**APRIL 2025** 

YOUR OFFICIAL COMMUNITY NEWSLETTER

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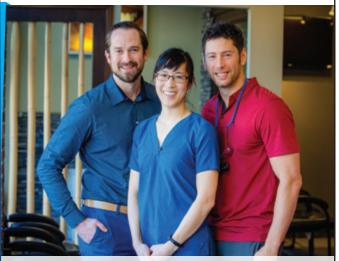
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# New Patients Welcome

# NEW BRIGHTON COMMUNITY ASSOCIATION TEAM

www.ournewbrighton.ca Follow us on Facebook @NewBrightonCA



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# Spring Cleaning, Here We Go Again!

### Article provided by our student correspondent, Nicholas N.

I know that many people dread cleaning out their homes every spring. I like doing a thorough spring cleaning because its like your house and all your belongings are getting a new life, a new beginning. It's a great time to fix things, and a great time to air out the house. Some of us may have nothing we want to get rid of, and others have lots we want to get rid of.

One idea is to clean around your house, if you have lots of stuff outside, consider moving it inside or getting rid of it to keep a clutter-free passageway to your side gates – your next-door neighbours will thank you for keeping the communal spaces tidy. If you have a pressure washer or a garden hose, it's a great idea to clean out your garbage, recycling, and compost bins. This may help reduce the unpleasant smells you have around your home.

You may also notice that some yards are greener than others. Some easy steps to have green grass are watering once a day or as weather requires, cutting it consistently, fertilizing it at the start of the season, and adding seeds with fertilizer to promote green and healthy grass.

If you brighten your house the entire neighbourhood will be brighter and nicer.



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

### **GAMES & PUZZLES**

# **Guess the Flower!**

- 1. This flower's colour depends on the acidity of the soil.
- 2. Named after the Greek messenger of the gods, this flower comes in nearly all colours of the rainbow except red.
- 3. Despite misconceptions, this spring-blooming bulbous plant is not officially the Dutch national flower.
- 4. This prickly pink plant became Alberta's floral emblem in 1930.
- 5. The national flower of South Africa belongs to one of the oldest families of flowering plants on Earth approximately 300 million years!
- 6. This flower's Greek name, Galanthus, translates to "milk flower".



# Need Tools for Your Spring Projects? The New Brighton Tool Shed is Here to Help and to Stay

This spring you can take advantage of the wide range of tools in the Tool Shed inventory. Check our 'Tool Shed' page on our website, ournewbrighton.ca and click on the inventory link to see the tools you can use free of charge. Imagine that your lawnmower breaks down and you want to take your time to find a good deal for your next purchase. The Tool Shed can give you peace of mind until you find the best deal, just borrow the lawnmower from the Tool Shed anytime you want to cut your grass. There are tools for all seasons, just take a look and give it a try.

We have an awesome neighbourhood, and we are happy to see that people are taking pride in their house maintenance and appearance. It is a nice place to live thanks to you all.



# Don't Be Shy, Give Us a Try

Most of volunteer boards have a manpower problem. The pandemic hit us all very hard, and finding good, dedicated volunteers has been a challenge ever since. The New Brighton Community Association is in need of volunteers to complete the team and to tackle more projects. We are looking for people to volunteer their time to brighten our community. You will learn new things and meet new people – we are the connection between the community, the elected offices, and the City of Calgary. Make a difference in your community and expand your horizons.

We get emails asking us to solve traffic problems, noise problems, and all kinds of other problems in the community, but our voices only go as far as our team members can stretch their volunteering time. We all have our own lives, and we all need to keep a balance but if you are curious about how we work, just contact us and join us for a meeting. Start with visiting ournewbrighton.ca, we hope to see you soon.

|                  | B R<br>Gai | MES |   | S | SU | D | <b>J</b> k | <b>KU</b> |
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| 8                |            | 2   | 7 |   | 3  |   |            |           |
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| SCAN THE QR CODE |            |     |   |   |    |   |            |           |

# **NBRA RENTALS**



The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca.

