

MAY 2024

DELIVERED MONTHLY TO 1,175 HOUSEHOLDS



# PARKLAND news

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER

**SHIRLEY'S  
GREENHOUSE  
IS BACK!  
FIRST DATE IS MAY 4  
AT THE HALL**



**GAVIN CONWAY**

**#1 REALTOR IN PARKLAND 2023\***

Parkland resident for over 40 years – I KNOW OUR COMMUNITY!



**403.651.5141**

**GAVINCONWAY.CA**  
\*Individual REALTOR®

# OFFICIAL



PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca



## Your Patio Furniture Superstore!

**YETI** **weber**

### Wicker Land Patio

TRAERGER RATANA

**BBQ LAND** **Modern Patio**

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
WickerLand.ca

[www.kilbco.com](http://www.kilbco.com)

## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

**FREE ESTIMATES**

**SEALED**

**UNSEALED**

**KILBCO**  
CONCRETE CURBING

Locally Owned &  
Operated

Free Estimates to 403.870.0737



Hi, I'm Linda, your local realtor,  
here to guide you through selling  
or buying your home!

Contact me today!

[lindacrealestate@gmail.com](mailto:lindacrealestate@gmail.com)

403-714-5595

# Parkland Cares



*Parkland Cares is a community-based organization of families and neighbours committed to helping others.*

Spring is a wonderful reminder of how important a fresh start is for everyone. Let go of what is holding you back, take a step towards something new, fresh, and exciting.

This month we are continuing to help a local family in need with a Meal Train. Go to the Meal Train website and type in "Meal Train for Deer Run Family" to find what we are talking about.

All the details are on the Meal Train site, or you can contact us for more information.

Thank you for your support!

[parklandcaresyyc@gmail.com](mailto:parklandcaresyyc@gmail.com)

*Parkland Cares Calgary*

403-863-9927



## CALGARY MAT & LINEN SERVICES

403.279.5554  
[calgarymatandlinen.com](http://calgarymatandlinen.com)

We care about the safety, cleanliness, and appearance of your business.

### Mat Rentals & Purchases

- Outdoor and indoor entryway mat rentals
- Customized mat rental programs to suit your needs
- Mats are regularly changed, cleaned, and sanitized
- No upfront mat inventory investment required
- Available mat types: Outdoor Scrapers, Entry Mats, Logo'd Mats, and Waterhogs
- Multiple different mat sizes available to suit your unique work environment



### Wedding and Party Linen Cleaning

- Tablecloths & napkins
- Flexible pick up / drop off scheduling
- Quick turnaround times



### Linen Cleaning Services

- Towels, Sheets, Pillow Cases, & Face Cradles
- Ideal services for Hotels, Massage, Physiotherapy, and Chiropractic



### Workwear Cleaning Services & Supplies:

- Uniforms, Coveralls, Gowns, Rags
- Tork Dispensers and Supplies



VISIT OUR WEBSITE



CONTACT US



### Sox n' Sax

Come join us for South American entertainment! A day where we celebrate the Mexican victory over the French. Mariachi Duo for Cinco De Mayo.

**Saturday, May 4<sup>th</sup> at 2:00pm  
in the Dining Room**



### Tai Chi

Join us for this purposeful and meditative class with Constellations Yoga to celebrate National Senior Health & Fitness Day.

**Thursday, May 30<sup>th</sup> at 2:00pm  
in the LBV Building**

Please call to reserve your space today!

Seats are limited. If you have any questions or would like to book a tour, please call Jan or Dana at

