted. If you are new to the community or searching for a new activity, our group would welcome you to join in.

Pub Nite: Not only do we meet for cards, but we also gather for Pub Nite once a month at local venues. Tentatively set aside Tuesday, February 20, 5:00 to approximately 7:00 pm, for dinner with us. We plan our evenings to take advantage of daily specials, but you are always able to order your favourite from the menu. Each participant is responsible for the bill for their meal. Please watch your e-mail (if you have provided it to us), call 403-254-8058 or e-mail seniors@midsun.org for this month's location.

Wiener Roast: If you are feeling nostalgic about summer activities, we have the solution for you. On February 24, we will host an afternoon, outdoor wiener roast, complete with hot chocolate and marshmallows, at the patio adjacent to the community hall. Last year's event was well received. Plan to join us this year!

Varied events and outings are scheduled throughout the year. Our senior's committee is in the process of planning for the late winter, spring, and early summer. Stay tuned for future events.

For information on seniors' activities, contact us at seniors@midsun.org or 403-254-8058.



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Medieval Tinder

Wearing your heart on your sleeve is more than just a phrase. Did you know that in the Middle Ages, love was a fashion statement? Back then, singles played a name-tag game, pinning their Valentine's name on their sleeves for a week! Talk about wearing your heart on your sleeve - literally!



NEWS FROM THE MIDNAPORE LAKE RESIDENTS ASSOCIATION

Winter Has Arrived

Please keep your eye on our website, www.midnaporelake.ca, or our Facebook page for updated ice conditions.

As always, In the event of poor or unsafe ice conditions there maybe occasions when we need to close the lake to skating and/or ice fishing.

Please remember that helmets are strongly recommended for skating and tobogganing. Have fun and be safe!

2024 Invoicing

Please be advised that invoices for 2024 fees were mailed or emailed to you before December 1, 2023. These invoices were due and payable before January 1. Office hours will be extended in January to accept payments (please check the website, www.midnaporelake.ca, for details).

2024 Invoices, where possible, were distributed by email. Moving to e-invoicing for the Midnapore Lake Residents Association has the benefit of being both greener and significantly more affordable. This is the final year for paper invoicing. When you make your payment this year, please update your email address with the office so we have an accurate email for 2025.

Any accounts with outstanding balances as of January 31, 2024, will be denied access to the park.

Midnapore Lake Bookings

For your Lake Room, Cookshack, and Large Group Bookings please call the office staff at 403-256-0550.

President's Message

With February upon us, fees should all be paid. I'd like to thank everybody who tried doing an e-transfer this year. It makes a tremendous difference on the cost of bringing in our annual revenue. You have insured that money stays at the lake.

Did you know that our lake has the fewest number of residences supporting it, compared to our sister lakes. This means we collect a fewer number of household fees comparatively. Not only that, but our fees are also the lowest. Over the years our staff have done a tremendous job of taking care of our community asset, while being super conscientious with the finances. That being said, with the age of the infrastructure, we are phasing into a new season of requirement. We need to attend to some capital maintenance projects, so that Midnapore can continue to be as stellar moving forward as it has been through the past.

The Board of Directors have approved a fee increase for 2025. We have chosen to announce this early so that people can prepare. Next year's fee will be \$305 plus GST – an increase of \$50 annually. Even with this increase, we remain the lowest cost HOA fee for a lake community. At this fee, your entire household has the use of the lake for less than a dollar a day. We make this decision carefully, considering the impact on the membership, and the long-term viability of our Lake. It has long been a goal to maintain low fees for members. And this is still a priority. We will remain diligent with our budgeting as stewards.

Don't Get Stung by the Bee!

The shortest month of the year is one of the most misspelled words in the English language. February is like that mischievous word that trips up even the most seasoned spellers! It's the spelling bee's sneaky little riddle, playing hide-and-seek with that elusive "r" and making a twisty-turny challenge out of a seemingly simple month!



NEWS FROM THE SUNDANCE LAKE RESIDENTS ASSOCIATION

At the beginning of the winter, we added a logger to our on-site water well. The well pumps from spring to fall adding water to the lake to offset evaporation. We are studying the well this winter to understand the recovery of our aquifer and evaluate the health of our current well. This is important data for managing water moving forward. The lake is a closed water system and water is added via precipitation, well water, and city water top ups. Water leaves via evaporation. Of course, our favourite way to get water is rain... So, think of the lake if you need a silver lining for a stormy day. Interesting, through careful data collection we have come to learn that very little volume is added to the lake via snow.

Please continue to read our monthly message for what's going on at the lake. If you are interested in being more involved - we have volunteer opportunities during events. Or consider applying to become a board member.

See you at the lake,

Jen Hawkins

president@midnaporelake.ca



Perch Ice Fishing Derby – February 10 from 9:00 am to 3:00 pm

Grab your fishing gear and join us for our 16th Annual Perch Ice Fishing Derby. Online registration will open on January 29. The link will be on the events page of our website (www.lakesundance.org). There will also be a registration table at the derby for last minute participants. More details are available on our website.