### **Room Rental Hourly Rate**

### Banquet Room (Capacity of 100)

1,350 Sq Ft Resident Rate: \$88 plus GST hourly Brookfield Rate: \$93 plus GST hourly Non-Resident Rate: \$98 plus GST hourly

### Studio Room (Capacity of 35)

462 Sq Ft Resident Rate: \$52 plus GST hourly Brookfield Rate: \$57 plus GST hourly Non-Resident Rate: \$62 plus GST hourly

### Board Room (Capacity of 15)

300 Sq Ft Resident Rate: \$42 plus GST hourly Brookfield Rate: \$47 plus GST hourly Non-Resident Rate: \$52 plus GST hourly

### **Rental Packages**

### Essential Birthday Package (Studio Room) Capacity of 35

Resident Rate: \$118 plus GST for 2 hours Brookfield Rate: \$128 plus GST for 2 hours Non-Resident Rate: \$138 plus GST for 2 hours

### The Essential Birthday Package Includes:

- Two hours in the Studio Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- · Setup and teardown of the tables and chairs

### Deluxe Birthday Party Package (Banquet Room) Capacity of 100

Resident Rate: \$300 plus GST for 2 hours Brookfield Rate: \$310 plus GST for 2 hours Non-Resident Rate: \$320 plus GST for 2 hours

### The Deluxe Birthday Party Package Includes:

- Two hours in the Banquet Room
- Choice of bouncy castle, piñata, or craft
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- · Setup and teardown of the tables and chairs

### Baby Shower Package (Studio Room) Capacity of 35

Resident Rate: \$118 plus GST for 2 hours Brookfield Rate: \$128 plus GST for 2 hours Non-Resident Rate: \$138 plus GST for 2 hours

### The Baby Shower Package Includes:

- Two hours in the Studio Room
- Baby shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- One baby shower game
- · Setup and teardown of the tables and chairs



# **NEW BRIGHTON CLUBHOUSE**

2 New Brighton Drive SE, Calgary, AB, T2Z 4B2 Open 9:00 am to 9:00 pm Monday to Sunday www.newbrighton-connect.com

# FIND IT FAST!

### NEW BRIGHTON RESIDENTS ASSOCIATION (RENTING/PROGRAMS)

C/O New Brighton Clubhouse

2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2

🕻 403-781-6613 🖨 403-781-6611

www.newbrighton-connect.com

# NEW BRIGHTON



# **RESIDENTS ASSOCIATION**

2 New Brighton Drive SE Calgary, Alberta T2Z 4B2 Phone: 403-781-6613 Fax: 403-781-6611 Office Hours: 9:00 am to 9:00 pm Park Hours: 9:00 am to 9:00 pm Statutory Holiday Office and Park Hours: 11:00 am to 6:00 pm

### CONTACT US AT:

Acting General Manager Jennifer Strickland • gm@nbra.ca Safety and Facilities Leader Craig Heisler • maintenance@nbra.ca Customer Service Leader Claire Lee • rentals@nbra.ca Program Coordinator Olatide Olaloku • programs@nbra.ca Special Events Coordinator Danny Markle • events@nbra.ca

# **Sponsorship Opportunities**

Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Special Events Coordinator by emailing events@nbra.ca or calling 403-781-6613, ext. 3.

The detailed catalogue can be found on www.newbrighton-connect.com.

A very special thank you is extended to our current sponsors: NAIAD, Rachel Mah Poy Desjardins Insurance Agent, Kilt and Caber, C Can Store, Find Your Nook YYC, and connectFirst at 130 Ave.

# **Special Events**

### The Bunny Hop Eggstravaganza

### **April 12 from 10:00 am to 12:00 pm and 1:00 to 3:00 pm** Bring your basket and bunny hop on down to the Clubhouse to enjoy a variety of Easter crafts, games, and an egg hunt! A special photo booth will be onsite to capture your awesome day with New Brighton's very own Easter Bunny! Remember to hunt for eggs around the Clubhouse and keep your eyes open for golden eggs to win a special prize!

RSVP is required for this event and can be done through the NBRA website's "My Events" section by following the Google Form.

### Comedy in the Clubhouse May 3 from 6:00 to 9:00 pm

Unwind and let loose—it's time for a night of laughs! Another year, another unforgettable Comedy Night at the Clubhouse. Get ready for a hilarious lineup of Calgary's finest comedians, sip on refreshing drinks from local breweries, and indulge in mouthwatering appetizers.

Tickets are just \$30 + taxes, and they come with one free drink ticket!

Don't miss out—call the office at 403-781-6613 to get your tickets today!

### Festival of Flavours

### May 31 from 12:00 to 4:00 pm

Need to give your taste buds a kick? Want to experience amazing free musical performances that are sure to

leave you inspired? Savour mouth watering dishes from BBQ Bob, Rolling Cheburek, and Phatty Crusts, all while enjoying electrifying tunes from Mariachi West, Calysto Steelband, and the Korean Art Club of Calgary. It's a day of great food, amazing music, and unforgettable vibes you won't want to miss!

