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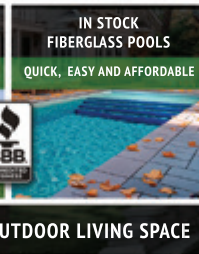
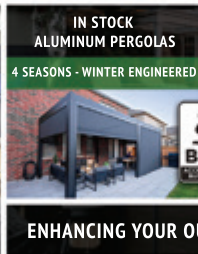
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Community Playgrounds Erin Delamont
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Community Seniors Programs Joan Trotz and
Darleen Hornaday
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childcare@midsun.org

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Ward 14 Councillor Peter Demong
eaward14@calgary.ca

MP for Calgary-Midnapore Stephanie Kusie
stephanie.kusie@parl.gc.ca

Mid-Sun Community Centre



- Community news and events
- Memberships and member benefits
- Details & prices for registered and drop-in activities
- Social events and workshops
- Out of school care and facility rentals
- Community engagement opportunities
- Sign up for electronic newsletters

50 Midpark Rise SE

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**Joke of
the Month**



What kind
of cow wears
a crown?

A dairy queen

Mid-Sun Social Seniors' Group

Happy New Year! We wish you health and well-being as we enter 2026 and hope that each of you has an event to anticipate, whether it be a wedding, a reunion, a birthday, a new grandchild, a trip, fulfilling a dream, enjoying the day or something unique to you. Look forward and celebrate.

Mid-Sun Seniors' group is looking forward to maintaining current friendships and building new ones as we continue our weekly social events, pub nites, and varied activities. Local seniors 55+ are invited to try out our activities. If you enjoy the experience and would like to continue, a MSCA membership will be required to participate. Our planning committee is working on upcoming 2026 festivities including Seniors' Week gatherings, potluck dinners, outdoor adventures, and entertainment events. Weekly cards will resume at MSCC on Thursday, January 8.

If you are a senior who enjoys playing Bingo, we are in the process of renewing our license and hope to continue the popular evening each month of 2026.

As winter envelops our city, we will also embrace safer driving and walking during daylight hours and change Pub Nites to a Pub Lunch held at nearby venues. Beginning in January, you are invited to join us for conversation and a delicious meal. Please contact us to reserve your seat.

A thank you is extended to a small group of seniors who faithfully supported local food banks and an animal shelter. During 2025, the weekly donations were amazing and so appreciated by Calgary recipients. In January and February 2025, Hope Mission received 242 non-perishable food items, weighing 243 pounds

and a generous cash donation. From March 1 to the end of November, Alberta Veterans Food Bank was supported with 727 items, weighing 987 pounds and a substantial cash donation. Mid-Sun Christmas Market and Mid-Sun Garden each made a contribution to our collection. In addition, 131 donated items benefitted animals at AARCS animal rescue. A huge thank you to the dedicated couple who organized and transported all of these items. Well done Mid-Sun Seniors!

January Activities

Weekly Cards and Games: Thursday, January 8, 15, 22, and 29.

Two sessions: 10:00 am to 12:00 noon or 1:30 to 3:30 pm.

Familiar games, new games, patient teachers, snacks, coffee, and tea provided in a casual, no-pressure, friendly atmosphere.

Pub Lunch: Wednesday, January 28 at Gold Bistro (2 - 208 Midpark Way SE)

Meet at 11:30 am to approximately 1:30 pm for a relaxed buffet meal. Each person is responsible for their own bill, tip, and transportation. Laughter and chat are a group activity.

For further information about the Mid-Sun Seniors' Social Group or to join our email list, please contact seniors@midsun.org or call 403-254-8058. We look forward to introducing you to our members and activities.





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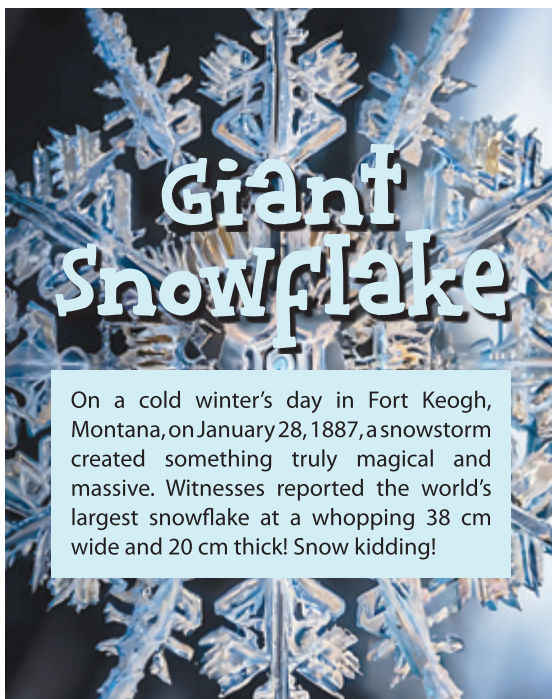
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On a cold winter's day in Fort Keogh, Montana, on January 28, 1887, a snowstorm created something truly magical and massive. Witnesses reported the world's largest snowflake at a whopping 38 cm wide and 20 cm thick! Snow kidding!

