# DECEMBER 2024 YOUR OFFICIAL COMMUNITY NEWSLETTER DECEMBER 2024 YOUR OFFICIAL COMMUNITY NEWSLETTER

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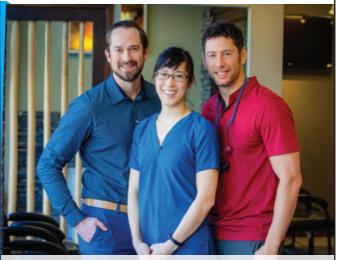
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# New Patients Welcome

# NEW BRIGHTON COMMUNITY ASSOCIATION TEAM

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



# Snow Removal Issues and The New Bylaw

Last year we were talking about using some common sense and not pushing mounds of snow onto the road to cause build ups. This year we have a bylaw that says just that, you can face penalties of up to \$250 if you shovel snow from a driveway or private walkway into a road, bike lane, or pedestrian pathway.

Yet it is not the bylaw that should be on your mind while shoveling snow, it is the safety and the ease of driving that should be prioritized. Let's think about the big picture and keep our roads clean and safe for all of us. Pile up the snow on your lawn! This way you give the grass extra protection in the winter and extra water in the spring. Try to clean as much snow as you can from the road and save the headaches with ice dams and huge puddles in the spring.

Thanks for keeping everyone safe.

# Need a Snow Blower? We Have One for You

You can borrow a snow blower and many more tools from our community Tool Shed. Do you have a project and need a tool just for that? No need to buy it and store it after, just borrow it for a few days from the Tool Shed and finish your project with peace of mind. For more details and the full inventory of tools, visit the "Tool Shed" page on ournewbrigton.ca.

Word of the Month

Absquatulate: Verb (ab-skwoch-uh-leyt)

To run away or leave abruptly.

The sneaky cat managed to absquatulate any time the door was open.



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# Merry Christmas and Happy Holidays

We wish all the best for you and your family. This is the time of the year to count our blessings and to put behind the not-so-good things. Hold close to your heart the good from 2024 and pray for a better 2025.

New Brighton Community Association is here for you, trying to brighten our awesome neighbourhood. If you don't know much about your community association, take a look at ournewbrighton.ca and browse through the information available there. If you know about the community association and you want to know even more, joining our board will give you the opportunity to learn more and to meet the elected officials in our area.

Enjoy this holiday season with friends and family, and don't forget to be kind to your neighbours.

403-257-7913 | info@drjeff.ca #61 - 4307 130th Ave SE www.drjeff.ca Over 150 5-Star Google Reviews The final his team are so wonderfull We are so grateful to have him take care of our family. I trust him whole-heartedly and know that the health of my children is in good hands. A welcoming, friendly office, great with kids, an amazing place all around." - Steph C.



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# **NBRA RENTALS**



The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca.

### **Room Rental Hourly Rate**

### **Banquet Room (Capacity of 100)**

1,350 Sq Ft Resident Rate: \$88 plus GST hourly Brookfield Rate: \$93 plus GST hourly Non-Resident Rate: \$98 plus GST hourly

### Studio Room (Capacity of 35)

462 Sq Ft Resident Rate: \$52 plus GST hourly Brookfield Rate: \$57 plus GST hourly Non-Resident Rate: \$62 plus GST hourly

### Board Room (Capacity of 15)

300 Sq Ft Resident Rate: \$42 plus GST hourly Brookfield Rate: \$47 plus GST hourly Non-Resident Rate: \$52 plus GST hourly

### **Rental Packages**

### Christmas Package (Banquet Room) Capacity of 100

Resident Rate: \$310 + GST for 4 hours Brookfield Rate: \$325 + GST for 4 hours Non-Resident Rate: \$340 + GST for 4 hours

### The Christmas Package Includes:

- Four hours in the Banquet Room
- Party supplies (cups, tablecloths, napkins, plates, and cutlery)
- Music license with dancing
- Setup and teardown of the tables and chairs

### Baby Shower Package (Studio Room) Capacity of 35

Resident Rate: \$118 plus GST for 2 hours Brookfield Rate: \$128 plus GST for 2 hours Non-Resident Rate: \$138 plus GST for 2 hours

### The Baby Shower Package Includes:

- Two hours in the Studio Room
- Baby shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- one Baby shower game
- Setup and teardown of the tables and chairs

### Hockey Rink Package (Studio Room) Capacity of 35

Resident Rate: \$118 + GST for 2 hours Brookfield Rate: \$128 + GST for 2 hours Non-Resident Rate: \$138 + GST for 2 hours

### The Hockey Rink Package Includes:

- One hour in the Studio Room
- One hour on the rink
- Must be rented during available time slots
- Fresh Zamboni before rental starts
- Tables and chairs

