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**MIDNAPORE**



**SUNDANCE**



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# Mid-Sun Community Association

50 Midpark Rise S.E. T2X 1L7 • Tel: 403-254-8058

[www.midsun.org](http://www.midsun.org)

## MID-SUN OFFICERS

Co-Presidents	Patsy McNish <a href="mailto:communitymatters@midsun.org">communitymatters@midsun.org</a> Pam Baji <a href="mailto:president@midsun.org">president@midsun.org</a>
Treasurer	Jack Loktiev

Secretary	Karen MacDonald
-----------	-----------------

## MID-SUN DIRECTORS

Directors at Large	Keith Pedersen
--------------------	----------------

Fundraising	Karen MacDonald
-------------	-----------------

Planning and Development	Erwin Gotthold
--------------------------	----------------

Policy / Community Matters	Patsy McNish <a href="mailto:communitymatters@midsun.org">communitymatters@midsun.org</a>
----------------------------	--

Community Garden	Wayne Hewitt <a href="mailto:garden@midsun.org">garden@midsun.org</a>
------------------	--

Community Playgrounds	Erin Delamont <a href="mailto:midsunplayground@gmail.com">midsunplayground@gmail.com</a>
-----------------------	---

Community Seniors Programs	Joan Trotz and Darleen Hornaday <a href="mailto:seniors@midsun.org">seniors@midsun.org</a>
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## CONTACTS

Mid-Sun OOSC Program	Servicing St. Theresa of Calcutta School 403-256-4422 <a href="mailto:childcare@midsun.org">childcare@midsun.org</a>
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Midnapore OOSC Program	Servicing Midnapore School 403-254-0288 <a href="mailto:midnaporeoosc@midsun.org">midnaporeoosc@midsun.org</a>
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Past President	Mark Schmidt
----------------	--------------

MLA for Calgary-Fish Creek	Myles McDougall <a href="mailto:calgary.fishcreek@assembly.ab.ca">calgary.fishcreek@assembly.ab.ca</a>
----------------------------	---

Ward 14 Councillor	Peter Demong <a href="mailto:eaward14@calgary.ca">eaward14@calgary.ca</a>
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MP for Calgary-Midnapore	Stephanie Kusie <a href="mailto:stephanie.kusie@parl.gc.ca">stephanie.kusie@parl.gc.ca</a>
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## CHURCHES

Sunwest Christian Fellowship  
Tree of Life Lutheran Church  
St. Paul's Anglican Church  
Deer Park United Church  
First Alliance Church  
All Saints Lutheran  
Lutheran Church of Our Saviour  
New Hope Community Church  
Fairview Baptist Church  
Spiritual Community Church of the West  
Red Deer Lake United Church  
The Church of Jesus Christ of Latter Day Saints  
Mountain Creek Community Church  
Campbell-Stone United Church  
Southview Church  
Knexions Church  
Bonavista Baptist Church  
St. Patrick's Church  
Trinity Mennonite Church  
Grace and Glory Foursquare Church  
NewGate Baptist Church



We are looking for enthusiastic people to join our volunteer base and lend a helping hand with community events such as, June Jamboree, Community Clean Up, Annual Casino Fundraising, and more. If you would like to get involved with community events, please email your interest to [info@midsun.org](mailto:info@midsun.org).

**Love numbers and teamwork? We're looking for a Treasurer to oversee our finances and help us shine. Join the fun – apply now! Contact [president@midsun.org](mailto:president@midsun.org) for more information.**

