

AUGUST 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

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New Patients Welcome

NEW BRIGHTON COMMUNITY ASSOCIATION TEAM

www.ournewbrighton.ca

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President	John Lee
Vice President	Nathan Greener
Treasurer	Melike Tasdelen
Secretary	John Duta
Student Correspondent	Nicholas Nistor

Don't Be Shy, Give Us a Try

We hope you all have an awesome summer, and we know you plan on taking on a lot of projects starting this coming fall. So, if you want to be part of an awesome team and meet all the public offices representatives, you should consider joining the New Brighton Community Association Board.

We are looking for people who are willing to volunteer their time while learning new things and expanding their network, people who want to make a difference for the community. One voice or one rant on social media will not get anything done, if you really want to make a difference for you and for the people around you, join our team and get a stronger voice.

They say volunteering is good for your soul so why not make a difference here, in your community? Send us a line and let's take it from there, contact@ournewbrighton.ca.

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Just Moved to New Brighton? You Need to Try Our New Brighton Tool Shed

Do you have a special project that requires a few tools just for one time use? Or maybe you don't have a full inventory of gardening tools in your house. Check the Tool Shed and see if you can find what you need here, in your community, free of charge (some premium tools require you to hold a NBCA membership). Check all the details on www.ournewbrighton.ca/tool-shed/.

As a part of a joint program between the Community Association and the Residents Association (NBCA and NBRA) our community is fortunate to have a Tool Shed for all the residents to use. We try to add more tools to the inventory based on your requests and on the available funding we can find out there.



**SCAN HERE TO VIEW ADDITIONAL
NEW BRIGHTON CONTENT**

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



GAMES & PUZZLES

Guess the Musical!

1. The 1962 version of this modern-day Romeo and Juliet story received 10 Oscars.
2. This musical of a masked, disfigured virtuoso holds the record for the most performances on Broadway.
3. Jennifer Hudson won an Oscar for her role as Effie White in this movie also featuring Beyoncé.
4. Pop sensation Dame Oliva Newton-John starred in this 1950s-inspired musical comedy.
5. Canadian actor Ryan Gosling stars in this romantic musical.
6. This heartwarming movie is based on the real-life story of the Von Trapp family.



SCAN THE QR
CODE FOR THE
ANSWERS!

Summer Skies in New Brighton

Article provided by our student correspondent Nicholas N.



Have you taken a moment to look outside this summer? And I mean really look outside - pay attention to the way the clouds move, the way the wind blows, and the colours in the sky? If you find yourself in New Brighton, you'll be treated to some of the most breathtaking skies imaginable. As the sun fades into the night, the sky is painted with hues of orange and dark blue, creating a magical, almost surreal atmosphere. Nightly walks along the bell tower pond are an amazing experience, as every night is different, with the rippled pond reflecting the sky's early colours.

As the night progresses, the skies remain orange and blue, offering a perfect backdrop for the bell tower and any photo subjects. After sunset, the real spectacle begins. Nightfall in New Brighton is a mesmerizing display, with the sky transforming into a canvas of reds, purples, and golds but not to the naked eye. If you are passionate about night photography, prepare yourself, the views are like nothing else. On rare occasions, you might even catch a glimpse of the northern lights right from the bell tower, or even your backyard.

On clear nights, the beauty doesn't fade. The night sky, free from city light pollution, reveals a stunning array of stars. The Big and Little dipper often make an appearance, adding to the charm of our night skies. Whether it's dawn, dusk, or night, the skies of New Brighton never fail to captivate and inspire those who witness their beauty.

BRAIN GAMES

SUDOKU

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SCAN THE QR CODE
FOR THE SOLUTION



The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca.

