

MARCH 2026

YOUR OFFICIAL COMMUNITY NEWSLETTER

your NEW BRIGHTONbuzz

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www.ournewbrighton.ca

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Be Present, Be Curious, Brighten our Community

You want firsthand information from CPS and City Hall? You want to learn the dos and don'ts when dealing with public projects? Join our Board and extend your knowledge about public offices and how the City works.

We, as a Board of Directors, are as strong as all the individual members put together. Join the New Brighton Community Association and you will get to know more about what's happening in the community. You can be part of interesting projects that will brighten the life of our community. You can connect with people and public offices by representing the community, by being more than just an individual. This is a place where you can make a difference for more than just your family – you can “grow” a project and see neighbours benefiting from it.

You can check some of our past projects and you can read more details about the Board on our website - ournewbrighton.ca. Thanks for reading and don't be shy, give us a try.

New Brighton Tool Shed – Spring is Coming

Worried about how you will clean your lawn and how will you give it good start in the spring? The Tool Shed is here to help. We hope this spring you will take full advantage of the tools available in the community Tool Shed.

We are listening to you, and we are trying to expand the tool inventory based on demand. Check our “Tool Shed” page on ournewbrighton.ca and click on the inventory link to see the wide array of tools you can use free of charge.

Imagine that your lawnmower breaks down and you want to take your time to find a good deal for your next purchase. The Tool Shed can give you peace of mind until you find the best deal, just borrow the lawnmower from the Tool Shed anytime you want to cut your grass. There are tools for all seasons and for a wide variety of projects - just give it a look!

For the residents who are not familiar with the Tool Shed project in our community – the Tool Shed is an inventory of tools that you can borrow, free of charge, from the Community Centre. If there is a particular tool that you need once per year, and you don't want to buy and store, then the Tool Shed is the solution for you. A few premium tools require that you maintain a New Brighton Community Association membership; this way we can have more money towards new tools and replacement of the broken ones.



A Work in Progress



The first stone of the impressive Basílica de la Sagrada Família was laid on March 19, 1882. Designed by architect Antoni Gaudí, this church is still under construction, making it the largest unfinished Catholic church in the world. 144 years in the making and counting!

OFFICIAL



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Safety in Our Community

Overnight Lights and 9:00 pm Routine

Unfortunately, crime is on the rise in our community. Most of the crimes are labelled by CPS as crimes of opportunity because some simple safety habits can deter prowling in our community.

The 9:00 pm routine– take a tour around your property, check if you locked the cars in the driveway, check all doors and windows, and don't make life easy for the bad guys. Let's all stay safe and protect each other.

The overnight lights in front of your house are essential in making thieves feel uneasy and move on. With LED lightbulbs, it is not a big expense to have them on overnight. Streets that are pitch black at night are associated with frequent robberies. Just set your lights on a timer and keep the house brighter. It is a small investment that can have a big impact on the overall safety of your house and your neighbourhood.



OUTDOOR SOCCER 2026 REGISTRATION NOW OPEN!

JOIN US THIS SUMMER

U4 - U8 GIRLS AND BOYS

Soccer is a great way for your kids to have fun, create friendships for life, and build self-confidence!

LEARN MORE
AND REGISTER
TODAY!



How to Call a Family Meeting About Caring for Aging Parents

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



As parents age, families often find themselves facing new responsibilities and having to make practical decisions. Without open communication, caregiving can become stressful, unevenly shared, and full of unspoken expectations. A family meeting can help create clarity, reduce conflict, and ensure everyone is working together with compassion and shared understanding.

Why a Family Meeting Matters

Aging is gradual—until it isn't. A sudden health event can force families into crisis mode. A proactive family meeting allows siblings and parents to talk about preferences, responsibilities, and concerns before decisions become urgent. It also helps prevent one person from carrying the caregiving burden alone.

How to Invite Everyone

Keep the invitation collaborative and future focused. For example: "I've been thinking about how we can best

support mom and dad as they get older. I'd really like us to talk about planning ahead so we're not scrambling later. Could we set aside some time to meet?"