# JOIN OUR BOARD

**YOUR SKILLS. YOUR COMMUNITY. REAL IMPACT!**

Looking for someone to join our team  
in a volunteer capacity

Role: Treasurer



## Requirements :

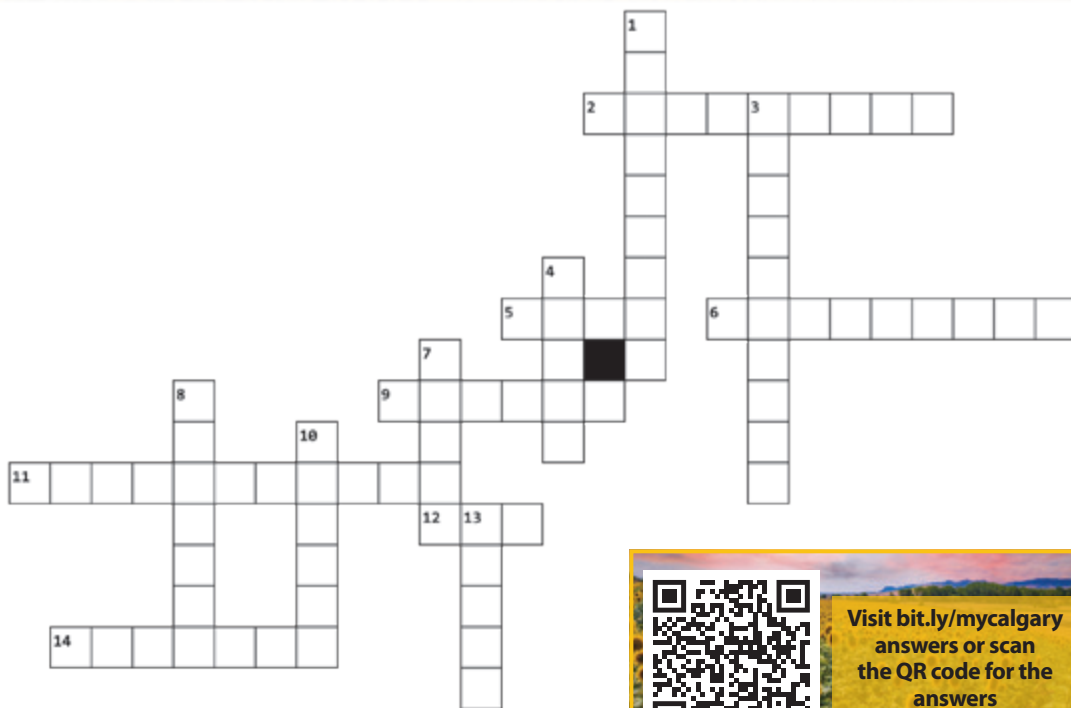
- Experience in finance and accounting
- Attend 6–8 meetings from Sept to June
- Present current financials of the Community Centre to the Board of Directors

## Why you should join?

- Show direct support to your Community
- Gain experience and meet some dedicated neighbours
- Put your expertise to work in your own backyard!

Email your interest or  
questions to:  
[president@midsun.org](mailto:president@midsun.org)

# September Crossword



## Across

2. Ernest \_\_\_\_\_'s *The Old Man and the Sea* was first published on September 1, 1952.
5. September's full moon is named after a plant also known as maize.
6. In September 1835, Charles Darwin, aboard the *HMS Beagle* arrived at the \_\_\_\_\_ Islands.
9. *The \_\_\_\_\_ Girls*, a sitcom about four older women living together in Miami, premiered on September 14, 1985.
11. Ice hockey forward, John Tavares, was born on September 20, 1990, in \_\_\_\_\_, Ontario.
12. This "Finger Lickin' Good" fast food restaurant opened its first franchise on September 24, 1952.
14. Starring Canadian actor, William \_\_\_\_\_, *Star Trek* premiered on September 8, 1966.

## Down

1. The Rock and Roll Hall of Fame opened to the public on September 2, 1995, in \_\_\_\_\_, Ohio.
3. On September 19, 1893, this country became the first to grant all women the right to vote.
4. Canadian singer-songwriter Leonard \_\_\_\_\_ was born on September 21, 1934.
7. On September 4, 1888, George Eastman patented a roll-film camera and introduced this now-iconic brand name.
8. Canada beat the USA by 23 runs on September 25, 1844, in the first international \_\_\_\_\_ match.
10. On the first Monday of September, \_\_\_\_\_ Day is observed in Alberta.
13. Stars of *Bridget Jones's Diary*, Colin \_\_\_\_\_ and Hugh Grant, were both born in September 1960, just one day apart.



## Mid-Sun Community Centre



[www.midsun.org](http://www.midsun.org)

- Community news and events
- Memberships and member benefits
- Details & prices for registered and drop-in activities
- Social events and workshops
- Out of school care and facility rentals
- Community engagement opportunities
- Sign up for electronic newsletters

50 Midpark Rise SE

403-254-8058

## Mid-Sun AGM Notice

Mid-Sun Community Association will be hosting their Annual General Meeting on Wednesday, October 8 at 7:00 pm at the Community Centre! Visit our website ([midsun.org](http://midsun.org)) for full details and to register for free. See you there!



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## Mid-Sun Social Seniors' Group

During a busy and varied summer, in the Social Shed and on the patio, with rain and clouds, blue skies and heat, our seniors' group continued to remain active and enjoy meeting with friends. As September unfolds, we anticipate a full house for the final days of summer and the beginning of harvest and then fall. We invite interested seniors 55+ from Mid-Sun and surrounding communities to join us for an afternoon of socializing, while playing cards and games.

### September Activities

**Weekly Cards and Games:** Thursday, September 11, 18, and 25.

There will be no cards on Thursday, September 4 as we transition indoors at MSCC. Cards will resume on Thursday, September 11.

Please note we will return to two sessions. The first will be 10:00 am to 12:00 noon and the second from 1:30 to 3:30 pm. Snacks and beverages are offered. We encourage you to attend one of our lively game times in the Multi-Purpose Room at the Mid-Sun Community Centre. For those who may be hesitant about playing, we are excellent, patient and accepting teachers to those wishing to enjoy popular card games and meet other seniors. If you have a favourite game that you are willing to teach us, our members are always eager to learn. After an introductory "get-to-know us" visit, we ask that all players hold a Mid-Sun Community Association membership.

