

MARCH 2025

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New Patients Welcome

NEW BRIGHTON COMMUNITY ASSOCIATION TEAM

www.ournewbrighton.ca

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You Can Do More for Our Community

We, as a Board of Directors, are as strong as all the individual strengths of our members put together. Join the New Brighton Community Association and you will get to know more about what's happening in the community.

You can be part of interesting projects that will brighten the life of our community. You can connect with people and public offices by representing the community, by being more than just an individual. This is a place where you can make a difference for more than just your family – you can “grow” a project and see neighbours benefiting from it.

You can check out some of our past projects and you can read more details about the board on our website at ournewbrighton.ca. Thanks for reading and don't be shy, give us a try.

NEW PATIENTS ARE ALWAYS WELCOME!

For your convenience we accept **direct billing** and follow the **ADA Fee Guide**.

- Family Dentistry - We Love Kids!
- Oral Exams and Dental Cleanings
- Digital X-rays and Impressions
- iTero Wellness Intraoral Scans
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- Same Day Emergencies



Our Clinic Hours of Operation

Mon. & Tues: 9:30am - 6:00pm
 Wed. & Thurs: 7:30am - 4:00pm
 Friday: 9:00am - 3:00pm
 Sat. (2/mo): 8:00am - 3:00pm



Dr. Munjot Dosanjh + Associates

1035 New Brighton Dr SE Unit 102, Calgary, AB
 403-475-1981 | newbrighton@treccental.com



**SCAN THE QR CODE
 TO REQUEST YOUR
 APPOINTMENT.**

New Brighton Tool Shed - Spring is Coming



Worried about how you will clean your lawn and how you will give it a good start in the spring? We hope you will take full advantage of the tools available in the community Tool Shed inventory. Check the "Tool Shed" page on ournewbrighton.ca and click on the inventory link to see the wide array of tools you can use free of charge.

Imagine that your lawnmower breaks down and you want to take your time to find a good deal for your next purchase. The Tool Shed can give you peace of mind until you find the best deal - just borrow the lawnmower from the Tool Shed anytime you want to cut your grass. There are tools for all seasons and for a wide variety of projects, just have a look.

For the residents who are not familiar with the Tool Shed project in our community – the Tool Shed is an inventory of tools that you can borrow, free of charge, from the community centre. If there is a particular tool that you need once a year and you don't want to buy and store it, the Tool Shed is the solution for you. For a few more expensive premium tools, you need to purchase the New Brighton Community Association membership, this way we can have more money towards new tools and repair/replacement of the broken ones.

Safety Tip – Overnight Lights

The overnight lights in front of your house are essential in making thieves feel uneasy and move on. With the LED low consumption lightbulbs, it is not a big expense to have them turned on overnight. We've received some emails from residents whose streets are pitch black at night, and they associated that with frequent robberies in the area. Set your lights on a timer to keep the house brighter. It is a small investment that can have a big impact on the overall safety of your house and your neighbourhood.

Don't forget about the 9pm routine– take a tour around your property, check if you locked the cars on the drive, check all the doors and windows, and don't make life easy for the bad guys. Let's all stay safe and protect each other.

The 9 p.m. Routine

Every night
at 9 p.m.:

Remove keys, wallets, cash, garage door openers and other valuables from vehicles.

Ensure vehicle and home windows are shut (and locked, if possible).

Turn on outside lights.

Close overhead garage doors.

Close and lock doors on vehicles and homes.



