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eaward14@calgary.ca

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stephanie.kusie@parl.gc.ca



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Red Deer Lake United Church
The Church of Jesus Christ of Latter Day Saints
Mountain Creek Community Church
Campbell-Stone United Church
Southview Church
Knexions Church
Bonavista Baptist Church
St. Patrick's Church
Trinity Mennonite Church
Grace and Glory Foursquare Church



We are looking for people to join our volunteer base and lend a helping hand with community events such as, Stampede Shutdown, Community Clean Up, Annual Casino Fundraising, etc. If you would like to be added to this list, please visit our website and subscribe to our volunteer newsletter. You will find this under the Your Community tab – Community Events!

If you're interested in volunteering on our Association's Board of Directors, please send an email to our Board President at president@midsun.org.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Mid-Sun Community Centre



www.midsun.org

- Community news and events
- Memberships and member benefits
- Details & prices registered and drop-in activities
- Social events and workshops
- Out of school care and facility rentals
- Community engagement opportunities
- Sign up for electronic newsletters



50 Midpark Rise SE

403-254-8058

Membership Reminder from Mid-Sun Community Centre

Our 2025 memberships are available now for residents of Midnapore and Sundance (\$20) and non-residents (\$25). Purchasing an annual family membership shows your support to our Community Centre and allows us to continue offering programming and events throughout the year. Our memberships are valid for the calendar year, expiring December 31, 2025. There is no pro-rating of membership cost, regardless of when you choose to purchase. With your Mid-Sun membership, enjoy exclusive discounts on Mid-Sun programming, facility rentals, and discounts with over 25+ shop local business partners! To learn more, please visit <https://midsun.org/community-partners/>.



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Property Assessment Notices Are Out!

by the City of Calgary



The 2025 Property Assessment notices are out. When you receive your notice, check the property details and review your property value. Your property assessment reflects the market value of your property on July 1, 2024, and the characteristics and physical condition of the property on December 31, 2024.

To help you review your property assessment we offer general resources on calgary.ca/assessment and property specific tools through the secure logon feature of Assessment Search at calgary.ca/assessmentsearch. By logging onto your property specific account on Assessment Search, you can:

- Check the property details used to determine the assessed value of your property.
- Update your residential property details. It's important you keep your information current, as incorrect property details may result in assessments that do not accurately reflect the value of your property.
- Compare your property's assessed value to other similar properties in your area to ensure fairness.
- Review real estate market trends and learn how your property was assessed.

New to Assessment Search? Visit calgary.ca/about-assessment-search to learn how to set up your account.

We offer a property tax calculator at calgary.ca/assessment to help you estimate your 2025 Property Taxes and find out where your tax dollars go.

If you have questions about your 2025 property assessment, please contact us during the 2025 Customer Review Period which runs from January 2 to March 11, 2025. Your property is used to calculate your annual property tax bill, which is mailed in the spring.



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Mid-Sun Social Seniors

Happy New Year! As we celebrate 2025, we wish you health and well-being. We are looking forward to an interesting year in the Mid-Sun Seniors' group, as we engage in some new initiatives and continue to welcome new members.

January 2025 Activities

Cards and Games

Thursday, January 9, 16, 23, 30 *New Time*

Our Thursday gatherings will resume on Thursday, January 9 with a major change. As we have added new card players each month, we have outgrown the capacity of our room. After deliberation, we have decided to try a new approach that will meet our needs and give you more flexibility. Beginning on January 9, we will offer two sessions for you to choose between. Times will be 10:00 am to 12:00 noon or the regular 1:30 to 3:30 pm. The format will be the same for both sessions with tables set up, small snacks, beverages, and visiting. We are excited about this change and look forward to your feedback.

When joining us for cards, we no longer accept cash donations. Alternatively, in the spirit of community, we request that each participant bring a food donation as they are able to. The items will be taken to a local charity which will change throughout the year. Our first recipient is The Hope Mission which supports families. In November, the initial month, our seniors contributed 157 items, for a total of 159 lbs of food. Some cash was given in a sealed Hope Mission envelope. Thank you seniors!

As of January 1, seniors who are participating in events and Thursday social days are required to support the community by holding a Mid-Sun Community

Association membership which is available at the MSCC office. If you are new, a "try before you buy" policy applies so you can join us for a day and determine if the card activity is a match for your needs. Please learn about the benefits and perks of the membership by calling 403-254-8058, in person at the centre or visiting www.midsun.org. This is a family membership and is also available for those who live in surrounding communities.

Bingo

Monday, January 20, 6:30 to 8:30 pm.