**Pub Nite:** Tuesday, September 23, 5:00 to 7:00 pm.

Our monthly gathering to visit and enjoy a meal at a local venue is always popular. To join us, please contact seniors@midsun.org for the location of this month's gathering and details.

**Food Bank:** Each Thursday, Mid-Sun Seniors' Group members support, if they wish to participate, the Calgary Veterans Food Bank with non-perishable donations or cash donations. We also gather pet related items, such as food, treats, towels, bedding, collars, leashes, and toys, to be donated to AARCS animal support. In June and July, our dedicated seniors have donated 67 items weighing 108 lbs, and a generous cash amount to the Veterans, as well as 25 pet items to AARCS.

We look forward to meeting you at one of our seniors' activities during the fall. For information about the group or to join our email list, please contact seniors@midsun.org or call the MSCC at 403-254-8058.

## Cats, Canines, & Critters of Calgary



Harley, Cranston



Jasper, Glenbrook



Lulu, Signal Hill



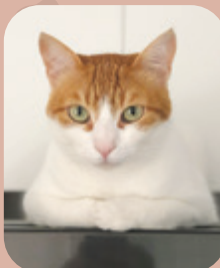
Mika, Richmond Knob Hill



Mr. Fuggs, Christie Park



Rollie, Auburn Bay



Ruby, Glenbrook



Rusty, Glenbrook

To have your pet featured, email news@mycalgary.com



## Creamy Beef Enchiladas

by Jennifer Puri

The idea of rolling tortillas around food originated in Aztec times but it was the Spanish Conquistadors who adopted the dish and added new ingredients like cheese, pork, and chicken.

Enchiladas, meaning “to season with chilies”, refers to stuffed corn tortillas that have been dipped in a chili sauce. A traditional Mexican dish, Enchiladas have a unique flavour and are a perfect combination of tortilla, meat, cheese, and sauce.

Smothered in sauce and baked, creamy beef enchiladas are filling and rich, so they are best paired with a simple bean salad or Mexican rice.

**Prep Time:** 20 minutes

**Cook Time:** 30 minutes

**Bake Time:** 30 minutes

**Servings:** 5 to 6

### Ingredients:

- 1 ½ lbs lean ground beef
- 1 tbsp. canola oil
- ½ cup yellow onion, sliced
- 1 cup cooked and rinsed black beans
- 2 packets (24 gm each) hot and spicy taco seasoning
- 6 large flour tortillas
- 1 ½ tsp. powdered cumin
- ¼ cup all purpose flour
- 1 can diced green chili peppers
- 1 cup milk
- 2 cups light sour cream
- ½ cup low fat Greek yoghurt
- 2 cups Mexican shredded cheese

### Directions:

1. Heat oil in a medium size pan, add onion and sauté until it turns a light brown. Then add the ground beef and brown about 3 to 4 minutes. Next add the taco seasoning and the black beans and continue to stir for 2 to 3 minutes.
2. Add the water and simmer the beef and bean mixture for about 20 minutes or until the liquid has dried up. Remove from heat and allow to cool.



3. Preheat oven to 350 degrees Fahrenheit.
4. Grease a large, rectangular oven-proof dish with butter. Place the tortillas on a flat surface and divide the cooled meat mixture between the tortillas. Fold the tortillas and place them in the baking dish seams side down.
5. Prepare the cream sauce by combining the flour, cumin, sour cream, milk, yoghurt, and chilies in a bowl. Then spoon the sauce over the tortillas and sprinkle the cheese over it. Cover with non-stick foil and bake in the oven for 30 to 40 minutes.
6. Garnish with chopped tomato, avocado, and coriander leaves, and serve with a salad, salsa, and sour cream if desired.

Bon Appétit!





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# The Art of Finding Work: Jobseekers Need to Learn to 'Move On'

by Nick Kossovan

Everyone knows ghosting and rejection are inherent parts of job searching. Yet, job seekers waste vast amounts of energy and time lamenting what they can't control. There's a prevalent sense of entitlement that employers owe job seekers, which goes against the universal truth that nobody is owed anything, be it a job, to make a living, or even happiness.

Job searching, regardless of the economic climate, has always required resilience. The key to resilience is having realistic expectations, such as understanding that employers you don't work for don't owe you anything. Having a 'F\*ck it!' mindset that empowers you to move on quickly is how you foster resilience.

### **Ghosted: You didn't get the job. Move on.**

- You didn't hear from an employer after submitting your resume: There were candidates with more relevant experience and were a better cultural fit. Move on.
- When a networking attempt fails: A stranger isn't willing to drop everything to help you. Move on.
- Not taking down a job posting: Some people never take down their Christmas decorations. If a job can be left open for a significant amount of time, assume it isn't critical. Do you want a non-critical or non-essential job? Move on.

### **Thinking about how the hiring process should be won't get you a job.**

Getting frustrated and angry at how an employer designed their hiring process won't get you a job.