2024 **16th Annual**

LAKE SUNDANCE
PERCH DERBY
Saturday, Feb. 10
9am-3pm

Registration Opens Jan. 29
www.lakesundance.org Or On-site at the derby

Rules
All Lake rules apply

Competitors 10 years old and under must register as a team with an adult

You can have help to hook but must reel fish up and out of water to count as your catch

You can not give your perch to others

PRIZES

Trophies, Ribbons, Door Prizes and Prize Packs

Draw for pre-registered fishers

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* For prize equity, winning prize-packs are limited to one per household *

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COME TRY Ringette

COMETRYRINGETTE.CA

April is Come Try Ringette month, and there will be many sessions in Calgary.

Eggplant and Sundried Tomato Pasta

by Jennifer Puri



Simple, healthy, delicious eggplants, also referred to as aubergines or brinjals are used in the cuisines of many countries around the world, especially in China (Sichuan Eggplant) and India (baingan bharta).

Glossy, purple, green, or white in colour, the eggplant is a member of the nightshade family and has white flesh and small edible seeds. Due to its “meaty” texture it is sometimes used as a meat substitute in vegan and vegetarian dishes.

Eggplants are a high fibre, low-calorie food rich in nutrients and vitamins, which can help control blood sugar and aid in weight loss. Antioxidants such as lutein, which may help prevent age-related macular degeneration and zeaxanthin, along with natural plant chemicals called polyphenols are also present.

There are many tasty ways to eat eggplant as it can be steamed, stir fried, roasted, stewed, curried, pickled, or added to pasta noodles with whipped ricotta cheese and sundried tomatoes as shown in the recipe below.

Prep Time: 20 minutes

Cook Time: 30 minutes

Servings: 3 to 4

Ingredients:

- 1 large eggplant
- 2 small shallots, finely chopped
- 3 garlic cloves, finely chopped
- 1 small jar oil packed sundried tomatoes
- 1 cup extra virgin olive oil
- 500 g cooked spaghetti (al dente)
- 1 cup whipped ricotta cheese
- ½ cup fresh basil leaves
- 2 medium sized tomatoes chopped
- Salt to taste
- Black pepper to taste
- 1 tsp red chilli flakes
- 1 cup shaved parmesan cheese

Directions:

- Heat oven to 425 degrees Fahrenheit.
- Arrange eggplant slices on a foil lined baking tray. Brush each slice with a little olive oil and then flip over and repeat. Place the tray on the middle rack of the oven and bake for about 20 minutes or until eggplant slices turn a light brown. Remove tray from oven and set aside.
- Add 2 tbsp of olive oil, chopped shallots, and garlic to a large frying pan and sauté on medium heat for two minutes. Separate the sundried tomatoes from their oil, slice each piece in half and add to the pan along with the fresh chopped tomatoes and a few basil leaves. Stir fry for about two minutes then add the ricotta cheese, red chilli flakes, and salt and pepper to taste.
- Finally, add the cooked spaghetti to the pan and gently blend with the sauce. Remove from heat and garnish with shaved parmesan cheese, a few basil leaves, and serve.

Bon Appétit!





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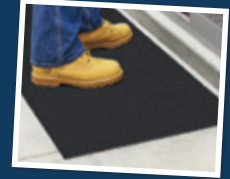
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Stargazing with Pat J: The Gas Giants – Jupiter and Saturn

by Patricia Jeffery © 2024, Calgary Centre of the Royal Astronomical Society of Canada

Jupiter and Saturn are in essence failed stars. Consisting mainly of hydrogen and helium gas, the primary building blocks of all stars, neither planet was massive enough to ignite a thermonuclear reaction at its core (lucky for us).

Jupiter

- Fifth planet from the sun
- If the sun is at a football field's goal post and Earth is on the two-yard line, Jupiter is at the 10.5-yard line
- Biggest planet, 1300 Earths could fit inside
- Brightest planet
- Rotates on its axis in 9.97 hours. Takes 11.6 years to orbit the sun
- Takes sunlight 43 minutes to get there
- Lacks a hard surface. Mean temperature: -110 degrees Celsius
- Has 95 moons; its biggest moon Ganymede is larger than Mercury
- Has four rings but they are faint and difficult to see
- Stormy atmosphere with wind speeds over 500 km/hr
- In July of 1994, Shoemaker Levy 9 was a comet that ventured too close to Jupiter and was torn apart by the planet's powerful gravitational field. The comet's demise highlighted Jupiter's role in protecting the inner planets from space debris by acting as a "cosmic vacuum cleaner".



