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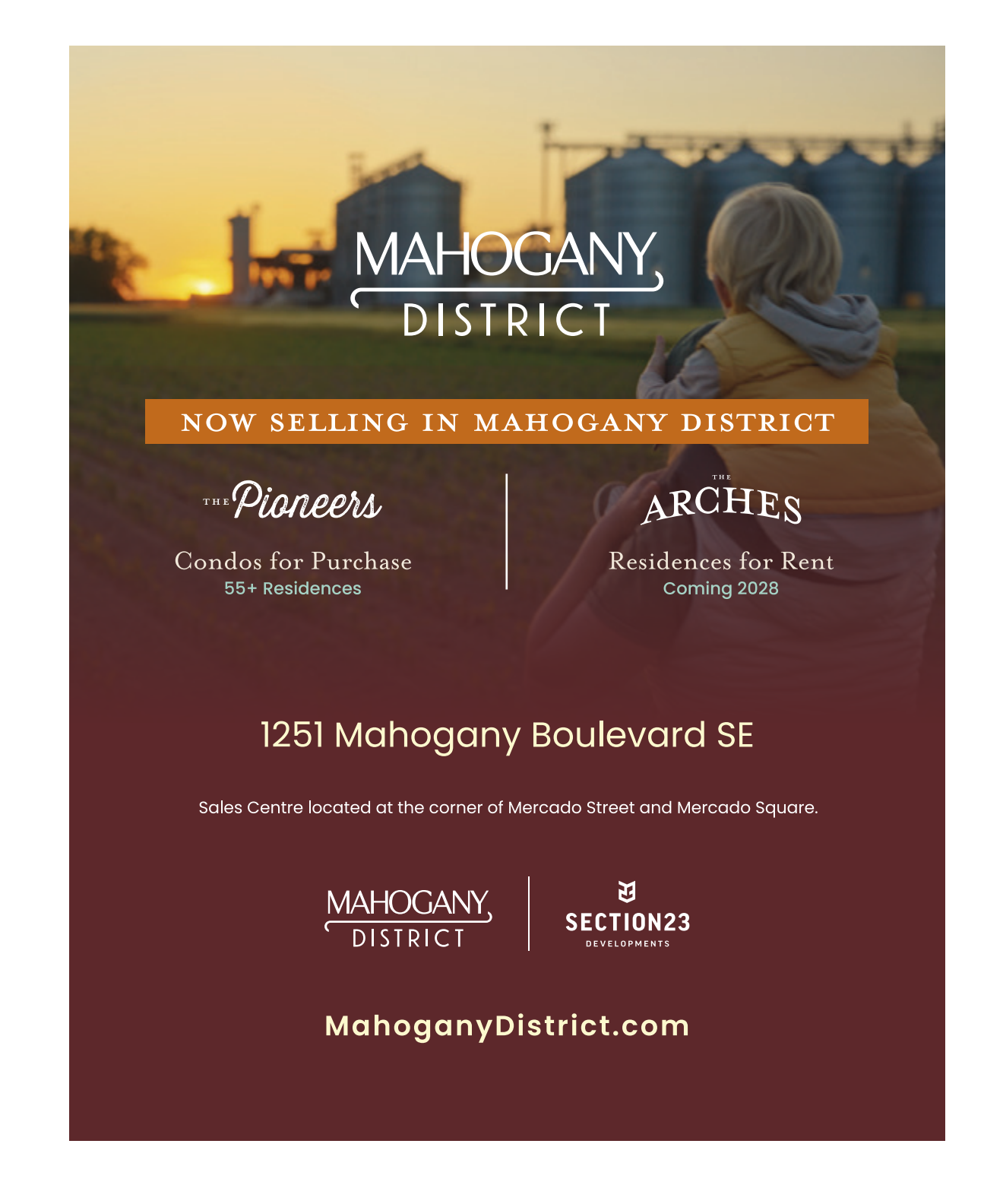
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Safety in Our Community

Overnight Lights and 9:00 pm Routine

Unfortunately, crime is on the rise in our community. Most of the crimes are labelled by CPS as crimes of opportunity because some simple safety habits could deter prowling in our community.