Getting upset over being ghosted won't get you a job. It wasn't the employer who ghosted you; it was an employee whose behaviour doesn't speak for an entire company.

Life is too short to spend time and energy dwelling on "what could have been" and "whys." This is especially true regarding things out of your control, such as how an employer designs their hiring process or runs their business. The most common false belief I repeatedly see people hold, and which causes much of their

frustrations and anger, is that they can change other people's behaviour—as if it's their place to do so.

While it's natural to feel disheartened, it's crucial to understand that wallowing in the many disappointments you'll experience throughout your job search and believing you can control other people's behaviour hinders your progress.

When you invest your heart and soul into an application only to be met with silence or rejection, it's easy to spiral into self-doubt. Consider why you're giving a hiring manager—a stranger—influence over your self-esteem. Hence why I recommend embracing a 'F\*ck it!' mindset as a defence against rejection eroding your confidence.

I've been rejected many times, more than I've been accepted. I've learned the hard way, a running theme throughout my life, that if I permit it to do so, repeated rejection triggers a cycle of negative thinking that paralyzes me, regardless of whether I'm searching for work, submitting my writing, or reaching out to someone hoping to form a relationship. Dwelling on past disappointments sabotages future opportunities.

There are many reasons why quickly moving on, as opposed to wallowing, playing the "I'm a victim!" card, getting angry, or venting on LinkedIn and other social media platforms—which is never a good look—benefits your job search.

### **There's no shortage of opportunities.**

In several previous columns, I've mentioned that opportunities are all around you, with one caveat: they're attached to people. In 2024, employers are turning to their employees for referrals since job postings result in avalanches of applications, predominantly from job seekers who spray and pray. This underscores the importance of networking rather than applying to online job listings.

Clinging to rejections, being ghosted, or whatever is frustrating you is wasting mental energy you could be using to speak to people who may be able to refer you to job openings where they work. Starting right now, shift your focus away from past disappointments—forget about them, what's done is done, you can't change the past—and focus on future possibilities aligned with your skills and aspirations and start making



it a point to meet people, because you never know what opportunities they may be attached to.

### **Much of the hiring process is out of your control.**

In the same way that you can't control the behaviour of others, you can't control how an employer hires. Many factors influence hiring decisions, notably internal politics and team dynamics. Instead of internalizing these setbacks, remind yourself of your skills, experiences, and past achievements.

### **Not quickly moving on is counterproductive.**

Dwelling on why you were ghosted or didn't get the job—instances in which you'll never know the actual reason—drains your energy, energy better spent on proactive measures to enhance your candidacy for future roles.

The key to a successful job search is to keep moving forward and stay focused on what you can control, such as optimizing your LinkedIn profile—arguably the most critical tool in a job seeker's arsenal—resume, and expanding your network to take advantage of all the opportunities around you.



## Chima Akuchie

### For Ward 14 Councillor

☎ 403-930-4391

✉ [info@chima4ward14.ca](mailto:info@chima4ward14.ca)

[chima4ward14.ca](http://chima4ward14.ca)

Dear Neighbour,

I'm excited to share this with you: I'm running for City Council in Ward 14.

This decision comes from a deep passion to serve and a belief that leadership means listening, understanding, and acting in the best interests of the people, not chasing power or succession.

I'm a graduate of SAIT in instrumentation engineering. I've served as VP External of the Athabasca University Students' Union and serve as Technology & Digital Safety Ambassador. I've had the privilege of serving as a student advocate at both the provincial level with the Council of Alberta University Students (CAUS) and at the federal level with the Canadian Alliance of Student Associations (CASA). Through these roles, I sat on policy and budgeting committees where I worked to ensure student voices were heard and their needs prioritized.

As Director of Volunteerism at the Calgary Legacy Community Association, I help organize events that build connection and community. I also volunteer with the Calgary Igbo Community Association at the Drop-In Centre, supporting unhoused individuals with essentials and encouragement.

I founded VEROROSE INC., a support agency for people with disabilities, and work at a harm reduction centre, helping people with disabilities and mental health challenges rebuild their lives.

I'm running as an independent candidate with conservative values. I'm for the people, here to serve and willing to work with anyone who puts Ward 14 first. Our city should serve residents, not political interests.

As your neighbour, I share your concerns about blanket rezoning that ignores local realities, property tax hikes, infrastructure strain, and loss of neighbourhood character. If elected, I'll push to repeal those policies and protect what makes our ward a great place to live.

I believe in service, transparency, and trust. As a husband, father of three, and Knight of the Catholic Church, I bring compassion, accountability, and empathy to public service.

Every resident deserves safe streets, basic infrastructure, and leaders who listen. That's what I'll fight for.

This campaign is about all of us; our families, our businesses, and our shared future. I'm ready to work hard for Ward 14 and make our voices count.