Our license for monthly Bingo games has been approved by AGLC. Please join us as we play ten games with cash prizes. Cards are \$5 for a package of ten cards. A small cash concession will also be provided. This is a cash only event and registration is required. There are limited spaces available. For details and a registration link please contact seniors@midsun.org.

Pub Nite

Tuesday, January 28, 5:00 to approximately 7:00 pm Blowers and Grafton (70 Shawville Blvd SE)

Each month, seniors 55+ gather at a local venue to laugh, chat, and enjoy the daily special or a menu item that catches their eye. Each person is responsible for their own bill and the required 18% tip for a group. If you wish to attend, please contact seniors@midsun.org as we like to give the venue an accurate number of diners so they can prepare for the group.

As you stay safe and warm during this month, enjoy time planning and dreaming (vacations, spring planting, home improvements, activities, etc.) as well as refreshing with a book, friends, a favourite movie or a hobby. We hope that you will make time to venture out and join our seniors' activities and meet new friends as well.

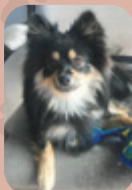
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Bear, Palliser



Buster, Hamptons



Lizzy,
Huntington Hills



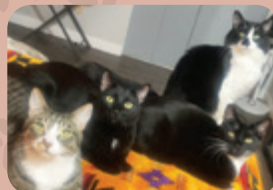
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Poupie, Deer Run



Toby, Douglasdale



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Happy New Year



JANUARY 2025



MID-SUN 2024 HOUSING MARKET YEAR IN REVIEW

*January 1 - December 1, 2024

MIDNAPORE

DETACHED

High | \$1,370,000
Low | \$505,000
Avg. | \$700,063
#Sold | 46
Avg. days on mkt. | 17

ATTACHED

High | \$838,000
Low | \$448,900
Avg. | \$555,015
#Sold | 24
Avg. days on mkt. | 17

CONDO

High | \$359,900
Low | \$220,000
Avg. | \$297,762
#Sold | 51
Avg. days on mkt. | 22

SUNDANCE

DETACHED

High | \$2,445,000
Low | \$502,600
Avg. | \$774,946
#Sold | 96
Avg. days on mkt. | 21

ATTACHED

High | \$640,000
Low | \$447,500
Avg. | \$519,925
#Sold | 8
Avg. days on mkt. | 23

*Stats current as of
December 1, 2024 @ 11:59
pm. For more detailed
market sales information,
please contact Team
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Sledding Safety

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Sledding at night is not advised.

Plan Ahead

- Anticipate weather changes and plan accordingly.
- Wear warm, insulating layers closer to the body, and wind/waterproof layers on the outside.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite; therefore, attempt to cover up any exposed skin.

- If frostbite has occurred, treat it by first getting out of the cold environment, or at least sheltered from any wind chill.
- Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water until re-warmed.



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SUNDANCE



RESIDENTS ASSOCIATION

Winter Has Arrived

Happy New Year Midnapore!

Please keep your eye on our website, www.midnaporelake.ca, or our Facebook page for updated park and office hours, ice conditions, and operational limitations.

Please remember that helmets are strongly recommended for skating and tobogganing. Have fun and be safe!

2025 Invoicing

Please be advised that invoices for 2025 fees were generated on November 15, 2024. These invoices were due and payable before January 1, 2025.

2025 Invoices, where possible, were distributed by email. Moving to e-invoicing for the Midnapore Lake Residents Association has the benefit of being both greener and significantly more affordable. When you make your payment this year, please update your email address with the office so we have an accurate email for 2026.

Any accounts with outstanding balances as of January 31, 2025, will be denied access to the park.

Midnapore Lake Bookings

For your Lake Room, Cookshack, and large group bookings please call the office staff at 403-256-0550.

President's Message

It's good to be out enjoying the winter sports at the lake. Thank you to all of you who came out to skate with Santa with Christmas lights a glow in December. As we make our way through the colder months, you'll see skaters on the lake and the ice fisherman. Park staff use a drone to monitor ice conditions, as well as a guided measuring system. Ice safety is a high priority, and the lake ice is constantly changing through the winter. Please be mindful to keep your distance if you see a marked off area.

Did you know that we occasionally get a few wild visitors through the winter. Coyotes will come from neighbouring Fish Creek Park to see if there are fish on the ice surface. They usually breeze through late at night or in the wee hours of the morning. How do the fish end up on the ice? Mid-winter they may be left by

a fisherman... but if there is an opening in the ice the fish do jump and sometimes miscalculate their landing.

The lake board is working on putting together a member survey. It has been five years since our last survey, and we are interested in feedback on how we can continue to meet our mission to be an outstanding outdoor recreational hub in the community. Please watch for that on social media and email in the coming months.