# **Children and Adult Programs**

### Multi-Sport Classes Various Ages

Spring Session 1: April 6 to May 4

Ages 1.5 to 3 years Parented - 9:15 to 9:55 am

### • Ages 3 to 4 years - 10:05 to 11:00 am

In Sportball's Multi-Sport classes, children learn the fundamentals of different sports in a fun, stress-free, non-competitive setting. Multi-Sport classes keep children moving and engaged and send them home with a new skill from a different sport each class. If you're looking for a way to give your child a well-rounded sports-base that promotes their independence and leaves room for specialization later, look no further.

Residents: \$100 | Non-Residents: \$115

### Zumbini

### 0 to 4 years

### Spring Session: April 7 to June 16, 1:00 to 2:00 pm

Dance, sing, and explore with your little one! The Zumbini<sup>®</sup> program combines music, dance, and educational tools of can't-stop, won't-stop bonding, learning, and fun! Throughout this session, the instructor will not only nurture the love of movement so that it becomes a way of life but give parents the chance to nurture their inner child as well! The registration fee includes the music code to download songs played during the session.

\*Created by Zumba<sup>®</sup> and BabyFirst for kids ages 0 to 4.

Residents: \$150 | Non-Residents: \$165

Math Explorers and Middle School Math Spring Session 1: May 13 to June 17

Math Explorers: 12:30 to 1:30 pm

Middle School Math: 2:30 to 3:30 pm

These engaging programs are designed to unlock your child's full potential in mathematics, with a curriculum tailored to support their individual school needs.

continued on next page

# **NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED**

Through a dynamic mix of hands-on activities, interactive learning experiences, and collaborative problem-solving tasks, students will immerse themselves in mathematical exploration and discovery.

### Residents: \$225 | Non-Residents: \$240

For more information on these programs, and all programs at the New Brighton Clubhouse, please visit www.newbrighton-connect.com.

# Value Added Activities

### New Brighton Seniors Card Club April 3, 10, 17, and 24 from 1:30 to 3:00 pm

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything that the NBRA has to offer.

### \$2 drop-in.

### **Tot Time**

### April 2, 9, 16, 23, and 30 from 1:30 to 3:00 pm

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

### Tween's Night Out 10 to 14 years April 4 from 7:00 to 8:30 pm

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

Please remember to RSVP for this program.

### Family Bingo Night

### April 25 from 7:00 to 8:00 pm

Join us at the Clubhouse for a fun-filled family bingo night! Bring the whole family for an evening of excitement, laughter, and a little friendly competition. Whether you're a bingo pro or a first timer, everyone is welcome to play along and enjoy the thrill of shouting "Bingo!"

\$5 per family.

RSVP is required.

### Babysitting Night Ages 2 to 10 April 26 from 5:00 to 8:30 pm

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and a drink will be offered during the evening. Please feel free to pack a nut-free snack/ drink for your child(ren) should they need more.

Resident Rate: \$25 | Non-Resident Rate: \$30

### Canvas Creations (18+) April 11 from 7:00 to 8:30 pm

Participants learn the technique behind different painting styles and get in touch with their inner artist while visiting with friends and meeting new ones!

Residents: \$35 | Non-Residents: \$45

### Jr. Canvas Creations April 5 from 10:00 am to 12:00 pm

Come for a morning of painting and fun! Children let their imaginations run wild while creating a masterpiece to bring home to show off.

Residents: \$30 | Non-Residents: \$40

### Teen Canvas Creations April 5 from 3:00 to 4:30 pm

Gather your friends together for a fun afternoon of creating and painting in this workshop tailored for teens.

\*A light snack and drink are included in class fee.

Residents: \$30 | Non-Residents: \$40

### Also Available at the NBRA Popcorn Packs

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)
- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on April 24. Packs will be available for pick up at the Clubhouse on Friday, April 25 from 5:30 to 8:30 pm.

### **Take Action on Radon**

Did you know that radon is an invisible, radioactive gas that come from the ground? The NBRA is excited to announce that Radon Test Kits are now available in the main office for \$42.95 + GST.

If you would like more information on the kits or radon, please call 403-781-6613 ext. 1 or email admin@nbra.ca.