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Age-Friendly Calgary Essential Numbers for Seniors in Calgary

9-1-1 Emergency (24-Hour)	403-SENIORS (403-736-4677) The Way In
For EMERGENCY medical, fire, and police response. Call the non-emergency police line at 403-266-1234 to report an incident that is not an emergency.	Information, advice, and help accessing programs and benefits for older adults.
8-1-1 Health Link (24-Hour)	403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)
Health advice (including dementia advice) from a registered nurse.	Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).
3-1-1 City of Calgary (24-Hour)	403-943-1500 Access Mental Health
Information on all City of Calgary services. www.calgary.ca .	Non-urgent advice on navigating the addiction and mental health system.
2-1-1 Community Resources (24-Hour)	403-705-3250 Elder Abuse Resource Line (24-Hour)
Information and referrals for community and social services. www.ab.211.ca .	Confidential information and support, or to report a suspected case of elder abuse.
Telephone language interpretation service available on all lines.	

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Epilepsy Awareness Month

Shine a Light on Epilepsy

MARCH 26
Purple Day



Light up the Night in Violet Vibes! Light up your homes, offices, and public spaces in purple to show your solidarity.

Dress in Grape Glory! Show your support by wearing purple clothing or accessories on March 26th.

Spark a Purple Revolution! Be a part of the change! Donate or start a fundraiser.



epilepsycalgary.com

Share your purple moments using **#postyourpurple**



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- Steph C.

Helping Families Stay Healthy for a Lifetime



Burns and Scalds

by Alberta Health Services

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe. The deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over-the-counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.



- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.



Golf Course Lifestyle with Mountain Views

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The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca.

Room Rental Hourly Rate

Banquet Room (Capacity of 100)

1,350 Sq Ft

Resident Rate: \$88 plus GST hourly

Brookfield Rate: \$93 plus GST hourly

Non-Resident Rate: \$98 plus GST hourly

Studio Room (Capacity of 35)

462 Sq Ft

Resident Rate: \$52 plus GST hourly

Brookfield Rate: \$57 plus GST hourly

Non-Resident Rate: \$62 plus GST hourly

Board Room (Capacity of 15)

300 Sq Ft

Resident Rate: \$42 plus GST hourly

Brookfield Rate: \$47 plus GST hourly

Non-Resident Rate: \$52 plus GST hourly

Rental Packages

Essential Birthday Package (Studio Room)

Capacity of 35

Resident Rate: \$118 plus GST for 2 hours

Brookfield Rate: \$128 plus GST for 2 hours

Non-Resident Rate: \$138 plus GST for 2 hours

The Essential Birthday Package Includes:

- Two hours in the Studio Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Setup and teardown of the tables and chairs

Deluxe Birthday Party Package (Banquet Room)

Capacity of 100

Resident Rate: \$300 plus GST for 2 hours

Brookfield Rate: \$310 plus GST for 2 hours

Non-Resident Rate: \$320 plus GST for 2 hours

The Deluxe Birthday Party Package Includes:

- Two hours in the Banquet Room
- Choice of bouncy castle, piñata, or craft
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Setup and teardown of the tables and chairs

Baby Shower Package (Studio Room)

Capacity of 35

Resident Rate: \$118 plus GST for 2 hours

Brookfield Rate: \$128 plus GST for 2 hours

Non-Resident Rate: \$138 plus GST for 2 hours

The Baby Shower Package Includes:

- Two hours in the Studio Room
- Baby shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- One baby shower game
- Setup and teardown of the tables and chairs



NEW BRIGHTON CLUBHOUSE

2 New Brighton Drive SE, Calgary, AB, T2Z 4B2

Open 9:00 am to 9:00 pm Monday to Sunday

www.newbrighton-connect.com

FIND IT FAST!