Room Rental Hourly Rate

Banquet Room (Capacity of 100)

1,350 Sq Ft

Resident Rate: \$88 plus GST hourly

Brookfield Rate: \$93 plus GST hourly

Non-Resident Rate: \$98 plus GST hourly

Studio Room (Capacity of 35)

462 Sq Ft

Resident Rate: \$52 plus GST hourly

Brookfield Rate: \$57 plus GST hourly

Non-Resident Rate: \$62 plus GST hourly

Board Room (Capacity of 15)

300 Sq Ft

Resident Rate: \$42 plus GST hourly

Brookfield Rate: \$47 plus GST hourly

Non-Resident Rate: \$52 plus GST hourly

Rental Packages

Dazzling Baby Shower Package (Banquet Room) Capacity of 100

Resident Rate: \$215 plus GST for two hours

Brookfield Rate: \$225 plus GST for two hours

Non-Resident Rate: \$235 plus GST for two hours

The Dazzling Baby Shower Package Includes:

- Two hours in the Banquet Room
- Baby Shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Two Baby Shower games
- Setup and tear down of the tables and chairs

Platinum Birthday Package (Studio Room) Capacity of 35

Resident Rate: \$175 plus GST for two hours

Brookfield Rate: \$185 plus GST for two hours

Non-Resident Rate: \$195 plus GST for two hours

The Platinum Birthday Package Includes:

- Two hours in the Studio Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- One game and craft
- Setup and tear down of the tables and chairs

Deluxe Birthday Party Package (Banquet Room) Capacity of 100

Resident Rate: \$300 plus GST for two hours

Brookfield Rate: \$310 plus GST for two hours

Non-Resident Rate: \$320 plus GST for two hours

The Deluxe Birthday Party Package Includes:

- Two hours in the Studio Room
- Choice of bouncy castle, piñata, or craft during your party
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Setup and tear down of the tables and chairs



NEW BRIGHTON CLUBHOUSE

2 New Brighton Drive SE, Calgary, AB, T2Z 4B2

Open 9:00 am to 9:00 pm Monday to Sunday

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FIND IT FAST!

NEW BRIGHTON RESIDENTS ASSOCIATION
(RENTING/PROGRAMS)

C/O New Brighton Clubhouse

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📞 403-781-6613 📠 403-781-6611

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NEW BRIGHTON



RESIDENTS ASSOCIATION

2 New Brighton Drive SE

Calgary, Alberta T2Z 4B2

Phone: 403-781-6613

Fax: 403-781-6611

Office Hours: 9:00 am to 9:00 pm

Park Hours: 9:00 am to 9:00 pm

Statutory Holiday Office and Park Hours: 11:00 am to 6:00 pm

CONTACT US AT:

Acting General Manager

Jennifer Strickland • gm@nbra.ca

Facility and Amenities Leader

Douglas Allan • maintenance@nbra.ca

Customer Service Leader

Claire Lee • rentals@nbra.ca

Program Coordinator

Olatide Olaloku • programs@nbra.ca

Special Events Coordinator

Danny Markle • events@nbra.ca

Sponsorship Opportunities

Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Special Events Coordinator by emailing events@nbra.ca or calling 403-781-6613, ext. 3.

The detailed catalogue can be found on www.newbrighton-connect.com.

A very special thank you is extended to our current sponsors: NAIAD, Rachel Mah Poy Desjardins Insurance Agent, Kilt & Caber, Find Your Nook YYC, and Servus at 130 Ave.

Special Events

Movie in the Park

August 15 from 7:00 to 9:00 pm

Movie: *Shrek*

Grab your family and bring your blanket to the Clubhouse for a wonderful movie-watching experience under the beautiful night sky! Popcorn and refreshments will be provided to enhance your experience! RSVP is required. Please call 403-781-6613, ext.1 to register.

NBRA Beer Gardens

August 23 from 5:00 to 10:00 pm

Satisfy your thirst with unique drinks from local breweries, enjoy great food from trucks on-site, and get to know your neighbours!

Drink tickets will be \$8 and can be purchased with cash inside the Beer Gardens area (Tennis Courts) or inside the NBRA Clubhouse using debit/credit. RSVP is required. Please call 403-781-6613, ext. 1 to register.

Every attendee who enters the Beer Gardens Area must show valid Government Issued ID.

Please drink responsibly.

Designated drivers are encouraged and will be provided with complimentary non-alcoholic beverages.