### **Good Food Boxes**

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

### **Price List**

Small \$30 Medium \$35 Large \$40

| Order Due Date  | Delivered to the Clubhouse |
|-----------------|----------------------------|
| April 1 by noon | April 11                   |
| May 6 by noon   | May 16                     |
| June 3 by noon  | June 13                    |

# One Stop Boxes: A Night of Fun Where the Planning is Done for You!

Looking for a fun family night, where the planning is done for you? The NBRA is excited to offer quarterly "One Stop Boxes" suitable for families of all sizes! The Family Fun Night box is only \$25 and all you have to do is place your order and get ready to unbox your night of fun! The best part about the NBRA's "One Stop Boxes" is that, unlike other box service no subscription is necessary. You can just order the box prior to the order due date.

Boxes are now offered quarterly.

To purchase your box, please call 403-781-6613, ext. 1 or email programs@nbra.ca today!

### **Family Fun Night Box:**

Inside the Family Fun Box you will find games, activities, and recipes to complete with the family to celebrate the season!

| April Theme   | Order Due Date | Pick Up Date |
|---------------|----------------|--------------|
| Easter/Spring | April 10       | April 17     |

# **Tool Shed**

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools to meet your landscaping, snow removal, home improvement, DIY, and automotive needs! This is a service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid NBCA membership. Purchase an NBCA Membership for only \$20! With the NBCA you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com! No need to make an appointment, the NBRA Tool Shed is open Monday to Sunday from 9:30 am to 8:30 pm, come by during those times to borrow the tool of your choice.



The New Brighton Residents Association is happy to host "The New Brighton Game Hub", which is a board game lending library consisting of over 50 games that can be

borrowed by residents for a fun game night! The library hosts a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels. This is a free service for all New Brighton Residents over the age of 18 who are in good standing. Residents aged 12 to 17 years old may also borrow games; however, they must play the game on-site while visiting the NBRA Clubhouse. Please visit www.newbrighton-connect.com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select "the New Brighton Game Hub" as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a first-come, first-serve basis. The New Brighton Game Hub is available between 9:30 am and 8:30 pm, so come by during those times to borrow the game of your choice!

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# **NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED**

# Stay Connected with the NBRA

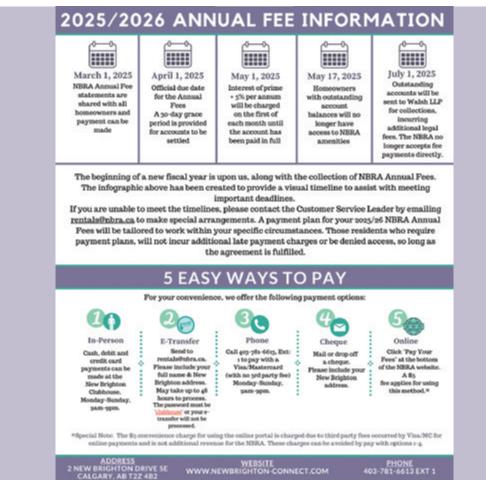
Connect with us on Facebook (The New Brighton Clubhouse), Instagram (newbrightonclub), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

### Fees

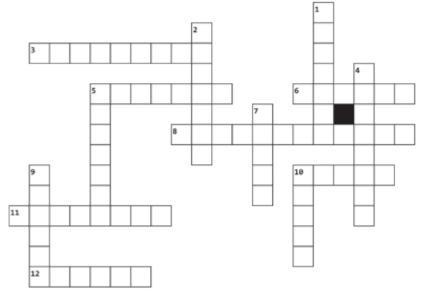
Residents of New Brighton are reminded that the Annual New Brighton Residents Association Fees are due as of April 1, 2025. Packages including the annual renewal notice will be delivered via email (if we have your email address on file) or directly by mail to all New Brighton homes early March. Payments can be made in person at the New Brighton Clubhouse, by cheque, by e-transfer, online (\$5 convenience charges will apply), or over the phone commencing March 1, 2025.

Residents are also reminded that all delinquent accounts paid after April 30, 2025, are subject to interest charges of Prime plus 5% per annum and other charges related to the collection of these fees. If you have not received your package by March 15, 2025, or you have any further questions regarding annual fee payment, please contact the NBRA office at 403-781-6613, ext. 1.

Thank you in advance for your attention to this matter. Please see the timeline and method of payment in the infographic.