# **NEW BRIGHTON CLUBHOUSE**

2 New Brighton Drive SE, Calgary, AB, T2Z 4B2 Open 9:00 am to 9:00 pm Monday to Sunday www.newbrighton-connect.com

### FIND IT FAST! NEW BRIGHTON RESIDENTS ASSOCIATION

## (RENTING/PROGRAMS)

C/O New Brighton Clubhouse

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# NEW BRIGHTON RESIDENTS ASSOCIATION



2 New Brighton Drive SE Calgary, Alberta T2Z 4B2 Phone: 403-781-6613 Fax: 403-781-6611 Office Hours: 9:00 am to 9:00 pm Park Hours: 9:00 am to 9:00 pm Statutory Holiday Office and Park Hours: 11:00 am to 6:00 pm

### CONTACT US AT:

General Manager Clare Lovely • gm@nbra.ca Facility and Amenities Leader Andrew Brown • maintenance@nbra.ca Customer Service Leader Claire Lee • rentals@nbra.ca Recreation Leader Jennifer Strickland • programs@nbra.ca Special Events Coordinator Danny Markle • events@nbra.ca

# **Sponsorship Opportunities**

Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Special Events Coordinator by emailing events@nbra.ca or calling 403-781-6613, ext. 3.

The detailed catalogue can be found on www.newbrighton-connect.com.

A very special thank you is extended to our current sponsors: NAIAD, Rachel Mah Poy Desjardins Insurance Agent, Kilt and Caber, C Can Store, Find Your Nook YYC, and connectFirst at 130 Ave.

# **Special Events**

### Christmas in the Clubhouse

### Saturday, December 7 from 9:00 am to 4:00 pm

On December 7, Santa will be making a special appearance at the New Brighton Clubhouse! Little residents and their families are invited to Santa's workshop to get their picture taken, share their Christmas wish, participate in holiday-inspired activities, and receive a specially wrapped gift just for them! There will be two time slot options - morning or afternoon.

RSVP is required for this event prior to December 1 at 5:00 pm.

### 12 Days of Giving!

Keep your eyes on the New Brighton Facebook and Instagram accounts from December 3 to the 14 to participate in the 2024 12 Days of Giving! A fantastic new basket of hand selected items will be posted each day at noon with a prompt on how you can be entered into the raffle!

The winner of each basket will be shared the following day at 10:00 am with a new basket being posted at noon.

Participation in raffles is open to everyone, both residents of New Brighton and those living outside the community. Spread the word to friends and family!

### **Letters to Santa**

Santa and his elves are hard at work writing and delivering special letters to children all around the world. He will be making stops at the New Brighton Clubhouse starting on December 1 to collect all the letters sent in from residents! Follow the steps below and write a special letter to Santa this year!

This service is for New Brighton residents only.

How to get your letter to Santa:

1. Write a special letter to Santa.

2. Include a return address in your letter to receive a response back.

3. Drop the letter off at the New Brighton Clubhouse. Located inside the building next to the main office is Santa's mailbox. You can also mail your letter to 2 New Brighton Drive SE.

3. All letters must be received before December 15 at 9:00 pm to ensure a response before the holidays.

### Winter Carnival

### Saturday, January 25 from 11:00 am to 2:00 pm

The snow is falling, and the rinks are gleaming! Join the NBRA for an afternoon of skating, hot chocolate, marshmallow roasting, and lots of outdoor winter activities! Bundle up because it's sure to be cold!

The NBRA Winter Carnival is a weather dependent event; if weather reaches plus temperatures the rinks may not be open and if the weather is below -20 outdoor activity stations will be halted.

This event is for residents of New Brighton only! RSVP is required and will open closer to the date of the event.

# **Children and Adult Programs**

### Multisportball

Various ages

Winter Session 1: January 11 to March 15

- Ages 1.5 to 3 years Parented 9:15 to 9:55 am
- Ages 3 to 4 years 10:05 to 11:00 am

In Sportball's Multi-sport classes, children learn the fundamentals of different sports in a fun, stress-free, non-competitive setting. Multi-sport classes keep children moving and engaged and send them home with a new skill from a different sport each class. If you're looking for a way to give your child a well-rounded sports-base that promotes their independence and leaves room for specialization later, look no further.

EKCP Rate: Residents: \$120 | Non-Residents: \$135

continued on next page

# **NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED**

### Engineering For Kids Winter Session 1: January 8 to February 12

### Jr. Engineers Ages 5 to 7 years - 5:30 to 6:30 pm

Kids will explore the exciting world of engineering as they invent new machines and explore creative design solutions using the Engineering Design Process.

Students will design, build, and test candy catapults, simple flashlights, poppers, and kaleidoscopes.