**403-258-1849**



11800 Lake Fraser Drive SE, Calgary  
[www.verveseniorliving.com](http://www.verveseniorliving.com)



# PARKLAND HALL WEEKLY CALENDAR

## MAIN ROOM :

<b>MONDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	6:00 to 7:00 pm	Thistle Dog Training	Dogtrainerlaura54@gmail.com
	8:00 to 9:30 pm	Karate (private booking)	
<b>TUESDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	1:15 to 2:45 pm	Bliss Yoga	rosemary@blissyogacalgary.ca
	5:30 to 7:45 pm	Sparks and Embers	403-283-8348
	8:00 to 9:00 pm	Available for booking	403-278-5330
<b>WEDNESDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 5:00 pm	Available for booking	403-278-5330
	6:15 to 8:00 pm	Harvest International Baptist Church	403-616-7597
<b>THURSDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	1:00 to 2:00 pm	Intro to Tai Chi	403-271-9658
	2:00 to 5:00 pm	Available for booking	403-278-5330
	5:15 to 6:15 pm	Vanshaw Dance Academy	vanshawacademy@gmail.com
<b>FRIDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 7:00 pm	Available for booking	403-278-5330
	7:00 to 9:30 pm	Baha'i Community of Calgary	403-278-7307
<b>SATURDAYS</b>	8:45 to 9:45 am	Pilates	engagemobilepilates@gmail.com
	10:00 am to 12:00 pm	Shakthi Shethralaya Indian Classical Dance	403-667-7689
	12:00 to 5:00 pm	Light of Jesus - The Feast (One Saturday a month)	604-349-9573
<b>SUNDAYS</b>	8:30 am to 3:00 pm	Harvest International Baptist Church	403-616-7597
	3:30 to 6:30 pm	Kings of Kingdom Ministry	403-370-5604

Please contact Erika at [parklandca@telus.net](mailto:parklandca@telus.net) or 403-278-5330 for hall rental information or to view.  
Remember: Parkland Community Association members receive a discounted rental rate.

## SCAN HERE TO VIEW ADDITIONAL PARKLAND CONTENT

### News, Events, & More



### Crime Statistics



### Real Estate Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



**MEETING ROOM:**

<b>MONDAYS</b>	9:00 am to 6:00 pm	Available for booking	403-278-5330
	7:00 to 8:00 pm	AI Anon	403-266-5850
<b>TUESDAYS</b>	5:30 to 7:45 pm	Sparks and Embers	403-283-8348
	8:00 to 9:00 pm	POSA	403-278-5330
	8:00 to 9:00 pm	Available for booking	403-278-5330
<b>WEDNESDAYS</b>	9:00 am to 6:00 pm	Available for booking	403-278-5330
	6:30 to 8:00 pm	Harvest International Baptist Church	403-616-7597
<b>THURSDAYS</b>	11:00 am to 1:00 pm	Art journaling/scrap booking (One Thursday a month)	403-803-5336
	6:00 to 8:00 pm	Art journaling/scrap booking (One Thursday a month)	403-803-5336
	7:00 to 9:00 pm	Parkland Board meeting (Last Thursday of each month)	403-278-5330
	7:00 to 9:30 pm	Bow View Ringette (One Thursday a month)	www.bowviewringette.com
<b>FRIDAYS</b>	1:00 to 3:00 pm	Parkland Book Club (Third Friday of each month)	403-278-5462
	6:00 to 9:00 pm	Baha'i Community of Calgary	403-278-7307
<b>SATURDAYS</b>	10:00 am to 12:00 pm	Knitting Classes	403-278-5330

Please contact Erika at [parklandca@telus.net](mailto:parklandca@telus.net) or 403-278-5330 for hall rental information or to view. Remember: Parkland Community Association members receive a discounted rental rate.



**Hate Your Renewal Rate? Call Me!**

Expert advice  
Excellent rates  
Many options  
Better mortgages




**ANITA** 403-771-8771  
[anita@anitamortgage.ca](mailto:anita@anitamortgage.ca)  
*Licensed by Avenue Financial*



**★ NOW OPEN ★**

• MEDICAL DIETS • PROTEIN SUPPLEMENTS • MEDICATION

**403.278.3411** 

[www.calgaryweightlossclinic.com](http://www.calgaryweightlossclinic.com)



**When You Step Out, WE Step In**

Vacation and Vacant Home Watch Service for Insurance Requirements

Lynda Binder | Launa Germiquet | Pam Taylor  
1-844-3-ATTEND [info@greatattenders.com](mailto:info@greatattenders.com)

## UPCOMING EVENTS AND NEWS

### Knitting in May at the Hall

Knitting lessons on Saturday mornings from 10:00 am to noon.

Dates: May 4, 11, 25, and June 1.

The cost is \$50 and community membership is required. You don't need to live in Parkland to purchase a membership! If you do not have a membership, one can be readily purchased from the office for \$25.

Drop-in is now available! The cost is \$15 per drop-in.

To register, email the hall at [parklandca@telus.net](mailto:parklandca@telus.net).