Our lake is a very special part of our community. There is something for everyone. If you aren't planning to skate or toboggan this winter – I encourage you to just come out with a cup of hot chocolate and sit by the fire.

See you at the lake,

Jen Hawkins

president@midnaporelake.ca



BRAIN GAMES SUDOKU

8						6		
7	5						1	8
		3			4	5	9	
1				8				
9			4	6	5			
				3				9
4	2	9	7			3		
3	7			4			5	6
5		6						4

SCAN THE QR CODE
FOR THE SOLUTION



Tortellini and Spinach Soup

by Jennifer Puri



Tortellini is an Italian bite-sized pasta which is stuffed with ricotta or parmesan cheese, pork, sausage, dried mushrooms, herbs, and vegetables.

This ring-shaped pasta is traditionally served in a broth, but tomato, mushroom, and meat sauces are also popular. Italy is recognized for its food culture and the work of rolling out the dough evenly and then cutting it into small squares, followed by the stuffing and shaping of the tiny tortellini which is an art in itself.

Tortellini and spinach soup is the perfect weeknight supper that can be enjoyed by every member of the family. It is delicious on its own or with a tossed salad and garlic or crusty bread.

Prep Time: 10 minutes

Cook Time: 15 minutes

Servings: 4 to 5

Ingredients:

- 1 package spinach or cheese stuffed tortellini (350 gm)
- 1 tbsp. olive oil
- 3 garlic cloves, finely chopped
- 1 small yellow onion, finely chopped
- 6 tbsp. tomato paste
- 3 cups fresh spinach leaves, stems removed
- 2 carrots, chopped
- 10 cups of low sodium chicken broth
- ½ tsp. ground black pepper
- Salt to taste
- 1 tsp. Italian seasoning
- 1 cup half and half cream

Garnish:

- Grated parmesan cheese
- Parsley leaves
- Red chili flakes (optional)

Directions:

- Place the olive oil, onion, garlic, and carrots in a medium size pot or Dutch oven. Sauté the vegetables until the onions are translucent, approximately 4 to 5 minutes.
- Add the tomato paste, Italian seasoning, salt, and pepper, stirring frequently. Next add the broth and bring to a boil. Add tortellini and cook until the tortellini is al dente, about 5 minutes.
- Reduce heat to low and gently add the half and half cream and the spinach leaves and continue to simmer for a couple of minutes or until spinach leaves are wilted and then remove from heat.
- Ladle the soup into bowls and garnish with grated parmesan cheese, parsley leaves, and chili flakes (optional).

Note:

- Leftover soup can be stored in an airtight container and refrigerated for up to three days.
- Vegetarians can substitute the chicken broth with vegetable broth.

Bon Appétit!

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📧 @MylesYYC | 📷 MLAFishCreek

Happy New Year! Wishing you and your loved ones a 2025 filled with endless opportunities, cherished memories, and boundless joy. May your holiday season have been full of love, laughter, and warmth, paving the way for a bright and hopeful year ahead.

The Alberta Legislature concluded its fall session on December 4, 2024, passing 13 laws focused on protecting Albertans' rights and freedoms. Highlights include:

- **Alberta Bill of Rights Amendment Act:** Reinforced rights protections.
- **Health Statutes, Education Amendment, and Fairness in Sport Acts:** A suite of legislation that preserves choice for minors, supports student success and well-being in schools, and protects fairness and safety for Albertan athletes in sport.

Privacy legislation was modernized by replacing the Freedom of Information and Protection of Privacy Act with the Protection of Privacy Act, which introduced Canada's strictest privacy protections, and the Access to Information Act, streamlining processes for faster response times.

The second motion of the Alberta Sovereignty within a United Canada Act passed, enabling strong provincial action against potential federal emissions caps threatening Alberta's economy.

Additional laws passed include:

- **Early Learning and Child Care Amendment Act:** Enhanced accountability, transparency, workforce stability, and safety in child care.
- **Meat Inspection Amendment Act:** Increased penalties for illegal meat sales, protecting consumers.
- **Service Alberta Statutes Amendment Act:** Strengthened economic protections and fairness.
- **Justice Statutes Amendment Act:** Improved crime reporting, court processes, and infrastructure definitions.
- **Financial Statutes Amendment Act:** Ensured sustainability of benefit programs and long-term economic growth.
- **All-Season Resorts Act:** Promoted sustainable tourism development to preserve Alberta's natural beauty.

This session modernized key laws to address Alberta's evolving needs while safeguarding its economic and social future.

If you have any questions or input, please feel free to reach out to my office anytime at Calgary.FishCreek@assembly.ab.ca.

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New Properties



7

Sold Properties



54

Average Days on Market



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10

New Properties



3

Sold Properties



38

Average Days on Market



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