NEW BRIGHTON RESIDENTS ASSOCIATION

(RENTING/PROGRAMS)

C/O New Brighton Clubhouse

2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2

📞 403-781-6613 📠 403-781-6611

www.newbrighton-connect.com

NEW BRIGHTON



RESIDENTS ASSOCIATION

2 New Brighton Drive SE

Calgary, Alberta T2Z 4B2

Phone: 403-781-6613

Fax: 403-781-6611

Office Hours: 9:00 am to 9:00 pm

Park Hours: 9:00 am to 9:00 pm

Statutory Holiday Office and Park Hours: 11:00 am to 6:00 pm

CONTACT US AT:

General Manager

Clare Lovely • gm@nbra.ca

Facility and Amenities Leader

Andrew Brown • maintenance@nbra.ca

Customer Service Leader

Claire Lee • rentals@nbra.ca

Recreation Leader

Jennifer Strickland • programs@nbra.ca

Special Events Coordinator

Danny Markle • events@nbra.ca

Sponsorship Opportunities

Becoming a sponsor is a great way to get your business noticed throughout the community of New Brighton. There are a variety of sponsorship opportunities available to meet the needs of all businesses! If you are interested in becoming a valued sponsor, please contact the Special Events Coordinator by emailing events@nbra.ca or calling 403-781-6613, ext. 3.

The detailed catalogue can be found on www.newbrighton-connect.com.

A very special thank you is extended to our current sponsors: NAIAD, Rachel Mah Poy Desjardins Insurance Agent, Kilt and Caber, C Can Store, Find Your Nook YYC, and connectFirst at 130 Ave.

Special Events

The Bunny Hop Eggstravaganza

April 12 from 10:00 am to 12:00 pm and 1:00 to 3:00 pm

Bring your basket and bunny hop on down to the Clubhouse to enjoy a variety of Easter crafts, games, and an egg hunt! A special photo booth will be onsite to capture your awesome day with New Brighton's very own Easter Bunny! Remember to hunt for eggs around the Clubhouse and keep your eyes open for golden eggs to win a special prize!

RSVP is required for this event and can be done through the NBRA website's "My Events" section by following the Google Form.

Registration for this event will open March 12 at 9:00 am.

Children and Adult Programs

Safe Tweens

10 to 14 years

Winter Session 2: March 22 from 1:00 to 3:00 pm (Duration two hours)

This course involves safety training and hands on skills for youth in a fun and interactive environment. Classes will teach teens to become aware of the need for solid boundaries, avoid potentially dangerous situations, and teach them to defend against and escape a possible perpetrator. Age appropriate when compared to SafeTeens.

Residents: \$150 | Non-Residents: \$165

Safe Adults

Ages 18+ years

Winter Session 2: March 22 from 10:30 am to 12:30 pm

This popular self-defence class will instill specific strategies and mental skills necessary to avoid a potential attack or escape a determined perpetrator. Participants get to practice the skills in a simulated, safe environment and leave the session with a renewed sense of confidence and peace of mind.

Residents: \$150 | Non-Residents: \$165

Beginner Knitting

Ages 18+ years

Winter Session 2: March 3 to March 24 from 6:00 to 8:00 pm

Cast on, knit stitch, purl stitch, cast off. Learn all the basics of knitting!

Participants choose from many different patterns for their first project. By the end of the session students will have mastered the basics of knitting and will have forged friendships with other budding knitters.

Come out to this fun class and feel the satisfaction of creativity!

Residents: \$85 | Non-Residents: \$100

For more information on these programs, and all programs at the New Brighton Clubhouse, please visit www.newbrighton-connect.com.

Value Added Activities

New Brighton Seniors Card Club

March 6, 13, 20, and 27 from 1:30 to 3:00 pm

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything that the NBRA has to offer.

\$2 drop-in.

Tot Time

March 5, 12, 19, and 26 from 1:30 to 3:00 pm

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

continued on next page

NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED

Tween's Night Out **10 to 14 years**

March 7 from 7:00 to 8:30 pm

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together! The \$2 drop-in fee will include a snack and refreshments!

Please remember to RSVP for this program.

Movie in the Clubhouse

March 28 from 7:00 to 8:30 pm

Join the NBRA this month for an exciting evening of family fun with movies curated just for you! Indulge in freshly popped theater style popcorn, pop, and a hit movie, all for the low price of \$5 for the entire family!

\$5 per family includes fresh theatre style popcorn and drinks.