If you have any questions regarding suitable projects, or any questions at all, feel free to email the hall at [parklandca@telus.net](mailto:parklandca@telus.net) or phone 403-278-5330.

### Parkland Hall Has a Meeting Room That Can Hold Meetings, Training Sessions, and Tutoring Sessions!

Parkland hall's meeting room has audiovisual equipment included as part of the rental cost. Our meeting room holds up to 20 people and there are tables that can be folded and moved aside if need be. We have daytime spots available and some later evenings, as well as Saturday afternoons.

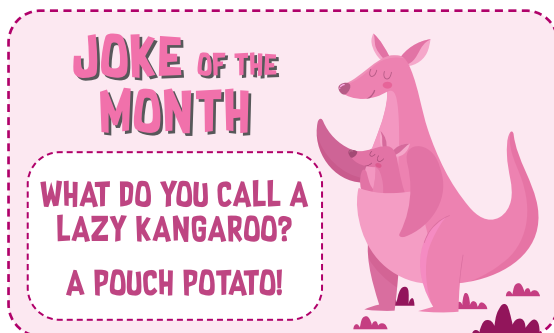
Give the hall a call at 403-278-5330 if interested, or email [parklandca@telus.net](mailto:parklandca@telus.net).

### Farm Stand is Back!

Shirley's Greenhouse will be at the hall on May 4 from 10:00 am to 2:00 pm!

### Upcoming Events at the Hall

- Volunteer Recognition Tea – June 8 from noon to 2:00 pm at the hall.
- Parade of Garage Sales – June 15. Sponsored by Jamie Newton and Associates.
- Canada Day – July 1.
- Clean up day – September 29.



MLA Calgary - Fish Creek

**Myles McDougall**

7 – 1215 Lake Sylvan Drive SE

☎ 403-278-4444

✉ [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca)

✕ @MylesYYC | 📷 MLAFishCreek

For the first time since 2001, the Alberta Government has authorized the Drought Command Team, which will begin negotiating water agreements with water-license holders. The negotiations have been overseen by the Minister of Environment and Protected Areas, the Honourable Rebecca Schultz, to secure significant and prompt reduction in water use.

As many Albertans know, due to El Niño Alberta is currently experiencing one of its warmest and driest winters on record, resulting in the province being at a significant risk of experiencing drought. The government is swiftly responding and will begin meeting with major water users, with the goal of developing voluntary agreements to share water if there is a severe drought. This will include meetings with municipalities, irrigation districts, industry, and other major users to develop voluntary water-sharing agreements. At least one water-sharing agreement will be developed for each of the Red Deer River, Bow River, and Oldman River Basin.

The government is currently monitoring the snowbanks, rainfall, river levels, and water uses levels throughout the province, to help understand how much water will be available this year. Alberta has five stages in its water management plan, ranging from Stage One, which is a minor drought, up to Stage Five, which is a province-wide emergency. We are at a Stage Four right now.

In addition, the Alberta government is committed to improving both Alberta's drought resiliency and water management for Albertans now and for future generations. That is why through Budget 2024, the government will be investing over \$251 million in multi-year funding for new flood and drought mitigation projects concerning Alberta's berms, dams, reservoirs, and flood walls. The funding will also help launch new projects that will protect homes, businesses, and lives.

I wish all the constituents in Calgary-Fish Creek a wonderful May!

If you have any questions or input, please feel free to reach out to my office at [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca).

# How to Create Personal Happiness

by Nancy Bergeron, R.Psych. | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)



Creating personal happiness is a multifaceted journey that varies for each individual. The following are some tips to guide you to a more fulfilling and content life:

**1. Self-Awareness** – Understand yourself. What are your values, strengths, weaknesses, and what already makes you feel happy. Think about how you show up in the world. Read a book or listen to a podcast on emotional intelligence.

**2. Positive Mindset** – Cultivate a positive outlook on life. Focus on gratitude, optimism, and self-compassion. Smile more and give compliments. It's okay to acknowledge unhappy times and feelings, accept them and then move on.

**3. Healthy Relationships** – Seek to surround yourself with supportive, positive people who uplift you, encourage your growth, and contribute to your happiness. Become friends with yourself. Go out to dinner or a movie alone.

**4. Work-Life Balance** – Create healthy boundaries around working hours and away from work disconnection. Prioritize activities that bring you joy and fulfilment outside of your work and work responsibilities. Create weekly structure and habits.