The 9:00 pm Routine—take a tour around your property, check if you locked the cars in the driveway, check all doors and windows, and don't make life easy for the bad guys. Let's all stay safe and protect each other.

The overnight lights in front of your house are essential in making thieves feel uneasy and move on. With LED lightbulbs, it is not a big expense to have them on overnight. Streets that are pitch black at night are associated with frequent robberies. Just set your lights on a timer and keep the house brighter. It is a small investment that can have a big impact on the overall safety of your house and your neighbourhood.



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Tool Shed for All Seasons

We hope this summer you will take full advantage of the tools available in the Community Tool Shed. We are continuously trying to expand the tool inventory based on the demands from the community. Check our "Tool Shed" page on ournewbrighton.ca and click on the inventory link to see the wide array of tools you can use free of charge.

We have a lot of new neighbours in the community and some of them may need tools for different projects. If your new neighbour asks you about the best places to buy tools or wants to borrow something from you, you can tell them we have a Tool Shed they can use free of charge. The Tool Shed can give you peace of mind until you find the best deal—just borrow the lawnmower from the Tool Shed anytime you want to cut your grass. There are tools for all seasons and all kind of projects.

Thanks everyone for taking pride in your house and your lawn appearance, and for making our community brighter.

Be Present, Be Curious, Brighten our Community

You want to learn more about your community? You want to learn the dos and don'ts when dealing with public projects and events? How about joining our Board and extend your knowledge about how things happen? We cannot do this without community support. We, as a Board of Directors, are as strong as all the individual members put together. You can be part of interesting events that will brighten the life of our community. You can connect with people and public offices by representing the community, by being more than just an individual. This is a place where you can make a difference for more than just your family—you can "grow" an event and see the community benefiting from it. You can check some of our past projects and you can read more details about the Board on our website, Facebook page, and now our Instagram page—ournewbrighton.ca.



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SAFE AND SOUND

Back to School Safety

by Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play—road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean a bus is slowing down to stop—motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights—unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

A Small Act of Kindness Can Change a Day

by Rebecca Pink, Registered Provisional Psychologist



Kindness may seem like a simple gesture, but I believe that it's one of the most powerful things we can offer another human being and ourselves.

We live in a world that moves quickly. We are often rushing from one responsibility to the next, reacting instead of pausing, making assumptions instead of asking questions. It's easy to forget that every person

we encounter is carrying a story that we know nothing about.

The person that seems impatient may be overwhelmed. The friend who's been quiet may be grieving or dealing with things privately. The parent who appears distracted may be carrying worries they haven't shared with anyone. Even the people who seem to have it together may be quietly fighting battles no one else can see. The truth is that we are all living complex realities. That is why kindness matters so much.

Kindness isn't about having the perfect words or fixing someone else's problems. Sometimes it's a smile, a little extra patience, a warm greeting, a great big hug, or choosing compassion over criticism. Sometimes it's simply giving someone the benefit of the doubt and being open to their perspective and being aware of subjective realities. Perhaps the person who needs that kindness today is you.

We can be incredibly generous with others while being our harshest critic. What if we extended ourselves the same grace we so willingly offer those we love, respect, and care for? Imagine what could happen if each of us choose kindness first. Every person is carrying a story and lived experiences that we may never fully understand. We may not know what someone else is carrying, but we can always decide how we show up. Kindness, no matter how small, has a way of reaching further than we realize. Sometimes the smallest moments of compassion are the ones that stay with us the longest.

Take good care.

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The New Brighton Clubhouse is now accepting facility bookings and has a variety of rental packages available to meet the needs of all ages, party sizes, and budgets! For more information and availability on rooms, please contact 403-781-6613 ext. 5 or email rentals@nbra.ca

Room Rental Hourly Rate

Banquet Room (Capacity of 100 or 80 with Bouncy Castle)

1,350 Sq. Ft.