Setting the Tone

Begin with reassurance and shared purpose. Acknowledge that this can be emotional and that everyone has different capacities. Helpful guidelines include listening without interrupting, avoiding blame, and keeping parents' dignity and wishes at the centre of the conversation.

1. Parents' Wishes and Values - If possible, include your parents in the conversation. Discuss where they want to live, what independence means to them, and preferences for in-home care, assisted living, or long-term care. Clarify how they want medical decisions handled if they cannot speak for themselves.

2. Current Needs and Observations - Talk about what is happening now, such as memory changes, mobility issues, driving safety, medication management, emotional wellbeing, and home safety concerns. This is about noticing patterns, not diagnosing.

3. Roles and Responsibilities - Caregiving often becomes uneven by default. Discuss who lives nearby, who has flexible schedules, and who can help with appointments, finances, technology, or emotional support. Focus on realistic capacity and willingness, not obligation.

4. Financial Planning and Boundaries - Money can be sensitive, but avoiding it often leads to resentment. Discuss who manages finances, power of attorney, how care costs will be handled, and whether siblings will contribute financially. Setting clear boundaries helps prevent one person from quietly subsidizing care.

5. Medical and Legal Planning - Consider advance directives, living wills, medical and financial power of attorney, emergency contacts, and end-of-life preferences. Frame these conversations as preparing for peace of mind, not anticipating loss.

6. Communication and Decision-Making - Decide how updates will be shared, who will be the primary contact with healthcare providers, and how decisions will be made. Clear communication reduces misunderstandings and family conflict.

7. Supporting the Caregivers - Caregiving can lead to burnout and resentment. Discuss respite care, taking breaks without guilt, and how siblings can support the primary caregiver.

You do not need to solve everything at once. Summarize key points, identify a few next steps, assign follow-up tasks, and schedule another check-in. End with appreciation for everyone's willingness to engage in this important conversation.

Family meetings about aging parents can bring up old family dynamics and strong emotions. This is normal. The goal is not perfection—it is clarity, shared responsibility, and compassion. Starting the conversation early is one of the most loving steps a family can take.

Cats, Canines, & Critters of Calgary



Archie, Cranston



Cleo, Seton



Dash, Seton



Hannah, Coach Hill



Nola, Mount Pleasant



Oliver, Sage Hill



Paris, Cranston



Sir Pepè, Somerset

To have your pet featured, email news@mycalgary.com

The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca.

Room Rental Hourly Rate

Banquet Room (Capacity of 100 or 80 with Bouncy Castle)

1,350 Sq Ft

Resident Rate: \$88 plus GST hourly

Brookfield Rate: \$93 plus GST hourly

Non-Resident Rate: \$98 plus GST hourly

Studio Room (Capacity of 35)

462 Sq Ft

Resident Rate: \$52 plus GST hourly

Brookfield Rate: \$57 plus GST hourly

Non-Resident Rate: \$62 plus GST hourly

Hockey Rink (Capacity of 75)

1200 Sq Ft

Resident Rate: \$88 plus GST per hour

Brookfield Rate: \$98 plus GST per hour

Non-Resident Rate: \$108 plus GST per hour

Available time slots: Monday to Friday from 9:00 am to 5:00 pm or Saturday to Sunday from 9:00 to 11:00 am.

*Hockey Rink rentals not permitted on statutory holidays or scheduled educational days off.

Rental Packages

Essential Birthday Package (Studio Room)

Capacity of 35

Resident Rate: \$118 plus GST for two hours

Brookfield Rate: \$128 plus GST for two hours

Non-Resident Rate: \$138 plus GST for two hours

The Essential Birthday Package Includes:

- Two hours in the Studio Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Setup and tear down of the tables and chairs

Deluxe Birthday Package (Banquet Room)

Capacity of 100 or 80 with Bouncy Castle

Resident Rate: \$300 plus GST for two hours

Brookfield Rate: \$310 plus GST for two hours

Non-Resident Rate: \$320 plus GST for two hours

The Deluxe Birthday Package Includes:

- Two hours in the Banquet Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)

- Choice of bouncy castle, piñata, or craft during your party
- Setup and tear down of the tables and chairs

Hockey Rink Package (Hockey Rink + Studio Room)