# **April Crossword**



### Across

- 3. Simon & Schuster released the first-ever \_\_\_\_\_ puzzle book on April 18, 1924, delighting word game enthusiasts around the world.
- 5. On April 1, 1919, the Stanley Cup Final between the Montreal Canadiens and the Seattle Metropolitans was cancelled due to the \_\_\_\_\_\_ flu pandemic.
- 6. On April 30, 1952, Mr. \_\_\_\_\_ Head became the first toy ever to be advertised on television.
- 8. Terry Fox started his Marathon of Hope on April 12, 1980, in St. John's, \_\_\_\_\_.
- 10. This meteor shower takes place in April every year.
- 11. ABBA won the 1974 Eurovision Song Contest with their song \_\_\_\_\_\_ on April 6.
- 12. This space telescope was first deployed into orbit by the space shuttle Discovery on April 25, 1990.

### Down

- 1. April's birthstone is the \_\_\_\_\_, a popular choice for engagement rings.
- 2. Stanley Kubrick's sci-fi adventure film, 2001: A Space \_\_\_\_\_, premiered in April 1968.
- 4. The Royal \_\_\_\_\_\_ Air Force was officially established on April 1, 1924.
- 5. \_\_\_\_\_ Island by Dennis Lehane was first published on April 15, 2003, and later became a film starring Leonardo DiCaprio and Mark Ruffalo.
- 7. Comedian and actor Seth \_\_\_\_\_ was born on April 15, 1982, in Vancouver, BC.
- 9. The World \_\_\_\_\_ Organization was established by the United Nations on April 7,1948.
- 10. On April 16, 2018, Kendrick \_\_\_\_\_\_ won the Pulitzer Prize for Music, becoming the first rapper to do so.

Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

# Zucchini Spears with Zesty Tomato Sauce

### by Jennifer Puri

Zucchini is a green, oblong squash that is typically served in savoury dishes. It has a mild taste and the smaller to medium-sized zucchinis have the best flavour.

Low in calories but high in fibre, zucchini contains more potassium than a banana. Loaded with vitamins, minerals, and antioxidants, zucchini is good for the digestive system and eye health.

Zucchini can be eaten raw in a salad or with a dip, but it can also be steamed, sautéed, added to breads, muffins, and pancakes, stuffed with rice and meats, or spiralized into zucchini noodles.

Baked zucchini with herbs and parmesan cheese is a quick and easy side dish, as shown in the zucchini spears with zesty tomato sauce recipe below.

Prep Time: 20 minutes Cook Time: 15 minutes Servings: 4

### **Ingredients:**

- 4 medium-sized zucchinis
- 2 tbsp. olive oil
- 2 tbsp. fresh oregano
- 1 cup finely crushed breadcrumbs
- 1 cup shaved or grated parmesan cheese
- <sup>1</sup>/<sub>2</sub> tsp. salt
- 1/2 tsp. ground black pepper
- 1 tsp. red chilli flakes (optional)

### **Tomato Sauce**

- 1 small can (398 ml) tomato sauce
- 2 cloves garlic, finely chopped
- 8 cherry tomatoes halved
- 2 tbsp. olive oil
- 2 tbsp. oregano
- 1 tsp. sugar
- Salt and pepper to taste

### **Directions:**

- 1. Preheat oven to 450 degrees Fahrenheit.
- 2. Rinse the zucchini and pat dry with a paper towel. Place the zucchini on a cutting board, trim the ends off, and then slice into four pieces lengthwise.



- 3. Place the zucchini spears on a foil-lined baking sheet, drizzle with olive oil, and then sprinkle with salt, pepper, and oregano. Next sprinkle the breadcrumbs evenly over the zucchini followed by the parmesan cheese and red chilli flakes if using.
- 4. Place the zucchini on the middle rack of the oven and bake for 12 minutes uncovered. Make sure not to overcook the zucchini as it will turn mushy.
- 5. To make the tomato sauce add olive oil to a small pan over medium heat. Add the chopped garlic and sauté for about a minute, then add the cherry tomatoes and oregano. Sauté for another couple of minutes and then add the tomato sauce, salt, pepper, and the sugar. Simmer until the sauce starts to thicken and then remove from heat.

To serve, place the zucchini spears on a platter and pour some of the tomato sauce over it. Leftover tomato sauce can be stored in the fridge in an airtight container for a couple of days.

Bon Appétit!

# BUSINESS CLASSIFIEDS For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in New Brighton. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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**NEW BRIGHTON MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

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**NEW BRIGHTON CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around New Brighton. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

HERITAGE WEST PLUMBING AND HEATING: Furnace, boilers, and tankless repairs, servicing and replacements.

5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

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