NBRA 4th Annual Golf Tournament

September 7 from 12:30 to 8:00 pm

The NBRA is back after a fantastic second year to host the 4th Annual Golf Tournament! Hosted at the beautiful McKenzie Meadows Golf Club on Sunday, September 7, teams of four will have the opportunity to compete for

amazing prizes and enjoy a delicious banquet dinner. Start practicing your swing now as the winners of this tournament are featured on the NBRA Golf Trophy that is placed in the Clubhouse Trophy Case!

Grand South Christmas Market

November 15 from 10:00 am to 3:00 pm

The NBRA is proud to be a part of the Grand South Christmas Market again in 2025! A wide variety of vendors will be at the NBRA Clubhouse to help get holiday shopping done early while supporting local artisans, home-based businesses, and crafters of all varieties! Vendor registration for this event will open on Wednesday, September 10 at noon. If you would like to be reminded when registrations open, please email events@nbra.

Children and Adult Programs

Mini Art Camp

Summer: August 16 from 1:00 to 4:00 pm

Ages 8 to 15 years

The Mini Art Camp program is where young minds dip their brushes into the colours of inspiration. Here, children's artistic journey will be guided by experienced mentors, allowing their imagination to take flight. Through a blend of hands-on activities, interactive workshops, and a whole lot of fun, the instructor will nurture students' talents and ignite their passion for art. Join us for an unforgettable summer filled with masterpieces, friendships, and endless smiles!

Residents: \$110 | Non-Residents: \$125

Babysitter's Course

Summer: August 16 from 9:00 am to 4:00 pm

Ages 11 to 16 years

The Babysitting Course, refreshed and revised, now has a greater emphasis on First Aid skills. The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children.

Residents: \$100 | Non-Residents: \$115

Basketball Mini Camp

Summer: August 18 to August 21 from 1:00 to 4:00 pm

continued on next page

NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED

Dribbling, passing, and making the shot is a great way to enhance your child's summer! Develop your skills with this street ball inspired class! Learn the game, tips, tricks, and fundamentals that will allow you to dominate the courts! The aim is to create and expand on the love of the game leaving your little one with new skills and interests in the sport of basketball. Kids will also get two take-home items.

Residents: \$180 | Non-Residents: \$195

Tennis – All Levels

Fall Session 1: September 8 to October 6

Ages 5 to 9 - 4:30 to 5:20 pm

Ages 10 to 15 - 5:30 to 6:20 pm

Ages 16+ - 6:30 to 7:30 pm

This program will provide the basic skills, techniques, and drills required to help individuals develop and grow all aspects of the game. Creating a fundamental building block that allows participants to see improvements in both their comfort levels and overall abilities on the courts. This program runs on Mondays and Wednesdays.

Residents: \$160 | Non-Residents: \$175

For more information on these programs, and all programs at the New Brighton Clubhouse, please visit www.newbrighton-connect.com.

Value Added Activities

New Brighton Seniors Card Club

September 11, 18, and 25 from 1:30 to 3:30 pm

*Seniors card club breaks for the summer. Sessions will begin again in September.

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything that the NBRA has to offer.

\$2 drop-in.

Tot Time

September 17 from 1:30 to 3:00 pm

*Tot time breaks for the summer. Sessions will begin again once a month in September.

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

Tween's Night Out

10 to 14 years

September 5 from 7:00 to 8:30 pm

*Tween Night breaks for the summer. Sessions will begin again in September.

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

Movie in the Clubhouse

September 19 from 7:00 to 8:30 pm

*Movie in the Clubhouse pauses over the summer and will return in September.

Join the NBRA this month for an exciting evening of family fun with movies curated just for you! Indulge in freshly popped theater style popcorn, pop, and a hit movie, all for the low price of \$5 for the entire family! \$5 per family. RSVP is required.

Babysitting Night

Ages 2 to 10

September 20 from 5:00 to 8:30 pm

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and a drink will be offered during the evening. Please feel free to pack a nut-free snack/drink for your child(ren) should they need more.

Resident Rate: \$25 | Non-Resident Rate: \$30

Canvas Creations (18+)

September 12 from 7:00 to 8:30 pm

Participants learn the technique behind different painting styles and get in touch with their inner artist while visiting with friends and meeting new ones!