Babysitting Night

Ages 2 to 10

March 22 from 5:00 to 8:30 pm

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and a drink will be offered during the evening. Please feel free to pack a nut-free snack/drink for your child(ren) should they need more.

Resident Rate: \$25 | Non-Resident Rate: \$30

Canvas Creations (18+)

March 14 from 7:00 to 8:30 pm

Participants learn the technique behind different painting styles and get in touch with their inner artist while visiting with friends and meeting new ones!

Residents: \$35 | Non-Residents: \$45

Jr. Canvas Creations

April 5 from 10:00 am to 12:00 pm

Come for a morning of painting and fun! Children let their imaginations run wild while creating a masterpiece to bring home to show off.

Residents: \$30 | Non-Residents: \$40

Teen Canvas Creations

April 5 from 3:00 to 4:30 pm

Gather your friends together for a fun afternoon of creating and painting in this workshop tailored for teens.

*A light snack and drink are included in class fee.

Residents: \$30 | Non-Residents: \$40

Also Available at the NBRA

Popcorn Packs

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)
- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on March 20. Packs will be available for pick up at the Clubhouse on Friday, March 21 from 5:30 to 8:30 pm.

Take Action on Radon

Did you know that radon is an invisible, radioactive gas that come from the ground? The NBRA is excited to announce that Radon Test Kits are now available in the main office for \$42.95 + GST.

If you would like more information on the kits or radon, please call 403-781-6613 ext. 1 or email admin@nbra.ca.

Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

Price List

Small \$30
Medium \$35
Large \$40

Order Due Date	Delivered to the Clubhouse
March 11 by noon	March 21
April 1 by noon	April 11
May 6 by noon	May 16

One Stop Boxes: A Night of Fun Where the Planning is Done for You!

Looking for a fun family night, where the planning is done for you? The NBRA is excited to offer quarterly "One Stop Boxes" suitable for families of all sizes! The Family Fun Night box is only \$25 and all you have to do is place your order and get ready to unbox your night of fun! The best part about the NBRA's "One Stop Boxes" is that, unlike other box service no subscription is necessary. You can just order the box prior to the order due date.

Boxes are now offered quarterly.

To purchase your box, please call 403-781-6613, ext. 1 or email programs@nbra.ca today!

Family Fun Night Box:

Inside the Family Fun Box you will find games, activities, and recipes to complete with the family to celebrate the season!

April Theme	Order Due Date	Pick Up Date
Easter/Spring	April 10	April 17

Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools to meet your landscaping, snow removal, home improvement, DIY, and automotive needs! This is a service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid NBRA membership. Purchase an NBRA Membership for only \$20! With the NBRA you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com! No need to make an appointment, the NBRA Tool Shed is open Monday to Sunday from 9:30 am to 8:30 pm, come by during those times to borrow the tool of your choice.

The New Brighton Residents Association is happy to host "The New Brighton Game Hub", which is a board game lending library consisting of over 50 games that



can be borrowed by residents for a fun game night! The library hosts a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels.

This is a free service for all New Brighton Residents over the age of 18 who are in good standing. Residents aged 12 to 17 years old may also borrow games; however, they must play the game on-site while visiting the NBRA Clubhouse. Please visit www.newbrighton-connect.com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select "the New Brighton Game Hub" as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a first-come, first-serve basis. The New Brighton Game Hub is available between 9:30 am and 8:30 pm, so come by during those times to borrow the game of your choice!

Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram ([newbrightonclub](https://www.instagram.com/newbrightonclub)), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

Fees

Residents of New Brighton are reminded that the Annual New Brighton Residents Association Fees are due as of April 1, 2025. Packages including the annual renewal notice will be delivered via email (if we have your email address on file) or directly by mail to all New Brighton homes early March. Payments can be made in person at the New Brighton Clubhouse, by cheque, by e-transfer, online (\$5 convenience charges will apply), or over the phone commencing March 1, 2025.