Resident Rate: \$88 plus GST hourly

Brookfield Rate: \$93 plus GST hourly

Non-Resident Rate: \$98 plus GST hourly

Studio Room (Capacity of 35)

462 Sq. Ft.

Resident Rate: \$52 plus GST hourly

Brookfield Rate: \$57 plus GST hourly

Non-Resident Rate: \$62 plus GST hourly

Board Room (Capacity of 8)

300 Sq. Ft.

Resident Rate: \$42 plus GST hourly

Brookfield Rate: \$47 plus GST hourly

Non-Resident Rate: \$52 plus GST hourly

Rental Packages

Essential Birthday Package (Studio Room)

Capacity of 35

Resident Rate: \$118 plus GST for two hours

Brookfield Rate: \$128 plus GST for two hours

Non-Resident Rate: \$138 plus GST for two hours

The Essential Birthday Package Includes:

- Two hours in the Studio Room
- Party supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- Set up and tear down of tables and chairs

Wedding Package (Banquet and Board Room)

Banquet Room Capacity of 100

Board Room Capacity of 15

Resident Rate: \$965 plus GST for all day

Brookfield Rate: \$1,065 plus GST for all day

Non-Resident Rate: \$1,165 plus GST for all day

The Wedding Package Includes:

- All day (9:00 am to 1:00 am) in Banquet and Board Room
- One hour slot for photos outside
- After hour event cleanup
- Music licence

- Special gift for the couple
- After hours security fee

Baby Shower Package (Studio Room)

Capacity of 35

Resident Rate: \$118 plus GST for two hours

Brookfield Rate: \$128 plus GST for two hours

Non-Resident Rate: \$138 plus GST for two hours

The Baby Shower Package Includes:

- Two hours in the Studio Room
- Baby Shower supplies (banner, cups, tablecloths, balloons, napkins, plates, and cutlery)
- One Baby Shower game
- Setup and teardown of the tables and chairs

Rental Add-Ons

- Projector: \$77 plus GST
- Smart-Screen: \$103 plus GST
- Surround Sound: \$118 plus GST
- Microphone and Surround Sound: \$128 plus GST
- Goodie Bags: \$10 each
- Bouncy Castle (Banquet Room only): \$66 plus GST hourly
- Security (required after 8:30 pm): \$165 plus GST (flat rate)
- Music License with Dancing: \$67 plus GST
- Music License without Dancing: \$36 plus GST

NEW BRIGHTON RESIDENTS ASSOCIATION



2 New Brighton Drive SE

Calgary, Alberta T2Z 4B2

Phone: 403-781-6613

Fax: 403-781-6611

Office Hours: 9:00 am to 9:00 pm

Stat Holiday Office and Park Hours: 11:00 am to 6:00 pm

CONTACT US AT:

General Manager

Clare Lovely • gm@nbra.ca

Facility and Amenities Leader

Douglas Allan • maintenance@nbra.ca

Customer Service Leader

Claire Lee • rentals@nbra.ca

Recreation Leader

Jennifer Strickland • programs@nbra.ca

Special Events Coordinator

Danny Markle • events@nbra.ca

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Sponsorship Opportunities

Becoming a sponsor is a great way to make connections with residents and get your business noticed! There are a variety of sponsorship opportunities available to meet the needs of all businesses. If you are interested in becoming a sponsor of the NBRA, please contact the Special Events Coordinator by calling 403-781-6613, ext. 3 or emailing events@nbra.ca.

Want to have your business featured on our ice rink boards? Email events@nbra.ca to discuss rates and terms.

A very special thank you is extended to our current sponsors: Find Your Nook YYC, NAIAD Irrigation Systems, Rachel Mah Poy Desjardins Insurance Agent, and Kilt & Caber Ale House!

Special Events

NBRA Fifth Annual Golf Tournament September 13 from 12:00 to 8:30 pm

The NBRA is back after a fantastic year to host the 5th Annual Golf Tournament! Hosted at the beautiful McKenzie Meadows Golf Club on Sunday, September 13, teams of four will have the opportunity to compete for amazing prizes and enjoy a delicious banquet dinner. Start practicing your swing now as the winners of this tournament are featured on the NBRA Golf Trophy that is placed in the clubhouse trophy case! Team entries are now being accepted, and the registration package can be found on newbrighton-connect.com.