Sincerely,  
*Chima Akuchie*

# SEPTEMBER MID-SUN 2025 HOUSING MARKET REVIEW



## MIDNAPORE

### DETACHED

High | \$1,320,000  
Low | \$458,100  
Avg. | \$684,925  
#Sold | 32  
Avg. days on mkt. | 32

### ATTACHED

High | \$635,000  
Low | \$365,000  
Avg. | \$509,107  
#Sold | 14  
Avg. days on mkt. | 20

### CONDO

High | \$353,000  
Low | \$225,000  
Avg. | \$302,258  
#Sold | 19  
Avg. days on mkt. | 34

## SUNDANCE

### DETACHED

High | \$1,750,000  
Low | \$436,000  
Avg. | \$770,549  
#Sold | 64  
Avg. days on mkt. | 24

### ATTACHED

High | \$530,000  
Low | \$440,000  
Avg. | \$494,667  
#Sold | 6  
Avg. days on mkt. | 14

**\*January 1 - July 31, 2025**  
(Stats current as of July 31, 2025 @ 11:59 pm.  
For more detailed market sales information, please contact Team Palmer)

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SEPT. 29 | NATIONAL COFFEE DAY  
SEPT. 30 | ORANGE SHIRT DAY







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## NEWS FROM THE MIDNAPORE LAKE RESIDENTS ASSOCIATION

### Park Hours

Please check the website for up-to-date park hours. As we move into fall, the park will close earlier in the evening, matching sunset.

### Back to School

We hope that everyone had an amazing summer.

As we move into fall, we would like to remind everyone of some of our fishing rules:

- Fishing privileges are restricted to three (3) guests per member. Members must actively be fishing with their guests. Guests are not permitted to take or remove fish from the property.
- Fishing after sunset is not permitted and all fishermen must check out at the front office 15 minutes before closing.

As always, please make sure you have read the lake's rules and regulations.

### Fun Fact

Did you know that the irrigation system at the park pulls water from the lake? Because of this, we are exempt from any city water restrictions and, more recently, can use the irrigation system to control the lake water level when it gets too high.

### Looking Forward

October 25 - Annual Pumpkin Hunt (Pre-registration will be required)

December 2025 - Skate with Santa (date TBD)

January/February 2026 - Skating Lessons

### Message from the President

It's September. Summer is fleeting. But we can usually draw out another warm month in September. We hope that you continue to enjoy the beach as we ease into autumn.

I would like to take a moment and thank all the families that came to enjoy our Movie on the Beach event. It remains a favourite event, and it brings us joy to see the hill full of members and their guests.

This summer was especially wet. Plenty of rainfall kept our water level high on the lake. Did you know that our park is watered from lake water. We ran our irrigation systems to manage high water levels this year. Although we love the sunshine, I think we really did need the rain. It has been a contrast to the hot dry summers we've had for the past three years.

Things to do at the lake before we must yield to the shoulder season... come and try the disc golf course. Shoot hoops at the basketball court. September weather is ideal for pickleball. Or have a lazy picnic. What's that? Bring your takeout and pop into the lake and enjoy a sandwich or pizza at a picnic table. Or start a habit to take you into winter – come walk a lap around the hill each day. I see it all the time... The lake is for using.

See you at the lake,

*Jen Hawkins*

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## The David

As a symbol of the strength and independence of the Florentines, the statue of David was commissioned to be placed at the entrance of Palazzo Vecchio.

On September 8, 1504, this marvellous piece was revealed to the city. Unsurprisingly, everyone loved it!





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## **Alberta Builds a Stronger Future with Historic Investment and Physician Growth**

Alberta is making significant progress on two key fronts: securing long-term financial stability and strengthening health care. The province's Heritage Savings Trust Fund has reached a record high of \$30 billion, thanks to a \$2.8-billion contribution from surplus funds. This marks a major milestone in Alberta's plan to grow the fund to \$250 billion by 2050—a strategy aimed at creating a reliable, long-term source of funding for essential public services, including health care and education.

The Heritage Fund, originally created to save non-renewable resource revenue, is now a central part of Alberta's roadmap to a prosperous and resilient future. By reinvesting income and accessing global investment opportunities through the newly modernized Heritage Fund Opportunities Corporation, Alberta is taking strategic steps to build wealth that will benefit future generations. Once the fund reaches its \$250 billion goal, the income it generates will help stabilize the budget, support infrastructure, and keep taxes low.

At the same time, Alberta's physician workforce is reaching record levels. As of June 30, 2025, there is a total of 12,327 physicians registered in the province—204 more than the previous quarter and 571 more than last year. This growth includes gains in both urban and rural areas, with a notable 8% increase in the North Zone.

These investments in financial security and health care reflect Alberta's commitment to building a strong, sustainable future—where families thrive, communities grow, and core services are there when people need them most.

Questions or feedback? Email [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca).



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## Celebrating Calgary 150 - Oil Capital

by Anthony Imbrogno (*The Calgary Heritage Initiative Society/Heritage Inspires YYC*)

The Leduc oil well discovery launched Calgary onto the world's stage.