Residents are also reminded that all delinquent accounts paid after April 30, 2025, are subject to interest charges of Prime plus 5% per annum and other charges related to the collection of these fees. If you have not received your package by March 15, 2025, or you have any further questions regarding annual fee payment, please contact the NBRA office at 403-781-6613, ext. 1.

Thank you in advance for your attention to this matter. Please see the timeline and method of payment in the infographic.

continued on next page

NEW BRIGHTON CLUBHOUSE NEWS - CONTINUED



2025/2026 ANNUAL FEE INFORMATION



March 1, 2025
NBRA Annual Fee statements are shared with all homeowners and payment can be made



April 1, 2025
Official due date for the Annual Fees
A 30-day grace period is provided for accounts to be settled



May 1, 2025
Interest of prime + 5% per annum will be charged on the first of each month until the account has been paid in full



May 17, 2025
Homeowners with outstanding account balances will no longer have access to NBRA amenities



July 1, 2025
Outstanding accounts will be sent to Walsh LLP for collections, incurring additional legal fees. The NBRA no longer accepts fee payments directly.

The beginning of a new fiscal year is upon us, along with the collection of NBRA Annual Fees. The infographic above has been created to provide a visual timeline to assist with meeting important deadlines.

If you are unable to meet the timelines, please contact the Customer Service Leader by emailing rentals@nbra.ca to make special arrangements. A payment plan for your 2025/26 NBRA Annual Fees will be tailored to work within your specific circumstances. Those residents who require payment plans, will not incur additional late payment charges or be denied access, so long as the agreement is fulfilled.

5 EASY WAYS TO PAY

For your convenience, we offer the following payment options:



In-Person

Cash, debit and credit card payments can be made at the New Brighton Clubhouse, Monday-Sunday, 9am-9pm.



E-Transfer

Send to rentals@nbra.ca. Please include your full name & New Brighton address. May take up to 48 hours to process. The password must be 'clubhouse' or your e-transfer will not be processed.



Phone

Call 403-781-6613, Ext: 1 to pay with a Visa/Mastercard (with no 3rd party fee) Monday-Sunday, 9am-9pm.



Cheque

Mail or drop off a cheque. Please include your New Brighton address.



Online

Click 'Pay Your Fees' at the bottom of the NBRA website. A \$5 fee applies for using this method.*

*Special Note: The \$5 convenience charge for using the online portal is charged due to third party fees occurred by Visa/MC for online payments and is not additional revenue for the NBRA. These charges can be avoided by pay with options 1-4.

ADDRESS
2 NEW BRIGHTON DRIVE SE
CALGARY, AB T2Z 4B2

WEBSITE
WWW.NEWBRIGHTON-CONNECT.COM

PHONE
403-781-6613 EXT 1

BUSINESS CLASSIFIEDS

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NEW BRIGHTON MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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NEW BRIGHTON CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around New Brighton. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Find Your Next Job at the Youth Hiring Fair – March 27

by *The City of Calgary*

Mark your calendars! The Youth Employment Centre (YEC) is excited to announce the return of the Youth Hiring Fair on Thursday, March 27 at the Big Four Building from 1:30 to 6:00 pm. If you're between the ages of 15 and 24, this event is your opportunity to meet with 80 employers ready to hire for part-time, full-time, permanent, or seasonal positions.

Whether you're starting your job search or advancing your career, the Youth Hiring Fair is the place to be. You'll have the chance to connect directly with employers from various industries offering diverse opportunities for all skill levels.

Before the event, be sure to visit the Youth Employment Centre at 315 – 10 Ave SE to receive free assistance with resume building and interview preparation. Our expert employment counsellors are available to help you build confidence and ensure you're ready to make a strong impression on potential employers.

Don't miss out on this fantastic opportunity to secure your next job. Visit calgary.ca/yechiring for more details!



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