Halloween Spooktacular Saturday, October 24

Do you have what it takes to walk through the haunted halls of the New Brighton Clubhouse?

The NBRA is calling all goblins and ghouls to join in on the fun at the Clubhouse on October 24. There will be two time slot options—morning from 10:00 am to 12:00 pm, or afternoon 1:00 to 3:00 pm. Come enjoy scares, a photobooth, games, crafts, and lots of candy!

RSVP for this event will open on October 1 at noon and will be completed by a Google Form on newbrighton-connect.com.

Grand South Christmas Market November 14 from 10:00 am 3:00 pm

The NBRA is proud to be a part of the Grand South Christmas Market again in 2026! A wide variety of

vendors will be at the NBRA Clubhouse to help get holiday shopping done early while supporting local artisans, home-based businesses, and crafters of all varieties! Vendor registration for this event is open now and you can email events@nbra.ca to receive a registration form or visit newbrighton-connect.com.

Children and Adult Programs

Tennis—All Levels

Ages 5 to 9 years | 4:30 to 5:20 pm

Ages 10 to 15 years | 5:30 to 6:20 pm

Ages 16 plus years | 6:30 to 7:30 pm

Fall Session: September 9 to October 7

This program will provide the basic skills, techniques and drills required to help participants develop and grow in all aspects of the game. Creating a fundamental building block that allows players to see improvements in both their comfort levels and overall abilities on the courts. This program runs on Mondays and Wednesdays.

Residents: \$165 | Non-Residents: \$180

Bollywood Dance

Ages 7 to 12 years | 6:30 to 7:30 pm

Fall Session: September 10 to October 22

Get ready to move, groove, and have fun! Our Bollywood Dance program introduces children to the exciting world of Bollywood through energetic choreography, creative expression, and upbeat music. Students will build confidence, coordination, rhythm, and teamwork while learning fun dance routines in a welcoming and supportive environment.

Residents: \$160 | Non-Residents: \$175

Early Learners Drawing

Ages 4 to 5 years | 10:45 to 11:30 am

Fall Session: September 12 to October 17

Does your little one love to doodle? Turn those doodles into delightful works of art with Young Rembrandts! Our vibrant drawing classes are packed with excitement and colourful masterpieces. Watch as your child master's the art of drawing.

Residents: \$110 | Non-Residents: \$125

For more information on these programs (and all programs at the New Brighton Clubhouse), please visit www.newbrighton-connect.com.

Value Added Activities

Tween's Night Out

Ages 10 to 14 years

September 4 from 7:00 to 8:30 pm

Calling all New Brighton tweens and teens. You are invited to the Clubhouse for a night of fun games, competitions, and good times. Doors open at 7:00 pm, grab your friends and let's have a great night together!

The \$2 drop-in fee will include a snack and refreshments!

New Brighton Seniors Card Club

September 10, 17, and 24 from 1:30 to 3:30 pm

The NBRA is excited to host the New Brighton Seniors Card Club, offering a variety of different card games and great conversation each week. Spend the afternoon enjoying new games, meeting new friends, and exploring everything the NBRA has to offer.

This program is a \$2 drop-in!

Tot Time

September 16 from 1:30 to 3:00 pm

Bring your little ones and take part in a fun afternoon of socialization and unstructured free play, all while parents enjoy coffee and great company!

This program is a \$2 drop-in!

Babysitting Night

Ages 2 to 10 years

September 19 from 5:00 to 8:30 pm

Want a night out without the kids? Let the NBRA look after your little ones while you enjoy some quality time. Pizza, a light snack, and drink will be offered during the evening. Please feel free to pack a nut-free snack/drink for your children should they need more. Children must be fully potty trained.

Resident Rate: \$25 | Non-Resident Rate: \$30

Also Available at the NBRA

Popcorn Packs

Looking to kick up your family movie night a notch? The NBRA offers \$12 Movie Night Popcorn Packs!