### Master Machines Ages 8 to 12 years 7:00 to 8:30 pm

Get your thinking hats on! Young engineers are introduced to the concepts of circuit design, building, and testing through various hands-on engineering activities. The young engineers will design, build, and test electric magnets and build their own operation game. The fun continues as they explore the concept of force, trajectory, and friction through designing and building hydraulic arms, launchers, and more!

Residents: \$180 | Non-Residents: \$195

### Drawing with Young Rembrandts 7 to 10 years Winter Session 1: January 7 to February 11 6:15 to 7:15 pm

Students will gain confidence through step-by-step instruction that will build their art vocabulary and expand their skill set.

Residents: \$120 | Non-Residents: \$135

### Beginner Knitting 18+ years Winter Session 1: January 13 to February 3 Winter Session 2: March 3 to March 24 6:00 to 8:00 pm

Cast on, knit stitch, purl stitch, cast off. Learn all the basics of knitting!

Participants choose from many different patterns for their first project. By the end of the session students will have mastered the basics of knitting and will have forged friendships with other budding knitters.

Come out to this fun class and feel the satisfaction of creativity!

Residents: \$85 | Non-Residents: \$100

For more information on these programs, and all programs at the New Brighton Clubhouse, please visit www. newbrighton-connect.com.

# Value Added Activities

### New Brighton Seniors Card Club December 5, 12, and 19 from 1:30 to 3:00 pm

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything that the NBRA has to offer.

\$2 drop-in.

### **Tot Time**

### December 4 and 11 from 1:30 to 3:00 pm

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

### Tween's Night Out 10 to 14 years December 13 from 7:00 to 8:30 pm

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

Please remember to RSVP for this program.

### Theatre in the Clubhouse The Snow Must Go December 14 from 1:30 to 2:15 pm

The local forest creatures are preparing for their annual winter celebration show when they are hit with the biggest snowfall of all time! Now they must use their imaginations and try to put on the best holiday show ever, in six feet of snow! Tap your toes to hilarious renditions of your favourite snow themed holiday classics as they put on a show to remember...and who knows; some of you might have to help them pull it off!

\$5 per family. RSVP is required.

Babysitting Night Ages 2 to 10 December 14 from 5:00 to 8:30 pm Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and a drink will be offered during the evening. Please feel free to pack a nut-free snack/ drink for your child(ren) should they need more.

Resident Rate: \$25 | Non-Resident Rate: \$30

### Canvas Creations (18+) December 20 from 7:00 to 8:30 pm

Participants learn the technique behind different painting styles and get in touch with their inner artist while visiting with friends and meeting new ones!

Residents: \$35 | Non-Residents: \$45

### **Jr. Canvas Creations**

### December 21 from 10:00 am to 12:00 pm

Come for a morning of painting and fun! Children let their imaginations run wild while creating a masterpiece to bring home to show off.

Residents: \$30 | Non-Residents: \$40

# Also Available at the NBRA

### **Popcorn Packs**

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)
- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on December 19. Packs will be available for pick up at the Clubhouse on Friday, December 20 from 5:30 to 8:30 pm.

### **Take Action on Radon**

Did you know that radon is an invisible, radioactive gas that come from the ground? The NBRA is excited to announce that Radon Test Kits are now available in the main office for \$42.95 + GST.

If you would like more information on the kits or radon, please call 403-781-6613 ext. 1 or email admin@nbra.ca.

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

### **Price List**

Small \$30 Medium \$35

Order Due Date	Delivered to the Clubhouse
December 3 by noon	December 13

Large \$40

# One Stop Boxes: A Night of Fun Where the Planning is Done for You!

Looking for a fun family night, where the planning is done for you? The NBRA is excited to offer quarterly "One Stop Boxes" suitable for families of all sizes! The Family Fun Night box is only \$25 and all you have to do is place your order and get ready to unbox your night of fun! The best part about the NBRA's "One Stop Boxes" is that, unlike other box service no subscription is necessary. You can just order the box prior to the order due date.

Boxes are now offered quarterly.

To purchase your box, please call 403-781-6613, ext. 1 or email programs@nbra.ca today!

### **Family Fun Night Box:**

Inside the December Family Fun Box you will find games, activities, and recipes to complete with the family to celebrate the festive season!

December Theme	Order Due Date	Pick Up Date
Christmas	December 12	December 20

continued on next page

### **Good Food Boxes**

# **NEW BRIGHTON CLUBHOUSE**

# NEWS - CONTINUED Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out

from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools to meet your landscaping, snow



removal, home improvement, DIY, and automotive needs! This is a service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid NBCA membership. Purchase an NBCA Membership for only \$20! With the NBCA you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com! No need to make an appointment, the NBRA Tool Shed is open Monday to Sunday from 9:30 am to 8:30 pm, come by during those times to borrow the tool of your choice.