Residents: \$35 | Non-Residents: \$45

Also Available at the NBRA

Popcorn Packs

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)

- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on August 21. Packs will be available for pick up at the Clubhouse on Friday, August 22 from 5:30 to 8:30 pm.

Take Action on Radon

Did you know that radon is an invisible, radioactive gas that come from the ground? The NBRA is excited to announce that Radon Test Kits are now available in the main office for \$42.95 + GST.

If you would like more information on the kits or radon, please call 403-781-6613 ext. 1 or email admin@nbra.ca.

Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

Price List

- Small \$30
- Medium \$35
- Large \$40

Order Due Date	Delivered to the Clubhouse
August 12 by noon	August 22
September 9 by noon	September 19
September 30 by noon	October 10

Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools to meet your landscaping, snow removal, home improvement, DIY, and automotive needs! This is a service for all New Brighton

Residents over the age of 18, with more perks available to those who also have a valid NBCA membership. Purchase an NBCA Membership for only \$20! With the NBCA you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com! No need to make an appointment, the NBRA Tool Shed is open Monday to Sunday from 9:30 am to 8:30 pm, come by during those times to borrow the tool of your choice.

The New Brighton Residents Association is happy to host “The New Brighton Game Hub”, which is a board game lending library consisting of over 50 games that can be



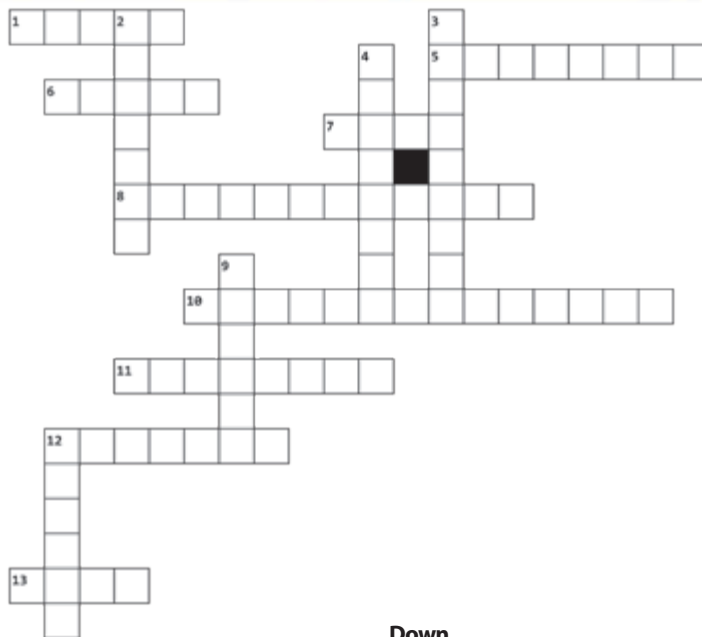
borrowed by residents for a fun game night! The library hosts a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels. This is a free service for all New Brighton

Residents over the age of 18 who are in good standing. Residents aged 12 to 17 years old may also borrow games; however, they must play the game on-site while visiting the NBRA Clubhouse. Please visit www.newbrighton-connect.com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select “the New Brighton Game Hub” as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a first-come, first-serve basis. The New Brighton Game Hub is available between 9:30 am and 8:30 pm, so come by during those times to borrow the game of your choice!

Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram ([newbrightonclub](https://www.instagram.com/newbrightonclub)), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

August Crossword



Across

1. This classic Disney film about a young deer premiered in August 1942.
5. Canadian astronaut, Chris _____, was born in Sarnia, Ontario on August 29, 1959.
6. Canadian American actor Patrick J. Adams was born on August 27, 1981, in Toronto and is best known for his role as Mike Ross in this legal drama series.
7. *The Wizard of Oz* premiered on August 15, 1939, and was based upon the book written by Lyman Frank _____.
8. English navigator John Rut sent the first known letter from North America in August 1527 while anchored at St. John's, _____.
10. In August 1837, pharmacists John Lea and William Perrins started production of this condiment containing soy sauce and vinegar.
11. People born in August are lucky to have three birthstones to choose from: peridot, spinel, and _____.
12. The _____ Chapel in Vatican City was consecrated by Pope Sixtus IV on August 9, 1483.
13. International _____ Handers Day is observed annually on August 13.