CHURCHES

Sunwest Christian Fellowship
Tree of Life Lutheran Church
St. Paul's Anglican Church
Deer Park United Church
First Alliance Church
All Saints Lutheran
Lutheran Church of Our Saviour
New Hope Community Church
Fairview Baptist Church
Spiritual Community Church of the West
Red Deer Lake United Church
The Church of Jesus Christ of Latter Day Saints
Mountain Creek Community Church
Campbell-Stone United Church
Southview Church
Knexions Church
Bonavista Baptist Church
St. Patrick's Church
Trinity Mennonite Church
Grace and Glory Foursquare Church
NewGate Baptist Church



We are looking for enthusiastic people to join our volunteer base and lend a helping hand with community events such as, June Jamboree, Community Clean Up, Annual Casino Fundraising, and more. If you would like to get involved with community events, please email your interest to info@midsun.org.

NEWS FROM THE MIDNAPORE LAKE RESIDENTS ASSOCIATION

Winter Has Arrived

Happy New Year Midnapore!

Please keep your eye on our website, www.midnaporelake.ca, or our Facebook page for updated park and office hours, ice conditions, and operational limitations.

Please remember that helmets are strongly recommended for skating and tobogganing. Have fun and be safe!

2026 Invoicing

Please be advised that invoices for 2026 fees were generated on November 17, 2025. These invoices were due and payable before January 1, 2026.

2026 Invoices, where possible, were distributed by email. Moving to e-invoicing for the Midnapore Lake Residents Association has the benefit of being both greener and significantly more affordable. When you make your payment this year, please update your email address with the office so we have an accurate email for 2027.

Any accounts with outstanding balances as of January 31, 2026, will be denied access to the park.

President's Message

A big thank you to everyone who joined us for Skate with Santa at the lake—the turnout was fantastic, and your energy helped make it one of our most cheerful events of the season. We're grateful for the volunteers, families, and friends who helped bring the magic to life.

If you haven't been in to pay your lake fees... it's important to come by during office hours to make a payment. Or pay from the comfort of your home using the links with your invoice. If you can't find your online invoice, please reach out to the office for assistance.

As we settle into the heart of winter, we encourage everyone to come out and enjoy all the lake has to offer. The skating rinks and pathways are in great shape, and the toboggan hill is ready for fun. Whether you're lacing up your skates, grabbing a sled, or simply enjoying the crisp winter air, we hope you make the most of this beautiful season in our community.

See you at the lake,

Jen Hawkins

Midnapore Lake Bookings

For your Lake Room, Cookshack, and large group bookings please call the office staff at 403-256-0550.



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JANUARY MID-SUN 2026 HOUSING MARKET REVIEW



MIDNAPORE

DETACHED
 High | \$2,165,000
 Low | \$458,100
 Avg. | \$745,800
 #Sold | 40
 Avg. days on mkt. | 30

ATTACHED
 High | \$655,000
 Low | \$365,000
 Avg. | \$497,981
 #Sold | 22
 Avg. days on mkt. | 30

CONDO
 High | \$353,000
 Low | \$225,000
 Avg. | \$292,954
 #Sold | 26
 Avg. days on mkt. | 33

SUNDANCE

DETACHED
 High | \$1,750,000
 Low | \$436,000
 Avg. | \$744,227
 #Sold | 89
 Avg. days on mkt. | 25

ATTACHED
 High | \$531,500
 Low | \$440,000
 Avg. | \$499,438
 #Sold | 8
 Avg. days on mkt. | 18

*January 1 - November 30, 2025 (Stats current as of November 30, 2025 @ 11:59 pm. For more detailed market sales information, please contact Team Palmer)

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JAN. 1 | NEW YEAR'S DAY
 JAN. 21 | NATIONAL HUG DAY
 JAN. 28 | NATIONAL LEGO DAY



Asian-Style Chicken Noodle Soup

by Jennifer Puri



A comfort food ideal for cold weather, variations of chicken soup can be found in cuisines around the world.

Chicken soup is typically made with chicken broth and can include pasta, noodles, rice, dumplings, barley, leeks, celery, onions, carrots, matzo balls, and potatoes.

In some cultures, chicken soup is believed to have healing properties and is served to the sick and the elderly. Chicken soup is filled with protein and vitamins which can help boost immunity.