The New Brighton Residents Association is happy to host "The New Brighton Game Hub", which is a board game lending library consisting of over 50 games that can be borrowed by residents for a fun game night! The library hosts a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels. This is a free service for all New Brighton Residents over the age of 18 who are in good standing. Residents aged 12 to 17 years old may also borrow games; however, they must play the game on-site while visiting the NBRA Clubhouse. Please visit www.newbrighton-connect. com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select "the New Brighton Game Hub" as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a firstcome, first-serve basis. The New Brighton Game Hub is available between 9:30 am and 8:30 pm, so come by during those times to borrow the game of your choice!

# Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram (newbrightonclub), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

### **NBRA Holiday Hours**

During the holiday season, the New Brighton Residents Association (NBRA) will have condensed hours on specified days. If you are considering visiting the Clubhouse over the holidays, please keep in mind the following hours of operations. All other days will remain open during regular hours of operation from 9:00 am to 9:00 pm.

- Tuesday, December 24, 2024: 10:00 am to 5:00 pm
- Wednesday, December 25, 2024: 12:00 to 4:00 pm
- Thursday, December 26, 2024: 11:00 am to 7:00 pm
- Tuesday, December 31, 2024: 9:00 am to 5:00 pm
- Wednesday, January 1, 2025: 11:00 am to 7:00 pm

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# A CHRISTMAS CAROL

The first edition of the Christmas classic A Christmas Carol, written by Charles Dickens, was originally published in London on December 19, 1843. This story was published as a novella by Chapman & Hall and the first edition sold out by Christmas Eve that first year!



## **GAMES & PUZZLES**

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# **Guess the Holiday!**

1. This holiday seems like it could be named after a sport, but it has nothing to do with one.

2. This incredibly bright festival celebrates good winning over evil and the arrival of a new season.

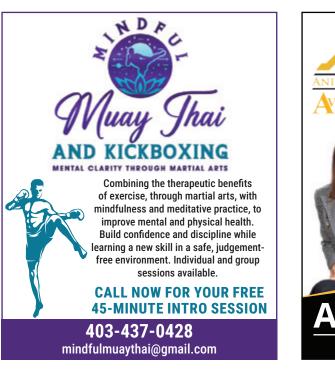
3. This holiday typically revolves around one shape.

4. Eggnog, trees, and bells are classic elements of this holiday.

5. Costumes are a huge part of the fun of this holiday.

6. This holiday happens on the first Sunday after the full moon that occurs on or after the spring equinox.







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# Easy Turkey Chili

### by Jennifer Puri

Turkey is a large bird which is rich in protein and other nutrients such as iron, zinc, and selenium. It provides many of the same calories as chicken and most people are easily able to digest it.

Ground turkey is an inexpensive way to consume turkey and over the years has grown in popularity as a substitute for ground chicken. Rich in vitamins and minerals it can contribute to a healthy diet as it is low in fat. Dark meat is more flavourful but has more calories than white meat without the skin.

Turkey can be added to soups, salads, sandwiches, burgers, or Chili as shown in this Easy Turkey Chili recipe below.

Prep Time: 15 minutes

### Cook Time: 1 hour

### Servings: 6

### Ingredients:

- 1 lb lean ground turkey
- 2 tbsps. olive or vegetable oil
- 3 garlic cloves finely chopped
- 1 medium yellow onion chopped
- 1 red bell pepper finely chopped
- 1 900 ml carton (low sodium) chicken broth
- 1 28 oz can diced tomatoes
- 1 small can corn niblets drained and rinsed
- 1 540 ml can black beans drained and rinsed
- 1 540 ml can red kidney beans drained and rinsed
- 1/2 tsp Chili powder
- 2 tsps. ground cumin
- 1 tsp dried oregano
- 1 tsp salt
- 1/2 tsp ground black pepper

### **Directions:**

- In a large pot add olive or vegetable oil, chopped onion, garlic, and red pepper. Sauté the vegetables for 3 to 4 minutes until onions are softened and then add the ground turkey. Sauté the turkey for 4 to 5 minutes until cooked through.
- Add the Chili powder, ground cumin, oregano, salt and black pepper and continue to cook for a couple of minutes.

- Add the black beans, kidney beans, corn, and diced tomatoes and blend in with the turkey.
- Add the chicken stock and bring to a boil and then reduce heat and allow the Chili to simmer for approximately 45 minutes, stirring occasionally.
- Garnish the Turkey Chili with sour cream, shredded cheddar cheese and chopped coriander leaves or taco chips and sliced avocado if preferred.

### Bon Appétit!





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