Calgary's first skyscraper was the 11-storey Barron Building (ca.1951). The Guinness family built Elveden Centre (ca.1958), Calgary's first to 20 storeys.

Calgary's most iconic building is Husky Tower, built for Canada's centennial. CPR's station was demolished for an office complex with tourist attraction, a freestanding observation tower, the tallest building in Canada outside Toronto.

The Ukrainian Catholic Church (ca.1955) stands out for its Byzantine style. In Inglewood, the Standard Church of America served the Black community. The Shaarey Tzedec Synagogue arrived in Mission in 1959.

Alberta's 50th anniversary, the post-war boom, and the centennial brought several institutions to Calgary.

Eric Harvie preserved Western Canadian heritage through the Glenbow Museum. The Southern Alberta Jubilee Auditorium was built, and a Brutalist-style planetarium opened. Confederation Park preserved a creek and coulee.

Stampede Corral (ca.1950) replaced Victoria Arena and McMahon Stadium was ready in 1960. Calgary's first mall was North Hill Centre (ca.1958).

Britannia became Calgary's first complete neighbourhood, with plaza, residences, and parks. Queen Elizabeth II toured it in 1959.

In 1953, an updated Calgary General Hospital opened. Foothills Hospital opened in 1966, Calgary's lead trauma centre and research/training hospital. It's associated with the University of Calgary, also founded in 1966.

Heritage Park (ca.1963) became a living museum of early modern prairie life and preserves heritage buildings.

Bearspaw Dam was built (ca.1953), named after a Treaty 7 signatory. The airport received a new passenger terminal (ca.1956) and began international flights.

Mewata Bridge was built to handle automobiles. McKnight Boulevard was named after a WWII flying ace, which connects John Laurie Boulevard, named for an Indigenous advocate.

Macleod Trail was moved from Ramsay to 2 Street SE. Bow Trail replaced Old Banff Coach Road, with Sarcee and Blackfoot Trails flanking the city's west and east sides. But the Sien Lok Society opposed razing Chinatown for a highway.

In 1961, the Trans-Canada Highway replaced Morley Trail and Banff-Windermere Parkway.

In 1973, Crowchild Trail was named after Tsuu T'ina chief David Crowchild. He said, "May this be a symbol of cutting all barriers between all peoples."

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"View of the Barron Building showing Uptown marquee, Calgary, Alberta," 1952-08, (CU1111123) by *Calgary Herald*, unknown photographer. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF10EEZZ6?WS=SearchResults>.



"Expanding downtown skyline, Calgary, Alberta," 1961-01, (CU1111336) by *Calgary Herald*, unknown photographer. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Published in the *Calgary Herald*, January 31, 1961. Tall building is Elveden House. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF10EKM77?WS=SearchResults>.



Husky Tower over 200 feet in height - 27 feet of concrete poured a day, City of Calgary Archives, item CaIA 2006-042sVII-0054.



Needle Installation on the Husky Tower, 10 November 1967, City of Calgary Archives, item CaIA 94-004-003.



## Back to School Safety

by Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

### Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

### Around School Buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

### Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.



"Opening day, Leduc #1 discovery well, Leduc, Alberta.", 1947-02-13, (CU1137357) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1F7K3LP?WS=SearchResults>.



"General Hospital, Calgary, Alberta.", 1955-07-28, (CU1131227) by Rosettis Studio. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1FH47LJ?WS=SearchResults>.



"House of Israel, Calgary, Alberta.", [ca. 1940-1945], (CU1216464) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1X4X4X4>.



"Bearsaw dam, Calgary, Alberta.", 1954-12, (CU1141494) by De Lorme, Jack. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1FMZG3A?WS=SearchResults>.



"Airport, Calgary, Alberta.", [ca. 1940], (CU2230158) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R340823K7MF>.



Trans Canada Highway - Canmore, September 2006, Jack Borno, via Creative Commons Attribution-Share Alike 3.0 Unported license. [https://commons.wikimedia.org/wiki/File:Trans\\_Canada\\_Highway\\_-\\_Canmore\\_-\\_panoramio\\_\(1\).jpg](https://commons.wikimedia.org/wiki/File:Trans_Canada_Highway_-_Canmore_-_panoramio_(1).jpg).

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**SCAN ME**



# Devin Elkin

— WARD 14 —

*Rooted in Community*



Hello Ward 14!

Here we are, a month away from going to the polls. Crazy. With that, in this month's newsletter, I wanted to highlight my top 10 priorities.