Studio Room: Capacity of 35

Resident Rate: \$118 plus GST for two hours

Brookfield Rate: \$128 plus GST for two hours

Non-Resident Rate: \$138 plus GST for two hours

The Hockey Rink Package Includes:

- One hour on the Hockey Rink
- One hour in the Studio Room
- Includes tables and chairs in the Studio Room
- Fresh Zamboni before rental starts
- Must be rented during available time slots

Rental Add-Ons

- Bouncy Castle (Banquet room only) - \$66 + GST per hour
- Goodie Bags - \$10 + GST each
- Projector - \$77 + GST
- Smart-Screen - \$103 + GST
- Surround Sound \$118 + GST
- Microphone and Surround Sound - \$128 + GST
- Security (required after 8:30 pm) - \$165 + GST
- Music License with Dancing - \$67 + GST
- Music License without Dancing - \$36 + GST

NEW BRIGHTON



RESIDENTS ASSOCIATION

2 New Brighton Drive SE

Calgary, Alberta T2Z 4B2

Phone: 403-781-6613

Fax: 403-781-6611

Office Hours: 9:00 am to 9:00 pm

Stat Holiday Office and Park Hours: 11:00 am to 6:00 pm

CONTACT US AT:

Acting General Manager

Jennifer Strickland • gm@nbra.ca

Facility and Amenities Leader

Douglas Allan • maintenance@nbra.ca

Customer Service Leader

Claire Lee • rentals@nbra.ca

Program Coordinator

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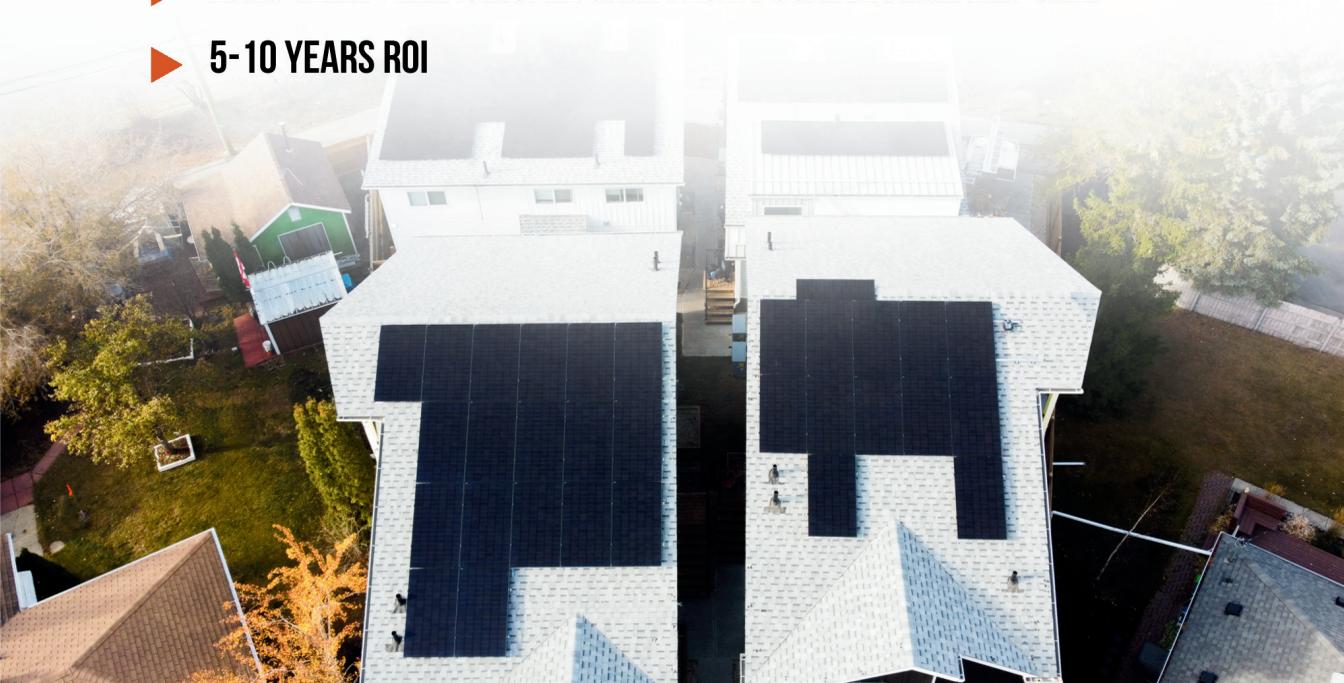
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NEW BRIGHTON CLUBHOUSE

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FIND IT FAST!