Each pack includes:

- Two medium bags of theatre style popcorn
- Two juice boxes
- Two pops (your choice from assorted selection)
- Two chocolate bars (your choice from assorted selection)
- Two candy treats (your choice from assorted selection)

To place your order for a Popcorn Pack, please call 403-781-6613, ext. 1 or email csr@nbra.ca. All orders must be placed by 5:00 pm on September 17. Packs will be available for pick up at the Clubhouse on Friday, September 18, 5:30 to 8:30 pm.

Good Food Boxes

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary where you can purchase a box of fresh fruits and vegetables at a very low cost! The boxes are put together and delivered to the Clubhouse by dedicated volunteers.

Interested in getting a box? Please call 403-781-6613, ext. 1 or email csr@nbra.ca before the order due date listed below. You will be contacted by an NBRA team member on the delivery day once the boxes are available for pick up at the Clubhouse!

Price List

- Small \$35
- Medium \$40
- Large \$45

Order Due Date	Delivered to the Clubhouse
September 8 by noon	September 18
September 29 by noon	October 9
October 27 by noon	November 6

The Good Food Box program, part of the Community Kitchen Program of Calgary, offers affordable boxes of fresh fruits and vegetables to Calgarians and surrounding areas.

Tool Shed

No need to purchase and store tools that you may only need to use once a year; come and check them out from the tool lending library instead! The New Brighton Residents Association and New Brighton Community Association have joined together in efforts to bring you a library full of over 60 tools! This is a service for all New Brighton Residents over the age of 18, with more perks available to those who also have a valid \$20 NBCA membership. With the NBCA, you can enjoy additional Tool Shed perks such as borrowing a maximum of five tools at one time, same-day reservation and more. For borrowing details, to set up your online account, and to browse the catalogue, visit newbrighton-connect.com!

continued on next page



Game Hub

The New Brighton Residents Association is happy to host "The New Brighton Game Hub", which is a board game lending library consisting of over 50 games that can be borrowed by residents! The library hosts a diverse selection of games suitable for a variety of age groups, interests, and difficulty levels. This is a free service for all New Brighton Residents over the age of 18 who are in good standing. Please visit newbrighton-connect.com for additional borrowing details, to set up your online account, and to browse the catalogue (be sure that you select "the New Brighton Game Hub" as the location from the drop-down menu). There is no need to make an appointment as all games will be lent on a first-come, first-serve basis.

Stay Connected with the NBRA

Connect with us on Facebook (The New Brighton Clubhouse), Instagram ([newbrightonclub](https://www.instagram.com/newbrightonclub)), or visit us at www.newbrighton-connect.com to stay informed regarding NBRA news, events, programs, and other exciting offerings!

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN ME

The American Mink— *Neogale vison*

by Kristina Quapp



The American Mink is a small, amphibious weasel that inhabits wetlands throughout Canada. Weasel refers to slender, small, carnivorous mammals belonging to the family Mustelidae. While the American Mink is most abundant along the coastline of British Columbia, you may have spotted them around Calgary as well!

Minks appear in varying shades of brown and black, often with patches of white on their chest and abdomen. Like beavers, minks have two layers of fur; a dense, insulating underfur that keeps them warm, and an outer layer of fur covered in an oily sheen that prevents water from soaking through to their skin. Unlike other varieties of weasel, the American minks' coat does not turn white in the winter. While their coat grows thicker in the colder months, it remains a dark shade to help them blend into the vegetation along streams, ponds, and riverbanks. Given their habitat, the minks' paws are partially webbed, allowing them to remain dexterous on land and in the water. Minks' can range in size from 1 to 1.8 kg in weight, and roughly 60 cm in length.

During the summer months, the mink's diet shifts to take advantage of warm-weather prey. This often includes crayfish, frogs, fish, and ducks. As the weather cools down, the minks' diet relies heavily on small land mammals including voles, mice, muskrats, and rabbits. Since the mink often resides in the water, thick brush, or on rocky river edges, it has few natural enemies. On occasion, minks will be preyed upon by coyotes, bobcats, large snakes, and birds of prey.