Down

2. In August 2008, the _____ Summer Olympics became one of the most watched television events in history with approximately 4.7 billion viewers.
3. On August 4, 1693, it is believed that Dom Pérignon invented this sparkling wine.
4. Delia Owen's murder mystery novel, *Where the _____ Sing*, was published in August 2018.
9. Usain Bolt won the 200m at this Olympic Games on August 9, 2012, becoming the first man to win both the 100m and 200m at two consecutive Olympics.
12. Inventor Isaac _____ was granted a patent for his eponymous sewing machine on August 12, 1851, revolutionizing garment production.



Visit bit.ly/mycalgary
answers or scan the QR
code for the answers

Curried Shrimp and Mixed Greens Salad

by Jennifer Puri



Food from the sea; shrimp have been a popular food source for a very long time. Shrimp are usually smaller than prawns but are similar in taste and texture.

Quick and easy to cook, shrimp can be found in just about every cuisine and are a popular ingredient in appetizers, salads, soups, pastas, and curries.

Shrimp are also recognized for their nutritional value and are a good source of protein, zinc, iron, vitamin B12, Omega 3, and selenium. They are low in calories, fat, and carbohydrates, and are a healthy food source that can fit well into a balanced diet.

Shrimp are lean and high in protein and can be poached, broiled, sautéed, or grilled. A flavourful curry dressing with shrimp like the one in the curried shrimp and mixed greens salad, also makes a delightful appetizer.

Prep Time: 15 minutes

Cook Time: 0

Servings: 4

Ingredients:

- 1 lb. cooked shrimp (peeled and tails removed)
- ½ cup mayonnaise
- ½ tsp. curry powder
- ⅓ cup Greek yoghurt

- 1 green onion, finely sliced
- 1 celery rib, finely chopped
- ¼ tsp. coarsely ground black pepper
- 2 tbsp. chopped coriander leaves
- 150 gm mixed greens

Direction:

- In a small bowl, blend the mayonnaise, curry powder, Greek yoghurt, celery, green onion, and black pepper.
- Next, add the cooked shrimp and coriander leaves and gently mix together. Cover and place in the refrigerator for at least an hour before serving.
- To serve, divide the mixed greens between four salad bowls. Place the shrimp salad on top and garnish with fresh strawberries, melon, or papaya slices if desired.
- Curried shrimp salad can be served with crackers, on a bun, or wrapped in lettuce leaves.

Bon Appétit!



Accidental Poisoning

by Alberta Health Services



Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the

home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle
- Install child locks on all cabinets, or drawers where medications are stored

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups
- Promptly dispose of any medications or toxic household products no longer in use

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers
- Install child latches on cabinets children might also access by climbing on counters or chairs
- Label all plants in and around your home and garden
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

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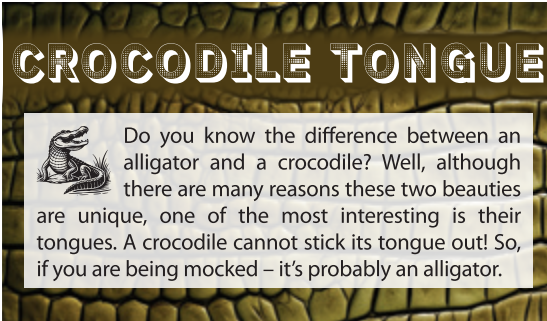
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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CROCODILE TONGUE

Do you know the difference between an alligator and a crocodile? Well, although there are many reasons these two beauties are unique, one of the most interesting is their tongues. A crocodile cannot stick its tongue out! So, if you are being mocked – it's probably an alligator.

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- Steph C.

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WORD OF THE MONTH

Galumph: Verb
(guh-LUMF)

To move in a noisy or awkward style.



They galumphed around the living room looking for Sara's phone.

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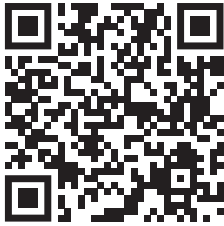
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