NEW BRIGHTON RESIDENTS ASSOCIATION
 (RENTING/PROGRAMS)

C/O New Brighton Clubhouse
 2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2
 ☎ 403-781-6613 📠 403-781-6611
www.newbrighton-connect.com



BRAIN
GAMES

SUDOKU

4		3		1	6			
			4				3	
			9		3		6	4
2			8				1	
3		1				8		5
	4				1			2
1	7		3		9			
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Sponsorship Opportunities

Becoming a sponsor is a great way to make connections with residents and get your business noticed! There are a variety of sponsorship opportunities available to meet the needs of all businesses. If you are interested in becoming a sponsor of the NBRA, please contact the Special Events Coordinator by calling 403-781-6613, ext. 3 or emailing events@nbra.ca.

Want to have your business featured on our ice rink boards? Email events@nbra.ca to discuss rates and terms.

A very special thank you is extended to our current sponsors: Find Your Nook YYC, NAIAD Irrigation Systems, Rachel Mah Poy Desjardins Insurance Agent, and Kilt & Caber Ale House!

Special Events

Bunny Hop Eggstravaganza

Friday, March 28 from 10:00 am to 3:00 pm

Bring your basket and bounce over to the Clubhouse for a day filled with Easter-themed crafts, games, and a thrilling egg hunt! A photobooth will be set up to capture your memories with New Brighton's Easter Bunny. Don't forget to search the Clubhouse for eggs and be on the lookout for golden eggs for a chance to win an extra special prize!

RSVP for this event will open on Wednesday, February 25 at noon.

Comedy at the Clubhouse

Saturday, April 25 from 6:00 to 9:00 pm

Enjoy a night of laughs at the Clubhouse and see one of New Brighton's favourite events! See local comedians, sip cold beverages, and snack on delicious appetizers. Tickets for this event go on sale March 11 at noon, please call 403-781-6613 ext. 1 to purchase tickets while supplies last.

Children and Adult Programs

Literacy Explorers (Grades 1 to 3)

Winter Session 2: March 18 to April 15, 5:30 to 6:30 pm

At Inquisitive Minds, we help children build confidence and a lifelong love of learning. Our Literacy Explorers program includes personalized learning plans and regular progress updates, ensuring every child gets the support they need to succeed.

Residents: \$120

Non-Residents: \$135

Middle School Math (Grades 5 to 9)

Winter Session 2: March 18 to April 15, 10:30 am to 12:30 pm

Inquisitive Minds is dedicated to helping children feel confident and capable in math. Our Math Explorers program combines personalized learning, regular progress updates, and interactive lessons that make math approachable, engaging, and fun.

Residents: \$150

Non-Residents: \$165

Chair Yoga (18+yrs)

Winter Session 2: March 19 to May 7, 11:15 am to 12:00 pm

Chair Yoga is a supportive, low-impact program designed to enhance flexibility, mobility, balance, and relaxation. Using seated and supported standing poses, this class offers a safe and accessible way for adults to enjoy the benefits of yoga, reduce stress, and reconnect with their body in a calm, welcoming setting.

For more information on these programs (and all programs at the New Brighton Clubhouse), please visit www.newbrighton-connect.com.

Residents: \$80

Non-Residents: \$95

Value Added Activities

New Brighton Seniors Card Club

March 5, 12, 19, and 26 from 1:30 to 3:30 pm

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything that the NBRA has to offer.

\$2 drop-in.

Tot Time

March 18 from 1:30 to 3:00 pm

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

Tween's Night Out

10 to 14 Years

March 6 from 7:00 to 8:30 pm

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together!

The \$2 drop-in fee will include a snack and refreshments!