1. **Blanket Rezoning** — I will bring forward a Notice of Motion to change the base zoning back to R-C1 or one that repeals the original Notice of Motion that led to the base zoning change to R-CG. The direction I take will depend on the other faces that shape our new council but this is my number one priority.
2. **Public Hearing Items at Council** — I will be bringing forward a Notice of Motion that implements the following. If a particular public hearing item garners more than two full consecutive days of public submissions, this will automatically trigger a review of the item being presented before it is voted on by Council. This will ensure citizens who share an overwhelming passion on a certain topic will know their concerns will get the attention they deserve.
3. **Get back to simplifying service deliveries** — Civic politics isn't complicated, collect the taxes and make sure services are delivered in a manner that reflects and respects the efforts made by those individuals making that money in the first place.
4. **Continue to represent our communities the way we have for the past 10 years** — This isn't one of those "if it's not broke, don't fix it" attitudes. Over the past decade, the connection I have made with the community through events, attending community association monthly meetings, and open houses, has given me insight and clarity into what each community needs. Ward 14 is not a singular community, its very fabric is made up of communities developed in 1967 to some still in development. So continuing to ask the questions, listening with both ears and assisting in getting it done, has served us well and will continue to do so.
5. **Keeping up with aging infrastructure** — As mentioned, some of our communities have aging infrastructure, from stuff above the surface to stuff below the surface. Making sure there are monthly touch points with all departments in administration is critical to ensuring proper delivery. This also goes for our new communities, making sure we inspect the new assets that are going in will allow us to deliver services for decades to come which is crucial to future budgets. We don't need to be replacing infrastructure only a few years after it's installed.
6. **Never forget who I work for** — Your support for our Ward 14 team over the past decade has allowed us to make our communities better. Your engagement and passion is clear and this allows us to translate concerns into action. I will never forget that we are here to serve the residents who call Ward 14 home.
7. **Communication** — As I have shown in my time serving Ward 14, there are many ways to engage with residents. Through various social media posts to open houses and bringing back our original "Ward 14 Council Talks", these will continue to be methods I will use to reach out to constituents. You will continue to receive our monthly newsletter but the new communication piece will be weekly recaps. Recorded videos will be made available for you to find out what happened that week at Council. Obviously, some of these videos will be extensive, and some might be a quick hello, but you will always know you have a voice.
8. **Community Association Development Permit Stream** — I will be working with our planning director to implement a separate stream for community associations. This will enable them to act on time sensitive grants with confidence and be able to deliver community improvements in a timely manner.
9. **Community Safety** — Over my decade here we have made deep connections with both Calgary Police Districts that serve Ward 14, districts 6 & 8. These relationships will continue to allow us to collaborate with our Community Resource Officers, our School Resource officers and Traffic Safety Group in relaying concerns we hear from the community. We will continue to collaborate on high school traffic blitz days, work on highlighting areas in need of enforcement and collaborating on educational forums such as protecting your homes, senior fraud prevention tips, and the 9 P.M. check your vehicle routine.
10. **Spending Smarter** — We simply must be better at where our tax dollars go beyond essential services. We need to eliminate these surprise expenditures, and this will be accomplished by focusing on meaningful conversation through committee reports, budgetary asks and accountability.

Please take the time to visit [www.devinelkin.com](http://www.devinelkin.com) where I have outlined why I believe I am ready to be your next city councillor and what 10 years of public service has taught me.

Thank you,  
*Devin Elkin*  
Rooted in Community





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*by Garth Paul Ukrainetz*

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### Starting Fall SMART

by Recovery Alberta – Community Health Promotion Services

Fall is the time to set goals! Goals help us make positive changes in our day-to-day lives that move us towards our hopes for the future. Goals are like a map – they guide us. They provide us with a sense of ease and comfort knowing we have a plan. Setting them gives us an opportunity to reflect and prioritize what we find most meaningful. Goals that we share and work on with our family, friends or colleagues can also build stronger relationships and closer connections.

Goal setting should not have to be overwhelming, which is why many reframe it and call it “intention” setting. Intention is rooted in our beliefs and values but focuses on present actions rather than far-off outcomes. Whether we set goals or intentions, we need to give ourselves the freedom to change our minds and adjust our goals as we move towards them.

One tool that can support your process in setting goals is using the SMART strategy.

- Specific – What exactly would you like to do? What is your aim?

- Measurable – How will you know if you are moving towards your goal? What will you see?
- Achievable – Can you act to reach your goal? Is it something you can do?
- Relevant – Does this goal have meaning for you?
- Time – When would you like to reach this goal?

All parts of our lives can benefit from setting meaningful goals. Here are a few ideas on where you could get started today:

- Attitude (e.g. Being positive, hopeful, and grateful or seeing the good)
- Physical Health (e.g. Being active, eating healthy food, sleeping, and drinking water)
- Relationships (e.g. Spending more time with family and friends)
- Public Service (e.g. Volunteering, helping your community)

Taking the time to write, type, or vocalize our goals, will set the stage for us to reach them! Another important piece is to celebrate our successes along the way. Focus on all that you have done rather than on things you still need to do.

Remember to be kind to yourself. This is a good year to think about what is important and fall gently back into our routines again!