**5. Self-Care** – Take care of your physical, emotional, and mental well-being. Focus on exercise, nutrition, sleep, and stress management. Slow down and breathe. Journal your thoughts and feelings. Spend less time on socials and your phone.

**6. Set Goals** – Establish realistic and meaningful goals. Ensure these align with your personal values, character, and aspirations. Remember to celebrate your progress and milestones along the way. Avoid comparing yourself to others. What you see outwardly may not be as it seems. Plan something new, like a trip, to look forward to.

**7. Be Mindful and Present** – Practice mindfulness to stay in the moment. Appreciate the small things happening daily. Declutter your space. A disorganized, cluttered space creates anxiety and can be distracting.

**8. Contribute** – Find a purpose. Seek the fulfilment of giving back to others. Volunteer, practice random acts of kindness, or support a cause you believe in. Having things to do keeps your mind engaged leaving less time for rumination.

**9. Learn and Grow** – Seek opportunities for personal and professional development. Learning new things and personal growth significantly contribute to happiness. Trying new things is also a great way to meet new people.

**10. Acceptance** – Embrace imperfections and accept yourself as you are, while also striving for growth and improvement. Accept the things you have the power to change and let go of the ones that are out of your control. It's okay to fail. Learn to let go and practice forgiveness. Forgiveness is for you, not the other. Holding onto resentments is like drinking poison and expecting the other to die.

Personal happiness is an ongoing journey. You don't have to do it all alone. Seek support from friends, family, coaches, mentors, or mental health professionals along the way.

# BUSINESS CLASSIFIEDS

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Parkland. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**PARKLAND MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**ACTIVE SPORTS THERAPY:** Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Parkland? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit [activesportstherapy.ca](http://activesportstherapy.ca) to book a free consultation.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**PARKLAND CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Parkland. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).

**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email [marcinj09@gmail.com](mailto:marcinj09@gmail.com).

**AFFORDABLE DENTAL CARE MINUTES FROM PARKLAND!** Dental doesn't need to break the bank! No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit [CalgaryDentalCenters.com](http://CalgaryDentalCenters.com). Save money, smile, be happy!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**HERITAGE WEST PLUMBING AND HEATING:** Boiler and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.



**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up /Drop-Off Service Available.

**CROWN RENOVATIONS:** 10% discount on contracts signed Spring 2024. Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Full house renovations. Check out our website [www.crownrenovations.com](http://www.crownrenovations.com). Contact Bill, 403-819-8588 or [crownreno@shaw.ca](mailto:crownreno@shaw.ca).

**TRANSFORM YOUR OUTDOOR SPACE WITH KORU CONTRACTING!** With 18 years' expertise, we specialize in decks, fences, pergolas, gazebos, and concrete. Owner oversight ensures personalized service from quotes to completion. Elevate your outdoor living with top-notch craftsmanship. From decks to gazebos, trust our experience for exceptional results. Contact us today at [Koru4u@gmail.com](mailto:Koru4u@gmail.com) or 403-804-1505. [Korudecksandfences.ca](http://Korudecksandfences.ca).

**PARKLAND HOUSE AND CAT SITTING/SECURITY HOME CHECK:** Going out of town? Need someone to check your house so you have peace of mind in case of an insurance claim? We will check your house while you're gone for water leaks, take care of your plants and we will cuddle and feed your cats! Long time Parkland residents; call 403-852-1668 or email [erikadiaz@shaw.ca](mailto:erikadiaz@shaw.ca). References supplied.

**PARKLAND HANDYMAN SERVICES:** 30 years of residential building and renovation experience to repair, maintain and update your home. Your neighbourhood contractor offers quality craftsmanship and affordable services with a 10% discount for seniors. No deposits required. Contact Cam at 403-807-9200 to discuss your needs, big or small. (Insured and WCB).

**PROFESSIONAL LANDSCAPE MAINTENANCE:** Peritus Yard Maintenance has several openings and is currently accepting new clients for the 2024 season. Acreage, residential and commercial properties. Please refer to our website to see if we would be a good fit for you. [www.peritusyards.ca](http://www.peritusyards.ca). Contact us at [peritusyards@shaw.ca](mailto:peritusyards@shaw.ca) or 403-680-3124.