Prep Time: 20 minutes

Cook Time: 25 minutes

Servings: 3 to 4

Ingredients:

- 1 lb boneless, skinless chicken breasts, cubed
- 2 green onions, finely sliced
- 3 heads of bok choy, quartered
- ½ red bell pepper, thinly sliced
- 2 carrots, thinly sliced
- 1 tsp. crushed garlic
- 2 tsp. crushed ginger
- 2 tsp. sodium reduced soya sauce
- 1 tbsp. olive oil
- 2 tbsp. rice vinegar

- 1 tsp. red chili flakes
- 6 cups sodium reduced chicken broth
- 1 cup water
- 4 oz. vermicelli noodles broken into thirds

Directions

1. Heat the olive oil in a large pot, add the green onion and sauté for a couple of minutes.
2. Next add ginger, garlic, and chicken cubes and stir until chicken is no longer pink, about 2 to 3 minutes.
3. Add carrots, bok choy, and red bell pepper, and sauté for a couple of minutes.
4. Lastly add soya sauce, fish sauce, red chili flakes, stock, and a cup of water, and bring to a boil. Reduce heat and simmer for about 12 minutes or until chicken is tender. Add the broken noodles to the pan and simmer until the noodles soften, approximately two minutes.
5. Serve soup with green onion cake if desired.

Bon Appétit!



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6					2			
8	2	5		4		1	3	6
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		4					7	8
							5	4
	3	7					1	2

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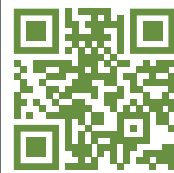
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Park Hours and Winter Activities

Current park and office hours, along with available amenities are available on our website. For additional park status updates and seasonal information, follow us on Facebook and Instagram.

December Highlights

- Holiday Party
- New Year's Eve Fireworks

Thank you to all the volunteers that helped make these events a huge success.

Volunteers Needed for Events

Our Special Event Committee is working hard to bring some new, exciting events to the lake. To make these events a success, we rely on the support of dedicated volunteers. If you or a family member can spare a little time to help, we'd love to have you involved. Please email office@lakesundance.org to learn more or to sign up.

Ice Safety

Lake staff will be closely monitoring the ice thickness and its condition throughout the winter season. Please remember, ice doesn't form evenly across the lake—its thickness can vary widely from one area to another. Even if the ice appears solid in one area doesn't mean that all ice on the lake is safe. Several factors can affect ice thickness, including:

- Ice forms more quickly over shallow water than over deeper water, making it thinner as you move away from the shoreline.
- Snow acts as an insulator, which means ice underneath is generally thinner and weaker. Thicker snow cover provides better insulation.
- Snow buildup—whether natural or piled—combines with fluctuating temperatures can create cracks, allowing water movement that thins the ice.

If you notice anything unusual such as strange ice patterns, holes, wet spots, or steam rising from the ice surface, please stay clear of the area and contact lake staff immediately!

For additional ice safety information, please visit www.lakesundance.org.

Upcoming Events

- Annual Perch Ice Fishing Derby – Saturday, February 7, 2026

For updates, further information, or event changes please visit www.lakesundance.org or follow us on Instagram and Facebook.

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Happy New Year! I hope your holiday season was filled with joy, peace, family, and friends.

Last fall's legislative session was busy. Bill 3: The Private Vocational Training Act, my first piece of legislation, was passed with unanimous support from all parties.

As Minister of Advanced Education, passage of this bill was an important milestone. Alberta's private career colleges play a vital role in training workers for in-demand jobs; however, the previous regulatory framework was no longer adequate for today's realities. Bill 3 modernizes the regulatory system, strengthens protections for students, and ensures programs remain aligned with the needs of our labour market.

I'm proud of the collaboration that made this possible. Students, institutions, employers, and partners across the province provided valuable feedback throughout the process. Their insights helped shape a stronger, more effective piece of legislation.

Thank you for your continued support. I look forward to building on this momentum as we keep expanding opportunities for Albertans and ensuring our post-secondary system remains responsive, innovative, and focused on results.

I look forward to continuing my work as your MLA in 2026.



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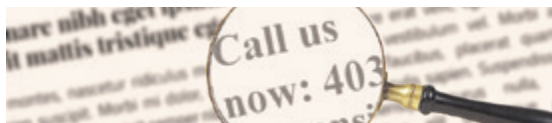
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New Properties



5

Sold Properties



36

Average Days on Market



\$620,400

Median Sold Price

Midnapore

Detached Home Stats - Last 45 Days



8

New Properties



3

Sold Properties



16

Average Days on Market



\$594,250

Median Sold Price