## News from the Friends of Fish Creek

### Watershed Management in Fish Creek Provincial Park

*by the Friends of Fish Creek Provincial Park Society*

If you're reading this, you're probably located somewhere within one of the watersheds that make up the Bow River Basin. A watershed is made up of all the land that drains into a specific river, lake, marsh, creek, or other body of water. "Our" watershed, Fish Creek, is one of the twenty sub-watersheds that makes up the Bow River Basin, and all these watersheds drain into—you guessed it—the Bow River.

"People need water and rely on water. You need water for everything—farming, food, living—anything, so it's important to care about watersheds" – Ross Anderson, Watershed Field Coordinator.

Water is essential for life, and clean water is especially vital. That's why it's so important to collect and share data on watershed health. Historically, data collection in Fish Creek Provincial Park has been sparse, but we at the Friends are changing that! Together with a team of

dedicated volunteers, our ecology team is examining the watershed from multiple angles, including:

- Creek health (water temperature, quality, and flow)
- Beaver activity mapping and management
- Cataloguing areas of bank erosion
- Invasive plant monitoring and removal
- And much more

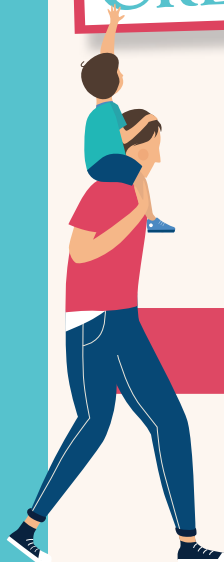
By collecting data and performing large studies like the current fish inventory, we're creating baseline measurements for our watershed. We'll use this data to get a better understanding of the creek's health and manage and protect the critical ecosystem that is Fish Creek for generations to come.

"Once you have all that data, and you have a better idea of what's going on in the creek, you can manage things differently. If you find areas [that are] struggling or unhealthy, then you can focus on those to improve them" – Ross Anderson.

To learn more about the Friends of Fish Creek, or to volunteer, please visit us at [www.friendsoffishcreek.org](http://www.friendsoffishcreek.org) or follow us on social media: @fishcreekpp (Facebook, Instagram).

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**PIANO AND VOICE LESSONS!** Private lessons, as well as group classes! Ages 4+. RCM and Festival prep, or just for fun. Vocal ensemble ages 7-11, Piano class ages 4-6. Call Skye today for all information! Over 25 years of experience, Miss Skye will teach you to love music as much as she does! 403-619-7063.

**FENCING & DECKING, DRYWALL & FRAMING, BASEMENT, KITCHEN, BATHROOM RENOVATIONS, HANDYMAN SERVICES:** We take all the stress out of your fencing & decking, drywall & framing, basement, bathroom, kitchen, handyman services needs around your home. Free consultations and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email [info@robertsonwatt.ca](mailto:info@robertsonwatt.ca).

*continued on next page*

# BUSINESS CLASSIFIEDS

## continued

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**WANT YOUR WINDOWS CLEANED THE RIGHT WAY?** We scrub with soap and water, squeegee each window, wipe edges to prevent streaks then spray with a special rinsing agent & hand-polish with clean towels for perfectly clean windows. This is highly superior compared to the typical wet, squeegee and go. SouthWest Window Cleaning. 403-874-3265. <https://southwestwindowcleaning.com/>.

**CLEARING OUT CLOTHES FOR SEPTEMBER?** Accepting gently used men's, women's & children's indoor/outdoor clothes, footwear, blankets/quilts & small working appliances for our 2nd free clothing market. October 18th at Calgary Full Gospel Church to support the homeless, low income & immigrant families in Calgary. For drop off or pick up please call Nancy at 403-254-5609.

**PAINTING INTERIOR/EXTERIOR:** Qualified painter with 20+ years' experience. Reliable, conscientious, and fully guaranteed. I will work with you to make the job fit your budget. We always go the extra mile with no surprises! Reasonable rates and a job that ends in your satisfaction! Call or text MenZ Painting & Fine Finishing at 403-993-9591. No jobs are too small!



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## YOUR CITY OF CALGARY

### Celebrate Calgary Culture Days This September

by The City of Calgary



Calgary Culture Days showcases the people, places, and stories that make our city one of a kind. From September 1 to 30, experience this city-wide celebration of local arts, culture, heritage, and community spirit.

Events are taking place downtown and in neighbourhoods across the city—many of them free and family-friendly. Whether you're catching a live performance, exploring a pop-up exhibit, or taking part in a hands-on workshop, there's something to discover around every corner.

It's your chance to connect with Calgary's creative scene and celebrate the vibrant cultures that shape our city.

See what's happening near you at [calgary.ca/culturedays](http://calgary.ca/culturedays).

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### Sundance

Detached Home Stats - Last 45 Days



**31**

# New Properties



**16**

# Sold Properties



**17**

Average Days on Market



**\$725,446**

Median Sold Price

### Midnapore

Detached Home Stats - Last 45 Days



**10**

# New Properties



**7**

# Sold Properties



**21**

Average Days on Market



**\$624,785**

Median Sold Price

Community Business  
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Calgary

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