**LANDSCAPING PARKLAND:** Landscape Gardener Journeymen living and working in Lake Bonavista. Consultation and installation of all landscape construction: fencing, decks, paving stones, retaining walls, hot tub base prep, fire pits, sod, hedge/shrub/tree pruning, shaping, and planting. 10% discount for seniors. Please call or text Scott at 403-860-0337. S Bright Construction. Let's make your yard sing!

**SMITH PROPERTY RENOVATIONS:** Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: [Sp-renos.ca](http://Sp-renos.ca), phone: 587-333-5568, email: [craig@sp-renos.ca](mailto:craig@sp-renos.ca).

**REYNOLD'S & SPACKMAN ELECTRIC LTD:** Fully licensed and insured with a master electrician committed to quality, honesty and dependable electrical service. Whatever the job, we're here for all your electrical needs. Feel confident the job will be done right, with a master electrician on site. Call Travis, your neighbour in Maple Ridge at 403-813-6932.



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

## Do you know a young person thinking about suicide?

Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide and their caregivers.

Learn more: [www.suicideinfo.ca/workshops](http://www.suicideinfo.ca/workshops)



# GET NOTICED

## ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)



## GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

# PLUMBER



## PLUMBOB Father and Son

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403-461-3490



# SUPPORT YOUR COMMUNITY

LAST NAME: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

DROP OFF AT THE COMMUNITY HALL OR MAIL TO:

PARKLAND COMMUNITY ASSOCIATION

505 PARKVALLEY ROAD SE, CALGARY, T2J 6M4

**DO NOT ENCLOSE CASH**

PAYMENT IS BY CHEQUE

OR

E-TRANSFER TO [PARKLANDCA@TELUS.NET](mailto:PARKLANDCA@TELUS.NET)

ENCLOSED IS A CHEQUE FOR \$25

PAYMENT WILL BE MADE BY E-TRANSFER

**SHERWIN BRIERTON**  
sherwinbrierton@royalpage.ca  
403.813.1535

## **“A Sure Win”**

*I can help if you need:*

- To buy or sell
- A free home evaluation
- Free market information

#205, 264 Midpark Way SE, Calgary, AB T2X 1J6  
Independently Owned and Operated

This is not intended to solicit properties already for sale.



[www.sherwinbrierton.com](http://www.sherwinbrierton.com)



**MAISONSCAPES**



(403) 971-6657

— LANDSCAPE INNOVATION —



INFO@MAISONSCAPES.COM

WWW.MAISONSCAPES.COM

# The Community of Parkland

455 Parkvalley Drive - Asking \$950,000!  
Facing Fish Creek Park. Great Views.



## Real Estate Update

### First Quarter Parkland Stats

Bungalows		2 Storey/2 Storey Split		4 Level Splits		Apartment/Condos	
Lowest Price	\$795,000	Lowest Price	\$747,150	Lowest Price	\$760,000	Lowest Price	\$415,000
Highest Price	\$1,042,000	Highest Price	\$1,300,000	Highest Price	\$776,000	Highest Price	\$415,000
Number of Sales	4	Number of Sales	7	Number of Sales	2	Number of Sales	1

- Calgary Benchmark Price March 2024 - \$597,600, 11% gain over March 2023
- March 2024, lowest inventory levels since 2006 due to high levels of interprovincial migration
- Market favours sellers - demand exceeds supply by far

H A P P Y

Mother's Day

*"A mother understands what a child does not say"*  
- Jewish Proverb

*"A mother is one to whom you hurry when you are troubled"* - Emily Dickenson

*"A mother is she who can take place of all others but whose place no one else can take."* - Cardinal Mermillod

**IF YOU ARE THINKING OF BUYING OR SELLING,  
LET US HELP GUIDE YOU THROUGH THE PROCESS**

**Yoki & Jeff Nichol**

FROM ONE GENERATION TO THE NEXT  
"Both of us working for you"

Over 60 Years Combined Experience  
CHAIRMAN'S CLUB LIFETIME MEMBER NATIONAL TOP 1%

ROYAL LEPAGE Solutions



Relocation  
Specialist



Relocation  
Specialist



*"To give real service you must add something which cannot be bought or measured with money-sincerity and integrity"*

**403-852-1992 | 403-870-1892**

*Not intended to solicit properties already listed for sale*