Babysitting Night

Ages 2 to 10 Years

March 21 from 5:00 to 8:30 pm

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and a drink will be offered during the evening. Please feel free to pack a nut-free snack/drink for your child(ren) should they need more. Children must be fully potty trained.

Resident Rate: \$25 | Non-Resident Rate: \$30

Junior Canvas Creations

Ages 6 to 12 Years

March 21 from 10:00 am to 12:00 pm

Come for a morning of painting and fun! Children can let their imaginations run wild while creating a masterpiece to bring home and show off.

*A light snack and juice box are included in class fee.

Residents: \$30

Non-Residents: \$40

Teen Canvas Creations

March 21 from 1:00 to 3:00 pm.

Gather your friends together for a fun afternoon of creating & painting in this workshop tailored for teens.

A light snack and drink are included in the class fee.

Residents: \$30 Non-Residents: \$40

Family Board Game Night

March 20 from 7:00 to 8:30 pm.

Join the NBRA for a fun-filled evening of games, laughter, and connection! Enjoy a relaxed night out where we provide all the games and the fun. Each month, we'll feature five different games for families to learn and play together!

\$5 per family.

Also Available at the NBRA

Popcorn Packs

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)
- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on March 19. Packs will be available for pick up at the Clubhouse on Friday, March 20, 5:30 to 8:30 pm.

Take Action on Radon

Did you know that radon is an invisible, radioactive gas that come from the ground? The NBRA is excited to announce that Radon Test Kits are now available in the main office for \$42.95 + GST.

If you would like more information on the kits or radon, please call 403-781-6613 ext. 1 or email admin@nbra.ca.

Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

Price List

- Small \$35
- Medium \$40
- Large \$45

Order Due Date	Delivered to the Clubhouse
March 10 by noon	March 20
April 14 by noon	April 24
May 5 by noon	May 15

continued on next page

The Good Food Box program, part of the Community Kitchen Program of Calgary, offers affordable boxes of fresh fruits and vegetables to Calgarians and surrounding areas.

Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools! This is a service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid \$20 NBCA membership. With the NBCA, you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com!



Game Hub

The New Brighton Residents Association is happy to host "The New Brighton Game Hub", which is a board game lending library consisting of over 50 games that can be borrowed by residents! The library hosts

a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels. This is a free service for all New Brighton Residents over the age of 18 who are in good standing. Please visit newbrighton-connect.com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select "the New Brighton Game Hub" as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a first-come, first-serve basis.

Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram ([newbrightonclub](https://www.instagram.com/newbrightonclub)), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

Annual NBRA Fees

Residents of New Brighton are reminded that the

Annual New Brighton Residents Association Fees are due as of April 1, 2026. Packages including the annual renewal notice will be delivered via email (if we have your email address on file) or directly by mail to all New Brighton homes in early March. Payments can be made in person at the New Brighton Clubhouse, by cheque, by e-transfer, online (\$5 convenience charges will apply), or over the phone commencing March 1, 2026. Residents are also reminded that all delinquent accounts paid after April 30, 2026, are subject to interest charges of prime plus five percent per annum and other charges related to the collection of these fees. If you have not received your package by March 15, 2026, or you have any further questions regarding annual fee payment, please contact the NBRA office at 403-781-6613, ext. 1. Thank you in advance for your attention to this matter.



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2026/2027 ANNUAL FEE INFORMATION



March 1, 2026

NBRA Annual Fee statements are shared with all homeowners and payment can be made



April 1, 2026

Official due date for the Annual Fees
A 30-day grace period is provided for accounts to be settled



May 1, 2026

Interest of prime + 5% per annum will be charged on the first of each month until the account has been paid in full



May 15, 2026

Homeowners with outstanding account balances will no longer have access to NBRA amenities



July 1, 2026

Outstanding accounts will be sent to Walsh LLP for collections, incurring additional legal fees. The NBRA no longer accepts fee payments directly.

The beginning of a new fiscal year is upon us, along with the collection of NBRA Annual Fees. The infographic above has been created to provide a visual timeline to assist with meeting important deadlines.