Saturn

- Sixth planet from the sun
- If the sun is at a football field's goal post and Earth is on the two-yard line, Saturn is at the 19-yard line
- Second largest planet, 764 Earths could fit inside
- Not as bright as Jupiter who follows it across the southern sky each fall
- Rotates on its axis in 10.7 hours. Takes 29.4 years to orbit the sun
- Takes sunlight 1.5 hours to get there
- Lacks a hard surface. Mean temperature: -140 degrees Celsius
- Has 146 moons; its largest moon Titan, is also bigger than Mercury
- Has seven beautiful rings made of 95% water ice; same as Saturn's moons
- Stormier than Jupiter with wind speeds over 1800 km/hr



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Silly Goose

Dating back 7,000 years, the earliest bird to ever be domesticated (well, oldest domesticated poultry species) is actually the goose! Although many believe it to be chickens, research found that geese were actually domesticated roughly 2,000 years before chickens.

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FEBRUARY 10, 2024
10 am – 2 pm

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Friends,

There is exciting news for education in Alberta. The 2022 Programme for International Student Assessment (PISA) results show that Alberta continues to be a leader in education in Canada and around the world. The PISA is conducted every three years and assesses the performance of 15-year-old students in reading, mathematics, and science. On December 5, the 2022 PISA results were released and conclude that Alberta students rank first in Canada in reading, first in Canada in science, and second only behind Quebec in math.

Globally, we ranked second in reading, second in science, and seventh in math, within statistical deviation. We should all be extremely proud of Alberta's success in these assessments, especially the success of the 1,300 students that participated, for their hard work and dedication to learning. Thank you to the teachers, staff, and parents for their continued work to support Alberta's world-class education system.

Predictable Funding for Municipalities

Alberta's government is helping to build Alberta's communities by providing predictable funding so that local governments can plan more effectively for the future through the Local Government Fiscal Framework (LGFF).

Local governments across Alberta have long asked for funding that is predictable and tied to provincial growth. With input from local governments, we have finalized the allocation formula that sets out how much they will receive annually under the LGFF. The LGFF funding formula strikes a fair balance for both rural and urban local governments, meeting their need for predictable infrastructure funding while remaining fiscally responsible. In addition, we will provide a one-time top-up funding in Budget 2024 to ensure that no municipality sees a decrease, which will help local governments keep infrastructure projects on track.

Alberta Pension Plan

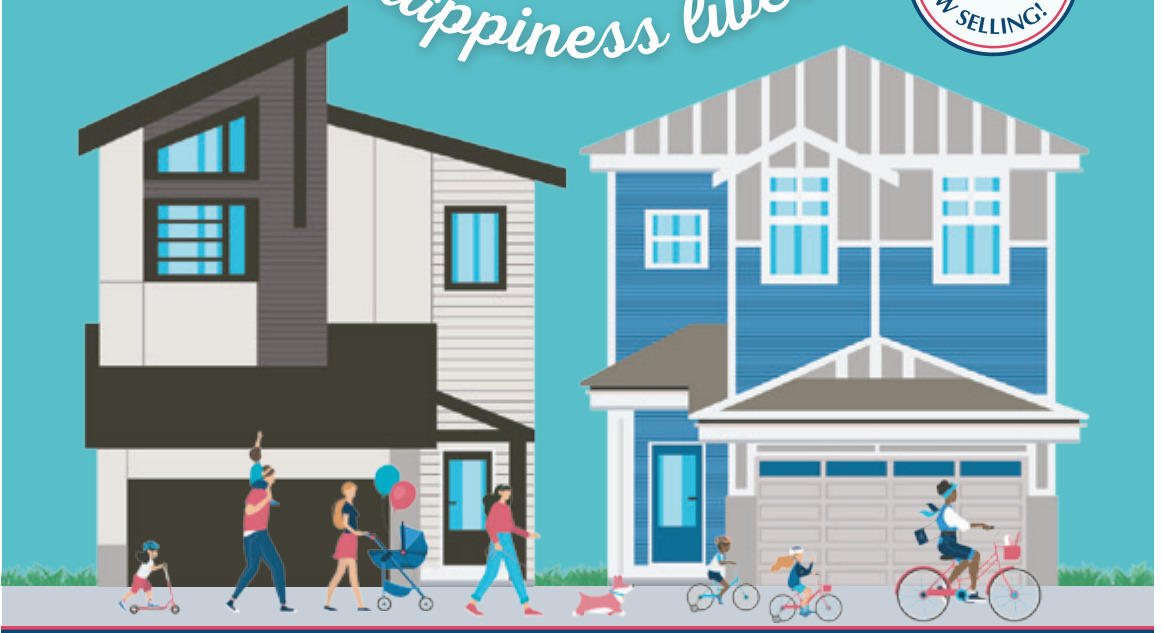
A friendly reminder that a workbook with sections covering various APP-related topics is available for public input until February 28, 2024. Details can be found on the Engagement Alberta Pension Plan website (www.albertapensionplan.ca/engagement).

If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.

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Detached Home Stats - Last 45 Days



13

New Properties



5

Sold Properties



17

Average Days on Market



\$637,780

Median Sold Price

Midnapore

Detached Home Stats - Last 45 Days



2

New Properties



1

Sold Properties



9

Average Days on Market



\$575,000

Median Sold Price



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