While predators aren't considered major threats to the mink, human activity, habitat loss, and environmental contaminants can affect the population. The minks' unique and luxurious fur remains in high demand in the fur trade. 47 American states and all Canadian provinces currently conduct limited trapping seasons on the mink, with the length of the season varying from place to place. The minks' habitat also plays a crucial role in their conservation. They rely heavily on streams, wetlands, and shores with dense vegetation to provide safe burrows, and prey to feed upon. The expansion of infrastructure development and pesticide application can impact their reproductive success and long-term health.

Mindful Mink Spotting

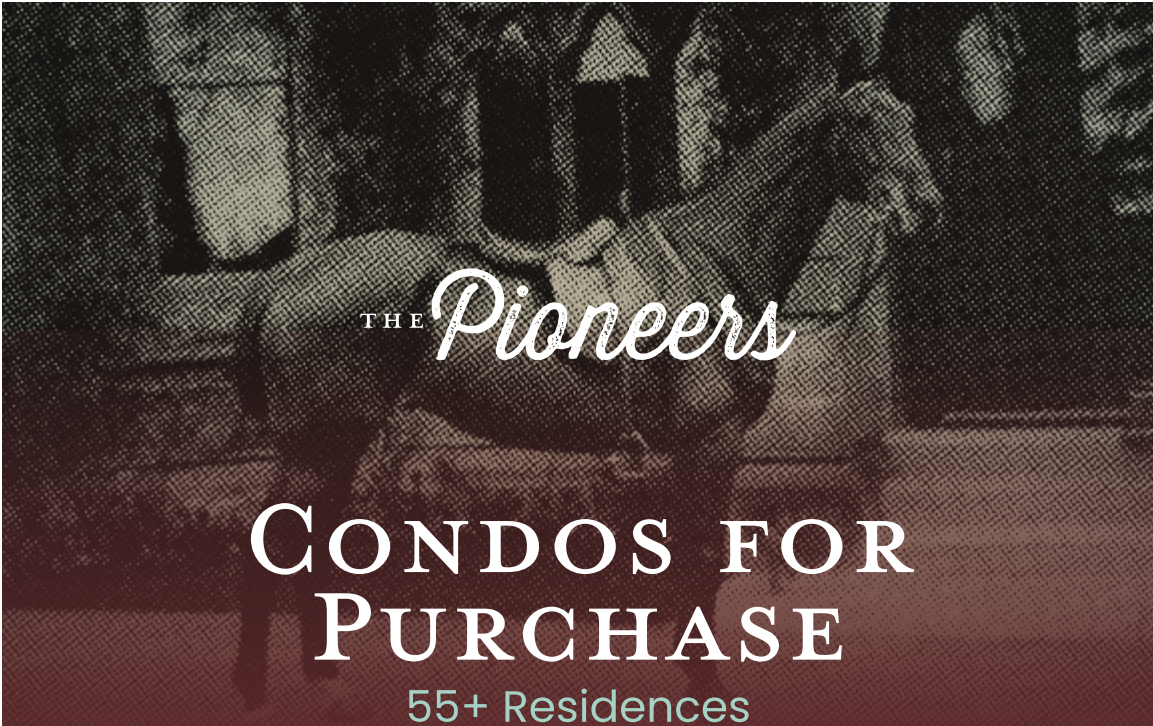
To see an American mink for yourself, head to densely vegetated waterways and riverbanks, particularly along the Bow River, the Elbow River, and local wetland ponds. Prime spots include the McKenzie Meadows area, Fish Creek Provincial Park, Lafarge Meadows, Inglewood Bird Sanctuary, Carburn Park, Weaselhead Flats, and Lafarge Meadows. Keep an eye on the water's edge, rocky shores, and amongst the brush. Keep in mind these key points while looking for our furry amphibious friends:

- **Maintain distance:** Use binoculars or a phone lens instead of approaching.
- **Keep waterways clean:** Pack out all trash, including food scraps.
- **Stay on marked trails:** Avoid trampling riverbank vegetation. Walking off trail can degrade the shoreline and damage hidden dens.
- **Never feed wildlife:** Feeding minks can disrupt their natural diet and may teach them to associate humans with food.

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