If you are unable to meet the timelines, please contact the Customer Service Leader by emailing rentals@nbra.ca to make special arrangements prior to April 15, 2026. A payment plan for your 2026/27 NBRA Annual Fees will be tailored to work within your specific circumstances. Those residents who require payment plans, will not incur additional late payment charges or be denied access, so long as the agreement is fulfilled.

5 EASY WAYS TO PAY

For your convenience, we offer the following payment options:



In-Person

Cash, debit and credit card payments can be made at the New Brighton Clubhouse, Monday-Sunday, 9am-9pm.



E-Transfer

Send to rentals@nbra.ca. Please include your full name & New Brighton property address. May take up to 48 hours to process. The question is "NBRA Building?" & the answer must be "clubhouse" or your e-transfer will not be processed.



Phone

Call 403-781-6613, Ext: 1 to pay with a Credit Card (Visa/Mastercard (with no 3rd party fee) Monday-Sunday, 9am-9pm.



Cheque

Mail or drop off a cheque. Please include your New Brighton address.



Online

Click "Pay Your Fees" at the bottom of the NBRA website. A \$5 fee applies for using this method.*

*Special Note: The \$5 convenience charge for using the online portal is charged due to third party fees occurred by Visa/MC for online payments and is not additional revenue for the NBRA. These charges can be avoided by pay with options 1-4.

ADDRESS
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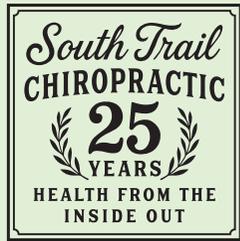
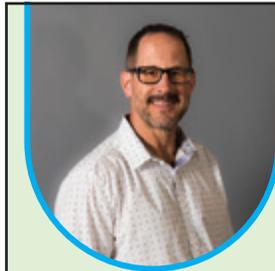
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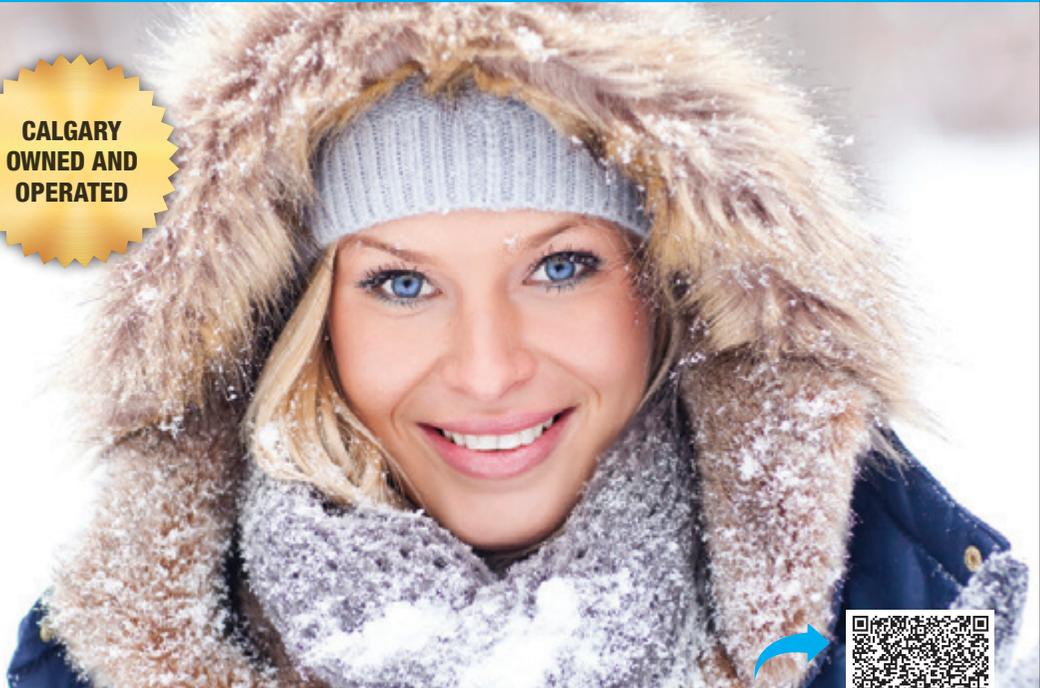


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